

AB047. Nursing care of women with stress urinary incontinence treated by TOT

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Background: To explore the nursing care of transurethral urethral midline suspension (TOT) in the treatment of female stress urinary incontinence.

Methods: 23 cases of female stress urinary incontinence, aged between 45–68 and stress urinary incontinence (SUI), were collected between January 2016 and December–2017, and 23 cases of SUI patients were placed in the middle urethra with polypropylene mesh belt tension without

tension. Timely urination and timely health education.

Results: the average postoperative hospital stay was 5–7 days, and the catheter was placed for 3 days. No recurrence of urinary incontinence and other complications occurred during 1–6 months follow-up.

Conclusions: TOT is a simple and effective method for the treatment of female stress urinary incontinence. It is quick to recover and less complication. Preparation and postoperative nursing are one of the key factors for the success of the operation.

Keywords: Transurethral urethral midline suspension (TOT); stress urinary incontinence; nursing care

doi: 10.21037/tau.2018.AB047

Cite this abstract as: Zhang R. Nursing care of women with stress urinary incontinence treated by TOT. *Transl Androl Urol* 2018;7(Suppl 5):AB047. doi: 10.21037/tau.2018.AB047