

High-frequency ultrasound deformation imaging for adult zebrafish during heart regeneration

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Background: The adult human heart cannot efficiently generate new cardiac muscle cells in response to injury, and, therefore, cardiac injury results in irreversible damage to cardiac functions. The zebrafish (*Danio rerio*) is a crucial animal model in cardiac research because of its remarkable capacity for tissue regeneration. An adult zebrafish can completely regenerate cardiac tissue without a scar being formed, even after 20% of its ventricular myocardium has been resected. Zebrafish have been utilized in developmental biology and genetics research; however, the details of myocardium motions during their cardiac cycle in different regeneration phases are still not fully understood.

Methods: In this study, we used a 70-MHz high-resolution ultrasound deformation imaging system to observe the functional recovery of zebrafish hearts after amputation of the ventricular apex.

Results: The myocardial deformation and cardiac output (CO) were measured in different regeneration phases relative to the day of amputation. In response to the damage to the heart, the peak systolic strain (ε_{max}) and strain during ejection time (ε_{ej}) were lower than normal at 3 days after the myocardium amputation. The CO had normalized to the baseline values at 7 days after surgery.

Conclusions: Our results confirm that the imaging system constructed for this study is suitable for examining zebrafish cardiac functions during heart regeneration.

Keywords: High frequency ultrasound; deformation imaging; zebrafish; heart regeneration

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Introduction

The human heart cannot efficiently generate new cardiac muscle cells in response to injury; therefore, cardiac injury may result in irreversible damage to cardiac functions (1,2). Significant loss of cardiomyocytes during injury and disease can result in heart failure and death. However, nonmammalian vertebrates, such as zebrafish (*Danio rerio*), exhibit robust regenerative capacity in a variety of tissues, such as the caudal fin, spinal cord, retina, and even—during their larval stages—brain (3-5). In 2002, Poss *et al.* discovered that adult zebrafish possess the power to regenerate damaged heart muscle (6). When the apex of the zebrafish ventricle is amputated, a large fibrin clot of erythrocytes forms at the wound site and stems bleeding within seconds. Over the

following few months, new cardiac tissue is produced and replaces the fibrin clot without a scar being formed (7). An adult zebrafish can completely regenerate its cardiac tissue, even after 20% ventricular myocardium resection. This regenerative capacity has prompted scientists to investigate the cardiovascular function of zebrafish and its implications for human cardiac pathology (8). Electrocardiography (ECG) of zebrafish has revealed that despite only having a two-chamber heart and lacking pulmonary vasculature, the zebrafish has atrial and ventricular electrical signals similar to those in humans (9,10). When ECG is performed after injury and regeneration in adult zebrafish, abnormal ECG segments and intervals are observed (2,11). Because abnormal ECG segments have been related to myocardial infarction and myocardial ischemia in humans (12), the adult zebrafish has become a crucial small-animal model for studying human pathologies in many fields of preclinical drug research aiming to develop novel therapies for heart failure (13), particularly heart failure related to cardiovascular diseases (14,15).

Studies are beginning to reveal the cellular and molecular mechanisms underlying the tissue regeneration ability of zebrafish, and these mechanisms have exciting implications for treatment of human cardiac diseases (16,17). The histology and toxicological pathology of zebrafish have been revealed in studies, but the methods used in these studies cannot elucidate the zebrafish's dynamic cardiac functions. To evaluate the regenerative phases of the zebrafish heart, scientists must evaluate information acquired and stored in vivo experiments. Due to the small size of the zebrafish and the difficulty of performing studies in an aqueous environment, methods for noninvasively assessing zebrafish cardiac morphology and the dynamic functions of the zebrafish heart during regeneration are still limited. Highfrequency ultrasound imaging has been proposed as a suitable tool for achieving high-resolution imaging of adult zebrafish tissue structures and was used in a previous study to sensitively assess the liver tissue of adult zebrafish (18).

A conventional ultrasound imaging device at 8.5 MHz was used to image adult zebrafish hearts (19). A singleelement ultrasound imaging system based on a 45-75-MHz pulsed-wave Doppler device was developed to enable realtime delineation of the cardiac structures of the adult zebrafish (20). A 30-MHz high-frequency ultrasound array system with duplex imaging was also developed to measure adult zebrafish heart motion and blood flow during heart regeneration (21). To investigate the effects of betaadrenergic therapies on the zebrafish heart after myocardial cryoinjury, an ultrasound array system (frequency range 22-55 MHz) was used to measure heart functions. The ultrasound array system enabled assessment of global and regional myocardial deformation, revealing segmental motion-related disturbances after cryoinjury. According to this assessment, functional recovery of the cryoinjured zebrafish hearts occurred in three distinct phases (22). However, an array system with a center frequency of up to 50 MHz was previously insufficient to monitor the detailed structures of an adult zebrafish heart during regeneration (20). Therefore, our Lab has constructed an 80-MHz ultra-highframe-rate imaging system based on retrospective Dopplergated technology for studying the cardiac functions of adult zebrafish (23). This apparatus was subsequently used to simultaneously measure blood flow signals and capture

tissue Doppler images of an adult zebrafish after 15% of its ventricle had been surgically amputated. Thereafter, we used the 80-MHz high-resolution ultrasound imaging system to track the functional recovery of the damaged heart for 30 days by recording echocardiographic parameters such as A, S, Am, and Sm waves (24).

In addition to tissue Doppler imaging, deformation imaging (strain imaging and strain rate imaging) is a novel echocardiographic method that is used to evaluate human cardiac function by measuring regional or global deformation of the myocardium (25-27). In clinical examinations, deformation imaging has been widely used for detecting acute ischemia and myocardial infarction (28,29). A significant correlation between the strain rate and extent of myocardial scarring and infarction in patients was reported (30). Deformation imaging enables comprehensive assessment of myocardial functions through its capacities to register differences between active and passive movement of myocardial segments, quantify intraventricular dyssynchrony, and show components of myocardial function, such as longitudinal myocardial shortening, which is not otherwise visually assessable. Deformation-imagingfacilitated evaluation of adult zebrafish heart functions after amputation may thus provide new information about the animal's heart regeneration mechanism.

In this study, a real-time high-frequency ultrasound deformation imaging system was constructed to perform strain and strain rate imaging for assessing adult zebrafish cardiac functions during various phases of heart regeneration after ventricular myocardium amputation. This paper offers a description of the construction of the deformation imaging system including its signal-processing algorithm and details the hardware used. Animal experiments were performed with adult AB-line zebrafish in which 15% of the ventricular myocardium had been surgically removed from the apex. The deformation image parameters and cardiac output (CO) were calculated according to deformation images acquired during myocardium recovery. The data reported herein provide a framework for cardiovascular function analysis of the zebrafish heart and may provide insights into zebrafish cardiovascular function during heart regeneration.

Methods

Zebrafish experimental arrangement

Experiments were performed using healthy AB-line adult zebrafish (GENDANIO Ocean Technology, New Taipei

City, Taiwan). The zebrafish were reared in separate tanks at a density of 10 fish per 10 L of unchlorinated water; a temperature of 27.5-28.5 °C was maintained. The zebrafish were anesthetized with a stock of ethyl 3-aminobenzoate methanesulfonate salt (MS-222, Sigma-Aldrich, St. Louis, MO, USA) dissolved in water at pH 7.2 to a concentration of 0.16%, kept at 4 °C. For echocardiography examinations, the zebrafish were anesthetized to stage-4 anesthesia, defined as the zebrafish turning abdominal side up for more than 5 s but with the operculum still moving. After we put a fish back into fresh water, the fish slowly regained consciousness and began swimming after 2 min. The age and length of the fish used in this study (n=10) were 4-6 months and 3-4 cm in length, respectively. Experiments were performed on zebrafish with normal hearts (uninjured) and zebrafish with injured hearts (on days 3, 7, 14, and 30 after amputation).

For the heart amputation operation, a zebrafish was anesthetized by immersion in 4.2% MS-222 (tricaine methanesulfonate) solution and then transferred onto a moist sponge that had been shaped to hold the fish stably upside down. The posterior medial margin of the heart was visually identified, and straight operating scissors were used to puncture the skin. The scissors were used to make a small incision above the heart through the skin and muscles. The silvery epithelial layer of the hypodermis was gently torn using the tip of the scissors to provide direct access to the ventricle. Gentle pressure was applied to expose the ventricle, and the scissors were used to remove 15% of the ventricle from the apex. The fish were then removed from the moist sponge and immediately placed into the recovery tank, which was a 0.5-L system tank filled with anesthetic-free system water. The animal survival rate in this study was 95%.

Ultrasound imaging system

A 70-MHz ultrasound imaging system, which generated images through mechanical scanning, was constructed for obtaining cardiac images of the zebrafish. The experimental system and hardware used to build it are shown in *Figure 1*. A single-element transducer (NIH Ultrasonic Transducer Resource Center, University of Southern California, Los Angeles, CA, USA) was driven by a pulser–receiver (5900PR, Panametrics, Waltham, MA, USA) with 200-MHz bandwidth. Backscattered signals were amplified by 40 dB using the pulser–receiver. The signals were then filtered by a bandpass filter and subsequently digitized using an 8-bit analog-to-digital converter (ADC; PXI 5152; National Instruments, Austin, TX, USA) at a sampling rate of 1 GHz. The transducer was mounted on a one-axis piezoceramic motor (HR8; Nanomotion, Yokneam, Israel) to allow mechanical scanning. The transducer could also be moved in the two orthogonal directions using two axial microstep motors (CM1-C-17L30A; Cool Muscle, Tokyo, Japan). The three-axis motor stage was controlled by a motor controller (DMC-1842; Galil Motion Control, Rocklin, CA, USA). A software program was developed for motor control and backscattered signal acquisition using LabVIEW software (National Instruments). The minimal lateral step distance of each scan A-line was 1 µm. High-resolution twodimensional (2D) B-mode images of the zebrafish hearts were reconstructed by processing the backscattered signals using gravscale imaging. The B-mode imaging frame rate is 10 fps (frame per second). Data were acquired in real time and postprocessed in Matlab (MathWorks Inc., Natick, MA, USA). Deformation imaging was performed and myocardial parameters were measured for the normal zebrafish hearts (uninjured) and the injured zebrafish hearts. The axial and lateral resolutions of the imaging transducer were 30 and 92 µm, respectively. The aperture size of the transducer is 2 mm with a focal length of 4 mm. Since the single element transducer was used in this study, the best imaging depth is around the focal zone of transducer. If the imaging region out of the focal zone, the resolution becomes poor which may influence the zebrafish heart imaging and cardiac parameters calculation results. Therefore, the distance between zebrafish heart and transducer was adjusted to keep the imaging region within the focal zone for all experiments.

Blood flow, tissue velocity, and cardiac deformation measurement

The measurement locations for blood flow and ventricular myocardium motion were determined by consulting the user interface of the real-time ultrasound imaging system. The transducer was automatically moved to the determined locations. Consecutive backscattered signals were then acquired from the moving tissues at each scan location at a pulse repetition frequency of 20 kHz and were then digitized using the ADC. Ultrasound M-mode imaging was then performed to locate the position (window) of blood flow and the myocardium for off-line velocity estimation. After demodulation processing of the backscattered signals, blood flow velocity and tissue velocity were estimated using the following 2D autocorrelation velocity estimation algorithm (31): Quantitative Imaging in Medicine and Surgery, Vol 10, No 1 January 2020



Figure 1 Experimental setup. (A) Block diagram of the experimental system. The location of zebrafish heart imaging (B) and a photo of the experiment (C).

$$V = \frac{c}{2} \frac{\frac{PRF}{2\pi} \tan^{-1} \left\{ \frac{\sum_{m=0}^{M-1} \sum_{n=0}^{N-2} \left[Q(m,n)I(m,n+1) - I(m,n)Q(m,n+1) \right] \right\}}{\sum_{m=0}^{M-1} \sum_{n=0}^{N-2} \left[Q(m,n)Q(m,n+1) + I(m,n)I(m,n+1) \right] \right\}}$$
[1]
$$V = \frac{c}{2\pi} \frac{f_s}{2\pi} \left\{ 2\pi f_{dem} + \tan^{-1} \left\{ \frac{\sum_{m=0}^{M-2} \sum_{n=0}^{N-1} \left[Q(m,n)I(m+1,n) - I(m,n)Q(m+1,n) \right] \right\} \right\}$$

where V is the estimated velocity; c is speed of sound in the tissue; f_s is the sampling frequency; f_{dem} is the ratio of the center frequency to the sampling frequency; I and Q are the in-phase and quadrature-sampled signals, respectively; M is the window depth (quantified as the number of samples); N is the total number of A-line backscattered signals; and indexes m and n correspond to the fast-time (depth direction) and slow-time (pulse number) directions, respectively. In this study, the slow-time window was 100 lines for continuous backscattered signals, and the fast-time window was 30 µm (corresponding to the 40 sampling points in the A-line signal). After autocorrelation estimation was conducted, ventricular outflow tract velocity and tissue velocity were obtained. CO is a crucial indicator of the diastolic function of the left ventricle of the heart (32). For acquisition of CO, the diameter (D) of the bulbus arteriosus was determined using M-mode imaging. The cross-sectional area of the ventricular outflow tract (VOT area) was also acquired $[(D/2)^2 \times \pi]$. CO was then estimated using the following equation (33):

$$CO = VOT area \times VOT VTI \times Heart Rate$$
 [2]

where VOT VTI is the ventricular outflow tract velocity time integral. *Figure 2A* shows a typical M-mode image

of a bulbus arteriosus in a normal zebrafish heart, with a clear distinction between blood flow and tissue (arterial wall) indicated by a speckled pattern. The blood flow velocity (Doppler flow) of the ventricular outflow tract was estimated using the autocorrelation algorithm, and the VOT VTI was measured as illustrated in *Figure 2B*. The CO was then obtained using equation (2).

In myocardial deformation imaging, the strain rate (SR) can be defined as the change in strain (Δ " ϵ ") per unit of time (Δ T), which is derived from the formula:

$$SR = \frac{\Delta \varepsilon}{\Delta T} = \frac{\left(\Delta L / L_0\right)}{\Delta T} = \frac{\Delta L / \Delta T}{L_0} = \frac{\Delta V}{L_0}$$
[3]

where ε is the strain, L_0 is the original length, ΔL is the change in length, and ΔV is the difference in velocities of the myocardium. Integration of SR yields the strain (34):

$$\varepsilon = \int SR \cdot dt$$
 [4]

Strain is a measure of tissue deformation and is defined as the change in length divided by the original length. When assessing regional myocardial dysfunction, measured regional strain directly reflects regional function, with positive strain indicating elongation and negative strain



Figure 2 Typical M-mode image of the bulbus arteriosus in a normal zebrafish heart (A) and representative measurement of the ventricular outflow tract velocity time integral (VOT VTI) (B). D, diameter.

indicating shortening.

Statistical analysis

The ultrasound deformation imaging parameters were measured in the normal zebrafish hearts (uninjured) and injured zebrafish hearts (on days 3, 7, 14, and 30 after amputation). Differences between the normal and injured groups were assessed using one-way analysis of variance. A probability value of P<0.05 was considered indicative of a statistically significant difference (relative to the normal zebrafish group). Statistical analysis was performed using commercial software (SigmaPlot 12.0; Systat Software, San Jose, CA, USA).

Results

Typical B-mode and M-mode images of a zebrafish heart acquired by the 70-MHz ultrasound imaging system are displayed in *Figure 3A*,*B*, respectively. The B-mode image shows the major cardiac anatomy of a normal zebrafish heart,

Ho-Chiang et al. High frequency ultrasound for zebrafish



Figure 3 Typical B-mode (A) and M-mode (B) images of a normal zebrafish heart and its corresponding cardiac anatomical positions, obtained using a high-frequency ultrasound imaging system. The yellow dots in the images represent corresponding measurement positions in the heart.

including the ventricle, atrium, and bulbus arteriosus. The blood flow into and out of the ventricle are clearly evident in the image. Blood drains into the triangular single-chambered atrium from the sinus venosus and is then pumped by the single-chambered ventricle through the bulboventricular foramen into the pear-shaped bulbus arteriosus, which is situated between the ventricle and the ventral aorta. Figure 4 shows examples of quantitative measurements of blood flow velocity and myocardium motion velocity during the cardiac cycle of a normal zebrafish heart. This figure combines information on the blood flow pattern in the ventricle and the tissue motion pattern in the atrioventricular valve annulus to show the relationship between these phenomena in the zebrafish heart. Understanding this relationship facilitates evaluation of cardiac functions during different heart regeneration phases.

Figure 5 presents typical strain and strain rate images of an adult zebrafish heart and provides examples of



Figure 4 Blood flow velocity (top) and tissue motion velocity (below) waveforms for a normal zebrafish heart. E, early diastolic inflow; A, late diastolic inflow; S, ventricular systolic outflow; Em, early diastolic myocardial motion; Am, late diastolic myocardial motion; Sm, systolic myocardial motion.



Figure 5 Typical curves of regional tissue velocity, strain, and strain rate for an adult zebrafish during one cardiac cycle.

quantitative measurement of myocardial deformation during the cardiac cycle. Several parameters used to characterize myocardium deformation are clearly displayed: isovolumetric contraction time (IVCT), isovolumetric relaxation time (IVRT), peak velocity of systolic myocardial motion (PS_m), peak velocity of early diastolic myocardial motion (PE_m), peak velocity of late diastolic myocardial motion (PA_m), peak strain rate of systolic myocardial motion (PS_{sr}), peak strain rate of early diastolic myocardial motion (PE_{sr}), peak strain rate of late diastolic myocardial motion (PA_{sr}), peak systolic strain during the entire heart cycle (ε_{max}), and strain during ejection time (ε_{ei}). PS_{sr}, PE_{sr}, and PA_{sr} did not fluctuate during the various heart regeneration phases, whereas ε_{max} and the strain ε_{ei} were significantly decreased at 3 days after the myocardium amputation (-14.7% and -7.1%, respectively). However, these parameters had returned to the baseline values for a normal heart at 14 days after surgery. The quantitative data of these parameters are listed in Table 1. Figure 6A, B respectively show B-mode images of an adult zebrafish heart with the epidermis

Parameters	Normal	Day 3	Day 7	Day 14	Day 30
IVCT (s)	0.0427±0.0074	0.0402±0.009	0.0412±0.011	0.0433±0.0064	0.0424±0.008
IVRT (s)	0.0957±0.02	0.0867±0.014	0.0904±0.024	0.103±0.017	0.0938±0.019
HR (beats/min)	118.8±26.5	143.4±38.3*	127.8±34.6	105.8±29.3	115.8±31.4
PS _m (mm/s)	7.71±2.79	7.33±1.92	7.59±2.11	7.84±1.79	7.64±2.23
PE _m (mm/s)	-1.39±0.62	-1.94±0.77	-1.57±0.81	-1.69±0.73	-1.58±0.76
PA _m (mm/s)	-5.51±2.03	-6.11±3.17	-5.82±2.79	-5.93±3.03	-5.73±2.61
PS _{sr} (s ⁻¹)	-4.48±0.94	-4.19±1.15	-4.24±1.07	-4.63±0.87	-4.56±1.03
PE _{sr} (s ⁻¹)	2.1±1.03	2.87±1.55	2.47±1.35	2.33±1.69	2.41±1.27
PA _{sr} (s ⁻¹)	3.11±1.54	3.74±0.93	3.41±1.31	3.32±1.74	3.37±1.46
CO (μL/min)	41.26±4.17	15.74±5.02*	26.39±5.47*	39.33±5.22	37.64±4.39
ε_{\max} (%)	-19.6±5.22	-14.7±4.13*	-18.9±3.82	-21.4±4.38	-20.47±3.92
$\epsilon_{ej}(\%)$	-13.3±2.98	-7.1±3.46*	-11.2±2.22	-14.6±3.13	-13.8±2.64

Table 1 Cardiac parameters of the adult zebrafish during various phases of regeneration

*, P<0.05.



Figure 6 B-mode images of an adult zebrafish heart with epidermis removed prior to (A) and at 1 day postamputation (B). d, diameter.

completely removed prior to and at 1-day postamputation. Since the epidermis was removed, the fish heart was exposed directly for ultrasound imaging. There are no surrounding tissues around the heart compared to *Figure 3* (without epidermis removed).

Discussion

Figure 3B shows a typical M-mode image of a normal zebrafish heart and its corresponding measurements of anatomical locations. The atrioventricular valve annulus (dorsal side of the ventricle) was selected as the measurement location for the ventricular myocardium because ventricular motion is greatest at this site. Additionally, the location of the atrioventricular valve annulus corresponds to the human heart's mitral annulus, the velocity of which is often measured using tissue Doppler imaging to assess cardiac functions. The blood flow and tissue motion locations were easily identified by a speckled pattern in the M-mode imaging. The transient information of blood flow velocity and tissue motion velocity within the ventricle were also analyzed.

Several flow parameters for characterizing blood flow velocity are clearly displayed in the *Figure 4*: the early diastolic inflow (early filling E-wave), late diastolic inflow (late filling A-wave), and ventricular systolic outflow (S-wave). The measured waveforms used to characterize the myocardium motion velocity during the various phases of the cardiac cycle are also presented: the early diastolic myocardial motion (Em-wave), late diastolic myocardial motion (Am-wave), and systolic myocardial motion (Smwave). The images clearly show that the tissue motion velocity was much slower than the blood flow velocity. In addition, the Doppler signals of velocities of tissue motion and blood flow have opposite directions, which indicates that tissue motion leads the cardiac phases.

CO in the adult zebrafish decreased significantly after the amputation. The CO was $41.26\pm4.17 \mu$ L/min (mean \pm standard deviation) for the normal zebrafish heart and $15.47\pm5.02 \mu$ L/min for the injured zebrafish heart. These findings are reasonable because, after injury, the heart must reduce its CO to maintain circulation and thus keep the fish alive; the heart can then be regenerated gradually through various cellular and molecular mechanisms. Diseases of the cardiovascular system, particularly the pandemic diseases of cardiomyopathy and heart failure, are often associated with changes in CO (35,36). Cardiac deformation and CO followed the same trend over the period of regeneration as is described by the equation (37):

$$CO = VOT area \times VOT VTI \times HR = SV \times HR$$
 [5]

where SV indicates the stroke volume (volume of blood pumped from the ventricle per beat). CO can be determined by the SV and is directly related to the cardiac chamber size during the diastole and systole (cardiac deformation). Therefore, the experimental results of CO and cardiac deformation are consistent in this study.

The diameter of the bulbus arteriosus was smaller after surgery, as shown in *Figure 6*; this may be another reason why the CO dropped dramatically. Because there were no significant changes in VOT velocity after surgery, the decrease in CO can be attributed to variation in the VOT area. Thus, the bulbus arteriosus plays an important role in modulating zebrafish cardiac function after heart injury.

In human cardiology, myocardial infarction and arrhythmia result from the formation of scar tissue and irreversible loss of ventricular function. Myocardial scarring, which lacks a contractile phenotype and constitutes a substrate for arrhythmia, occurs during myocardial infarction or as a result of surgical treatment of congenital heart disease. Patients with acute anterior myocardial infarction were examined using longitudinal strain Doppler echocardiography after coronary reperfusion (29). The results showed that global and regional strain both decreased after reperfusion therapy and were correlated with the extent of the myocardial infraction. Human hearts have a limited capacity to regenerate from significant loss of myocardium, and injured hearts heal by forming scar tissues. Unlike that in human hearts, scar tissue in zebrafish may disappear completely after injury. The results of this study demonstrate that the cardiac deformation parameters gradually returned to the baseline values for a healthy zebrafish heart after surgery, which agrees with our expectation of scar disappearance.

Conclusions

A high-frequency ultrasound deformation imaging (strain imaging and strain rate imaging) methodology was employed to investigate adult zebrafish in this study. Several cardiac parameters of the zebrafish heart were measured to assess dynamic cardiac functions during various phases of heart regeneration. In response to heart damage, the peak systolic strain (ε_{max}) and strain during ejection time (ε_{ei}) were lower than normal at 3 days after myocardium amputation. Subsequently these values returned to the baseline for a normal zebrafish heart. CO had also dropped dramatically by the 3-day mark but had gradually normalized to the baseline value at 7 days after surgery. Besides the heart itself, the bulbus arteriosus seemed to play a critical role in modulating cardiac function after heart injury. In most cases of heart disease in humans, cardiac functions cannot be completely recovered even after relatively successful treatment. However, the unique cardiac function of the zebrafish may provide new insights into heart regeneration. Finally, in this study, we demonstrated the usefulness of high-frequency ultrasound deformation imaging for investigating the cardiac functions of small animals in vivo. The technique is simple and relatively inexpensive and may be used for the further study of cardiac function in adult zebrafish.

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Footnote

Conflicts of Interest: The authors have no conflicts of interest to declare.

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Quantitative Imaging in Medicine and Surgery, Vol 10, No 1 January 2020

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