

Comparison between Child-Pugh score and Albumin-Bilirubin grade in the prognosis of patients with HCC after liver resection using time-dependent ROC

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Backgrounds: The Child-Pugh score is a scoring system used to measure liver function and predict postoperative outcomes in patients with hepatocellular carcinoma (HCC). Recently, the Albumin-Bilirubin (ALBI) grade has been proposed for the evaluation of hepatic reserve function in HCC. This study aimed to assess and compare the capability of ALBI grade and Child-Pugh score in predicting overall survival (OS).

Methods: A total of 196 consecutive HCC patients who treated with hepatectomy were enrolled in this retrospective study. The prognostic values of ALBI grade and Child-Pugh score in predicting postoperative OS were respectively estimated using the Kaplan-Meier method and time-dependent receiver operating curves (ROC). Univariate and multivariate Cox regression analyses were performed to investigate the prognostic factors for OS.

Results: Stratified by the Albumin-Bilirubin (ALBI) system, there were 81 (41.3%) patients with grade 1 and 115 (58.7%) patients with grade 2. The cumulative 1-, 3-, 5-year OS rates in patients with ALBI-1 were 82.7%, 51.5% and 35.5%, respectively. For patients with ALBI-2, the cumulative 1-, 3-, 5-year OS rates were 57.6%, 19.4% and 0%, respectively. Based on the Child-Pugh classification, 136 (69.4%) patients had a score of 5, and 60 (30.6%) patients had a score of 6. Patients with Child-Pugh-A5 showed a better OS than those with Child-Pugh-A6, with respective OS at 1, 3 and 5 years (72.7%, 29.2%, 20.3% *vs.* 53.9%, 21.1%, 0%, Log-rank P<0.001). Besides, the ALBI grade revealed two prognostic groups within Child-Pugh-A5 (P<0.001), while the Child-Pugh score did not distinguish ALBI-2 in different prognostic groups (P=0.705). The multivariate analysis indicated that both ALBI grade and Child-Pugh score could significantly stratify the patients with different OS [hazard ratio (HR), 3.088 and 1.783, 95% confidence interval (CI), 1.985 to 4.805 and 1.272 to 2.731; P<0.001 and P=0.032 for ALBI grade and Child-Pugh score, respectively]. Additionally, time-dependent ROC analysis in the entire cohort proved that the ALBI grade had a better discriminatory ability than the Child-Pugh score in predicting survival, especially for long-term outcomes. According to the subgroup analyses, the ALBI grade had a better discriminatory ability and survival prediction accuracy in overall subsets than the Child-Pugh score for the prediction of OS.

Conclusions: ALBI grade supplied better prognostic performance and distribution of liver function than Child-Pugh score in stratifying prognosis for HCC patients treated by hepatectomy. These results declared that ALBI grade could be an alternative liver function grading system for stratification in patients with HCC. **Keywords:** Child-Pugh score; Albumin-Bilirubin grade (ALBI grade); hepatocellular carcinoma (HCC); liver resection; time-dependent receiver operating characteristic curve

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Introduction

Liver cancer is the seventh most prevalent malignant tumor and the world's third primary source of cancer mortality (1), of which hepatocellular carcinoma (HCC) accounts for about 90% of these cases (2). Hepatic resection is the standard therapy and potentially curative treatment for early-stage HCC according to the BCLC staging system (3), which has been reported to prolong survival in several randomized controlled trials and meta-analyses (4,5). Additionally, there is a growing amount of evidence that supports the application of hepatectomy for patients with intermediate- and advanced-stage HCC (6,7).

Due to the coefficient of multiple factors, the prognosis assessments and management of the HCC patients remain complicated and should take the hepatic function, tumor characteristic, and physical status into consideration (8,9). Among them, the hepatic function is a vital determinant related to the prognosis of HCC. Traditionally, the Child-Pugh classification has been extensively used for the evaluation of liver function and even plays an important role in most of the prevalent staging systems to guide HCC patients for treatment (10,11). However, the application of the Child-Pugh classification has several limitations (12,13). The assessment of ascites and encephalopathy is subjective, and all five parameters have the same weight.

Moreover, ascites and albumin are interrelated. Recently, a novel model based on serum albumin and bilirubin has been put forward for the evaluation of liver function (14), which has shown powerful discriminating value over Child-Pugh classification in predicting overall survival (OS) for patients with HCC undergoing the treatment of sorafenib (15). However, whether the performance of the Albumin-Bilirubin (ALBI) score could veritably reflect the liver function of HCC patients undergoing liver resection has not reached a consensus until now.

It should also be noted that the ALBI score was capable of classifying patients with TACE, stereotactic body radiation and sorafenib into two separate prognostic cohorts (16-18). Therefore, the aim of this analysis was to determine the prognostic importance of the baseline ALBI rating relative to the Child-Pugh score of hepatectomy HCC patients.

Methods

Study population

The clinical, laboratory, and imaging data were extracted from the hospital database of 196 consecutive HCC patients undergoing liver resection at our center from January 2010 to December 2017 for this retrospective study. The patients with Child-Pugh A classification undergoing initial hepatectomy with negative surgical margin proved by the pathological examination after surgery were enrolled in this research. Meanwhile, the patients meeting each of the following criteria were included: no treatment for HCC before liver resection; no other simultaneous malignancies; no cardiopulmonary, renal or cerebral dysfunction before liver resection. Patients with other untreated malignancies or other serious concurrent illnesses or who underwent liver transplantation were excluded. Written informed consent was obtained from all patients before the administration of hepatectomy, and the ethics committee approved this investigation of the hospital.

Treatment and follow-up

Tumor status and resectability were routinely assessed by abdominal ultrasound and contrast-enhanced CT or MRI before liver resection. The main steps of hepatectomy were as follows: dissect the first and second porta hepatis; find the tumor and mark the pre-cut line; tumor excision; stop bleeding if necessary.

All patients were followed up at 1 month after hepatectomy and then 3-month intervals in the first year and every 3–6 months in later years, as appropriate. Routine examinations were conducted at each follow-up, including physical examinations, blood tests [serum (α -fetoprotein) AFP level, serum biochemistry], and imaging examinations

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(chest X-ray, abdominal ultrasonography, abdominal CT, or MRI). Patients with recurrence received repeated liver resection, radiofrequency ablation (RFA), transcatheter arterial chemoembolization (TACE), or Sorafenib treatment, depending on the liver function, status of the tumor, and economic conditions of patients. OS was defined as the time from date of resection until death or until the last follow-up. The last visit was done on October 15, 2019.

Child-Pugh score and ALBI score calculation

The HCC was diagnosed by contrast-enhanced magnetic resonance imaging (MRI) and computed tomography (CT) according to the American Association for the Study of the Liver Disease or European Association for the Study of Liver disease (AASLD/EASL) guidelines (13,14).

The Child-Pugh score was based on the total bilirubin, albumin, prothrombin time, and the clinical findings of encephalopathy and ascites. It was graded as 5–6 points for Child-Pugh-A; 7–9 points for Child-Pugh-B; and 10–15 points for Child-Pugh-C (15). The following formula determined the ALBI score: (log10bilirubin × 0.66) + (-0.085 × albumin). The ALBI score was graded as: score \leq -2.60 as ALBI-1; -2.60< score \leq -1.39 as ALBI-2; and score >–1.39 as ALBI-3 (16).

Statistical analysis

Categorical variables are expressed as frequencies and percentages; continuous variables are expressed as means (interquartile range). Survival analyses were performed using the Kaplan-Meier method, and the log-rank test examined the statistical differences between the ALBI grade and Child-Pugh scores. Cox proportional hazards model was used for the univariate and multivariate analyses of prognostic factors of OS. Three multivariate models with stepwise methods were separately conducted for selecting the independent prognostic factors: model 1, including the baseline characteristics; model 2 including the baseline characteristics and Child-Pugh score but excluding albumin and bilirubin; model 3 including the baseline characteristics and ALBI score but also excluding albumin and bilirubin. Model validation of different staging systems was compared using the C-index as a measure of discrimination. Statistically significant was identified as P values <0.05 for all analyses. Statistical analyses were conducted using IBM SPSS software version 23.0 (SPSS Inc., Chicago, IL, USA) and R software version 3.6.1 (R Foundation for Statistical

Computing, Vienna, Austria).

Results

Baseline characteristics

According to the protocol, this study cohort consisted of 196 patients. Among the enrolled patients, 171 (87.2%) patients were male with a mean age of 55.7 years, and 25 (12.8%) patients were female with a mean age of 55.4 years. Based on the ALBI grade, there were 81 (41.3%), and 115 (58.7%) patients belonged to the group of ALBI-1 and ALBI-2, respectively. According to the Child-Pugh classification system, there were 136 (69.4%) patients of Child-Pugh-A5, 60 (30.6%) of Child-Pugh-A6. For patients with Child-Pugh-A5, there were 81 (59.6%) patients with ALBI-1 and 55 (40.4%) patients with ALBI-2. Among patients with Child-Pugh-A6, all patients were ALBI-2. The mean tumor size (maximum diameter of the largest tumor) was 8.02 cm, and the entire patients enrolled in this study had a unifocal tumor. The demographic and clinical features of the HCC patients were summarized in Table 1.

Survival analyses according to Child-Pugh score and ALBI

During a median follow-up of 32.8 months, 120 patients had died, and the median OS reached 16.9 months. Based on the Kaplan-Meier curves, both ALBI grade and Child-Pugh scores were significantly related to OS. According to the Child-Pugh system, patients with Child-Pugh-A5 showed better OS than those with Child-Pugh-A6, with respective OS at 1, 3 and 5 years (72.7%, 29.2%, 20.3% vs. 53.9%, 21.1%, 0%, Log-rank P<0.001; Figure 1A). Based on the ALBI grade, there was a significant difference in OS between patients with ALBI-1 and ALBI-2 grade. OS at 1, 3 and 5 years was higher in patients with ALBI-1 (82.7%, 51.5%, and 35.5%) than those with ALBI-2 (57.6%, 19.4%, and 0%; Log-rank P<0.001; Figure 1B). Among patients with Child-Pugh-A5, ALBI grade classified patients with Child-Pugh A5 into two distinct survival group and the patients with ALBI-1 had a higher OS at 1, 3 and 5 years than those with ALBI-2 (82.7%, 51.5%, 35.5% vs. 53.3%, 4.8%, 4.8%, respectively; Log-rank P<0.001; Figure 1C). Among patients with ALBI-2, there was no significant difference in OS at 1,3 and 5 years between the patients with Child-Pugh-A5 and Child-Pugh-A6 (59.2%, 4.8%, 4.8% vs. 53.9%, 4.0%, 4.0%, respectively; Log-rank P=0.7050; Figure 1D).

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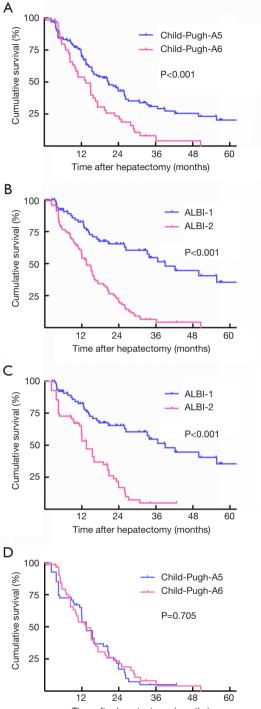
Table 1 Baseline characteristics of patients

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Characteristic	Value (n=196)
Age (years), n (%)	
≥60	84 (42.9)
60	112 (57.1)
Sex ratio (M:F)	171:25
Preoperative laboratory and clinical data	
Positive HBsAg, n (%)	173 (88.3)
Total bilirubin (µmol/L)	16.35 (4.20–45.00)
Albumin (g/L)	40.9 (29.9–53.4)
Platelet count (×10 ⁹ /L)	162.0 (23.0–479.0)
ALT (units/L)	43.5 (5.0–264.0)
AST (units/L)	55.05 (3.0–563.0)
INR	1.03 (0.16–2.07)
AFP (ng/mL)	
>400	77 (39.3)
≤400	119 (60.7)
Child-Pugh score, n (%)	
Child-Pugh-5	136 (69.4)
Child-Pugh-6	60 (30.6)
Tumor size (cm)	8.02 (1.5–16.3)
ECOG, n (%)	
0	90 (45.9)
1	106 (54.1)
BUN (µmol/L)	5.6 (4.4–9.1)
Creatinine (µmol/L)	69.0 (26.0–124.0)
ALBI grade, n (%)	
ALBI-1	81 (41.3)
ALBI-2	115 (58.7)
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ALT, alanine aminotransferase; AST, aspartate aminotransferase; INR, international normalized ratio; AFP, alpha fetoprotein; BUN, blood urea nitrogen; ALBI, Albumin-Bilirubin.

Univariate and multivariate analyses

According to the univariate analysis for OS, tumor size, albumin, bilirubin, platelet (PLT), ECOG performance status, BUN as well as Child-Pugh score and ALBI grade were significant prognostic factors (P<0.05; *Table 2*). In multivariate model 1, tumor size (HR 1.069, P=0.010), albumin (HR 0.996, P=0.001), bilirubin (HR 1.508, P<0.001)



Time after hepatectomy (months)

Figure 1 Kaplan-Meier curves for OS. (A) Comparison of survival between patients with a Child-Pugh score of 5 and 6; (B) comparison of survival between patients with ALBI grade 1 and 2; (C) comparison of survival between patients with Child-Pugh-A5 disease; (D) comparison of survival between patients with ALBI grade 2 disease. ALBI, Albumin-Bilirubin; OS, overall survival.

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Table 2 Univariable analyses to identify predictors of postoperative survival in patients with hepatocellular carcinoma

	Univariable Cox regression			
Factors	Hazard rate (95% CI)	P value		
Age (≥60 years)	1.017 (0.709–1.459)	0.927		
Male sex	1.335 (0.764–2.333)	0.310		
Tumor size (cm)	1.091 (1.042–1.143)	<0.001		
AFP (>400 ng/mL)	1.121 (0.750–1.621)	0.545		
Albumin (g/L)	0.995 (0.993–0.997)	<0.001		
Bilirubin (µmol/L)	1.531 (1.422–1.649)	<0.001		
PLT (×109/L)	0.928 (0.897–0.960)	<0.001		
AST (units/L)	0.999 (0.996–1.002)	0.632		
ALT (units/L)	0.999 (0.995–1.003)	0.777		
INR	0.844 (0.544–1.309)	0.448		
Child-Pugh score	1.893 (1.293–2.771)	<0.001		
ALBI score	3.686 (2.389–5.686)	<0.001		
Positive HBsAg	1.327 (0.731–2.411)	0.352		
ECOG	1.653 (1.139–2.400)	0.008		
BUN	1.020 (1.005–1.034)	0.007		
Creatinine	0.994 (0.983–1.005)	0.293		

CI, confidence interval; AFP, α -fetoprotein; PLT, platelet; AST, aspartate aminotransferase; ALT, alanine aminotransferase; INR, international normalized ratio; ALBI, Albumin-Bilirubin; BUN, blood urea nitrogen.

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and ECOG performance status (HR 1.584, P=0.006) were identified as independent predictors of OS. According to the multivariate model 2, the independent prognostic factors included tumor size (HR 1.102, P<0.001), ECOG performance status (HR 1.756, P=0.004), and Child-Pugh score (HR 1.783, P=0.032). For the multivariate model 3, the independent predictors of OS were tumor size (HR 1.089, P<0.001), ECOG performance status (HR 1.635, P=0.007), and ALBI grade (HR 3.088, P<0.001) (*Table 3*).

Comparison of the discriminatory abilities for Child-Pugh score and ALBI grade in predicting survival

Figure 2 shows AUCs for Child-Pugh score and ALBI grade and OS from 6 to 36 months after the start of followup using time-dependent ROC analysis. ALBI grade had higher predictive power than the Child-Pugh score for OS based on time-dependent AUCs. Besides, their predictive abilities were investigated in subsets of patients with different baseline characteristics, especially for long-term outcomes. The ALBI grade showed better prognostic performance than the Child-Pugh score in the entire subsets according to the subgroup analyses (*Table 4*).

Discussion

According to our study, we demonstrated that the ALBI grade and Child-Pugh score could separately predict the

Table 3 Multivariate analyses to identify predictors of postoperative survival in patients with hepatocellular carcinoma

Factors	Multivariate model 1		Multivariate model 2		Multivariate model 3	
Factors	Hazard rate (95% CI)	P value	Hazard rate (95% CI)	P value	Hazard rate (95% CI)	P value
Tumor size (cm)	1.069 (1.016–1.125)	0.010	1.102 (1.050–1.156)	<0.001	1.089 (1.039–1.142)	<0.001
Albumin (g/L)	0.996 (0.994–0.998)	0.001	-	-	_	-
Bilirubin (µmol/L)	1.508 (1.399–1.624)	<0.001	-	-	_	-
PLT	0.965 (0.931–1.001)	0.053	0.973 (0.952–1.036)	0.063	0.956 (0.937–1.053)	0.064
Child-Pugh score	-	-	1.783 (1.272–2.731)	0.032	-	-
ALBI score	-	-	-	-	3.088 (1.985–4.805)	<0.001
ECOG	1.584 (1.083–2.341)	0.006	1.756 (1.206–2.038)	0.004	1.635 (1.095–2.375)	0.007
BUN	1.007 (0.992–1.022)	0.360	1.015 (0.999–1.031)	0.053	1.013 (0.978–1.024)	0.062

CI, confidence interval; PLT, platelet; ALBI, Albumin-Bilirubin; BUN, blood urea nitrogen.

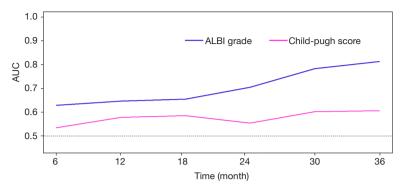


Figure 2 Time-dependent ROC for ALBI grade and Child-Pugh score for predicting OS. ALBI, Albumin-Bilirubin; ROC, receiver operating curves; OS, overall survival.

Factors —	A	LBI grade	Child-Pugh score		
	C-index (SE)	Exp (coef) (95% Cl)	C-index (SE)	Exp (coef) (95% CI)	
Gender					
Male	0.616 (0.027)	3.830 (2.360–6.216)	0.536 (0.024)	1.777 (1.188–2.659)	
Female	0.635 (0.067)	2.935 (0.982–8.770)	0.610 (0.065)	2.649 (0.803–8.733)	
Age					
≥60 years	0.582 (0.041)	3.415 (1.727–6.754)	0.541 (0.034)	1.868 (1.074–3.250)	
<60 years	0.664 (0.028)	4.073 (2.298–7.217)	0.551 (0.030)	1.927 (1.128–3.290)	
HBsAg					
Positive	0.625 (0.025)	3.571 (2.265–5.631)	0.541 (0.024)	1.798 (1.201–2.692)	
Negative	0.597 (0.089)	3.623 (0.948–13.850)	0.587 (0.072)	2.300 (0.699–7.565)	
ECOG					
ECOG-0	0.619 (0.037)	4.123 (2.263–7.510)	0.521 (0.030)	1.826 (1.066–3.129)	
ECOG-1	0.625 (0.031)	3.023 (1.585–5.765)	0.575 (0.035)	1.823 (1.059–3.136)	
AFP					
>400	0.656 (0.038)	4.940 (2.331–10.470)	0.595 (0.037)	2.781 (1.492–5.185)	
≤400	0.606 (0.032)	3.148 (1.842–5.379)	0.519 (0.028)	1.534 (0.942–2.497)	

Table 4 Subgroup analyses for ALBI grade and Child-Pugh score to predict OS

OS, overall survival; CI, confidence interval; AFP, $\alpha\mbox{-}feto\mbox{protein}.$

OS of HCC patients with Child-Pugh A and receiving hepatectomy, and the ALBI score showed a better discriminatory power than Child-Pugh score. Besides, the ALBI grade could classify the patients with Child-Pugh-A and Child-Pugh-A5 into two distinct prognostic cohorts.

The key issue in predicting the outcomes of HCC patients is to assess the liver function reserve to select proper

candidates for liver resection. For many years, the traditional Child-Pugh rating system is the most widely used method for assessing liver function and predicting therapeutic efficacy. However, the accuracy of the Child-Pugh score has become controversial recently in consideration of its limitations. Previous studies tried to assess the ALBI grade for patients treated with hepatectomy, but the reliability of the research was weakened by its retrospective specialty, single-center data, and comparably small sample (19). More importantly, previous studies did not use time-dependent receiver operating characteristic (ROC) curves to compare the ability to predict survival between ALBI grade and Child-Pugh score for censored data and compared the area under the ROC curve (AUC) (20).

In this study, we proved that the ALBI grade and Child-Pugh score could separately predict the OS of HCC patients with Child-Pugh A undergoing liver resection. In the patients included in our research, all patients with Child-Pugh-A5 were graded as ALBI-1. However, patients with ALBI-2 had different Child-Pugh score. In the entire cohort, according to the Kaplan-Meier curves, there was a significant difference in OS between ALBI-1 grade and ALBI-2 grade. Moreover, in patients with Child-Pugh A, the patients with Child-Pugh-6 had a worse prognosis than patients with Child-Pugh-5. In addition, the same category based on Child-Pugh-A5 could be further divided into distinct prognostic groups by the ALBI grade. It is worth noting that the Child-Pugh class could not discriminate between distinguishing prognostic groups within the same category of ALBI-2. As a result, the ALBI grade might be a more reasonable and exact evaluation tool for liver function.

Univariable and multivariable analyses were conducted to revealed factors with OS. For multivariable analysis, the albumin and total bilirubin, the Child-Pugh score and the ALBI grade were entered in three different Cox proportional hazards regression models to avoid collinearity. The patients with poor prognosis were relevant with a high grade of Child-Pugh and ALBI. Tumor size and ECOG performance status could also be independent predictors of OS except the Child-Pugh score and the ALBI grade through univariable and multivariable analyses. Nevertheless, positive HBsAg, ALT, AST, and AFP levels were regarded as no statistical significance, which might be caused by the small sample size.

Time-dependent ROC curves have been introduced to assess the predictive power of diagnostic markers for time-dependent disease outcomes (21). Although both Child-Pugh score and ALBI grade have been confirmed as independent factors associated with OS utilizing multivariate analysis, in this study, time-dependent ROC analysis showed that ALBI grade was superior to Child-Pugh score in terms of the discriminatory ability for OS more than 3 years, especially in the long-term outcomes. Additionally, subgroup analysis revealed that both ALBI grade and Child-Pugh scores were significant predictors of OS in the entire subsets; however, ALBI grade showed better prognostic performance than the Child-Pugh score in the entire subsets other than a female subgroup.

However, there were several limitations to this study, which should be declared here. Firstly, although the quality control was ensured because the same experienced team conducted all procedures and administrations, the singlecenter and retrospective nature of this study might still introduce some bias. Secondly, this study concluded a small sample size in which patients with Child-Pugh B, C and ALBI-3 grade were not included. Whether the results of our study could be applied to the patients with a poorer liver function, further studies with a large sample and effective multivariable controls are necessary. Finally, most of the patients in our study were Chinese with an infection of hepatitis B virus as the cause of HCC, compared with most Western countries where the etiologies of HCC were mainly hepatitis C virus infection and alcoholic liver disease. Thus, the generalization of our findings should be cautious, and future prospective studies are needed.

In conclusion, for HCC patients with preserved liver function (Child-Pugh A) and diagnosed with hepatectomy, our study shows that the ALBI level could be an acceptable measure of liver function and could be better for stratifying prognosis than the Child-Pugh score. Such findings may have significant implications for the future design of research, and to improve its predictability, it is important to adapt this high-quality, evidence-based model to the existing HCC staging process.

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Footnote

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at http://dx.doi. org/10.21037/atm.2020.02.85). LL serves as the unpaid editorial board member of *Annals of Translational Medicine* from Apr 2020 to Mar 2022. The other authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. Written informed consent was obtained from all patients before the administration of hepatectomy. This investigation was

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approved by the Clinical Research Ethics Committee of the Tangdu Hospital.

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