Quantitative evaluation of dual-flip-angle T₁ mapping on DCE-MRI kinetic parameter estimation in head and neck

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Purpose: To quantitatively evaluate the kinetic parameter estimation for head and neck (HN) dynamic contrast-enhanced (DCE) MRI with dual-flip-angle (DFA) T1 mapping.

Materials and methods: Clinical DCE-MRI datasets of 23 patients with HN tumors were included in this study. T1 maps were generated based on multiple-flip-angle (MFA) method and different DFA combinations. Tofts model parameter maps of k_{ep} , K^{trans} and v_p based on MFA and DFAs were calculated and compared. Fitted parameter by MFA and DFAs were quantitatively evaluated in primary tumor, salivary gland and muscle.

Results: T1 mapping deviations by DFAs produced remarkable kinetic parameter estimation deviations in head and neck tissues. In particular, the DFA of [2°, 7°] overestimated, while [7°, 12°] and [7°, 15°] underestimated K^{trans} and v_p , significantly (P<0.01). [2°, 15°] achieved the smallest but still statistically significant overestimation for K^{trans} and v_p in primary tumors, 32.1% and 16.2% respectively. k_{ep} fitting results by DFAs were relatively close to the MFA reference compared to K_{trans} and v_p .

Conclusions: T1 deviations induced by DFA could result in significant errors in kinetic parameter estimation, particularly K^{trans} and v_p , through Tofts model fitting. MFA method should be more reliable and robust for accurate quantitative pharmacokinetic analysis in head and neck.

Key Words: DCE-MRI; head and neck; Tofts model; T1 mapping; dual-flip-angle method



Submitted Oct 22, 2012. Accepted for publication Nov 29, 2012.
DOI: 10.3978/j.issn.2223-4292.2012.11.04
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Introduction

Dynamic contrast-enhanced (DCE) MRI is an imaging tool for evaluating the microvascular environment of cancers, and it shows promising potential for clinical applications including tumor identification, characterization and treatment response assessment (1-6). Pharmacokinetic models (7-10) for DCE-MRI based on the rapid evolution of contrast agent (CA) concentration in tissues have been widely used for quantitative analysis and evaluation of perfusion properties in the microenvironment of tissue. However, dynamic image intensity in DCE-MRI images cannot be used directly for kinetic model fitting because it does not proportionally reflect the contrast agent concentration in tissues. Therefore, pre-contrast T1 mapping is an essential step to convert dynamic image intensity into contrast agent concentration in plasma and tissues. Among many T1 measurement methods such as inversion recovery (11-13), Look-Locker (14,15) and multiple flip angles (MFA) (16-19), MFA technique has been applied widely for DCE-MRI T1 mapping with spoiled gradient echo sequences due to its superior signalto-noise ratio (SNR) and time efficiency. In practice, the number of flip angles is often reduced to only two flip angles (dual-flip-angle, DFA) (20-26) to shorten the scan time, but potentially increasing the uncertainty and decreasing the accuracy of the T1 estimation, which may lead to errors in kinetic model analysis (27-28). To achieve optimal T1 mapping accuracy when using DFA, a careful

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selection of the two flip angles is important, but much dependent on many other factors like TE, TR, and the T1 range of the tissues of interest. Theoretical analysis on accuracy and uncertainty of T1 mapping using DFA, as well as the DFA T1 mapping results in the brain compared to other methods, have been reported in several studies (28-29). However, these studies were not performed specifically for DCE-MRI applications where relatively low SNR and high temporal resolution are common. As such, those suggested pairs of flip angels may not be readily applicable to DCE-MRI studies to ensure the sufficient accuracy of T1 mapping of other tissues, such as head and neck in this study. In addition, because of the natural anatomical heterogeneities as well as the pronounced susceptibilities in head and neck, the overall T1 mapping accuracy by DFA could be even more questionable. More importantly, the influence of T1 map using DFA in the estimation of DCE-MRI kinetic parameters has not been evaluated quantitatively with true clinical DCE-MRI datasets in previous studies.

In this study, we aimed to retrospectively and quantitatively evaluate whether DCE-MRI combining DFA T1 mapping could obtain accurate kinetic parameter estimation in head and neck when compared to a MFA T1 mapping procedure. For this purpose, T1 maps generated from the MFA technique and five different DFA pairs were compared. These T1 maps were used for extended Toft's model fitting to calculate the kinetic parameter maps. By the comparison of pharmacokinetic parameter maps calculated from MFA and DFAs, kinetic parameter estimation deviations influenced by the DFA T1 mapping were quantitatively evaluated.

Methods

Patients

DCE-MRI datasets on twenty three patients (3 females, 20 males, mean age 57.5 years) with untreated head and neck squamous cell carcinoma (HNSCC) who had no previous history of head and neck cancer were included in this retrospective study. Diagnoses of primary tumors were confirmed by biopsy. Institutional ethical review board approved this study and informed consents were obtained from each patient before DCE-MRI examination.

DCE-MRI examination

All DCE-MRI scans were performed on a 3T MRI scanner (Achieva, Philips Medical Systems, Best, The Netherlands) using a T1-weighted 3D spoiled gradient echo sequence. A body coil was used for excitation and a receive-only 16-channel head and neck array coil was used for signal reception. Contrast agent Gd-DOTA (Dotarem, Guerbet, France) was injected six seconds after the commencement of dynamic image acquisitions at a rate of 2.5 mL/s using a power injector pump (Medrad, Pittsburgh, Pa) through a 21-gauge intravenous catheter in the right antecubital vein. Contrast agent was administered at a concentration of 0.1 mmol/kg of body weight. After contrast agent injection, a 20-mL saline flush at the same injection rate followed immediately. Imaging parameters for DCE-MRI were: TR/ TE =3.9 ms/0.9 ms, flip angle =15°, FOV =230 mm × 230 mm, matrix = 128×128, slices =25, and slice thickness =4 mm. A sensitivity encoding acceleration factor of 3 was used. A total of 185 dynamic images were acquired for each slice at a temporal resolution of 2.59 seconds per dynamic and the total DCE-MRI scan time was around eight minutes. Prior to the dynamic image acquisitions, pre-contrast images were acquired with four flip angles of 2°, 7°, 12° and 15° for T1 mapping based on the suggested optimized values (24,30) with other imaging parameters identical to DCE acquisition.

DCE-MRI analysis

DCE-MRI dynamic images were processed off-line using an in-house developed program written using Matlab (version 7.9, The MathWorks, Inc, Natick, MA, USA).

Dynamic images were first rigidly registered automatically on-line to the first baseline image to compensate for possible patient motion by an integrated image processing tool provided by the MRI vendor. Pixel-wise T1 maps were calculated by the least-square fitting of the theoretical equation for spoiled gradient echo signal intensity (S):

$$S = M_0 \frac{\sin\alpha \cdot (1 - e^{-TR/T_1}) \cdot e^{-TE/T_2^*}}{1 - \cos\alpha \cdot e^{-TR/T_1}} \approx M_0 \frac{\sin\alpha \cdot (1 - e^{-TR/T_1})}{1 - \cos\alpha \cdot e^{-TR/T_1}} \text{ when } TE << T_2^*$$
[1]

where M_0 denotes the equilibrium magnetization and α denotes the flip angle. T1 maps using MFA were generated by fitting the pixel-wise image intensities at the flip angles of 2°, 7°, 12° and 15° to Eq. [1] using a non-linear leastsquare fitting algorithm based on Levenberg-Marquardt algorithm. T1 maps using different DFA combinations were also calculated based on the acquisition combinations of [2°, 7°], [2°, 12°], [2°, 15°], [7°, 12°] and [7°, 15°]. T1 maps using the DFA of [12°, 15°] were not calculated because considerable mapping errors could be predicted due to the small flip angle difference.

The extended Tofts model shown in Eq. [2] (31-32) was

used for kinetic model analysis and physiological parameter extraction in this study.

$$C_{tis}(t) = v_p C_p(t) + K^{trans} \int_0^t C_p(\tau) \cdot \exp\left(-k_{ep}(t-\tau)\right) d\tau \qquad [2]$$

where $C_{tis}(t)$ and $C_p(t)$ stand for the dynamic CA concentration in the tissue of interest and in the plasma at time t, respectively. Three independent physiological parameters of volume transfer rate k_{ep} , volume transfer constant K^{trans} , and plasma volume fraction v_p were derived by the non-linear least-square fitting of the extended Tofts model of Eq. [2]. Another physiological parameter of interstitial volume fraction v_e was not included in this study because it was not an independent parameter and could be calculated by K^{trans}/k_{ep} .

To obtain the dynamic CA concentration of plasma $C_{p}(t)$, an automated blood vessel voxel extraction algorithm was used (33-35). Blood vessel voxels were extracted from only the central nine slices within the imaging volume to alleviate the possible inter-slice B1 field inhomogeneities presented in outer slices. All voxels that had the average dynamic signal intensity below 40 (arbitrary unit) were labeled as background or noise. The average maximum dynamic intensities for all voxels (S_{amax}) except for the background were calculated. Then, a voxel was determined as a vessel (artery or vein) voxel if its peak intensity was greater than S_{amax} plus three times of its standard deviation (SD). Artery voxels were subsequently recognized from vein voxels according to the early arrival of the dynamic peak intensity (~7.5 s earlier than vein voxels as found in our datasets). Finally, dynamic signal intensities in arteries were then converted into the dynamic plasma concentration $C_{p}(t)$ according to Eq. [3].

$$\frac{S_{Gd}(t) - S_0}{S_0} = r_1 \cdot T_{10} \cdot C_b(t) = r_1 \cdot T_{10} \cdot (1 - Hct) \cdot C_p(t) \quad [3]$$

where r_1 denotes the relaxivity of the contrast agent (4.5 s⁻¹mM⁻¹ as provided by the supplier). $S_{Gd}(t)$ and S_0 are post-contrast image intensity at time t and pre-contrast baseline image intensity, respectively. T_{10} is the intrinsic T1 relaxation time of arterial blood. $C_b(t)$ and $C_p(t)$ denote the dynamic contrast agent concentration in arterial blood and plasma respectively. Het is hematocrit (assumed to be 0.42). Because T1 values for arterial blood could be significantly underestimated in DCE-MRI due to the fast blood velocity in arteries and the associated in-flow effect (36), a literature value of 1,550 ms for arterial blood at 3T (37) was adopted to ensure a consistent AIF to allow fair comparison to be made.

ROIs of primary tumors, salivary glands and muscles

were drawn by a radiologist with over 14 years' experience in head and neck MR imaging. k_{ep} , K^{trans} , and v_p values derived from MFA and DFAs were quantitatively compared within the ROI of primary tumors, salivary glands and muscles. A Kruskal-Wallis test was performed to determine if there was any statistically significant difference using a cut-off P-value level of <0.05.

Results

T1 maps (goodness of fit \mathbb{R}^2 >0.8) generated by the MFA method and different DFA combinations are shown in *Figure 1*. The corresponding bar plots for all tissues in these T1 maps (bar heights denote the mean value and the error bars denote one standard deviation distance) generated from the MFA reference and different DFAs are illustrated in *Figure 2*. A Kruskal-Wallis test showed that all T1 maps by DFAs were significantly different from the reference by MFA (P<0.001). It was found that T1 values were remarkably underestimated by the DFA of [2°, 7°], while overestimated by the DFAs of [7°, 12°] and [7°, 15°] with larger standard deviations. On comparing, T1 maps by [2°, 12°] and [2°, 15°], small but statistically significant differences from MFA in terms of T1 distribution and standard deviation were found.

Physiological parameter maps (goodness of fit $\mathbb{R}^2 > 0.8$, overlaid on the first dynamic MRI image) of k_{ep} , K^{trans} , and v_p based on the T1 maps by the MFA and different DFA combinations were compared in *Figure 3*. K^{trans} , and v_p results based on the T1 maps of [2°, 7°] were generally overestimated compared to the corresponding reference maps based on the T1 map obtained from the MFA method. In contrast, K^{trans} , and v_p results based on the T1 maps of [7°, 12°] and [7°, 15°] were considerably underestimated compared to the MFA references. On the other hand, the differences in k_{ep} maps between the reference and those based on DFAs were relatively small compared to the differences of K^{trans} and k_{ep} values between MFA and DFAs.

 k_{ep} , K^{trans} , and v_p values estimated based on the T1 maps generated by the MFA method and different DFA combinations were compared in the ROIs of primary tumors, salivary glands and muscles, and the results were shown by the bar plots in *Figures 4-6* respectively. The fitting result differences in mean k_{ep} , K^{trans} and v_p by [2°, 7°] were 8.4%, 264.3% and 27.0% higher for primary tumors, 22.1%, 272.4% and 23.1% higher for salivary glands, and 0.5%, 71.4% and 333.3% higher for muscles, than the corresponding reference values obtained from the MFA



Figure 1 T1 maps (goodness of fit R²>0.8) generated by the MFA method and different DFA combinations



Figure 2 The bar plots of T1 maps of Fig.1 by the MFA method and different DFA combinations. T1 maps by all DFA combinations are significantly different (P<0.01) from the reference T1 map by MFA



Figure 3 Kinetic parameter maps (\mathbb{R}^2 >0.8) of k_{ep} , K^{trans} , and v_p based on the extended Tofts model fitting using T1 maps generated by the MFA method and different DFA combinations

method, respectively. Except for the k_{cp} values in muscles, all fitting results by [2°, 7°] were significantly different from the MFA reference with P values smaller than 0.01. In general, DFA pairs of [2°, 12°] and [2°, 15°] also overestimated the kinetic DCE parameters like [2°, 7°], but with much smaller difference from the MFA reference. In particular, k_{ep} , K^{trans} and v_p for primary tumors were overestimated by 0.9%, 53.6% and 18.9% by [2°, 12°], and -2.4% (minus indicates

underestimation), 32.1% and 16.2% by [2°, 15°], respectively. k_{ep} , K^{trans} and v_p for salivary glands were overestimated by 7.4%, 58.6% and 15.4% by [2°, 12°], and 4.2%, 24.1% and 7.7% by [2°, 15°], respectively. For muscles, k_{ep} , K^{trans} and v_p overestimation by [2°, 12°] and [2°, 15°] were 0.2%, 28.6% and 33.3%, and 0.1%, 14.3%, and 16.7%, respectively. Similarly, only k_{ep} values obtained for three different tissues shows no significant differences (P>0.05) while K^{trans} and



Figure 4 The bar plots of fitting results of k_{ep} (A), K^{trans} (B), and v_p (C) in primary tumors based on the T1 maps generated by the MFA method and different DFA combinations. [2°, 7°] overestimated, while [7°, 12°] and [7°, 15°], underestimated K^{trans} and v_p , significantly. [2°, 15°] gave the smallest but still significant difference in K^{trans} and v_p by 32.1% and 16.2%, respectively. The k_{ep} estimates by DFAs were close to MFA reference



Figure 5 The bar plots of fitting results of k_{cp} (A), K^{trans} (B), and v_p (C) in salivary glands based on the T1 maps generated by the MFA method and different DFA combinations. Similar to primary tumors, [2°, 7°] overestimated, while [7°, 12°] and [7°, 15°] underestimated K^{trans} and v_p , significantly. [2°, 15°] gave the smallest but still significant difference in K^{trans} and v_p by 24.1% and 7.7%, respectively



Figure 6 The bar plots of fitting results of k_{ep} (A), K^{trans} (B), and v_p (C) in muscles based on the T1 maps generated by the MFA method and different DFA combinations. Similarly, [2°, 7°] overestimated, while [7°, 12°] and [7°, 15°] underestimated K^{trans} and v_p , significantly. The estimated parameters by [2°, 15°] were closest to those of reference compared to other DFA combinations. No significant differences were found in kep estimation

Table 1 Results of the kinetic model fitting based on 11 maps by MIFA and DFAs							
		Reference	[2°, 7°]	[2°, I2°]	[2°, I5°]	[7°, 12°]	[7 °, 5 °]
Primary tumor	k _{ep} (L/min)	0.83±0.27	0.90±0.34	0.83±0.27	0.81±0.25	0.86±0.28	0.83±0.26
	K ^{trans} (L/min)	0.28±0.19	0.74 ± 0.40	0.43±0.31	0.37 ± 0.24	0.10±0.12	0.10±0.09
	Vp	0.37±0.09	0.47±0.12	0.44 ± 0.07	0.43±0.09	0.17±0.12	0.15±0.11
Salivary gland	k_{ep} (L/min)	$0.95\!\pm\!0.26$	1.16±0.27	1.02±0.21	0.99 ± 0.23	0.95 ± 0.44	0.87±0.49
	K ^{trans} (L/min)	0.29±0.11	0.79 ± 0.44	0.46±0.18	0.36 ± 0.13	0.09 ± 0.07	0.07±0.06
	Vp	0.39±0.12	0.48±0.09	0.45 ± 0.09	0.42±0.11	0.23±0.15	0.19±0.14
Muscle	k _{ep} (L/min)	0.53 ± 0.10	0.53 ± 0.10	0.53±0.10	0.53±0.10	0.52±0.17	0.52±0.17
	K ^{trans} (L/min)	0.14±0.02	0.24±0.09	0.18±0.03	0.16±0.03	0.04±0.02	0.03 ± 0.02
	V _p	0.06 ± 0.03	0.20±0.11	0.08 ± 0.03	0.07 ± 0.02	0.02±0.01	0.02±0.01

Table 1 Results of the kinetic model fitting based on T1 maps by MFA and DFAs

Data are reported as mean ± SD. SD: standard deviation

 v_{p} exhibited significant overestimation from the references with P<0.01. As comparison to the above three DFA pairs, [7°, 12°] and [7°, 15°] remarkably underestimated the kinetic parameters of K^{trans} and v_p for all primary tumors, salivary glands and muscles with significant difference (P<0.01). For mean k_{eb} values in primary tumors and salivary glands, the fitting results by [7°, 12°] were both slightly overestimated by 3.6% and 0.2% compared to the MFA reference, without significant difference from the reference. While for muscles, the k_{ep} value was slightly underestimated by 1.9% without significant difference by [7°, 12°]. The flip angle pair [7°, 15°] underestimated the mean k_{eb} values in primary tumors, salivary glands and muscles by 0.1%, 8.4% and 1.9%, respectively, with all P values larger than 0.05. The statistics for the fitting results by MFA and different DFAs for primary tumors, salivary glands and muscles are summarized in detail in Table 1.

Discussion

It has been recognized that the accuracy of kinetic parameter fitting in DCE-MRI is related not only to T1 mapping, although indicated as the dominating source for kinetic parameter estimation errors (28), but also to many other sources like patient motion, AIF extraction, B1 field inhomogeneity, as well as insufficient temporal resolution. In this study, DCE-MRI protocols were designed to minimize these effects. Possible patient motion was compensated by registration prior to other further processing and analysis. AIF was extracted from individual patient rather than the patient population (32) to accurately reflect the inter-patient AIF variations. The temporal resolution was 2.59 seconds, sufficiently fast to alleviate the possible fitting errors due to the dynamic signal fluctuation. A body coil was used for excitation so the transmission B1 field was considered uniform and hence the B1 inhomogeneity should be small. By minimizing the effects of other factors on kinetic parameter estimation, the influence of T1 on kinetic estimation error is believed to be dominant in this retrospective study.

T1 measurement by DFA obtained slightly better time efficiency than MFA, but the choice of two flip angles for DFA had a profound influence on T1 mapping results. Theoretical analysis on T1 mapping uncertainty by DFA (38) has shown that the two optimal flip angles are dependent on factors such as the T1 range to be measured, TE and TR. In addition, theoretical T1 mapping variance is inversely proportional to the square of signal-to-noise ratio (SNR) (38). In practice, because of the natural heterogeneity of tissues in head and neck, the overall mapping accuracy for every T1 value in different tissues of interest is difficult to ensure by DFA. Moreover, this T1 mapping uncertainty may further deteriorates under the conditions of relatively low SNRs of DCE-MRI images as well as the pronounced susceptibilities in head and neck.

Inaccuracy and uncertainty of DFA T1 mapping could propagate through CA concentration into kinetic model fitting and hence lead to errors in kinetic parameter estimates. The relatively low sensitivity of k_{ep} to T1 mapping could be explained by the fact that k_{ep} is theoretically only dependent on the dynamic time-intensity curve pattern rather than the absolute intensity value. The underestimation of T1 values by [2°, 7°] resulted in the significant overestimation of K^{trans} and v_p . On the contrary, the overestimation of T1 values by [7°, 12°] and [7°, 15°] both resulted in the underestimation of K^{trans} and v_p .

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Different tissues may show distinct dynamic timeintensity curves in DCE-MRI. For the selected tissues of interest in this study, primary tumors and salivary glands had similar fast wash-in and subsequent moderate washout time-intensity curve patterns due to the high tissue vascularity (high v_{ν}) and fast contrast agent perfusion (high k_{ep} and K^{trans}) within these tissues. This partially explains the similar contributions to kinetic parameter estimation error in primary tumors and salivary glands by using DFAs. On the other hand, muscles show less tissue heterogeneity and lower vascularity. Their time-intensity curve patterns usually exhibit a slow wash-in phase in the entire time course, reflecting the slow perfusion of contrast agent in muscles. Excellent k_{ep} fitting accuracy was achieved for DFA pairs in muscles for this slow wash-in time-intensity curve pattern with relatively low k_{ep} values. However, significant different K^{trans} and v_{b} values could still result from using DFA.

According to the bar plots shown in *Figures 4-6*, it appeared that T1 mapping error induced by DFAs had the greatest influence on the estimation of K^{trans} in primary tumors and salivary glands, and the estimation of v_p in muscles. Even the smallest estimate deviation of K^{trans} and v_p for primary tumors by [2°, 15°] could be as high as 31.0% and 15.0%, respectively. It was also found that for kinetic parameter fitting in all three tissues of interest, [7°, 12°] and [7°, 15°] had larger standard deviations of fitting results than other DFA pairs. This may be attributed to the noisier T1 maps obtained by [7°, 12°] and [7°, 15°] as shown in *Figure 1*.

This retrospective study has some limitations. As this is a retrospective study on clinical data, the DCE-MRI protocol was designed more accordingly to the clinical requirements so that the technical performance may be compromised. In order to cover a large area in head and neck (25 slices) but maintain high temporal resolution (2.59 s), relatively short TR and high acceleration factor were applied which may compromise image SNR. The number and value of applied flip angles were optimized to keep balance between time efficiency and T1 mapping accuracy. Transmission B1 mapping and in-flow compensation were not included in DCE-MRI protocol but their effect on kinetic parameter estimation should be further investigated in future studies. It is also worth noting that the large kinetic model fitting deviations by DFA pairs in this study may be partially attributed to the natural heterogeneity in head and neck tissues. We hypothesize that kinetic fitting deviations using DFAs may be reduced for DCE-MRI analysis in relatively homogenous tissues like brain, but this has yet to be further validated. For DCE-MRI in breast where high temporal

resolution may not be necessary, accuracy of DFA T1 mapping could be further improved by using longer TR and large number of averages and hence reduce kinetic estimation errors.

In conclusion, DFA, although provides slightly better time efficiency in T1 measurement, may lead to significant DCE-MRI kinetic parameter estimation errors in head and neck in clinical practice, according to the findings in this retrospective evaluation. MFA is able to provide more accurate and robustness T1 mapping and kinetic parameter estimation than DFA, in particular under the situations of relatively low SNR due to the compromise of spatial and temporal resolution, and therefore should be the preferable method of choice for head and neck DCE-MRI.

Acknowledgements

This work is supported by Hong Kong GRF grant CUHK4660088 and SEG_CUHK02. *Disclosure:* The authors declare no conflict of interest.

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Cite this article as: Yuan J, Chow SK, Yeung DK, Ahuja AT, King AD. Quantitative evaluation of dual-flip-angle T1 mapping on DCE-MRI kinetic parameter estimation in head and neck. Quant Imaging Med Surg 2012;2(4):245-253. DOI: 10.3978/j.issn.2223-4292.2012.11.04

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