



Predictive risk factors of acute kidney injury after on-pump coronary artery bypass grafting

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Background: Acute kidney injury (AKI) is a common complication after coronary artery bypass grafting (CABG) and increases the risk of short and long-term morbidity and mortality. The aim of our study is to identify preoperative and intraoperative risk factors for development of AKI after primary isolated on-pump CABG.

Methods: In the retrospective study, 210 consecutive patients who underwent primary isolated on-pump CABG from January 2007 to March 2016 were included. The patients were divided into without AKI group (Group 1) and AKI group (Group 2) after operation. The s-Cr levels were recorded pre and postoperatively. The demographics, preoperative and postoperative data were collected from patient's medical profile and analyzed statistically.

Results: AKI developed in 40.5% of the patients (85 patients out of 210 patients). Age (Group 1; Group 2, 63.7±8.6; 67.2±8.2, P=0.004), body surface area (BSA) (Group 1; Group 2, 1.71±0.16; 1.64±0.16, P=0.003), body weight (Group 1; Group 2, 64.1±10.0; 60.7±10.2, P=0.017) were statistically significant for the development of AKI. However, preoperative hemoglobin, blood urea nitrogen (BUN), creatinine, estimated glomerular filtration rate (eGFR) and C-reactive protein (CRP) were not significant. As intraoperative factors, total pump time (TPT), aortic cross clamp time and transfusion were not significant. Female gender (OR 1.88; P=0.044), preoperative proteinuria (OR 2.711; P=0.011) and emergent operation (OR 2.641; P=0.035) were risk factors in univariate analysis. Preoperative proteinuria (OR 2.396; P=0.035) was only risk factor in multivariate analysis.

Conclusions: Preoperative proteinuria was an independent predictor of postoperative AKI in patients undergoing primary isolated on-pump CABG. The accurate risk prediction of AKI after surgery can help clinicians manage more effectively in high-risk patients.

Keywords: Acute kidney injury (AKI); coronary artery bypass grafting (CABG); risk factor

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Introduction

Acute kidney injury (AKI) is a common complication after coronary artery bypass grafting (CABG) and increases the risk of short and long-term morbidity and mortality (1-4). Actually, the incidence of AKI after cardiac surgery is

from 1% to 30% (1,5). In addition, AKI is associated with increased in-hospital mortality and a risk of progression to chronic kidney disease (CKD) (6). After cardiac surgery, renal replacement therapy (RRT) requiring AKI leads to a mortality rate as high as 25% (7,8). Moreover, even small elevation of postoperative serum creatinine (s-Cr) level

Table 1 Kidney Disease Improving Global Outcomes (KDIGO) guideline (2012 KDIGO)

Stage	Scr
1	1.5–1.9 times baseline or ≥ 0.3 mg/dL increase
2	2.0–2.9 times baseline
3	3.0 times baseline or increase in Scr ≥ 4.0 mg/dL or initiation of RRT

Scr, serum creatinine; RRT, renal replacement therapy.

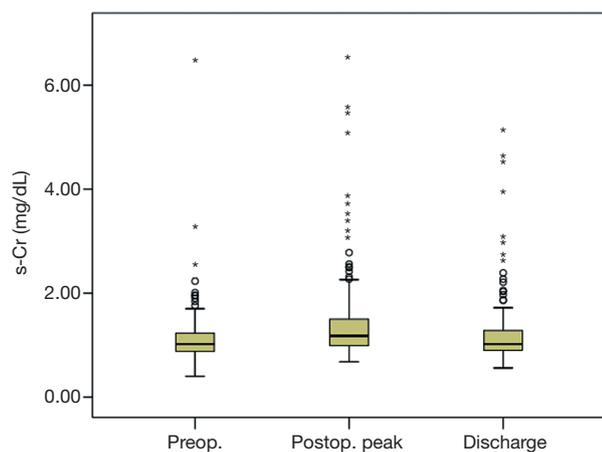


Figure 1 The level of s-Cr in preoperative level, postoperative peak level, and last level prior to discharge. *, the level of serum creatinine. s-Cr, serum creatinine; Preop, preoperative; Postop, postoperative.

causes significant adverse outcomes (1,2,9). In fact, patients with mild AKI are usually responsive to medical therapy and eventually show spontaneous recovery. Clinicians can use predictive risk factors to better stratify the risk for AKI in patients undergoing cardiac surgery and to help inform their decision to operate. Therefore, prediction of AKI is very important in both physicians and surgeons. The aim of study is to investigate preoperative and intraoperative risk factors for development of AKI after primary isolated on-pump CABG.

Methods

Patients

This retrospective cohort study included 210 consecutive patients who underwent primary isolated on-pump CABG, from January 2007 to March 2016, at the Yeungnam

University Hospital. All patients are Asian race. Patients were excluded from the analysis if they were undergoing RRT before operation, had end-stage renal disease (ESRD). The patients were divided into without AKI group (Group 1) and AKI group (Group 2) after operation.

Collection and definitions

The clinical data of all patients were collected from electronic records. The body surface area (BSA) was calculated by Mosteller formula. The preoperative s-Cr values were defined as within 5 days before the surgery. Postoperative AKI was defined and classified as increase in the s-Cr by 0.3 mg/dL or more or 1.5 times or greater than baseline level, according to the Kidney Disease Improving Global Outcomes (KDIGO) guideline (Table 1). The s-Cr levels were recorded pre and postoperatively (Figure 1).

We compared the peak levels of s-Cr between pre-operation and post-operation. Proteinuria was measured with a dipstick test before surgery. Proteinuria was defined as a trace or more of protein on a urine dipstick test. We statistically analyzed variables and characteristics of all patients as risk factors of AKI after surgery. We investigated the correlating factors for the ratio of increase of s-Cr level.

Statistical analysis

Statistical analysis was conducted using the SPSS software package (ver. 23.0, IBM SPSS). Continuous variables were presented as the mean \pm standard deviation and categorical variables as a percentage. In order to identify risk factors for AKI we analyzed differences between Group 1 and Group 2.

An unpaired *t*-test was used to compare the means between two groups, and the chi-squared test was applied to compare the proportions between two groups of subjects. Univariate logistic regression was used to evaluate the risk factors associated with AKI. Multiple logistic regression analysis was performed to identify independent risk factors for AKI.

The data were listed as the odd ratios (ORs) with 95% confidence intervals (CIs). A two-tailed *P* value < 0.05 was considered statistically significant. Linear regression analysis was used to investigate the correlation between risk factors and the ratio of increase of s-Cr level.

Results

Patient characteristics

AKI developed in 40.5% of the patients (85 patients out

Table 2 Association between RRT requiring AKI and mortality according to postoperative AKI staging

Damage stage (total n=210)	CRRT cases (deaths), n=6 (3/50%)	Total deaths (n=11)
Stage 0 (125/59.5%)	0 (0)	1 (0.8%)
Stage 1 (69/32.8%)	1 (1/100%)	5 (7.2%)
Stage 2 (12/5.7%)	3 (2/66.6%)	4 (33.3%)
Stage 3 (4/2%)	2 (0/0%)	1 (25%)

AKI, acute kidney injury; CRRT, continuous renal replacement therapy; RRT, renal replacement therapy.

of 210 patients). We classified AKI into stage 1, 2, and 3 according to KDIGO guideline. Out of 85 patients who developed AKI, 69 patients had stage 1, 12 patients in stage 2, and 4 patients with stage 3. RRT was required to 1 patient in stage 1, 3 patients in stage 2, and 2 patients in stage 3 respectively. The mortality rate of Group 1 was 0.8% (1 patient out of 125 patients) while Group 2 showed the mortality rate of 11.8% (10 patients out of 85 patients) (Table 2).

Multivariate analysis for predictors of AKI after CABG

Age (Group 1; Group 2, 63.7 ± 8.6 ; 67.2 ± 8.2 , $P=0.004$), BSA (Group 1; Group 2, 1.71 ± 0.16 ; 1.64 ± 0.16 , $P=0.003$), body weight (Group 1; Group 2, 64.1 ± 10.0 ; 60.7 ± 10.2 , $P=0.017$) were statistically significant between groups. Preoperative hemoglobin, blood urea nitrogen (BUN), creatinine, estimated glomerular filtration rate (eGFR) and C-reactive protein (CRP) were not significant (Table 3). Female gender (OR 1.88; $P=0.044$, CI: 1.013–3.489), preoperative proteinuria (OR 2.711; $P=0.011$, CI: 1.238–5.937) and emergent operation (OR 2.641; $P=0.035$, CI: 1.044–6.682) were risk factors in univariate analysis (Table 3). Diabetes mellitus, hypertension, medication of angiotensin-converting-enzyme inhibitor (ACEI) and angiotensin receptor blocker (ARB) were not statistically significant. As intraoperative factors, total pump time (TPT), aortic cross clamp (ACC) time and transfusion were not statistically significant. For multivariate analysis of preoperative risk evaluation, logistic regression was repeated with variables that had been significant in previous univariate analysis (age, BSA, sex, pre-proteinuria and emergency operation). The backward stepwise multiple logistic regression model revealed that preoperative proteinuria (OR 2.396; $P=0.035$) was a risk factor in multivariate analysis (Hosmer-Lemeshow's goodness-of-fit; $P=0.620$) (Table 3).

Correlation between the ratio of increase of s-Cr level and parameters

The postoperative peak s-Cr level was increased 1.26 ± 0.36 times than preoperative. Our study showed that emergency operation and transfusion were risk factors of the ratio of increase of s-Cr (Tables 4,5). And age was related to positive correlation in the ratio of increase of s-Cr (Figure 2). In contrast, BSA and body weight were related to negative correlation (Figures 3,4). Age and body weight were processed by the multiple linear regression due to strong linear correlation between body weight and BSA.

The regression model was established as follows:

The ratio of increase of s-Cr = $1.147 + 0.006\text{Age} - 0.005\text{Weight}$ ($P=0.002$).

All of the regression coefficients were acquired, and the significance of each coefficient were 0.041 (age), 0.066 (weight) respectively. Age indicated a valid factor in the regression equation.

The s-Cr level tends to go up just after the surgery but comes back down shortly after (Figure 1). Also, the s-Cr level in Group 2 was statistically higher than Group 1 on the day of discharge (Figure 5).

Discussion

AKI is an abrupt loss of the kidney function characterized by an acute increase in s-Cr concentration (10). Cardio-renal syndrome is well known interdependency of cardiac and renal dysfunction in heart failure. More recently, growing awareness that heart failure, renal impairment, and anemia are frequent co-morbidities which can exacerbate one another in a vicious circle of clinical deterioration has led to the concept of cardio-renal anemia syndrome.

Postoperative AKI is associated with increased in-

Table 3 Baseline characteristics of the study population and the risk factors for AKI between Group 1 and Group 2

Baseline characteristics	Group 1 (125 cases)	Group 2 (85 cases)	Univariate P value	Multivariate	
				OR (95% CI)	P value
Age (year)	63.7±8.6	67.2±8.2	0.004	1.027 (0.989–1.067)	0.164
BSA (m ²)	1.71±0.16	1.64±0.16	0.003	1.153 (0.514–2.585)	0.729
Body weight (kg)	64.1±10.0	60.7±10.2	0.017	–	–
Hematocrit (%)	34.1±5.1	32.6±5.7	0.054	–	–
PreHbA1c (%)	7.37±1.78	7.71±1.61	0.257	–	–
preGLU (mg/dL)	160±77	164±68	0.696	–	–
preBUN (mg/dL)	16.6±5.9	18.1±8.6	0.178	–	–
preCRE (mg/dL)	1.09±0.32	1.18±0.74	0.271	–	–
preeGFR (mL/min)	75.7±23.5	72.4±26.5	0.354	–	–
PreproBNP (pg/mL)	1,064±1,939	2,442±6,244	0.103	–	–
preCK-MB (U/L)	3.21±8.15	5.18±16.96	0.278	–	–
preCRP (mg/dL)	0.77±1.87	0.69±0.90	0.733	–	–
PreESR (mm/h)	24±23	30±26	0.158	–	–
PreLVEF (%)	52.3±12.8	51.1±13.6	0.526	–	–
TPT (min)	126.5±28.4	133.5±34.3	0.125	–	–
ACC (min)	92.9±26.7	91.8±27.6	0.782	–	–
Sex (female)	27 (21.6%)	29 (34.1%)	0.044	1.153 (0.514–2.585)	0.729
Diabetes mellitus, n (%)	60 (48%)	51 (60%)	0.087	–	–
Hypertension, n (%)	70 (56%)	56 (66%)	0.151	–	–
Stroke, n (%)	17 (13.6%)	14 (16.5%)	0.565	–	–
Periph.VaDs, n (%)	6 (4.8%)	6 (7.1%)	0.552	–	–
Statin, n (%)	37 (29.6%)	29 (34.1%)	0.489	–	–
NSAID, n (%)	8 (6.4%)	4 (4.7%)	0.765	–	–
ACEI, n (%)	53 (42.4%)	33 (38.8%)	0.605	–	–
ARB, n (%)	30 (24%)	26 (30.6%)	0.289	–	–
Pre-proteinuria, n (%)	12 (9.6%)	19 (22.3%)	0.011	2.396 (1.061–5.411)	0.035
AF, n (%)	1 (0.8%)	4 (4.7%)	0.181	–	–
Emergency Op, n (%)	8 (6.4%)	13 (15.3%)	0.035	1.881 (0.736–5.231)	0.178
Transfusion, n (%)	65 (52%)	55 (64.7%)	0.068	–	–

BSA, body surface area; HbA1c, hemoglobin A1c; GLU, glucose; BUN, blood urea nitrogen; CRE, creatinine; eGFR, estimated glomerular filtration rate; BNP, B-type natriuretic peptide; CK-MB, creatine kinase isoenzyme MB; CRP, C-reactive protein; ESR, erythrocyte sedimentation rate; LVEF, left ventricular ejection fraction; TPT, total pump time; ACC, aortic cross clamp; Periph.VaDs, peripheral vascular disease; NSAID, non-steroidal anti-inflammatory drugs; ACEI, angiotensin-converting-enzyme inhibitor; ARB, angiotensin receptor blocker; AF, atrial fibrillation; Op, operation.

Table 4 The analysis of correlation between the ratio of increase of s-Cr level and demographic and clinical parameters

Demographic and clinical parameters	Total (N=210)	The ratio of increase of s-Cr	P value
Sex (M/F)	Male [154]	1.23±0.32	0.053
	Female [56]	1.33±0.44	
Diabetes mellitus	Yes [111]	1.29±0.41	0.154
	No [99]	1.22±0.30	
Hypertension	Yes [126]	1.27±0.36	0.572
	No [84]	1.24±0.36	
Stroke	Yes [31]	1.19±0.25	0.277
	No [179]	1.27±0.37	
Periph.VaDs	Yes [12]	1.28±0.42	0.812
	No [198]	1.25±0.36	
Statin	Yes [66]	1.24±0.41	0.654
	No [144]	1.27±0.34	
NSAID	Yes [12]	1.21±0.48	0.619
	No [198]	1.26±0.35	
ACEI	Yes [86]	1.25±0.34	0.945
	No [124]	1.26±0.38	
ARB	Yes [56]	1.30±0.45	0.264
	No [154]	1.24±0.32	
Pre-proteinuria	Yes [31]	1.41±0.47	0.050
	No [179]	1.23±0.33	
AF	Yes [5]	1.86±0.53	0.059
	No [205]	1.24±0.33	
Emergency OP	Yes [21]	1.43±0.41	0.017
	No [189]	1.24±0.35	
Transfusion	Yes [120]	1.32±0.42	0.009
	No [90]	1.19±0.25	

s-Cr, serum creatinine; Periph.VaDs, peripheral vascular disease; NSAID, non-steroidal anti-inflammatory drug; ACEI, angiotensin-converting-enzyme inhibitor; ARB, angiotensin receptor blocker; AF, atrial fibrillation; Op, operation.

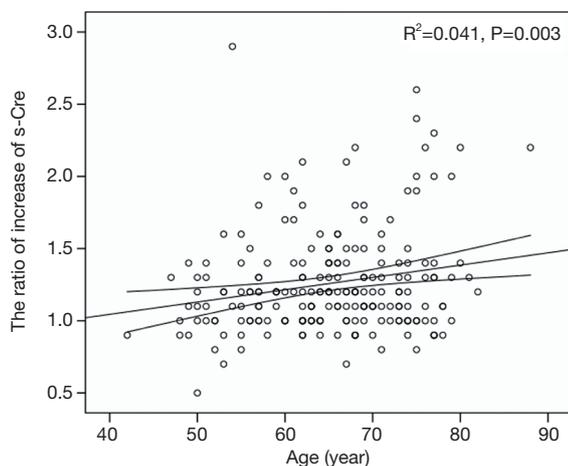
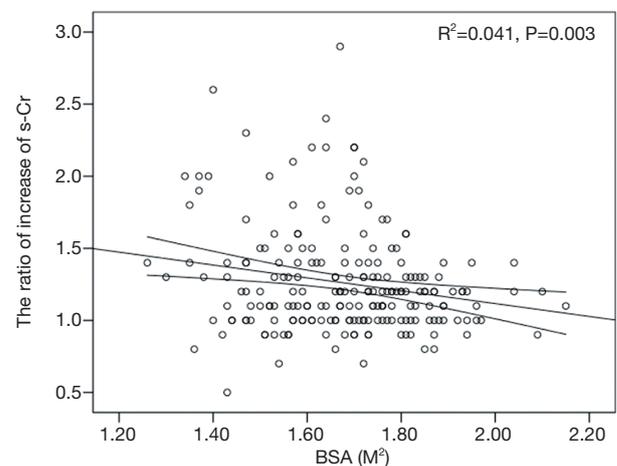
hospital mortality and with a significantly increased risk of 5-year readmission and 5-year mortality after cardiac surgery (11). Brown and colleagues (12) had found high rates of readmission within 30 days after cardiac surgery in patients who developed AKI. Cardiac surgery-associated acute kidney injury (CSA-AKI) is a common complication and is associated with increased short and long-term mortality (2,13,14). CSA-AKI occurs in approximately 4% to 9%, with 2% to 6% of patients ultimately developing

the need for RRT (14-21). Patients who developed AKI after cardiac surgery are less likely to survive for a long term, regardless of their need for RRT (11). However, the incidence of AKI in patients with isolated CABG is from 12% to 48.5%, (13,15,22-24) and those who developed AKI are associated with mortality of 12.6% (24). Dialysis-requiring AKI in the immediate postoperative period is an independent risk factor for mortality (25). Until now, no pharmacologic interventions have conclusively proved the

Table 5 The analysis of correlation between the ratio of increase of s-Cr level and demographic, and clinical parameters (continue)

Demographic and clinical parameters	Mean \pm SD	R	P value
Age (year)	66.14 \pm 8.58	0.202	0.003
BSA (m ²)	1.68 \pm 0.16	-0.203	0.003
Body weight (kg)	62.7 \pm 10.1	-0.192	0.005
Hematocrit (%)	33.5 \pm 5.4	-0.162	0.019
PreHbA1c (%)	7.52 \pm 1.71	0.080	0.358
preGLU (mg/dL)	161 \pm 73	0.033	0.630
preBUN (mg/dL)	17.2 \pm 7.2	0.155	0.025
preCRE (mg/dL)	1.13 \pm 0.53	0.004	0.951
preeGFR (mL/min)	74.3 \pm 24.7	-0.058	0.404
PreproBNP (pg/mL)	1,646 \pm 4,352	0.191	0.023
preCK-MB (U/L)	4.03 \pm 12.6	-0.008	0.912
preCRP (mg/dL)	0.74 \pm 1.55	-0.054	0.462
PreESR (mm/h)	26.4 \pm 24.4	0.043	0.623
PreLVEF (%)	52.8 \pm 13.1	-0.110	0.125
TPT (min)	129.4 \pm 31.1	0.076	0.015
ACC (min)	92.5 \pm 27.0	-0.059	0.407

s-Cr, serum creatinine; BSA, body surface area; HbA1c, hemoglobin A1c; GLU, glucose; BUN, blood urea nitrogen; CRE, creatinine; eGFR, estimated glomerular filtration rate; BNP, B-type natriuretic peptide; CK-MB, creatine kinase isoenzyme MB; CRP, C-reactive protein; ESR, erythrocyte sedimentation rate; LVEF, left ventricular ejection fraction; TPT, total pump time; ACC, aortic cross clamp.

**Figure 2** The correlation of the ratio of increase of s-Cr level and age. s-Cr, serum creatinine.**Figure 3** The correlation of the ratio of increase of s-Cr and BSA. s-Cr, serum creatinine; BSA, body surface area.

efficacy in the treatment of AKI after cardiac operation. Recent studies have improved our understanding of the pathogenesis of AKI, but this has not innovatively changed

the clinical treatments (26). Meanwhile, early detection of these patients may contribute to improving their outcomes (13,26,27). Clinically, the accurate risk prediction

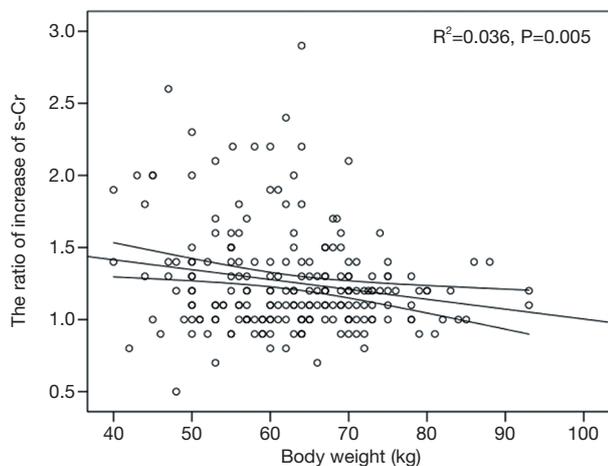


Figure 4 The correlation of the ratio of increase of s-Cr and body weight. s-Cr, serum creatinine.

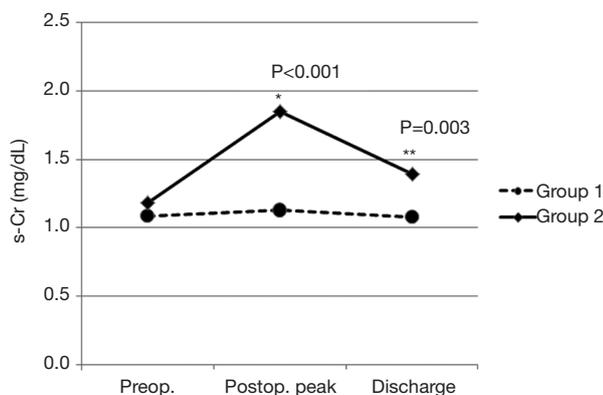


Figure 5 Graphs of Group 1 and Group 2 according to the change of s-Cr in preoperative level, postoperative peak level, and last level prior to discharge. Group 1, without AKI; Group 2, AKI; Preop, preoperative; Postop, postoperative; s-Cr, serum creatinine.

of AKI can help clinicians identify high risk patients for more effective prevention and treatment. The focuses of clinicians are on prevention and management of the preoperative risk factors. Therefore, we evaluated the incidence of AKI and risk factors in the development of AKI. We also identified the contributing factors to the ratio of increase of postoperative s-Cr.

The pathogenesis of CSA-AKI can be divided into preoperative, intraoperative, and postoperative events. CSA-AKI is manifested as a rise in s-Cr and finally leads to a decreased urine output. Our results revealed that the incidence of AKI after surgery was 40.5% with an

associated mortality of 11.8%. In the AKI group, the rate of requiring RRT was 7%. Our results demonstrated that older age, BSA, body weight, female gender, preoperative proteinuria and emergent operation were associated with the development of AKI. Among these, only preoperative proteinuria was an independent risk factor.

The postoperative peak s-Cr level was increased 1.26 ± 0.36 times than preoperative. Our study showed that emergency operation and transfusion were risk factors of the ratio of increase of s-Cr. And age was related to positive correlation in the ratio of increase of s-Cr ($R=0.202$, $P=0.003$). In contrast, BSA and body weight were related to negative correlation ($R=-0.203$, $P=0.003$; $R=-0.192$, $P=0.005$). Lassnigg and colleagues (2) have shown that even small increase in creatinine as small as 0.3 mg/dL is associated with increased morbidity and mortality. Therefore, small changes in s-Cr are important and should not be ignored. Moreover, Liotta and colleagues (28) reported that even a minimal elevation in the postoperative s-Cr values of <0.3 mg/dL was associated with increased long-term mortality over 6 years of follow-up, but not with mortality within 30 days of surgery. Therefore, postoperative s-Cr is a powerful predictor of long-term mortality after cardiac surgery (29). We found the s-Cr level in Group 2 was statistically higher than Group 1 on the day of discharge. We need to follow up the s-Cr level in AKI group.

The reasons why small changes in s-Cr correlated with increased hospital mortality are not entirely clear. We can explain in the following reasons, the adverse effects of AKI, such as volume overload, uremia, metabolic acidosis, electrolyte disturbances, and increased risk of infections (30,31). Elevated s-Cr may be associated with increased morbidity and mortality even when its change does not meet the criteria for AKI (32). Ho and colleagues (33) showed that measurement of s-Cr, within 6 hours of completion of cardiac surgery predicted AKI significantly.

Novel biomarkers, such as neutrophil gelatinase-associated lipocalin and cystatin C, have been correlated with the duration and severity of AKI and the duration of intensive care unit (ICU) stay after adult cardiac surgery, and have been identified as independent predictors of AKI, being superior to conventional biomarkers like s-Cr concentration (34). However, further studies involving these biomarkers have produced conflicting results (35) and these tests are expensive and not readily accessible. In contrast, s-Cr could be widely applicable due to it is cheap and readily available to most practitioners. Despite its relative non-specificity, s-Cr remains the gold standard for defining AKI.

Preoperative demographic risk factors that have been associated with the development of AKI after cardiac surgery include preexisting kidney disease (21,36-38), reduced left ventricular function (37-40), chronic obstructive pulmonary disease (COPD) (37,38), diabetes mellitus (37,39,41), older age (21,36,39-42), and women (37,41,43). Our study showed that women were more likely to develop AKI than men, which differs from the findings of Neugarten and colleagues's (44) study but concurred with the results of Rosner's study (45). Anatomically, women's number of glomerulus is less than men's. This fact may contribute to higher occurrence of AKI at women. Our results demonstrated that BSA and body weight were associated with the development of AKI similar to previously published papers. Kumar and colleagues (46) identified class III obesity [body mass index (BMI) >40 kg/m²] as an independent predictor of AKI after on-pump CABG. Obesity increases oxidative stress and endothelial dysfunction, and inflammation (47,48). Frederic T and colleagues (49) suggested increased oxidative stress may partially account for the risk for AKI associated with obesity. Thus, increased BMI predicts an increased risk for AKI after cardiac surgery. In addition, the administration of N-acetylcysteine to protect the kidney from oxidative stress is not recommended.

Other studies suggest that intraoperative factors such as cardiopulmonary bypass (CPB) times are important contributors to postoperative renal dysfunction (50-52). In our study, emergency operations caused higher risk of AKI than elective cases. This might be due in part to prolonged CPB, prolonged hypo-perfusion of renal medulla, and increased levels of vasoconstrictors. Patients who undergo emergency surgery often have altered hemodynamics, are more likely to receive potent drugs that may affect the s-Cr level, and are more likely to have a complicated postoperative course at ICU.

Some studies suggest that creatinine measured after coronary angiography might be useful for prediction of AKI and mortality after cardiac surgery (53). Another study found that AKI after coronary angiography was associated with a long-term decline in renal function and that the risk of progression to ESRD was 12-fold higher in patients with mild AKI than in patients without AKI (54).

The Coronary Artery Bypass Grafting Surgery Off- or On-pump Revascularization Study trial, which randomized 4,752 patients to on- versus off-pump CABG (OPCAB) and showed no difference in survival or any other meaningful clinical outcome, including new renal failure requiring

RRT (55). Despite several large, retrospective studies, the answer is still unclear. Some of studies support a lower risk for AKI in patients who undergo OPCAB, especially patients with pre-existing renal dysfunction (56-59). On the other hand, renal function is not affected by the technique of CABG, whether with or without CPB, in spite of the theoretical advantage of off-pump surgery (60). Additionally, OPCAB was not associated with decreased rates or reduced severity of AKI in elderly patients (61).

Our results revealed that preoperative proteinuria is an independent predictor for AKI after isolated on-pump CABG. The considerable number of studies revealed that pre-proteinuria was regarded as a risk factor after cardiac surgery. Our study corresponds with the results of Huang and colleagues (62) demonstrating that preoperative proteinuria is an independent risk factor for the development of CSA-AKI. Documented proteinuria with dipstick results of more than 1+ have been reported to be associated with the risk of CSA-AKI (62). Proteinuria has been identified as a marker of renal damage, regardless of whether the etiology of the primary disease is DM, hypertension, or glomerulopathy. Recently, Rabelink and colleagues (63) proposed that degradation of endothelial glycocalyx served as the key mechanism causing albuminuria. Endothelial glycocalyx is a layer of polysaccharide gel, which plays a role as a barrier against albumin filtration. Recent reports from large epidemiologic studies have shown that patients with proteinuria have a higher risk of adverse outcomes than those without proteinuria at the same stage of CKD (64,65). A previous small study about CABG showed proteinuria is a factor to affect long-term cardiovascular death (66). Wu and colleagues (67) reported that proteinuria is a powerful independent risk factor of long-term all-cause mortality and ESRD after CABG.

AKI risk assessment through routine check of proteinuria prior to surgery might result in reductions in AKI incidence postoperatively. This is important because urine dipstick is an inexpensive, readily available test. And early detection of proteinuria could easily be incorporated into clinical practice. Therefore, screening for proteinuria is an effective strategy to identify individual patients who will develop AKI in the postoperative period. Dipstick urinalysis reliably can predict albuminuria with sensitivities and specificities of greater than 99% (68). False-positive and false-negative results are usual in dipstick urinalysis. Nonetheless, the urine dipstick test is still recommended as an initial reasonable way for the evaluation of renal function and is widely used as screening in primary health care services, due

to its simplicity and low-cost.

Most renal dysfunction after cardiac surgery is a temporary and reversible event. In fact, patients with mild AKI are usually responsive to medical therapy and eventually show spontaneous recovery. In our study, AKI patients with stage 1 showed an increased level of s-Cr, but returned to normal level within a few days. A prompt intervention in the postoperative management, especially avoiding additional renal insults and optimizing volume status, can prevent a higher progression of perioperative AKI, and the occurrence of the worst outcomes, including in-hospital mortality. Thus, intensive renal preservation during the perioperative period appears to provide sufficient renal protection. Continuous renal replacement therapy (CRRT) offers steady fluid removal and their intensity can be easily titrated for prevention or rapid administration of treatment of volume overload.

Early diagnosis of AKI is important; firstly, it will help identify patients for nephrology referral and secondly, it will allow for timely interventions, which could improve outcomes. Several studies have actually shown that early nephrology referral for patients who develop AKI result in improved outcomes (22,69,70).

However, the limitation of our study is that our model was designed for isolated on-pump CABG and the data are derived from a single center. Nevertheless, our study group was a homogenous isolated on-pump CABG population with well-defined criteria and objective outcome. Our study needs to be tested prospectively at multiple centers to substantiate its broad applicability.

Acknowledgements

None.

Footnote

Conflicts of Interest: The authors have no conflicts of interest to declare.

Ethical Statement: The study was approved by the Institutional Review Board of the Yeungnam University Hospital with the approval no. 2018-12-003.

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