

# Peptide vaccination against multiple myeloma using peptides derived from anti-apoptotic proteins: a phase I trial

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**Abstract:** The B-cell lymphoma-2 (Bcl-2) family of proteins play a crucial role in multiple myeloma (MM), contributing to lacking apoptosis which is a hallmark of the disease. This makes the Bcl-2 proteins interesting targets for therapeutic peptide vaccination. We report a phase I trial of therapeutic vaccination with peptides from the proteins Bcl-2, Bcl-X<sub>L</sub> and Mcl-1 in patients with relapsed MM. Vaccines were given concomitant with bortezomib. Out of 7 enrolled patients, 4 received the full course of 8 vaccinations. The remaining 3 patients received fewer vaccinations due to progression, clinical decision of lacking effect and development of hypercalcemia, respectively. There were no signs of toxicity other than what was to be expected from bortezomib. Immune responses to the peptides were seen in all 6 patients receiving more than 2 vaccinations. Three patients had increased immune responses after vaccination. Vaccination against Bcl-2 was well tolerated and was able to induce immune responses in patients with relapsed MM.

**Keywords:** B-cell lymphoma-2 (Bcl-2); myeloma; peptide; vaccination

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One hallmark of multiple myeloma (MM) is lacking apoptosis. Notably the B-cell lymphoma-2 (Bcl-2) family of proteins play central roles in the regulation of apoptosis and are frequently overexpressed in cancer, including MM (1). The Bcl-2 family comprises anti-apoptotic as well as pro-apoptotic proteins, with the anti-apoptotic proteins including both Bcl-2 and the Bcl-2-like proteins Bcl-X<sub>L</sub>, Bcl-w, Mcl-1 and A1 (2). Bcl-2 and Bcl-2-like anti-apoptotic proteins are promising targets for immunotherapy: if clones escape the effects of therapy by downregulating Bcl-2, it will hinder the sustained neoplastic growth. Our group reported spontaneous T-cell reactivity against Bcl-2, Bcl-X<sub>L</sub> and Mcl-1 in peripheral blood from patients with different unrelated cancers (3-5). We have furthermore shown that T cells specific to peptide epitopes from these three proteins can kill HLA-matched tumor cells from a number

of cancer types (3,6,7). The Mcl-1 protein plays a vital role in MM-cell survival (8). However, gene expression of the Bcl-2 family members differs among MM molecular subgroups (9). Proteasome inhibitors have been found to improve the presentation of exogenous peptides on dendritic cells. This suggests that concomitant proteasome inhibition would lead to an improved immunogenicity of synthetic peptide vaccination (10). Here we report a phase I trial of vaccination using HLA-restricted nonamer to decamer peptides from the Bcl-2, Bcl-X<sub>L</sub> and Mcl-1 proteins concomitant with bortezomib in patients with relapsed MM. The primary endpoint was assessment of toxicity and safety.

Patients were eligible for inclusion if they had relapsed from verified MM and, at the time of inclusion they were not candidates for high dose melphalan with autologous

stem cell transplantation (HDT). The trial was set up to be a phase I/II trial, including initially 6 patients, with a possibility to continue to a phase II with initially 14 patients, with a possibility to include a total of 40 patients if at least one of the initial 14 patients responded. The vaccine dose was fixed with no dose escalation. Patients were enrolled in the years 2010 and 2011. After enrollment of 7 patients, bortezomib with dexamethasone became a standard therapy for the treatment population, and no further patients could be recruited. Due to peptide HLA-restriction, patients received peptides according to their HLA-A-positivity, i.e., HLA-A1, HLA-A2 and/or HLA-A3. Patients could be included if their performance status (PS) was 2 or better and an expected survival of more than 3 months. Sufficient bone-marrow function was required (leucocytes  $>2.5 \times 10^9/L$ , granulocytes  $>1.5 \times 10^9/L$  and thrombocytes  $>50 \times 10^9/L$ ), as did renal function (p-creatinine  $<2.5$  times the upper normal limit) and liver function (ASAT  $<100$  IU, Bilirubin  $<30$  IU). Patients with other active malignancies, other significant comorbidities, acute or chronic infection with HIV, hepatitis or tuberculosis, serious allergies, active autoimmune diseases or uncontrolled hypercalcemia were excluded. Treatment with immunosuppressive drugs, including steroids, and systemic antineoplastic treatment was not permitted. Patients were allowed to receive bisphosphonates. The Ethical Committee of the Region of Southern Denmark, the Danish data Protection Agency, and the Danish Medical Agencies (EudraCT 2006-003619-29) approved the study and all patients signed a written consent form. The trial was conducted in accordance with the Helsinki declaration and Good Clinical Practice (GCP) and monitored by the GCP-unit, Region of Southern Denmark, Denmark. Patients were enrolled and treated at the Departments of Haematology at Herlev Hospital (Herlev, Denmark) and Odense University Hospital (Odense, Denmark).

Peptides were derived from unmodified wildtype Bcl-2 family proteins and Montanide ISA-51 was used as adjuvant. The peptides were as follows: HLA-A1 restricted: Mcl-1 [166–175] PAEEEEEDDLY, Mcl-1 [177–185] QSLEIISRY; HLA-A2 restricted: Bcl-2 [208–217] PLFDSWLSL, Bcl-2 [214–223] WLSLKTLLSL, Bcl-X<sub>L</sub> [173–182] YLNDHLEPWI, Bcl-X<sub>L</sub> [165–174] RIAAWMATYL; HLA-A3 restricted: Bcl-X<sub>L</sub> [165–173] RIAAWMATY, Mcl-1 [95–103] RLLFFAPTR, Mcl-1 [300–308] RTKRDWLVK. The peptides were synthesized at  $>95\%$  purity by an external manufacturer (PolyPeptide, France). Before use, the peptides were suspended in PBS/DMSO,

mixed and sterile-filtered through a 0.22-micron filter. Endotoxin- and culture tests were then performed. Brief description of the procedure: just prior to injection, 300  $\mu$ L of the peptide mixture corresponding to the HLA type was mixed with 700  $\mu$ L Montanide ISA-51. The peptide mixture contained 333  $\mu$ g/mL of each peptide in the HLA-restricted group suspended in PBS/30% DMSO. This was mixed using a whirl mixer for 5 min and then administered as a deep subcutaneous injection. Patients were monitored for acute toxicity for 2 h after the injection. Up to 1,000 mg paracetamol could be offered as a mild painkiller as needed. The patients were vaccinated a total of 8 times during 4 series of bortezomib treatment. Bortezomib was given in 21-day series, with bortezomib intravenous injections on days 1, 4, 8 and 11 followed by a 10-day treatment break. Vaccinations were given on days 2 and 9. One patient (patient 3) achieved a partial remission (PR) and continued with monthly maintenance vaccinations without bortezomib.

Blood samples were drawn before start of treatment and at the time of every vaccination. Bone marrow biopsies were performed after 4 and 8 vaccinations and then 3 months after the last vaccination. Thereafter, bone marrow biopsies were performed at the treating physician's discretion.

To assess whether vaccination resulted in a measurable T-cell response, we performed indirect IFN- $\gamma$ -ELISPOT as described by McCutcheon *et al.* (11). In brief, nitrocellulose-bottomed 96-well plates (Multiscreen MAIP N45; Millipore) were coated overnight with the relevant antibody, washed, blocked with X-vivo and incubated for 2 h. The blocking agent was removed and 200  $\mu$ L of cells  $\pm$  peptide was added and incubated in the plate overnight. The next day, the plates were washed, and the relevant secondary biotinylated antibody (Mabtech) was added. After 2 h, the plates were washed and streptavidin (AP-avidin; Calbiochem/Invitrogen Life Technologies) was added and incubated 1 hour. After washing, the assay was developed by adding the enzyme substrate NBT/BCIP (Invitrogen Life Technologies) for 1–2 min. The spots were counted using the ImmunoSpot Series 2.0 Analyzer (CTL Analyzer). The response defined was based on the guidelines and on the recommendations provided by the CIP working group as well as Moodie and colleagues (12). Baseline characteristics of patients included are summarized in *Table 1*. Toxicity is summarized in *Table 2*.

The ELISPOT data for the peripheral blood (PB) immune reactivity to the peptides were available for 6 of the 7 patients. One patient (number 6) dropped out after

**Table 1** Baseline characteristics including treatments received prior to inclusion

Patient number	MM-isotype, M-spike, age, sex, PS, ISS, LDH, Tissue-type	Prior lines of therapy
1	IgG-kappa, 54.9 g/L; 62 years, female, PS 0, ISS 1, LDH 231, HLA-A2	1 <sup>st</sup> VAD + HDT; 2 <sup>nd</sup> Thal
2	IgG-kappa, 38.3 g/L; 70 years, male, PS 2, ISS 2, LDH 187, HLA-A2	1 <sup>st</sup> Cy-Dex + HDT; 2 <sup>nd</sup> Thal-Dex
3	IgA-kappa, 19.3 g/L; 63 years, male, PS 0, ISS 1, LDH 162, HLA-A2	1 <sup>st</sup> VAD + HDT; 2 <sup>nd</sup> Thal-Dex; 3 <sup>rd</sup> Bor-Dex
4	IgG-kappa, 36.5 g/L; 69 years, male, PS 1, ISS 1, LDH 231, HLA-A2	1 <sup>st</sup> VAD + HDT; 2 <sup>nd</sup> Cy-Thal; 3 <sup>rd</sup> Cy-Thal-Dex
5	IgG-kappa, 11.4 g/L; 75 years, male, PS 1, ISS 1, LDH 169, HLA-A2	1 <sup>st</sup> VAD + HDT; 2 <sup>nd</sup> Cy-Thal
6	IgG-lambda, 20.5 g/L; 62 years, male, PS 0, ISS 1, LDH 162, HLA-A2	1 <sup>st</sup> VAD +HDT x2 + IFN $\alpha$ ; 2 <sup>nd</sup> Vel-Dex + HDT + Thal 6 months; 3 <sup>rd</sup> Len-Cy-Dex + Thal 6 months
7	IgG-lambda, 13.9 g/L; 69 years, male, PS 0, ISS 2, LDH 213, HLA-A1	1 <sup>st</sup> VAD + Cy + HDT x2; 2 <sup>nd</sup> MP; 3 <sup>rd</sup> Thal-Dex; 4 <sup>th</sup> IFN $\alpha$ ; 5 <sup>th</sup> Bor-Dex

6 months: 6-month maintenance. Bor, bortezomib i.v.; Cy, cyclophosphamide. Dex, dexamethasone; HDT, melphalan 200 with stem cell support; IFN- $\alpha$ , interferon alpha; ISS, international staging system; LDH, lactate dehydrogenase; Len, lenalidomide; MP, melphalan, prednisolone; PS, performance status; VAD, vincristine, adriamycin, dexamethasone; Thal, thalidomide. Urine M component type was not determined.

**Table 2** Toxicity

Patient number	Grade 1–2	Grade 3
1	Diarrhoea	–
2	Diarrhoea, anaemia, muscle pain, dyspnoea, cough, epistaxis, neuropathy, nausea/vomiting	Fatigue, thoracic pain due to constipation <sup>†</sup>
3	Local superficial blood vessel reaction due to bortezomib	–
4	Loose stool, fatigue, skin rash, local soreness	Pneumonia <sup>‡</sup>
5	Nausea/vomiting, urinary coagels	–
6	Muscle cramps in lower extremities	Hypercalcemia
7	Neuropathy, blepharitis	–

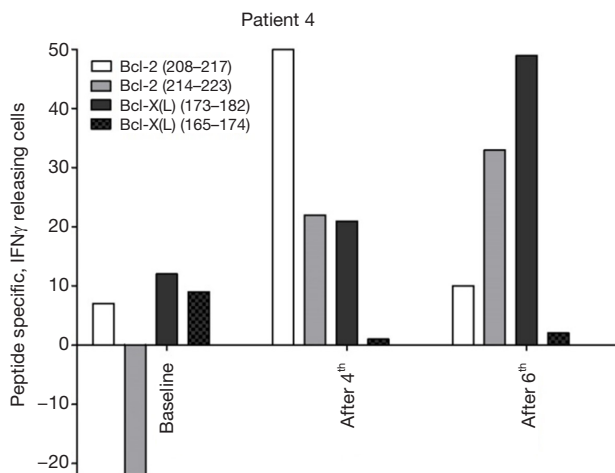
<sup>†</sup>, there was one instance of chest pain. The patient was immediately hospitalized and thoroughly examined. There was no evidence of a cardiovascular or pulmonary cause, and the reason was determined to be constipation. <sup>‡</sup>, there was one instance of grade 3 pneumonia. The patient was hospitalized for 3 days for intravenous penicillin. The patient continued the protocol after discharge and received the final vaccination. None of the patients experienced dose-limiting toxicities.

2 vaccinations; we do not have data from that patient. The quality of the bone marrow samples was not good enough for ELISPOT assessment. All patients showed immune responses in PB to the peptides. Out of the 6 evaluable patients, 3 showed signs of increased immune reactivity after vaccination (patients 3, 4 and 5). Specifically, these patients showed increased levels of INF- $\gamma$  release in the post-vaccination ELISPOT assay compared to baseline. Unfortunately, blood samples of sufficient quality were limited and analyses could therefore only be carried out in

singlets. *Figure 1* shows representative ELISPOT data from patient 4.

Patient 2 showed signs of a decreased immune response in the peripheral blood. This patient received the full 8 vaccinations, but three months after the last vaccination the patient experienced progressive disease and died from that relapse.

This study showed that it was feasible and safe to vaccinate MM patients with peptides from the Bcl-2 family in Montanide during treatment with bortezomib



**Figure 1** Representative data from patient 4. The background values were subtracted to produce the presented data. The baseline and “after 6<sup>th</sup>” vaccination values used the same concentration of cells (200,000/well); the “after 4<sup>th</sup>” vaccination used a 2.15-fold higher concentration of cells.

in a relapsed and refractory setting. Out of an intention-to-treat population of 7 patients, 4 patients completed the 8 vaccinations that were given along with 4 series of bortezomib. One of these patients continued to receive monthly maintenance vaccinations for 9 months before progressing and switching to another therapy.

Toxicity was mild and not different from toxicity expected with the use of intravenous bortezomib. The three patients not completing 8 vaccinations went off-study due to objective progression, clinical decision of lacking effect and development of hypercalcemia, respectively. None of the patients showed signs of auto-reactivity.

Immuno-monitoring demonstrated vaccination-induced peptide antigen-specific T-cell responses in 3 patients, but the sample quality was not sufficient to verify these responses further. The data are too limited to assess clinical efficacy of the vaccinations, but out of 3 patients with immune response, 2 completed the vaccination protocol, 1 of whom had a partial response and went on to have 9 monthly maintenance vaccinations before developing progressive disease.

Immune reactivity can be assessed using several different methods. Tetramer assays can be used to identify peptide specific T cells (13). This method handles the low affinity of monomeric TCR-MCH binding by coupling 4 biotinylated peptide-MHC-molecules to one streptavidin molecule, which is labelled with a fluorochrome. Immune reactivity can also be documented with a proliferation assay.

These assays can be used to assess proliferation of T cells stimulated with an antigen, but they cannot contribute with functional assessment of the proliferating cells. A functional assessment can be achieved by several means, the simplest of which is the chromium release assay. In this cytotoxic assay, target cells are labelled by being treated with radioactive sodium chromate. Cells release sodium chromate when they are killed. Thereby the level of killing performed by, e.g., T-cells against labelled malignant target cells can be assessed by measuring the radioactivity of the supernatant. In the present study, we unfortunately only had material to perform the ELISPOT assays as described.

Looking ahead, additional trials of peptide vaccination against anti-apoptotic targets would still be very interesting. Due to its immunosuppressive effects dexamethasone is generally thought to be difficult to combine with therapeutic vaccination; however, interestingly, dexamethasone seems to increase Bcl-2 dependence in MM resulting in increased sensitivity to the Bcl-2-inhibitor venetoclax *in vitro* (14). Furthermore, a recent paper reported the efficacy of a peptide vaccine combined with low-dose dexamethasone in prostate cancer (15). This is interesting when considering future trials of peptide vaccinations in MM, since most MM treatments contain dexamethasone.

In the present trial, the peptides were nona- and decamers peptides. Longer peptides from the Bcl-2 family would be interesting alternative vaccination candidates. Earlier we observed spontaneous immune responses against long peptides derived from Bcl-X<sub>L</sub> in cancer patients (16). Long peptides have higher chances of containing several MHC-class I epitopes, which eliminates the HLA-restriction on patient enrolment. Furthermore, individual long peptides can contain both MHC-class I and MHC-class II epitopes, allowing T-helper stimulation to contribute to the effect. To this end, we are currently preparing to conduct a phase I trial that will use a 42-amino acid peptide derived from Bcl-X<sub>L</sub> with an adjuvant containing poly(I:C) for patients with prostate cancer.

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## Footnote

*Conflicts of Interest:* The authors have no conflicts of interest to declare.

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