



Outcomes of liver transplantation using moderately steatotic liver from donation after cardiac death (DCD)

Xin Duan, Liting Yan, Yan Shen, Min Zhang, Xueli Bai, Tingbo Liang

Division of Hepatobiliary and Pancreatic Surgery, Department of Surgery, The First Affiliated Hospital, School of Medicine, Zhejiang University, Hangzhou, China

Contributions: (I) Conception and design: X Duan; (II) Administrative support: T Liang; (III) Provision of study materials or patients: T Liang; (IV) Collection and assembly of data: L Yan; (V) Data analysis and interpretation: Xin D; (VI) Manuscript writing: All authors; (VII) Final approval of manuscript: All authors.

Correspondence to: Tingbo Liang, Division of Hepatobiliary and Pancreatic Surgery, Department of Surgery, The First Affiliated Hospital, School of Medicine, Zhejiang University, 79 Qingchun Road, Hangzhou, China. Email: liangtingbo@zju.edu.cn.

Background: Liver grafts from donation after cardiac death (DCD) with moderate steatosis (MS) are generally considered unsuitable for liver transplantation (LT) because DCD and MS are independent risk factors of poor prognosis of LT. Many centers have begun to accept this type of liver graft. However, the clinical outcomes are indeed controversial. This study aimed to examine the outcomes after LT of using such liver grafts.

Methods: This study retrospectively reviewed our experiences in 80 allografts from May 2015 to September 2019. A total of 16 allografts using MS liver grafts from DCD (MS-DCD group) were compared with a matched control group of 64 allografts using a nonsteatotic liver graft (NS group) (1:4 ratio). Postoperative outcomes, including primary nonfunction (PNF), initial poor function (IPF), postoperative complications, and graft/patient survival rates, were extracted for pooled analysis.

Results: Recipient and surgical characteristics of patients and clinical data of donors between MS-DCD group and NS group were balanced. No significant differences were observed in hepatitis B virus (HBV) infection, model for end-stage liver disease (MELD) score, cold ischemia time (CIT), donor risk index, warm ischemia time (WIT). A significant difference was detected in the incidence of initial poor function (IPF) (11/16 *vs.* 26/64; $P=0.02$), and the average peak value of aspartate transaminase (AST) (3,469 *vs.* 1,295; $P<0.01$) was significantly higher in the steatosis group. Meanwhile, alanine transaminase (ALT) was only higher on day 1, and international normalized ratio (INR) level was only higher on days 1 and 3 and disappeared on day 7. The serum total bilirubin (TB) was the same between the two groups. Postoperative complications were similar between the two groups. The 90-day, 1-year, and 3-year survival rates in patients and grafts between the two groups were similar (patient survival (MS-DCD group *vs.* NS group): 75% *vs.* 85.9%, 75% *vs.* 78.1%, 68.8% *vs.* 71.9%, log-rank test, $P=0.77$; graft survival (MS-DCD group *vs.* NS group): 75% *vs.* 84.4%, 75% *vs.* 75%, 68.8% *vs.* 68.8%, log-rank test, $P=0.79$).

Conclusions: After rigorous evaluation, it was found that moderately steatotic liver from DCD is an effective means to expand the source of liver supply.

Keywords: Liver transplantation; steatosis; donation after cardiac death (DCD)

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Introduction

Liver transplantation is the standard treatment for end-stage liver disease and is the only effective treatment for patients with acute liver failure and unresectable liver tumors. However, the pressure of liver graft shortages always exists. The gap between the number of patients needing transplants and the number of available organs is growing, and this situation forces clinicians to constantly try to expand the liver donor pool by utilizing expanded criteria donors (ECD). ECD includes steatotic donors, elderly or older donors, non-heart beating donors, donors with hypernatremia, donors with hypotension, donors with viral infections, donors with malignancies, donors with infections; however, all these donor factors are closely associated with poor prognosis after liver transplantation (1). Of these factors, steatosis and donation after cardiac death (DCD) are the most common sources of ECD (2), yet no consensus exists on how to safely use a liver graft from ECD.

The prevalence of obesity in the population has significantly increased the incidence of liver steatosis in the past decade. Some data indicate that the proportion of fatty liver in the population is 20–24% (3). This result has also been confirmed in donor livers (4). However, the use of steatosis donor livers is closely related to ischemia-reperfusion injury and liver function decompensation after transplantation, with nearly one-third of donor livers being abandoned due to pathological fatty liver (5).

Factors of hepatic steatosis include obesity, advanced age, alcoholism, diabetes, hyperlipidemia, and changes in nutritional metabolism (5). Histologists divide liver steatosis into two categories. Of these, macrovesicular steatosis (MS) is more dangerous and involves fatty vacuoles occupying most of the hepatocyte cytoplasm and replacing the structure around the nucleus. The second category is microvesicular steatosis which involves small vacuoles and lobular distribution. Its pathological mechanism is believed to be related to mitochondrial damage and nutritional metabolic disorders; this change is largely reversible and does not tend to cause adverse consequences after liver transplantation. Studies have confirmed that hepatic microvesicular steatosis does not affect the final outcome of liver transplantation (6). MS, however, has been classified into three levels of severity: mild (<30%), moderate (30–60%), and severe (>60%). Mild steatosis donor livers (<30%) can be safely used because the results after transplantation are similar to those of non-steered livers (7). Severe fatty degenerative donor livers (>60%) are a significantly

high-risk factor for liver failure after transplantation, and they should not be used (8). Although some centers have shared the experience of successful use of severe fatty liver donors, this success is only under the premise of strictly controlling the cold ischemia time (CIT <8 h) and the acquisition of donation after brain death (DBD). Meanwhile, the use of 30–60% moderate steatosis donor livers is rife with controversy (9). The incidence of liver failure after transplantation with moderate steatosis donors and (nonsteatosis) donor livers is reported to be 13% *vs.* 3%, respectively (10).

DCD refers to patients with severe and irreversible brain injury or other diseases who fail to meet the standard of brain death, with the planned withdrawal of life support with the consent of family members and doctors, and then wait for the circulation stop). Currently, DCD donor livers are classified into two categories according to Maastricht classification (11): uncontrollable and controlled DCD. Uncontrollable DCD refers to cardiac arrest due to acute trauma. (Despite life resuscitation treatment, it is difficult to reverse death). Uncontrollable DCD usually occurs outside the hospital or emergency room and includes dead donors admitted to the hospital and those who die after resuscitation. Controlled DCD refers to cardiac arrest that occurs after planned withdrawal of life support and usually occurs in the intensive care unit (ICU) room or operating room, and include waiting for cardiac arrest donors and cardiac arrest with brain death donors. In the process of DCD donor donation, donor death is defined as irreversible cardiopulmonary cessation. Thus, the DCD donor liver must undergo a period of hypotension and hypoxia perfusion. The resulting warm ischemic injury is an important feature of a DCD donor liver. It is closely associated with the early onset of liver failure, arterial embolism, and biliary complications after recipient transplantation (12).

In global clinical practice, DCD has received extensive attention from the transplantation community and is considered a safe and effective way to expand the donor pool. In 2015, DCD accounted for approximately 17% of the total organ donation after the death of citizens worldwide (13). In China, the brain death law has not yet been implemented and the public's traditional perception of death is limited; thus, DCD organs may become an effective means for the Organ Procurement Organization (OPO) team to expand the organ pool as a major source of organ acquisition (13).

Given this, the choice of donor liver becomes particularly

difficult when the double adverse factors of DCD and liver steatosis are superimposed.

In order to clarify the safety of using moderately steatotic liver from DCD, this study retrospectively analyzed and compared the clinical outcomes of MS-DCD donor liver and nonsteatosis donor liver, providing more favorable evidence for future clinical decision-making

We present the following article in accordance with the STROBE reporting checklist (available at <http://dx.doi.org/10.21037/atm-20-5888>).

Methods

The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by the First Affiliated Hospital, College of Medicine, Zhejiang University (No. 1393-1) and individual consent for this retrospective analysis was waived.

Study population

This study retrospectively analyzed 1104 dead donor liver transplants (excluding split liver transplantation, pediatric liver transplantation, retransplantation, and multi-organ combined transplantation) in our center from March 2015 to June 2019, during this time along with 807 patients with DCD liver (73%), and 297 patients with DBD liver (27%). According to the results of pathological biopsy after liver reperfusion, moderate steatosis was defined as 30–60% of MS, and the degree of microvesicular steatosis was not referenced. Among the 807 DCD liver patients, 16 patients received liver with moderate steatosis, which were used as the study group, and a random 1:4 ratio matching was performed to control for age, body mass index (BMI), model for end-stage liver disease (MELD), and CIT. A total of 64 patients who received liver with nonsteatosis were the control group. The postoperative follow-up data ended in September 2019, and the shortest follow-up time was 3 months.

Preoperative procedures and surgical detail

Donor liver procurement usually uses dual perfusion of the abdominal aorta and portal vein, kidney aorta or histidine-tryptophan-ketoglutarate (HTK) solution for abdominal aortic perfusion, and University of Wisconsin (UW) solution for the portal vein. In this study, the donor liver was ultimately stored in UW solution. The amount of

perfusion solution depended on the organ perfusion effect. When the color of the donor liver was uniform and the color of the perfusate was clear, the perfusion effect was considered good with 3,000–5,000 mL for the abdominal aorta and 2,000–3,000 mL for the portal vein. DCD liver procurement started 2 min after donor cardiac arrest, while DBD was acquired without waiting time.

Liver procurement was not performed by a fixed OPO team. Thus, all liver donors were evaluated by the center's liver transplant team before surgery. For donor livers that are yellow in color and have rounded edges, rapid frozen biopsies are necessary to provide information for the surgeon team. In general, the graft liver will be discarded when the DCD graft liver is >60% MS or liver fibrosclerosis lever II or more. After the donor's laboratory indicators, clinical characteristics, cold ischemia time (CIT)/warm ischemia time (WIT), and liver pathological results were comprehensively evaluated, it was finally decided whether the donor liver was to be used or discarded. In addition, our center used a modified piggyback liver transplantation. The anastomosis sequence included preferential anastomosis of the portal vein and inferior cavity, followed by anastomosis of the artery, and finally that of the bile duct.

Pathological assessment

After the donor liver perfusion was completed, the histopathology could be obtained. A 1×1 cm sample of liver tissue was excised from the left and right liver margins and immediately fixed with 10% formalin solution. Then, hematoxylin-eosin staining was applied. The center's full-time and experienced liver pathologists divided fatty donor livers into three categories according to the degree of MS: mild (5–30%), moderate (30–60%), and severe (>60%). The rapid frozen biopsy was usually completed before the liver recipient surgery began. Besides steatosis, other pathological results were evaluated, including hepatocyte necrosis and fibrosis.

Donor and recipient characteristics

We collected donor data including age, gender, BMI, donor risk index (DRI, 3–25), WIT of DCD (time from donor removal of life support to aortic perfusion; WIT of DBD is recorded as 0), type and quantity of perfusion fluid, cause of death, and whether large doses of vasoactive drugs were used before donation. Recipient data included age, gender, primary disease, CIT, MELD score, mean operation time,

intraoperative blood loss, blood transfusion volume (red blood cells), ICU stay, and hospital stay.

Postoperative outcomes

Postoperative outcome analysis included primary nonfunction (PNF), IPF, major complications after liver transplantation, graft survival, and patient survival. PNF was defined as irrecoverable graft failure that occurred within 7 days after transplant that led to retransplantation or patient death. IPF was defined as the peak serum values of aspartate aminotransferase/alanine aminotransferase (ALT/AST) >1,500 mmol/L within 7 days after transplant. We also recorded the serum ALT/AST, bilirubin, and international normalized ratio (INR) levels within 7 days after surgery and analyzed the trend changes. The main complications after transplantation included arterial embolism, portal embolism, abdominal hemorrhage, acute renal failure, and acute rejection. Biliary complications, including bile leaks and biliary strictures (anatomical and non-anatomical stenosis), were counted separately. Organ survival referred to the time from the beginning of transplantation to the death or retransplantation of patients, and patient survival referred to the time from the beginning of transplantation to the death of patients.

Statistical analysis

Continuous variables are shown as the mean \pm standard deviation (SD) or medians with the 25th–75th interquartile ranges when presenting significant differences from the normal distribution. For continuous variables, either the Mann-Whitney U-test or Student's *t*-test was performed. Categorical variables were presented as numbers and percentages and compared using the Pearson's Chi-square test or the Fisher's exact test if appropriate. Patient and graft survival rates were analyzed according to the Kaplan-Meier method, and comparison of survival was performed using the log-rank test. Statistical significance was indicated by *P* values lower than 0.05. Statistical analyses were performed using the statistical software package SPSS version 25.0 (SPSS Inc., Chicago, IL, USA).

Results

Clinical characteristics

Recipient and surgical characteristics of patients in the

group with DCD steatosis and the nonsteatosis control group are summarized in *Table 1*. The basic characteristics and indications for transplant were similar. No significant differences were observed in the hepatitis B virus (HBV) infection (12/16 vs. 52/64; *P*=0.83), MELD score (13 vs. 18; *P*=0.18), CIT (9.5 vs. 10.3 h; *P*=0.40), or other factors between the two groups.

The clinical data of donors between the two groups are presented in *Table 2*. The basic characteristics were balanced. In the control group, we set the WIT, which started when the donor's life support was removed, as 0 min when the type of donor was DBD. The median of WIT was 15 min in this group, and the maximum was 68 min. In the DCD steatosis group, the median and maximum of WIT were 16 and 35 min, respectively. No significant difference was detected in WIT (*P*=0.78). No differences were found in DRI (1.2 vs. 1.2; *P*=0.54), WIT (16 vs. 15 minutes; *P*=0.78), HBV (0/16 vs. 6/64; *P*=0.46), or other risk factors.

Postoperative outcomes and complications

Operative outcomes of recipients in two groups are listed in *Table 3*. During the first week after transplantation, a significant difference was found in the incidence of IPF (11/16 vs. 26/64; *P*=0.02), while the incidence of PNF (1/16 vs. 5/64; *P*>0.99) was similar in the two groups. In the control group, one patient received retransplantation and survived, while the others in the two groups died of PNF before retransplantation. For laboratory markers of liver function, the average peak value of transaminase AST (3,469 vs. 1,295; *P*<0.01) was significantly higher in the group with steatosis than in the control group during the week after transplantation. Meanwhile, ALT was only higher on day 1, and INR was only higher on days 1 and 3 and disappeared on day 7. The serum (TB) was the same between the two groups (*Figures 1 and 2*). The postoperative complications, such as portal thrombosis and biliary complications, and ICU stay were similar between the two groups. The median postoperative follow-up was 14 months (range, 0–58 months).

Recipient survival

The overall patient survival rates at 90 days, 1 year, and 3 years in patients with steatotic grafts and the controls were 75% versus 75%, 68.8% and 85.9%, and 78.1% versus 71.9%, respectively (*P*=0.77; *Figure 3*). No difference was found between the two groups (*Table 4*). Similarly, we found

Table 1 Recipient and surgical characteristics in patients

Variable	DCD steatosis group (n=16)	Control group (n=64)	P value
Age	47.6±12.6	51.6±9.6	0.17
Sex (M/F)	12/4	50/14	>0.99
BMI (kg/m ²)	24.3 (19.0–25.9)	22.8 (20.7–25.2)	0.91
Etiology			
Cirrhosis	10 (62.5%)	46 (71.9%)	0.67
Acute liver failure	6 (37.5%)	18 (28.1%)	0.67
Liver cancer	4 (25.0%)	13 (20.3%)	0.95
HBV-related liver disease	12 (75.0%)	52 (82.3%)	0.83
MELD score	13 (8.0–27.8)	18 (10–29)	0.18
CIT (h)	9.5±3.2	10.3±3.2	0.40
Operative time (h)	5.4 (4.9–6.2)	5.4 (4.7–6.2)	0.75
Blood loss (mL)	1,000 (525–1,875)	1,000 (600–1,750)	0.93
Use of blood products	11 (68.8%)	51 (79.7%)	0.55
RBC (units)	4.75 (0–7.1)	6.0 (3.5–8.9)	0.35
FFP (mL)	1,055 (965–1,527.5)	1,195 (920–1,825)	0.62

DCD, donation after cardiac death; HBV, hepatitis B virus; BMI, body mass index; MELD, model for end-stage liver disease; CIT, cold ischemia time; RBC, red blood cell; FFP, fresh frozen plasma.

no significant differences in 90-day, 1-year, and 3-year graft survival rates between the two groups ($P=0.79$; *Figure 4*).

Discussion

At present, organ shortage is a common problem in the transplantation community. DCD has become the main method for organ donation in China due to its special social environment (13), and the prevalence of obesity in the population has continuously increased the proportion of liver steatosis (3,4). Steatosis and DCD are risk factors of poor prognosis after liver transplantation; thus, steatohepatic donor livers from DCD, especially MS >30%, are generally considered extremely high risk and are discarded (7). In our study, liver transplantation achieved acceptable results by using moderate steatosis liver from DCD. The short- and long-term survival rates in patients and grafts between the two groups were similar (patient survival: 75% vs. 85.9%, 75% vs. 78.1%, 68.8% vs. 71.9%, log-rank test, $P=0.77$; graft survival: 75% vs. 84.4%, 75% vs. 75%, 68.8% vs. 68.8%, log-rank test, $P=0.79$). We only found a significant difference in the incidence of IPF (11/16

vs. 26/64; $P=0.02$). The average peak value of transaminase AST (3,469 vs. 1,295 $P<0.01$) was significantly higher in the group with steatosis than in the control group.

Transaminase is a marker of liver cell damage, and TB (total bilirubin) and INR reflect the function of the graft. The results of postoperative laboratory indicators indicate that the MS-DCD group had higher ALT and AST peaks than the NS group. Notably, the steatotic liver is less tolerant to ischemia-reperfusion injury (14), and WIT during DCD increases in ischemia-reperfusion injury. Liver cell damage is more severe in the MS-DCD group. Thus, higher transaminase peaks and IPF incidence rates are obtained. After early symptomatic supportive treatment after surgery, the trend of liver function recovery is nearly the same. The changes in TB and INR imply that the liver function and recovery of the MS-DCD and NS groups are the same. This conclusion has also been confirmed in the application of a severe steatotic donor liver (15).

Decisions on the application of donor liver should fully consider the comprehensive judgment of various factors, including DRI, donor history, acquisition process, and OPO scheduling. In the experience of our center, the importance

Table 2 Donor characteristics

Variable	DCD steatosis group (n=16)	Control group (n=64)	P value
Age	42.9±14.2	44.6±14.1	0.68
Sex (M/F)	13/3	55/9	0.94
BMI (kg/m ²)	22.3 (21.23–23.9)	23.8 (20.8–24.4)	0.35
DRI	1.2 (1.1–1.4)	1.2(1.0–1.3)	0.54
Type of donor DCD	16 (100%)	48 (75%)	0.06
DBD	0 (0%)	16 (25%)	
WIT (min)	16 [11–19]	15 (0–23.75)	0.78
Organ preservation fluid			
Aorta	HTK 0 (0%)	4 (6.3%)	0.58
	HLA 16 (100%)	60 (93.7%)	
Portal vein	UW 15 (93.8%)	55 (85.9%)	0.67
	HTK 1 (6.2%)	9 (14.1%)	
Total stay in ICU (days)	4 [3–8]	5 [3–10]	0.39
Use of vasoactive agents	Y15 (93.7%)	52 (81.3%)	0.41
HBV positive	0 (0%)	6 (9.3%)	0.46
Cause of death			0.57
Trauma	8 (50%)	36 (56.2%)	
Cerebral vascular accident	7 (43.7%)	26 (40.6%)	
Brain tumor	1 (6.3%)	1 (1.6%)	
Hypoxia	0 (0%)	1 (1.6%)	

DCD, donation after cardiac death; BMI, body mass index; DRI, donor risk index; DBD, donation after brain death; WIT, warm ischemia time; ICU, intensive care unit; HBV, hepatitis B virus.

of preoperative frozen biopsy should be emphasized. Although studies have shown that computed tomography (CT) or magnetic resonance imaging (MRI) can effectively evaluate the degree of liver steatosis in donors, these methods cannot be completed for donors in most medical environments. Therefore, for DCD livers suspected of steatosis, our center uses preoperative frozen biopsy. This process can be performed after the donor liver is obtained without significantly increasing CIT. Nevertheless, relatively accurate pathological results are used to inform the team's decisions.

Nearly 30% of donor livers are discarded due to steatotic donor livers (5), and this result has also been observed in our center. The misjudgment in abandonment is unavoidable because of the lack of unified standards. Although the number of 16 samples in this study was relatively small,

we hope that the results of this study will increase the understanding of retaining or discarding the DCD steatotic liver and improve organ utilization

High levels of transaminase and IPF can be detected early after DCD steatotic donor liver surgery. Therefore, the levels should be chosen carefully for critically ill patients or patients with high MELD scores. For patients with high risk but relatively low MELD scores during waiting period, such as those with actively progressing liver cancer and repeated active gastrointestinal bleeding, low MELD scores prolong waiting time and make them eventually lose the opportunity for transplantation. In such cases, DCD fatty livers can also be a good choice.

At present, the time of CIT and WIT should be shortened as much as possible in the application strategy of donor livers with moderate steatosis (16,17). Therefore,

Table 3 Postoperative outcomes and complications

Postoperative outcomes	DCD steatosis group (n=16)	Control group (n=64)	P value
PNF	1 (6.3%)	5 (7.8%)	>0.99
IPF	11 (68.8%)	26 (40.6%)	0.02
Average peak value of ALT	901.5 (505.3–1,986.8)	594 (365.0–1,341.0)	0.20
Average peak value of AST	3,469 (1,693.3–5,360.3)	1,295 (720–2,373)	<0.01
Average peak value of INR	1.6 (1.4–2.4)	1.5 (1.3–2.0)	0.23
Average peak value of TB	150 (45.2–243.8)	141 (67.5–258)	0.81
Overall complication	11 (68.8%)	38 (59.4%)	0.49
Hepatic artery thrombosis	4 (25%)	12 (18.8%)	0.83
Portal vein thrombosis	3 (18.8%)	9 (14.1%)	0.94
Intra-abdominal bleeding	4 (25%)	19 (29.7%)	0.95
Renal failure	1 (6.3%)	5 (7.8%)	>0.99
Biliary			
Bile leakage	1 (6.3%)	2 (3.1%)	0.49
Biliary stricture	1 (6.3%)	7 (10.9%)	0.93
ICU stay (days)	8.6 (6.6–10.4)	7.8 (6.2–12.0)	0.56

DCD, donation after cardiac death; PNF, primary nonfunction; IPF, initial poor function; ALT, alanine transaminase; AST, aspartate transaminase; INR, international normalized ratio; TB, total bilirubin; ICU, intensive care unit.

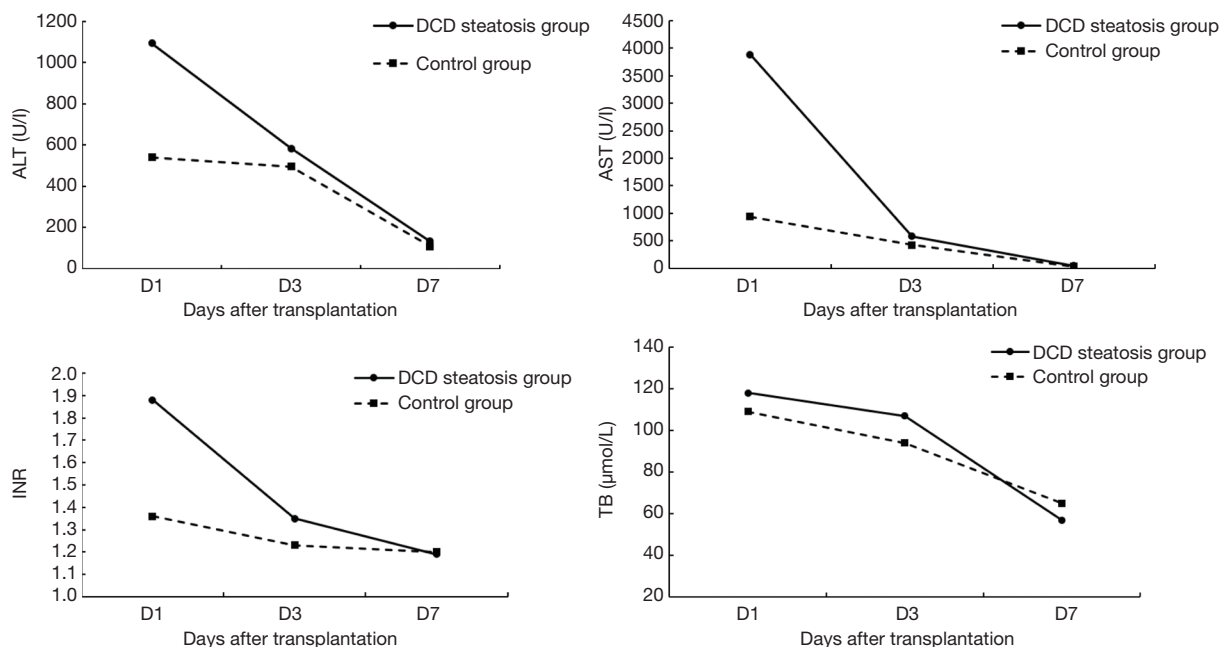


Figure 1 Mean serum levels of ALT (U/I), AST (U/I), INR, and TB ($\mu\text{mol/L}$) on post-transplantation days 1, 3, and 7 between the two groups. ALT, alanine transaminase; AST, aspartate transaminase; INR, international normalized ratio; TB, total bilirubin.

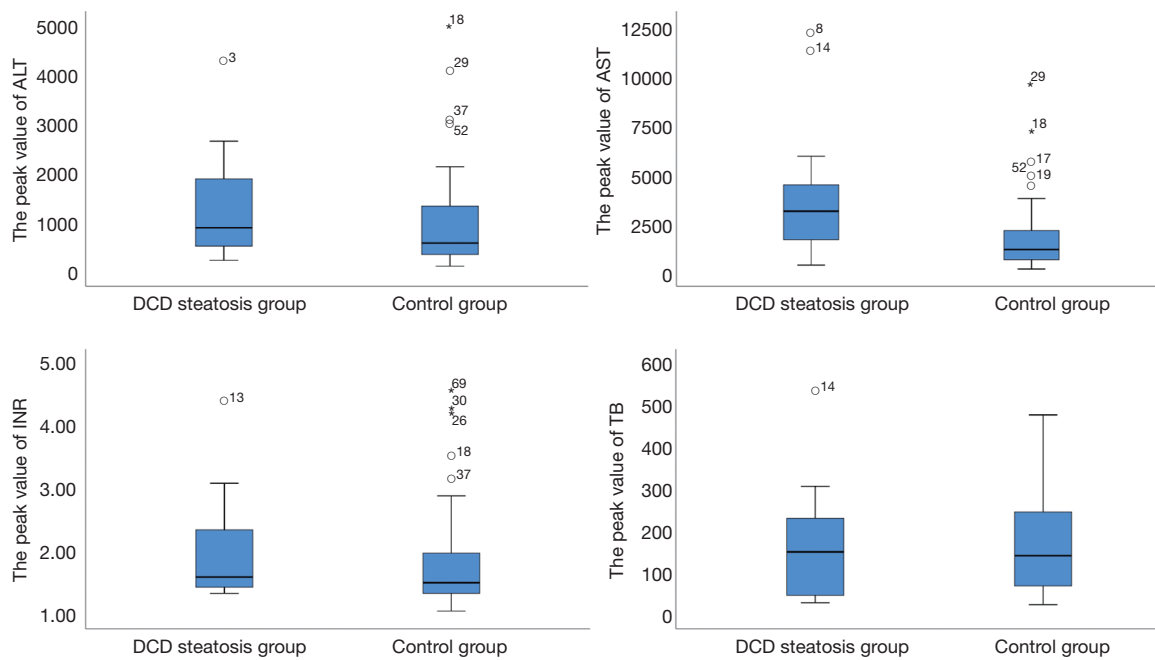


Figure 2 Peak serum levels of ALT (U/I), AST (U/I), INR, and TB ($\mu\text{mol/L}$) during the week after transplantation between the two groups. ALT, alanine transaminase; AST, aspartate transaminase; INR, international normalized ratio; TB, total bilirubin

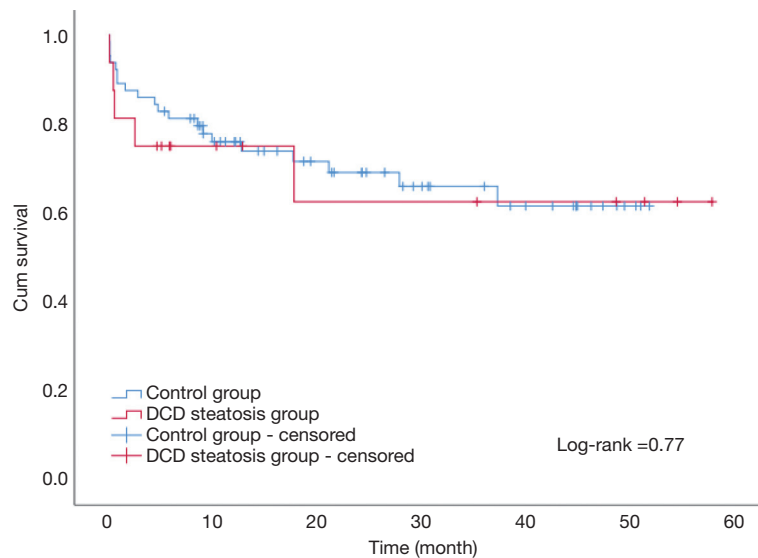


Figure 3 Overall patient survival.

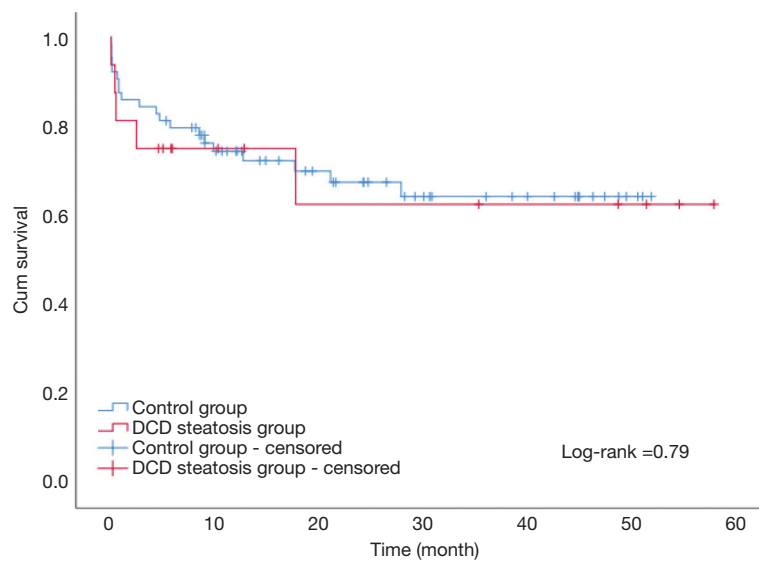
communication and cooperation with the OPO team should be strengthened to optimize the DCD and transport process. However, CIT <8 h is often difficult to achieve due to various factors, such as logistics and transportation.

Therefore, advanced organ preservation technologies, like normothermic machine perfusion (18), should be used to shorten the CIT time, allowing for DCD steatotic livers to be utilized.

Table 4 Comparison of patient and graft survival rates

Survival	DCD steatosis group (n=16)	Control group (n=64)	P value
Graft survival, %			
90-day	75	84.4	0.61
1-year	75	75	>0.99
3-year	68.8	68.8	>0.99
Patient survival, %			
90-day	75	85.9	0.50
1-year	75	78.1	>0.99
3-year	68.8	71.9	>0.99

DCD, donation after cardiac death.

**Figure 4** Overall graft survival.

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Footnote

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uniform disclosure form (available at <http://dx.doi.org/10.21037/atm-20-5888>). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by the First Affiliated Hospital, College of Medicine, Zhejiang University (No. 1393-1) and individual consent for this retrospective analysis was waived.

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