

AB009. The development of photoselective vaporization of the prostate

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Abstract: Transurethral resection of the prostate (TURP) is the dominant factor in the treatment of benign prostate hyperplasia (BPH). However, Photoselective vaporization of the prostate (PVP) has attracted more attention in the treatment of BPH. Therefore, this article summarized the therapeutic effect of 80 W to 180 W green laser vaporization in the treatment of BPH. The results showed that the PVP can be the preferred treatment for patients with BPH, especially in patients with bleeding tendency and oral anticoagulant therapy. Because it had the advantages of less bleeding, shorter catheterisation time, shorter hospital stay and more rapid return to stable health status.

Keywords: Photoselective vaporization of the prostate; benign prostate hyperplasia (BPH)

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AB010. The clinical application of relevant local prostate anatomy in laparoscopic radical prostatectomy

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Background: In order to improve the curative effect of laparoscopic radical prostatectomy (LRP), to further improve the postoperative urinary continence and other indicators, the relevant anatomy in LRP was conducted. Based on the anatomical results, several processes of the relevant steps were improved accordingly.

Methods: Eleven cadavers were used and puboprostatic ligaments, dorsal vascular complex, detrusor apron, denonvilliers fascia, membranous urethra and surrounding structures were observed and measured. Then, the apex of prostate and membranous urethra were observed in tissue section. MDR and the structures of nerve and vascular on both sides of the urethra were observed. According to the anatomical results, key steps of LRP were improved. The early postoperative urinary continence was also recorded.

Results: Anatomical results: (I) the general anatomical results showed that the PPL was located in front of the prostate, and the left and right sides were located at 10–11 o'clock and 1–2 o'clock. PPL was hourglass-shaped. The pubis end was measured 7.5 mm. The middle width was 6 mm and prostate width was 12 mm. From the pubic bone to the prostate end was about 9 mm. PPL is not a single ligament. From the pubic bone to the prostate and membranous urethra was a number of ligaments issued; (II) detrusor apron is located in front of the prostate, covering almost full length of the prostate. Detrusor apron was triangle distribution in the prostate. In the bottom of the prostate detrusor apron was distributed from 10–2 o'clock, while in the apex detrusor apron was distributed from 11–1 o'clock. The middle is thickest, and at the both ends, it migrated gradually thinning and even disappeared; (III) in general anatomy and tissue sections, MDR structure was found and it is the extending of rectum inherent fascia and denonvilliers fascia. It is inferred that MDR possessed the role of strengthening the urethral sphincter and rectal urethral muscle stability. At the same time, vascular structure was observed behind the MDR, which may be related to the urethral sphincter and rectal urethral muscle blood supply. Striated urethral sphincter was missing behind the membranous urethra and the missing part was filled with MDR. The width and thickness of missing part was different. The improved points in LRP: (I) the posterior urethral tissue of the membranous part should be preserve. Excessive separation should be avoided, which could reduce bleeding and effectively prevent urethral retraction; (II) the MDR tissue and the fascia of the posterior urethra were sutured to ensure the integrity of the posterior fascia; (III) preserve the PPL as much as possible. If PPL is cut off, the

urethra of the membranous urethra should be suspended after the anastomosis. Early postoperative continence rate: we retrospectively analyzed the early postoperative urinary continence in 98 patients with LRP. Fifty-six of them underwent modified LRP and 42 with conventional LRP. The results showed that the 1-month urinary continence rate was 57% in the traditional LRP group and 85% in the modified LRP group.

Conclusions: The fine anatomy of LRP related structures is the theoretical basis for the improvement of LRP surgery. After conducting the modified LRP surgery based on anatomy, the early urinary continence rate in our center was obviously improved.

Keywords: Local prostate anatomy; radical prostatectomy

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AB011. Laparoscopic radical cystectomy, modified Wallace ileal conduit retrospectively

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Abstract: To analyze the experiences of laparoscopic radical cystectomy, modified Wallace ileal conduit retrospectively. To demonstrate the patient positioning, Trocar positioning, operational procedures, key steps and personal experiences of this approach, focusing on the operative techniques and post-operational outcomes of modified Wallace ileal conduit.

Keywords: Laparoscopic radical cystectomy; modified Wallace ileal conduit retrospectively

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AB012. Update on treatments for premature ejaculation

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Abstract: Premature ejaculation (PE) occurs when a man ejaculates before he or his partner want climax to happen. For some men, the problem starts with their first sexual experience (primary PE). For others, it happens after a period of normal sexual functioning (secondary PE). In two five nation (Turkey, USA, UK, Netherlands, and Spain) studies of IELT in men from the general population, the median IELT was 5.4 minutes (range, 0.55–44.1minutes) and 6.0 minutes (range, 0.1–52.7 minutes), respectively. In these samples 2.5% of men had an IELT of less than one minute and 6% of less than two minutes PE. Serotonin is the neurotransmitter of greatest interest in the control of ejaculation and has the most robust data in animal and human models. Waldinger *et al.* hypothesized that lifelong early ejaculation in humans may be explained by a hyposensitivity of the 5-HT_{2C} and/or hypersensitivity of the 5-HT_{1A} receptors. Several forms of pharmacotherapy have been used in the treatment of PE. These include the use of topical local anaesthetics, selective serotonin reuptake inhibitors (SSRI's), tramadol¹⁶⁸, phosphodiesterase type 5 inhibitors (PDE5i), and alpha adrenergic blockers¹⁷⁰. The use of topical local anaesthetics (LA), such as lidocaine, prilocaine or benzocaine, alone or in association, to diminish the sensitivity of the glans penis is the oldest known pharmacological treatment for PE. The introduction of the selective serotonin reuptake inhibitors, paroxetine, sertraline, fluoxetine, citalopram and the tricyclic antidepressant (TCA) clomipramine has revolutionized the treatment of PE. These drugs block axonal re-uptake of serotonin from the synaptic cleft of central serotonergic