FK506 prevented bone loss in streptozotocin-induced diabetic rats via enhancing osteogenesis and inhibiting adipogenesis

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Background: Type 1 diabetes mellitus (DM) is associated with severe osteoporosis, which is still a great challenge in the clinic. This work aimed to investigate the skeletal effects of FK506 in a rat model of streptozocin induced type 1 DM.

Methods: Rats were divided into three groups: control (CTL), DM rats and DM rats treated with FK506. Dual energy X-ray absorption, micro-computed tomography, bone mechanics and bone histology were used for skeletal analysis. Bone marrow adipocytes infiltrations were detected by oil red O stain and H&E stain. In addition, the protein expression of adipocyte-specific makers (PPAR- γ , C/EBP- $\alpha\beta$), osteoblast-specific markers (Runx2, Osterix) and nuclear translocation of β -catenin in femurs were determined by western blot.

Results: In the study, bone mineral density of femurs and lumbar vertebras in diabetic rats were increased after FK506 administration. FK506 treatment resulted in higher cancellous bone volume but had no significant effect on cortical bones in diabetic rats. The ultimate force and work to failure were increased in DM+FK506 group, while they were reduced in the DM group. Compared with the CTL, the infiltration of bone marrow adipocytes was significantly increased in the DM group, which was reduced after the treatment of FK506. Besides, the expression levels of Runx2 and Osterix were up-regulated, and that of PPAR- γ and C/EBP- α were down-regulated in diabetic rats after FK506 treatment. In addition, the nuclear translocation of β -catenin protein levels were increased in diabetic rats after the treatment of FK506.

Conclusions: Our study indicated that FK506 could alleviate bone loss in diabetic rats. This effects could be due to the results of enhancing osteogenesis and inhibiting adipogenesis, which might be regulated by activation the nuclear translocation of β -catenin.

Keywords: Tacrolimus; diabetes mellitus (DM); osteoporosis; osteoblast; adipocyte

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Introduction

Type 1 diabetes mellitus (T1DM) is a common systemic disease worldwide. It has detrimental effects on the skeleton, resulting several bone diseases, including osteoporosis, osteopenia, bone fractures, and impaired bone healing and regeneration (1). An epidemiologic study demonstrated that patients with T1DM are at higher fracture risk: hip fracture risk is elevated (RR =6.94, 95% confidence interval, 3.25–14.78) compared to the risk in persons without diabetes (2). Nevertheless, the link between diabetes mellitus (DM) and skeletal health receives only cursory attention in osteoporosis, and an effective treatment is lacking.

Osteoblasts and adipocytes differentiate from a common precursor cell in bone marrow, mesenchymal stem cells (MSCs) (3,4). The pluripotency of MSCs is well known, and their capacity to differentiate into osteoblasts, adipocytes, and chondrocytes has been described extensively (5,6). There is an inverse relationship between the differentiation of MSCs to osteoblasts and adipocytes, as the osteogenic differentiation of MSCs requires a coordinated inhibition of adipogenic differentiation (6,7). Consistent with this reciprocal relationship, multiple studies have also confirmed the correlations of high marrow fat content and low bone mass with increased fracture risk, particularly in the context of T1DM (8,9). Increased marrow adipose tissue accumulation occurs at the expense of bone formation and in turn impairs osteogenic regeneration (10). Thus, if a therapy can influence MSC differentiation by promoting osteoblast formation and inhibiting adipocyte production, it will likely be a good candidate for the treatment of bone loss in patients with T1DM.

FK506, also called tacrolimus or fujimycin, is a macrolide antibiotic produced by Streptomyces tsukubaensis and is known as a strong immunosuppressant. FK506 was first described in 1987 (11) and was introduced into clinical trials in 1989. The drug has been applied in organ transplantation (12,13), atopic dermatitis (14), rheumatoid arthritis (15,16), and diabetes (17,18). FK506 has an immunosuppressive effect by interfering with T cell activation through the inhibition of calcineurin. Studies have elaborated that transplant patients treated with FK506 often develop osteoporosis symptoms or bone fracture (13,19). The reason might be that FK506 could cause increased parathyroid hormone secretion, which increased osteoclast formation. Besides, FK506 could also increase bone resorption directly. Kang et al. (20) demonstrated that FK506 inhibits bone erosion by increasing bone formation in rheumatoid arthritis by

targeting both osteoblasts and T cells via the inhibition of the calcineurin/nuclear factor of activated T cells (NFAT) pathway. Folwarczna *et al.* (21) suggested that low dose of FK506 (0.3 mg/kg/day) did not affect skeletal system in healthy male rats. However, Rubert *et al.* (22) showed that high dose of FK506 (3 mg/kg/day) produced osteopenia in healthy male rats. Above all, the skeletal effects of FK506 on several non-diabetic diseases have been elaborated, and the skeletal effects of FK506 vary in different diseases. However, the effects of FK506 on the skeleton in T1DM have not been clarified. This study aimed to investigate the influences of FK506 on the balance of osteogenesis and adipogenesis in streptozocin (STZ)-induced diabetic rats, particularly to assess changes in skeletal parameters.

Methods

Animals

The institutional animal care and use committee of Southeast University (Nanjing, China) authorized our study (approval No. 20170926007). Male Sprague-Dawley rats (Animal Laboratory of Shanghai Sippr-BK, China) at the age of 8 weeks were randomly divided to 3 groups: a control (CTL) group, a DM group and a DM+FK506 group (n=10, respectively). FK506 (Astellas Ireland Co., Ltd., Dublin, Ireland) was orally administered once daily (0.15 mg/kg/d). DM was induced by a single intraperitoneal injection of STZ (s0130, Sigma) at the dose of 58 mg/kg. The rats were sacrificed at 32 weeks after diabetes induction. Blood, urine, tibias, femurs and lumbar vertebrae were collected for our study.

Serum biochemistry

Blood urea nitrogen (BUN), serum creatinine (Scr), and phosphate and total calcium concentrations were detected by a semiautomatic biochemical analyzer (ECA-2000A) and a UV-5100 spectrophotometer. Blood glucose was determined using an automatic glucometer (Bayer Medical, Germany). Urinary protein levels were determined by a protein assay kit through the modified Bradford method (KeyGen).

H&E stain

Bone masses were fixed in 10% neutral buffered formal in for 24 h. They were then decalcified in 10% (w/v) ethylenediaminetetraacetic acid (EDTA) (G1105, Servicebio) for 3 weeks and embedded in paraffin. Sections were stained with H&E (G1005, Servicebio) after being deparaffinized and rehydrated according to routine protocol (23). Briefly, after the specimens were deparaffinized and rehydrated, 4 μ m sections were mounted on slides and stained with hematoxylin solution for 5 minutes and then washed in the distilled water for 1 minute. Next, the sections were stained with eosin solution for 2 minutes and were washed in the distilled water for 1 minute. The sections were then dehydrated with graded alcohol and cleared in xylene. Finally, the mounted slides were examined, and images were taken through a light microscope (Olympus, Tokyo).

Oil red O stain

The femurs were fixed in 4% paraformaldehyde, decalcified in 10% (w/v) EDTA (G1105, Servicebio) for 3 weeks, and then embedded. Sections were mounted on slides and stained with oil red O (G1016, Servicebio) for 15 minutes and then washed in distilled water for 1 minute. Next the sections were stained with eosin solution for 2 minutes and then washed in distilled water for 1 minute. Finally, the mounted slides were examined, and images were taken through a light microscope (Olympus, Tokyo). Adipogenesis was assessed in the medullary cavity.

Dual energy X-ray absorptiometry (DEXA)

The bone mineral density (BMD) was detected by DEXA through a bone mineral analyzer (HOLOGIC QDR series, America) in Southeast University-affiliated Zhongda Hospital. All animals were anesthetized with 10% chloral hydrate (302-17-0, Crystal Chemical) before the *in vivo* scan was performed. The BMD of the femurs and lumbar vertebrae were measured based on the small animal pattern.

Microcomputed tomography (micro-CT)

Micro-CT (SkyScan 1176, Bruker) was used to determine trabecular bone volume (bone volume/tissue volume, BV/ TV), architecture (thickness, number and spacing) and cortical bone geometry (thickness and area). Femora and lumbar vertebrae were scanned at a resolution of 18 µm. The X-ray tube potential of 65 kV and current of 0.38 mA were established for all the animals. The volume of interest (VOI) was set as previously described (24). CtAnalyser (SkyScan software) was used for data analysis. Threedimensional images were acquired through CtVox (SkyScan software). The reported micro-CT parameters were based on the international guidelines (25).

Bone mechanics

Structural mechanical properties and apparent material properties of the fifth lumbar (L5) vertebra were obtained by uniaxial compression testing (Instron 5943, America). Before mechanical testing, the vertebral arch and endplates were removed. Samples were loaded at a rate of 0.5 mm/minute to generate a force-displacement curve, and structural mechanical properties were determined through these curves as previously described (26).

Western blot analysis

Proteins obtained from each lysate were electrophoresed on SDS-polyacrylamide gels and transferred onto a PVDF membrane (60183-208, Thermo Fisher Scientific). Blots were incubated with corresponding primary antibodies against C/EBP-α (sc-365318, Santa Cruz), PPAR- γ (ab-209350, Abcam), Osterix (sc-393325, Santa Cruz), Runx2 (sc-101145, Santa Cruz), and β-catenin (ab-32572, Abcam). Signals were determined by an advanced ECL system (GE Healthcare). Finally, the immunoreactive bands were determined via densitometry through Image J software (NIH, Bethesda, USA).

Statistical analysis

Chi-square test was used for counting data. The measurement data are described as mean \pm standard deviation (SD). If the data conformed to the parametric test, then the differences among groups were compared by Bonferroni test for post-hoc analysis after one-way ANOVA test. Otherwise, a non-parametric test (such as rank-sum test) was used for analysis. SPSS 21.0 software was used for all statistical analysis. A difference was considered significant if P<0.05.

Results

Animal biochemical measurements

As shown in *Table 1*, no significant difference in glucose levels was observed between the DM group and the DM + FK506 group, the levels of which were significantly

ParameterCTL (n=10)DM (n=10)DM + FK506 (rGlucose (mmol/L) 6.37 ± 1.04 $22.67\pm4.79^*$ 21.09 ± 2.09 BUN (mmol/L) 5.41 ± 1.07 $66.03\pm7.43^*$ 30.82 ± 5.09 Scr (µmol/L) 20.45 ± 3.78 $189.42\pm12.65^*$ 106.48 ± 10.7 Ca (mmol/L) 2.58 ± 0.20 2.44 ± 0.36 2.40 ± 0.40 P (mmol/L) 2.55 ± 0.14 2.59 ± 0.26 2.63 ± 0.22 Proteinuria (mg/24 h) 5.25 ± 1.09 $115.62\pm10.14^*$ 51.57 ± 4.55		
BUN (mmol/L) 5.41±1.07 66.03±7.43* 30.82±5.09 Scr (µmol/L) 20.45±3.78 189.42±12.65* 106.48±10.7 Ca (mmol/L) 2.58±0.20 2.44±0.36 2.40±0.40 P (mmol/L) 2.55±0.14 2.59±0.26 2.63±0.22	C	Parameter
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Ca (mmol/L) 2.58±0.20 2.44±0.36 2.40±0.40 P (mmol/L) 2.55±0.14 2.59±0.26 2.63±0.22	5	BUN (mmol/L)
P (mmol/L) 2.55±0.14 2.59±0.26 2.63±0.22	2	Scr (µmol/L)
	2	Ca (mmol/L)
	2	P (mmol/L)
Proteinuria (mg/24 h) 5.25±1.09 115.62±10.14* 51.57±4.55	5	Proteinuria (mg/24 h)

Table 1 Animal characteristics and biochemical measurements

Results are present as means ± SD. *, P<0.05 compared to CTL group; [#], P<0.05 compared to DM group. BUN, blood urea nitrogen; Scr, serum creatinine; Ca, calcium; P, phosphorus; CTL, control; DM, diabetes mellitus.

Table 2 Bone mineral density by dual energy X-ray absorptiometry

BMD (g/cm ²)	CTL (n=8)	DM (n=6)	DM + FK506 (n=8)
Femur	0.278±0.024	0.230±0.026*	$0.295 \pm 0.039^{\#}$
Lumbar vertebra	0.351±0.035	0.270±0.042*	$0.369 \pm 0.054^{\#}$

Results are present as means ± SD. *, P<0.05 compared to CTL group; [#], P<0.05 compared to DM group. CTL, control; DM, diabetes mellitus.

higher than those in the CTL group. The levels of Scr and BUN were increased in the DM group and DM + FK506 group compared with those in the CTL group. Serum phosphorus and calcium levels were comparable among the 3 groups. The expression level of 24 h urinary protein was remarkably higher (+200%) in the DM group than that in the CTL group, and tended to decrease (-31%) after FK506 treatment.

FK506 treatment increases BMD

The BMD measurements are shown in *Table 2*. The BMD in the DM group was significantly decreased (femur: -17.3%; lumbar vertebra: -23.1%) compared with that in the CTL group and tended to improve (femur: +28.3%; lumbar vertebra: +36.7%) after FK506 treatment.

FK506 treatment improves bone trabeculae by micro-CT assessment

Micro-CT assessments of bone parameters are shown in *Table 3*. In the distal femur, BV/TV (-45%), trabecular thickness (Tb.Th, -14%), and trabecular number (Tb. N, -48%) were lower, and trabecular separation (Tb.Sp, +163%) was higher in the DM group than their normal controls. FK506 administration tended to increase BV/TV

(+99%) and Tb.Th (+23%), Tb.N (+121%) but decrease Tb.Sp (-69%) in the DM rats.

In the femoral diaphysis, cortical area (Ct.Ar) and cortical thickness (Ct.Th) were comparable among the study groups.

In the lumbar vertebra, BV/TV(-38%) and Tb.Th(-8%) were decreased in the DM group compared with those in the CTL group. FK506 administration tended to increase BV/TV (+87%), Tb.Th (+6%) and Tb.N (+57%) but decrease Tb.Sp (-29%) in the DM rats.

Three-dimensional images are shown in Figure 1.

FK506 treatment improves bone mechanical properties

As shown in *Table 4*, vertebra compression tests showed that DM animals had lower ultimate force (-62%) and work to failure (-48%) than normal animals did, which tended to be alleviated after FK506 treatment (+171% for ultimate force; +87% for work to failure).

Effects of FK506 on bone histopathology

H&E staining of the rat tibia sections revealed the following (*Figure 2A*). Rats in the CTL group exhibited well-formed and connected bone with normal thickness. Femur bone tissue from the DM group exhibited widely separated,

Table 3 Micro-CT analysis					
Parameters	CTL (n=4)	DM (n=6)	DM + FK506 (n=4)		
Lumbar vertebra					
BV/TV (%)	18.406±2.882	11.386±2.768*	$21.274{\pm}2.128^{\#}$		
Tb.Th (mm)	0.052±0.002	0.048±0.002*	$0.051 \pm 0.002^{\#}$		
Tb.N (1/mm)	2.900±0.574	2.312±0.484	$3.630{\pm}0.402^{\#}$		
Tb.Sp (mm)	0.155±0.030	0.171±0.029	$0.122 \pm 0.007^{\#}$		
Ct.Th (mm)	0.099±0.012	0.093 ±0.016	0.093±0.009		
Distal femur					
BV/TV (%)	43.417±2.248	23.859±4.510*	47.422±10.075 [#]		
Tb.Th (mm)	0.197±0.020	0.170±0.012	$0.209 \pm 0.036^{\#}$		
Tb.N (1/mm)	2.357±0.257	1.226±0.375*	2.713±0.029 [#]		
Tb.Sp (mm)	0.212±0.041	0.558±0.179*	0.172±0.016 [#]		
Femoral diaphysis					
Ct.Th (mm)	0.831±0.052	0.846±0.057	0.871±0.046		
Ct.Ar (mm ²)	8.572±1.613	8.934±0.877	9.458±1.028		

Results are present as means ± SD. *, P<0.05 compared to CTL group; [#], P<0.05 compared to DM group. BV/TV, bone volume fraction; Tb.Th, trabecular thickness; Tb.N, trabecular number; Tb.Sp, trabecular separation; Ct.Ar, cortical area; Ct.Th, cortical thickness; CTL, control; DM, diabetes mellitus; micro-CT, micro-computed tomography.

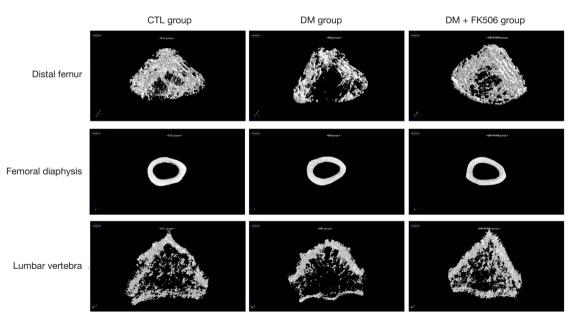


Figure 1 Representative three-dimensional microcomputed tomography images of the distal femur, femoral diaphysis, and lumbar vertebra. The volume of the trabecular bone was markedly higher in the DM group than in the CTL group, and FK506 treatment attenuated that change. CTL, control; DM, diabetes mellitus.

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Parameters	CTL (n=4)	DM (n=6)	DM + FK506 (n=4)
Force (N)	264.697±58.096	100.607±25.090*	272.773±61.686 [#]
Displacement (mm)	0.394±0.036	0.433±0.093	0.372±0.061
Work to failure (mJ)	49.370±3.546	25.583±5.742*	47.849±9.857 [#]
Stiffness (N/mm)	865.814±200.388	739.345±115.096	770.523±176.678
Maximum stress (mPa)	25.129±3.789	23.433±4.930	22.488±6.655
Maximum strain (mPa)	0.133±0.197	0.143±0.034	0.160±0.021
Toughness (mPa)	1.260±0.286	0.995±0.203	1.024±0.222
Elastic modulus (mPa)	558.538±52.762	422.213±78.919	388.522±90.463

Table 4 Bone mechanicals

Results are present as means ± SD. *, P<0.05 compared to CTL group; [#], P<0.05 compared to DM group. CTL, control; DM, diabetes mellitus.

uniform thinning of the trabeculae, suggesting osteoporosis. The FK506 treatment group demonstrated a well-formed, benign-looking, joined bone trabeculae.

In addition, the infiltration of bone marrow fat was determined by H&E staining and oil red O staining (*Figure 2A,B,C,D*) of the bone sections. The data suggest that rats in the DM group had increased bone marrow fat, which was decreased after FK506 treatment. These data indicated that FK506 improved bone histopathology in the DM rats.

FK506 upregulates the expression levels of osteogenesis markers and downregulates the expression levels of adipogenesis markers

A seen from *Figure 3*, the expression levels of osteogenesis markers (Runx2, Osterix) were significantly decreased in the DM group compared with their normal controls. In contrast, the expression levels of adipogenesis markers (PPAR- γ , C/EBP- α) were remarkably enhanced in the DM group compared with those in the CTL group. However, these changes were alleviated after FK506 therapy.

FK506 increases the expression of nuclear translocation of β -catenin

To acquire further understanding about the mechanisms involved in the balance between osteoblastogenesis and adipogenesis, we examined the nuclear expression of β -catenin in the study groups (*Figure 4*). As shown by western blotting, the nuclear translocation of β -catenin was decreased in the DM group compared with their normal animals but was increased after FK506 treatment.

Discussion

Bone loss is a known negative consequence in T1DM. The imbalance between osteogenesis and adipogenesis is an important mechanism of osteoporosis in T1DM (6,7). Here, we used a STZ-induced diabetic rat model to examine the skeletal effects of FK506 treatment in T1DM. We found the following findings: (I) FK506 attenuates diabetes-induced bone loss; (II) FK506 increases osteogenesis and decreases adipogenesis; and (III) FK506 might regulate the bone-fat balance via the Wnt/ β -catenin signaling pathway.

The diabetic population is a high-risk group for osteoporosis, but even in developed countries, there have been few systematic studies of diabetes-induced osteoporosis. In this study, we thoroughly examined the skeletal system of study animals via multiple methods such as DEXA, micro-CT, bone mechanics and bone histology. Data from our laboratory showed that DM rats have decreased BMD, trabecular bone loss, reduced ultimate force and work to failure, devastating bone histomorphology and increased bone marrow fat compared with these data in the CTL rats. These observations are similar to the bone loss reported in other STZ-induced diabetic rats (8,27,28). FK506, an immunosuppressant, significantly increased BMD, reduced trabecular bone loss, improved ultimate force and work to failure, improved bone histomorphology and decreased bone marrow fat in diabetic rats in our study. Interestingly, our data confirmed that FK506 attenuated bone loss in regions of trabecular bone but was not statistically significant in cortical bone, possibly

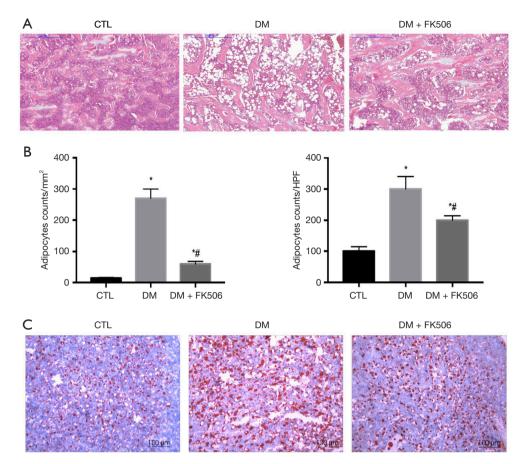


Figure 2 FK506 decreased bone marrow fat. (A) H&E staining of tibias in the study group. Scale bar, 500 μ m; (B) adipocyte counts per mm² in tibia bone marrow sections. The data are presented as the mean \pm SD (n=3/group). *, P<0.05 compared to the CTL group; [#], P<0.05 compared to the DM group; (C) oil red O staining of the femur in the study group. Scale bar, 100 μ m; (D) adipocytes counted per HPF in femur bone marrow sections. The data are described as the mean \pm SD (n=3/group). *, P<0.05 compared to the CTL group; [#], P<0.05 compared to the DM group. HPF, high-power field; CTL, control; DM, diabetes mellitus.

because trabecular bone is more metabolically active than cortical bone is (9). In addition, the expression levels of bone-related markers (Runx2, Osterix) were decreased in the DM group compared with their normal controls, while the expression of adipocyte-related markers (PPAR- γ , C/EBP- α) were increased. FK506 attenuated these changes. Runx2 is important for the differentiation of MSCs into osteoblasts and inhibits differentiation into adipocytes and chondrocytes (29,30). Osterix functions downstream of Runx2 for inducing osteoblastic differentiation (31,32). PPAR- γ and C/EBP- α family proteins are major transcription factors that directly affect preadipocyte proliferation and differentiation (33,34). These data suggest that FK506 attenuates bone loss by increasing osteogenesis and decreasing adipogenesis in diabetic rats. The beneficial effects of FK506 on the skeleton in diabetic rats present an interesting finding. The role of FK506 in osteoblasts is ambiguous. Krocker *et al.* (35) suggested that FK506 (10 ng/mL) had no effects on cell proliferation but upregulated the osteogenic markers of human osteoblasts. Koga *et al.* (36) elaborated that FK506 decreased bone formation in osteoblasts. The role of FK506 in osteoclasts is also complex. Igarashi *et al.* (37) suggested that FK506 induced osteoclast apoptosis. Miyazaki *et al.* (38) showed that FK506 inhibited human osteoclast formation in rheumatoid arthritis via targeting the calcineurin-depengd NFAT pathway and an activation pathway for c-Jun or microphthalmia transcription factor. Besides these bone cells, bone marrow derived MSCs and bone marrow adipocytes have been increasingly popular

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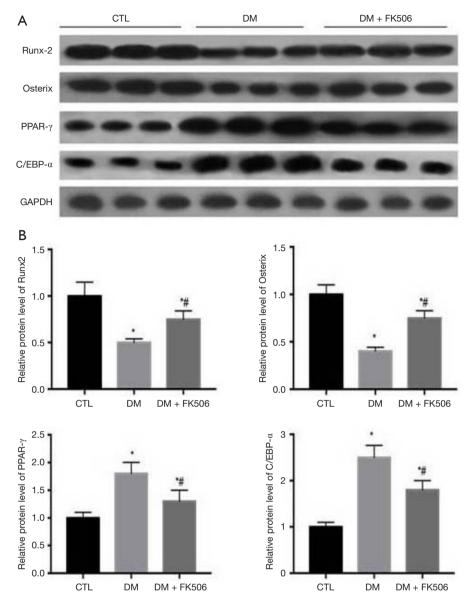


Figure 3 FK506 enhanced osteogenesis and inhibited adipogenesis in diabetic rats. (A) Representative blot; (B) graphic presentation. The data are described as the mean \pm SD (n=3/group). *, P<0.05 compared to the CTL group; [#], P<0.05 compared to the DM group. CTL, control; DM, diabetes mellitus.

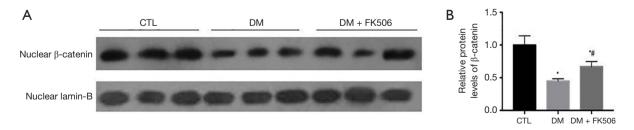


Figure 4 Effects of FK506 on the Wnt/ β -catenin signaling pathway. (A) Representative blots; (B) graphic presentation. The data are described as the mean \pm SD (n=3/group). *, P<0.05 compared to the CTL group; [#], P<0.05 compared to the DM group. CTL, control; DM, diabetes mellitus.

in diabetic osteoporosis. Isomoto et al. (39) revealed that FK506 (10⁻⁸ mol/L) exhibited an osteogenic effect on MSCs. The effects of FK506 on bone marrow adipocytes remained unclear. Further than that, we reviewed the clinical and animal studies: posttransplantation patients treated with immunosuppressants often developed osteopenic conditions or bone fractures (13,19). Osteopenia related to intramuscular injection of FK506 (1 mg/kg for 28 consecutive days) has also been observed in rats (40). Thus, we hypothesized that various factors, such as concentration and duration of the drug treatment, the target tissues or cells, the model species and disease conditions, can all influence the effects of FK506 on skeletal metabolism, which still need further research. Above all, the skeletal effects of FK506 is complex, and the in vitro could not keep consistent with the in vivo studies. Our vivo study showed that FK506 has a beneficial effect on diabetic osteoporosis by suppressing adipogenesis and increasing osteogenesis, which further expands the applications for FK506 treatment. However, greater sample sizes and more clinical studies are required to fully determine the safety and efficacy of FK506 for diabetic osteoporosis.

The mechanism of action of FK506 on the skeleton in diabetic rats is still largely unclear. Previous studies demonstrated that the Wnt/β-catenin pathway plays a vital role in the pathogenesis of diabetes-induced bone loss (41-44). Wnts signal through frizzled and LRP5/6 coreceptors, leading to inactivation of the axin-GSK3-β complex, which phosphorylates and directs the degradation of β -catenin. Stabilized β -catenin translocates into the nucleus to activate Wnt target genes (45,46). The Wnt pathway mediates certain transcription factors expression, such as Runx2 and Osterix, which strongly enhances osteoblastogenesis (46,47). On one hand, Wnt/β-catenin pathway could mediate the MSC fate by increasing osteogenesis and inhibiting adipogenesis. Enhanced Wnt signaling either by Wnt overexpression (48) or deficiency (49) in Wnt antagonists is associated with increased bone formation in animals and humans. On the other hand, WNT1 regulates osteoblast function during bone homeostasis (50). And deletion of Wnt1 in osteocytes leads to reduced bone mass with increased fractures (50). In our study, FK506 dramatically promotes nuclear translocation of β -catenin in DM rats, suggesting that FK506 therapy might promote osteoblastogenesis through activation of the Wnt/β-catenin pathway, which needed to be further studied.

Interestingly, several reports have demonstrated a

significant increase in blood glucose after FK506 treatment (51,52). The mechanism for these diabetogenic effects may be that FK506 inhibits the function of pancreatic β -cells (53). However, our experiment did not detect elevated blood glucose levels. It is possible that the dose of FK506 used in the current study is low, and the β -cells had already been destroyed by STZ in diabetic rats.

In conclusion, this study demonstrated that FK506 has a beneficial effect on the skeleton in diabetic rats, making it a promising candidate for treating and preventing diabetic osteoporosis, which may be regulated by the canonical Wnt/ β -catenin pathway.

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Footnote

Conflicts of Interest: The authors have no conflicts of interest to declare.

Ethical Statement: The institutional animal care and use committee of Southeast University (Nanjing, China) authorized our study (approval No. 20170926007).

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