

Secondary and tertiary ovarian cancer recurrence: what is the best management?

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Abstract: Ovarian cancer with complete clinical response recurs with a high rate. Recurrence is observed in almost 25% of cases with early-stage diseases and in more than 80% with more advance stages. Based on a platinum-free interval cut-off of 6 months, the first recurrence is usually classified in platinum-sensitive versus platinum-resistant, reflecting the biological characteristics underlying the clinical behavior. After this first recurrence, the patients are rarely cured, but second-line therapy can provide significant clinical responses, particularly in first platinum-sensitive recurrence. The approach to secondary and tertiary recurrence follows the same general principles applied in the first recurrence. Platinum-sensitivity based on the treatment-free interval defines the available chemotherapeutic regimens, whit less therapeutic options and a generally worse prognosis in platinum-resistant recurrent disease. Nevertheless, in this scenario, the introduction of new targeted therapies changed the prognosis of patients with both platinum-sensitive and platinum-resistant recurrence. The first introduced antiangiogenic therapy resulted able to improve prognosis in recurrent disease both as a single-agent and combined therapy, although the growing adoption in the first line therapy requires further investigation to prove their efficacy after repeated use. More recently, the approach to secondary, tertiary, and later recurrence has been changed by the introduction of PARP inhibitors, which resulted effective as maintenance monotherapy in both platinum-sensitive and platinumresistant recurrence when the genetic background of the tumor allows their application with a significant improvement of oncological outcomes. Overall, although the growing body of promising therapeutic options to approach recurrent ovarian cancer, all the available evidence suggests that the best unique management of secondary and tertiary recurrence does not exist but should be personalized based on the disease characteristics, previous treatments, patient characteristics, and patient preference. On that basis, in this review, we report a general and complete overview of the approach at the secondary and tertiary ovarian cancer recurrence with the aim to provide a wide vision on the multiple available therapeutic options.

Keywords: Ovarian cancer; recurrence; platinum-based chemotherapy; bevacizumab; PARP inhibitors

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Introduction

Ovarian cancer is the fifth cancer per death in women and the first among gynecological cancer in western countries (1). Among malignant ovarian neoplasms, epithelial ovarian cancers are more than 90% of cases (2). The 5-year survival is lower than 50%, with a median age at diagnosis of 63 years, and more than 70% of patients who present with advanced disease (1). Epithelial ovarian cancer is a heterogeneous group of cancer, including four main categories (serous, endometrioid, mucinous, clear cell) and two main grades (low and high grade) with different molecular characteristics. About 70% of diagnosis involves serous histology that, in the majority of cases, is of high grade (2-5). Although treatment recommendation may be different between high- and low-grade diseases, the general principles are similar, with the relative resistance to standard chemotherapy regimens being a characteristic of low-grade tumors (4,6,7).

In general, after the first-line therapy, including appropriate staging and debulking surgery followed by adjuvant platinum-based chemotherapy (6,8-11), ovarian cancer with complete clinical response recurs with a high rate (12-14). Recurrence is observed in almost 25% of cases with early-stage diseases and in more than 80% with more advances stages (14-16). For the management of the first recurrence after complete remission of the disease, it has been standard for the clinical practice the classification of recurrence in platinum-sensitive versus platinum-resistant/refractory disease, based on the cutoff of 6 months after completing chemotherapy (17). The platinum-free interval of 6 months is an arbitrary cutoff in the classification of recurrences aimed to reflect the biological characteristics underlying the clinical behavior of the disease, which are intrinsically related to the efficacy of the treatment adopted in the previous line of therapy (17-19). Traditionally, the clinical classification of the first recurrence guides the choice of the most appropriate treatment among different options. Disease relapse before six months after completing chemotherapy suggests a different chemotherapeutic regimen, the inclusion in clinical trials, or the adoption of palliative and supportive care (6,20). Conversely, the management of first recurrences over six months after chemotherapy completion is based

on the combined platinum-based chemotherapy used in the first line of treatment with the option to consider a secondary cytoreductive surgery (6,17,20-22). However, with the introduction of anti-angiogenesis therapies and of poly-adenosine diphosphate [ADP]-ribose polymerases (PARP) inhibitors, the approach to recurrent disease is going to change both in the classification and in treatment, particularly for the platinum-sensitive disease (23).

After the first ovarian cancer recurrence, the patients are rarely cured, but second-line therapy can provide significant clinical responses (14). In case of further recurrence, the same principles adopted in the treatment of the first recurrence guide the management of the second, third, and later recurrences, with the choice of the third/fourth line therapy based on previous first and second lines (6). Moreover, performance status, organ function, residual toxicity, and the risk of hypersensitivity reaction need to be considered before repeat treatments (24,25). Particularly in the case of multiple courses of therapy, the patients can experience excessive toxicity and may require lower doses (6). Regardless of the selected treatment regimen for the recurrence, re-evaluation of patients after 2-4 cycles is recommended to assess the disease response. After two previous lines of consecutive therapeutic regimens, patients with platinum-resistant/refractory disease without evidence of clinical benefit are less likely to benefit from additional therapy (26). In general, a single best management of secondary and tertiary recurrence does not exist but should be personalized based on the disease characteristics (treatment-free interval, genetic profile), previous treatments, patient characteristics (performance status, previous toxicity), and patient preference (6,27-31). The recently introduced anti-angiogenesis therapies and PARP inhibitors should always be considered in eligible patients with secondary or further recurrence if previously not adopted (6).

Secondary and tertiary platinum-sensitive recurrence

Platinum-based chemotherapy

Disease relapse after the first-line platinum-based chemotherapy regimen at 6 months or later defines

platinum-sensitive recurrent disease (17). In these patients, six cycles of platinum-based combined chemotherapy regimen is the recommended second-line therapy, and the single agent carboplatin or cisplatin is considered if the combined regimen is not tolerated although less effective (17,21,22,32-40). In this population, a complete response to second-line chemotherapy is reported ranging between 15-30% of patients, with an overall response between 30-70% that seems to improve with longer platinum-free interval (17,23). In case of secondary or further recurrence after six months or more, the platinum-sensitive state can be considered still present, and platinum-based combined chemotherapy regimen can be adopted and are typically offered with a progressively shorter progression-free survival after each line of therapy (41). Therefore, the probability that the subsequent recurrence is still platinumsensitive reduces, with subsequent reduced use of platinumbased regimens. Platinum sensitivity was reported as an independent predictor of progression-free survival until the third recurrence, and treatment of recurrence was reported as an independent predictor of overall-survival up to the fifth recurrence (41).

Cytoreductive surgery

In case of recurrence after a disease-free interval of at least 6 months, second cytoreductive surgery can be considered an option in selected patients with the aim to achieve a complete resection (42,43). Overall survival was reported increased proportionally to the resection rate, particularly in the case of residual disease ≤ 1 cm (44). Based on nonrandomized controlled studies, the second cytoreductive surgery is able to significantly improve the overall survival in platinum-sensitive recurrence if complete cytoreduction is achieved (45). These observations were confirmed by the preliminary results of the DESKTOP III trial, which reported improved progression-free survival with delayed secondary chemotherapy after optimal cytoreduction as compared to second-line platinum-based chemotherapy (46). The progression-free survival resulted of 14 months without and of 19.6 months with surgery (hazard ratio: 0.66, 95% CI: 0.52-0.83), and the median time to subsequent therapy was of 21 months after surgery versus 13.9 months without (hazard ratio: 0.61, 95% CI: 0.48-0.77) (46). Conversely, the preliminary result of GOG-213 did not show a benefit of secondary cytoreduction followed by chemotherapy as compared to chemotherapy only (47). The median progression-free survival was of 18.2

months after surgery versus 16.5 months without (hazard ratio: 0.88, 95% CI: 0.70-1.11), and the median overall survival was of 53.6 months with versus 65.7 months without surgery (hazard ratio: 1.28, 95% CI: 0.92-1.79). Both data refer to the interim analysis of the two trials, in which the complete resection in the group underwent secondary surgery was achieved in a comparable proportion of women (67% versus 63%). The main difference between the two trials is the adoption of bevacizumab based on the investigator's choice in the GOG-213 trial, which was adopted in a high proportion of women in both the secondary surgery and chemotherapy only arm, which may explain the observed differences with the DESKTOP III trial (47). Regardless of conflicting results, evidence suggests that secondary cytoreductive surgery should be considered particularly when complete cytoreduction is achievable. Similar to secondary surgery, observational studies suggest that complete tertiary cytoreductive surgery has a potentially positive effect on patient overall survival (48). Multicenter retrospective studies consistently reported the complete tertiary cytoreductive surgery as one of the most important independent predictors of longer overall survival, which was achieved in the 68-49% of patients (49-52). Noteworthy, initial ovarian cancer stage, site of recurrence, and timing of previous recurrences after treatments represent further prognostic factors suggesting a key role of appropriate patient selection (49-52). Evidence about quaternary cytoreductive surgery suggests a similar effect of complete cytoreduction in case of tertiary recurrence, with the treatment-free interval and the number and site of recurrence representing important predictive factors (53,54). Based on available evidence, cytoreductive surgery is an option for the management of secondary and further recurrences in selected patients in who optimal cytoreduction is achievable and the treatment-free interval is enough to suggest a benefit provided by the surgery. Noteworthy, in this scenario, after the demonstrated role of hyperthermic intraoperative intraperitoneal chemoperfusion (HIPEC) in the first line of therapy (6,55,56), a growing body of evidence suggests that the HIPEC may represent a complimentary, safety, and feasible additional treatment option in secondary and further recurrences, although further evidence is required (57-62).

Antiangiogenic therapies

Angiogenesis has a key role in ovarian cancer growth and metastasis and is driven by different growth factors, such as

platelet-derived growth factor (PDGF), vascular endothelial growth factor (VEGF), fibroblast growth factor (FGF), and angiopoietin-1 and -2 (63). Among antiangiogenic therapies, bevacizumab has been the first drug approved for the treatment of recurrent ovarian cancer by the FDA in 2014. Bevacizumab is a humanized anti-VEGF monoclonal antibody that was reported able to improve progression-free survival and overall survival as a single agent in recurrent ovarian cancer after multiple lines of therapy regardless of the platinum-sensitivity state (64,65). The use of bevacizumab for the treatment of recurrent platinum-sensitive ovarian cancer has been investigated in two randomized phase III trials (63). OCEAN trial investigated bevacizumab as an addition to gemcitabine and carboplatin versus gemcitabine and carboplatin alone as second-line chemotherapy for first platinum-sensitive recurrence. Gemcitabine and carboplatin plus bevacizumab followed by bevacizumab until progression was associated with a improve progression-free survival (66). Similarly, GOG-213 trial reported improved progression-free survival in the group who received carboplatin and paclitaxel with bevacizumab followed by maintenance (47). However, both trials failed to report a statistically significant improvement of overall survival, although the GOG-213 trial reported an absolute improvement of 5-month that was not observed in the OCEAN trial (47,66). This difference is supposed to be related to the backbone chemotherapy regimen, with carboplatin and paclitaxel considered better than gemcitabine and carboplatin as association with bevacizumab (63). Based on this evidence, bevacizumab is considered for the treatment of platinum-sensitive recurrence as single agent as well as in combination with gemcitabine and carboplatin or carboplatin and paclitaxel for the treatment of platinum-sensitive recurrence, particularly in patients with ascites, although it is not the first recommended option due to the absent proof of improved survival (6). Noteworthy, the cost and toxicity of bevacizumab, especially bowel perforation, renal dysfunction, and hypertension, combined with the absent improved overall survival provide some concerns about the cost-effectiveness (63).

All the reported evidence about the use of bevacizumab in platinum-sensitive recurrence is primarily based on the first recurrence, with limited evidence on the use in secondary or further platinum-sensitive recurrence primarily focused on the use of bevacizumab as a single agent (65). However, in the case of secondary or further platinumsensitive recurrence without previous administration, bevacizumab can be considered an option in the treatment of these patients as a single agent or in combination (6). Noteworthy, given the introduction of bevacizumab in the first-line therapy (67,68), as well as the use of bevacizumab in first recurrence (47,66), the use of a second of further line of bevacizumab in the following platinum-sensitive recurrence is still undefined, although preliminary data suggest improved progression-free survival (69).

Other antiangiogenic therapies have been investigated in recurrent platinum-sensitive ovarian cancer. The ICON6 trial investigated the additional and maintenance therapy of cediranib (VEGF and c-KIT inhibitor) added to platinumbased chemotherapy, reporting an improved progressionfree survival and overall survival (70-72). TRINOVA-1 trial investigated trebananib (angiopoietin-1 and -2 inhibitor) in platinum-sensitive and platinum-resistant recurrence. The progression-free survival resulted improved in the group of patients who underwent trebananib plus paclitaxel as compared to paclitaxel alone in the platinum-sensitive group only, with a benefit in terms of overall survival in the subgroup with ascites (73). Regardless of the available evidence, only in phase II trial secondary platinumsensitive recurrence are included in the study population, with limited evidence focusing on the administration of antiangiogenic therapy in secondary and further recurrence.

PARP inhibitors

PARP inhibitors represent the true promising therapeutic approach for secondary and tertiary platinum-sensitive recurrence in ovarian cancer. PARP inhibitors are selectively effective against any homologous recombination deficient (HRD) cells, such as cells caring biallelic BRCA-1 or -2 deficiency (74). PARP enzymes are components of the nonhomologous DNA repair machinery, which through the base-excision pathway repair single-strand breaks. PARP inhibitors impede this low-fidelity repair, and the persistence of single-strand breaks evolves in doublestranded breaks that cannot be repaired in HRD cells with subsequent lethality (75). It is estimated that almost 50% of high-grade serous ovarian cancers are HRD (15% germline BRCA mutation, 6% somatic BRCA mutation, 20% other components determining HRD) (76), which has been correlated to both platinum-sensitivity and responsiveness to PARP inhibitors (77,78).

Olaparib is a PARP-1, -2, and -3 inhibitor and has been the first PARP inhibitor to be investigated and approved for the treatment of ovarian cancer (6). Study 19 was a phase II

trial that investigates Olaparib as maintenance monotherapy versus placebo in secondary platinum-sensitive recurrence or in disease with a partial response after the second line of platinum-based chemotherapy. The BRCA-mutated group reported the greatest benefit in terms of progressionfree survival and overall survival, although a benefit was observed regardless of BRCA state (79). SOLO2/ENGOT-Ov21 phase III trial focused on the same population with secondary platinum-sensitive recurrence or at least partial response to the second platinum-based chemotherapy line with known or suspected BRCA-mutation. The trial reported a significant improvement in progression-free survival, regardless of the administration of bevacizumab in previous therapeutic lines, in the group who received Olaparib as maintenance monotherapy versus the group who received a placebo (80).

Rucaparib is a PARP inhibitor similar to Olaparib that was reported effective and safety in phase I/II trial in patients with recurrent platinum-sensitive high-grade ovarian cancer and a germline BRCA mutation (81,82). The ARIEL2 part1 trial demonstrated improved progression-free survival with Rucaparib monotherapy in patients with platinumsensitive recurrence who underwent at least one prior platinum-based regimen and who had germline or somatic BRCA mutation (hazard ratio: 0.27, 95% CI: 0.16-0.44), or BRCA wild-type with HRD tumor (hazard ratio: 0.62, 95% CI: 0.42-0.90) showed by high loss of heterozygosis in tumor genomic (mutation or methylation of other genes involved in homologous recombination), as compared with women without loss of heterozygosity (83). The median progression-free survival was reported of 12.8 months in women with BRCA mutation, of 5.7 months in women with HRD tumor, and of 5.2 months in women without loss of heterozygosity (83). ARIEL3 trial confirmed the statistically significant improvement of progression-free survival in patients with platinum-sensitive recurrent ovarian cancer, with at least two previous lines of platinumbased chemotherapy and mutated BRCA (somatic or germinal) or HRD tumor (84).

Niraparib is a PARP-1 and PARP-2 inhibitor with a longer half-life, absent interaction with cytochrome P450 enzymes, and the ability to cross the blood-brain barrier. The ENGOT-OV16/NOVA trial investigated Niraparib in women with a germline BRCA mutation or high-grade serous ovarian cancers and secondary or further platinumsensitive recurrence or partial response after at least two or more previous line of platinum-based chemotherapy. In the case of partial response, the residual disease needed to be less than 2 cm, and the progression-free survival was improved by Niraparib versus placebo in all the investigated subgroups: germline BRCA mutated group, HRD positive tumors, and HRD negative tumors. The magnitude of the improvement in progression-free survival was higher in the BRCA mutated group and lower in the HRD negative tumor group (85).

PARP inhibitors dramatically changed the prognosis of women with platinum-sensitive ovarian cancer. Based on the results of Study19/SOLO2 studying Olaparib, ARIEL3 investigating Rucaparib, and ENGOT-OV16/NOVA trial studying Niraparib the PARP inhibitors have been approved and are recommended as maintenance therapy in secondary or further platinum-sensitive recurrence of ovarian cancer or in case of partial response at the second or later platinum-based chemotherapy (79,80,84-86). Although initially their administration was limited to BRCA mutated or HRD positive tumors, the results of NOVA trials reported Niraparib as effective in platinum-sensitive disease regardless of the BRCA or HRD status, which instead provides a prediction of response to treatment (84,85).

Based on available evidence, Olaparib and Rucaparib have been approved as a single-agent therapy in patients with BRCA mutations or HRD positive tumors and recurrent platinum-sensitive or platinum-resistant ovarian cancer after 2 or more lines of chemotherapy (6). Conversely, Niraparib has been approved and recommended as maintenance monotherapy for platinum-sensitive recurrent disease or for disease with a partial response after the second or later line of platinum-based chemotherapy regardless of BRCA/HRD state (6).

Noteworthy, based on the potential synergistic effect of PARP inhibitors with platinum-based chemotherapy, being the PARP enzymes involved in the repair of the damage caused by chemotherapy, ongoing trials are investigating the combined approach in recurrent platinum-sensitive disease. A phase II trial on Olaparib plus carboplatin and paclitaxel in first or later platinum-sensitive recurrent disease versus chemotherapy alone has been the first to report a benefit provided by the combined therapy (87). Similarly, different ongoing trials are investigating PARP inhibitors combined with antiangiogenic agents (23).

PARP inhibitors are overall well tolerated with no difference in the quality of life as compared to placebo (88,89). However, almost 10–15% of patients discontinue the therapy due to side effects that include myelosuppression, fatigue, nausea, and vomiting, although dose reduction is an option to maintain the therapy (90).

Secondary and tertiary platinum-resistant recurrence

Chemotherapy

The platinum response is one of the major prognostic factors (91). Recurrent disease in less than 6 months after platinum-based chemotherapy is defined as platinumresistant recurrence and is usually associated with a poor prognosis. After two consecutive chemotherapy lines of treatment, patients with platinum-resistant/refractory disease without evidence of clinical response are less likely to benefit from additional therapy (26). Platinum-resistant recurrence can be evident after the first line of treatment as well as after more than one line of platinum-based chemotherapy and platinum-sensitive recurrence. In the case of initially platinum-sensitive disease, the probability that the subsequent recurrence is still platinum-sensitive reduces with the increase of chemotherapy lines, with subsequent reduced use of platinum-based regimens. As previously reported, platinum sensitivity was reported as an independent predictor of progression-free survival until the third recurrence, and treatment of recurrence was reported as independent predictor of overall-survival up to the fifth recurrence (41). Therefore, second, third, and later recurrences tend to became platinum-resistant. In these cases, salvage single-agent chemotherapy non-platinumbased is the first choice, being the multiagent chemotherapy associated with higher toxicity without improvement of oncological outcomes. Among different options, pegylated liposomal doxorubicin, paclitaxel, and topotecan are the most effective agents, although with limited benefit (6,92-98).

Antiangiogenic therapies

A significant improvement of oncological outcomes in platinum-resistant recurrence has been provided by bevacizumab. This humanized anti-VEGF monoclonal antibody has been reported able to improve progression-free survival and overall survival in phase II trial as a single agent in recurrent platinum-resistant disease after multiple lines of therapy (64,65,99). Based on this evidence, bevacizumab is recommended as a targeted single-agent therapeutic option in platinum-resistant recurrent disease (6). Similar to OCEAN and GOG-213 trials for platinum-sensitive recurrence, combined therapy based on bevacizumab plus single chemotherapeutic agent for platinum-resistant recurrence has been investigated in the AURELIA phase III trial. Patients who received bevacizumab plus pegylated liposomal doxorubicin, paclitaxel, or topotecan reported a statistically significant improved progression-free survival as compared to chemotherapy only (100-102). Noteworthy, this trial included patients with only first or second platinum-resistant recurrence excluding patients with more than 2 previous lines of chemotherapy (100,101). Therefore, similar to platinum-sensitive recurrence, available evidence on bevacizumab in platinum-resistant recurrence is primarily based on the first recurrence, with limited evidence on the use in secondary or further platinum-resistant recurrence, which is primarily focused on the use of bevacizumab as a single agent (65). However, in secondary, tertiary, or later platinum-resistant recurrence bevacizumab can be considered an option as a single agent as well as a combined therapy in eligible patients (6). Recent phase II trials further confirm the efficacy of a combination of single-agent chemotherapy and bevacizumab in platinum-resistant recurrence, regardless of the number of previous chemotherapy lines and previous administration of bevacizumab (103,104), although further evidence about the repeat administration of bevacizumab in platinum-resistant recurrence is needed (105).

PARP inhibitors

PARP inhibitors represent an important therapeutic option in platinum-resistant recurrent disease given the limited therapeutic strategies. The ARIEL2 part2 trial investigated Rucaparib monotherapy including patients with platinumsensitive, -resistant, or -refractory recurrent high-grade ovarian cancer with somatic or germline BRCA mutation. Eligible patients were those who received three or four prior chemotherapy lines and a platinum-free interval of at least 6 months after the first-line chemotherapy. The integrated analysis limited to women with BRCA mutation of ARIEL2 part2 with ARIEL2 part 1 and Study 10 part 2A trials, reported response and better progression-free survival in the Rucaparib group regardless of the platinum state, but a lower effect has been reported in platinum-resistant/ refractory recurrent disease as compared to platinumsensitive recurrence. The progression-free survival was 11.1 (95% CI: 7.3-12.8) months in platinum-sensitive recurrence versus 7.4 (95% CI: 5.5-not reached) months and 5.3 (95% CI: 1.7-not reached) months in platinumresistant and -refractory recurrence, respectively. Similarly, the response rate was 65.8% (95% CI: 54.3-76.1%) in platinum-sensitive versus 25.0% (95% CI: 8.7-49.1%) in platinum-resistant and 0% (95% CI: 0-41.0%) in platinumrefractory recurrences. Noteworthy, the response rate

to Rucaparib declines as the number of previous lines of treatment increases in all groups (82). Similar results have been reported for Olaparib with improved progressionfree survival in the treatment arm, although reporting lower response in platinum-resistant/refractory disease as compared to platinum-sensitive recurrence as well as a lower response rate with the increase of treatment lines number (106,107). Based on this evidence, Olaparib and Rucaparib have been approved as a single-agent therapy in patients with BRCA mutations or HRD positive tumors and recurrent platinum-sensitive or platinum-resistant ovarian cancer after 2 or more lines of chemotherapy (6).

Conclusion

Only a limited proportion of patients with ovarian cancer develop a secondary, tertiary, or later recurrence and the evidence is overall limited. However, the general approach used in the first recurrence can guide the approach to subsequent recurrences. Platinum-sensitive secondary or tertiary recurrence allows the adoption of platinumbased chemotherapy, and in highly selected patients a further cytoreductive surgery can be considered. If not previously adopted, targeted therapy with bevacizumab can be an option, although from the secondary recurrence the introduction of PARP inhibitors in platinum-sensitive disease represents the true promising therapeutic option able to change the prognosis. In platinum-sensitive recurrence, the genetic investigation to identify BRCA mutated or HRD positive tumor is recommended if not already performed, although Niraparib has proven to be effective regardless genetic status. In secondary, tertiary, or later platinum-resistant disease the prognosis is completely different. Single-agent chemotherapy represents the usual practice, although the introduction of bevacizumab as single-agent or as combined therapy allows improving the prognosis. However, even in platinum-resistant recurrent disease, PARP inhibitors represent an important resource for patients with confirmed BRCA mutated or HRD positive tumors. Therefore, in platinum-resistant disease, the genetic investigation has a key role in the management of secondary and further recurrence. In conclusion, all the available evidence suggests that the best unique management of secondary and tertiary recurrence does not exist but should be personalized based on the disease characteristics, previous treatments, patient characteristics, and patient preference.

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