Impact of squamous differentiation on intravesical recurrence and prognosis of patients with upper tract urothelial carcinoma

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Background: The prognostic role of squamous differentiation in upper urinary tract urothelial carcinoma (UTUC) is still unclear. This article describes the impact of squamous differentiation on prognosis and intravesical recurrence of patients with primary UTUC treated with radical nephroureterectomy (RNU).

Methods: Totally, we retrieved (I) 669 histologically confirmed UTUC patients without histologic variants; (II) 101 UTUC patients with squamous differentiation in our institution, dating from April 2003 to April 2016. The clinical pathological characteristics and survival outcomes were compared between these two cohorts.

Results: In our study, 13% UTUC patients were detected with squamous differentiation. The mean age of all the patients examined was 66, of whom 70% were males. Squamous differentiation significantly associated with tumor stage, tumor grade and lymphovascular invasion. The Kaplan-Meier and Cox regression analyses showed that presence of squamous differentiation was correlated with shorter cancer specific survival of UTUC patients. The 5-year cancer specific survival rates were 47% for squamous differentiation-present patients and 63% for squamous differentiation-absent patients. UTUC patients with squamous differentiation showed a higher frequency of high-grade disease in advanced stage (pT2/pT3/pT4), while the discrepancy was not shown in early stage (pTa/pT1). Intravesical recurrence was observed in 27% patients. We found that intravesical recurrence had little impact on the cancer specific survival of squamous differentiation-absent patients.

Conclusions: The presence of squamous differentiation in UTUC patients was a vital prognostic factor for cancer specific survival and correlated with intravesical recurrence after receiving RNU.

Keywords: Squamous differentiation; upper urinary tract urothelial carcinoma (UTUC); radical nephroureterectomy (RNU); prognosis; intravesical recurrence

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Introduction

Urothelial carcinoma arising from the course of urothelium between urethra and renal pelvis has been one of commonly diagnosed neoplasms (1). As urothelial malignancy, upper urinary tract urothelial carcinoma (UTUC) was comprised of ureteral and renal pelvis carcinoma. Compared with bladder cancer, UTUC is relatively rare and accounts for only 5% of all urothelial carcinoma, but it is often aggressive with poor prognosis (2,3). The majority of UTUCs are pure urothelial carcinomas, however, different histological variants of UTUC have been pronounced in approximately 40% of UTUC cases (4). Squamous differentiation is the most common pathologic variant of urothelial carcinoma (4,5). Well established though the prognostic significance of squamous differentiation in bladder urothelial carcinoma has been, the clinical impact of squamous differentiation in UTUC is still conflicted (5-14). Therefore, we are devoted to investigating the clinicopathological and prognostic significance of squamous differentiation in UTUC.

Methods

Patients

The present study was managed upon approval from the Institutional Review Board of the Second Hospital of Tianjin Medical University. A sum of 770 patients who underwent radical nephroureterectomy (RNU) for UTUC in the hospital, during the period of April 2003 to April 2016, were selected for this retrospective analysis. The inclusion criteria of clinical disease involved pathological stage Ta-T4 and complete surgical resection without positive margins. Patients with a history of bladder cancer were excluded because treatment for bladder cancer may affect the histology. Involved patients were confirmed without bladder urothelial carcinoma via cystoscope before surgery. Afterwards, 669 pure UTUC patients along with 101 UTUC patients with squamous differentiation, without distant metastasis, made up the current study cohorts. None of the above patients received neoadjuvant chemotherapy and experienced confirmed lymph node metastasis before surgery. Patients received intravesical chemotherapy with Pirarubicin or Camptothecins as essential treatments after RNU for half to full year. Systemic chemotherapy was performed on patients with lymphatic metastasis after surgery. Moreover, patients with suspicious enlarged lymph nodes on preoperative radiology or with intraoperatively abnormal observations received regional lymphadenectomy.

The extent and number of lymphadenectomies performed were determined by the surgeons. Clinical and pathological information were retrieved from patients' charts and electronic medical records. Parameters including age, gender, side of tumor, primary site, tumor grade, tumor stage, lymphovascular invasion and intravesical recurrence were recorded.

Pathology

All RNU specimens were processed by genitourinary pathologists at our hospital. Each of the pathology slides was evaluated case by case methodically and all slides were re-determined by another senior pathologist. The pathologic stage was determined according to the 2010 American Joint Committee on Cancer TNM staging system (15). Pathologic grading of each tumor was considered under the 2004 World Health Organization grading system. Tumor location was defined as renal pelvis, ureter or both of them based on dominant tumor features (16). The assessment of squamous differentiation, with keratinization or intercellular bridges serving as indicator, was carried out by hematoxylin and eosin (H&E) staining. H&E staining was applied to record the lymphovascular invasion. No changes in the criteria for determining characterization of squamous differentiation occurred all along the whole study.

Statistical methods

Cancer specific survival calculated the time gap from the date of surgery to the date of UTUC specific death. The independent-sample Student's t-test and chi-square test were applied to make evaluation on continuous variables and categorical variables, respectively. The log-rank test was devoted to examining distinction while the Kaplan-Meier curve was carried to describe overall survival trends and curves. Landmark survival analysis was also used to determine cancer specific survival with Empower Stats software. Univariate analyses using the Cox regression models were performed to examine the cancer specific survival after operation and only the significant factors were entered into multivariate models. A p value (no more than 5 percent, two-sided) was considered to present a statistically significant difference, and hazard ratios with 95% CIs from the Cox model were used. The whole statistical analysis was performed on SPSS 22 statistical software (SPSS, IBM Corporation, Armonk, NY, USA).

Characteristic	Total Squamous differentiation (absent)		Squamous differentiation (present)	Р	
Cases, n [%]	770 [100]	669 [87]	101 [13]	-	
Mean age [range], years	66 [23–92]	66 [23–92]	66 [25–85]	0.746	
Gender, n [%]				0.552	
Μ	537 [70]	464 [69]	73 [72]		
F	233 [30]	205 [31]	28 [28]		
M:F	2:1	2:1	3:1		
Side of tumor, n [%]				0.555	
Left	387 [50]	339 [51]	48 [48]		
Right	383 [50]	330 [49]	53 [52]		
Primary site, n [%]				0.231	
Renal pelvis	412 [54]	350 [52]	62 [61]		
Ureter	271 [35]	241 [36]	30 [30]		
Both	87 [11]	78 [12]	9 [9]		
Tumor grade, n [%]				0.001	
Low	192 [25]	180 [27]	12 [10]		
High	578 [75]	489 [73]	89 [90]		
Tumor stage, n [%]				0.022	
pTa/pT1	348 [45]	313 [47]	35 [36]		
pT2/pT3/pT4	422 [55]	356 [53]	66 [64]		
Lymphovascular invasion, n [%]				0.024	
No	627 [81]	553 [83]	74 [73]		
Yes	143 [19]	116 [17]	27 [27]		
Intravesical recurrence, n [%]				0.074	
No	560 [73]	494 [74]	66 [65]		
Yes	210 [27]	175 [26]	35 [35]		

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Table 1 Correlation of squamo	us differentiation with clinical	and pathological chara	cteristics in patients with up	per fract urothelial carcinoma
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M, male, F, female.

Results

Clinical characteristics

Clinical and pathological characteristics were presented in *Table 1*. Patients were 66 years old on average, and 537 male patients and 233 female patients were included in this study, with male-to-female ratio of 2:1. Among the 770 patients, squamous differentiation was determined in 101 (13%) patients. Squamous differentiation was not significantly associated with age (P=0.746), gender (P=0.552), side of tumors (P=0.555), primary site (P=0.231) and intravesical recurrence (P=0.074). However, higher percentage of occurrence was tested on high grade tumors with squamous differentiation, compared to those without squamous differentiation (90% vs. 73%, P=0.001). Patients in UTUC with squamous differentiation group showed a higher frequency of more advanced disease (pT2/pT3/ pT4) (P=0.022) in comparison with the pure UTUC group. Dramatic difference of lymphovascular invasion rates were captured in the above two cohorts, lymphovascular invasion was more common to be noted on UTUC with squamous differentiation [27 squamous differentiation-present

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Tumor stage	Squamous differentiation (absent)	Squamous differentiation (present)	Р	Total, n [%]
pTa/pT1, n [%]				
Low	88 [28]	6 [17]	0.166	94 [27]
High	225 [72]	29 [83]	0.166	254 [73]
Total	313	35		348
pT2/pT3/pT4, n [%]				
Low	92 [26]	6 [9]	0.000	98 [23]
High	264 [74]	60 [91]	0.003	324 [77]
Total	356	66		422

Table 2 Tumor stage and	grade demographics of UTUC	patients stratified by presence of tumor so	uamous differentiation

UTUC, upper urinary tract urothelial carcinoma.

patients (27%) vs. 116 squamous differentiation-absent patients (17%)] (P=0.024). Intravesical recurrent patients with squamous differentiation was 35 (35%) and intravesical recurrent patients without squamous differentiation was 175 (26%) (P=0.074). Namely, there were no significant links between squamous differentiation and the occurrence of intravesical recurrence in UTUC. The quadripartite patients, stratified by tumor stage and grade, were listed in *Table 2*. Surprisingly, in early stage (pTa/pT1) UTUC patients, high-grade tumors did not prevail in squamous differentiation-present cohort [29 squamous differentiationpresent patients (83%) vs. 225 squamous differentiationabsent patients (72%)] (P=0.166). However, UTUC patients with squamous differentiation showed a higher frequency of high-grade disease (P=0.003) in advanced stage.

Oncological outcome

In this retrospective study, the median follow-up was 50 months, with the minimum of 2 and maximum of 150. Suffering from cancer metastasis, 350 patients (45%) died in this follow-up period. The overall 5-year cancer specific survival rate was 61%. To be more specific, the 5-year cancer specific survival rates were 47% for squamous differentiation-present patients while 63% for squamous differentiation-absent patients (P=0.002, *Figure 1A*). In subgroup of early-stage (pTa/pT1), only 6 low-grade patients presented squamous differentiation (*Table 2*). Because of great statistical bias for survival analysis, we did not investigate the impact of squamous differentiation on low-grade patients in early stage group, the 5-year cancer specific

survival rate was 67% in squamous differentiation-absent patients and 52% in squamous differentiation-present patients (P=0.098, Figure 1B). According to Kaplan-Meier curve in Figure 1B, we found significant survival differences between squamous differentiation positive and negative patients after 25-30 months' survival. Then, we estimated cancer specific survival of these patients using Landmark survival analysis methods with time from the 25-month landmark. The results showed that high-grade patients with squamous differentiation tended to have a significant decrease of cancer specific survival after previous 25-month survival in early stage (P=0.045, Figure 1C). In subgroup of advanced pathologic T stage (pT2/pT3/pT4), the few low-grade patients with squamous differentiation was not suitable for analysis of survival (Table 2). Meanwhile, in advanced stage group, the 5-year cancer specific survival rates were 57% in squamous differentiation-absent highgrade patients and 44% in squamous differentiation-present high-grade patients (P=0.041, Figure 1D).

Intravesical recurrence was observed in 210 (27%) patients. However, significant differential frequency of intravesical recurrence was not detected between squamous differentiation positive and negative patients (35% vs. 26%, P=0.074) (*Table 1*). We also found that intravesical recurrence had little influence on the cancer specific survival of squamous differentiation-present patients (P=0.223, *Figure 2A*). On the contrary, intravesical recurrence tended to decrease cancer specific survival among squamous differentiation-absent patients (P=0.001, *Figure 2B*).

Cox proportional hazard analysis was applied for further analysis (*Table 3*). In the results of univariate

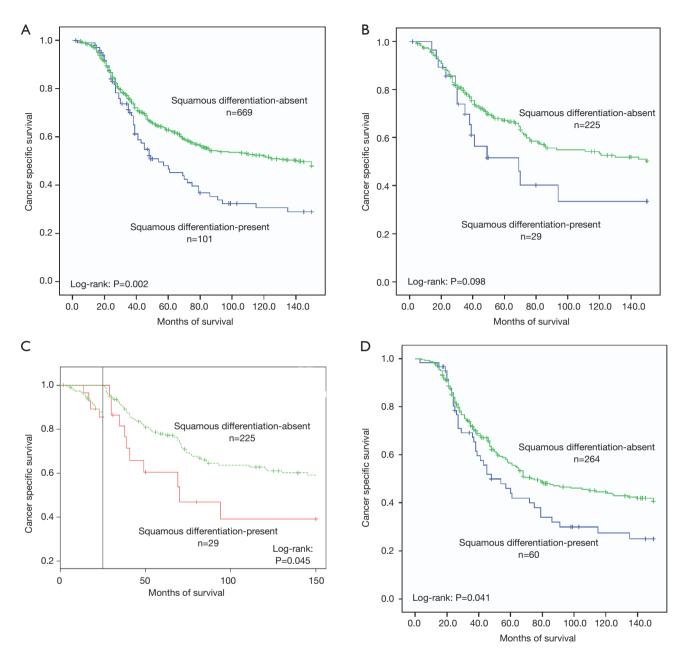


Figure 1 Kaplan-Meier curve of the cancer specific survival rates for UTUC patients. (A) Kaplan-Meier curve of the cancer specific survival rates for the squamous differentiation-present patients (P=0.002). (B) Kaplan-Meier curve of the cancer specific survival rates for the high-grade patients with squamous differentiation and high-grade patients without squamous differentiation in subgroup of early-stage (pTa/pT1) (P=0.098). (C) Landmark survival curve of the cancer specific survival rates for the high-grade patients without squamous differentiation in subgroup of early-stage (pTa/pT1) (P=0.098). (C) Landmark survival curve of the cancer specific survival rates for the high-grade patients with squamous differentiation in subgroup of early-stage (pTa/pT1) (P=0.045). (D) Kaplan-Meier curve of the cancer specific survival rates for the high-grade patients without squamous differentiation and high-grade patients without squamous differentiation in subgroup of early-stage (pTa/pT1) (P=0.045). (D) Kaplan-Meier curve of the cancer specific survival rates for the high-grade patients without squamous differentiation and high-grade patients without squamous differentiation in subgroup of advanced stage (pT2/pT3/pT4) (P=0.041). UTUC, upper urinary tract urothelial carcinoma.

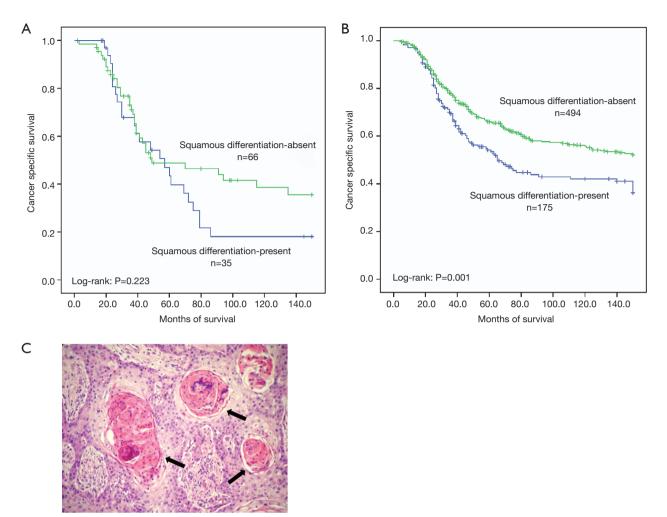


Figure 2 Cancer specific survival characteristics of intravesical recurrence in UTUC patients. (A) Kaplan-Meier curve of the cancer specific survival rates for the intravesical recurrence-absent and intravesical recurrence-present UTUC patients with squamous differentiation (P=0.223). (B) Kaplan-Meier curve of the cancer specific survival rates for the intravesical recurrence-absent and intravesical recurrence-present UTUC patients without squamous differentiation (P=0.001). (C) The component of tumor was considered to be squamous when intercellular bridges and/or keratinization were evident. Arrow shows the intercellular bridges and/or keratinization. UTUC, upper urinary tract urothelial carcinoma.

analysis, age (HR 1.508, 95% CI: 1.209–1.882, P<0.001), tumor grade (HR 1.376, 95% CI: 1.048–1.805, P=0.021), tumor stage (HR 1.279, 95% CI: 1.026–1.593, P=0.028), lymphovascular invasion (HR 1.429, 95% CI: 1.112–1.836, P=0.005), intravesical recurrence (HR 1.440, 95% CI: 1.151–1.802, P=0.001) and squamous differentiation (HR 1.339, 95% CI: 1.002–1.791, P=0.049) were examined to be the prognostic factors correlated with cancer specific survival rates. According to the results of the multivariate Cox proportional hazard analysis, age (HR 1.513, 95% CI: 1.215–1.885, P<0.001), tumor grade (HR 1.380, 95% CI: 1.056–1.803, P=0.018), tumor stage (HR 1.261, 95% CI: 1.014–1.568, P=0.037), lymphovascular invasion (HR 1.430, 95% CI: 1.115–1.833, P=0.005), and intravesical recurrence (HR 1.447, 95% CI: 1.158–1.809, P=0.001) significantly influenced the cancer specific survival rates. However, in multivariate analyses adjusted for the tumor grade and other clinicopathological factors, there were no significant associations between squamous differentiation and patients' outcomes. That is to say, the squamous differentiation did not remain as a significant independent predictor of cancer specific survival (HR 1.336, 95% CI: 0.999–1.785, P=0.051).

Variable -		Univariate analysis			Multivariate analysis		
	HR	95% CI	Р	HR	95% CI	Р	
Age	1.508	1.209–1.882	<0.001	1.513	1.215–1.885	<0.001	
Gender	1.068	0.848-1.343	0.577	-	-	-	
Side of tumor	0.911	0.738-1.126	0.389	-	-	-	
Primary site	1.097	0.759–1.585	0.622	-	-	-	
Tumor grade	1.376	1.048-1.805	0.021	1.380	1.056–1.803	0.018	
Tumor stage	1.279	1.026-1.593	0.028	1.261	1.014–1.568	0.037	
Lymphovascular invasion	1.429	1.112–1.836	0.005	1.430	1.115–1.833	0.005	
Intravesical recurrence	1.440	1.151–1.802	0.001	1.447	1.158–1.809	0.001	
Squamous differentiation	1.339	1.002-1.791	0.049	1.336	0.999–1.785	0.051	

Table 3 Univariate and multivariate Cox regression analyses predicting cancer specific survival

HR, hazard ratio; CI, confidence interval.

Pathology characteristics

Overall 101 squamous differentiation patients were diagnosed and confirmed by pathologists. The occurrence of squamous differentiation was confirmed with a sufficient indicator of intercellular bridges and/or keratinization (*Figure 2C*). The major histological characteristic includes: (I) strands or nests of infiltrating tumor cells contains large and medium sized nucleolus; (II) no clearly separated amphophilic or eosinophilic cytoplasmic background.

Discussion

Compared with bladder cancer, UTUC tends to have worse survival and prognosis according to tumor characteristics (17,18). Although previous studies had shown the significant prognostic role of squamous differentiation in UTUC, results about the impact of squamous differentiation on patients' survival were still inconsistent among these reports (19-22). Makise et al. retrospectively analyzed the hematoxylin and eosin stained slides and clinical records of 140 UTUC patients, and found that squamous differentiation was more likely to shorten the cancer specific survival. But the authors suggested that squamous differentiation was not an independent predictor of worse prognosis for UTUC patients (23). Lee et al. evaluated the clinicopathologic data of 696 UTUC patients treated with RNU and shown that patients with squamous differentiation in UTUC tended to have poorer cancer

specific survival and overall survival (20). Multivariate Cox regression analysis from this paper revealed that squamous differentiation was an independent predictor for cancer specific survival (20). Kim *et al.* retrospectively selected 452 patients who received RNU for UTUC and determined the effect of variant histology on the patients (24). They confirmed that the cancer specific survival of patients with squamous differentiation descended significantly while compared with the pure UTUC patients and variant histology as an independent prognostic factor harbored aggressive tumor biological characteristics (24).

The current study proposed that squamous differentiation in UTUC was correlated with clinicopathological features and clinical outcome. Compared with pure UTUC, high grade (90% vs. 73%, P=0.001), advanced stage (pT2/pT3/ pT4) (64% vs. 53%, P=0.022), and lymphovascular invasion (27% vs. 17%, P=0.024) were significantly associated with squamous differentiation. Detection of intravesical recurrence was also greater in the cohort of patients with squamous differentiation (35% vs. 26%), but no significant influence was observed (P=0.074). For early stage patients, squamous differentiation was not significantly associated with tumor grade. However, early stage patients with squamous differentiation tend to receive high tumor grade (83% vs. 72%). The occurrence of squamous differentiation significantly correlated with the presence of high grade in advanced stage patients. Our results revealed that age (HR 1.508, 95% CI: 1.209-1.882, P<0.001), tumor grade (HR 1.376, 95% CI: 1.048-1.805, P=0.021), tumor stage (HR

1.279, 95% CI: 1.026-1.593, P=0.028), lymphovascular invasion (HR 1.429, 95% CI: 1.112-1.836, P=0.005), intravesical recurrence (HR 1.440, 95% CI: 1.151-1.802, P=0.001) and squamous differentiation (HR 1.339, 95% CI: 1.002-1.791, P=0.049) were significantly associated with poorer prognosis in univariate Cox proportional hazard analysis. However, presence of squamous differentiation lacked independent influence on patient outcome in multivariate Cox analysis. The present results suggested that squamous differentiation was correlated with tumor progression, but was not an independent predictor of worse prognosis in UTUC patients. Although several previous studies proposed the independent prognostic in UTUC (19,20,22), other reports and our study failed to confirm that (5,21). Several factors like group classification, methods of pathological examination, and covariates included in the multivariate model attributed the inconsistent conclusions. Classification of squamous and glandular differentiation into one group as a major reason accounts for the independent prognostic role of squamous differentiation in some studies without accurate description of solely squamous differentiation prognostic effect (20).

In order to determine the impact of squamous differentiation on cancer specific survival accurately, we compared the cancer specific survival between squamous differentiation-present and squamous differentiation-absent cohorts based on similar stage patients. The few squamous differentiation-present low-grade patients limited the statistics of survival analysis, and more patients need to be enrolled in the future. Our present findings showed that high-grade squamous differentiation-present patients had poorer 5-year cancer specific survival rates than high-grade squamous differentiation-absent patients with same tumor stage UTUC. Namely, high-grade UTUC patients ought to be concerned about the aggressive role of squamous differentiation after RNU. Among high-grade UTUC patients in early stage, squamous differentiation more likely to induced worse prognostic outcome after 25 years.

Although our series suggested squamous differentiation was not associated with intravesical recurrence significantly, patients with squamous differentiation tend to obtain high risk of intravesical recurrence (35% vs. 26%). Worse prognostic influence of intravesical recurrence in squamous differentiation-absent patients did not occurred in squamous differentiation-present patients. That is to say intravesical recurrence was not an independent prognostic factor for squamous differentiation-present patients based on similar cancer specific survival (P=0.223).

In our study, no patients received neoadjuvant chemotherapy and experienced confirmed lymph node metastasis before surgery. Intravesical chemotherapy with Pirarubicin or Camptothecins was performed routinely on UTUC patients after RNU, in accordance with bladder urothelial carcinoma. However, a single postoperative dose of intravesical chemotherapy (mitomycin C, pirarubicin) immediately after surgery was recommended based on the European Association of Urology Guidelines 2017. If lymphatic metastasis was detected in patients, systemic chemotherapy cannot be avoided after surgery. In addition, patients with suspicious enlarged lymph nodes on preoperative radiology or with intraoperatively abnormal observations received regional lymphadenectomy. Current guidelines recommend high risk UTUC should proceed Lymphadenectomy and extra-nodal extension, but previous years the extent and number of lymphadenectomies performed were determined by the surgeons. Patients treated in single center provided consistent evaluation, same treatment approach on all the subjects, and follow up, which was appropriate to evaluate outcomes.

There are a few limitations in present study. Our data were retrospective in nature and inherent biases occurred in a patient selection and treatment. The pathological and clinical data was collected from a single institution and the size of patients was not large enough. It should be noted that the size of low-grade UTUC patients with squamous differentiation was small, and thus, limitations occurred. However, these limitations are unavoidable, taking the deficiency of UTUC with squamous differentiation into consideration. Further studies involving larger scale of patients are still needed to value the significant role of squamous differentiation.

Conclusions

As it is concerned, squamous differentiation in UTUC was associated with advanced stage and higher grade, when compared to pure UTUC. In the present study, the presence of squamous differentiation was a vital prognostic factor for cancer specific survival and correlated with intravesical recurrence after receiving RNU.

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Footnote

Conflicts of Interest: The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. Our study was approved by the independent ethical committee/ institutional review board of the Second Hospital of Tianjin Medical University, Tianjin Institute of Urology, Tianjin, China (ID:KY2019K031) and written informed consent was obtained from all patients.

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