



# Clinical value of CTLA4 combined with clinicopathological factors in evaluating the prognosis of breast cancer

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**Background:** Clinical prediction of breast cancer prognosis relies on both clinical-pathological features and biological markers. Many studies have revealed that tumor cytotoxic T lymphocyte antigen 4 (CTLA4) expression may present prognostic predicting value in cancers. We intended to explore the prognostic value of significant clinicopathological parameters and CTLA4 for predicting survival of patients with breast cancer.

**Methods:** A total of 229 breast cancer patients who had radical surgery treatment between Sep 2009 and April 2011 were enrolled in this study. Immunohistochemical staining was performed to evaluate CTLA4 grade and Ki-67 index in breast cancer tissue. Univariate and multivariate logistic analysis, Kaplan-Meier survival analysis and ROC curve were used to explore the association between CTLA4 or clinicopathological parameters and disease-free survival (DFS). A nomogram was constructed based on the regression model to predict DFS of patients with breast cancer.

**Results:** CTLA4 grade (OR 1.730, 95% CI: 1.213–2.468, P=0.002), Ki-67 (OR 1.449, 95% CI: 1.069–1.964, P=0.017) and N stage (lymph node metastasis) (OR 2.268, 95% CI: 1.588–3.303, P=0.000) showed significantly association with DFS of breast cancer patients. All these factors were independent predictors for poor survival, as patients with stage N2–3 tumors, high CTLA4 grade and Ki-67 index showed low survival probability (P<0.01). The conjunction of these factors exhibited good discrimination value (AUC 0.815, 95% CI: 0.749–0.882, P=0.000). Nomogram performed based on CTLA4 grade, Ki-67 index and N stage provided an efficient method to predict DFS of patients with breast cancer.

**Conclusions:** The high expression of CTLA4 and Ki-67 together with lymph node metastasis in breast cancer are independent risk factors that affect the prognosis of breast cancer patients. They have the potentiality to be utilized conjunctively as predictor in clinical practice.

**Keywords:** Breast cancer; nomogram; cytotoxic T lymphocyte antigen 4 (CTLA4); Ki-67 index; N stage

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## Introduction

Current clinical prediction of breast cancer prognosis relies on both clinical-pathological features and biological markers

(1). Estrogen receptor (ER), progesterone receptor (PR), epidermal growth factor receptor 2 (HER2) and Ki-67 have been universally applied to divide breast cancer into subtypes, as well as used as predictive factors for evaluating

prognosis in clinical practice. As adjuvant endocrine therapy shows high effectiveness in treating ER/PR positive breast cancer, these subtypes are supposed to have better prognosis than triple negative breast cancer (TNBC) (2,3). HER2 overexpression in the absence of anti-HER-2 targeted therapy is associated with adverse prognosis (3). Ki-67, indicating proliferation index, has been widely accepted as a good predictive and prognostic marker in clinical practice (2).

Recently, as increasing knowledge in the field of interplay between immune system and cancer, immunotherapies are gaining its popularity in treatment of a large range of cancers (4,5). Cytotoxic T lymphocyte antigen 4 (CTLA4) is a molecule that plays an inhibitory role in the proliferation and activation of T cells. It can competitively combine with costimulatory molecules B7-1 and B7-2 (also known as CD80 and CD86) expressed on antigen-presenting cells to transmit costimulatory signals to T cells (4-6). Thus, CTLA4 takes part in the processes of maintaining the homeostasis and self-tolerance of immune system under physiological condition. In diseases related to immune dysfunction, CTLA4 blockade is supposed to relieve the immune response of T cell and has been applied as one of the immune checkpoints inhibitors in several malignancies especially melanoma and none small cell lung cancer (NSCLC) (7-9).

In breast cancer, immune-related factors contribute to ascertain patients' response to immunotherapy as well as prognosis, such as tumor-infiltrating lymphocytes and immune-related gene signatures (1). Previous studies have revealed that tumor CTLA-4 expression may present prognostic predicting value in breast cancer, but no consensus has been reached (10,11). Although the increasingly evidences reveals that immune-related factors are associated with the prognosis of cancer, the clinical-pathological features of cancer still hold an unsubstitutable position in forecasting outcome of patients. Our study aimed to further explore the value of significant clinical-pathological features and CTLA4 in predicting the survival of patients suffering from breast cancer. We present the following article/case in accordance with the STROBE reporting checklist (available at <http://dx.doi.org/10.21037/gs-20-359>).

## Methods

### Patients

In this study, we selected a total of 229 cases of breast cancer

patients who underwent surgical treatment between Sep 2009 and April 2011 at the Shanghai general hospital. We included patients who were pathologically diagnosed with breast cancer and willing to participate in follow-up. We excluded patients who received preoperative radiotherapy and chemotherapy or had recurrent breast cancer. The study was approved by the Ethics Committee of Shanghai General Hospital of Nanjing Medical University (No. 2020SQ137) and was conducted in accordance with the Declaration of Helsinki (as revised in 2013). As this study is a retrospective study and contents of the study do not involve personal privacy, the ethics committee approves this study is exempt from the informed consent of participants.

### Data collection

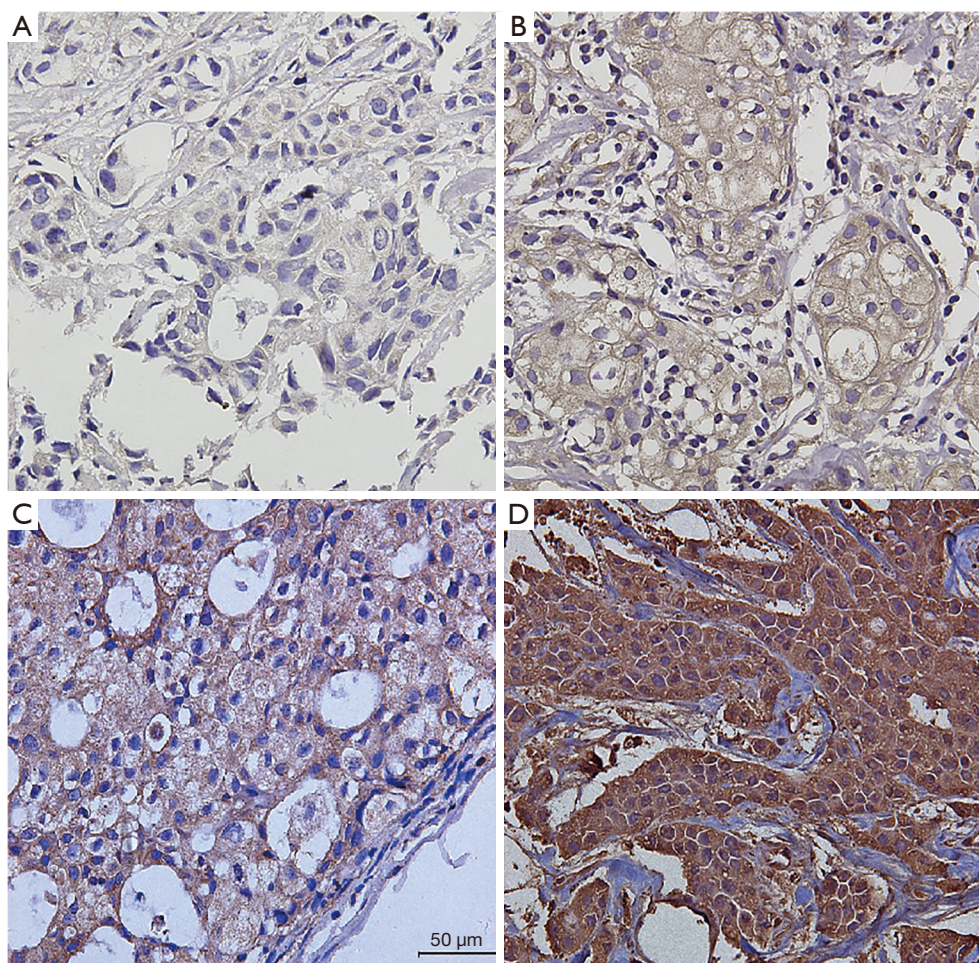
The clinical-pathological characteristics of 229 patients were gathered by well-trained research fellows. The patients' characteristics included age at initial diagnosis and menstrual status. The tumor characteristics concentrated on pathological type, histological grade, tumor size, lymph node metastasis, Ki-67 index, CTLA4 grade and molecular type (10-12).

### Immunohistochemistry

Immunohistochemistry was applied to stain Ki-67 and CTLA4 in paraffin sections of representative breast cancer tissues. Murine anti-CTLA-4 and anti-Ki-67 mAbs were used for immunohistochemical staining and 3,3'-diaminobenzidine (DAB) Detection Kit was used for color developing. CTLA4 grade was recorded as 0 (negative), 1 (weak), 2 (intermediate), 3 (strong) according to the percentage and intensity of CTLA-4 in tumors (10,13). The scores of percentage of positive tumor cells were recorded as: 0 (negative), 1 (1-30%), 2 (31-60%) or 3 (61-100%). The scores of intensity of positive tumor cells were recorded as: 0 (negative), 1 (weak), 2 (moderate) or 3 (strong). The final grade was recorded as 0 (0, negative), I (2-3, weak), II (4-6, intermediate), III (>6, strong) (Figure 1) (14). The Ki-67 index was assessed as a percentage of stained nuclei, and were classified as low (<20% immunoreactivity) or high (≥20% immunoreactivity) based on the percentage of Ki-67-positive cells.

### Statistical analysis

Quantitative variables were expressed as the mean ±



**Figure 1** Immunohistochemical staining of CTLA4 in paraffin sections of breast cancer tissue. Immunohistochemical staining of CTLA4 in paraffin sections of representative breast cancer tissue shows four grades. Murine anti-CTLA-4 mAb was used for immunohistochemical staining and DAB Detection Kit was used for color developing. CTLA4 grade was recorded as 0 (negative) (A), I (weak) (B), II (intermediate) (C), III (strong) (D), magnification  $\times 400$ .

standard deviation (SD) and compared by Student's *t*-test. Categorical variables were presented as values (percentages) and compared using Fisher's exact test or Pearson's  $\chi^2$  test. Univariate and multivariate analysis were performed using logistic regression model to evaluate the prognostic value of involved variables. Odds ratio (OR) and 95% confidence index (95% CI) were calculated. Kaplan-Meier method were applied to estimate survival probabilities stratified by significant factors. Receiver-operating characteristic (ROC) curve was used to determine the sensitivity and specificity of prognostic factors. Nomogram was constructed based on the logistic regression analysis to integrate different factors to predict the survival of breast cancer patients.

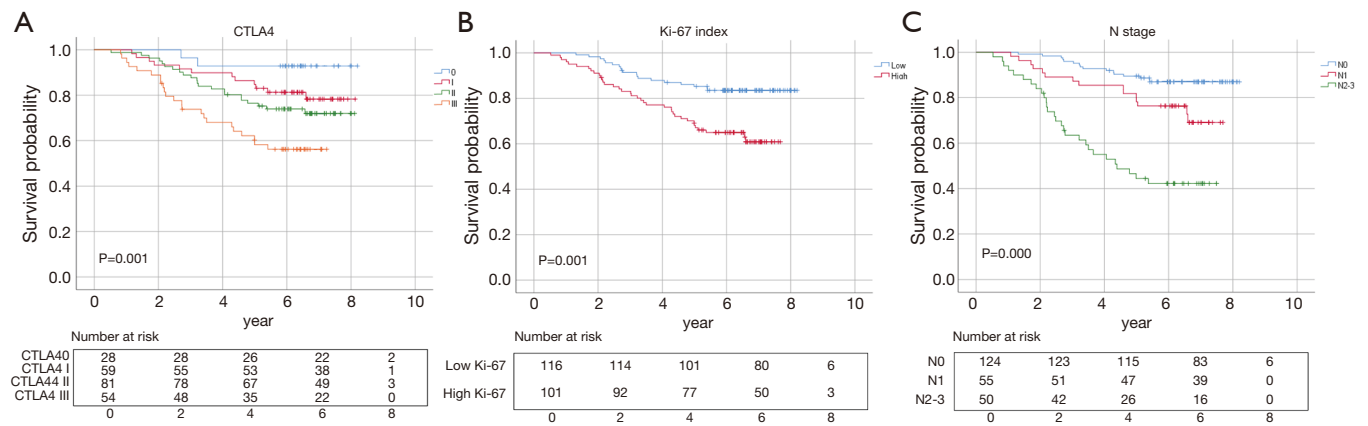
SPSS version 22.0 (SPSS Inc., Chicago, IL, USA) and

GraphPad PRISM 7 (GraphPad Prism Software Inc., San Diego, California) softwares were used to accomplish the above statistical analyses. A two-sided  $P < 0.05$  was deemed to be statistically significant.

## Results

### *Baseline characteristics*

Of the 229 breast cancer patients, the 1, 2 and 5-year disease-free survival rates were 98.7%, 93.9% and 77.1%. The baseline clinico-pathological features of the patients are shown in *Table 1*. The median age at initial diagnosis was 52.3 (range, 25–79). A total of 194 patients (84.7%)



**Figure 2** Survival curve about CTLA4 grade, Ki-67 index, and N stage. Kaplan-Meier survival curves showing the correlation between CTLA4 grade/Ki-67 index/N stage and prognosis. (A) Disease-free Survival probability of CTLA4 grade (P=0.001). (B) Disease-free Survival probability of Ki-67 index (P=0.0001). (C) Disease-free Survival probability of N stage (P=0.000).

were diagnosed with invasive ductal carcinoma and pathological grade I, II, III tumors were documented in 4.6%, 60.3% and 35.2% of the patients; 85 patients (38.1%) were classified with T1 tumors and others were with T2-3 tumors; 124 patients (54.1%) showed negative lymph node metastasis, and others showed N1 status (24.0%) or N2-3 status (21.8%). There were 28 patients (12.6%) in the CTLA4-0 group, 59 patients (26.6%) in the CTLA4-I group, 81 patients (36.5%) in the CTLA4-II group, and 54 patients (24.3%) in the CTLA4-III group. The distribution of CTLA4 varied significantly according to different tumor histological grade, T stage, N stage, Ki-67 index, and molecular subtypes (all  $P < 0.05$ , *Table 2*).

**Univariate and multivariate analysis**

By univariate analysis and multivariate analysis, CTLA4 grade, Ki-67 index, N stage and molecular type was found to be correlated to recurrence of breast cancer. Multivariate analysis by Cox regression showed that CTLA4 grade, Ki-67 index and N stage were independent prognostic factors. High CTLA4 grade was associated with poor disease-free survival of breast cancer (OR 1.730, 95% CI: 1.213–2.468,  $P = 0.002$ ), so was high Ki-67 index (OR 1.449, 95% CI: 1.069–1.964,  $P = 0.017$ ) and N stage (OR 2.268, 95% CI: 1.588–3.303,  $P = 0.000$ ) (*Table 1, Figure 2*).

In luminal breast cancer, the recurrence rate of patients increased and the disease-free survival obviously decreased, with the present of these risk factors (CTLA4:  $\chi^2 = 12.092$ ,  $P = 0.007$ ; Ki-67 index:  $\chi^2 = 17.990$ ,  $P = 0.000$ ; N stage:

$\chi^2 = 39.655$ ,  $P = 0.000$ ). However, it was only observed, in triple-negative breast cancer, that the disease-free survival of patients with stage N2-3 tumors was significantly lower than those without lymph node metastasis (N2-3 vs. N0:  $\chi^2 = 4.257$ ,  $P = 0.039$ ), and that the disease-free survival of patients with CTLA4 III tumors was lower than those with CTLA4 II and I tumors (CTLA4 III vs. CTLA4 I:  $\chi^2 = 4.084$ ,  $P = 0.043$ ; CTLA4 III vs. CTLA4 II:  $\chi^2 = 3.590$ ,  $P = 0.058$ ).

**ROC curve and nomogram**

The efficiency of CTLA4 grade, Ki-67 index together with N stage on predicting the prognostic was assessed by ROC curve. As the result demonstrated, they showed good predictive value for disease-free survival of patients [area under curve (AUC) 0.815, 95% CI: 0.749–0.882,  $P = 0.000$ , *Figure 3*). Further, nomogram was established on the basis of these three factors to predict survival (*Figure 4*). By adding up each score of the variables and getting a total point, a corresponding predicted value of survival was obtained at the bottom of the figure.

**Discussion**

Immunotherapies are gaining its popularity for treatment of a large range of cancers and one of the well-known immunotherapy is immune checkpoint blockade, of which the best two are blockades targeting CTLA4 and programmed death-1 (PD-1). They can relieve inhibitory signals of T-cell activation and thus enhance effective

**Table 1** Characteristics of 229 eligible patients

Characteristics	N	%	Valid %	Univariate		Multivariate		
				OR	P value	OR	95% CI	P value
Age, years				0.593	0.429			
≤50	101	44.1	44.1					
>50	128	55.9	55.9					
Menstrual status				2.744	0.131	1.300	0.718–2.352	0.386
Pre-menopause	99	43.2	43.6					
Post-menopause	128	55.9	56.4					
Unknown	2	0.9						
Pathology				0.906	0.708			
IDC	194	84.7	84.7					
Others	35	15.3	15.3					
PG				1.423	0.389	1.412	0.792–2.518	0.243
I	10	4.4	4.6					
II	132	57.6	60.3					
III	77	33.6	35.2					
Unknown	10	4.4						
T stage				1.284	0.588	1.001	0.494–2.031	0.997
T1	85	37.1	38.1					
T2–3	138	60.3	61.9					
Unknown	6	2.6						
N stage				2.931	0.00	2.268	1.588–3.303	0.00
N0	124	54.1	54.1					
N1	55	24.0	24.0					
N2–3	50	21.8	21.8					
Ki-67 index				1.809	0.005	1.449	1.069–1.964	0.017
<20	116	50.7	53.5					
≥20	101	44.1	46.5					
Unknown	12	5.2						
Subtype					0.005			0.020
Luminal	167	72.9	73.9					
HER2+	14	6.1	6.2					
TNBC	45	19.7	19.9					
Unknown	3	1.3						
CTLA4				1.934	0.010	1.730	1.213–2.468	0.002
0	28	12.2	12.6					

**Table 1** (continued)

Table 1 (continued)

Characteristics	N	%	Valid %	Univariate		Multivariate		
				OR	P value	OR	95% CI	P value
I	59	25.8	26.6					
II	81	35.4	36.5					
III	54	23.6	24.3					
Unknown	7	3.1						
Chemotherapy				0.344	0.104	0.587	0.231–1.494	0.264
No chemotherapy	23	10.0	10.1					
Chemotherapy	205	89.5	89.9					
Unknown	1	0.4						

PG, pathological grade; HER2, human epidermal growth receptor 2; TNBC, triple-negative breast cancer; CTLA4, cytotoxic T lymphocyte antigen 4; OR, odds ratio; CI, confidence interval.

antitumor response (4-6). Anti-CTLA4 and anti-PD1 have been verified to be safe and active in treating advanced melanoma and NSCLC in clinical trials, bringing favorable survival improvement (14-16).

It has been reported recently that CTLA4 is also expressed in various solid tumors apart from T cell (17-20). Theoretically, the CTLA4 expressed by tumor cells is supposed to facilitate tumor cell evasion through ablating the immune surveillance of immune cells around the tumor (21). However, the clinical value of CTLA4 in predicting prognosis of various cancer still remains ambiguous. Tumor CTLA4 overexpression was associated with shorter overall survival (OS) and could be an independent prognostic predictor in esophageal carcinoma and laryngeal and pharyngeal squamous cell carcinoma (17,18). While a study investigating CTLA4 expression and prognostic role in 81 patients with radically resected stage I–III NSCLC came to a contrary conclusion that CTLA4 overexpression had a positive effect on OS (19). Besides, another study showed that there is no significant difference occurring in the OS of gastric cancer patients with low or high CTLA4 expression (20).

In breast cancer, previous study has uncovered that CTLA4 polymorphisms significantly associate with breast cancer susceptibility in Asian populations (22). The mRNA expression of CTLA4 in unstimulated PBMCs from patients with breast cancer were significantly higher than healthy control (23). Anti-CTLA4 therapy has been proved to be effective in clinical treatment of breast cancer (24,25). In luminal B HER2-negative breast cancer, tumor

CTLA4<sup>+</sup> patients had shorter disease-free survival (DFS), so did the interstitial CTLA4<sup>+</sup> patients. Tumor CTLA4<sup>+</sup> was proved an independent predictor of shorter DFS (11). In this study, we used immunohistochemistry to analyze the levels of CTLA4 in breast cancer tissues and then classified the patients into four grades. Here, we showed that the distribution of CTLA4 varied significantly according to different tumor histological grade, T stage, N stage, Ki-67 index and molecular subtypes. In addition, CTLA4 grade also associated with recurrence of breast cancer and confirmed to be an independent prognostic factor. So, the present research adds new opinions in this field and shows innovation and clinical significances.

Ki-67, a nuclear protein, is considered as an objective marker of proliferative activity in a variety of tumors. Ki-67 has been shown to have prognostic value in breast cancer, and its predictive efficacy has been proved in several studies. High Ki-67 index ( $\geq 20\%$ ) indicates a high recurrence risk. Lymph node metastasis is risk factor vital important in American Joint Committee on Cancer staging system for breast cancer (26). It counts for much in the prognosis of patients with breast cancer indicated by most studies (27-29), which is consistent with our results that number of lymph metastasis (N stage) was associated with the survival of patients. The reasons might be that more numbers of lymph metastasis meant less complete resection probability, leading to poor prognosis. In the present study, we evaluated the survival of breast cancer patients based on clinical-pathological variables and CTLA4 grade. We found that CTLA4 grade, Ki-67 index

**Table 2** Distribution of CTLA4 according to clinico-pathologic factors

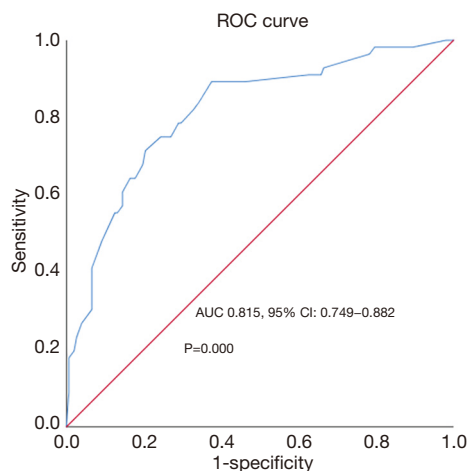
Characteristics	Total	CTLA4 0, n (%)	CTLA4 I, n (%)	CTLA II, n (%)	CTLA III, n (%)	P value
Age, years	222					0.747
≤50		13 (13.0)	24 (24.0)	40 (40.0)	23 (23.0)	
>50		15 (12.3)	35 (28.7)	41 (33.6)	31 (25.4)	
Menstrual status	220					0.928
Pre-menopause		12 (12.4)	27 (27.8)	37 (38.1)	21 (21.6)	
Post-menopause		16 (13.0)	32 (26.0)	44 (35.8)	31 (25.2)	
Pathology	222					0.822
IDC		25 (13.3)	51 (27.1)	67 (35.6)	45 (23.9)	
Others		3 (8.8)	8 (23.5)	14 (41.2)	9 (26.5)	
PG	212					0.03
I		4 (40.0)	2 (20.0)	3 (30.0)	1 (10.0)	
II		20 (15.9)	40 (31.7)	44 (34.9)	22 (17.5)	
III		3 (3.9)	17 (22.4)	30 (39.5)	26 (34.2)	
T stage	216					0.00
T1		19 (23.5)	29 (35.8)	26 (32.1)	7 (8.6)	
T2–3		9 (6.7)	27 (20.0)	53 (39.3)	46 (34.1)	
N stage	222					0.051
N0		21 (17.6)	35 (29.4)	43 (36.1)	20 (16.8)	
N1		3 (5.7)	11 (20.8)	21 (39.6)	18 (34.0)	
N2–3		4 (8.0)	13 (26.0)	17 (34.0)	16 (32.0)	
Ki-67 index	210					0.02
<20		19 (17.1)	31 (27.9)	45 (40.5)	16 (14.4)	
≥20		8 (8.1)	23 (23.2)	32 (32.3)	36 (36.4)	
Subtype	219					0.000
Luminal		23 (14.4)	50 (31.3)	62 (38.8)	25 (15.6)	
Her2		1 (7.1)	1 (7.1)	7 (50.0)	5 (35.7)	
TNBC		2 (4.4)	8 (17.8)	12 (26.7)	23 (51.1)	
Therapy	221					0.270
No		5 (22.7)	3 (13.6)	9 (40.9)	5 (22.7)	
Yes		22 (11.1)	56 (28.1)	72 (36.2)	49 (24.6)	

and N stage was related to poor prognosis of breast cancer patients through multivariate analysis. As CTLA4 grade, Ki-67 index and N stage increased, the survival probability decreased correspondingly. We further revealed that these independent risk factors could be applied to predict the survival of breast cancer patients effectively.

Nomogram is able to combine various meaningful prognostic variables to predict a specific endpoint and has been constructed to predict survival of various malignancies, including colon cancer (30), prostate cancer (31), clear cell renal cell carcinoma (32) and breast cancer (33,34). While most of the studies combined clinical-pathological variables

as individual predictors. The present study showed for the first time that CTLA4 together with clinical-pathological variables including Ki-67 index and N stage functioned

conjunctively to predict the survival of patients with breast cancer. From the known value of the three factors, the clinicians could obtain the predicted survival of individual patients. Hence, this will have important instructional significance for supplementary therapy and follow-up.



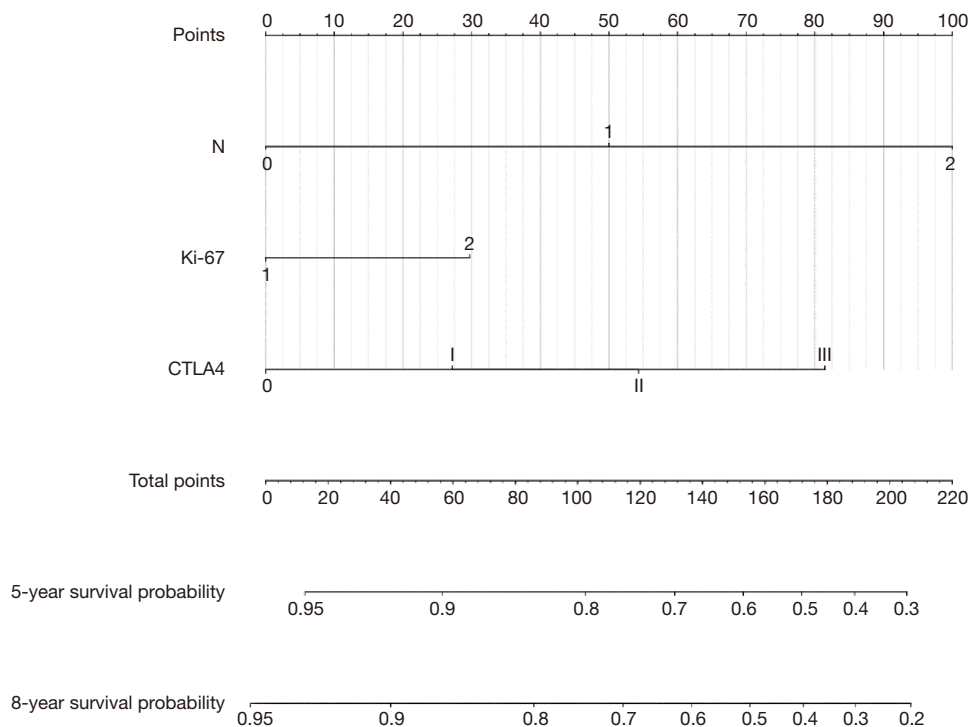
**Figure 3** ROC curve of CTLA4, Ki-67 index and N stage. ROC curve was performed to access the prognostic factor: CTLA4 grade, Ki-67 index combined with N stage (AUC 0.815, 95% CI: 0.749-0.882, P=0.000).

**Limitations**

When self-reflecting the entire study, we had to admit that the number of patients enrolled in the study was limited, and a larger sample volume would increase the credibility of the study. Besides, our study was performed on the base of a retrospective cohort, which is considered relatively low level of clinical evidence. Prospective clinical trials are required to further verify the validity of CTLA4 grade as the predictors. Considering the controversial conclusion shown in HER2-negative breast cancer, studies directing at specific subtypes of breast cancer are desired for further exploration.

**Conclusions**

In conclusion, the present study revealed that CTLA4



**Figure 4** Nomogram according to CTLA4, Ki-67 index and N stage. Nomogram was performed to predict the disease-free survival of patients with breast cancer.



grade, Ki-67 index and N stage were reliable and independent factors for predicting the survival of breast cancer. Nomogram based on the three variables may provide clinicians with an effective and convenient method for clinical survival prediction of patients with breast cancer.

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### Footnote

*Reporting Checklist:* The authors have completed the STROBE reporting checklist. Available at <http://dx.doi.org/10.21037/gs-20-359>

*Data Sharing Statement:* Available at <http://dx.doi.org/10.21037/gs-20-359>

*Conflicts of Interest:* All authors have completed the ICMJE uniform disclosure form (available at <http://dx.doi.org/10.21037/gs-20-359>). The authors have no conflicts of interest to declare.

*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was approved by the Ethics Committee of Shanghai General Hospital of Nanjing Medical University (No. 2020SQ137) and was conducted in accordance with the Declaration of Helsinki (as revised in 2013). As this study is a retrospective study and contents of the study do not involve personal privacy, the ethics committee approves this study is exempt from the informed consent of participants.

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