## **TREND Statement Checklist**

Paper Section/ Topic	Item No	Descriptor	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title and Abstract				
Title and Abstract	1	Information on how unit were allocated to interventions	Page2/Line27-32	Abstract/Paragraph2
		Structured abstract recommended	Page2-3/Line22-47	Abstract
		Information on target population or study sample	Page2/Line22-26	Abstract
Introduction				
Background	2	Scientific background and explanation of rationale	Page4-5/Line53-90	Introduction
		Theories used in designing behavioral interventions	Page4-5/Line64-85	Introduction
Methods				
Participants	3	Eligibility criteria for participants, including criteria at different levels in recruitment/sampling plan (e.g., cities, clinics, subjects)	Page6/Line98-111	Methods
		Method of recruitment (e.g., referral, self-selection), including the sampling method if a systematic sampling plan was implemented	Page9/Line157-161	Methods
		Recruitment setting	Page6/Line94-97	Methods
		Settings and locations where the data were collected	Page9/Line157-169	Methods
Interventions	4	Details of the interventions intended for each study condition and how and when they were actually administered, specifically including:	Page7-8/Line114-145	Methods
		o Content: what was given?	Page7-8/Line114-145	Methods
		o Delivery method: how was the content given?	Page7-8/Line114-145	Methods
		o Unit of delivery: how were the subjects grouped during delivery?	Page7-8/Line114-145	Methods
		o Deliverer: who delivered the intervention?	Page7-8/Line114-145	Methods
		o Setting: where was the intervention delivered?	Page7-8/Line114-145	Methods
		o Exposure quantity and duration: how many sessions or episodes or events were intended to be delivered? How long were they intended to last?	Page8/Line146-147	Methods

		o Time span: how long was it intended to take to deliver the intervention to each unit?	Page8/Line146-147	Methods
		o Activities to increase compliance or adherence (e.g., incentives)	Page7-8/Line114-145	Methods
Objectives	5	Specific objectives and hypotheses	Page9/Line157-169	Methods
Outcomes	6	Clearly defined primary and secondary outcome measures	Page9/Line157-169	Methods
		Methods used to collect data and any methods used to enhance the quality of measurements	Page9/Line157-169	Methods
		Information on validated instruments such as psychometric and biometric properties	Page9/Line157-169	Methods
Sample Size	7	How sample size was determined and, when applicable, explanation of any interim analyses and stopping rules	Page9/Line157-169	Methods
Assignment Method	8	Unit of assignment (the unit being assigned to study condition, e.g., individual, group, community)	Page9/Line157-169	Methods
		Method used to assign units to study conditions, including details of any restriction (e.g., blocking, stratification, minimization)	Page9/Line157-169	Methods
		Inclusion of aspects employed to help minimize potential bias induced due to non-randomization (e.g., matching)	Page9/Line157-169	Methods
Blinding (masking)	9	Whether or not participants, those administering the interventions, and those assessing the outcomes were blinded to study condition assignment; if so, statement regarding how the blinding was accomplished and how it was assessed.	Not suitable	
Unit of Analysis	10	Description of the smallest unit that is being analyzed to assess intervention effects (e.g., individual, group, or community)	Page9/Line157-169	Methods
		If the unit of analysis differs from the unit of assignment, the analytical method used to account for this (e.g., adjusting the standard error estimates by the design effect or using multilevel analysis)	Page9/Line157-169	Methods
Statistical Methods	11	Statistical methods used to compare study groups for primary methods outcome(s), including complex methods of correlated data	Page9/Line157-169	Methods
		Statistical methods used for additional analyses, such as a subgroup analyses and adjusted analysis	Page9/Line157-169	Methods
		Methods for imputing missing data, if used	Page9/Line157-169	Methods
		Statistical software or programs used	Page9/Line157-169	Methods
Results	•			•
Participant flow	12	Flow of participants through each stage of the study: enrollment, assignment, allocation, and intervention exposure, follow-up, analysis (a diagram is strongly recommended)	Page10/Line173-181	Results
		o Enrollment: the numbers of participants screened for eligibility, found to be eligible or not eligible, declined to be enrolled, and enrolled in the study	Page10/Line173-181	Results
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		o Assignment: the numbers of participants assigned to a study condition	Page10/Line173-181	Results
		Allocation and intervention exposure: the number of participants assigned to each study condition and the number of participants who received each intervention	Page10/Line173-181	Results
		o Follow-up: the number of participants who completed the follow- up or did not complete the follow-up (i.e., lost to follow-up), by study condition	Page10/Line173-181	Results
		o Analysis: the number of participants included in or excluded from the main analysis, by study condition	Page10/Line173-181	Results
		Description of protocol deviations from study as planned, along with reasons	Page10/Line173-181	Results
Recruitment	13	Dates defining the periods of recruitment and follow-up	Page10/Line173-181	Results
Baseline Data	14	Baseline demographic and clinical characteristics of participants in each study condition	Page10/Line173-181	Results
		Baseline characteristics for each study condition relevant to specific disease prevention research	Page10/Line173-181	Results
		Baseline comparisons of those lost to follow-up and those retained, overall and by study condition	Page10/Line173-181	Results
		Comparison between study population at baseline and target population of interest	Page10/Line173-181	Results
Baseline equivalence	15	Data on study group equivalence at baseline and statistical methods used to control for baseline differences	Not suitable	
Numbers analyzed	16	Number of participants (denominator) included in each analysis for each study condition, particularly when the denominators change for different outcomes; statement of the results in absolute numbers when feasible	Page10/Line173-181	Results
		Indication of whether the analysis strategy was "intention to treat" or, if not, description of how non-compliers were treated in the analyses	Page10/Line173-181	Results
Outcomes and estimation	17	For each primary and secondary outcome, a summary of results for each estimation study condition, and the estimated effect size and a confidence interval to indicate the precision	Page10/line184-189	Results
		Inclusion of null and negative findings	Page10/line184-189	Results
		Inclusion of results from testing pre-specified causal pathways through which the intervention was intended to operate, if any	Page10/line184-189	Results
Ancillary analyses	18	Summary of other analyses performed, including subgroup or restricted analyses, indicating which are prespecified or exploratory	Not suitable	
Adverse events	19	Summary of all important adverse events or unintended effects in each study condition (including summary measures, effect size estimates, and confidence intervals)	Page11/line192-204	Results

DISCUSSION				
Interpretation	20	Interpretation of the results, taking into account study hypotheses, sources of potential bias, imprecision of measures, multiplicative analyses, and other limitations or weaknesses of the study	Page11-14/line207-268	Discussion
		Discussion of results taking into account the mechanism by which the intervention was intended to work (causal pathways) or alternative mechanisms or explanations	Page11-14/line207-268	Discussion
		Discussion of the success of and barriers to implementing the intervention, fidelity of implementation	Page11-14/line207-268	Discussion
		Discussion of research, programmatic, or policy implications	Page11-14/line207-268	Discussion
Generalizability	21	Generalizability (external validity) of the trial findings, taking into account the study population, the characteristics of the intervention, length of follow-up, incentives, compliance rates, specific sites/settings involved in the study, and other contextual issues	Page11-14/line207-268	Discussion
Overall Evidence	22	General interpretation of the results in the context of current evidence and current theory	Page14/Line269-271	Discussion

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\*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.