

Pancreatic neuroendocrine tumours: spectrum of imaging findings

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Abstract: Pancreatic neuroendocrine tumours (pNETs) are rare and heterogeneous group of neoplasms presenting with a wide variety of symptoms and biological behaviour, from indolent to aggressive ones. pNETs are stratified into functional or non-functional, because of their ability to produce metabolically active hormones. pNETs can be an isolate phenomenon or a part of a hereditary syndrome like von Hippel-Lindau syndrome or neurofibromatosis-1. The incidence has increased in the last years, also because of the improvement of cross-sectional imaging. Computed tomography (CT), magnetic resonance imaging (MRI) and functional imaging are the mainstay imaging modalities used for tumour detection and disease extension assessment, due to easy availability and better contrast/spatial resolution. Radiological imaging plays a fundamental role in detection, characterization and surveillance of pNETs and is involved in almost every stage of patients' management. Moreover, with specific indications and techniques, interventional radiology can also play a role in therapeutic management. Surgery is the treatment of choice, consisting of either partial pancreatectomy or enucleation of the primary tumour. This article reviews the radiologic features of different pNETs as well as imaging mimics, in order to help radiologists to avoid potential pitfalls, to reach the correct diagnosis and to support the multidisciplinary team in establishing the right treatment.

Keywords: Neuroendocrine tumour (NET); computed tomography (CT); magnetic resonance; radiomics

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Pancreatic neuroendocrine tumours (pNETs) are rare tumours that arise from the neuroendocrine cells of the pancreas (1). They are less than 3% of pancreatic tumours, with a growing annual incidence of one case per 100,000 individuals (1-3). pNETs can be an isolate phenomenon or a part of a hereditary syndrome like multiple endocrine neoplasia type 1 (MEN1), von Hippel-Lindau syndrome or neurofibromatosis type 1 (4). pNETs can be malignant neoplasms (5). Because of their ability to secrete hormones, pNETs are stratified into functional or non-functional ones (6). The WHO classification from 2017, only for pNETs, divides them into well-differentiated and poorly differentiated (also named as neuroendocrine carcinomas), and the former is further subdivided into grade 1 (G1), grade 2 (G2) and grade 3 (G3) (7). This grading refers to the mitotic rate and Ki-67 index suggesting the malignant potential of these tumours (8,9). The histological grade of a pNET is strongly connected with long-term survival, symbolizing the malignant nature of the tumour, and is having an important impact on therapy (1). Surgery is recommended as treatment of choice for small and localized pNETs, with a high survival rate (10,11). For the diagnosis and characterization both laboratory testing (serum markers such as Chromogranin A and hormones produced by functioning NET) and multimodality imaging are useful (12,13). Accurate knowledge of the potential and applications of imaging modalities, both standard and advanced, is essential for an accurate study of abdominal



Figure 1 Hypervascular pNET with hypovascular metastases. CT images in (A,B,C) show a hyperenhancing pancreatic nodule in the bodytail of the organ (arrows). Please note the atypical hepatic metastases in the right lobe that are hypovascular in arterial, pancreatic and venous phase. pNET, pancreatic neuroendocrine tumour; CT, computed tomography.

oncological pathology either for the initial assessment, the treatment planning, and the follow-up after therapy (14). A lot of imaging methods can be useful including ultrasound (US), computed tomography (CT), magnetic resonance imaging (MRI) and functional/nuclear imaging such as somatostatin receptor imaging and positron emission tomography (PET). The association between PET and CT (PET/CT) with different tracers can be particularly important during staging and search of metastases (15). Radiological imaging plays a fundamental contributory role in detection, characterization and surveillance of pNETs and is involved in almost every stage of patients' management and can be useful both for diagnosis and surgical or medical therapy. Moreover, with specific indications and techniques, interventional radiology can also play a role in therapeutic management (16,17).

In this article, we reviewed the different radiological findings at CT and MRI related to the different patterns of pNETs. Radiologists should be aware of these potential accidental findings and collaborate with clinicians to reach an accurate diagnosis and to decide the right therapy. We present the following article in accordance with the Narrative Review reporting checklist (available at http:// dx.doi.org/10.21037/gs-20-537).

Non-functioning tumours

Non-functioning tumours are 60–80% of pNETs and approximately 50–90% of them are malignant at presentation also because they tend to manifest late and often larger in size (1,18). Abdominal US has low sensitivity and specificity for detecting pancreatic solid nodules or masses but can help in finding liver metastases (19,20). Recently, contrast-enhanced US (CEUS) improves the accuracy of analysis of focal pancreatic lesions through the use of US contrast medium (20). In fact, the bloody supply to the pancreas is entirely arterial and enhancement of the gland is well recognized through CEUS examination: similarly to CT exam as explained below, also pancreatic CEUS shows a hyperenhancing arterial phase in pNETs (21). CT is the imaging method of choice for the evaluation of various pancreatic diseases and is often the initial diagnostic technique, also because of its high spatial resolution and short acquisition time (22). Both an arterial angiographic phase, after 20-30 seconds, or a pancreatic one, 20 seconds later than the first, can be used, followed, after 60-80 seconds by a portal-venous phase (23,24). The arterial phase is considered the gold standard in localizing pNETs, as they are usually hypervascular, and because of their contrast washout in the venous phase, that makes the tumour isodense respect to the surrounding parenchyma. Referring to this particular behaviour, pNETs tend to be a well-defined and homogeneously enhanced lesions on arterial-phase CT, due to their copious capillary pathway, and hypo-iso or hyperdense on portal phase, in contrast with pancreatic parenchyma (Figure 1) (25). A lot of research has been made to search a way to differentiate tumour grades both with CT and MRI (26,27). Zamboni et al. in their retrospective study, tried to differentiate various grades of pNETs in 148 patients using CT, and demonstrated that the parameters with better performance in G1-G2 tumours were the hypervascular aspect in the arterial phase, hyperdensity in the venous phase and well-defined margins. On the other hand, they affirmed that G3 tumours are larger ones, non-hypervascular in the arterial phase and hypodense in the venous phase and tend to be more invasive (26).

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Figure 2 CT and MRI imaging. A large pNET (arrows) in a young woman that underwent a CT exam [(A) axial arterial, (B) axial portal phases and (C) coronal arterial reconstruction] and MRI [(D) T1-weighted, (E) T2-weighted imaging and (F) coronal T2 reconstruction]. Note the non-homogeneous vascularization of the lesion and the relatively hyperintensity in T2 weighted phase. CT, computed tomography; MRI, magnetic resonance imaging; pNET, pancreatic neuroendocrine tumour.

A similar study was made by Takumi et al. evaluating multiple parameters such as tumour's margin, presence of peripancreatic vascular involvement, ductal dilatation, metastasis (lymph nodal N or distant ones M), cystic or necrotic aspects. They found that G1 and G2 have no great difference referring to tumour morphology, vascular involvement, ductal dilatation, or N involvement; instead, G2 are more often larger in size (≥ 20 mm) and show no hyper-attenuation during the portal phase (28). It is easy to understand from these studies how limited is the possibility to differentiate G1 from G2, being only few radiological characteristics related with tumour grade.

With the advent of Radiomics, the new method in which the information is "hidden" inside the radiological images and can be extracted using advanced texture and shape analysis, it has been possible to extract lots of information regarding the structure we need to study (29-31). Zhao et al. tried to overcome these limits using radiomics features on CT images to identify some discriminant features for G1 and G2 tumours: he found that six features, using both non-enhanced and portal-venous phases, can be useful in differentiating grade G1/G2 in non-functional pNETs (32).

More information in the characterization of these different grades can be obtained with MRI imaging (15). The pancreas has a hyperintense signal on T1-weighted imaging, because of the amount of protein inside the parenchyma, therefore pNETs tend to appear hypointense in contrast with pancreatic parenchyma on un-enhanced T1-weighted images. On T2-weighted images, pNETs can be hyperintense, even if a lower signal can also be present. On post-contrast images, tumours show vivid contrast enhancement, that can be both homogeneous or heterogeneous, ring- or target-like (Figure 2). Diffusion weighted imaging (DWI) may also help in tumour detection (33,34). Guo et al. studied a total of 59 lesions trying to identify the MRI features in differentiating pNETs G1/ G2 and pancreatic neuroendocrine carcinoma G3; G1/G2 tumours had well-circumscribed border compared with G3 (35). G3 tend to be bigger in size, often associated with metastases and duct dilatation, low-moderate enhancement also because of necrotic phenomena, and high DWI signal intensity, with lower apparent diffusion coefficient (ADC) values than G1/G2 (35). They concluded that the presence of metastases and the different ADC value between grades





Figure 3 Insulinoma. Pancreatic nodular lesion smaller than 1 cm in the uncinate process (arrows). CT arterial phase in axial (A) and coronal (B) reconstruction. CT, computed tomography.

can be useful in distinguishing G3 from G1/G2 pNETs. Also, Mebis et al. tried to find the connection between ADC value on MRI and histopathologic WHO-grades of NET. They found interesting and important differences between low (G1-G2), with higher values of ADC, and high grade (G3) pNETs (36). The lower ADC values on ADC map in high grade pNETs may be caused by the high cellularity with less extracellular space and cytoplasm, reducing the possibilities of water molecules to move (37). Also, fibrosis can be involved in generating lower ADC values, above all in some low grade, well-differentiated tumours (38). De Robertis et al. tried to improve the use of MRI in association with histogram analysis parameters finding that, in the analysis of 42 pNETs >1 cm, the whole-tumour histogram analysis of ADC maps may be used as a predictor of tumour grade, vascular invasion and nodal or liver metastases. Furthermore, ADC entropy and ADC kurtosis resulted as the most significant parameters in discerning tumours with malignant behaviour (39).

Functioning tumours

pNETs can be hyperfunctioning, with the production of a lot of different hormones such as insulin, glucagon, gastrin, vasoactive intestinal peptide (VIP) and somatostatin, that can create various clinical manifestation. This subtype of tumours tends to present earlier, with clinical signs and symptoms. Insulinomas are the most common functioning NET, representing the 40% of all functioning pNETs (40). Typically, insulinomas are located equally in all the anatomic sites of the pancreas, and they can be round-shaped, nodular or oval, usually with a diameter inferior to 15 mm. They can be isolate or multiple and both deep or superficial (41). At CT examination, these lesions are isodense at baseline, homogeneously hyperdense in the pancreatic phase, and hypodense in the venous one because of their washout phenomena (Figure 3). These aspects where confirmed by the study that included 53 patients with insulinoma, conducted by Fidler et al., demonstrating that most tumours were hyperenhancing compared with the pancreatic parenchyma on at least one of the phases; nevertheless three tumours were hypoattenuating on all phases and another three were isodense within the pancreatic parenchyma, but could be visualized because of their pedunculated morphology (42). In order to distinguish between typical and atypical insulinomas, multiphase imaging is essential: the latter is iso-hypoattenuating in the early phase at CT, and hypoattenuating in venous one, because of its higher stromal composition, its smaller dimensions and its structure with both amyloid and fibrohyaline components (43). MRI shows a homogeneously enhanced lesion with low signal on T1-weighted imaging and high signal on T2weighted one (44). In their case report of a female patient with a clinical suspicion of insulinoma and an inconclusive contrast-enhanced CT and MRI, Anaye et al. underlined the usefulness of DWI sequences in detecting and localizing small insulinomas especially for those with no hypervascular pattern, with high signal intensity on DWI. Furthermore, ADC in that area was reduced as compared to the normal pancreatic parenchyma (45).

Gastrinomas are the second most common functioning pNETs. Their location is usually in the 'gastrinoma triangle' (90%) that is a virtual space marked superiorly by the cystic and common ducts, inferiorly by the 2nd and 3rd parts of the duodenum and medially by the connection between the neck and body of the pancreas (46). These tumours tend to



Figure 4 Hypervascular liver metastases. These axial CT images show a huge pNET (black arrowhead) with non-homogeneous arterial (A) and venous (B) enhancement. Liver metastases (white arrows) show the same dynamic contrast enhancement of the primary pancreatic lesion. CT, computed tomography; pNET, pancreatic neuroendocrine tumour.

be smaller in size (0.3–3 cm), less vascular and with a higher probability than insulinomas to be extra-pancreatic (47). At CT examination, on baseline images they are hypodense, hyperattenuating in early enhanced phase and hypodense in the venous one. At MRI they show low signal intensity in T1-weighted images, high signal intensity in T2-weighted ones and enhancement in the pancreatic phase (48). In the study conducted by Semelka *et al.* analysing 22 pNETs, they found that gastrinomas are often different in appearance than other NETs as they usually have a ring-enhancement, whereas non-gastrinoma-non-insulinoma tumours usually enhance heterogeneously (49).

The others subtype of functioning pNETs represent 5% of this class, including glucagonoma, somatostatinoma, VIPoma, ACTHoma and PPoma. These functioning tumours have a low incidence and may show different clinical manifestations (47). They tend to be isolate lesions, larger than insulinomas, with non-specific and heterogeneous enhancement pattern that can be both hypodense or hyperdense, due to necrosis or haemorrhagic aspects. On MRI, they usually have low signal intensity on T1-weighted images and high signal intensity on T2-weighted ones. The article by Sofka et al. about a 2 cm VIPoma of the pancreatic tail demonstrated a moderate signal intensity of the lesion in T2- weighted images, suggesting that these tumours may have different aspects on T2-weighted sequences (50). Because of these variable imaging findings that may be present, above all for small hyperfunctioning ones, it seems that DWI may better depict and characterize small pNETs, due to its greater image contrast and functional information (51,52). Farchione et al. in their study affirmed that

DWI will be particularly useful in those patients with clinical suspicion for pNETs and with negative or suspicious conventional imaging findings, or in those with contraindications to contrast medium injection (53). Brenner *et al.* found that using both high b-value diffusion-weighted and T2-weighted MR images improve detection of pNETs relative to either technique alone (54).

Metastasis and mimics

Non-functional pNETs are usually malignant (90%), approximately 50-60% of gastrinomas show these characteristics, whereas 90% of insulinomas are benign (55). They can generate metastases above all in lymph nodes, bones and liver (Figure 4). Hepatic metastases usually show hypointensity or isointensity on T1-weighted imaging in comparison with the surrounding parenchyma, hyperintensity on T2-weighted sequences. In some rare cases they can have a different presentation with both hyperintensity on T1 and hypointensity on T2-weighted images. The same characteristics may be seen at CT. Also baseline imaging is very important in the evaluation of these lesions, as their enhancement is usually higher during the arterial phase (Figure 5) (56). On the other hand, in the study of Armstrong et al. on 51 patients who underwent triple phase CT, 23 demonstrated hypoenhancement pattern, 18 a mixed one and only 10 showed a hyperenhancement in arterial phase (Figure 1) (57).

Bone metastases frequently involved axial skeleton. They can show both osteolytic or osteosclerotic aspects at traditional radiography; 10% are purely osteolytic (58). They are not uncommon, observed in 42% of patients at Bicci et al. pNETs: spectrum of imaging findings-narrative review



Figure 5 Pancreatic tail pNET. These CT images [(A) axial arterial, (B) axial venous phase and (C) multiplanar reconstruction] show a pancreatic tail pNET (arrows) relatively hypodense, with non-regular margins, that infiltrates splenic hilum and vessels and cause segmental splenic infarct (curved arrow). Liver parenchyma is diffusely interested by multiple nodular metastases. pNET, pancreatic neuroendocrine tumour; CT, computed tomography.

Table 1 pNETs mimics and their main differential diagnosis

Mimics	Differential diagnosis
Metastases	Usually metastases from RCC: hypervascular lesions in patient with history of RCC
Intrapancreatic splenule	Usually in the pancreas tail: nodule with the same enhancing phases of splenic parenchyma
Mostly-solid serous cystoadenoma	Non distinguishable from pNETs; further investigations needed
GISTs	Mass from the stomach or duodenum; fat usually separates GIST from pancreatic parenchyma
Peripancreatic paraganglioma	A mass that does not come from pancreatic parenchyma (interposed fatty tissue)

RCC, renal cell carcinoma; GIST, gastrointestinal stromal tumour.

autopsy (59). Lesions are hypointense on T1-weighted images. Even if their predominant aspect is osteoblastic, they can show hyperintense and heterogeneous signal on T2-weighted images.

The differential diagnosis with pNETs, involve some other lesions (*Table 1*). For example, the metastases from renal cell carcinoma (RCC), are usually hyper-vascular and can be similar to the NETs (55). Gastrointestinal stromal tumours (GISTs), because of their position, arising from stomach or duodenum, and with their vivid contrast enhancement on arterial phase, with both cystic or necrotic phenomena are not easily discernible from a primary pancreatic tumour (9,60,61). pNETs can occasionally manifest as a primarily cystic tumours (for example mostly-solid serous cystadenoma) and differential diagnosis from other cystic neoplasms can be made through the evidence of their hypervascular rim (*Figure 6*) (62). It has to be remembered also that accessory spleens are commonly located in the pancreatic tail and with their high enhancement it can be difficult to distinguish them from pNETs (63). Zhang *et al.* reported two rare cases of paragangliomas of the pancreas, which are typically hypervascular, with cystic changes mimicking pNETs (64). Furthermore, especially non-functioning pNETs that are bigger in size, may invade surrounding structures and present with biliary obstruction, as the classic presentation for pancreatic adenocarcinomas (65-68).

Conclusions

pNETs are rare tumours but their incidence is growing because of our better radiological detection especially



Figure 6 pNET mimics a cystic neoplasm. A round partially cystic neoplasm of the pancreatic tail with a hypervascular rim that is typical of a pNET [arrow in (A)]. Venous phase in (B). pNET, pancreatic neuroendocrine tumour.

through CT and MRI. The management of patients with pNET is multidisciplinary and often multimodal: this underlines the importance of the radiologists as a fundamental figure that must be aware of the typical/ atypical imaging findings or mimics of pNETs, according to up-to-date literature, in order to facilitate the initial diagnosis and to help in the management in patients with such pancreatic lesions.

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