

## AB056. The perioperative nursing in flexible ureteroscopy and holmium laser lithotripsy

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**Background:** To explore the perioperative nursing in flexible ureteroscopy and holmium laser lithotripsy.

**Methods:** All 128 patients underwent flexible ureteroscopy and holmium laser lithotripsy was gave the preoperative psychological nursing, health guidance, the nursing of postoperative complications, health education and the follow-up intervention to prevent recurrence of stones.

**Results:** One hundred twenty-one cases out of 128 (94.5%) had stone clearance post operation. No serious complication occurred except one case of hematuria and one case of urinary tract infection. The D-J tubes were in their right place. The average post operation hospital stay was 2.5 days.

**Conclusions:** Effective perioperative care can improve the surgery effect, decrease the complications of surgery, shorten hospital stay and enhance patient satisfaction.

**Keywords:** Perioperative nursing; flexible ureteroscopy; holmium laser lithotripsy

doi: 10.21037/tau.2018.AB056

**Cite this abstract as:** Wang CX. The perioperative nursing in flexible ureteroscopy and holmium laser lithotripsy. *Transl Androl Urol* 2018;7(Suppl 5):AB056. doi: 10.21037/tau.2018.AB056