



# Adverse drug reactions of Yunnan Baiyao capsule: a multi-center intensive monitoring study in China

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**Background:** Yunnan Baiyao capsule (YBC), a marketed herbal medicine in mainland China, is widely used to control bleeding. This study's aim was to determine the occurrence of YBC-related adverse drug reactions (ADRs) among users of the medicine.

**Methods:** This hospital-intensive monitoring study was conducted in 163 hospitals across China. Consumers who used YBC (Z53020799) between June 2015 and December 2016 were included. By face-to-face interview or telephone, the circumstances and experiences of their adverse events (AEs), during drug taking and 14 days after drug withdrawal, were recorded at follow-up and later encoded by International Conference on Harmonisation (ICH) 1997. The Naranjo Adverse Reaction Probability Scale (APS) was used to determine the likelihood of ADRs.

**Results:** A total of 31,556 participants were included (follow-up rate 99.40%). AEs occurred in 742 participants, of which 561 were reported as “not related with drug use” by their physician-in-charge. Based on the remaining 181 cases, the overall ADR incidence was 1.17% (intention to treat) and 0.58% (per protocol), with abnormal findings mainly concentrated in the digestive system, skin and respiratory system. The top 5 frequently reported reactions were nausea and vomiting (0.1785%, 56 cases of 31,367 participants), functional diarrhea (0.1180%, 37 of 31,367 participants), stomach discomfort (0.0893%, 28 of 31,367 participants), rash (0.0574%, 18 of 31,367 participants) and gastro-esophageal reflux (0.0383%, 12 of 31,367 participants). Among them, functional diarrhea and stomach discomfort were judged as definite ADRs of YBC.

**Conclusions:** In this large study, treatment of YBC was found to be associated with ADRs with an incidence of 1.17%, although most were relatively mild and not considered to be life-threatening.

**Keywords:** Adverse drug reaction; hospital intensive monitoring; Yunnan Baiyao capsule (YBC)

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## Introduction

The Yunnan Baiyao capsule (YBC), a famous traditional Chinese medicine formula in China, was created in 1902, and has a long, over 100-year history. The YBC medicine, the formula of which is a state-protected secret, is available in the market. It is especially effective for hemorrhage, hemostasis, pain relief and apocatastasis (1), and is widely used in the departments such as orthopedics, respiratory care, gastroenterology and gynecology.

Apart from its therapeutic effect, the associated risk is a critical issue. For listed drugs, a comprehensive safety assessment which focuses on the adverse event (AE) and adverse drug reaction (ADR) should be the prerequisite. According to the dispensatory of YBC, the possible ADRs included urticaria, abdominal pain, chest tightness, perturbation, nausea, vomiting and other events. Reported ADRs, including those for local pain or numbness (2-4), rash (5), and allergic shock (6-8), can be searched for in the CNKI and Wanfang databases. This can be seen as a resource of a spontaneous report system (SRS), although inevitable defects, randomness, underreporting, and inability to calculate of incidence, are still a problem.

Hospital intensive monitoring (HIM) can explore more information about this drug and will contribute significantly to the ADR profile (9). AEs or ADRs are both reported by patients and physicians (10). The pooled data from the detailed records of AEs and ADRs in monitoring sites can be used for calculating the incidence of YBC-related ADRs, and subsequently analyzed to discover more information about drug safety.

For the traditional medicinal formulas bequeathed to us from the past, the challenge is how to assure the safety and quality of these herbal products for the consumer (11). The China Food and Drug Administration (CFDA) attaches significant importance for detecting, reporting and surveilling of the drug reactions for medicines during the manufacturing process. As this is an often used Chinese patent drug, achieving a more comprehensive understanding about the ADRs is a worthy endeavor. Therefore, a cross-sectional HIM of YBC was conducted at 163 hospitals in China, in which this patent drug was prescribed, to provide thorough and reliable data and ultimately formulate the ADR profile.

## Methods

### *Ethical approval*

This study was granted ethical approval by the Ethics

Committee of the Peking Union Medical College Hospital, China Academy of Medical Sciences (No. HS-874).

### *Study setting*

This HIM study was set in departments of 163 hospitals, located in 20 provinces in China, and was conducted from June 2015 to December 2016.

### *Inclusion criteria for participants*

Data from in- and out-patients were all collected, on the condition that they were prescribed and took the CYB, without limitation on their age, disease, frequency and dosage of drug taken.

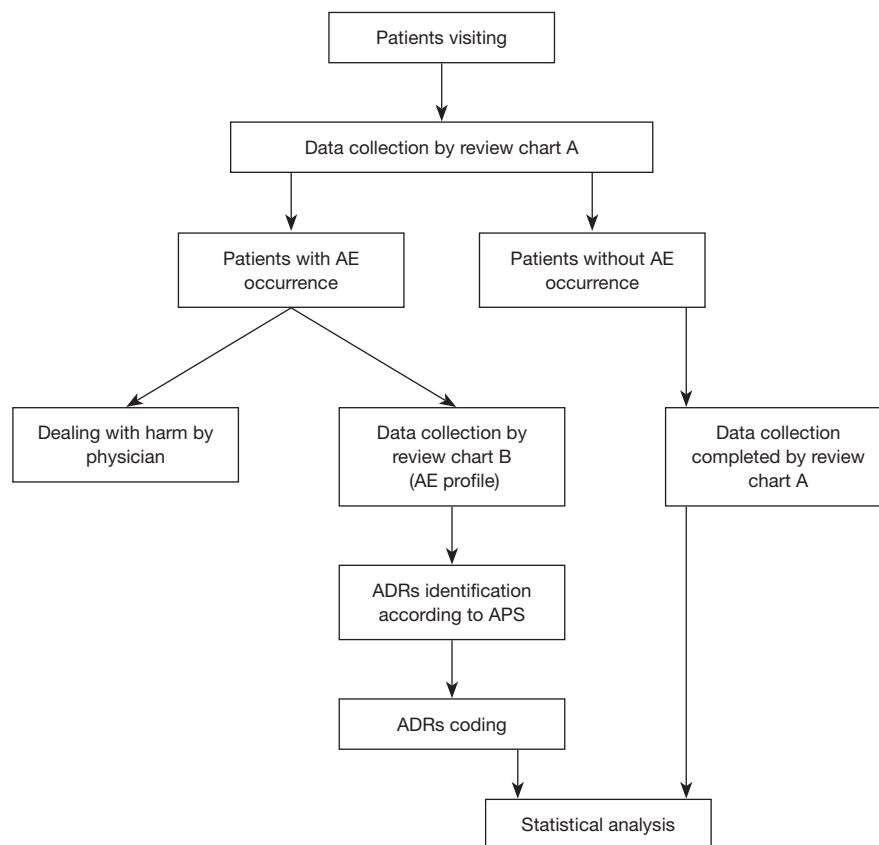
### *Data collection*

Data was collected partly by chart review which included information on demographics, background disease, therapeutic schedule and prescriptions. Patients were followed-up by telephone consultation in the 14 days after drug withdrawal. During the treatment period when YBCs were given, any discomfort or symptoms were encouraged to be reported on the initiative of the patients, and recorded as AEs by the researchers. The information about AE profiles contained the types of AE, occurrence time, relief time, coping method and its outcome. All these were recorded in the Case Report Form and transferred into the AE Dairy Card if AE was detected. AEs and ADRs were coded according to the *Medical Dictionary for Regulatory Activities (MedDRA)* (12) and then transferred into the electronic data capture (EDC) system.

### *Criteria for identification of AEs, SAEs and ADRs*

AE after YBC treatment was defined as any type of symptom, disease or syndrome that can have an influence on a healthy state, including any abnormality from laboratory or other examinations during the observation period. Among them, a serious adverse event (SAE) was defined as any untoward medical occurrence which could include death, life-threatening conditions, requirement of inpatient hospitalization or prolongation of existing hospitalization, persistent or significant disability/incapacity, congenital anomaly/birth defects, or requirement of intervention to prevent permanent impairment or damage (13).

ADR assessment was attained by group decision. In this



**Figure 1** Flow chart of the study process of YBC intensive monitoring. YBC, Yunnan Baiyao capsules.

process, 5 representatives of the doctors-in-charge and 5 traditional Chinese medicine (TCM) specialists with a senior professional post, discussed, in meeting, the cause of AEs and assessed the probability of ADRs. In the data set of AEs, unlikely related AEs were initially excluded, and then the remaining likely related ADRs were classified according to the Naranjo Adverse Reaction Probability Scale (APS) (14), and applied as a judgment tool to assess the causality in 4 grades: “definite”, “probable”, “possible” or “doubtful” of potential ADRs. The Naranjo scale questions and judgment standard of causality categories are displayed in *Table S1*.

### Statistical analysis

The data was imported into SAS 9.1 (SAS Inc., Beijing University of Chinese Medicine version). Descriptive analysis was undertaken for every item by number and percentage. For the incidence of the likely related ADRs, intention-to-treat (ITT) and per-protocol (PP) analyses were both calculated.

The study process is displayed in the flow chart (*Figure 1*).

## Results

A total of 31,556 patients were enrolled from these 163 hospitals in this study. During the follow-up, 188 patients in total had missing values in their record, and 31,368 remained in the full analysis set. Characteristics of all patients are displayed in *Table 1*.

The medication use of Yunnan Baiyao capsules is displayed in *Table 2*, with a median usage time of 15 days and a dosage of  $7.7 \pm 1.2$  capsules per day.

The primary diseases treated by YBC were mostly hemorrhage, with the majority of them resulting from injury of bone or soft tissue (47.05%). The hemorrhage or disease distribution of patients is displayed in *Table 3*.

### AEs incidence

Of the 31,556 patients monitored, AEs occurred in 747

**Table 1** Characteristics of patients using Yunnan Baiyao capsule from 163 hospitals in China

Characteristic	Number	Percentage (%)
<b>Sex</b>		
Total (missing)	31,459 [97]	100.00
Male	18,339	58.29
Female	13,120	41.71
<b>Age</b>		
Total (missing)	31,427 [129]	–
Mean ± SD	45.7±16.2	–
Median (interquartile range)	45.1 (34.0–56.5)	–
<b>Education level</b>		
Total (missing)	31,454 [102]	100.00
Elementary school or below	8,747	27.81
Junior school	9,757	31.02
High school	8,998	28.61
College	3,854	12.25
Postgraduate	98	0.31
<b>Living area</b>		
Total (missing)	31,459 [97]	100.00
Urban	15,321	48.70
Rural	16,138	51.30
<b>Smoking</b>		
Total (missing)	31,480 [76]	100.00
No	26,931	85.55
Yes	3,980	12.64
Unclear	569	1.81
<b>Drinking</b>		
Total (missing)	31,480 [76]	100.00
No drinking	21,506	68.32
<5 years	8,676	27.56
≥5 years or with alcohol ≥40 g/day	1,064	3.38
≥10 years or with alcohol ≥80 g/day	234	0.74

**Table 1** (continued)**Table 1** (continued)

Characteristic	Number	Percentage (%)
<b>Allergy</b>		
Total (missing)	31,480 [76]	100.00
No	30,310	96.28
Yes	566	1.80
Unclear	604	1.92
<b>Family members' allergies</b>		
Total (missing)	31,480 [76]	100.00
No	30,462	96.77
Yes	199	0.63
Unclear	819	2.60
<b>ADRs experienced previously</b>		
Total (missing)	31,480 [76]	100.00
No	30,742	97.66
Yes	122	0.39
Unclear	616	1.96

SD, standard deviation; ADR, adverse drug reaction.

cases (2.35%), with 772 occurrences. The most frequent occurrence of AEs was nasopharyngitis (92 cases and 0.89% incidence), followed by fever (76 cases and 0.84% incidence) and diarrhea (61 cases and 0.79% incidence). The frequency and incidence of AE occurrence for patients using Yunnan Baiyao capsule is displayed in *Table 4*.

#### **SAE incidence**

A total of 11 SAEs occurred. They were 5 cases of bleeding resulting from operation, 2 cases of bone fracture, 2 cases of postoperative wound infection, 1 case of decubitus ulcer and 1 case of allergic shock resulting from radiocontrast agent.

#### **ADR occurrence**

According to the APS scale categories, of the 742 AEs, 525 cases were assessed as unlikely to be related with the ingestion of Yunnan Baiyao capsule, and could be explained by other causes. They were acute upper respiratory infection (86 cases), fever by infection (67 cases), fatigue after operation (30 cases), dyspepsia after operation (30

**Table 2** The distribution of the medication use of Yunnan Baiyao capsules

Characteristics	Number	Percentage (%)
Use for the first time		
Total (missing)	31,506 [50]	100.00
No	3,192	10.13
Yes	25,935	82.32
Unclear	2,379	7.55
Administration route		
Total (missing)	31,506 [50]	100.00
Oral	31,225	99.11
External	53	0.17
Others	13	0.04
Oral and external	214	0.68
Oral and others	1	0.00
Dosage (number of capsules)		
Total (missing)	31,496 [60]	100.00
Mean ± SD	7.7±1.2	–
Median	8.0	–
Quartile range	8.0–8.0	–
Range	0.5–24.0	–
Medication time (days)		
Total (missing)	31,215 [341]	100.00
Mean ± SD	16.4±9.3	–
Median	15.0	–
Quartile	10.0–18.0	–
Range	1.0–167.0	–

SD, standard deviation.

cases), wound (26 cases) and others. The remaining 217 cases of the 31,367 patients (0.69%) were the likely YDC-related ADRs. Frequency and incidence of the likely related ADRs for patients using Yunnan Baiyao capsule are displayed in *Table 5*.

According to the Naranjo APS guideline (14), the 217 cases of ADRs assessed as “definite” were functional diarrhea and stomach discomfort. The “probable” included nausea and vomiting, gastro-esophageal reflux disease, functional diarrhea, epigastric pain, stomach discomfort,

**Table 3** Hemorrhage of disease distribution of patients using Yunnan Baiyao capsule

Types of hemorrhage or disease	n (%)
Soft tissue damage	8,107 (25.73)
Closed fracture	6,716 (21.32)
Upper gastrointestinal hemorrhage	6,163 (19.56)
Hemoptysis	261 (0.83)
Lower gastrointestinal hemorrhage	1,592 (5.05)
Hematochezia	149 (0.47)
Colporrhagia	1,348 (4.28)
Skin	263 (0.83)
Other regions	6,907 (21.92)
Total [missing]	31,506 [50] (100.00)

flatulence, anorexia, allergic dermatitis, chest distress, halitosis, and palpitation. The “possible” included nausea and vomiting, stomach discomfort, functional diarrhea, rash, gastro-esophageal reflux disease, dizziness, allergic dermatitis, lower abdomen pain, chest distress, epigastric pain, palpitations, asthenia, anorexia, and shortness of breath. The “doubtful” included functional diarrhea, nausea and vomiting, rash, stomach discomfort, pruritus, allergic dermatitis, epigastric pain, flatulence, chest distress, toxic effect of alcohol, eczema, fever, anorexia, lower abdominal pain, and gastro-esophageal reflux disease. Grade of the likely related ADRs for patients using Yunnan Baiyao capsule is displayed in *Table 6*.

## Discussion

This hospital-based monitoring study, covering 163 hospitals in China, found a total of 217 cases of likely ADRs which were associated with the treatment of YBC amongst 31,556 participants. Of these, only 2 cases (functional diarrhea and stomach discomfort) were assessed as definite YBC-related ADRs. No serious ADRs occurred. This demonstrates that YBCs were well-tolerated and only had ADRs for a few consumers, with most of them being mild.

One other frequently used hemostatic drug, recombinant human thrombin, showed, in pooled analysis, an AE incidence of 10.1% to 47.4%, which included postoperative incision site pain, procedural pain, nausea, constipation, pyrexia and so on (15); fibrinogen concentrate in published

**Table 4** AE occurrence for patients using Yunnan Baiyao capsules

Categories by coding	Frequency (cases)	Incidence (ITT) (%)	Incidence (PP) (%)	Proportion (%)
Nasopharyngitis	92	0.89	0.29	11.92
Fever	76	0.84	0.24	9.84
Diarrhea	61	0.79	0.19	7.90
Nausea	52	0.76	0.17	6.74
Dizziness	37	0.71	0.12	4.79
Rash	34	0.70	0.11	4.40
Wound	33	0.70	0.11	4.27
Epigastric discomfort	31	0.69	0.10	4.02
Flatulence	26	0.68	0.08	3.37
Vomiting	26	0.68	0.08	3.37
Cough	22	0.67	0.07	2.85
Epigastric pain	21	0.66	0.07	2.72
Upper respiratory infection	15	0.64	0.05	1.94
Allergic dermatitis	13	0.64	0.04	1.68
Chest discomfort	12	0.63	0.04	1.55
Constipation	12	0.63	0.04	1.55
Headache	12	0.63	0.04	1.55
Itching	12	0.63	0.04	1.55
Abdominal pain	10	0.63	0.03	1.30
Dyspepsia	9	0.62	0.03	1.17
Parulis	9	0.62	0.03	1.17
Oral ulcer	8	0.62	0.03	1.04
Palpitation	7	0.62	0.02	0.91
Urticaria	7	0.62	0.02	0.91
Loss of appetite	6	0.61	0.02	0.78
Abdominal discomfort	5	0.61	0.02	0.65
Drug hypersensitivity	5	0.61	0.02	0.65
Gastroesophageal reflux	5	0.61	0.02	0.65
Uncomfortable	5	0.61	0.02	0.65
Asthenia	4	0.61	0.01	0.52
Gastrointestinal diseases	4	0.61	0.01	0.52

**Table 4** (continued)**Table 4** (continued)

Categories by coding	Frequency (cases)	Incidence (ITT) (%)	Incidence (PP) (%)	Proportion (%)
Pain	4	0.61	0.01	0.52
Postoperative hemorrhage	4	0.61	0.01	0.52
Running nose	4	0.61	0.01	0.52
Thermal burn	4	0.61	0.01	0.52
Bleeding	3	0.61	0.01	0.39
Insomnia	3	0.61	0.01	0.39
Joint pain	3	0.61	0.01	0.39
Dry throat	2	0.60	0.01	0.26
Eczema	2	0.60	0.01	0.26
Erythropoiesis	2	0.60	0.01	0.26
Hypoglycemia	2	0.60	0.01	0.26
Phlebitis	2	0.60	0.01	0.26
Shortness of breath	2	0.60	0.01	0.26
Stuffy nose	2	0.60	0.01	0.26
Acne	1	0.60	0.00	0.13
Acute gastroenteritis	1	0.60	0.00	0.13
Allergic rhinitis	1	0.60	0.00	0.13
Amaurosis	1	0.60	0.00	0.13
Amygdalitis	1	0.60	0.00	0.13
Allergic shock	1	0.60	0.00	0.13
Ankle sprains	1	0.60	0.00	0.13
Chronic gastritis	1	0.60	0.00	0.13
Decubitus ulcer	1	0.60	0.00	0.13
Drowsiness	1	0.60	0.00	0.13
Dry mouth	1	0.60	0.00	0.13
Dysphonia	1	0.60	0.00	0.13
Dysuria	1	0.60	0.00	0.13
Epistaxis	1	0.60	0.00	0.13
Erythema	1	0.60	0.00	0.13
Eye hyperaemia	1	0.60	0.00	0.13
Eyelid edema	1	0.60	0.00	0.13
Flush	1	0.60	0.00	0.13

**Table 4** (continued)

Table 4 (continued)

Categories by coding	Frequency (cases)	Incidence (ITT) (%)	Incidence (PP) (%)	Proportion (%)
Gastrointestinal disorder	1	0.60	0.00	0.13
Gum swelling	1	0.60	0.00	0.13
Hemoptysis	1	0.60	0.00	0.13
Hemorrhoid bleeding	1	0.60	0.00	0.13
High blood pressure	1	0.60	0.00	0.13
Hypertrophy of tonsil	1	0.60	0.00	0.13
Hyperuricemia	1	0.60	0.00	0.13
Hypoesthesia	1	0.60	0.00	0.13
Internal fixation of fracture	1	0.60	0.00	0.13
Numb lips	1	0.60	0.00	0.13
Melena	1	0.60	0.00	0.13
Menorrhagia	1	0.60	0.00	0.13
Menstruation delay	1	0.60	0.00	0.13
Slow micturition	1	0.60	0.00	0.13
Numbness after administration contact	1	0.60	0.00	0.13
Oliguria	1	0.60	0.00	0.13
Oropharyngeal pain	1	0.60	0.00	0.13
Otitis media	1	0.60	0.00	0.13
Panmetatarsal pain syndrome	1	0.60	0.00	0.13
Peripheral edema	1	0.60	0.00	0.13
Physical pain	1	0.60	0.00	0.13
Postoperative wound infection	1	0.60	0.00	0.13
Purulent sputum	1	0.60	0.00	0.13
Radial fracture	1	0.60	0.00	0.13
Red skin	1	0.60	0.00	0.13
Scapulohumeral peri-arthritis	1	0.60	0.00	0.13

Table 4 (continued)

Table 4 (continued)

Categories by coding	Frequency (cases)	Incidence (ITT) (%)	Incidence (PP) (%)	Proportion (%)
Petechia	1	0.60	0.00	0.13
Skin and subcutaneous tissue disease	1	0.60	0.00	0.13
Skin disease	1	0.60	0.00	0.13
Sneezing	1	0.60	0.00	0.13
Sore eyes	1	0.60	0.00	0.13
Stomach bleeding	1	0.60	0.00	0.13
Tachycardia	1	0.60	0.00	0.13
Tailbone pain	1	0.60	0.00	0.13
Throat discomfort	1	0.60	0.00	0.13
Throat pain	1	0.60	0.00	0.13
Tinnitus	1	0.60	0.00	0.13
Toothache	1	0.60	0.00	0.13
Unstable blood pressure	1	0.60	0.00	0.13
Urinary retention	1	0.60	0.00	0.13
Urine erythrocyte positive	1	0.60	0.00	0.13
Urogenital hemorrhage	1	0.60	0.00	0.13
Vaginal bleeding	1	0.60	0.00	0.13
Wound infection	1	0.60	0.00	0.13
Total	772	3.04	2.46	100.00

AE, adverse event; PP, per-protocol; ITT, intention-to-treat.

data showed a 6.18% of ADR rate, which included possible hypersensitive reactions, thromboembolic events, virus transmission and so on (16). Another example includes Vitamin K, which is commonly used in the treatment and prevention of hemorrhagic disease. Although occurring rarely, intravenous vitamin K may induce anaphylactoid reactions (132 cases reported) (17). Compared to these drugs, YBC has shown a relatively low incidence rate of ADRs.

From the data demonstrated in this hospital-intensive monitoring study, most (61.29%) of the likely related ADRs that occurred could be attributed to gastrointestinal symptoms, which involved nausea and vomiting, functional diarrhea, stomach discomfort and gastro-esophageal reflux

**Table 5** The frequency and incidence of the likely related ADRs for patients using Yunnan Baiyao capsule

Likely ADRs	Frequency	Incidence (PP, %)	Incidence (ITT, %)
Nausea and vomiting	56	0.1785	0.7764
Functional diarrhea	37	0.1180	0.7162
Stomach discomfort	28	0.0893	0.6877
Rash	18	0.0574	0.6560
Gastro-esophageal reflux disease	12	0.0383	0.6370
Allergic dermatitis	10	0.0319	0.6306
Epigastric pain	9	0.0287	0.6275
Chest distress	8	0.0255	0.6243
Flatulence	7	0.0223	0.6211
Pruritus	6	0.0191	0.6179
Palpitation	5	0.0159	0.6148
Anorexia	4	0.0128	0.6116
Lower abdomen pain	4	0.0128	0.6116
Dizziness	4	0.0128	0.6116
Fever	2	0.0064	0.6053
Toxic effect of alcohol	2	0.0064	0.6053
Eczema	2	0.0064	0.6053
Shortness of breath	1	0.0032	0.6021
Halitosis	1	0.0032	0.6021
Asthenia	1	0.0032	0.6021
Total	217	0.6918	1.2866

ADR, adverse drug reaction; PP, per-protocol; ITT, intention-to-treat.

disease. Thus, we inferred that gastrointestinal symptoms might occur for a small portion of the consumers after taking YBC.

As a Chinese state-protected herbal prescription, the formula component and production process of YBC remains elusive and secreted. What we are creditably informed of from YDC medical inserts is that Borneol, Panax Notoginseng, and Radix Aconiti are part of the formula (1).

Since the material Borneol tastes spicy and bitter, and has a cool characteristic (18), we inferred that it might have a stimulating effect on gastrointestinal mucosa, which could lead to gastrointestinal symptoms such as nausea, vomiting, diarrhea and stomach discomfort. Although camphor, which is an aromatic product and a derivative of Borneol, has been described in a past individual case report as a causal agent in epileptic seizure (19-21), in this study, nothing of

this sort was found. In fact, in 2015, the Research Institute for Fragrance Materials (RIFM) performed an overall assessment of this herb and concluded that it was safe under the limits of dosage (22). As for Panax Notoginseng, critical appraisal of clinical studies revealed minimal risk such as headache, sleep and gastrointestinal disorder (23-25) but all the ADRs occurred were not associated with it. Finally, previous studies showed the Aconitum had a cardiotoxicity effect leading to arrhythmia (26-28). In this intensive monitoring study, we did observe cardiovascular symptoms including 8 cases with chest distress and 5 cases with palpitation. Nevertheless, the event rate was low (0.04%).

One of the limitations of this study is that it may contain confounding factors that might have had an influence on the results. Even though the study covered 163 hospitals, hospitalization of different departments in



**Table 6** Grade of the likely related ADRs for patients using Yunnan Baiyao capsule

Grade by APS scale	ADRs	Frequency
Definite (2 cases)	Functional diarrhea	1
	Stomach discomfort	1
Probable (22 cases)	Nausea and vomiting	5
	Gastro-esophageal reflux disease	3
	Functional diarrhea	2
	Epigastric pain	2
	Stomach discomfort	2
	Flatulence	2
	Anorexia	2
	Allergic dermatitis	1
	Chest distress	1
	Halitosis	1
	Palpitation	1
	Possible (99 cases)	Nausea and vomiting
Stomach discomfort		17
Functional diarrhea		10
Rash		9
Gastro-esophageal reflux disease		8
Dizziness		4
Allergic dermatitis		4
Lower abdominal pain		3
Chest distress		3
Epigastric pain		2
Palpitation		2
Asthenia		1
Anorexia		1
Shortness of breath		1
Doubtful (94 cases)		Functional diarrhea
	Nausea and vomiting	17
	Rash	9
	Stomach discomfort	8
	Pruritus	6
	Allergic dermatitis	5
	Epigastric pain	5

**Table 6** (continued)**Table 6** (continued)

Grade by APS scale	ADRs	Frequency
	Flatulence	5
	Chest distress	4
	Toxic effect of alcohol	2
	Eczema	2
	Fever	2
	Anorexia	1
	Lower abdominal pain	1
	Gastro-esophageal reflux disease	1
	Transfusion reaction	1
	Infectious diarrhea	1

APS, Adverse Reaction Probability Scale; ADR, adverse drug reaction.

different hospitals might not be balanced; the majority of the participants were in orthopedics departments. Many underlying diseases which were more likely to have an ADR appearance accounted for a limited proportion in the monitoring, and thus might lead to Berkson's bias. However, from another aspect, the Orthopedics Department, which receives wound patients, might thus be the department consuming the most YBCs. The lack of a control group which led to difficulty in inferring causality is another limitation of this study, and we used the APS score to classify the grade of the likely related ADRs.

## Conclusions

Based on the data of this hospital-intensive monitoring study from 163 centers in China, we inferred that although the YBC possibly induced ADRs, most of them were relatively mild or non-serious. Among them, gastro esophageal reactions were the most common. The incidence of ADRs attributable to YBC was 1.1693%. Overall, this large-scale hospitalized survey found that YBC demonstrated a relatively high drug safety.

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## Footnote

*Conflicts of Interest:* The authors have no conflicts of interest to declare.

*Ethical Statement:* This study was granted ethical approval by the Ethics Committee of Peking Union Medical College Hospital, China Academy of Medical Science (No. HS-874).

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## Supplementary

**Table S1** The Naranjo scale questions and judgment standard

Questions	Yes	No	Don't know
1. Are there previous conclusive reports on this reaction?	+1	0	0
2. Did the adverse event appear after the suspected drug was administered?	+2	-1	0
3. Did the adverse reaction improve when the drug was discontinued or a <i>specific</i> antagonist was administered?	+1		0
4. Did the adverse reaction reappear when the drug was re-administered?	+2	-1	0
5. Are there alternative causes (other than the drug) that could on their own have caused the reaction?	-1	+2	0
6. Did the reaction reappear when a placebo was given?	-1	+1	0
7. Was the drug detected in the blood (or other fluids) in concentrations known to be toxic?	+1	0	0
8. Was the reaction more severe when the dose was increased, or less severe when the dose was decreased?	+1	0	0
9. Did the patient have a similar reaction to the same or similar drugs in any previous exposure?	+1	0	0
10. Was the adverse event confirmed by any objective evidence?	+1	0	0

Scoring:  $\geq 9$ : definite ADR; 5–8: probable ADR; 1–4: possible ADR; 0: doubtful ADR. ADR, adverse drug reaction.