

Comparison between Child-Pugh Score and albumin-bilirubin grade in patients treated with the combination therapy of transarterial chemoembolization and sorafenib for hepatocellular carcinoma

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Background: Albumin-Bilirubin (ALBI) grade has been proposed for the evaluation of liver function in hepatocellular carcinoma (HCC). The combination therapy of transarterial chemoembolization (TACE) and sorafenib is widely used for HCC patients with preserved liver function; our study aimed to investigate and compare the discriminating values of ALBI grade and Child-Pugh score in overall survival (OS).

Methods: A total of 173 HCC patients with preserved liver function (Child-Pugh A) were enrolled. The prognostic values of OS for ALBI grade and Child-Pugh score were separately investigated.

Results: In multivariate analyses, both ALBI grade and Child-Pugh score could significantly stratify the patients with different OS [adjusted hazard ratio (HR) 2.15 and 1.48, P<0.001 and P=0.035 for ALBI grade and Child-Pugh score]. In addition, time-dependent ROC analysis demonstrated that the ALBI grade had a better discriminatory ability than Child-Pugh score in predicting survival, especially for long-term outcomes. According to the subgroup analyses, the ALBI grade remained significant in more patient subsets and was more consistent than Child-Pugh score for the prediction of OS.

Conclusions: ALBI grade was better than Child-Pugh score in stratifying prognosis for HCC patients with preserved liver function (Child-Pugh A) and treated by the combination therapy of TACE and sorafenib.

Keywords: Hepatocellular carcinoma (HCC); liver function; predictive ability; overall survival (OS)

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Introduction

Hepatocellular carcinoma (HCC) is the third leading cause of cancer-related death; for the coexistence of underlying liver disease, the prognosis assessments of the HCC patients remain complicated and should take the tumor burden, liver function and physical status into consideration (1,2). Generally, the Child-Pugh classification is routinely used to evaluate the liver function in HCC patients and even plays an important role in most of the prevalent staging systems (3). However, the Child-Pugh classification is originally proposed for the patients with cirrhosis and portal hypertension undergoing surgery for variceal bleeding rather than HCC (4,5); moreover, the Child-Pugh classification might introduce subjectivity for including the factors of ascites and encephalopathy (6). Recently, a new model for the evaluation of liver function only according to albumin and bilirubin (ALBI) has shown high discriminating value in predicting survival for patients with HCC and has been widely validated all over the world (7,8).

According to the BCLC staging system, transarterial chemoembolization (TACE) is the standard therapy for intermediate HCC, while the systemic therapy is recommended to those with advanced disease (2,9). Sorafenib, as the first approved systemic treatment, is usually combined with TACE for unresectable HCC in clinical practice (10-12). Several prospective cohort studies have demonstrated the safety and effectiveness of this novel treatment modality (13,14). In this study, we aimed to compare the prognostic value of ALBI score and Child-Pugh score in HCC patients with Child-Pugh A who had received the combination treatment of TACE and sorafenib.

Methods

Study population

Study data were extracted from a database of 1,487 consecutive HCC patients treated at our center from January 2010 to June 2014. The HCC was diagnosed according to American Association for the Study of the Liver Disease or European Association for the Study of Liver disease (AASLD/EASL) guidelines (9,15). Patients with Child-Pugh A classification who were being treated with the combination therapy of TACE and sorafenib were included; meanwhile, patients meeting one of the following criteria were excluded: the presence of extrahepatic spread (EHS), Eastern Cooperative Oncology Group (ECOG) performance status >1 and decompensated

liver function with ascites, jaundice or encephalopathy. Written informed consent was obtained from all patients before the administration of TACE or sorafenib; and the study protocol conformed to the ethical guidelines of the 1975 Declaration of Helsinki and was approved by the Institutional Review Board.

Treatment and follow-up

Before the TACE, hepatic artery angiography was carried out to evaluate the vascular anatomy and tumor vascularity; after that, a vascular catheter was inserted selectively into the tumor-feeding artery with an injection containing a mixture of doxorubicin (10-50 mg) and lipiodol (2-20 mL), followed by an embolization using gelatin sponge particles. Sorafenib was continuously administered for thirty days before or after first TACE, with an initial dose of 400 mg twice daily. Laboratory assessments were conducted every four to six weeks; imaging evaluation was performed during the fourth and eighth weeks after treatment and every eight weeks thereafter through the contrast-enhanced computed tomography (CT) or magnetic resonance imaging (MRI). When residual viable tumors were confirmed or new lesions developed in patients with adequate liver function, repeated TACE was allowed. Patients were always encouraged to continue sorafenib administration, unless unmanageable or life-threatening adverse events occurred. According to the presence of toxicities, sorafenib dose modification was permitted. Adverse events were assessed by three independent physicians using the Common Terminology Criteria for Adverse Events (CTCAE; version 3.0) from the National Cancer Institute of China.

Statistical analysis

Categorical variables were summarized by frequencies and percentages; continuous variables were described by average with standard deviation (SD) or median with interquartile range (IQR). Overall survival (OS) was defined as the time from the first session of TACE until death or until last follow-up; and the survival analysis was conducted using Kaplan-Meier method and compared with log-rank test. Cox-proportional hazard regression models were used to estimate hazard ratios for risk factors in relation to OS. Three multivariate models with stepwise methods were separately conducted for selecting the independent prognostic factors: model 1 including the baseline characteristics; model 2 including the baseline

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 Table 1 Baseline demographics and clinical characteristics of the patients (N=173)

Characteristics	Number (%)/mean ± SD/ median (IQR)			
Age at start (year)	51.9±11.9			
Gender (male/female)	148 (85.5)/25 (14.5)			
Etiology (HBV/non-HBV)	146 (84.4)/27 (15.6)			
ECOG score (0/1)	98 (56.6)/75 (43.4)			
BCLC stage (A/B/C)	13 (7.5)/70 (40.5)/90 (52.0)			
Previous treatments (yes/no)	160 (92.5)/13 (7.5)			
Tumor size (cm)	8.5±4.1			
Tumor number (unifocal/multifocal)	92 (53.2)/81 (46.8)			
PVTT (absent/present)	127 (73.4)/46 (26.6)			
AFP level (≤400/>400 ng/mL)	84 (48.5)/89 (51.4)			
Platelets (×10 ⁹ /L)	148.8±86.2			
International normalized ratio	1.12±0.13			
Alanine aminotransferase (U/L)	46.2±33.9			
Aspartate aminotransferase (U/L)	58.9±41.9			
Albumin (g/L)	39.5±5.0			
Bilirubin (µmol/L)	16.8±7.9			
Urea nitrogen (mmol/L)	4.9±1.5			
Serum creatinine (µmol/L)	84.2±16.8			
Child-Pugh score (5/6)	126 (72.8)/47 (27.2)			
ALBI grade (1/2)	86 (49.7)/87 (50.3)			

SD, standard deviation; IQR, interquartile range; HBV, hepatitis B virus; ECOG, Eastern Cooperative Oncology Group; BCLC, Barcelona Clinic Liver Cancer; PVTT, portal vein tumor thrombosis; AFP, alpha-fetoprotein; ALBI, Albumin-Bilirubin.

characteristics and Child-Pugh score but excluding albumin and bilirubin; model 3 including the baseline characteristics and ALBI score but also excluding albumin and bilirubin. To compare the discriminatory abilities of Child-Pugh score and ALBI score for OS, the time-dependent receiver operating characteristic (ROC) curve was used at different follow-up time points. Finally, the survival analyses according to Child-Pugh score and ALBI SCORE were separately repeated for multiple subgroups of patients with different baseline backgrounds. Statistical analyses were conducted using SPSS software version 17.0 (SPSS Inc., Chicago, IL, USA) and R version 3.3.1 (R Foundation for Statistical Computing, Vienna, Austria).

Results

Baseline characteristics

According to the protocol, this study cohort consisted of 173 patients with a mean age of 51.9 years. Of the enrolled patients, 148 (85.5%) patients were male and 146 (84.4%) patients had HBV infection. According to the BCLC staging system, 13 (7.5%), 70 (40.5%) and 90 (52.0%) patients belonged to the stage of A, B and C, respectively. Ninety-eight (56.6%) patients had no tumor-related symptoms and the majority of the patients (160, 92.5%) had received no previous treatment. The mean tumor size (maximum diameter of the largest tumor) was 8.5 cm, and 92 (53.2%) patients had a unifocal tumor; in addition, there were 127 (73.4%) patients without portal vein tumor thrombosis. The laboratory examinations at baseline were also summarized in *Table 1*.

Survival analyses according to Child-Pugh Score and ALBI

During a mean follow-up of 22.6 months, 145 patients had died and the median OS reached 15.1 [95% confidence interval (CI) 12.3–17.9] months. According to the Child-Pugh system for the evaluation of liver function, 126 (72.8%) and 47 (27.2%) patients had a Child-Pugh score of 5 and 6, respectively. Based on the Kaplan-Meier curves, the patients with a Child-Pugh score of 5 had a longer OS than those with a Child-Pugh score of 6 (16.7 *vs.* 10.5 months, Log-rank P=0.004; *Figure 1A*). However, according to the ALBI system, 86 (49.7%) patients belonged to grade 1 and 87 (50.3%) to grade 2 with a mean score of –2.95 and –2.20, respectively. The patients with ALBI grade 1 reached a median OS of 19.0 months, which was better than the patients with ALBI grade 2, who had a median OS of 11.7 months (Log-rank P<0.001; *Figure 1B*).

Univariate and multivariate analyses

According to the univariate analysis for OS, the ECOG performance status, tumor size, presence of PVTT, AFP level, AST, albumin and bilirubin, as well as Child-Pugh score and ALBI grade were significant prognostic factors (P<0.05; *Table 2*). In multivariate model 1, ECOG performance status (HR 1.66, P=0.009), tumor size (HR 1.08, P=0.007), presence of PVTT (HR 2.08, P<0.001), albumin (HR 0.95, P=0.007) and bilirubin (HR 1.04, P<0.001) were identified as independent predictors of

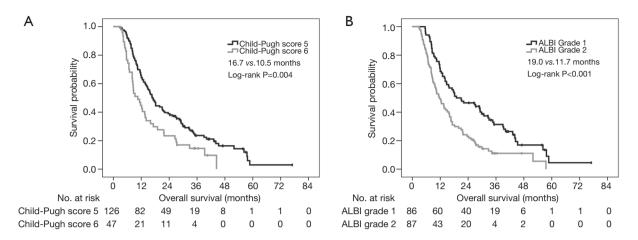


Figure 1 Kaplan-Meier curves for overall survival (OS). (A) Comparison of survival between patients with a Child-Pugh score of 5 and 6; (B) comparison of survival between patients with ALBI grade 1 and 2. ALBI, Albumin-Bilirubin.

Table 2 Univariate analyses of baseline characteristics for overall survival

Variable	HR (95% CI)	P value
Age, per year increase	0.99 (0.98–1.01)	0.291
Gender male (Ref: female)	0.92 (0.58–1.46)	0.731
Etiology HBV/non-HVB (Ref: HBV)	0.81 (0.52–1.26)	0.346
ECOG score 0/1 (Ref: score of 0)	2.65 (1.88–3.72)	<0.001
Prior treatments (Ref: No)	1.00 (0.56–1.77)	0.996
Tumor size, per 1 cm increase	1.11 (1.06–1.16)	<0.001
Multifocal tumors (Ref: unifocal)	1.24 (0.89–1.72)	0.205
PVTT (Ref: absent)	3.26 (2.24–4.76)	<0.001
INR, per 1% increase	1.00 (0.99–1.01)	0.979
AFP (Ref: ≤400 ng/mL)	1.83 (1.31–2.55)	<0.001
ALT, per 1 U/L increase	1.00 (0.99–1.01)	0.958
AST, per 1 U/L increase	1.01 (1.00–1.01)	<0.001
Albumin, per 1 g/L increase	0.94 (0.91–0.97)	<0.001
Bilirubin, per 1 µmol/L increase	1.05 (1.03–1.07)	<0.001
Child-Pugh score 6 (Ref: score 5)	1.70 (1.18–2.45)	0.004
ALBI grade 2 (Ref: grade 1)	2.52 (1.70–3.73)	<0.001

SD, standard deviation; IQR, interquartile range; HBV, hepatitis B virus; ECOG, Eastern Cooperative Oncology Group; PVTT, portal vein tumor thrombosis; INR, International normalized ratio; AFP, alpha-fetoprotein; ALT, alanine aminotransferase; AST, aspartate aminotransferase; ALBI, Albumin-Bilirubin.

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M. S. LL	Model 1		Model 2		Model 3	
Variable –	HR (95% CI)	P value	HR (95% CI)	P value	HR (95% CI)	P value
ECOG 0/≥1 (Ref: score of 0)	1.66 (1.14–2.41)	0.009	1.90 (1.32–2.74)	0.001	1.88 (1.30–2.71)	0.001
Tumor size, per 1 cm increase	1.08 (1.03–1.13)	0.007	1.07 (1.02–1.11)	0.006	1.07 (1.02–1.12)	0.005
PVTT (Ref: absent)	2.08 (1.40–3.10)	<0.001	2.21 (1.48–3.29)	<0.001	2.06 (1.38–3.06)	<0.001
Albumin, per 1 g/L increase	0.95 (0.92–0.99)	0.007	_	-	-	-
Bilirubin, per 1 µmol/L increase	1.04 (1.02–1.07)	<0.001	_	-	-	-
Child-Pugh score 5 (Ref: score 6)	-	-	1.48 (1.03–2.14)	0.035	-	-
ALBI grade 2 (Ref: grade 1)	_	-	-	-	2.15 (1.41-3.27)	<0.001

Table 3 Multivariate analyses for the adjusting the predictive value of Child-Pugh score and ALBI grade

SD, standard deviation; IQR, interquartile range; HBV, hepatitis B virus; ECOG, Eastern Cooperative Oncology Group; PVTT, portal vein tumor thrombosis; INR, International normalized ratio; AFP, alpha-fetoprotein; ALT, alanine aminotransferase; AST, aspartate aminotransferase; ALBI, Albumin-Bilirubin.

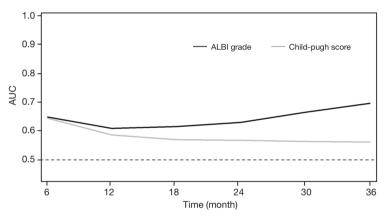


Figure 2 Time-dependent receiver operating curves (ROC) for ALBI grade and Child-Pugh score for predicting overall survival (OS). ALBI, Albumin-Bilirubin.

OS. According to multivariate model 2, the independent prognostic factors included ECOG performance status (HR =1.90, P=0.001), tumor size (HR =1.07, P=0.006), presence of PVTT (HR =2.21, P<0.001) and Child-Pugh score (HR =1.48, P=0.035). For multivariate model 3, the independent predictors of OS were ECOG performance status (HR =1.88, P=0.001), tumor size (HR =1.07, P=0.005), presence of PVTT (HR =2.06, P<0.001) and ALBI grade (HR =2.15, P<0.001) (*Table 3*). Therefore, according to the multivariate analysis, the Child-Pugh score and ALBI grade could independently predict OS in patients treated with the combination therapy of TACE and sorafenib.

Comparison of the discriminatory abilities for Child-Pugh Score and ALBI grade in predicting survival

According to the time-dependent ROC analysis, the ALBI grade had a more discriminatory ability than Child-Pugh in predicting survival, especially at the long-term time points (*Figure 2*). In addition, their predictive abilities were investigated in subsets of patients with different baseline characteristics. As for the ALBI grade, it was a significant predictor of OS in thirteen of sixteen subsets and lost its predictive value in female patients and those with non-HBV etiologies or PVTT (P>0.05; *Figure 3*). Nevertheless, the Child-Pugh score remained predictive in only nine of

Subgroups	Ν	HR (95% CI)	P values	Predicting poor survival
Age <60 years	127	1.83 (1.24-2.70)	0.002	│
Age ≥60 years	46	2.09 (1.06-4.09)	0.033	┥ ┊♠
Male	148	1.95 (1.36-2.81)	<0.001	┨
Female	25	1.74 (0.67-4.57)	0.258	┥
HBV hepatitis	146	1.95 (1.35-2.82)	<0.001	┨ ┆ _ ╋ <u>─</u>
Non-HBV etiologies	27	1.69 (0.70-4.08)	0.242	┨ _∔♠
Maximum tumor size <7 cm	72	2.01 (1.16-3.49)	0.013	┥
Maximum tumor size ≥7 cm	101	1.68 (1.10-2.57)	0.016	
Unifocal	92	1.90 (1.18-3.06)	0.008	┨ │_ ● ──
Multifocal	81	2.17 (1.33-3.53)	0.002	┨ ╎
ECOG PS 0	98	1.67 (1.04-2.67)	0.034	┥ ┝╋━━
ECOG PS 1	75	1.72 (1.04-2.83)	0.033	┥ ┝━━
PVTT absent	127	2.07 (1.38-3.09)	<0.001	┥
PVTT present	46	1.09 (0.59-2.01)	0.787	┤ _✦
AFP ≤200 ng/ml	84	2.04 (1.23-3.38)	0.006	i
AFP >200 ng/ml	89	1.71 (1.09-2.67)	0.020	┤
Entire cohort	173	1.93 (1.38-2.69)	<0.001	┤
				0 1.0 2.0 3.0 4.0 5.0 6.0 HR for ALBI Grade predicting survi

Figure 3 Subgroup analyses for ALBI grade to predict overall survival (OS). ALBI, Albumin-Bilirubin.

sixteen subsets (P<0.05; Figure 4).

Discussion

According to the BCLC staging system, the survival of patients with HCC is determined by the tumor burden, liver function and physical status (2). The Child-Pugh classification is commonly used in the evaluation of liver function; nevertheless, it has several limitations and introduces subjectivity (6). The ALBI grade, proposed by Johnson et al., is a simple and objective method based only on the albumin and bilirubin which has shown a reliable ability to stratify patients with significantly different prognoses, and even performs well in a different staging system when replacing Child-Pugh classification (7,16-18). Especially, for patients with preserved liver function (Child-Pugh A), the ALBI grade performs well in predicting survival (19). Although the ALBI system has been validated in HCC patients treated by curative therapy, locoregional treatment and sorafenib, its discriminatory value in those patients receiving the combination therapy of TACE and sorafenib has never been evaluated (20-22).

According to our study, the ALBI grade and Child-Pugh score can separately predict the survival of HCC patients with Child-Pugh A who are receiving the combination therapy of TACE and sorafenib. When compared to patients with ALBI grade 1, the risk of death increases by 115% for patients with ALBI grade 2, while a Child-Pugh score of 6 increases the risk of death by 48% compared to a Child-Pugh score of 5. This means that the ALBI grade stratifies the patients with different prognosis more obviously and significantly than the Child-Pugh score for those patients with preserved liver function (Child-Pugh A). These findings are consistent with the previous perspectives of the replacement of Child-Pugh Score with ALBI grade as trial inclusion criteria for the participants with preserved liver function (19,23).

Additionally, the ALBI grade was better than Child-Pugh score in terms of the discriminatory ability for OS based on the time-dependent ROC analyses, especially in long-term outcomes. Previous studies have demonstrated that the ALBI grade was comparable to Child-Pugh score for evaluating liver function; however, none of them have investigated and compared their discriminatory values at different time points. Considering the long-term discriminating ability, the ALBI grade might be better than Child-Pugh score in prognostic stratification for patients with preserved liver function (Child-Pugh A). For intermediate HCC, there are great heterogeneity regarding patient characteristics (24). The substage of BCLC B stage

Subgroups	Ν	HR (95% CI)	P values	Predicting poor survival
Age <60 years	127	1.40 (0.92-2.12)	0.109 -	
Age ≥60 years	46	3.46 (1.56-7.67)	0.002 -	
Male	148	1.58 (1.06-2.35)	0.024 -	.
Female	25	2.42 (0.95-6.17)	0.065 -	
HBV hepatitis	146	1.68 (1.14-2.49)	0.009 -	.
Non-HBV etiologies	27	1.79 (0.65-4.93)	0.264 -	↓
Maximum tumor size <7 cm	72	1.66 (0.90-3.04)	0.104 -	↓
Maximum tumor size ≥7 cm	101	1.76 (1.12-2.78)	0.015 -	—
Unifocal	92	1.79 (1.09-2.94)	0.022 -	↓
Multifocal	81	1.73 (1.01-2.97)	0.046 -	—
ECOG PS 0	98	1.68 (0.97-2.91)	0.067 -	—
ECOG PS 1	75	1.32 (0.81-2.15)	0.265 -	
PVTT absent	127	1.79 (1.15-2.79)	0.010 -	↓
PVTT present	46	1.42 (0.74-2.72)	0.290 -	—
AFP ≤200 ng/ml	84	1.78 (1.03-3.05)	0.038 -	↓
AFP >200 ng/ml	89	1.83 (1.11-3.00)	0.018 -	↓
Entire cohort	173	1.70 (1.18-2.45)	0.004 -	↓

HR for Child-Pugh score predicting survival

Figure 4 Subgroup analyses for Child-Pugh score to predict overall survival (OS).

has been proposed and widely validated; however, it uses the Child-Pugh score for the assessment of liver function (24,25). Considering that the majority of the patients with intermediate HCC have preserved liver function, it might be more appropriate to use ALBI grade to stratify the intermediate HCC rather than using Child-Pugh score. Recently, Hiraoka *et al.* developed a new sub-grouping for intermediate-stage HCC based on ALBI grade and found it better than the traditional substage proposed by Bolondi *et al.* for the evaluation of liver function (26).

Our study for the first time evaluated the performance of the ALBI grade when used to predict survival in HCC patients treated with the combination therapy of TACE and sorafenib and found that the ALBI score might outperform Child-Pugh score in patients with preserved liver function (Child-Pugh A). However, there were some limitations for this study. Firstly, the single-center and retrospective nature of this study might introduce some bias; yet quality control was ensured because all procedures and administrations were conducted by the same experienced team. Secondly, regardless of the performance of the ALBI grade or Child-Pugh score, their discriminating ability disappeared in some of the subsets of patients, which may be due to the small sample size of these subgroups. However, the aim of subgroup analysis was to compare the consistency of the two kinds of scoring systems and it found the ALBI grade was more suitable for the majority of subgroups of patients than Child-Pugh score. Finally, all patients in our study were Chinese, thus the generalization of our findings should be cautious and future studies are needed.

In sum, for HCC patients with preserved liver function (Child-Pugh A) and treated by the combination therapy of TACE and sorafenib, our study demonstrates that the ALBI grade might be better than Child-Pugh score in terms of stratifying prognosis. These observations may have major implications for the future study design.

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Footnote

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at http://dx.doi. org/10.21037/atm.2020.02.114). LL serves as the unpaid editorial board member of *Annals of Translational Medicine*

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from Apr 2020 to Mar 2022. The other authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. Written informed consent was obtained from all patients before the administration of TACE or sorafenib; and the study protocol conformed to the ethical guidelines of the 1975 Declaration of Helsinki and was approved by the Institutional Review Board.

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