

Narrative Review Checklist

Section/Topic	Item No	Item	Reported on Page Number/Line Number	Reported on Section/Paragraph
TITLE				
Title	1	Identify the report as a Narrative Review of ...	Page 1/Line 3-4	Title Page/First Section
ABSTRACT				
Unstructured summary	2	Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development.	Page 1-2/Lines 32-52	Abstract/All paragraphs
INTRODUCTION				
Rationale/background	3	Describe the rationale for the review in the context of what is already known.	Page 2-3/Lines 58-86	Introduction/Paragraph 1
Objectives	4	Specify the key question(s) identified for the review topic.	Page 3/Lines 87-93	Introduction/Paragraph 3
METHODS				
Research selection	5	Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage).	Page 3/Lines 95-100	Methods/Single Paragraph
DISCUSSION/SUMMARY				
Narrative	6	Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research.	Page 3/Line 102 until Page 12/Line 382	Discussion/All Paragraphs
Summary	7	Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research.	Page 12/Line 384-395	Conclusion/Single Paragraph

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.