# MET: roles in epithelial-mesenchymal transition and cancer stemness

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**Abstract:** In a number of cancers, deregulated MET pathway leads to aberrantly activated proliferative and invasive signaling programs that promote malignant transformation, cell motility and migration, angiogenesis, survival in hypoxia, and invasion. A better understanding of oncogenic MET signaling will help us to discover effective therapeutic approaches and to identify which tumors are likely to respond to MET-targeted cancer therapy. In this review, we will summarize the roles of MET signaling in cancer, with particular focus on epithelial-mesenchymal transition (EMT) and cancer stemness. Then, we will provide update on MET targeting agents and discuss the challenges that should be overcome for the development of an effective therapy.

Keywords: MET; epithelial-mesenchymal transition (EMT); cancer stem cell (CSC)

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# Introduction

Receptor tyrosine kinases (RTKs) play pivotal roles in biological processes such as embryogenesis, organogenesis, and tissue regeneration. Epidermal growth factor receptor (EGFR) and MET are among most well-studied RTKs out of 14 RTK families. Given their profound roles in cell survival, proliferation, and migration, it is not surprising that RTK activation is a common feature of cancer.

Recent advances in genomics, cellular models, molecular and chemical genetics, to name a few, significantly increased our understanding in cancer and cancer-promoting signaling pathways. Cancer is a highly dynamic and heterogeneous disease. Genomic clonal diversity, cellular hierarchy, pleiotropic signal redundancy, and tumor microenvironment simultaneously influence tumor growth and dissemination. In addition, they are critical factors to determine the efficacies of molecularly targeted therapeutic reagents.

MET and its ligand hepatocyte growth factor (HGF) (also known as scatter factor) were first identified about

30 years ago, as transforming and/or oncogenic genes (1,2). Since then, the roles of HGF-MET signaling axis have been elucidated in critical phases of tumor initiation and progression, including proliferation, survival, migration, stemness, and resistance to radiation and chemotherapy. Now, HGF-MET signaling axis is a well-known therapeutic target in various cancers and multiple therapeutic reagents have been developed for clinical application. To achieve maximal therapeutic benefit in cancer patients, it is important to understand how MET signaling drives key oncogenic programs and identify which tumors are most likely to be responsive to MET-targeted therapies.

## HGF-MET signaling axis

The *MET* proto-oncogene is located on chromosome 7q31.2 and first identified in human osteogenic sarcoma in 1984 (1,3). MET extracellular component consists of N-terminal semaphorin (Sema), plexin-semaphorin-integrin (PSI), and immunoglobulin-plexin-transcription

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factor (IPT). MET intracellular component includes juxtamembrane, catalytic region, and docking site for adaptor proteins such as growth factor receptor bound protein 2 (GRB2), GRB2 association binding protein 1 (GAB1), Src homology 2 domain containing (SHC), phosphatidylinositol 3-kinase (PI3K) and others (4,5). *HGF*, located on chromosome 7q21.1, encodes a ligand to activate MET signaling cascade (6). HGF is a disulfide multidomain protein including N-terminal domain, four kringle domains, and C-terminal serin proteinase homology (SPH). It produces a single inactive precursor that is converted to active two-chain heterodimer linked by a disulfide bond.

Upon HGF binding, MET autophosphorylation occurs on two catalytic tyrosine residues (Tyr1234 and Try1235) within the kinase activation loop. Phosphorylation of two docking tyrosine residues near C-terminal tail (Try1349 and Try1356) forms a multifunctional docking site for signaling effectors (7). This leads to the activation of various signal transduction pathways for survival, cell growth, migration, angiogenesis, morphogenesis, and stemness. Downstream pathways that are activated by MET include PI3K-AKT, RAS-MAPK, Signal transducer and activator of transcription 3 (STAT3), nuclear factor-kappa B (NF-κB), and WNT (8-10). For example, MET activation facilitates the engagement of PI3K and GAB1 and leads to downstream signals through AKT. Then, AKT inactivates the pro-apoptotic protein BCL-2 antagonist of BAD and activates MDM2, thereby suppressing apoptosis and promoting cell survival (11). In addition, AKT also activates mammalian target of rapamycin (mTOR), which regulates cell proliferation.

GRB2-son of sevenless (GRB2-SOS) complex, formed by MET signaling, leads to activate RAS and subsequently activate RAF kinases, MAPK effector kinase (MEK), and MAPK. MAPK phosphorylates ERK to regulate cell cycle progression and cell motility (12,13). NF- $\kappa$ B signaling stimulates downstream gene transcription relating cell proliferation and transformation. Connection between MET and NF- $\kappa$ B signaling appears to be mediated by phosphorylation of either PI3K-AKT or SRC, which activates inhibitor of nuclear factor kappa B kinase (IKK) to induce degradation of I $\kappa$ Bs and activation of NF- $\kappa$ B (14).

MET is known to interact with STAT3. STAT3 can directly bind to MET and induce STAT3 phosphorylation, which is necessary for cancer cell transformation and invasion, and endothelial cell proliferation and tubule morphogenesis (8,15). Similarly, MET can interacts with integrin  $\alpha$ 6 $\beta$ 4, CD44, and plexin B1 to promote migration,

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invasion, and metastasis (16-18). Furthermore, MET can interact with and activate multiple RTKs. The crosstalk between MET and other RTKs including AXL, PDGFR, EGFR, ERBB2, ERBB3, RON, and VEGFR involve the regulation of organogenesis, oncogenic pathways, and resistance of targeted therapies (19-23).

Downregulation of MET signaling is achieved in a similar manner to other RTKs. Degradation of MET is initiated after ligand-dependent activation of receptor through endocytosis. The ubiquitin E3 ligase CBL induces degradation of MET by recognizing the phosphorylated Tyr1003 in the juxtamembrane domain of MET and interacting with CBL-interacting protein 85 (24,25). Another mechanism of MET downregulation is through the regulated proteolysis mediated by a disintegrin and metalloprotease (ADAM) like protease. The intracellular domain undergoes proteolysis by  $\gamma$ -secretase and subsequently degrades by proteasome (26).

# Physiological roles of MET signaling

During normal development, the interaction between MET (expressed in epithelial cells and myoblast progenitors) and HGF (secreted from mesenchymal cells) is tightly regulated and plays central roles in organogenesis. During embryogenesis, MET promotes survival and proliferation of hepatocytes and labyrinth trophoblast progenitor cells to generate the placental labyrinth (27). MET knockout impeded placental and liver development leading to death of the animal, indicating critical roles of MET in these developmental programs (28). MET controls epithelial-mesenchymal transition (EMT) of long range migrating myogenic progenitor cells during hypaxial muscle development (29). Moreover, MET is responsible for the development of sensory neuron to induce survival and differentiation from progenitor cells and axon outgrowth (30). In adult, MET regulates organ regeneration in liver, skin, and kidney upon acute or chronic damage (31-33). METexpressing bone marrow stem cells migrate to and involve in the repair processed in the injured tissues such as liver, skeletal muscle, and damaged neuronal tissue. Consistent with this, HGF levels are increased in patient stroma after hepatectomy and renal transplantation (34,35). Conditional MET knockout in mice hepatocytes inhibited cell cycle progression and liver regeneration after hepatectomy (31,36). In addition, MET is essential for proliferation and correct orientation of the keratinocytes during skin wound repair (32). These data collectively suggest that

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MET signaling promotes EMT process during embryonic development and cell survival during the life.

# MET signaling in cancer

Aberrantly activated MET pathway contributes to tumor progression, invasion, metastasis, and recurrence by promoting tumor cell survival, proliferation, migration, EMT, angiogenesis, treatment resistance, and maintenance of stemness.

# **Proliferation and survival**

Activation of MET enhances tumor cell proliferation in gliomas (37), lung cancer (38), and head and neck squamous cell carcinomas (HNSCCs) (39) through activation of downstream cascades such as c-Myc and STAT3. Overexpression of HGF or MET enhance tumor growth in animal models (40,41), while short hairpin RNA (shRNA) mediated MET knockdown significantly suppressed tumor growth (42). HGF/MET signaling inhibits tumor cell apoptosis induced by chemotherapy and irradiation. For example, MET activation by HGF was shown to significantly decrease cisplatin, taxol, and gamma irradiation-induced cell death in glioblastoma (43).

## Migration, invasion and metastasis

Similar to developmental processes, HGF-MET signaling axis stimulates cancer cell motility (40,41). As shown in *MET* knockdown *in vivo* model of HNSCC, MET inhibition induced the decreased cell motility, lymph node metastasis, and subsequent prolongation of animal survival (44). HGF increases invasiveness through matrix metalloproteinase-2 (MMP-2) and urokinase-type plasminogen activator (uPA) expression and activation. Furthermore, high levels of MET and Snail, a key regulator of EMT, correlate with highly invasive tumor phenotypes and portend poor prognosis in basal breast cancer (45). MET induces metastasis in different organs through RAS-MAPK, RAC1, and WNT activity in cancer (10,46).

# Angiogenesis and stromal cell communication

MET induces tumor angiogenesis through stimulation of endothelial cell proliferation, migration, and tubulogenesis (47,48). MET mRNA expression is positively regulated by hypoxia inducible factor  $1\alpha$  (HIF1 $\alpha$ ), an oxygen sensor in several types of cancers (48-50). MET signaling induces the expression of vascular endothelial growth factor A (VEGFA) by interaction of SHCs and reduces thrombospondin 1 (TSP1), the angiogenesis suppressor (23). MET and VEGFR could not transphosphorylate each other, but share common signaling molecules including MAPK, ERK, AKT, and FAK (51). Activation of MET in endothelia cells enhances proliferation, migration, elongation in collagen gels and angiogenesis in a matrigel plug assay (47,52). In contrast, MET inhibitor (decoy MET) reduces tumor growth via in part by inhibition of angiogenesis (47).

MET pathway also regulates bone marrow derived cells in tumor progression. Activation of MET-STAT3 signaling induces myeloid derived suppressor cells to suppress immune system in cancer by HGF secretion in mesenchymal stem and progenitor cells. Myeloid derived suppressor cells express inducible nitric oxide synthase (iNOS) and arginase 1 to activate regulatory T cells (53). HGF/MET signaling also suppresses dendritic cells antigen presenting ability, Th1 and Th2 immune responses, and induces anti-inflammatory cytokines (54). HGF induces secretion of chemokines (MIP-1 $\beta$ , MIP-2 $\alpha$ ), interleukins (IL-6, IL-8, IL-10), and iNOS in monocytes (55,56) and upregulates NF- $\kappa$ B signals in macrophages to induce antiinflammatory roles (57).

# Cancer stem cells (CSCs)

CSCs are a subpopulation of highly tumorigenic cells that harbor stem cell characteristics. While our understanding of CSCs is still evolving, studies from multiple groups support the model that CSCs drive GBM propagation and foster resistance to conventional therapies such as radiation and chemotherapy (58-60). HGF/MET signaling is essential for CSC maintenance in several cancers including colorectal (61), breast (62), prostate (63), pancreatic cancer (64), and glioblastoma (65). In colorectal cancer, MET activates WNT-\beta-catenin signaling cascade to promote stemness and invasion (10,66). Moreover, HGF increases  $\beta$ -catenin activity through phosphorylation of β-catenin and interaction with BCL9L, which enhances β-catenin transcriptional activity to regulate migration and invasion (67). During breast cancer metastasis to bone, bone derived HGF activates MET-WNT-β-catenin signals to maintain stem cell properties (68). In mouse model of basal-like breast cancer, constitutive activation of MET suppresses differentiation of mammary luminal progenitor cells and induces stem cell characteristics (69). In prostate and pancreatic cancer, both HGF and MET are reported to be preferentially expressed in stem-like tumor cells (70,71). While preferential expression of MET in stem-like cells in various cancer, it is unclear whether HGF expression has

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similar pattern. In glioblastoma, MET activation promotes stemness and induces invasive phenotype (72). Several groups have shown that MET is preferentially expressed in glioblastoma stem cells (GSCs) and confer radio-and chemo resistance to GSCs. Using xenograft models, MET inhibitors (anti-HGF, anti-MET, and MET targeted small molecule inhibitors) decrease tumor progression and the expression of stem markers such as, CD133, Sox2, and Nanog (73). Thus, these studies collectively support the roles of MET signaling in CSC maintenance.

# Treatment resistance

Chemotherapy and radiation therapy are considered as standard-of-care for cancer patients. While these treatments exert cytotoxic effects and reduce tumor burden, however, tumors often acquire resistance and eventually recur. MET signaling sustains resistance mechanism by promoting invasive growth program and/or EMT-like properties and protecting cells from apoptosis. Cisplatin treatment induces MET expression in HNSCC during metastasis (74). Taxanes increases MET expression through suppression of MET targeted miR-31 in ovarian cancer (75). The expression of MET is increased after radiation by ATM kinases and NF-KB to protect from DNA damage agents (76). During cell response to DNA damage, loss of functional mutations in p53 leads to activate MET through accumulation of MET mRNA by suppression of miR-34 and activation of Sp-1 (77); stimulation of MET protein endocytosis by Rab-dependent receptor recycling (78).

MET signaling is one of major resistance mechanisms to targeted therapies. Most prominent examples include MET dependent resistance in EGFR inhibitor therapies. In lung tumors in which tumors responded to EGFR inhibitors initially but became resistant, MET hyperactivation has been found in tumors. Overexpression of MET can bypass EGFR and activate PI3K-AKT signals in these tumors (79,80). Moreover, HGF induces resistance to EGFR therapies through recruitment Axl and EphA2 in EGFR complex. Co-treatment with anti-MET and EGFR inhibitors significantly suppress tumor growth and recurrence (81), suggesting a potential combinatory therapeutic approach. Crosstalk between MET and other RTKs including Axl, EGFR, ERBB2, ERBB3, RON, and IGF1R is known to be responsible for resistance to other targeted therapies (20). A major resistance mechanism against anti-VEGFR therapies in glioblastoma involves MET signaling (82). In bevacizumab resistant tumors, MET was induced by hypoxia and promoted tumor cell invasion

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and survival. Suppression of MET in bevacizumab resistant glioma models impeded tumor invasion and prolonged animal survival (83). In melanoma, MET contributes to resistance to the BRAF inhibitor, vemurafenib via activation of ERK-MAPK and PI3K-AKT (84). Collectively, MET signaling is a key resistance mechanism against therapies and need to be targeted to overcome tumor resistance.

# Genetic abnormalities in cancer

Aberrantly activated or deregulated HGF/MET axis has been found in several human tumor types including liver, lung, brain, breast, bladder, colorectal, and gastric cancer and contributes to tumor progression, survival, and invasion (85,86). Hyperactivation of HGF/MET signaling occurs by chromosomal rearrangement (1), chromosome and/or focal amplification (87), activating mutations (88), increased ligand expression (89), and alterations in other pathways (77,90). MET was discovered as TPR-MET oncogene [translocated promoter region (tpr) and MET kinase domain] in human osteosarcoma (91) and gastric cancer (92). Recently, MET fusion proteins (CLIP2-MET and PTPRZ1-MET) were identified in pediatric glioblastoma up to 10% of cases (93). MET gene amplification has been identified in non-small cell lung cancer (NSCLC), HNSCC, breast, colorectal, gastric cancer, and glioblastoma (94). In NSCLC, MET amplification is positively correlated with poor prognosis (87). In colorectal cancer, MET amplification significantly increased invasive phenotype during tumor progression and metastasis (90). In gastric cancer, MET amplification portends poor patient survival. The frequencies of MET amplification range from 2% to 24% in gastric cancer (87,95). Compared to the frequencies of MET gene amplification, activating MET mutations appear to be relatively rare in solid tumors. The first identified missense mutations in kinase domain (M1268T, Y1235D, and Y1230C/H/D) are related to development of hereditary papillary renal cell carcinoma (RCC) (88). Kinase domain mutations in MET protein lead to constitutively active kinases and increase accumulation of MET through avoidance of lysosomal degradation (96). Mutation in the binding site of CBL enhances MET phosphorylation in NSCLC and melanoma (97). HGF levels are often elevated in cancers and stroma in NSCLC, HNSCC, gastric, brain, and breast cancer via upregulation of MET signaling. HGF is also co-expressed with MET in cancer to drive invasive phenotypes and metastasis in breast cancer and acute myeloid leukemia (AML) (98-100). Independent of genomic alterations, hyperactivation of MET in cancer can be

achieved by the increased MET mRNA level. For example, MET expression is induced by hypoxia (HIF1 $\alpha$  mediated transcription) (50,101) and inflammatory cytokines (interleukin-6 and tumor necrosis factor- $\alpha$ ) (102,103), tumor suppressor p53 (77), and MET targeted microRNAs (miR-1 and miR-34) (90).

# MET-targeted therapies

HGF and MET targeted inhibitors have been developed and tested in preclinical and clinical trials in numerous tumors (104-106). These reagents include blocking antibodies against HGF or MET, and small molecule inhibitors that could target the active site of MET to suppress phosphorylation or the interaction between MET and downstream signaling effectors.

# Anti-HGF antibodies: ficlatuzumab and rilotumumab

Ficlatuzumab is a humanized HGF monoclonal antibody under used in a phase II investigation of Asian lung adenocarcinoma patients (104). Patients were treated with ficlatuzumab in combination with gefitinib (an EGFR inhibitor), or gefitinib alone. The treatment groups did not show significant differences in overall survival (OS) and progression-free survival (PFS), but high HGFexpressing subgroup showed the prolonged OS and PFS with combination therapies. This result suggests that HGF inhibition can suppress resistance to the EGFR therapy and subsequent tumor progression. Ongoing phase II study is planned to compare ficlatuzumab plus erlotinib to erlotinib alone in NSCLC patients whom were selected for EGFR mutational status. Rilotumumab is another HGF targeted human monoclonal antibody and has been studied in phase II trials in gastric cancer or gastroesophageal junction adenocarcinoma under treated with cytotoxic agents such as cisplatin, epirubicin, and capecitabine. MET-positive patients showed the increased OS and PFS in rilotumumab plus chemotherapy (105). However, phase II studies in recurrent glioblastoma patients and castration resistant prostate cancer patients did not show significant effects for rilotumumab (106).

# Anti-MET antibodies: onartuzumab (MetMAB)

Onartuzumab is a humanized monoclonal antibody that directly binds to the Sema domain, the ligand binding site of MET, and inhibits the interaction between HGF and MET. In NSCLC, a phase II trial compared onartuzumab plus erlotinib with erlotinib alone. Significant improvements of OS and PFS were observed in MET positive subgroup (107,108). Onartuzumab is also being tested in a phase III study in metastatic HER2-negative, MET positive gastroesophageal cancer, and phase II study in metastatic colorectal cancer and glioblastoma (109).

# Small molecule inhibitors: crizotinib, cabozantinib, foretinib, tivantinib

Crizotinib is a multi-kinase inhibitor including MET, anaplastic lymphoma kinase (ALK) and ROS1. This drug has been approved for ALK positive NSCLC patients. Crizotinib significantly increased PFS and OS in NSCLC patients (110). Moreover, crizotinib could inhibit MET in preclinical studies and showed high efficacy in METoverexpressing NSCLC tumors in phase I and II trials (111).

Cabozantinib is an orally available multi-kinase inhibitor targeting MET, VEGFR2, RET, KIT, and FLT3 and it was approved for treatment of progressive, metastatic medullary thyroid carcinoma (MTC) (112). Foretinib is an oral multikinase inhibitor targeted MET, RON, AXL, TIE2, and VEGFR and tested clinical efficacy in metastatic gastric cancer (113). In advanced papillary RCC, foretinib showed efficacy in overall response rate (13.5%) (114). Tivantinib is a non-ATP competitive inhibitor for MET. Phase II trial for tivantinib monotherapy increased PFS but could not improve OS in HCC patients (115). A phase III trial of tivantinib plus erlotinib and erlotinib alone in EGFR tyrosine kinase inhibitor-naive NSCLC patients showed limited therapeutic responses (116).

# Conclusions

MET signaling promotes various oncogenic programs during tumor initiation, progression, metastasis, and treatment resistance. Accordingly, various MET targeting approaches have been developed and some of which are in advanced stages of clinical trials (*Figure 1*). There are several critical factors to be considered for the maximal therapeutic benefit of MET-targeted therapy.

It is increasingly clear that genetic complexity, inter- and intra-tumoral heterogeneity, and molecular adaptability of cancer can determine therapeutic responses of molecularly targeted therapies. A clear discordance between profound anti-tumor effects in preclinical studies and clinical benefit in human patients has been frequently observed.



Deregulation of MET signaling

2. High expression of MET and/or HGF

3. Cross-activation with other receptors

**Figure 1** MET signaling in cancer. (I) MET signaling is deregulated in cancer through genomic amplification, fusion, and activating mutations, high expression of HGFR and/or HGF, and cross activation with other receptors; (II) activation of MET signaling induces proliferation and survival, migration, invasion and metastasis, angiogenesis and stromal cell communication, cancer stem cell traits, therapeutic resistance and EMT; (III) therapeutic targeting of HGF/MET signaling pathway has been developed and tested in clinical trials, such as, MET blocking antibodies (MetMAB), and small molecule inhibitors (crizotinib, cabozantinib, foretinib, tivantinib). HGF, hepatocyte growth factor; EMT, epithelial-mesenchymal transition.

While there are multiple reasons behind this discrepancy, stratification of the patients who are most likely to respond to MET-targeted therapies may significantly improve clinical outcomes. The patient subgroup with genomic MET alterations is one of most obvious choices. Compared to the patients with EGFR alterations, patients with genomic MET alterations were relatively infrequent. Recent advances in genomic screening may facilitate preselection of these patient groups. For example, whole genome sequencing of pediatric glioblastoma recently identified the patient subgroup with oncogenic MET fusion and crizotinib showed strong anti-tumor effects in this subgroup (93).

As learned from EGFR-targeted therapies, *de novo* mutations or expansion of minor resistant clones can

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emerge from MET-targeted therapies. Through analysis of patient specimens before and after treatment will be important to understand the potential resistance mechanisms and identify the biomarkers that are associated with therapeutic responses. Currently, biomarkers used in MET-targeted therapies are rather limited to the expression levels of HGF and/or MET. Additional molecular markers that predict the MET pathway dependency of the tumor or therapeutic effects of MET targeting are urgently required.

Hyperactive MET signaling in CSC subpopulation and EMT process may occur independent of genomic alterations. MET signaling is a crucial regulator of EMT and stem cell renewal in early embryonic development and adult stem cells. The roles of MET in stem cell renewal and EMT may share common downstream signals because EMT has been linked to acquisition of stem cell status (117). As MET pathway activation has been implicated in treatment resistance mechanisms including irradiation and EGFRtargeted therapies, combination therapies involving METtargeting should be attractive therapeutic approaches. One of potential concerns in MET-targeted therapies is systemic toxicity of the drug. As MET signaling is implicated in normal stem cell maintenance, tissue repair and hematopoiesis, treatment of MET inhibitors may induce unwanted side effects including myelosuppression and mucosal injury and wound healing complications (7). Indeed, peripheral edema has been associated in multiple tumor types after MET inhibitor trails, because of the suppression of MET signaling in vascular endothelial cells (118). Localized delivery of anticancer drugs may offer advantages by decreasing systemic side effects and achieving a high intratumoral drug concentration (119).

Challenges inherent in developing effective cancer therapeutics include genetic complexity, inter- and intratumoral heterogeneity, molecular adaptability of tumor, CSC, and treatment resistance. MET-targeted therapies have a potential to become an effective and sustainable anticancer approaches.

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# Footnote

*Conflicts of Interest:* The authors have no conflicts of interest to declare.

<sup>1.</sup> Genomic amplification, fusion, activating mutations

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