

Fine particulate matter exposure promotes M2 macrophage polarization through inhibiting histone deacetylase 2 in the pathogenesis of chronic obstructive pulmonary disease

Yan Jiang[#], Yanfeng Zhao[#], Qingliang Wang, Hao Chen, Xiao Zhou

Department of Thoracic Surgery, Shanghai Pulmonary Hospital, Tongji University School of Medicine, Shanghai, China *Contributions:* (I) Conception and design: X Zhou, Y Jiang; (II) Administrative support: X Zhou; (III) Provision of study materials or patients: All authors; (IV) Collection and assembly of data: All authors; (V) Data analysis and interpretation: All authors; (VI) Manuscript writing: All authors; (VII) Final approval of manuscript: All authors.

[#]These authors contributed equally to this work.

Correspondence to: Xiao Zhou. Department of Thoracic Surgery, Shanghai Pulmonary Hospital, Tongji University School of Medicine, Shanghai 200433, China. Email: zx_ty68@163.com.

Background: Chronic obstructive pulmonary disease (COPD) is a major cause of morbidity and mortality globally. Fine particulate matter (PM2.5) has been indicated to be a major detrimental risk factor for COPD by numerous epidemiological studies. Histone deacetylase 2 (HDAC2), a critical regulator of chromatin remodeling, plays a pivotal role in the development of COPD. However, the underlying mechanisms regarding the relationship between PM2.5 and HDAC2 in the pathogenesis of COPD have yet to be elucidated. In the present study, we aim to investigate the role and the underlying mechanism of HDAC2 in the development of PM2.5-induced COPD.

Methods: The effects of PM2.5 exposure on M2 macrophage polarization and the expression levels of HDAC2 were examined *in vitro*. The influence of HDAC2 deficiency on M2 macrophage polarization and the pathogenesis of COPD was investigated in a PM2.5-induced mouse model.

Results: PM2.5 exposure down-regulated the protein level of HDAC2 and enhanced M2 macrophage polarization *in vitro*. In the COPD murine model, myeloid-specific deficiency of HDAC2 augmented PM2.5-induced M2 polarization of alveolar macrophages (AMs) and up-regulation of tumor necrosis factor (TGF)- β , matrix metallopeptidase (MMP)-9, and MMP-12 in lung tissue, which resulted in more prominent lung function deterioration, airspace enlargement, alveolar wall destruction, and airway remodeling, indicating a key role of HDAC2 in the pathogenesis of PM2.5-induced COPD.

Conclusions: PM2.5 facilitated M2 polarization by inhibiting HDAC2, leading to the development of COPD. Targeting of HDAC2 would provide a novel approach to prevent the development of PM2.5 exposure-induced COPD.

Keywords: PM2.5; M2 macrophage polarization; histone deacetylase 2 (HDAC2); chronic obstructive pulmonary disease (COPD)

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Introduction

Chronic obstructive pulmonary disease (COPD) is a major cause of global morbidity and mortality that is characterized by irreversible and progressive obstruction of the airways. It is predicted that COPD would be the third leading cause of death worldwide by 2030 (1,2).

Over the past decades, ambient fine particulate matter (PM2.5) exposure has been described as a major detrimental

Page 2 of 9

risk factor for COPD in numerous epidemiological studies (3-5). In COPD patients, PM2.5 has been found to not only be associated with exacerbated and aggravated respiratory function and symptoms (6) but also with increased risk morbidity and mortality (7,8).

Macrophages are a crucial component of innate immunity, representing the first line of defense against extrinsic invaders (9). In the lung, there are at least two distinct macrophage populations: alveolar macrophages (AMs) and interstitial macrophages (IMs). Comprising more than 90% of the pulmonary macrophage population, AMs play a central role in defending the lung against airborne irritants and pathogens (10).

Macrophages adapt and respond to a variety of environmental stimuli, exhibiting remarkable plasticity. Macrophages may undergo classical activation (M1 macrophages) or alternative activation (M2 macrophages) depending on the environmental signals (11,12). The M1 phenotype is induced by granulocyte-macrophage colonystimulating factor (GM-CSF), lipopolysaccharide (LPS), or interferon- γ (IFN- γ), and is characterized by a high expression level of nitric-oxide synthase (iNOS) and the secretion of pro-inflammatory cytokines, such as tumor necrosis factor- α (TNF- α), interleukin (IL)-1 β , IL-6, and IL-12; thus, M1 macrophages are mainly involved in proinflammatory responses and cytotoxic effects (11,13-15). M2 macrophages are stimulated by monocyte colonystimulating factor (M-CSF), IL-4, IL-13 and IL-10, and are typified by a high expression level of arginase-1 (Arg-1) and the secretion of cytokines including IL-4, IL-10, and TGF-β. The M2 phenotype also has anti-inflammatory properties and is involved in tissue remodeling and fibrosis (14-17). An imbalance of M1/M2 polarization can result in the development of inflammatory diseases, including COPD (9,18).

Histone deacetylase 2 (HDAC2), as one of the members of the class I HDACs, plays a critical regulatory role in gene expression (19). Previous studies have reported that HDAC2 levels and activity are reduced in patients with COPD (20), which may contribute to chronic inflammation and subsequent remodeling and obstruction of the airways. This suggests that HDAC2 has a critical role in the development of COPD. Despite clear evidence of HDAC2's involvement in mediating lung damage in established COPD, its role in the regulation of macrophage polarization during the process of COPD development is not fully understood.

In the present study, we aimed to determine whether HDAC2 is involved in the development of PM2.5-

induced COPD through regulating the balance of M1/ M2 macrophages. The effects of PM2.5 exposure on the expression levels of HDAC2 and macrophage polarization were analyzed *in vitro*. The influence of HDAC2 deficiency on macrophage polarization and the pathogenesis of COPD was investigated in a PM2.5-induced COPD mouse model.

We present the following article in accordance with the ARRIVE reporting checklist (available at http://dx.doi. org/10.21037/atm-20-6653).

Methods

PM2.5 collection and extraction

PM2.5 was continuously collected using an air sampler (LB-6120, Loobo, Qindao, China) with Teflon microporous membrane filters. The samples were collected from ambient air near a road close to Shanghai Pulmonary Hospital at a flow rate of 300 L/min. After sampling, the filters were placed in petri dishes and stored at -20 °C. Then, the PM2.5 particulates were removed from the filter and immersed in sterile purified H₂O. This was followed by ultrasonication for 4×30 min. After drying by lyophilisation, the PM2.5 powder was stored at -20 °C until use.

Induction of the COPD model

HDAC2^{fl/fl} and Lys2-Cre mice (C57BL/6 background) were supplied by Shanghai Model Organisms. Myeloid-specific HDAC2 knockout mice (HDAC2 CKO) were generated by crossing HDAC2^{fl/fl} mice with Lys2-Cre mice. The HDAC2 CKO and HDAC2^{fl/fl} mice were randomly divided into the PM2.5-exposed group and the control group (n=6 per group). The PM2.5-exposed mice were continuously subjected to whole-body inhalation of concentrated ambient air PM2.5 *in vivo* for 30 weeks. Simultaneously, the control group mice were exposed to filtered air. All animal experimental procedures were approved by the Ethics Committee for Animal Studies at Shanghai Pulmonary Hospital affiliated to Tongji University (No. K19-100Y) and were carried out in accordance with institutional conventions for the care and use of animals.

Measurement of pulmonary function

Pulmonary function was measured by using the AniRes 2005 lung function system (Bestlab, Beijing, China). The mice were anaesthetized via intraperitoneal injection of

Annals of Translational Medicine, Vol 8, No 20 October 2020

10% chloral hydrate and then tracheostomized. The mice were immediately placed in the supine position in a sealed whole-body plethysmograph and connected to a computer-controlled small animal ventilator via the tracheal cannula. All animals were mechanically ventilated at a respiratory rate of 90 breaths/min with a tidal volume of 5 mL/kg and an expiration/inspiration time ratio of 1.5:1.0. Forced expiratory vital capacity (FVC), forced expiratory volume in 0.1 s (FEV_{0.1}), and the FEV_{0.1}/ FVC ratio were measured.

Collection of bronchoalveolar lavage fluid

The mice were sacrificed at the end of week 30. The chests of the mice were opened, and the tracheas were intubated with a tracheal cannula. Before bronchoalveolar lavage fluid (BALF) was collected, the left main bronchus was ligated to prevent operations from impacting on pulmonary morphometric and pathological assessments. Then, the BALF was collected by injecting 1 ml of phosphate-buffered saline (PBS) into the right lung. The collected BALF was filtered with gauze and centrifuged at 1,200 rpm for 5 min at 4 °C. Cells were washed twice with PBS and suspended in Dulbecco's Modified Eagle Medium (DMEM) containing 10% fetal bovine serum (FBS), 100 U/mL penicillin, and 100 U/mL streptomycin. For quantitative reverse transcription- polymerase chain reaction (qRT-PCR), the remaining cells were seeded in 6-well culture dishes (1×10⁶/ well), and the AMs were incubated for 2 h in a 5% CO₂ humidified incubator. Finally, the cells were washed twice with PBS to remove non-adherent cells.

Pulmonary pathology assessment

The right lung of the mice was excised, fixed in 4% paraformaldehyde, and then embedded in paraffin. Lung tissue was stained with hematoxylin and eosin (H&E) and examined under light microscopy for histologic and morphometric examination.

Isolation and stimulation of bone marrow-derived macrophages

To obtain bone marrow-derived macrophages (BMDMs), femur and tibia bones were collected from 5-week-old mice, and the bone marrow cells were flushed out using PBS supplemented with 2% FBS. Red blood cells were lysed with NH_4Cl solution, and the remaining cells were cultured in DMEM medium containing 100 units/mL penicillin and 100 µg/mL streptomycin, supplemented with 10% FBS. The cells were maintained in a humidified atmosphere of 5% CO_2 at 37 °C. For analysis of M2 macrophage polarization, cells were stimulated with 10 ng/ml GM-CSF and IL-4.

qRT-PCR analysis

Total RNA was extracted using TRIzol reagent (Invitrogen, USA) and reverse transcribed into cDNA using EasyScript[®] Fist-Strand cDNA Synthesis Supermix (Transgen, China). The levels of RNA were determined using TransStart[®] Green qPCR Supermix (Transgen, China) on a 7900HT qRT-PCR machine (Applied Biosystems). The relative levels of messenger RNA (mRNA) were analyzed using the $\Delta\Delta$ Ct method.

Western blot

Cells were lysed with RIPA lysis buffer (Beyotime Biotech, China). The protein concentration was determined by BCA protein assay kit (Tiangen Biotech, China). Equal amounts of protein were loaded onto 10% sodium dodecyl sulfate–polyacrylamide gel electrophoresis (SDS-PAGE) gel and transferred onto a polyvinylidene fluoride (PVDF) membrane by electrophoresis. The membrane was then incubated with anti-HDAC2 (Abcam, Cambridge, UK)), anti- β -actin (CST, USA), and horseradish peroxidase (HRP)-conjugated goat anti-rabbit IgG (CST, USA). The HRP ECL Chemiluminescent Substrate Kit (ThermoFisher Scientific, USA) was used for color development.

Flow cytometry

Activated BMDMs or freshly isolated AMs were washed with PBS and re-suspended in PBS containing 1% bovine serum albumin (BSA). Subsequently, cells were stained with anti-CD206 (eBiosciences, USA), incubated at room temperature for 30 min, and then fixed, permeated, and stained with anti-Arg-1 (eBiosciences, USA) for 1 h. Finally, the cells were washed with PBS, and analyzed with the fluorescence-activated cell sorting (FACS) Calibur system (BD Biosciences, San Diego, CA, USA).

Statistical analysis

Data were expressed as mean ± standard deviation (SD). All statistical analyses were performed with GraphPad Prism 7.0 software (GraphPad Software, Inc). Data were analyzed



Figure 1 PM2.5 facilitated M2 macrophage polarization *in vitro*. M2 polarization of BMDMs was induced by 10 ng/mL GM-CSF and IL-4 following treatment with PBS or PM2.5 (50 or 100 µg/mL). (A) Representative FACS plots of M2 macrophages. (B) The mRNA expression levels of the M2 macrophage marker Arg-1. **, P<0.01; ***, P<0.001. PM2.5, fine particulate matter; BMDMs, bone marrow-derived macrophages; GM-CSF, granulocyte-macrophage colony-stimulating factor; IL, interleukin; PBS, phosphate-buffered saline; FACS, fluorescence-activated cell sorting.

using the Student's *t*-test for comparison between two groups or one-way ANOVA test for multiple comparisons. P<0.05 was considered to be statistically significant.

Results

PM2.5 facilitated M2 polarization in vitro

To examine the impact of PM2.5 on macrophage polarization, BMDMs were incubated with PM2.5 (50 or 100 µg/mL) or PBS for 24 h before the induction of M2 polarization. The efficiency of M2 polarization of BMDMs was determined by FACS, and the expression level of Arg-1 mRNA was examined by qRT-PCR. PM2.5 was observed to enhance M2 polarization in a dose-dependent manner, as evidenced by an increase in the ratio of Arg-1-positive BMDMs (*Figure 1A*) and the augmented mRNA expression level of Arg-1 (Figure 1B).

PM2.5 down-regulated the protein expression level of HDAC2

To investigate the mechanism by which PM2.5 interferes with M2 macrophage polarization, we examined the influence of PM2.5 on the expression level of HDAC2, which is reported to be down-regulated in the PBMCs of COPD patients (21). HDAC2 protein expression was examined by Western blot, and HDAC2 mRNA expression level was quantified by qRT-PCR. As shown in *Figure 2*, the protein expression of HDAC2 in BMDMs was dose-dependently reduced by exposure to PM2.5, while the mRNA expression level was not significantly changed. These results suggested PM2.5 may affect the degradation process of HDAC2 in a manner similar to cigarette smoke (CS) exposure.



Figure 2 PM2.5 down-regulated the protein expression level of HDAC2 *in vitro*. BMDMs were incubated with PM2.5 or PBS for 72 h. Then, the level of HDAC2 protein expression was detected with Western blot (A). The mRNA expression level of HDAC2 was detected by qRT-PCR (B). PM2.5, fine particulate matter; HDAC2, histone deacetylase 2; PBS, phosphate-buffered saline; qRT-PCR, quantitative reverse transcription- polymerase chain reaction.

HDAC2 deficiency facilitated M2 polarization in vitro

To investigate whether HDAC2 plays a role of in the alternative activation of macrophage, we explored the effect of HDAC2 deficiency on M2 macrophage polarization in BMDMs. The M2 polarization efficiency of BMDMs was determined by FACS, and the expression level of Arg-1 mRNA was examined by qRT-PCR. The ratio of Arg-1-positive BMDMs was increased and the mRNA expression level of Arg-1 was augmented, which showed that HDAC2 deficiency facilitated M2 polarization (*Figure 3A,B*).

HDAC2 deficiency exacerbated the decline of lung function, airspace enlargement, and airway remodeling in the PM2.5 induced COPD mouse model

To determine whether HDAC2 is functionally linked to the pathogenesis of PM2.5-induced COPD, we compared the tendency of WT and HDAC2 CKO mice to develop COPD. The development of COPD was simulated by exposing mice to PM2.5 for 30 weeks. As shown in *Table 1*, a decline in FEV_{0.1}/FVC, decreased FEV_{0.1}, and increased FVC were observed in the HDAC2 CKO group. These results indicated that PM2.5 triggered a more severe decline in pulmonary function in the HDAC2 CKO mice than in the HDAC2^{B/A} mice. The results of H&E staining of mouse lung sections were consistent with this finding, with exacerbated enlargement of the alveolar space, alveolar wall destruction, and airway remodeling, as well as inflammatory cell infiltration, observed in the HDAC2 CKO mice (*Figure 4*).

HDAC2 deficiency facilitated macrophage alternative activation in the PM2.5-induced COPD mouse model.

The effect of HDAC2 deficiency on M2 polarization in the PM2.5-induced COPD mouse model was investigated. The percentage of M2 macrophages in the BALF of each group was examined by FACS. The expression levels of MMP-9, MMP-12, and TGF- β 1 were determined by qRT-PCR. BALF from the HDAC2 CKO mice showed a marked increase in the percentage of M2 macrophages compared to that from the HDAC2^{β / β} mice (*Figure 5A*,*B*), with significant increases in the M2-related cytokines MMP-9, MMP-12, and TGF- β (*Figure 5C*), which led to enhanced remodeling of airway.

Discussion

COPD is a chronic progressive inflammatory disease that has a rising prevalence worldwide (2). The chronic nature of COPD, and the exacerbations and comorbidities it frequently entails, impose a heavy clinical and economic burden on society. Therefore, the exploration of novel therapeutic options for COPD is warranted (22). There is a growing body of evidence to associate PM2.5 exposure with increased morbidity and mortality, as well as the pathogenesis of COPD. However, the underlying mechanisms by which PM2.5 exposure induces and aggravates the development of COPD remain unclear.

In this study, we found that PM2.5 exposure facilitates M2 polarization state *in vitro* and *in vivo*. M2 polarization enables macrophages to play a role in the regulation

Page 6 of 9



Figure 3 HDAC2 deficiency facilitated M2 macrophage polarization *in vitro*. M2 polarization of BMDMs was induced by 10 ng/mL GM-CSF and IL-4 following treatment with 100 µg/mL PM2.5. (A) Representative FACS plots of M2 macrophages. (B) The mRNA expression level of the M2 macrophage marker Arg-1. **, P<0.01. HDAC2, histone deacetylase 2; BMDMs, bone marrow-derived macrophages; GM-CSF, granulocyte-macrophage colony-stimulating factor; IL, interleukin; PM2.5, fine particulate matter.

Table 1 Pulmonary function in each group

There is a minimum function in each group			
Group	FEV _{0.1} /FVC	FEV _{0.1} (mL)	FVC (mL)
HDAC2 ^{fl/fl} + air	82.44±2.53	0.77±0.09	1.03±0.12
HDAC2 CKO + air	83.73±3.02	0.76±0.07	1.21±0.12
HDAC2 ^{fl/fl} + PM2.5	64.42±4.98	0.73±0.11	1.11±0.15
HDAC2 CKO + PM2.5	50.35±5.13*	0.43±0.05*	0.79±0.05
HDAC2 ^{IIII} + air HDAC2 CKO + air HDAC2 ^{IIII} + PM2.5 HDAC2 CKO + PM2.5	82.44±2.53 83.73±3.02 64.42±4.98 50.35±5.13*	0.77±0.09 0.76±0.07 0.73±0.11 0.43±0.05*	1.03±0.12 1.21±0.12 1.11±0.15 0.79±0.05

Values are mean \pm SD, n=6 mice per group. *P<0.05 compared to the HDAC2^{1//1} + PM2.5 group. FVC, forced expiratory vital capacity; FEV_{0.1}, forced expiratory volume in 0.1 s; HDAC2, histone deacetylase 2; PM2.5, fine particulate matter.

of tissue repair and airway remodeling (17). From this observation, an important question arises as to how PM2.5 interferes with the macrophage polarization program. Numerous studies have shown that reduced HDAC2 expression and activity in COPD patients is secondary to the posttranslational modifications, which include phosphorylation, oxidation, ubiquitination, and subsequent degradation of HDAC2 in response to tobacco exposure (23,24). In this study, the level of HDAC2 protein expression in BMDMs was reduced by PM2.5 exposure, while the mRNA level was not significantly changed, which suggests that PM2.5 may also affect the degradation process of HDAC2 in a similar manner to CS exposure. Glucocorticoids which reverse the histone



Figure 4 HDAC2 deficiency led to worsened lung histomorphology in a PM2.5-induced COPD model. H&E staining of lung tissue (100× magnification) shows enlargement of the alveolar space, alveolar wall destruction, and airway remodeling, as well as inflammatory cell infiltration. PM2.5, fine particulate matter; HDAC2, histone deacetylase 2; COPD, chronic obstructive pulmonary disease.

acetylation induced by nuclear factor- κ B (NF- κ B) and switches off the activated inflammatory genes by binding to glucocorticoid receptors (GR) and recruiting HDAC2 to the activated inflammatory genes, are very effective in controlling the airway inflammation in asthma (25,26). However, due to the reduction in HDAC2 expression in patients with COPD, corticosteroid provide little clinical benefit in this population. Understanding the mechanism of action of PM2.5 in reducing HDAC2 expression may help reverse and bypass corticosteroid resistance in COPD patients.

An important feature of the pathogenesis of COPD is persistent airflow limitation due to progressive parenchymal destruction and the remodeling of peripheral airways (4). An imbalance between proteinases and their inhibitors is pivotal in alveolar destruction and airway remodeling during COPD development (27). Furthermore, TGF- β 1 also plays an essential role in lung remodeling (28,29). Our study showed that long-term PM2.5 exposure enhanced the induction of M2 polarization and up-regulation of TGF- β , MMP-9, and MMP-12 in HDAC2 CKO mice compared with HDAC2^{π/n} mice, which led to more significant airspace enlargement, alveolar wall destruction, and airway remodeling. These results indicate that HDAC2 plays a key role in the pathogenesis of COPD. Targeting HDAC2 to release the brake on alternative activation would provide a novel approach to prevent the progression of COPD. However, whether the function of HDAC2 in ameliorating M2 activation is dependent on HDAC activity still needs to be determined. Future studies to validate this and to identify the targets of HDAC2 are warranted.

Conclusions

In summary, the current study demonstrated that chronic exposure of PM2.5 reprograms AM polarization toward the M2 activation state by reducing HDAC2 protein expression. This contributes to sustained airway inflammation, compromised lung function, emphysematous lesions, and deleterious airway remodeling. This study provides a new insight into the detrimental impact of chronic PM2.5 exposure in the development and progression of COPD and the underlying mechanism, thus presenting a novel avenue for treating this disease. Page 8 of 9

Jiang et al. PM2.5 promotes M2 macrophage polarization



Figure 5 HDAC2 deficiency facilitated M2 macrophage polarization in a PM2.5-induced COPD model. (A) Representative FACS plots of M2 macrophages. (B) A statistical graph of FACS results. (C) The mRNA expression levels of MMP-9, MMP-12, and TGF-β1. **, P<0.01; ***, P<0.001. HDAC2, histone deacetylase 2; PM2.5, fine particulate matter; COPD, chronic obstructive pulmonary disease; FACS, fluorescence-activated cell sorting.

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Footnote

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Data Sharing Statement: Available at http://dx.doi. org/10.21037/atm-20-6653 *Conflicts of Interest*: All authors have completed the ICMJE uniform disclosure form (available at http://dx.doi. org/10.21037/atm-20-6653). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was approved by the Animal Care Committee of the Shanghai Pulmonary Hospital (No. K19-100Y) and were carried out in accordance with institutional conventions for the care and use of animals.

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Annals of Translational Medicine, Vol 8, No 20 October 2020

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