



# Global microRNA downregulation: all roads lead to estrogen

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**Contributions:** (I) Conception and design: A Cohen; (II) Administrative support: MA Burgos-Aceves; (III) Provision of study materials or patients: A Cohen, MA Burgos-Aceves; (IV) Collection and assembly of data: All authors; (V) Data analysis and interpretation: Y Smith, A Cohen; (VI) Manuscript writing: All authors; (VII) Final approval of manuscript: All authors.

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**Abstract:** MicroRNAs (miRNAs) are small noncoding segments of RNA, that negatively regulate gene expression at the post-transcriptional level and fine-tune gene functions. A widespread repression in miRNA expression was observed in different types of human tumors, and after exposure to cigarette-smoke, or to the hormone estrogen. The association of miRNAs downregulation in cancer, and after estrogen treatment, with guanine (Gua) enrichment in the terminal loop sequences of their precursors, suggests a possible link between estrogen-related miRNA-Gua adducts formation and carcinogenesis.

**Keywords:** MicroRNA (miRNA); cancer; guanine (Gua); DNA adducts; cigarette smoke (CS); estrogen

Received: 07 June 2017; Accepted: 16 July 2017; Published: 21 July 2017.

doi: 10.21037/jxym.2017.07.03

**View this article at:** <http://dx.doi.org/10.21037/jxym.2017.07.03>

## Introduction

MicroRNAs (miRNAs) are endogenous small noncoding segments of RNA, ~22 nucleotides (nt) in length, that negatively regulate gene expression at the post-transcriptional level and have a role in fine-tuning gene expression in the cells (1). After being transcribed by RNA polymerase II, the primary miRNA transcripts (pri-miRNAs) are first processed by the RNase-III endonuclease Drosha and its associated binding partner DGCR8, which cut the pri-miRNAs into ~70-nt stem and loop miRNA precursors (pre-miRNAs), containing the mature miRNA sequence in one of its arms and the less abundant partially complementary miRNA mature form in the other arm (2,3). After the first processing step, pre-miRNAs are actively transported from the nucleus to the cytoplasm by the RanGTP-dependent RNA-binding protein (RBP) Exportin-5, where they are processed by another RNase-III endonuclease termed Dicer (4). The result of this processing event is a double stranded RNA, where one of its strands is incorporated into the argonaute (Ago) protein of the RNA-induced silencing complex (RISC), that based on

the miRNA sequence, targets it to a 3' untranslated region (3'UTR) of a specific mRNA and leads to its degradation (5). MiRNA target recognition mostly depends on the seed region (nt 2–8 from the 5' end of miRNA) (1). According to computational miRNA target prediction programs each miRNA can potentially regulate the expression of hundreds of different genes and it is therefore becoming increasingly apparent that miRNAs are involved in almost every cellular process investigated so far, and in the development of many human diseases.

## miRNA repression associated with carcinogenesis

A massive downregulation of miRNAs was observed in human cancers, where miRNAs show lower expression levels in tumors compared with normal tissues (6). In their study, Lu *et al.* (6) determined the expression pattern of miRNAs across a large panel of samples representing diverse human tissues and tumor types, including colon, kidney, prostate, bladder, uterus, lung and breast, and observed differential expression of many miRNAs across

the aforementioned cancer types. Most striking was their observation that most of the differentially expressed miRNAs had lower expression levels in tumors compared with normal tissues. Moreover, the same phenomenon was even more pronounced in aggressive poorly differentiated tumors (PDTs) of lung, breast and ovary, and was also seen in a mouse model of lung adenocarcinoma, which showed low miRNA expression relative to normal lungs (6).

The observation of a global miRNA repression in the lungs of rodents exposed to cigarette smoke (CS) has also been reported (7-10). Izzotti *et al.* show in their results the extensive down-regulation of 126 miRNAs in lungs of rats, 4 weeks after CS exposure (7). Such a short-lasting exposure to CS resulted in reversible miRNA alterations, as miRNA down-regulation was considerably attenuated one week after smoking cessation (9). By contrast, the repression of miRNA detected in mice exposed to CS for 4 months still persisted 3 months after smoking cessation, with the progressive development of cancer in the lung, suggesting that long-lasting exposure is needed to induce irreversible miRNA alterations (9,11). In previous published results, using the same animal model, Izzotti *et al.* have found that CS up-regulates gene transcription and protein expression (12,13). Similar results have also been published by Schembri *et al.* (14), who found that most of the differentially expressed miRNAs in the human bronchial airway epithelium were down-regulated in smokers and were inversely correlated with their predicted targets. The same phenomenon was also observed in alveolar macrophages of smokers, where CS decreased global miRNA expression, while increased their predicted targets (15). In this later study the decrease in global miRNA expression was more pronounced in heavy smokers, suggesting that the magnitude of miRNA repression is related to the extent of smoking history (15).

Izzotti *et al.* (16) evaluated miRNA expression in the lungs of rats exposed to CS and treated with several cancer chemopreventive agents. Administration of the dietary agents Phenethyl Isothiocyanate (PEITC) and Indole-3-Carbinol (I3C), two major components of cruciferous vegetables, attenuated the CS-induced down-regulation of miRNA expression. In the case of the combined treatment with PEITC and I3C, they had profound effects on almost all CS- down-regulated miRNAs and their expression even exceeded the baseline situation (16). Interestingly, both PEITC and I3C have proved to be anti-estrogenic compounds and inhibited ER-alpha expression (17-20). A similar effect was seen when mice were treated with the anti-diabetic drug Metformin (21). Exposure of mice

to CS resulted in down-regulation of miRNA expression in the lungs. Metformin effectively changed the miRNA alterations resulted from exposure to CS in the mouse lung and normalized the expression of several down-regulated miRNAs (21). Intriguingly, there is evidence that Metformin is also an anti-estrogenic molecule; it was shown to inhibit ER-alpha expression in cancer cells and to decrease estrogen levels in the serum of breast cancer female patients (22,23).

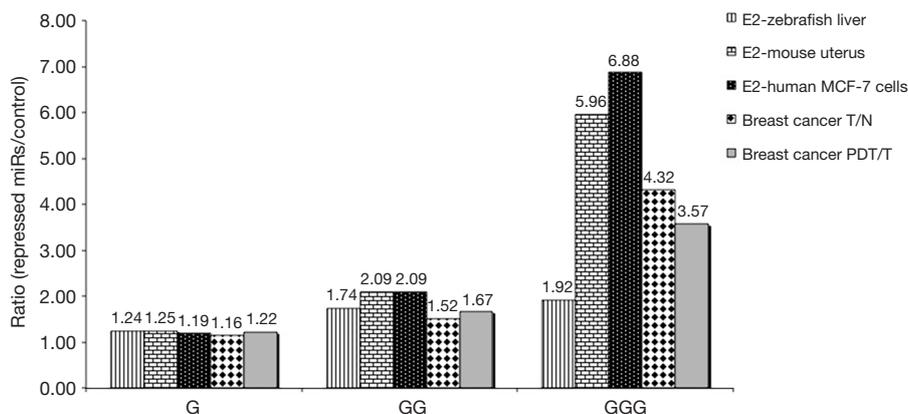
These results raise the possibility that the hormone estrogen might regulate the CS-induced miRNA alterations in the lungs (24). Estrogens and their receptors were detected within murine lung tissue (25,26), and there is evidence for higher susceptibility of women to smoking-related lung cancer (27-29), and that anti-estrogens can prevent lung tumorigenesis (30). Moreover, CS was found to accelerate the production of the carcinogenic estrogenic metabolites 4-OHEs in the lungs (26), and the estrogen-metabolizing enzyme Cytochrome P450 1b1 (CYP1B1) was shown to be consistently induced following exposure to CS (25,26,31,32).

### **microRNA repression associated with estrogen exposure**

Several studies have demonstrated that exposure to the hormone estrogen leads to widespread repression in miRNA expression (33-36). Maillot *et al.* showed that the expression of 23 miRNAs decreases following 17beta-estradiol (E2) treatment and also showed the involvement of several of the repressed miRNAs in E2-dependent cell growth and proliferation (33). This is further supported by the study of Yamagata *et al.* who showed a similar repression in miRNA expression in E2-injected, ovariectomized mice (34).

We have shown the global miRNA downregulation in the zebrafish liver after E2 treatment (35). Since regulation by miRNAs resulted in miRNA-mediated gene repression, it can be assumed that the regulation by repressed miRNAs is weakened and as a consequence the mRNA stability of target genes is increased. Indeed, using the combination of computational prediction with data obtained from miRNAs and mRNAs microarrays, performed from the same biological samples, our results showed that putative targets of miRNAs predominantly tend to be upregulated after E2 treatment (35).

Estrogen can cause cellular growth, proliferation and cancer by inducing proto-oncogenes such as c-myc (37). C-Myc physically interacts with ER-alpha and is recruited



**Figure 1** Relative enrichment of Gua (single, dual and triple G) in TLs of E2- and breast cancer-repressed miRNAs (6,33-35). T/N, tumor relative to normal tissue; PDT/T, poorly differentiated tumor relative to tumor.

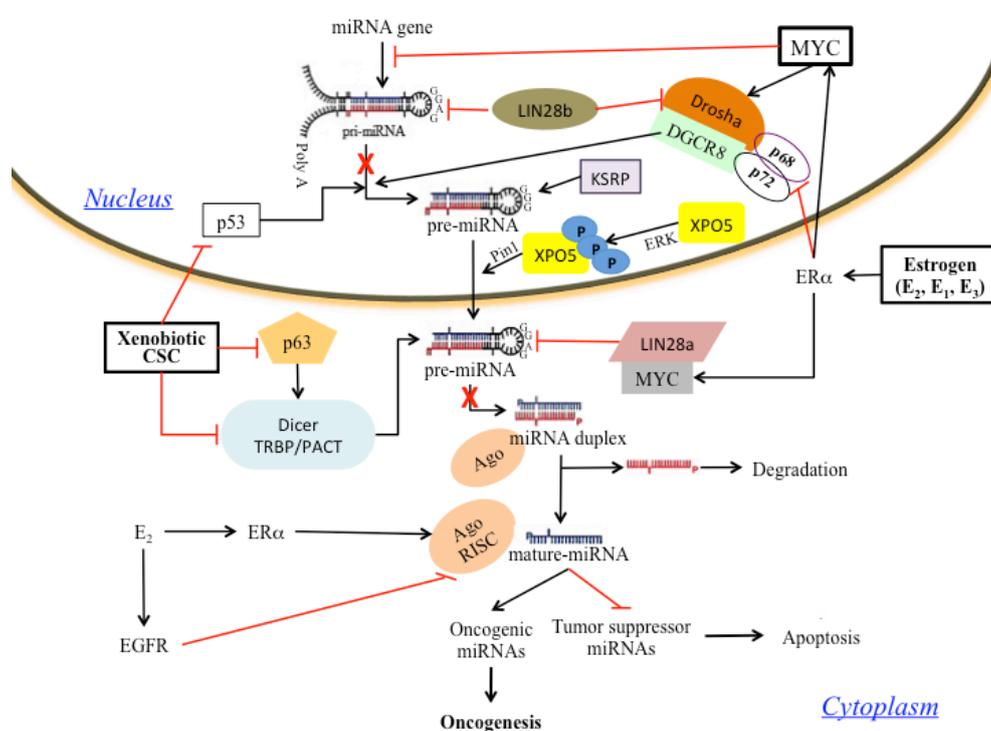
to estrogen-responsive genes (38). Most interestingly, a widespread miRNA repression by c-Myc was also reported, and the observed substantial down-regulation of miRNAs was correlated with enhanced cellular proliferation and contributed to Myc-mediated tumorigenesis (39).

Mounting evidence suggests that oxidative metabolites may contribute to estrogen carcinogenesis (40). The potential carcinogenic activity of estrogen involves the oxidative metabolism of estrone (E1) or E2 to catechol estrogens and the reactive quinone metabolites (41,42), that bind covalently with purines in DNA to form specific DNA adducts at the N-3 of adenine (Ade) and N-7 of guanine (Gua) (43,44). These adducts generate apurinic sites that can be converted into mutations by error-prone repair, which in turn may initiate tumorigenesis (45). Two types of DNA-adduct can be formed: a stable adduct and a depurinating adduct, where evidence indicates that the second one plays a major role in tumor initiation (46).

Izzotti and Pulliero (47) evaluated the formation of Gua-adducts in miRNAs of the lungs of mice that were exposed to CS and found that the Gua-adducts level was 5.7-fold higher than that detectable in the DNA of the same animals, and therefore concluded that miRNAs are more sensitive than DNA to the formation of adducts induced by exposure to CS (47). They also showed, using bioinformatic analysis, that the Gua content of the terminal loop (TL) of miRNAs that are involved in stress response is higher than the Gua content of the other miRNAs (47). We have revealed, using miRNA expression data analysis of zebrafish, the mouse and human MCF-7 cells, the association of estrogen-related miRNAs repression with a high Gua content in the TL sequences of their precursors (Figure 1) (48).

Moreover, we also found a similar association, between the widespread miRNAs reduction that is observed in several types of human cancers and a high TL Gua content in their precursors (Figure 1) (49). These results suggest a possible link between miRNA-Gua adducts formation and carcinogenesis, while both CS and estrogen exposure form miRNA adducts that cause repression of tumor suppressor miRNAs and induction of their target oncogenes, which may ultimately lead to carcinogenesis (Figure 2). Indeed, several of the E2- and cancer-repressed miRNAs were also shown to function as tumor suppressors. For example, miR-15a, which was predominantly repressed in PDTs, is a well-known tumor suppressor (50,51), miRNAs of the let-7 family repress the expression of known oncogenes, including k-Ras and c-Myc (52,53), miR-143 and miR-145 are co-expressed miRNAs that function as tumor suppressors (54,55), and miR-26a was shown to strongly inhibit estrogen-stimulated breast cancer cells and tumor growth (33,56).

Findings suggest that the miRNA terminal loop is an important platform for different RBPs that act as activators or repressors of Drosha and Dicer processing, and selectivity regulate miRNAs by binding to the RNA TLs of their precursors (57). For example, it was shown that miRNAs with the tetra-nucleotide sequence motif GGAG in their TL were regulated through binding of the RBP Lin28, which interferes with Dicer processing (58). Our results revealed a high enrichment for the sequence motif GGAG in TLs of the E2- and cancer-repressed miRNAs (48,49). Also, a significant enrichment of triple Gua (GGG) motif in TLs of the E2- and cancer-repressed miRNAs (Figure 1) was observed. In their study, García-Mayoral *et al.* described



**Figure 2** A model summarizing the miRNA biogenesis pathway and the possible disruption of miRNA processing (denoted by red “x”) by formation of miRNA-Gua-adducts, leading to carcinogenesis. CSC, cigarette-smoke condensate; EGFR, EGF receptor; ER, estrogen receptor; XPO5, exportin-5; Ago, argonaute.

the complete analysis of the RNA-binding potential of the four KH domains of KSRP and show that the KH3 domain is able to recognize a G-rich sequence (59). Insertion of an isolated G led to a 5-fold increase in KH3 affinity, whereas insertion of a GG element led to a further 4-fold increase (59). Most interestingly, KH3 binding docks KSRP to the GGG-containing TL of a subset of miRNAs and promotes their maturation (60). Therefore, Gua-adducts formation that disrupts binding of KSRP to the TL might be a possible cause for the observed E2- and cancer-repressed miRNAs. Of note, single nucleotide polymorphisms (SNPs) which involve A>G and G<A nucleotide transitions, and are located at the TL sequences of pre-miRNAs, were shown to be associated with the development of breast and gastric cancers (61,62).

## Perspectives

The results showing global miRNA reduction after estrogen and CS exposure, and in different types of cancer, in association with Gua enrichment in the TLs of their

precursors, suggest the involvement of estrogen-related pathways in these phenomena. Elucidating the molecular mechanisms of estrogens involved in miRNA repression, and revealing the target genes of the downregulated miRNAs, can help better understand the processes driving miRNA downregulation, and has potential implications for cancer therapy and prevention.

## Acknowledgments

*Funding:* None.

## Footnote

*Conflicts of Interest:* All authors have completed the ICMJE uniform disclosure form (available at <http://dx.doi.org/10.21037/jxym.2017.07.03>). The authors have no conflicts of interest to declare.

*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related

to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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doi: 10.21037/jxym.2017.07.03

**Cite this article as:** Cohen A, Burgos-Aceves MA, Smith Y. Global microRNA downregulation: all roads lead to estrogen. *J Xiangya Med* 2017;2:59.