



# Current state of the art imaging approaches for colorectal liver metastasis

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**Abstract:** One of the most common cancers worldwide, colorectal cancer (CRC) has been associated with significant morbidity and mortality and therefore represents an enormous burden to the health care system. Recent advances in CRC treatments have provided patients with primary and metastatic CRC a better long-term prognosis. The presence of synchronous or metachronous metastasis has been associated, however, with worse survival. The most common site of metastatic disease is the liver. A variety of treatment modalities aimed at targeting colorectal liver metastases (CRLM) has been demonstrated to improve the prognosis of these patients. Loco-regional approaches such as surgical resection and tumor ablation (operative and percutaneous) can provide patients with a chance at long-term disease control and even cure in select populations. Patient selection is important in defining the most suitable treatment option for CRLM in order to provide the best possible survival benefit while avoiding unnecessary interventions and adverse events. Medical imaging plays a crucial role in evaluating the characteristics of CRLMs and disease resectability. Size of tumors, proximity to adjacent anatomical structures, and volume of the unaffected liver are among the most important imaging parameters to determine the suitability of patients for surgical management or other appropriate treatment approaches. We herein provide a comprehensive overview of current-state-of-the-art imaging in the management of CRLM, including staging, treatment planning, response and survival assessment, and post-treatment surveillance. Computed tomography (CT) scan and magnetic resonance imaging (MRI) are two most commonly used techniques, which can be used solely or in combination with functional imaging modalities such as positron emission tomography (PET) and diffusion weighted imaging (DWI). Providing up-to-date evidence on advantages and disadvantages of imaging modalities and tumor assessment criteria, the current review offers a practice guide to assist providers in choosing the most suitable imaging approach for patients with CRLM.

**Keywords:** Colorectal; metastasis; liver; imaging; tumor response

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## Introduction

According to 2018 global cancer statistics, colorectal cancer (CRC) is the third most common cancer type and the second leading cause of cancer-related death among women and men (1). One of strongest predictors of long-term prognosis is the presence of synchronous metastasis at the time of diagnosis or developing metachronous metastasis during the disease course (2,3). The liver is the first and most common site of metastatic disease in the overwhelming majority of patients (2). The overall survival of patients with CRC has dramatically improved over the last several decades, especially in developed countries, given the implementation of screening programs to detect the primary tumor, as well as due to advances in therapeutic options for patients with colorectal liver metastases (CRLM) (1,4,5). While a variety of treatment options are available for synchronous or metachronous CRLM, surgical resection remains the cornerstone modality that is associated with the best chance for long-term survival (6,7). However, patients with CRLM represent a heterogeneous population with a wide variety of liver involvement and, therefore, not all patients are suitable candidates for hepatic resection (8). In fact, even after curative-intent resection, the incidence of recurrence can be as high as 30–50% following surgery depending on the number, size, and genetic profile of metastases; in addition, the volume of remaining healthy liver is also an important prognostic factor especially relative to peri-operative outcomes (9–11). Medical imaging plays a substantial role in defining the best therapeutic approach for CRLM patients, including the suitability of surgical management relative to other treatment modalities such as systemic or loco-regional therapies [e.g., neoadjuvant chemo-radiotherapy, radiofrequency ablation (RFA), transarterial chemoembolization (TACE)]. In this article we review the current state-of-art imaging approaches for the initial diagnosis and surveillance of patients with CRLM.

## Staging

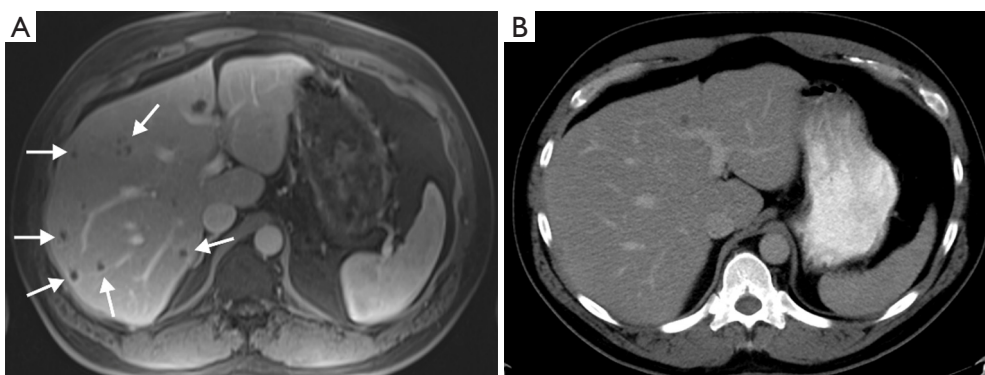
Following the diagnosis of any cancer, the determination of disease stage is important to help define an optimal treatment plan, as well as inform overall patient prognosis. Based on the latest guideline of the American Joint Committee on Cancer (AJCC), TNM system is one of the most accepted staging systems for CRC worldwide (12). In the TNM staging paradigm, T stands for tumor size and its local extension, N represents local lymph node

extension and M represents metastasis of the tumor to distant sites. Based on TNM, CRC has been categorized to 5 stages ranging from stage 0 (very early stage of the disease) to stage 4 (distant sites metastasis such as liver). Imaging plays an important role in TNM staging specially in detecting metastatic lesions. Currently, different imaging modalities are available for detection of CRLM including computed tomography (CT), magnetic resonance imaging (MRI) and fluorine 18 fluorodeoxyglucose (FDG) positron emission tomography (PET). CT is the most commonly used imaging method at most centers, however MRI should be used when detecting tumors smaller than 1 cm in the liver, as well as among patients with hepatic steatosis (13). Furthermore, multimodality imaging can provide more comprehensive information about the disease than use of a single modality alone. For example, although CT and MRI are the preferred modalities in detecting extra-hepatic and hepatic metastasis, the combination of functional and anatomical imaging modalities such as FDG-PET/CT and/or FDG-PET/MRI can improve the diagnostic performance of detecting intrahepatic and extrahepatic colorectal cancer metastases (14).

## CT

CT is the most commonly used imaging modality for the detection of colorectal metastasis (15,16). Multidetector computed tomography (MDCT) is preferred for staging as it can provide information about the chest, abdomen and pelvis in less time compared with other modalities (17). MDCT scanners with submillimeter detectors can scan the whole liver in a single breath hold with submillimeter collimation for more precise diagnosis. Axial slice thickness of 2–4 mm may be the best slice thickness for viewing liver metastatic lesions in practice (18).

Contrast-enhanced computed tomography (CE-CT) is the mainstay modality for staging patients with CRC (16). CRLM lesions are defined by their hypovascularity. CRLM typically appear as hypodense lesions in pre-contrast CT images, and as hypodense foci with a peripheral hyperdensity zone (rim-enhancement; i.e., target sign) in arterial phase images (19). Since liver colorectal metastases are hypovascular, the lesions can be best seen on portal venous phase images as hypoenhancing lesions in the background of enhancing liver parenchyma. The reported sensitivity of CE-CT for detecting liver metastases is within the range 52% to 84.6% (20). Pre-contrast phase images alone are limited in differentiating CRLM from



**Figure 1** A 51-year-old man with colorectal cancer (CRC) history. (A) Post contrast axial T1-weighted image in the venous phase shows several CRLM lesions less than 10 mm (arrows); (B) the lesions are less conspicuous on contrast enhanced computed tomography (CE-CT) in the venous phase. CRLM, colorectal liver metastases.

non-enhancing lesions like hepatic cysts (21,22); arterial phase images are superior for detection of hypervascular hepatic lesions (e.g., neuroendocrine, hepatocellular) that are different from CRLM. CT has an acceptable precision for initial detection of CRLM lesions (19). However, CT has a limited performance for detecting CRLMs smaller than 1 cm (*Figure 1*) (23). Scanning at slice thickness of 1 mm has not been shown to improve detection of liver lesions (24). More recently, MRI has been increasingly utilized for detecting CRLM due to its better sensitivity than CE-CT (25).

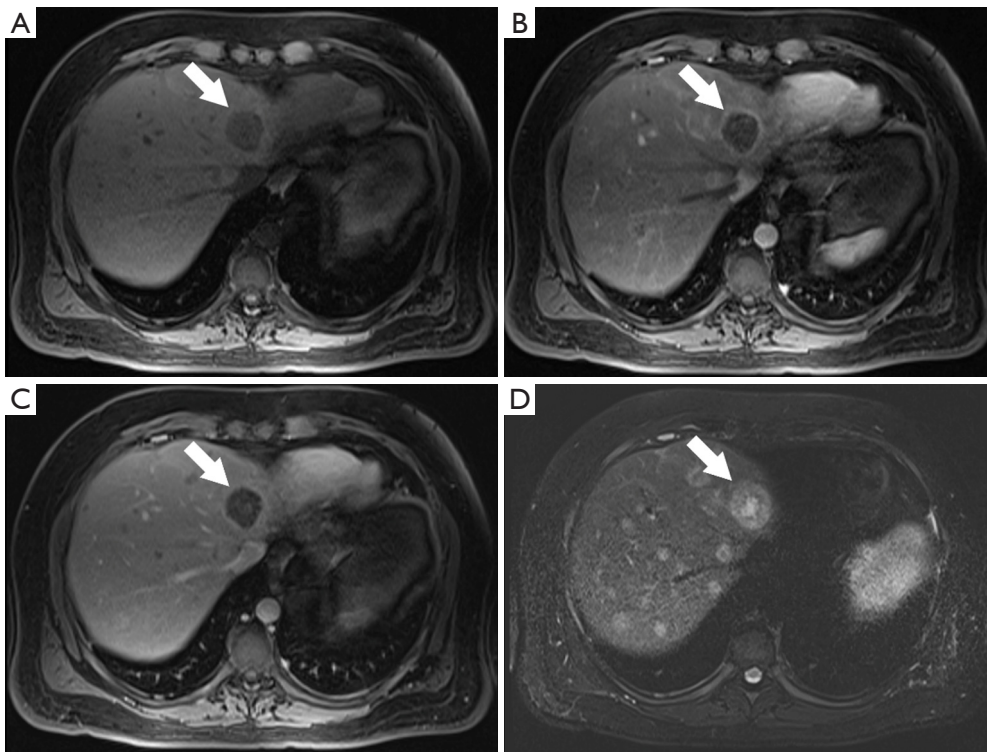
### MRI

In general, CRLM lesions can be diagnosed by several characteristic MRI features. These features include T1 hypointensity, T2 hyperintensity, restricted diffusion in diffusion weighted imaging (DWI) MRI, and hypoenhancement in gadolinium-based contrast-enhanced MRI (CE-MRI) (*Figure 2*) (26,27). Typically, CRLM demonstrate peripheral rim enhancement on the arterial phase and appear hypointense in the portal venous phase with delayed phase of enhancement (28). Not all CRLMs have these typical features, however, and some may be missed by MRI.

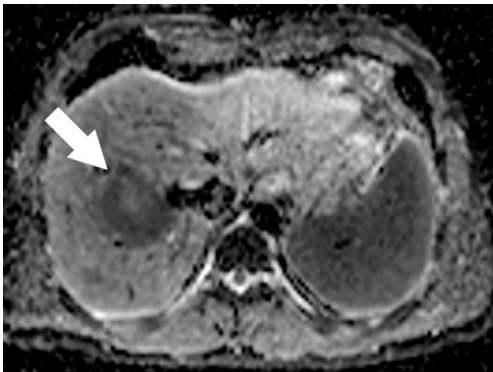
New MRI sequences such as DWI have improved accuracy in the detection and characterization of CRLM. DWI is based on measuring the Brownian motion of water molecules and uses the diffusion of water molecules to generate contrast on MRI images. One of the most important parameters of DWI-MRI is the apparent diffusion coefficient (ADC). The ADC map is a graphical display created by calculating the ratio of signal intensity in at least two DWI

images with different weighting degrees (b value) (*Figure 3*). DWI has been shown to be more sensitive than T2-weighted MRI for detection of CRLM (29). In fact, DWI-MRI has a sensitivity of 82% and a specificity of 90% as an initial modality for detecting distant metastases (30). One major advantage of DWI is its use for detection of liver metastasis in patients with contraindication to contrast administration due to poor renal function or allergy, which is a common issue in CT and MRI with contrast imaging (31).

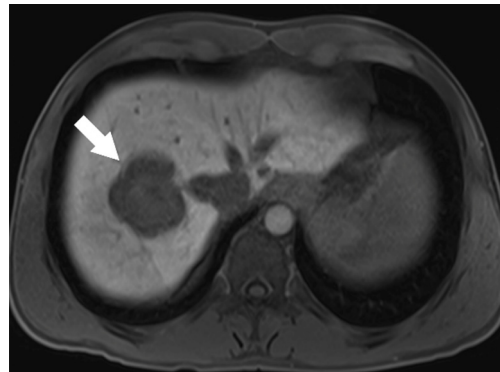
New hepatobiliary contrast agents have increased MRI sensitivity for detecting liver metastasis (32). Gadolinium-ethoxybenzyl diethylenetriamine pentaacetic acid (Gd-EOB-DTPA, marketed as Gadovetic acid, or Eovist, Bayer, Germany) has 50% excretion via the biliary system and 50% excretion via glomerular filtration (33). This contrast agent allows dynamic imaging and shows different enhancement characteristics for various liver diseases. In the hepatobiliary phase (~20 min), Eovist is taken up selectively by functioning hepatocytes. Metastatic lesions do not take up hepatobiliary contrast and appear as hypointense lesions versus the brightly enhanced normal liver parenchyma (*Figure 4*) (34). Hepatobiliary contrast enhanced MRI is known to be the most sensitive imaging modality for detection of CRLM (35). Gd-EOB-DTPA-MRI has better performance to detect CRLM compared with ECM (extracellular matrix) CE-MRI or CE-MDCT (36). DWI-MRI has similar sensitivity and specificity versus ECM CE-MRI for the detection of CRLM lesions (37) but this modality has less sensitivity than Gd-EOB-DTPA-MRI (30). Combination of DWI with either ECM CE-MRI or Gd-EOB-DTPA-MRI has a better precision than DWI-MRI or ECM CE-MRI alone (30,37). Overall, the



**Figure 2** Characteristics of CRLM lesion (arrow) in segment 2 of the liver in a 54-year-old male. (A) Hypointensity in axial pre-contrast T1-weighted image; (B) hypointensity in axial arterial phase of T1-weighted image with peripheral rim enhancement; (C) hypointensity in axial venous phase of T1-weighted image; (D) hyperintensity in axial T2-weighted image. CRLM, colorectal liver metastases.



**Figure 3** A 32-year-old man with a CRLM lesion (arrow). The figure shows hypointense signal on Apparent Diffusion Coefficient (ADC) map of axial diffusion weighted magnetic resonance imaging (DWI-MRI). CRLM, colorectal liver metastases.

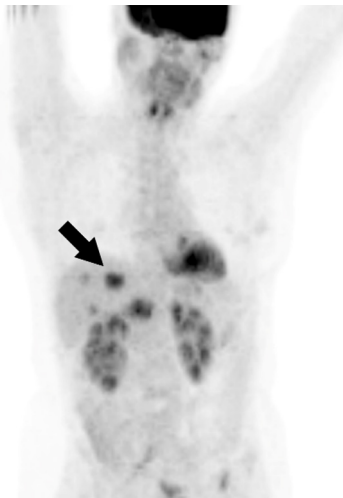


**Figure 4** A CRLM lesion (arrow) in the liver of a 32-year-old man with Gadoxetate disodium (Eovist) contrast-enhanced MRI in axial plane after 20 minutes which demonstrates hypointense signal in the tumor with enhancing liver parenchyma. CRLM, colorectal liver metastases.

sensitivity of ECM CE-MRI for detection of CRLM is within a range 76% to 85.7% and is superior to sensitivity of other modalities such as CE-CT (38). This superiority is more obvious for small lesions (13). Of note, MRI has

limited sensitivity for identifying extrahepatic metastatic lesion, which limits its role in CRC staging (19). Moreover, not all patients benefit from the high sensitivity of MRI for





**Figure 5** A 50-year-old female with several CRLM lesions (arrow shows one of them) in the liver which are detected by high  $^{18}\text{F}$ FDG uptake in positron emission tomography (PET) scan. CRLM, colorectal liver metastases; FDG, fluorodeoxyglucose.

detection of CRLM. Like all other MRI studies, patients need to be screened for contraindications including metal devices and implants. In addition, lack of patient compliance may result in significant breathing and motion artifacts.

### **FDG-PET/CT**

PET/CT can provide both anatomical and functional information about the tumors. The  $^{18}\text{F}$ FDG used in PET/CT is a glucose analogue and can be traced to the tumor (*Figure 5*) (39). Standardized uptake value (SUV) is one of the important parameters for evaluating the metabolic uptake of  $^{18}\text{F}$ FDG in tumor cells (39). SUV has better reproducibility than the other standardized measurable metrics (39). The major advantage of FDG PET/CT is its superiority in identifying extrahepatic metastatic lesions with a high accuracy up to 97%. FDG PET/CT is also useful to identify liver metastasis (*Figure 5*) (40-42). In one meta-analysis, the sensitivity and specificity of PET/CT for CRLM detection was reported to be 74.1% and 93.9%, respectively (43).

One limitation of PET that needs to be considered is that not all CRLMs are detectable by FDG. For example, mucinous tumors that account for approximately 17% of CRC tumors have no FDG uptake. Therefore, PET should not be utilized in this group of tumors (44). Moreover, PET/CT has a limited sensitivity in detecting metastatic

tumors less than 10 mm.

### **FDG-PET/MRI**

The role of FDG-PET combined with MRI has recently been introduced as a diagnostic method of detecting CRC metastasis. Kang *et al.* demonstrated the added value of PET-MRI to CT to detect extrahepatic CRC metastasis (45) while another study reported that PET-MRI can improve the limited sensitivity of PET-CT to detect small lesions (46). In general, the combination of PET and MRI can improve the detection of both intra- and extrahepatic lesions over PET/CT alone.

### **Staging in patients who have received chemotherapy**

The use of chemotherapy among patients with CRC plays an important role in improving patient prognosis. Systemic chemotherapy can result, however, in changes to the normal liver parenchyma as well as tumor features, limiting the sensitivity of cross-sectional imaging to detect CRLM lesions in the liver (47,48). For example, irinotecan can cause steatosis in up to 20% of patients (47,49). In turn, liver steatosis can cause hyper-echogenicity of the liver parenchyma that can affect the performance of ultrasound for detection of the CRLM lesions (50,51). CT has less sensitivity for CRLM detection among patients who have received chemotherapy for the primary CRC or in the preoperative setting for CRLM (19). Rather, MRI has been demonstrated in a meta-analysis to be the best modality choice for the diagnosis of CRLM lesions after systemic chemotherapy (32).

## **Pre-surgical planning**

### **Imaging modalities**

#### **MRI**

For the differentiation between benign hepatic lesions and CRLM, DWI-MRI can be very helpful (37). ADC measurements tend to be higher in benign than metastatic lesions, although there is still overlap with some benign lesions (52,53). Gd-EOB-DTPA-MRI can identify equivocal small hepatic lesions on CT with high accuracy and also can detect additional lesions that were missed by CT (26). The cost of Gd-EOB-DTPA-MRI is higher compared with ECM CE-MRI or CE-MDCT. However, since Gd-EOB-DTPA-MRI has better performance, it can decrease overall

cost of imaging. In particular, Gd-EOB-DTPA-MRI is increasingly being used as the initial imaging modality for detecting CRLM lesions before surgery planning (36).

### **PET/CT**

There are several studies that have demonstrated that PET/CT can change pre-surgical decisions due to extrahepatic findings not detected on CE-CT (54,55). In a study on 65 patients with CRC, FDG PET/CT identified extrahepatic metastatic lesions in 17% of cases leading to a change in surgical management (54). The Royal College of Physicians have defined some of the clinical uses of PET/CT: staging of patients with resectable tumors, better diagnosis of equivocal tumors, as well as pretreatment restaging among patients with possible recurrence (55). Considering the additional value in the detection of extrahepatic metastasis, FDG PET/CT can be included in the pre-surgical evaluation of patients with colorectal cancer even when liver metastasis is known (19).

While there are several treatment methods available for patients with CRLM, surgery is the most effective treatment for improving survival. Ideally, resection of CRLM involves total tumor resection with microscopically negative margins while maintaining as much normal liver parenchyma as possible. Accurate imaging can greatly facilitate treatment planning prior to surgery.

### **CRLM prognostic features**

The known prognostic factors for CRLM lesions include number of metastases, size and location of the lesions, response to systemic chemotherapy, hypo echogenicity of the tumor on ultrasound, presentation of disease (e.g., synchronous *vs.* metachronous), vascular invasion/proximity to vessels, as well as the quality of the underlying liver (56).

### **Liver parenchyma**

Surgeons usually determine the surgical plan based on the technical resectability of the disease, which includes the need to leave an adequate amount of normal liver following resection (49). Generally, 25% to 30% of functional liver remnant (FLR) with appropriate inflow and outflow must be preserved in order for surgical resection to be possible without the risk of liver insufficiency or failure. In the setting of preoperative chemotherapy, diabetes, or a steatotic liver, the goal FLR should be more in the range of 30% or even 40% if there are signs of liver fibrosis (47). Measurement of the liver total volume can be done by CT or MRI, which are reported to have similar performance in calculating liver volumetry (57). Including vessels can result in an overestimation of about 13% in total liver (58). Liver

volumetry needs more observation in patients who have undergone chemotherapy and have hepatic steatosis (59). Determining tumor burden can be possible after tumor volumetry (60). In addition to determining the FLR, anatomical variations within the liver parenchyma can have a role in determining resectability. CT and MRI are both good modality for pre-surgical planning, however MRI is better in defining biliary tract anatomy and CE-CT has better performance to indicate vasculature anatomy of the liver.

The CRLM tumors are often considered resectable, potentially resectable or non resectable. Potentially resectable tumors can become resectable after systemic chemotherapy or loco-regional therapies like preoperative portal vein embolization (PPVE) to decrease the size of the tumor or increase the liver segments' volume, respectively (61). Tumor features and liver parenchyma can be evaluated again before extra chemotherapy side effects (59).

### **Extra hepatic involvement**

Identification of extrahepatic tumors is also important for surgical decision-making because it can change the overall therapeutic plan. Typically, either CT alone of the chest and abdomen, or PET/CT is the preferred means to identify systemic disease. In particular, PET/CT has been reported to impact decision making in a subset of patients with CRLM whose disease may otherwise been missed on routine cross-sectional imaging (62).

### **Follow up**

Assessing response to treatment is critical in defining the next steps in the treatment plan and estimating prognosis among CRC patients. Tumor response can be evaluated by the "Response Evaluation Criteria In Solid Tumor" (RECIST), which is a morphologic-based criteria. RECIST evaluates response by assessing the change in size of the tumor. These criteria do not, however, take into account information about the intra-lesional features (63). Recent studies have confirmed that functional criteria can evaluate tumor response earlier than anatomical criteria. As such, tumor response can be measured using 2D axial slice or by semi-automatic 3D segmentation techniques. The latter may provide additional data about the whole tumor with higher reproducibility compared with only measuring the region of interest (ROI) area with 2D images (15,64). The functional characterization of the tumor can assist in predicting response, recurrence of the disease and survival. Imaging is also essential in the follow-up of CRLM patients,

and is typically done every 3 to 6 months for the first 3 years and then every 6 months for 3–5 years. CT and MRI are the most commonly used modalities for surveillance purposes (38).

### *Treatment methods*

Early prediction of treatment response is very important because there are several treatment methods that can be used in non-responders. In addition to surgical resection, other treatments for CRLM include systemic chemotherapy, RFA, Microwave ablation, TACE, and selective internal radiation therapy (SIRT). RFA and microwave ablation can be alternatives for patients who are not proper candidates for surgery. Ablation destroys tumor cells by an image guided needle. Proper ablation can be achieved when both the whole tumor and as well as safe margin of the normal liver parenchyma are destroyed within the ablation region. Post-ablation results can be evaluated best by contrast enhanced CT or MRI during the portal vein phase. Unsuccessful ablation can result in residual tumor and disease progression (65,66). In fact, recurrence following ablation can be as high as 20% to 60% (67,68). Hence, patients should be monitored after ablation for early diagnosis of progression and recurrence by examining the margin of the ablation area (69).

Systemic chemotherapy is another important treatment option that is frequently used in the treatment of primary CRC and CRLM. Currently FOLFOX (including Leucovorin Calcium, Fluorouracil and Oxaliplatin) and FOLFIRI (including Leucovorin Calcium, Fluorouracil and Irinotecan Hydrochloride) are the most commonly used chemotherapy regimens for CRLM. These treatments can decrease the size, number and viability of the tumors (70). Bevacizumab is a monoclonal antibody drug that can be added to chemotherapy regimens to blocks angiogenesis within the tumor. Early response evaluation after systemic treatment can be accomplished using morphologic and functional imaging features to make decisions around treatment response, continued use of a certain chemotherapeutic agent, or change to alternative regimens or loco-regional treatment.

In addition to systemic chemotherapy, TACE and SIRT are two loco-regional treatments that have cytotoxic tumor effects. TACE is a procedure that involves embolization of the arterial supply of the hepatic lesion and can be combined with delivery of chemotherapeutic drugs locally. SIRT is another loco-regional treatment method in which

radioembolization is used to treat the tumor. During this procedure, radioactive microspheres are released in the blood supply of the tumor. SIRT typically needs more time than TACE before there are detectable changes in the appearance of the tumor on functional imaging. Response to all these treatments can be evaluated by CT or MRI.

### *Systemic chemotherapy-related considerations*

Sinusoidal obstruction syndrome (SOS) is a side effect of chemotherapy that can be associated with oxaliplatin in up to 20% of patients (39). CT can identify signs of SOS including hepato-splenomegaly and portal vein thrombosis (38,71). Oxaliplatin can also cause focal nodular hyperplasia like lesions. These lesions can have similar imaging features as FNH-like hyperintensity on the post contrast MRI images (72).

Systemic chemotherapy can also result in downsizing of liver tumors to the point that the lesions disappear—so called “disappearing liver metastasis” (DLM) lesions (73). It is important to note, however, that just because the lesion has disappeared on imaging does not necessarily mean that there has been a complete histopathological response. In fact, DLMs can be found in up to 80% of patients (74). MRI can detect some of the DLMs even when no lesion is visible on CT. Specifically, multiparametric MRI with several sequences can have more efficacy in diagnosing DLM (62). Gd-EOB-DTPA-MRI is known to be the most sensitive preoperative modality for detection of DLMs (35); specifically, Gd-EOB-DTPA-MRI alone has a sensitivity of 48% and a positive predictive value of 92% on detecting DLM lesions. Adding Contrast Enhanced intra operational ultrasound (CE-IIOUS) can increase the sensitivity up to 99% and positive predictive value up to 98% (75).

### *Response and survival*

#### **CT**

Higher mean attenuation value on the pre-treatment CT is associated with better treatment response and overall survival (15). There are also other features related to CT texture analysis that are being investigated to better define treatment response and survival. Some of these CT texture variables include entropy, uniformity, skewness, kurtosis, standard deviation (SD) and the ratio of the tumor features to the liver. Entropy is correlated with heterogeneity, while uniformity is related to homogeneity. Skewness refers to an asymmetry of the distribution of signal density, kurtosis

is peakedness in pixel histogram and SD from the mean attenuation can be a variable of heterogeneity. Higher skewness and higher SD suggests increased heterogeneity within a tumor (15,76).

There is a discrepancy among recent studies regarding the prediction of treatment response and prognosis based on tumor heterogeneity and the portal venous phase of CE-CT. Some studies have not identified strong predictors and other reports have noted opposite results relative to the baseline heterogeneity (15,77,78). Some studies have reported that entropy in the liver is higher with an occult malignancy than a liver that has no metastatic disease (79-82). There is a pathological correlation between homogeneity and tumor grading that can be explained by dense cellularity of the tumor (77).

Post-treatment, CT responders have less entropy and higher uniformity. In contrast, among responders, most parts of the tumor become necrotic with more homogeneity whereas among non-responders some parts are still viable (83). Homogeneity features in post-chemotherapy CT has also been associated with better overall survival (84). Decrease in CT attenuation can predict early response after loco-regional treatments (85). Remaining viable parts in the treated tumor may be associated with less response to the treatment. If a tumor has residual rim enhancement on the post-treatment CE-CT, it may have viable parts in it; this finding has been confirmed by pathology correlation (86). There are, however, some limitations with CT imaging after cytotoxic treatments. As noted, post-chemotherapy liver steatosis causes lower attenuation in the image resulting in difficulties during the follow up which makes the MRI the better method to evaluate post treatment CRLM (65).

## MRI

MRI has been proposed to be the best modality for assessing response and monitoring treatment effect after most of treatments (38). One of the most important features to be evaluated is rim enhancement, as the remaining viable portions of the tumor are mostly in the periphery of the lesions after chemotherapy (87-89). Lower pre-operative tumor enhancement is associated with tumor necrosis in post-operative pathological studies. Tumors with higher enhancement are known to have better biology and therefore better survival (90). Pre-treatment Gd-EOB-DTPA-MRI can predict response, as patients with stronger delayed enhancement will respond better to the treatments and live longer (91). Response is usually defined by RECIST and mRECIST criteria in the clinical setting.

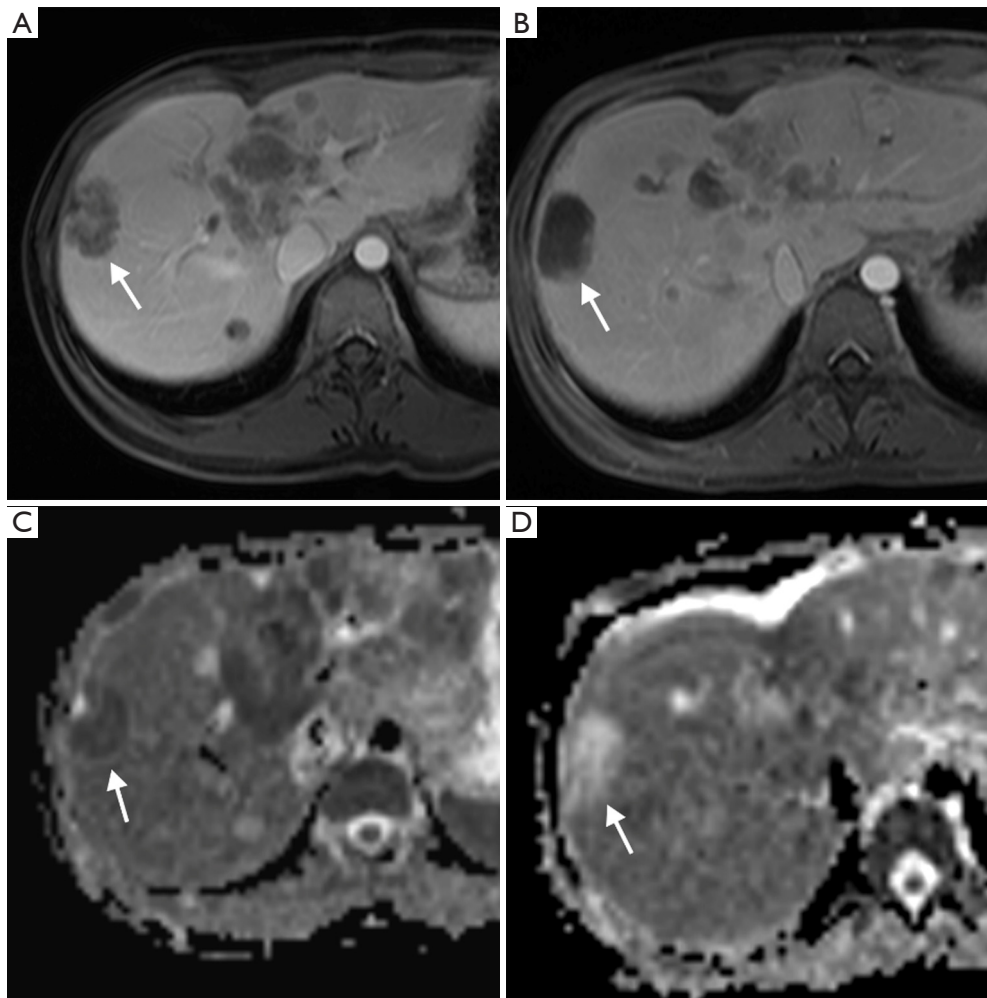
DWI-MRI may be utilized to predict response to the cytotoxic treatments (92). Mean ADC before and after the treatment have a strong relation with the final change in size of the CRLM lesion (93). There are still some discrepancies among recent studies. However, in general, low pre-treatment mean ADC can better predict outcomes (94). High pretreatment ADC has been pathologically confirmed to be correlated with necrosis (95). Less perfusion in these regions causes them to receive less chemotherapy that, in turn, causes worse tumor response (31,93,96). There is, however, no known correlation between Intravoxel incoherent motion (IVIM) and the pathologic viable regions (95). ADC also has a relation with tumor proliferation degree that can determine the cell density in a tumor (93,97).

Post-treatment response can be evaluated by increases in mean ADC. Treatments can damage tumor cell membranes and cause necrosis and fibrosis. These changes cause the water molecules to move freely. Therefore parts of the tumor with necrosis have higher ADC than viable parts (*Figure 6*) (98-100). ADC can evaluate the response in less than 2 days after treatment (101). There is a correlation between ADC of the tumor in post-treatment response and pathologic studies. Non-responding tumors have a higher tumor regression grade and lower ADC than responders (102). Some studies have reported that ROI on the entire tumor did not correlate with the residual tumor, while ROI on the periphery can represent residual tumor; (89) there are other studies that have reported ADC on the entire tumor ROI, the tumor center, or on the periphery can effectively categorize the tumor response (102).

## PET/CT

PET/CT can provide information about both the anatomical and functional features of the tumor with SUV being associated with the metabolic activity of the tumor. Glucose metabolism increases in cancer cells and is associated with more aggressive types of the tumor (39,76,103). Higher <sup>18</sup>F-FDG uptake in a tumor represents more viable parts of the tumor (39). A higher pre-treatment SUV is associated with a more pathological viable tumor, which can be associated with prognosis even more than demonstration of tumor shrinkage post-treatment (104). In fact, tumors with higher SUV in the pre-treatment imaging have a worse overall survival due to the more aggressive nature of these tumors (39). These tumors also have more risk of metabolic progression (105). As such, a higher metabolic tumor volume is a strong predictor of worse survival (106). In the post-treatment setting, a decrease in SUV on PET/CT has been





**Figure 6** Axial MRI in a 55-year-old woman diagnosed with CRLM (arrow) before and after loco-regional treatment: (A) post-contrast venous phase T1-weighted MRI image before treatment shows an enhancing tumor, which decreased in enhancement after treatment (B); on ADC maps the lesion is hypointense at baseline (C), and became hyperintense on follow up (D), indicating increasing necrosis. MRI, magnetic resonance imaging; ADC, apparent diffusion coefficient; CRLM, colorectal liver metastases.

associated with a good response, and has been associated with a greater chance of the patient being a complete responder and having a better long-term outcome (105).

### Conclusions

In conclusion, medical imaging plays an important role in CRLM management. The current review provides an overview of imaging approaches during staging, pre-treatment planning and follow up of patients with CRLM. CT is the mainstay of staging in most cancer centers and MRI has higher accuracy in primary diagnosis of synchronous and metachronous CRLM. PET-CT is a useful modality in detecting extra-hepatic

metastatic lesions. Currently new predictive models of different imaging modalities before or early after treatment provide a better estimation of treatment response. Early prediction of response can assist in future planning of patient management and may avoid potential side effects of un-necessary treatment.

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### Footnote

*Conflicts of Interest:* The authors have no conflicts of interest

to declare.

*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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