

The role of cardiovascular magnetic resonance in the assessment of severe aortic stenosis and in post-procedural evaluation following transcatheter aortic valve implantation and surgical aortic valve replacement

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Abstract: Degenerative aortic stenosis (AS) is the most common valvular disease in the western world with a prevalence expected to double within the next 50 years. International guidelines advocate the use of cardiovascular magnetic resonance (CMR) as an investigative tool, both to guide diagnosis and to direct optimal treatment. CMR is the reference standard for quantifying both left and right ventricular volumes and mass, which is essential to assess the impact of AS upon global cardiac function. Given the ability to image any structure in any plane, CMR offers many other diagnostic strengths including full visualisation of valvular morphology, direct planimetry of orifice area, the quantification of stenotic jets and in particular, accurate quantification of valvular regurgitation. In addition, CMR permits reliable and accurate measurements of the aortic root and arch which can be fundamental to appropriate patient management. There is a growing evidence base to indicate tissue characterisation using CMR provides prognostic information, both in asymptomatic AS patients and those undergoing intervention. Furthermore, a number of current clinical trials will likely raise the importance of CMR in routine patient management. This article will focus on the incremental value of CMR in the assessment of severe AS and the insights it offers following valve replacement.

Keywords: Cardiovascular magnetic resonance (CMR); aortic stenosis (AS); transcatheter aortic valve implantation (TAVI); surgical aortic valve replacement (SAVR)

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Introduction

Aortic valve stenosis (AS) is the sequela of active valve remodelling which can readily be diagnosed but at present is beyond prevention. At the macroscopic level there is focal subendothelial thickening, inflammatory cell infiltration and subsequent calcification (1). There is therefore progressive narrowing of the aortic valve orifice leading to obstruction of left ventricular (LV) outflow with consequential myocardial hypertrophy to preserve wall stress and

cardiac performance (2). Decompensation is driven by progressive myocyte death and myocardial fibrosis (3). Increased LV filling pressures and reduced cardiac output lead to exertional dyspnoea. Angina is also frequent from subendocardial ischaemia as a result of an increased LV mass and reduced coronary flow reserve (4). Severe aortic stenosis (AS) also carries an increased risk of sudden cardiac death (5).

Degenerative aortic valvular stenosis is the most common valve disease in the western world (6). The largest

population-based study to date originates from the National Health, Lung and Blood Institute of 11,911 adults across the United States of America. Systematic echocardiographic examination indicated a prevalence $\leq 0.2\%$ before 65 years of age, rising to 2.8% after 75 years (6). In 2010, there were an estimated 1.2 million people in the USA with at least moderate AS, including 520,000 aged over 75 years (7). The European Tromso study included 3,273 patients and reported higher prevalence in the elderly, affecting 9.8% of adults between 80 and 89 years of age. The annual incidence rate (derived from the study period 1974–2008) was 4.9 per 1,000 (8). Aging populations and the absence of any validated prevention method mean that the burden of AS is expected to double within the next 50 years (7).

The onset of symptoms is a major predictor of mortality; a concept first described by Ross and Braunwald in 1968 (9). The prognosis is particularly poor in the elderly (10) in whom there are other significant co-morbidities in more than one-third of cases (11). In octogenarians with comorbidities, mortality rates between 40% and 50% at 1 year have been reported (5). Five-year mortality has recently been reported at 60% after a first hospitalization with a diagnosis of AS (12). Two year follow-up data from the partner cohort B study (13) indicated standard medical treatment was associated with a cardiovascular mortality of 62.4% and repeat hospitalisation of 72.5%. Given the lack of effective medical treatment, management is centred on optimal timing of aortic valve intervention, to reverse hypertrophy, restore systolic and diastolic function, relieve symptoms and ultimately restore prognosis (14).

Aortic valve surgery

Surgical aortic valve replacement (SAVR) is a routine procedure that has been practised for over 50 years and its evidence base places it first-line in the treatment of symptomatic severe AS (15). The first-in-human heterotopic aortic valve replacement was performed in 1952 by Hufnagel and Harvey, palliating severe aortic regurgitation by implanting an artificial ball prosthesis in the descending aorta (16). In 1955, Murray placed a homograft in the same position (17). The advent of cardiopulmonary bypass facilitated maintenance of procedural haemodynamics and heralded the first sub-coronary mechanical AVR, performed by Starr and Harken in 1960. Two years later, Ross implanted a sub-coronary homograft (18). As a result, SAVR emerged as the gold standard for the management of AS. Crucial to the procedure is complete excision of calcified

degenerated aortic cusps followed by precise implantation under direct vision of a modern xenograft or mechanical prosthesis using standard suturing techniques. Due to its ability to cure AS completely, conventional AVR has long since been considered the gold standard intervention (15).

Indeed, despite the intrusive nature, even elderly patients do favourably post-SAVR. In a cohort of over 1,000 octogenarians, survival rates of 89% and 69% after 1 and 5 years, respectively, were seen (19). Guidelines from Europe (20) and the USA (21) list a class I recommendation for SAVR in those with symptoms or reduced ejection fraction. However, surgery does carry an associated morbidity and mortality that may be considered prohibitive in elderly patients with multiple comorbidities and frailty. Indeed, in the Euro heart Survey, one third of 216 patients with symptomatic severe AS aged over 75 years were not referred on for surgery (22).

Transcatheter aortic valve implantation (TAVI)

The concept of a permanent “stent valve”, catheter-mounted, balloon-deployable valve prosthesis dates back over thirty years to animal experimental models (23). In 2002, the first-in-human TAVI was performed via an antegrade, transvenous approach (24). Later, the retrograde approach, with access via the femoral artery, gained favour and became a reproducible, fully percutaneous procedure (25). Since then, the rate of TAVI has risen enormously, with over 200,000 having been performed worldwide, the vast majority in Europe (26).

The early UK experience has been well charted through the construction of the UK TAVI registry (27). Data were collected prospectively on 870 patients until 31 December 2009. TAVI was performed with the use of the Medtronic CoreValve (Medtronic, Minneapolis, Minnesota, USA) (52%) or the Edwards-SAPIEN THV (Edwards Lifesciences, Irvine, California, USA) (48%). The majority of the TAVI implants (69%) were performed via the transfemoral approach according to the widespread ‘transfemoral first’ policy. Outcomes of TAVI patients in the UK TAVI Registry at 30 days, 1 year and 2 years were encouraging with mortality rates of 7.1%, 21.4% and 26.3%, respectively.

Health related quality of life measures are an important clinical outcome and are significantly improved following TAVI, with scores maintained out to 1 year (28); this is despite cerebral microinfarctions which are more frequently seen following TAVI than SAVR (29). In a cost-utility

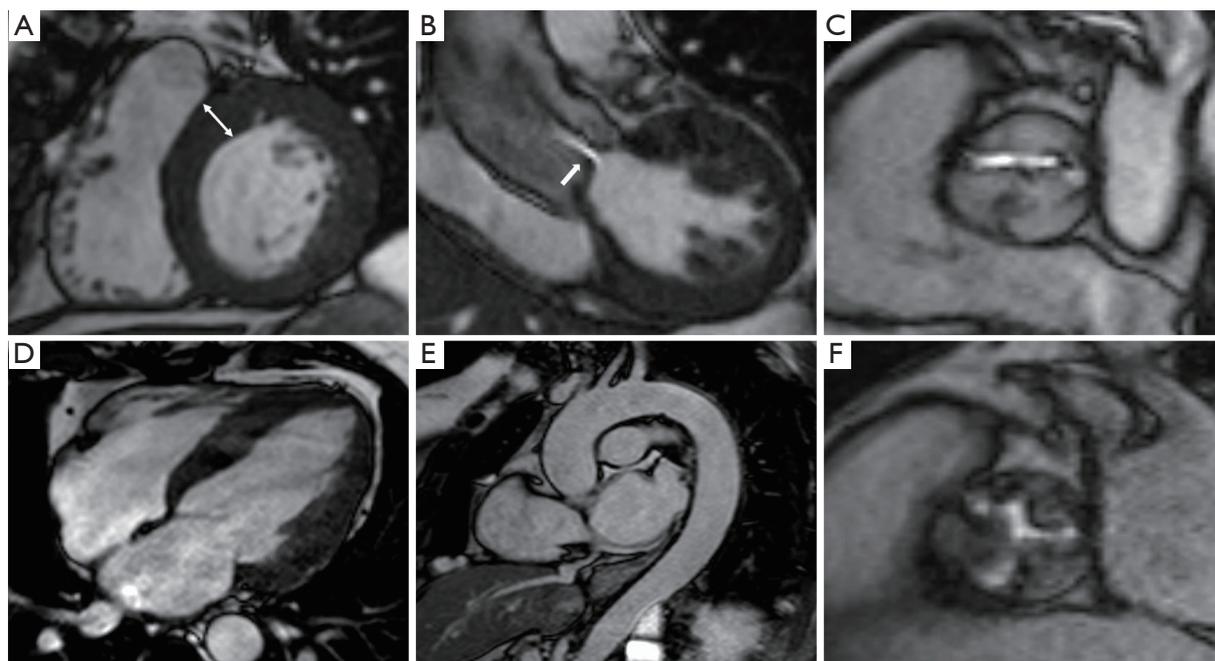


Figure 1 Cardiovascular magnetic resonance (CMR) cine imaging demonstrating anatomical and functional information. (A) Short-axis of left ventricle at the basal level in diastole indicating mild concentric hypertrophy (white arrow, 14 mm); (B) coronal left ventricular outflow tract (LVOT) view acquired through-plane showing the aortic valve leaflet tips and restricted leaflet motility and resultant high velocity jet (white arrow); (C) cine imaging of a bicuspid aortic valve orifice in systole with A-P closure line, this view permits direct planimetry of valve area in addition to morphological assessment; (D) 4-chamber view allowing visual assessment of ventricular, mitral and tricuspid function and atrial size; (E) sagittal-oblique view of aorta throughout its entire thoracic course; (F) cine imaging of heavily stenosed trileaflet aortic valve.

analysis, TAVI was demonstrated to be a cost-effective option in high-risk but operable elderly patients when compared with SAVR (30). TAVI improves survival and functional capacity when compared with standard medical therapy (10,31), and recently data suggests 2-year survival is superior to SAVR in high surgical risk patients (32) and similar at 5 years (33). Furthermore, the TAVI procedure is less restricted by patient frailty or confounding surgical considerations such as a “porcelain” aorta or mediastinal adhesions (34). Given its transformative benefits, TAVI is now an established intervention in symptomatic patients deemed inoperable or with too high a predicted postoperative mortality (35).

Cardiovascular magnetic resonance (CMR) and pre-procedure assessment

CMR imaging is a commonly used technique and determines both morphological and functional information that is crucial to the assessment of valvular heart disease. CMR permits high resolution imaging in any plane and

can quantify the severity of the valvular lesions, determine aetiology, assess global and regional cardiac function as well as the anatomy of associated great vessels (36). Furthermore, myocardial perfusion, myocardial viability, tissue characterisation and proximal coronary anatomy can all be examined within a single study without any ionising radiation (37).

The typical CMR study for evaluating valvular heart disease comprises LV long-axis (2-, 3- and 4-chamber) views and a complete stack of sequential short-axis (every 8–10 mm from base to apex) cine images using a steady-state free precession (SSFP) pulse sequence (*Figure 1*). This generates images with an excellent signal-to-noise ratio and high blood-to-myocardium contrast, with a typical in-plane spatial resolution of (1.5–2.0 mm) comparable to transoesophageal echocardiography for aortic valve planimetry and assessment of cusp anatomy (38,39). CMR facilitates clear visualisation of sub-valvular and supra-valvular AS, and also permits assessment of prosthetic valvular function (*Figure 2*).

CMR is the most accurate technique for assessing both

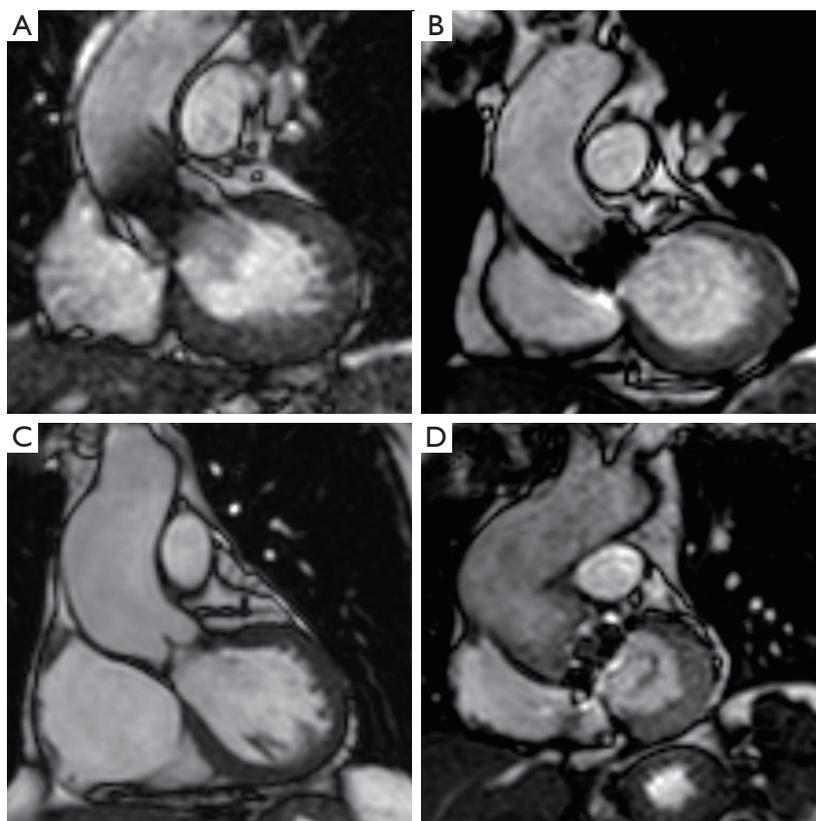


Figure 2 Cardiovascular magnetic resonance (CMR) (coronal left ventricular outflow tract) imaging following aortic valve intervention. (A) Medtronic CoreValve; (B) Boston Lotus valve; (C) bioprosthesis Sorin MitroFlow valve; (D) mechanical 30 mm Carbomedics Carbo-Seal Valsalva with 27 mm ascending aortic prosthesis.

left and right ventricular volumes and mass (40–42). It has been validated against post-mortem studies of animal and human hearts (43) and is highly reproducible (44). Being 3-dimensional, it is also more sensitive to changes than one or two-dimensional measures (45) and independent of geometric assumptions of ventricular morphology. This can be crucial for the surveillance of asymptomatic patients to determine deterioration in ventricular function (36).

CMR permits direct flow quantification using through-plane phase contrast velocity mapping (46). This is a unique advantage of CMR which unlike echocardiography and invasive catheterisation, does not depend upon derivation from complex calculations (36). The technique measures phase shift of moving protons inside a magnetic field, exploiting their difference to stationary protons. This phase shift of moving protons is proportional to their velocity and velocity is measured after generating phase images (Figure 3) (46). However, the temporal resolution of CMR is typically 25–45 ms which is considerably lower

than continuous wave Doppler echocardiography (which can be ~2 ms) (36). This in conjunction with turbulent flow artefacts and partial volume effects mean CMR peak velocity measurements may be underestimated compared to echocardiography, especially when peak velocities surpass 3.5–4.0 m/s (47).

Accurate measurements of the aortic root and ascending thoracic aorta can be ascertained (36) which may be dilated, particularly in context of bicuspid aortic valve disease, with important repercussions for subsequent surgical management. Furthermore, in patients with severe LV systolic dysfunction, a dobutamine-stress protocol may be employed to differentiate pseudo from true AS and determine contractile reserve (38).

The European Society of Cardiology guidelines for management of AS advocate CMR in particular for more detailed assessment in patients with paradoxical low-flow low-gradient AS, assessment of the ascending aorta when enlarged, and for the detection and quantification

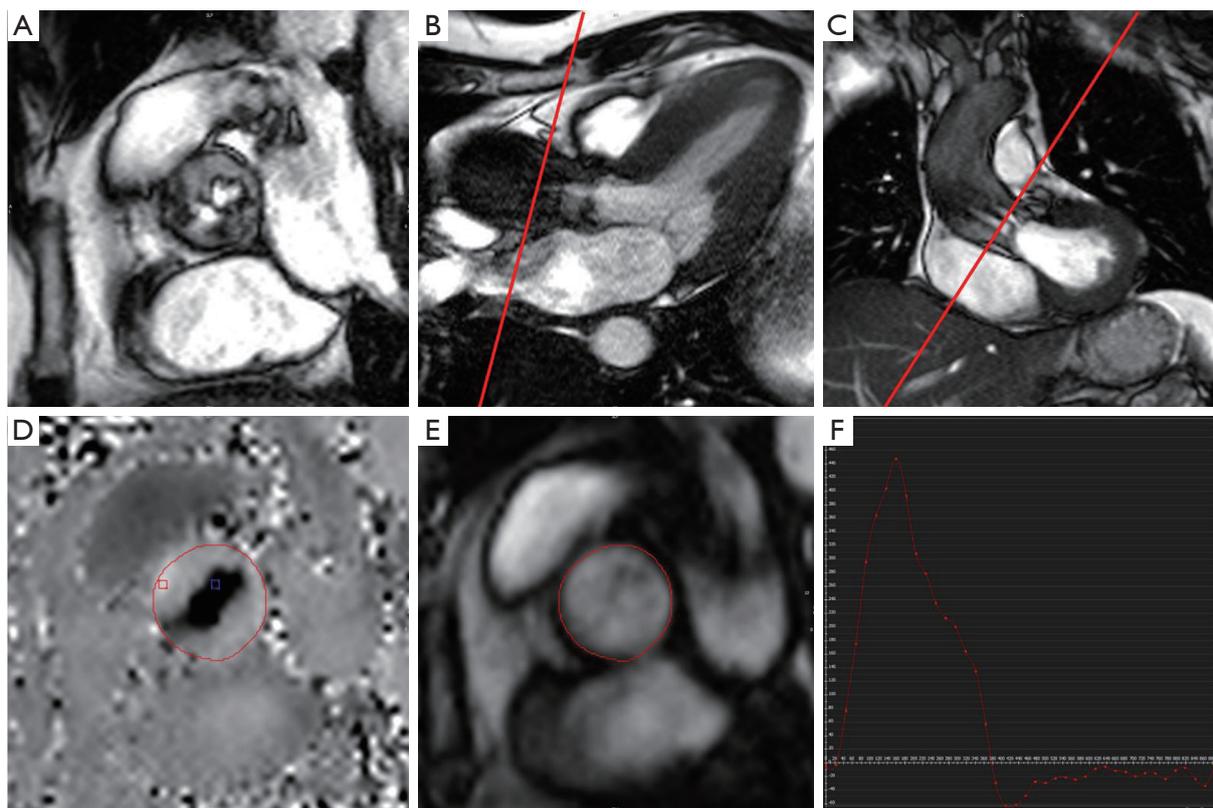


Figure 3 Velocity encoded phase contrast (PC) imaging to quantify aortic stenosis. (A) Short-axis view indicating a bicuspid valve with double-barrelled orifice; (B) transverse LVOT views obtained using steady state free precession; (C) sagittal LVOT view used to plan imaging planes for pc acquisition; (D) phase velocity map; (E) magnitude image; (F) velocity-time-curve of aortic flow rate (in this patient peak gradient 53 mmHg, regurgitant fraction 14%). LVOT, left ventricular outflow tract.

of myocardial fibrosis. This is in addition to assessment of ventricular volumes and systolic function (20). US guidelines similarly indicate CMR may be required to determine optimal treatment for a patient as an ancillary investigation to transthoracic echocardiography (21).

CMR detection of fibrosis and predicting prognosis

AS increases LV afterload and triggers an initial compensatory hypertrophic response. Women develop a concentrically hypertrophied, small cavity LV, whereas men are more prone to the development of eccentric hypertrophy (48). However, left untreated, there is progressive myocyte necrosis and subsequent replacement myocardial fibrosis (49). This is associated with abnormal cardiac remodelling and increased ventricular stiffness in both animal and human studies (50) and ultimately culminates in heart failure and a worse prognosis (51).

Myocardial fibrosis has thus been targeted extensively as a potentially objective marker of LV decompensation that may hold promise in guiding appropriately timed valve intervention.

Historically, the reference standard for validating myocardial fibrosis has been myocardial biopsy but this is invasive, susceptible to sampling errors and does not assess the whole heart (50). There have been varying degrees of interstitial fibrosis reported on histological assessment in patients with severe AS, ranging from 4% to 39% (52,53).

A pivotal and unique strength of CMR is *in vivo* tissue characterisation, offering a direct visualization, whole-heart assessment of myocardial fibrosis (54) (Figure 4). The technique probes the retention of gadolinium-based contrast agents within myocardial tissue, with dead or scarred myocardium appearing bright in contrast to normal black myocardium on late inversion recovery T1-weighted imaging (55). The use of late gadolinium enhancement

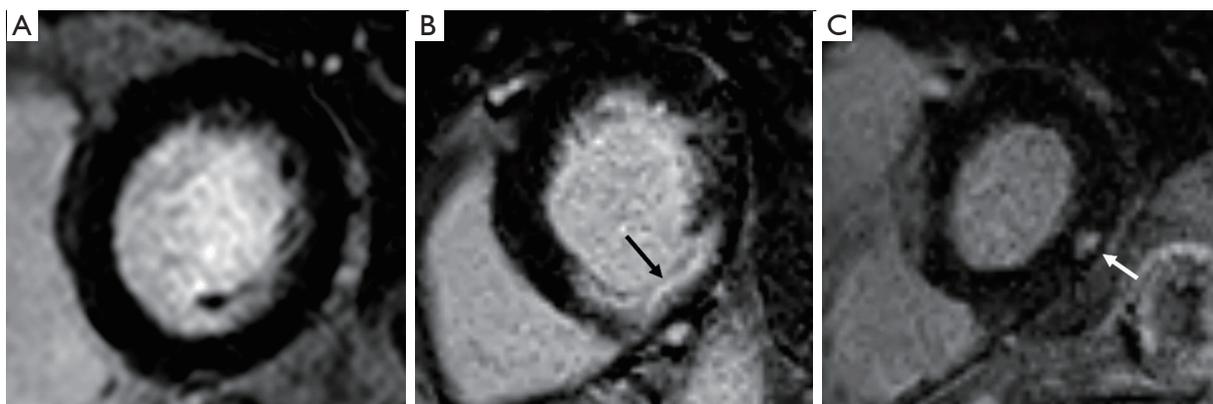


Figure 4 Late gadolinium enhancement CMR imaging. (A) Absence of any hyper-enhancement; (B) typical subendocardial infarction pattern (affecting the inferior interventricular septum and inferior walls, black arrow); (C) focal (non-infarct) myocardial fibrosis affecting the inferolateral wall (white arrow). CMR, cardiovascular magnetic resonance.

(LGE) imaging has been validated against surgical biopsy studies in AS (56), with focal mid-wall enhancement reportedly present in 19–62% of patients (51) and with increasing quantities seen with increasing hypertrophy (57).

The degree of myocardial fibrosis at histology correlates with worsening NYHA class and impaired longitudinal systolic function, and is inversely associated with the degree of functional improvement following SAVR (58). In another histology study, fibrosis quantity was strongly associated with increased LV cavity diameters, and reduced LV ejection fraction; a finding also demonstrated from CMR imaging (59). Furthermore, pre-operative fibrosis grade was the strongest independent predictor of mortality post AVR (60).

Following on from biopsy observations, LGE imaging has been used to assess the clinical significance of fibrosis in patients with severe AS, both prior to and after valve intervention. The presence of mid-wall fibrosis in this context is associated with raised plasma troponin concentrations (61) and a hypertrophic strain pattern on electrocardiogram tracing (62), both of which can provide incremental prognostic information in asymptomatic patients. In a small cohort of patients ($n=52$, including 24 with aortic regurgitation) the quantity of fibrosis was a multivariate predictor of all-cause mortality and, in a subset of these patients, predicted lack of improvement of ejection fraction after SAVR (56). Another study reported that the absence of fibrosis was associated with good prognosis after SAVR for AS and that the extent of LGE did not change after SAVR (58).

In a larger study of 143 medically treated patients (40% moderate, 60% severe AS), presence of mid-wall

hyperenhancement was associated with an 8-fold increase in all-cause mortality in comparison to patients without fibrosis, despite comparable valvular haemodynamics. Half the study population eventually underwent SAVR, and in this group the mortality rate was 53.8 per 1,000 patient years in those with mid-wall fibrosis, compared with 13.7 in those without focal fibrosis (63). In a subsequent publication, the incidence of major adverse cardiac events (MACE), stroke and heart block following SAVR were significantly higher in those with mid-wall fibrosis compared to those without. There were no 30-day MACE events, nor patient deaths at 2-year follow-up in those without fibrosis, highlighting the potential use of CMR in predicting risk/outcome prior to AVR for AS (64).

The largest study to date investigating the prognostic importance of CMR defined focal fibrosis involved 194 consecutive patients, all with severe AS undergoing SAVR ($n=154$) and TAVI ($n=40$) (65). This study demonstrated the presence and extent of myocardial fibrosis detected by CMR imaging predicted increased perioperative risk and worse all-cause mortality in those undergoing SAVR, and increased cardiovascular related mortality in both those undergoing SAVR and TAVI. Furthermore, the authors observed a high incidence of sudden cardiac death in those with fibrosis raising the possibility that prophylactic implantable cardioverter-defibrillators may improve long-term survival.

The evidence thus far indicates fibrosis detection using CMR heralds LV decompensation and there are on-going prospective studies to confirm whether this technique holds prognostic importance and could potentially improve

patient selection for intervention ([https://ClinicalTrials.gov:PRIMID-AS, RELIEF-AS, and NCT01755936](https://ClinicalTrials.gov:PRIMID-AS,RELIEF-AS,andNCT01755936)).

Myocardial perfusion reserve (MPR)

The MPR is derived as the ratio of myocardial blood flow during maximal hyperaemia compared to resting conditions (66). In the absence of epicardial disease, it therefore indicates the presence of coronary microvascular dysfunction (67). MPR can be measured using CMR and has been shown in one study to independently predict aerobic exercise capacity in 46 patients with severe AS; with a strong inverse relationship to symptom status (68). However, CMR quantification of MPR is complicated and lacks consensus (55). The recently completed PRIMID-AS trial was designed to compare CMR with exercise testing in identifying patients likely to benefit from SAVR, and thus will help clarify the role of CMR MPR in AS (69).

Assessment of aortic stiffness

Aortic function regulates the entire cardiovascular system and changes in aortic wall composition and elasticity are important to the development of cardiovascular disease. Increased arterial stiffness is an independent predictor of adverse outcomes in patients with hypertension, renal failure, diabetes and the elderly (70) and is thus increasingly a clinical focus. CMR permits the measurement of both aortic distensibility (reflecting the systolic expansion of the aorta) and pulse wave velocity (the propagation speed of the pressure wave along the length of the aorta). CMR holds several advantages over conventional ultrasound, but most notably can reproducibly detect more subtle changes in regional stiffness at any operator chosen location (71). CMR has been used to study patients with bicuspid aortic valve disease, in whom significantly reduced elasticity of the entire thoracic aorta is observed, even without significant stenosis (72).

CMR and post-intervention assessment

Detection of myocardial injury

CMR is the gold standard imaging technique for the non-invasive detection and quantification of myocardial infarction (73), and has been used to investigate myocardial injury following treatment for severe AS (74,75). Using LGE CMR, focal fibrosis due to prior myocardial infarction

is typically subendocardial in distribution, extending transmurally towards the epicardium the larger the infarct, and confined to a specific epicardial coronary artery territory; a pattern entirely distinct from that of mid-wall myocardial fibrosis (76).

In a CMR study of 50 patients (25 SAVR, 25 TAVI); new postoperative sub-endocardial infarction was evident in six individuals (5 SAVR, 1 TAVI, $P=0.11$). Despite the small numbers, the study was the first to suggest TAVI expansion was not detrimental to the patency of coronary ostia; and that perioperative myocardial protection in severely hypertrophied ventricles could, on occasion, be suboptimal during SAVR (74). In a larger study of patients undergoing TAVI for severe AS ($n=61$), new myocardial late enhancement with an ischaemic pattern occurred in 18%; averaging 1.8% of the LV mass in quantity. This was assumed to be embolic in origin, but importantly, did not correlate with cardiac biomarkers of injury, which were ubiquitously elevated in all patients. Furthermore, patients with injury detectable by CMR had a significant reduction in LV function at discharge (75). Further work is needed to evaluate the prognostic significance of CMR detected new myocardial infarction following TAVI, as has been done with elevated serum biomarkers (77).

Reverse ventricular remodelling

AS increases the afterload of the LV which compensates through alteration in wall geometry to preserve wall stress. LV hypertrophy is part of this pathophysiological adaptation and a remodelling process is well recognised comprising myocyte degeneration, replacement fibrosis and reduced ventricular performance. SAVR restores valvular function and a subsequent “reverse remodelling” ensues with mass regression, volumetric reduction and improved function. Indeed, this reverse remodelling underscores the improvement of symptoms and prognosis conferred by SAVR (74).

CMR affords greater precision to 2D echocardiography in the quantification of LV volumes and mass without the requirement for geometric assumptions, and has been used to characterise reverse ventricular remodelling in detail following both SAVR (74) and TAVI (74,78). In a study of 50 patients (25 SAVR, 25 TAVI) CMR was used to directly compare changes between baseline and 6 months following intervention (74). Both TAVI and SAVR were associated with significant and comparable reduction in the LV end systolic volume and LV mass index, with a greater reduction

in LV end diastolic volume seen following SAVR compared to post-TAVI. Overall, adjusting for baseline characteristics, the authors felt global geometric reverse remodelling was unlikely to differ between the two procedures.

Interestingly, right ventricular reverse remodelling seemed more favourable following TAVI with a reduction in volumes and improved function observed. This was in contrast to SAVR, where a decline in RV function was reported; likely reflecting adverse effects of cardiopulmonary bypass during cardiac surgery. In this study, the presence of myocardial scar due to infarction, and not focal myocardial fibrosis, was associated with worse right ventricular function and volumes at 6 months. Statistically, worse baseline measures of LV volumes and mass were independent predictors of reduced reverse remodelling (defined as the LV mass:EDV ratio). These findings again highlight the potential importance of CMR in predicting patient outcomes and those likely to benefit from closer clinical observation.

Quantification of aortic regurgitation following TAVI

The TAVI procedure involves destruction of the native aortic valve leaflets, which are crushed by a superimposed bioprosthesis as it is expanded within the aortic annulus. Extensive native valve leaflet calcification, patient/prosthesis mismatch, under expansion of TAVI prosthesis and malposition can preclude a complete sealing of the paravalvular space with resultant paravalvular aortic regurgitation (PAR) (79). Furthermore, the two frequently used TAVI designs, namely the Medtronic CoreValve and the Edwards SAPIEN, comprise a skirt that covers only the lower part of the TAVI frame, leaving the upper part exposed. The term “supra-skirtal regurgitation” describes leakage through the uncovered part of the prosthesis above the skirt that may occur if the prosthesis is implanted too low in the aortic position (80).

A number of trials and multicentre registries have published data on PAR with an overall incidence ranging between 50% and 85% (79). A recent meta-analysis including 12,926 TAVI patients reported a pooled estimate incidence of moderate or severe PAR of 11.7% (81).

The significance of PAR post TAVI is in prognostication. Moderate to severe AR is an independent predictor of mortality in the postoperative period to 30 days, at 1 year, and at 2 years (79). In a recent study of 2,434 patients, the largest single study published, 1 year all-cause mortality, cardiac related mortality and rehospitalisation were

significantly increased with worsening PAR. The presence of both mild (hazard ratio 1.27) and moderate-severe PAR (hazard ratio 2.18) were independently associated with higher late mortality on multivariate analysis (82).

The difference in rates of PAR reported after TAVI undoubtedly arises from the variety of imaging methods, time points and grading scales applied to the particular cohort. In clinical practise, 2D transthoracic echocardiography is the most frequently used modality to evaluate PAR severity given its low cost and availability. However, 2D echocardiography is by its nature largely qualitative and suited to central regurgitation; with image quality susceptible to body habitus, prior cardiac surgery or airway disease impeding acoustic windows (83).

A semi-quantitative assessment is possible but has considerable limitations when applied to eccentric and multiple jets arising from a crescentic irregular orifice, typically seen in the TAVI patient. The Valve Academic Research Consortium (VARC) has defined quantification criteria to improve uniformity in assessment of PAR post-TAVI. However, the use of the grading scheme for native valve regurgitation in this post-TAVI setting has not been validated (79).

CMR affords a number of advantages over echocardiography for the assessment of PAR. It permits full quantitation of regurgitant volumes irrespective of valve type, jet number or eccentricity and is unaffected by calcification or prosthesis artefact (84). Furthermore, a comprehensive evaluation of the consequences of PAR upon LV volumes and function can be determined concomitantly. Indeed the use of CMR to assess both valvular and ventricular function in the post-TAVI setting has been validated (83).

CMR is susceptible to arrhythmia and motion artefact and the final regurgitant volume assessment will include diastolic coronary flow (84). Nonetheless, in a recent comparison applying VARC-2 recommendations of 2D, 3D echocardiography and CMR in 71 patients, the intra- and inter-observer variability in determining regurgitant volume was found to be lowest with CMR ($2.2\% \pm 2.0\%$ and $1.5\% \pm 1.5\%$ respectively) (85). In another recent comparison of quantitative CMR with 2D echocardiography, 27 of 56 (48%) TAVI patients had AR which was at least one grade more severe on CMR than echo indicating echo underestimates the degree of PAR (83). This may in part explain why even patients with reportedly “mild” PAR from PARTNER exhibited increased mortality (13). Further work is required to determine whether CMR is indeed of

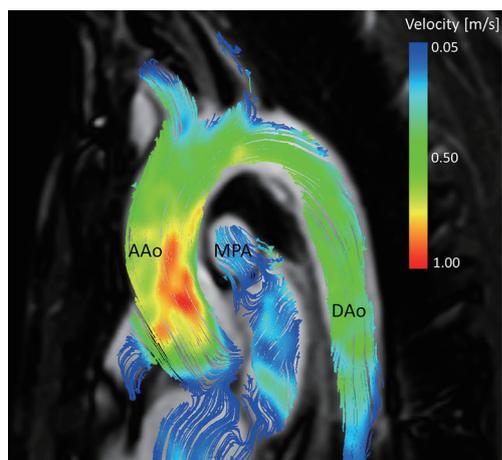


Figure 5 Pathlines of velocity vectors using 4D flow aortic imaging, segmented on a 2D aortic cine image (sagittal oblique orientation). Flow acceleration in early systole at peak left ventricular ejection (red area) is seen in the ascending aorta in this healthy subject. AAo, ascending aorta; MPA, main pulmonary artery; DAo, descending aorta.

superior prognostic value in patients following TAVI.

Assessment of myocardial deformation and strain imaging

Quantification of myocardial strain and strain rate permits a distinct functional assessment of the radial, longitudinal and circumferential fibres of the LV and can detect contractile dysfunction prior to an overall decline in ejection fraction. Strain imaging has demonstrated prognostic importance in a number of cardiac conditions (86). Myocardial tissue tagging using CMR was first introduced in 1988 and remains the current gold standard CMR method to assess strain with proven reproducibility (87). This technique has been used in patients with symptomatic severe AS in whom pressure overload induces increased systolic wringing motion (thought to be compensatory) that progressively declines as hypertrophy and dilatation worsens. Following SAVR, there is normalisation of LV torsion (88), but interestingly, this disproportionately favours those without coronary disease (89).

Feature tracking is a novel technique involving more rapid semi-automatic analysis of standard CMR cine images. It has been compared to tissue tagging in patients with AS and consistently produces higher values with excellent reproducibility (86). It can detect subtle LV impairment not visible in standard echocardiography and has been used to assess LV performance in patients undergoing TAVI, in

whom a trans-apical approach results in significant apical LV dysfunction when compared to a trans-femoral TAVI (90).

Future applications

CMR spectroscopy

Myocardial triglyceride content can be quantified using ^1H CMR spectroscopy, and a number of studies have reported an independent correlation between degree of myocardial steatosis and both systolic and diastolic dysfunction (91,92). This technique has been used to demonstrate the presence of myocardial steatosis in patients with severe AS, both with and without symptoms. Myocardial triglyceride content, validated against histological quantification, was independently associated with degree of LV systolic strain impairment, despite a normal ejection fraction. Furthermore, steatosis and strain impairment were reversible following SAVR (93). Excessive fatty acids are precursors to toxic intermediates that promote apoptosis and ultimately change myocardial architecture (94). Myocardial lipotoxicity is thus a potentially treatable target which could offset LV dysfunction in AS and signal a role for CMR spectroscopy in risk stratification.

4D flow imaging

Two-dimensional phase-contrast CMR imaging has been used for over three decades to evaluate pulsatile blood flow of the heart and great vessels (95). Further advances in technology have heralded phase-contrast with flow-encoding in all three spatial directions that is resolved relative to all three dimensions of space, and to the dimension of time along the cardiac cycle (3D + time = 4D); referred to as “4D flow CMR” (96). This provides full volumetric coverage of any cardiac or vascular region of interest; with subsequent post hoc analysis used to quantify total flow, peak velocity or regurgitant fraction amongst other parameters (Figure 5) (97). Furthermore, deriving advanced haemodynamics such as wall shear stress (98), pressure difference (99) and turbulent kinetic energy (100) may facilitate unprecedented assessment of cardiovascular disease beyond simple flow measures (95).

Bicuspid aortic valve disease is associated with an aortopathy and carries a risk of aortic dissection. Aortic dimensions are the principal measurement to guide intervention currently, given no measures of AS have proven useful in risk stratification (21). 4D flow CMR has offered unique insights into this aortopathy which is an

area of significant clinical interest (95). In an assessment of 30 patients with bicuspid aortic valve [n=15 right-left phenotype (BAV-RL), n=15, right-non phenotype (BAV-RN)], 4D CMR flow indicated differences in aortopathy expression (101). In comparison to controls, the BAV-RL valve had elevated wall shear stress at the right-anterior wall with aortic enlargement predominantly affecting the tubular portion of the ascending aorta; in contrast to the BAV-RN valve which affected the right-posterior wall with dilatation affecting either the root only or the entire ascending aorta and arch. This unique assessment of haemodynamics with 4D flow CMR indicates a physiological mechanism through which bicuspid morphology may impact on aortopathy phenotype.

4D flow CMR has also been used to assess aortic flow following intervention for AS. Rather than physiologic central flow, all stented, stentless and mechanical SAVR prostheses showed eccentric flow jets mainly directed towards the right-anterior aortic wall, with significantly increased local wall shear stress where the flow jet impinged on the aorta (102). Furthermore, aortic blood flow following SAVR and TAVI have been directly compared, with both interventions producing similar asymmetric distributions of wall shear stress, but SAVR triggering more extensive vertical and helical (turbulent) flow patterns (103).

Conclusions

CMR is a well-established imaging technique that is non-invasive and devoid of ionising radiation, offering incremental value in the assessment of patients with AS, both prior to and after valve intervention. In a single imaging session, CMR can provide detailed information on cardiac and aortic anatomy, ventricular volumes and mass, myocardial tissue characterisation and valvular morphology and function; both native and prosthetic. There is a growing body of evidence that CMR can predict clinical outcomes in patients undergoing therapy for severe AS and ongoing clinical trials are likely to underscore the importance of CMR in managing this common and high-risk cardiac condition.

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Footnote

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