

The predictors and prognosis for unexpected reocclusion after mechanical thrombectomy: a meta-analysis

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Background: Mechanical thrombectomy (MT) is the cornerstone for treating acute ischemic stroke (AIS) in emergency cases. However, 3–9% of patients display reocclusion in the recanalized vessels within 24 hours after performing MT. This meta-analysis aimed to further identify the predictors and prognosis of unexpected reocclusion after MT.

Methods: According to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses statement, we searched several literature databases, including PubMed, Embase, and Cochrane, for publications related to the subject term "thrombectomy" that were published prior to March 2020. Pooled analysis was performed with the fixed-effects model using the Mantel-Haenszel method if the heterogeneity was expected to be available ($I^2 \le 50\%$). Otherwise, the random-effects model computed by the DerSimonian-Laird method was used ($I^2 > 50\%$). R software (http://www.r-project.org) was used for analysis in this study.

Results: A total of five articles comprising 1,883 patients (126 patients with reocclusion, 1,757 patients without reocclusion) who were confirmed to have AIS and who underwent emergency MT were finally included in this study. The pooled analysis (reocclusion versus non-reocclusion) showed that atrial fibrillation [odds ratio (OR), 0.36; 95% confidence interval (CI), 0.20–0.63], cardiogenic embolism (OR, 0.35; 95% CI, 0.20–0.63), long-term statin use (OR, 0.39; 95% CI, 0.21–0.75), long-term antiplatelet use (OR, 0.53; 95% CI, 0.31–0.92), and target occlusion at middle cerebral artery-M1 (MCA-M1) (OR, 0.39; 95% CI, 0.19–0.77) might prevent reocclusion and longer onset-to-reperfusion time (mean difference, 66.51; 95% CI, 36.66–96.35) might promote reocclusion after MT performance. Furthermore, the clinical outcomes including early neurological deterioration (OR, 4.87; 95% CI, 2.08–11.40), 90-day modified Rankin Scale score ≤ 2 (OR, 0.28; 95% CI, 0.18–0.45), and 90-day death rate (OR, 1.85; 95% CI, 1.04–3.29) were also associated with reocclusion after MT performance.

Conclusions: Atrial fibrillation, cardiogenic embolism, long-term statin use, long-term antiplatelet use, and target occlusion at MCA-M1 might prevent reocclusion, and longer onset-to-reperfusion time seemed to promote reocclusion after MT. Reocclusion after MT results in a high risk of poor prognosis.

Keywords: Thrombectomy; reocclusion; stroke; meta-analysis

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Introduction

As the DAWN (Clinical Mismatch in the Triage of Wake Up and Late Presenting Strokes Undergoing Neurointervention With Trevo) and DEFUSE 3 (Endovascular Therapy Following Imaging Evaluation for Ischemic Stroke 3) trials have been published, mechanical thrombectomy (MT) has become a well-accepted treatment modality for acute ischemic stroke (AIS) (1,2). Despite the high incidence of successful recanalization of over 80% after MT, 3-9% of patients display reocclusion in the recanalized vessels within 24 hours after performing MT, imposing a significant impact on people's well-being and quality of life (3-5). Some previous studies have investigated the predictors and prognosis of reocclusion after MT; however, these studies yield conflicting results (3,6-12). We aimed to summarize the existing knowledge and perform a secondary analysis to determine the predictors and prognosis of reocclusion after MT. We presented the following article in accordance with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) reporting checklist (13) (available at http://dx.doi.org/10.21037/atm-20-3465).

Methods

The subject term "thrombectomy" was searched in several literature databases, including PubMed, Embase, and Cochrane, for publications that were published prior to March 2020. The references of the retrieved articles were also reviewed for additional reports to avoid missing out in our search. The enrolled studies should be screened with the following criteria: (I) patients with AIS and undergoing emergency MT; (II) detailed risk factors and/or clinical outcomes for patients with and/or without reocclusion; and (III) study design that includes retrospective observations and post-hoc analysis for prospective studies. The Newcastle-Ottawa Scale (NOS) was used to evaluate the quality of the enrolled studies (14,15).

Statistical analysis

R software (http://www.r-project.org) was used for analysis in this study. The values are expressed as mean \pm standard deviation for the continuous data and as number (percentage, %) for the categorical data. Pooled analysis was performed with the fixed-effects model using the Mantel-Haenszel method if the heterogeneity was expected to be available ($I^2 \le 50\%$). Otherwise, the random-effects model computed by the DerSimonian-Laird method was used ($I^2 > 50\%$). The pooled results were presented as mean difference (MD) followed by 95% confidence interval (95% CI) for the continuous data and as odds ratio (OR) with 95% CI for the categorical data. All P values <0.05 were considered statistically significant. Publication bias was processed using a funnel plot (RevMan5.0 software). Subgroup analysis was recommended to decrease heterogeneity.

For each of the cases lacking of required data, following calculations may be offset:

- (I) When only median (M), interquartile range (IQR), and the sample size were given, as long as the populations was large enough (n>25), m = M and SD = IQR/1.35;
- (II) Given the Group 1 of n_1 , m_1 and SD_1 and Group 2 of n_2 , m_2 and SD_2 ,
 - (i) total m = $(n_1 \times m_1 + n_2 \times m_2)/(n_1 + n_2);$
 - (ii) total SD = {[$(n_1 1) \times SD_1^2 + (n_2 1) \times SD_2^2 + (n_1 \times n_2) \times (m_1^2 + m_2^2 2 \times m_1 \times m_2)/(n_1 + n_2)]/(n_1 + n_2 1)$ }1/2.

Results

Up to March 2020, a total of 7,230 articles with the subject term "thrombectomy" were identified in the initial research. After screening with the titles and abstracts and thoroughly reading some articles' whole contents, only five articles that met the inclusion criteria were finally included in this meta-analysis. There were a total of 1883 patients who were confirmed to have AIS and underwent emergency MT in the involved studies, in whom 126 patients (6.69%, 6.59% within 48 hours) experienced reocclusion after MT and 1,757 patients (93.31%) displayed non-reocclusion observed in the follow-up angiography. The mean age was 67.8 years (62.7 years in reocclusion and 68.2 years in non-reocclusion). All of the patients had successful MT recanalization (modified Thrombolysis in Cerebral Ischemia, mTICI 2b-3), except for one study (12), where 7 patients had TICI scores of 0. Transcranial Doppler (TCD), magnetic resonance angiography (MRA), and computed tomography angiography (CTA) were performed to determine the reocclusion within 48 hours, except in two reocclusion cases that were followed up between 1 and 180 days in one study (12). Three out of the 5 articles were retrospective studies based on a prospective cohort (8,10,12), 1 was a post-hoc analysis for a prospective cohort (9), and

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Table 1 The characteristics of the enrolled studies						
Characteristics	Hernández-Fernández et al.	Li et al.	Marto e <i>t al.</i>	Millán <i>et al.</i>	Mosimann <i>et al.</i>	
Demographic						
Num. of patients	40	614	423	95	711	
Reocclusion (%)	10 (25.0)	44 (7.2)	28 (6.6)	28 (29.5)	16 (2.3)	
Non-reocclusion (%)	30 (75.0)	570 (92.8)	395 (93.4)	67 (70.5)	695 (97.7)	
Age, year	66.7±10.3	63.1±66.7	71.4±15.2	65.4±22.7	70.2±14.9	
Interventions						
Recanalization definitions	TICI 2c-3	mTICI 2b-3	mTICI 2b-3	mTICI 2b-3	mTICI 2b-3	
Reocclusion definitions	A velocimetry of 0 cm/s in the Doppler signal	Reocclusion is detected by the TCD/MRA/CTA	A new intracranial occlusion within an arterial segment recanalized at the end of MT	mAOL 0–2 detected by CTA/MRA*	Reocclusion is detected by the MRA/CTA	
Reocclusion assessment time (after recanalization)	24 hours and 1–180 days	Within the 24 hours	12–48 hours	24 hours	Within 48 hours	
Study features						
Design	Retrospective study based on a prospective cohort	Retrospective study	Retrospective study based on a prospective cohort	Post-hoc analysis for a prospective cohort	Retrospective study based on a prospective cohort	
NOS	7	8	8	9	8	

Table 1 The characteristics of the enrolled studies

*, the authors definite reocclusion as AOL 0-1 scores actually, however the baseline data are only presented in the patients with AOL 0-2 scores; due to all of the enrolled patients have complete recanalization after MT, the AOL 0-2 scores are deemed as reocclusion in this meta-analysis.



Figure 1 Publication bias from the involved studies.

1 was a retrospective observational study only (11). The publications' NOS score was \geq 7, indicating high quality of these studies (15). The aforementioned results are shown in *Table 1*. The symmetrical graph in the funnel plot indicated that the publication bias from these involved studies was

low (Figure 1).

The pooled analysis (reocclusion versus non-reocclusion) showed that atrial fibrillation (OR, 0.36; 95% CI, 0.20-0.63), cardiogenic embolism (OR, 0.35; 95% CI, 0.20-0.63), long-term statin use (OR, 0.39; 95% CI, 0.21-0.75), long-term antiplatelet use (OR, 0.53; 95% CI, 0.31-0.92), and target occlusion at middle cerebral artery-M1 (MCA-M1) (OR, 0.39; 95% CI, 0.19-0.77) might prevent reocclusion and longer onset-to-reperfusion time (MD, 66.51; 95% CI, 36.66-96.35) might promote reocclusion after MT performance (shown in Table 2). Furthermore, the clinical outcomes including early neurological deterioration (the NIHSS scores increased by ≥ 4 points within 24-48 hours) (OR, 4.87; 95% CI, 2.08-11.40), 90-day modified Rankin Scale (mRS) score ≤2 (OR, 0.28; 95% CI, 0.18-0.45), and 90-day death rate (OR, 1.85; 95% CI, 1.04-3.29) were also associated with reocclusion after undergoing MT. The pooled results are presented in Table 3.

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Risk factors [#]	Involved studies	Pooled method	OR/MD	95% CI	P value
Demographic					
Age*	Li e <i>t al.</i> ; Marto e <i>t al.</i> ; Millán e <i>t al.</i> ; Mosimann <i>et al.</i>	D-L	-3.67	-7.83, 0.49	0.08
Male	Fernández <i>et al.</i> ; Li <i>et al.</i> ; Marto et al.; Millán et al.; Mosimann et al.	M-H	1.09	0.73, 1.62	0.68
Smoking	Marto et al.; Mosimann et al.	M-H	1.62	0.87, 3.02	0.13
Comorbid diseases					
Atrial fibrillation	Fernández <i>et al.</i> ; Li <i>et al.</i> ; Marto <i>et al.</i> ; Millán <i>et al.</i>	M-H	0.36	0.20, 0.63	0.0004
Diabetes	Fernández <i>et al.</i> ; Li <i>et al.</i> ; Marto <i>et al.</i> ; Millán <i>et al.</i>	M-H	1.24	0.77, 2.00	0.37
Hypertension	Fernández <i>et al.</i> ; Li <i>et al.</i> ; Marto e <i>t al.</i> ; Millán e <i>t al.</i> ; Mosimann e <i>t al.</i>	M-H	0.99	0.66, 1.47	0.94
Dyslipidemia	Fernández et al.; Marto et al.; Millán et al.; Mosimann et al.	M-H	0.72	0.44, 1.17	0.18
Ischemic heart disease	Fernández <i>et al.</i> ; Marto e <i>t al.</i> ; Millán e <i>t al.</i> ; Mosimann e <i>t al.</i>	M-H	0.47	0.21, 1.02	0.06
Previous ischemic stroke	Li et al.; Marto et al.; Mosimann et al.	M-H	1.05	0.62, 1.77	0.86
TOAST					
Cardiogenic embolism	Li et al.; Marto et al.; Mosimann et al.	M-H	0.35	0.20, 0.63	0.0004
Large-artery atherosclerosis	Li et al.; Marto et al.; Mosimann et al.	D-L	1.59	0.42, 5.98	0.50
Others	Li et al.; Marto et al.; Mosimann et al.	D-L	2.12	0.86, 5.23	0.10
Long-term drug use					
Statin	Li et al.; Marto et al.; Mosimann et al.	M-H	0.39	0.21, 0.75	0.004
Antiplatelet	Fernández <i>et al.</i> ; Li <i>et al.</i> ; Marto <i>et al.</i> ; Mosimann <i>et al.</i>	M-H	0.53	0.31, 0.92	0.020
Anticoagulation	Marto et al.; Mosimann et al.	M-H	0.41	0.13-1.24	0.11
Baseline test					
NIHSS*	Li et al.; Marto et al.; Millán et al.	M-H	-0.24	-1.60, 1.12	0.73
mRS >2	Marto et al.; Mosimann et al.	D-L	0.81	0.17, 3.82	0.79
ASPECTS*	Li et al.; Marto et al.; Millán et al.	M-H	0.07	-0.33, 0.46	0.75
SBP*	Marto et al.; Millán et al.; Mosimann et al.	M-H	0.35	-6.29, 6.99	0.92
DBP*	Millán et al.; Mosimann et al.	M-H	-2.86	-7.49, 1.77	0.23
GLU*	Li et al.; Marto et al.; Millán et al.	M-H	-0.08	-0.44, 0.27	0.65
Platelets*	Liet al.: Marto et al.	M-H	4.72	-9.73, 19.17	0.52

 Table 2 Pooled analysis of the risk factors for reocclusion after MT

Table 2 (continued)

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Table 2	(continued)
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Risk factors [#]	Involved studies	Pooled method	OR/MD	95% CI	P value
Target occlusion site					
ICA	Li et al.; Marto et al.; Mosimann et al.	D-L	1.84	0.77, 4.43	0.17
MCA-M1	Marto et al.; Mosimann et al.	M-H	0.39	0.19, 0.77	0.007
MCA-M2, M3, ACA-A1	Marto et al.; Mosimann et al.	D-L	2.02	0.29, 14.18	0.48
BA	Li <i>et al.</i> ; Marto <i>et al.</i>	D-L	0.75	0.19, 2.91	0.68
MT process					
Time from stroke onset to reperfusion, min*	Li et al.; Marto et al.	M-H	66.51	36.66, 96.35	<0.0001
Time from femoral puncture to reperfusion, min*	Li et al.; Marto et al.	M-H	6.13	-4.46, 16.73	0.26
Intracranial stent implantation	Li et al.; Marto et al.; Mosimann et al.	D-L	0.92	0.26, 3.27	0.89
General anesthesia	Li et al.; Marto et al.; Mosimann et al.	M-H	0.79	0.49, 1.29	0.35
TICI 3 after MT	Marto et al.; Mosimann et al.	M-H	0.65	0.35, 1.18	0.16

[#], reocclusion *vs.* non-reocclusion; ^{*}, presented as MD. M-H, Mante-Haenszel; D-L, DerSimonian-Laird; MT, thrombectomy; SBP, systolic blood pressure; DBP, diastolic blood pressure; GLU, glucose; ICA, internal carotid artery; MCA, middle cerebral artery; BA, basilar artery.

Table 3 Pooled analysis of the outcomes for the patients with reocclusion vs. non-reocclusion after MT

Outcomes	Involved studies	Pooled method	OR	95% CI	P value
24-hour ICH	Li et al.; Marto et al.	M-H	1.22	0.67, 2.23	0.51
24-hour sICH	Li et al.; Marto et al.	M-H	1.09	0.42, 2.81	0.85
Early neurological deterioration	Li et al.; Marto et al.	L-D	4.87	2.08, 11.40	0.0003
90-day mRS ≤2	Li e <i>t al.</i> ; Marto e <i>t al.</i> ; Millán e <i>t al.</i> ; Mosimann e <i>t al.</i>	M-H	0.28	0.18, 0.45	<0.0001
90-day death	Li et al.; Mosimann et al.	L-D	1.85	1.04, 3.29	0.04

M-H, Mante-Haenszel; D-L, DerSimonian-Laird; Early neurological deterioration indicates the NIHSS scores increase by ≥4 points within 24–48 hours; MT, mechanical thrombectomy; ICH, intracranial hemorrhage; sICH, symptomatic intracranial hemorrhage.

Considering the high risk of bias for the study conducted by Hernández-Fernández *et al.*, a sensitive analysis was also performed after ruling out these data. The OR and 95% CI of the seven factors changed when performing the sensitivity analysis (male sex, atrial fibrillation, diabetes, hypertension, dyslipidemia, ischemic heart disease, and long-term antiplatelet use), with atrial fibrillation (OR, 0.33; 95% CI, 0.19–0.60) and long-term antiplatelet use (OR, 0.49; 95% CI, 0.28–0.87) being also associated with reocclusion after MT. All the aforementioned results are shown in *Table 4*.

Discussion

This secondary analysis further identified that the post-MT reocclusion-related factors included atrial fibrillation, cardiogenic embolism, long-term statin use, long-term antiplatelet use, target occlusion at MCA-M1, and onset-toreperfusion time. Reocclusion predicted higher possibilities of early neurological deterioration and 90-day death and a lower possibility of 90-day mRS score ≤ 2 .

As recommended by the latest American Heart Association/American Stroke Association guidelines and clinical trials, MT with or without intravenous thrombolysis

Risk factors [#]	Involved studies	Pooled method	OR	95% CI	P value
Demographic					
Male	Li e <i>t al.</i> ; Marto e <i>t al.</i> ; Millán et al.; Mosi- mann et al.	M-H	1.16	0.76, 1.75	0.49
Comorbid diseases					
Atrial fibrillation	Li et al.; Marto et al.; Millán et al.	M-H	0.33	0.19, 0.60	0.0002
Diabetes	Li et al.; Marto et al.; Millán et al	M-H	1.18	0.72, 1.96	0.51
Hypertension	Li e <i>t al.</i> ; Marto e <i>t al.</i> ; Millán e <i>t al.</i> ; Mosi- mann e <i>t al.</i>	M-H	1.02	0.67, 1.55	0.93
Dyslipidemia	Marto et al.; Millán et al.; Mosimann et al.	M-H	0.80	0.48, 1.33	0.38
Ischemic heart disease	Marto <i>et al.</i> ; Millán <i>et al.</i> ; Mosimann <i>et al.</i>	M-H	0.50	0.22, 1.12	0.09
Drug use					
Antiplatelet	Li et al.; Marto et al.; Mosimann et al.	M-H	0.49	0.28, 0.87	0.020

Table 4 Sensitive analysis of the risk factors for reocclusion after MT

[#], reocclusion vs. non-reocclusion. M-H, Mante-Haenszel; D-L, DerSimonian-Laird; MT, thrombectomy.

was the cornerstone for treating AIS in emergency cases (16). However, reocclusion can be encountered during MT of acute large-vessel occlusions, which may significantly deteriorate patients' neurological functions (16). Theoretically, endothelial damage is the major pathogenesis of reocclusion (6,7,17,18). The vascular endothelium can be easily injured during MT, causing reocclusion. Abraham et al. revealed the endothelial injury in the reocclusion site using magnetic resonance imaging, in which the signal enhancement of the vessel wall that represents the endothelial injury can be clearly observed (17). Additionally, other factors contributing to thrombogenesis in the recanalized vessels after MT mainly include platelet aggregation, tissue factor release, and inflammation (18). These pathogenic mechanisms are possibly consistent with the clinical findings in this meta-analysis.

This meta-analysis totally incorporated 5 articles, all of which were retrospective case-control studies. Despite the lack of high-quality evidence, considering the large sample size and a wide array of involved factors in our analysis, more comprehensive results were obtained. Meanwhile, the high quality of the involved studies (NOS score \geq 7) enhanced the power of the test. Therefore, compared to previous publications, our pooled study provided a more convincing conclusion for the first time. Considering the recommendation from the latest guidelines, MT was considered as the primary strategy for treating AIS. Other endovascular therapies such as intra-arterial thrombolysis and mechanical thrombus disruption were only used as adjuvant approaches (16). As a result, the articles mainly focusing on other endovascular therapies, rather than MT, were removed in this study. It is noteworthy that some method bias is inevitable in these involved studies. The definition of reocclusion is unclear in 3 articles, all of which only declares that reocclusion is detected with TCD, MRA, or CTA (8,10,11). In contrast, the other 2 articles detail the quantitative methods for identifying reocclusion (9,12). This may further produce information bias. Similarly, all of the enrolled patients displayed successful MT recanalization, which were detected with an imaging test within 24-48 hours, except for 7 patients displaying nonrecanalization after MT (TICI score, 0) and 2 patients determining the reocclusion at the long-term follow-up (Hernández-Fernández et al.) (12). Despite the risk of bias among these articles, a low percentage of heterogeneous cases may have little impact on our final results.

Although we showed that 6.59% of the patients experienced reocclusion after MT, there was a significant discrepancy in the reocclusion rates after MT among the previous publications (2.3–29.5%), which may be due to varying baseline characteristics among these cohorts (8-12). Therefore, this study aimed to investigate the correlated factors of reocclusion based on these datasets to subsequently increase the odds of favorable outcomes. According to the pooled analysis, we found that atrial fibrillation, cardiogenic embolism, long-term statin use, long-term antiplatelet use, and target occlusion in MCA-M1 might prevent reocclusion occurrence after MT.

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Furthermore, the onset-to-reperfusion time was positively associated with reocclusion after MT. It has been fully corroborated that in situ thrombosis plays an essential role in reocclusion after MT (6). Endovascular injury is capable of inducing platelet aggregation and adhesion, promoting coagulation activities, and producing inflammation factors, ultimately causing thrombotic occlusion (18). Our findings exactly corresponded with the pathogenesis. Cardiogenic embolism (including atrial fibrillation) is the major cause of exogenous embolism; thus, the target occlusion is more likely induced by embolism than in situ thrombosis (16). This indicates that the endothelium is relatively intact at the target occlusion site; therefore, reocclusion after MT is rarely observed. Additionally, embolism is also the main cause of acute MCA-M1 occlusion, whereas in situ thrombosis induced by atherosclerosis always leads to chronic MCA-M1 stenosis. The target occlusion site at MCA-M1 may also be less likely to display reocclusion after MT. Long-term statin and antiplatelet treatment can prevent platelet aggregation and suppress vascular inflammation, which may exert protective effects on vascular endothelium and, as a result, prevent thrombogenesis after MT. Moreover, longer onset-to-reperfusion time indicates more severe endovascular injury; thus, the target vessels are more susceptible to reocclusion after MT.

Consistent with previous studies, based on the current study, reocclusion after MT had a poor prognosis. The pooled results revealed that patients with reocclusion after MT displayed higher rates of early neurological deterioration and 90-day death and a lower rate of 90day mRS score ≤ 2 than patients without reocclusion. Repeated reperfusion and occlusion at the target site may aggravate ischemia-reperfusion injury and oxidative stress injury, leading to severe brain infarction (19). Because of the high risk of bias in the study conducted by Hernández-Fernández *et al.*, we removed this study in our sensitive analysis (12). The correlated factors for reocclusion after MT were unchanged, which further supported our results.

This study has several limitations. First, our metaanalysis only included retrospective studies, and the inevitable bias in the retrospective studies might have an unexpected impact on our overall conclusions. As mentioned above, information bias and selective bias could be observed in these studies, which may bias our results toward the null hypothesis.

In summary, this meta-analysis suggested that atrial fibrillation, cardiogenic embolism, long-term statin use, long-term antiplatelet use, and target occlusion at MCA-M1 might prevent reocclusion and longer onsetto-reperfusion time seemed to promote reocclusion after MT. Reocclusion after MT results in a high risk of poor prognosis. Considering the limitations of this study, further large cross-sectional studies are required to draw more reliable conclusions.

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Footnote

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