

Organ-saving surgical alternatives to treatment of heart failure

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Abstract: Over time, various surgical treatment strategies have evolved to manage advanced heart failure (HF). Scientific and technological breakthroughs through the last 50 years have put forward various surgical alternatives to patients with advanced HF encompassing surgical ventricular restoration to surgical gene therapy and stem cell replacement of the diseased ventricles. Organ-saving surgical options which used to be promising included dynamic cardiomyoplasty, partial resection of ventricle and cardiac wrapping with Acorn CorCap cardiac support device. These procedures were eventually abandoned due to negative outcomes and without proven disadvantages. Another organ-saving surgical option currently being considered but still make little sense is cardiac regeneration by stem cell therapy, i.e., cardiomyocyte restoration and replacement. Presently, the organ-saving surgical alternatives to treat end-stage HF are revascularization for ischemic cardiomyopathy, mitral valve surgery (repair or replacement) for ischemic mitral incompetence (IMI), left ventricular (LV) aneurysmectomy (surgical ventricular restoration) and mitral valve repair for IMI. These aforementioned procedures have become quite established approaches and with increasing experience are continuously being modified to improve outcome. Various mechanical circulatory support systems have emerged over time to improve functional status of patients with advanced HF, either as a bridge to heart transplantation or as a bridge to myocardial recovery. Likewise offered in those with contraindications to transplantation. Ventricular assist devices (VAD) can keep patients alive until an eventual transplantation. This article reviews the variety of the myriad of alternative organ-saving surgical alternatives that have been available or are currently available provided to patients with end-stage HF, their advantages and deficiencies, as well as prospects in HF therapy.

Keywords: Aneurysmectomy; cardiomyoplasty; coronary revascularization; heart failure (HF); heart transplantation; ischemic cardiomyopathy; ischemic mitral incompetence (IMI); partial left ventriculectomy; stem cell therapy; ventricular assist devices (VAD)

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Introduction

Heart failure (HF) is a global pandemic disease affecting around 26 million people worldwide (1). The increased prevalence may not necessarily be correlated with an increase in HF incidence, which has been reported to be stable or even decreasing in several studies, particularly in women (2,3). The aging of the population, together with improved HF survival due to the advancement in treatments and diagnostic technology, could explain the increase in

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prevalence. Moreover, the incidence reduction has been induced by several prevention schemes, hence lowering the severity and improving management of HF and improving management of acute coronary syndromes (4-7).

Altogether, the present health care delivery system still remains challenged with surging number of HF patients resistant to medical management and outbalanced the limits of heart transplantation. Scientific and technological breakthroughs through the last 50 years have put forward various surgical alternatives to this special subset of patients encompassing surgical ventricular restoration to surgical gene therapy and stem cell replacement of the diseased ventricles.

This article reviews the variety of organ-saving-surgical alternatives that have been available or are currently provided to patients with end-stage HF, their advantages and deficiencies, as well as prospects in HF therapy. Heart transplantation and ventricular assist devices (VAD) will be discussed briefly, as these surgical treatments are thoroughly described elsewhere in this focus issue.

Surgery for end-stage HF

Outcomes of any surgical approach to treat advanced HF is largely dependent on the quantity and quality of the myocardial viability. Some patients may even necessitate further mechanical circulatory support either with shortterm extracorporeal membrane oxygenation or a VAD.

Abandoned surgical options

Dynamic cardiomyoplasty used to be a promising though unestablished surgical management in advanced HF. Carpentier and Chachques first introduced the technique of mobilizing the latissimus dorsi muscle to be wrapped around the heart circumferentially in 1985, and since then performed more than 1,500 procedures (8). The muscle wrap is conditioned for a certain period, after which contraction is stimulated to synchronize with systolic contraction. The repetitive muscle stimulations induce biochemical as well as physiological modifications, i.e., fatigue resistance, enhanced aerobic capacity, amplified contraction, decrease in size and maximized power reduction, to function as a myocardium (9-12). It was perceived as a cardiac support by mechanical compression during the ejection phase, hence increasing stroke volume, ejection fraction (EF) and cardiac output. The effective synchronized support of muscle wrapping on

the failing heart has been shown in some reports (13-16). However, though an enhanced functional status has been demonstrated, there has been scarce valid evidences on its influence on hemodynamic improvement, if at all there is (17,18). The principal effect of cardiomyoplasty was envisioned to hinder progressive ventricular remodeling (17,19-21).

Acker (15) stated that the important albeit subtle effect of an attenuation of progressive cardiac enlargement accredited to angiotensin-converting enzyme inhibitors in patients with HF with a small but important survival benefit has been demonstrated in large prospective randomized trial (Study On Left Ventricular Dysfunction, SOLVD) (16). Thereafter, the Cardiomyoplasty–Skeletal Muscle Assist Randomized Trial (C-SMART) demonstrated in 1995 that although functional improvements were seen, there has been no significant hemodynamic or survival benefits gained. This study then provided a clearer picture that dynamic cardiomyoplasty has no adjunctive role as a rational surgical option. Justifiable skepticisms about the efficacy of dynamic cardiomyoplasty then have forever remained.

Many cardiologists and cardiac surgeons as well completely agreed with Leier who in his editorial issued a straightforward statement that those patients needing dynamic cardiomyoplasty do not survive the procedure and those who survived it, do not need the procedure at all (18).

Partial resection of the ventricle-Batista operation

In the mid-1990s, to overcome limitations of heart transplantation in HF treatment, the Brazilian surgeon Batista and coworkers (22) created an innovative and radical operation, named partial left ventriculectomy (PLV, Batista operation, Batista procedure) to as a penultimate option to treat patients with end-stage HF and as an alternative to heart transplantation. By using the concept of Laplace's law, where ventricular wall stress equals intracavity pressure x radius/2x wall thickness, the cornerstone was by reduction of the dilated ventricular chamber, its volume/mass ratio could be normalized. Then, the group hypothesized that decreasing left ventricular (LV) wall tension through volume reduction could lead to a decrease in wall stress and myocardial oxygen consumption, hence, improvement in systolic function. The procedure became well known internationally when he reported his experience at the Society of Thoracic Surgeons' meeting in 1997 (22) revealing that in 120 patients [New York Heart Association (NYHA) class IV] with dilated cardiomyopathy (DCMP)

of various etiologies (ischemic, valvular, idiopathic viral or Chagas' disease) the 30-day mortality rate was 22% and the 2-year survival rate was 55%. After PLV, approximately 90% of the surviving patients reverted back to NYHA class I or II.

Batista's lecture encouraged many cardiac surgeons in various countries to apply PLV to treat end-stage cardiomyopathy.

The initial results obtained with the PLV generated immense interest among surgeons worldwide (23-26) and more than 70 centers, at least 20 in Japan, performed PLV in the 1990s. They were all eager to increase their experience on PLV to decrease mortality. They have then shown that 25% of post-PLV patients lived without any cardiac-related adverse events within 3 years. They believed that PLV was a satisfactory surgical alternative that would save lives of selected patients waiting for transplantation.

However, the great enthusiasm subsided when clinical reports eventually implied that PLV was correlated with increased mortality, unrelenting symptoms of advanced HF, hence a greater need either of a heart transplantation or support with a VAD (27).

Thereafter the fame of PLV rapidly declined beginning in 2001 when the Cleveland group demonstrated convincing unfavorable outcomes and perioperative failures of PLV concluding that this surgery could only be offered in cases of contraindications to heart transplantation or as a bridge to heart transplantation (28). This has then led to the negation of the widespread performance of PLV. Consequently, the zest for the audacious PLV procedure waned, though a few institutions have continued to use it (29-33).

Since then, PLV was performed cautiously until it almost faded. Nevertheless, Suma (34), a Japanese surgeon, has persisted in applying the technique with modifications, i.e., selected ventriculoplasty for idiopathic DCMP, site selection (lateral, anteroseptal) of LV resection or segment exclusion in highly selected patients (34).

Hence, in Japan, ventricular restoration surgery, including more of a refined Batista procedure, has not perished and even has been considered a good nontransplant option for selected patients with end-stage DCMP. Curiously, in United States, the PLV was not completely discontinued, considering that in the period of 2008–2014 it was applied in 401 patients though has decreased over time and is presently offered in a highly limited number of selected patients (35).

Acorn CorCap cardiac support device

HF is characterized by major changes in cardiac structure and eventual cardiac dilatation leading to progressive decrease in myocardial function (36-41).

Progression of HF suggests that medications alone may not shield the decline in myocardial structure and function, hence, the search for innovative strategies continued. Surgical approaches which unload the ventricle have been greatly considered.

A surgical approach evolved through the introduction of the Acorn CorCap cardiac support device (CSD; Acorn Cardiovascular, Inc., St Paul, Minn.), a mesh-like woven polyester jacket that is surgically placed around in the heart circumferentially tailored to provide assistance during diastole. It is designed to decrease-wall stress-and myocyte overstretching and unloads the heart, thus ventricular remodeling (stretching of the myocardium) may be arrested and even be annulled.

Initial studies (42) in 48 patients supported with the device between April 1999 and April 2001 revealed a significant decrease in LV end-diastolic dimension (LVEDD), as early as 3 months post-implantation and further diminution at 6 months. The decrease in LVEDD was sustained during a 3-year follow-up, hence regarded as a remarkable support. The ejection fraction (EF) significantly increased at 3 months reaching an enhanced improvement at 6 months, and sustained within 3 years post-surgery. No manifestation of constriction was evident hemodynamically. These initial studies demonstrated that the device implantation was safe with no additional surgical adverse events.

Oz et al. (43) implanted the device with international colleagues worldwide, as part of a trial, in more than 130 patients with DCMP with or without simultaneous cardiac procedures. There was a 4.6% mean intraoperative reduction in LVEDD and there were neither device-related intraoperative complications and adverse events nor evident constrictive physiology with maintenance of coronary artery flow reserve, decrease of ventricular size and improvement in EF and NYHA functional class during a 2-year followup. Survival rates were 73% and 68% at 12 and 24 months, respectively. The group involved in the said trial confirmed the safety of the Acorn CorCap CSD device in patients with DCMP. Further randomized clinical trials have been performed then in Europe, Australia, and North America (44-47). These studies then concluded that the Acorn CorCap CSD was a promising surgical therapy for DCMP.

The most commonly cited concern about the Acorn CorCap CSD implantation was then the late development of pericardial constriction. However, in a report by Mann *et al.* (48) during the 5-year follow-up, there have been no cases of pericardial constriction detected during the 5-year follow-up.

Nonetheless, the long-term effects of the Acorn CorCap CSD on myofiber stress and ventricular function remained largely unknown and unreported. Further device trials have been disapproved by the FDA in 2008 based on the following issues: (I) NYHA class results are not clinically significant (49), (II) no survival difference between treatment and control groups (49), (III) high perioperative mortality in no-MVR group (49), (IV) severe adhesions and fibrosis (49).

Hence, with the formidable concerns over the long-term pericardial constriction from the excessive adhesions and which could exacerbate HF (49), the device was completely withdrawn from the market.

Surgical options that still makes little sense

Stem cell therapy (cardiomyocyte restoration and replacement)

Persistent cardiomyocyte loss due to myocardial infarction and apoptosis are the hallmarks of most etiologies of HF. Various strategies aimed at augmenting the amount functioning cardiomyocytes have been conceived to improve the course of this disease. Eventually, encouraging results from animal studies led to an explosion of research and clinical trials for stem cell therapy emerged during the past decade, aiming to promote therapeutic myocardial regeneration and repair, but outcomes thus far have been modest (50).

Ceaseless disagreements on where to get the optimal cells, how to process and deliver them as well as when and how to transfer them to the heart as well as several cellular issues, i.e., delivering or using autologous skeletal myoblasts, mobilization of bone marrow progenitors, direct delivery of unfractionated bone marrow cells or specific marrow-derived cells, delivery of cardiac-derived stem cells, cardiac tissue engineering, promoting differentiation and maturation of cardiac progenitors and fostering integration with the host myocardium. Clinical trials to date support the safety of cardiac delivery of stem/progenitor cells. However, augmenting the cellular amount is not enough to enhance the endogenous repair processes after myocardial Hetzer et al. Surgical options in HF

infarction and has relatively minor overall impact (51).

Thereafter, multiple preclinical and clinical studies have reported use of various types of stem cells delivered through varying routes (52,53). While most of these studies chronicled positive results, some appropriate concerns were raised in others. This has catalyzed a considerable uncertainty regarding stem cell therapy and an inability to formulate therapeutic recommendations. These are another disappointment in HF, especially after the retraction of several stem-cell studies from the laboratory of one defamed investigator (52). The lack of evidence has not stopped fraud in promoting stem cells for HF (54).

Consequently, the search for strategies focused on stem cell-based therapies to durably restore ventricular function continued (55). However, subsequent researches suggested that stem cells do not differentiate into functional cardiomyocytes.

Presently, small and inconsistent evidences of any clinical benefit of stem cell therapy for HF with reduced EF has been acknowledged. The study by Yau *et al.* (56) on 106 patients is another example of a negative study in a largely disappointing spectrum of cell-based research. This study provided further evidence that mesenchymal precursor cells injected into the myocardium may not be the widely sought alternative therapy in advanced HF due to DCMP.

Given these generally negative results, the European Society of Cardiology Working Group concluded that the promise of cell therapy has not yet been fulfilled (57). The recent disclosure that the research of one of the pioneers of cell-based therapy, was largely fraudulent, has besmirched this field (58).

Steinhoff et al. (59,60) equally stated that the concept of stem cell therapy is still far from its clinical application despite a two-decade exhaustive research and efforts to translate stem cell approach to treat cardiac diseases. The group pointed out that the main outcome in clinical use of stem cell therapy does not reflect experimental evidence. He and his group tried to schematize the hindrances and concentrations on the fundamental processes as the basis for regenerative medicine. They surmised that the lack of knowledge homogenization from tissue repair and mechanism of diseases is the main impediment to success. Furthermore, the group advocated that utilizing artificial intelligence through machine learning and centralized sharing of open-access data might ultimately be a pivotal point with regard to having a profound comprehension about the intricate system of cardiac regeneration.

Current treatment strategies

Ischemic cardiomyopathy revascularization

Dysfunction of the left ventricle from a myocardial infarction in patients with coronary artery disease (CAD) may still be reversible. In fact, there is a substantial improvement of LV function in many patients and may even revert to normal after coronary artery bypass grafting (CABG) (61-63).

Velasquez *et al.* (64) reported the results of their study conducted between July 2002 and May 2007 in 1,212 patients with a CAD amenable to CABG and EF of \leq 35%, randomly assigned to optimal medical therapy (OMT) alone (602 patients) or OMT + CABG (610 patients). In this randomized trial, no significant difference between the two groups was demonstrated in terms of mortality from any cause, with those who underwent CABG having lower mortality and hospitalization rates from cardiovascular causes.

The landmark Surgical Treatment for Ischemic Heart Failure (STICH) trial, investigated the superiority of CABG + OMT over OMT alone and the superiority of CABG + surgical ventricular reconstruction (SVR) over CABG alone, in CAD amenable to revascularization. The 10-year followup outcome demonstrated significant long-term benefits with CABG+ OMT (65,66).

No difference between CABG + SVR and SVR alone has been illustrated. The STICH trial and the other subsequent multiple studies have substantiated and disputed numerous general viewpoints in the treatment of patients with severe LV dysfunction and ischemic HF (65,66). Although the reported outcomes exemplify an explicit data presently on hand, they have been correlated with several debatable issues, i.e., the lack of benefit of SVR (67), the lack of 5-year survival benefit between CABG and OMT (64) the lack of survival benefits of CABG on patients with viable myocardium (68) or with angina (69) and the improved outcomes of CABG on patients with larger ventricles and lower LVEF (70), whereby disputing the usual clinical practice, presuppositions and pathophysiological cognizance (71-73). Since medical therapy is a key constituent in management of ischemic cardiomyopathy, the intricate results cannot simply extrapolate that coronary revascularization provides no survival advantage, that surgical ventricular restoration is futile and myocardial viability and angina are insignificant. This may then be rationalized to an imperfect study design, patient selection, data analysis and interpretation, substandard follow-up, and

inadequate decrease in LV volumes. The STICH trial has provided elemental albeit flawed information, hence, adding confusion in treating this subset of patients.

In our experience (74), coronary revascularization in patients with ischemic cardiomyopathy is highly valid in hibernating myocardium without apoptosis and scarring, frequently in combination with acute and chronic infarct sequelae. A good LV wall thickness on echocardiography (>8 mm) without infarction is an impeccable index of viability. A severe proximal obstruction of coronary arteries and sufficient peripheral vessel branches justify a satisfactory outcome of CABG.

LV aneurysmectomy (SVR) in ischemic HF

A LV aneurysm is any akinetic (no motion during systole) or dyskinetic (appears to bulge paradoxically during systole) segment of myocardium associated with a reduced LV EF (75). Intraoperatively, the aneurysm is identified as a circumscribed area of scar, which is thin, often adherent to the pericardium and which may or may not bulge paradoxically during systole and the aneurysmal segment is easily outlined by looking for the area that puckers and collapses when the LV is vented (76). Favaloro and colleagues (77) described it as a full-thickness scar-tissue replacement of the LV wall, typically with-thrombus adherently fixed to the pericardium.

Likoff (78) performed the first successful LV aneurysmectomy in a human being. Since then, with cardiopulmonary bypass and improved surgical techniques, aneurysmectomy has become an established procedure in patients with LV aneurysms and severe symptoms.

These approaches done on dysfunctional dilated hearts entail resection of an area of the LV wall to reduce the ventricular circumference. The Batista technique (22) the endoventricular circular patch repair introduced by Dor (79,80), and several repair techniques of ventricular aneurysm and rendered by Cooley (81,82) and Jatene (83) exemplify the significant technical modifications including selection of patients.

As interest in Batista's technique receded, great attention was given to volume reduction surgical procedures in selected patients after myocardial infarction (84-87). In contrast to Batista's removal of functional myocardium, ventricular volume reduction entails resection or exclusion of stiff segments of akinetic scar or relatively compliant dyskinetic scar (71,72,81-83). However, though there is an acceptance to surgically treat dyskinetic scar, there has been disagreement on exclusion of akinetic wall areas concerning its physiological effects.

As previously mentioned, the National Heart, Lung, and Blood Institute-sponsored STICH randomized trial showed that the addition of SVR to CABG provided no benefit in overall survival or survival free from cardiac hospitalization compared with CABG alone (66). However, Jones *et al.* (67) commented that the STICH trial may have failed to show an improvement in survival with SVR because the surgery did not make the ventricle small enough, or the aneurysm was too small.

Based on our experience following Cooley's concept (81,82), SVR is highly beneficial in patients with advanced HF and optimal in a localized and thin-walled aneurysm without involvement of the other coronary artery complex and dependent on the status of the residual viable myocardium. A combined view of CT motion scans and echo strain rate to assess the indication for and dimensions of ventricular reduction have been a reliable diagnostic modality.

Mitral valve repair for ischemic mitral incompetence (IMI)

IMI is a known complication of end-stage cardiomyopathy and is associated with a poor prognosis. It is an intricate CAD-related heterogenous disease, usually occurring after myocardial infarction, and is associated with poor prognosis (88). It encompasses global and regional LV remodeling including-dysfunction and distortion of the mitral valve (MV) and its subvalvar apparatus. Moreover, the dyskinetic/akinetic ventricular wall bearing the papillary muscles leads to restriction of leaflet mobility; hence, resulting to extension of the distance between the ventricular wall and the leaflets. These modifications lead to failure of leaflet coaptation, thus, mitral insufficiency ensues (89). Historically, these patients were managed medically and frequently with MV replacement, both of which have unfavorable long-term outcomes.

Reduction of the annulus with an undersized ring has once appeared to be the preferred surgical option to correct IMI (90,91). However, various institutions chronicled their experiences on significant residual and recurrence rates of moderate to severe mitral incompetence in 30% of patients within 6 months of surgery (92-96). Some reported (97,98) ring annuloplasty may even exacerbate the abnormal leaflet geometry, i.e., augmentation of leaflet tethering, decreasing the leaflet curvature and increasing the leaflet and chordal stress, thus, rendering suboptimal repair results for IMI. These concerns have paved emergence of various sub-valvular and leaflet techniques such as cutting of the secondary chordae (99), papillary muscle modification (100), augmentations of posterior leaflet (101-104) and anterior leaflet (105). Apparently, the aforementioned-techniques were used in small cohorts, and long-term outcome should still be appraised.

Basically, IMI is surgically managed with CABG with or without concomitant MV repair using either diverse techniques of MV repair (annuloplasty using sutures, bands, rings) or MV replacement (106-111). In the late 1990s, our group (112,113) reported that patients with highly impaired LV function and IMI are at high risk during MV repair or replacement, and these options should be offered only in patients with IMI with moderately impaired LV function. Based on our experience, we then advocated that if MV repair could not reduce insufficiency to at least grade 1, then the valve should be replaced during the same operation.

Since IMI is basically an aftermath of a ventricular malaise rather than a valvular lesion itself, our group (114,115) patronized the posterior leaflet augmentation technique, a surgical strategy conceived to address the IMI from lack of anterior and posterior leaflet coaptation on their posterior regions. A piece of fresh native pericardium to stabilize the shortened posterior annulus strengthens the repair and promotes preservation of the MV geometry, abates the tethering of sub-valvular apparatus and reduces the interpapillary muscle distance. The geometrical restoration thus facilitates improvement in LV function.

In our series of 75 patients (115), the frequency of remaining or recurring mitral incompetence is minimal. Decreasing the posterior annular diameter reinforced with a strip of fresh native pericardium brings the posterior and anterior leaflets near each other. It is a genuine and an easily performed maneuver which is valid and feasible to make the valve competent

LOCIMAN

End-stage HF consists of three main components such as regional myocardial ischemia as a sequela of coronary artery obstruction, LV aneurysm as a sequela of previous infarction and ischemic mitral incompetence as a consequence of ventricular dilatation. We then coined the syndrome LOCIMAN, which stands for Left ventricular failure, Obstruction of Coronary arteries, Ischemic Mitral incompetence and left ventricular Aneurysm.

We have 314 patients with all these components of HF.

Surgical strategies consisted of performing CABG, MV repair and replacement (depending on LVEF, range, 15–40%) and LV aneurysmectomy. The 1-, 5-, 10- and 15-year survival were acceptable and increased improvement in NYHA Functional class were observed (yet unpublished data).

In considering surgical treatment for this syndrome, the questions we have raised are: (I) what is the pertinent involvement of hibernating myocardium, IMI, aneurysm/ akinesia to LV failure and (II) what is the relative benefit of coronary artery bypass, mitral repair and ventricular restoration/aneurysmectomy?

Heart transplantation

Heart transplantation is the gold standard treatment in patients with end-stage HF. However, quality of life by side effects of immunosuppressants, heightened occurrence of tumors, and development of chronic allograft vasculopathy. Likewise, the availability of donor heart is unpredictable. Its procurement involves a complex organization of explantation and organ transport. Moreover, the quality of donor heart varies and cannot be reliably determined. Currently, with continued decline of organ donation, the procedure is infrequently offered, hence other alternatives may have to be sought.

VAD

VAD can keep patients alive until transplantation. In selected patients, especially with myocarditis and dilative cardiomyopathy, mechanical unloading can lead to myocardial recovery. However, as yet there are no reliable predictive criteria.

Various mechanical circulatory support systems have emerged over time to improve functional status of patients with advanced HF and also offered in those with contraindications to transplantation. Based on our experience, several patients even prefer a VAD over heart transplantation.-

Age *per se* should not be considered a contraindication for VAD implantation. Older patients who are intellectually capable of handling VAD, who have a strong will to live and who show good compliance may gain significant benefit from a VAD. An acceptable daily living is possible with a modern rotary pump. In a quite substantial proportion of HF patients (30% or more) the implantation of two rotary pumps can now be offered also for the older patient group. Several VADs have been proven to offer patients mobility and a good quality of life for >5 years. Permanent implants, VAD or total artificial heart is the ultimate goal of development of mechanical circulatory systems. Improvements need to be introduced with respect to thrombogenicity and energy transfer through the intact skin, pulsatility and remote monitoring. With rapidly increasing number of patients with chronic HF, VAD implantation is becoming a widespread routine procedure.

Within a quarter century, VAD implantation has grown from an experimental procedure to an established and generally accepted therapy. Today this should not be denied elderly patients.

Facing the rapidly increasing population of older patients with end-stage HF, the use of VAD technology may be the most advanced progress in cardiac care of the coming years.

Summary

HF is a global pandemic disease affecting around 26 million people worldwide. Improved survival has been achieved due to the advancement in treatments and diagnostic technology. Altogether, the present health care delivery system still remains challenged with surging number of HF patients resistant to medical management and outbalanced the limits of heart transplantation, considered today as the most definitive treatment of HF. Donor organ scarcity led to continuing search for valid treatment options. Scientific and technological breakthroughs through the last 50 years have put forward various surgical alternatives to this special subset of patients.

Organ-saving surgical options which used to be promising included dynamic cardiomyoplasty, partial resection of ventricle and cardiac wrapping with Acorn CorCap cardiac support device. These procedures were eventually abandoned due to negative outcomes and without proven disadvantages.

Another organ-saving surgical option currently being considered but still make little sense is cardiac regeneration by stem cell therapy, i.e., cardiomyocyte restoration and replacement. Numerous intensive animal experiments and research have been going on in regeneration therapy and some apparent positive results of possible cardiomyocyte replacement have been tried in humans. However, the initial clinical applications have been clouded with controversies. It seems that as of today, myocyte replacement has not yet fulfilled its promise and still far away from its intended utilization. Presently, the organ-saving surgical alternatives to treat end-stage HF are revascularization for ischemic cardiomyopathy, mitral valve surgery (repair or replacement) for ischemic mitral incompetence, LV aneurysmectomy (surgical ventricular restoration) and mitral valve repair for ischemic mitral incompetence. These aforementioned procedures have become quite established procedures and with increasing experience are continuously being modified to improve outcome.

End-stage HF may present as regional myocardial ischemia, a sequela of coronary artery obstruction, LV aneurysm from previous infarction and ischemic mitral incompetence as a consequence of ventricular dilatation. We then coined the syndrome LOCIMAN, which stands for left ventricular failure, obstruction of coronary arteries, ischemic mitral incompetence and left ventricular aneurysm. To consider surgical treatment for this syndrome, the questions we have raised are the pertinent involvement of hibernating myocardium, IMI, aneurysm/akinesia to LV failure and the relative benefit of coronary artery revascularization, mitral repair and ventricular restoration/ aneurysmectomy.

Various mechanical circulatory support systems have emerged over time to improve functional status of patients with advanced HF and likewise offered in those with contraindications to transplantation. VAD can keep patients alive until transplantation. Several patients even prefer a VAD over transplantation. In selected patients, especially with myocarditis and dilative cardiomyopathy, unloading the left ventricle can lead to myocardial recovery. However, there are no reliable criteria to predict recovery.

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