

Resveratrol increase myocardial Nrf2 expression in type 2 diabetic rats and alleviate myocardial ischemia/reperfusion injury (MIRI)

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Background: Oxidative stress is one of the main factors that increases reperfusion injury in the diabetic heart. Resveratrol could decrease oxidation and promote antioxidant factor expression. Nrf2 is an important endogenous antioxidant. making the heart more resistant to ischemic injury. As Nrf2 expression is considered to be reduced in diabetic heart, we therefore hypothesized that up-regulation of Nrf2 in the diabetic heart may overcome its increased susceptibility to ischemic injury.

Methods: A total of 50 diabetic rats were randomly divided into five groups: the sham operation group (DM + sham), the MIRI group (DM + MI/R), the resveratrol treatment group (DM + MI/R + RSV), the resveratrol + ex527 (SIRT1 inhibitor) group (DM + MI/R + RSV + ex527), and the resveratrol + LY294002 (Akt inhibitor) group (MD + MI/R + RSV + LY294002). Another 20 normal rats were randomly divided into two groups: the sham-operated group (CON + sham) and the myocardial ischemia-reperfusion group (CON + MI/R). A type 2 diabetes model was induced by a high-fat diet-fed and intraperitoneal injection of streptozotocin (STZ). All rats were subjected to 30 min myocardial ischemia followed by 120 min reperfusion except sham groups. Plasma were collected to measure the creatine kinase-MB (CK-MB), lactate dehydrogenase (LDH), malondialdehyde (MDA) level, glutathione (GSH) level, and superoxide dismutase (SOD) activity. Pathologic changes in myocardial tissues were observed by Hematoxylin and eosin (HE) straining. SIRT1, p-GSK3 β , Nrf2, HO-1 protein expressions were measured by western blot.

Results: Compared with the control (CON) group, the diabetic (DM) group had more severe myocardial injury, higher oxidative stress index increase, and a more reduced expression of Nrf2 in the myocardium. After supplementing with resveratrol, the myocardial damage was reduced and the oxidative stress index decreased in the DM group, while the Nrf2 in the myocardium was increased. It also was found that inhibition of SIRT1 also partially inhibited the expression of Nrf2 and the corresponding antioxidant factor HO-1. Decreased expression of p-GSK3 β by Akt inhibitors also partially inhibited Nrf2 and HO-1 expression.

Conclusions: Resveratrol can enhance the expression of Nrf2 in a diabetic heart by stimulating SIRT1 or inhibiting GSK3β, alleviating myocardial oxidative stress, and improving ischemia-reperfusion injury.

Keywords: Resveratrol; diabetes; myocardial ischemia/reperfusion; Nrf2; SIRT1; GSK3β

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Introduction

Ischemic heart disease, especially acute myocardial infarction, has become a leading cause of morbidity and disability in Chinese diabetes (1). After reperfusion therapy, diabetes combined with acute myocardial infarction often leads to more severe reperfusion injury. Therefore, the sensitivity and prognosis of a diabetic heart to reperfusion injury is worse than in the nondiabetic population. Meanwhile, diabetes can also eliminate the protective effects of various drugs or ischemic preconditioning on the ischemic myocardium (2,3). Accumulated studies have demonstrated that hyperglycemia aggravating oxidative stress is one of the main factors that increases reperfusion injury in the diabetic heart (4). Therefore, enhancing the depletion of antioxidants in patients with diabetes is the key to protecting the heart against myocardial ischemia reperfusion injury (MIRI).

Resveratrol, a natural polyphenolic anti-toxin present in several plants including grapes, has been widely shown to have potent antioxidant properties (5,6). Resveratrol could decrease oxidation and promote antioxidant factor expression (7). A large number of studies have shown that resveratrol could help in protecting against cardiovascular diseases, especially MIRI (8), through anti-oxidative stress, anti-inflammatory, anti-apoptosis, and other effects (9,10), Recently, resveratrol has been shown to enhance the antioxidant activity of the diabetic heart, by reducing fasting blood glucose to increase insulin sensitivity (11). However, whether resveratrol can alleviate diabetic MIRI and exert a protective molecular effect remains unknown.

Various intracellular signaling pathways were proven to participate in resveratrol's antioxidant actions, including Nrf2/ARE signaling pathway, silent information regulator 1 (SIRT1), PI3K/Akt/GSK3ß signaling pathway, nitric oxide-synthase (NOS), adenosine 5'-monophosphate (AMP)-activated protein kinase (AMPK), etc. (12-14). Resveratrol is considered to be an indirect Nrf2 agonist. Nrf2, a transcription factor, is an important endogenous antioxidant. Under certain physiological conditions, Nrf2 interacts with Kelch-like ECH-associated protein 1 (Keap1) in the cytoplasm, which facilitates Nrf2 ubiquitination and degradation. Upon exposure of MIRI, excessive production of oxygen-free radicals, known as oxidative stress, occurs, and Nrf2 is activated. Nrf2 then splits from Keap1 and translocates into nucleus, enhancing the expression of downstream antioxidant factors such as HO-1 (15). However, studies have shown that the

expression of Nrf2 is lower in diabetic patients and animal models (16-18), suggesting that the inhibition of Nrf2 may be related to the increased reperfusion injury of a diabetic heart. The activation of Nrf2 involves a variety of signaling pathways. Studies have shown that the activation of SIRT1 to promote Nrf2-ARE anti-oxidative pathway can resist the excessive oxidative stress caused by a high glucose environment (19), while the inhibition of GSK3β to enhance the expression of Nrf2 and HO-1 has been shown to reduce MIRI (20). GSK3β and SIRT1 are related factors of diabetic cardiovascular complications. Activation of SIRT1-PCG-1 signaling pathway can reduce oxidative stress and inflammatory response in the diabetic heart, alleviate myocardial fibrosis, and improve cardiac function in diabetes (21); inhibition of GSK3 β can maintain the mitochondrial integrity of the diabetic heart and increase the survival of diabetic cardiomyocytes (22). Therefore, we used resveratrol to change the expression of GSK-3 β and SIRT1 and observed whether this could restore the expression of Nrf2 in a diabetic heart through a protective effect.

Accordingly, this study established a model of type 2 diabetes and a model of diabetic MIRI, and was designed with the following objectives: (I) identify the mechanism underlying the type 2 diabetic state aggravating MIRI with Nrf2 signaling pathway; (II) explore the protective effect of resveratrol supplement on MIRI in a type 2 diabetic model; (III) investigate whether activation of SIRT1 and inhibition of GSK3 β can restore the expression of Nrf2 in diabetic heart, and explore the relative role of SIRT1, GSK3 β , and Nrf2 in diabetic MIRI.

Methods

Animals

Healthy male Sprague-Dawley (SD) rats weighing 220–280 g were supplied by the Experimental Animal Center of the First Affiliated Hospital of Xinjiang Medical University. All experimental rats were conditioned for 2 weeks, alternated for 12 hours, and were housed at a room temperature of 25–28 °C and 60% humidity. The experimental protocols were approved by the Experimental Animal Ethics Committee.

Experimental groups

All rats were randomly divided into a control group (CON,

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n=20) and a diabetic group (DM, n=50). Rats in the control group were further divided randomly into 2 groups (n=10): the sham-operated group (CON + sham) and the myocardial ischemia-reperfusion group (CON + MI/R). Rats in the diabetic group were further randomized into 5 groups (n=10): the sham operation group (DM + sham), the MIRI group (DM + MI/R), the resveratrol treatment group (DM + MI/R)+ RSV), the resveratrol + ex527 (SIRT1 inhibitor) group (DM + MI/R + RSV + ex527), and the resveratrol + LY294002(Akt inhibitor) group (MD + MI/R + RSV + LY294002). Resveratrol was injected intraperitoneally 20 mg/kg for 7 days (23); the SIRT1 inhibitor ex527 1 µg/kg was given as intravenous injections 15 min before ischemia (24); LY294002 1.5 mg/Kg was given as intravenous injections 30 min before ischemia (25), and other groups were separately injected with normal volumes of saline.

Type 2 diabetic model

A type 2 diabetes model was induced by a high-fat diet-fed and intraperitoneal injection of streptozotocin (STZ) (26). After 2 weeks of adaptive feeding, the rats were fed the high-fat diet containing 40% fat, 41% carbohydrate, and 18% protein for 6 weeks. After that, STZ (Sigma, USA) 35 mg/Kg was intraperitoneally injected. The rats were then continuously fed the high-fat diet. Rats presented typical symptoms of diabetes and showed a blood glucose level of above >16.7 mmol/L at least 3 times, thus meeting the criteria for a diabetes diagnosis.

Myocardial infarction protocol

We used a well-established model of MI/R injury (27). Before the surgery, all experimental animals were anesthetized, and the anterior descending branch of the left coronary artery was occluded for 30 min followed by reperfusion for 120 min. Ischemia was verified by the elevation of ST-T segment with limb lead II. After 30 min of ischemia, the ligature was loosened. The myocardial color became red and the ST-T segment returned to the pre-ischemic level, suggesting that reperfusion was successful. At the end of reperfusion, blood and tissue samples were collected for further analysis. The sham operation group underwent the same surgical procedure except that the suture passed under the anterior descending branch of the left coronary artery.

Hematoxylin and eosin (HE) straining

Myocardial tissues were embedded in paraffin and prepared

for sectioning. They were fixed in 4% paraformaldehyde solution for 24 h, stained with HE, and pathological results were observed under a light microscope (×200).

Determination of myocardial infarction

At the end of 120 min of reperfusion, myocardial infarction was determined by means of a double-staining technique and a digital imaging system (infarct area/area at risk $\times 100\%$).

Measurement of creatine kinase-MB (CK-MB) and lactate debydrogenase (LDH)

Blood samples (2 mL) were drawn at 120 min after reperfusion. Serum CK-MB and LDH were measured spectrophotometry (Elabscience, Wuhan, China).

Measurement of malondialdebyde (MDA) level, glutathione (GSH) level, superoxide dismutase (SOD) activity

A myocardial tissue sample was taken after 120 min of reperfusion and tested for malondialdehyde MDA content, GSH content, and SOD activity according to the test kit instructions (Nanjing Kaiji Bio, Nanjing, China).

Western blotting

Total protein was separated by SDS-PAGE gel and then transferred to a polyvinylidene difluoride (PVDF) membrane. After blocking the PVDF membranes with 5% fat-free milk for 2 h, proteins were respectively probed with a specific antibody [anti-SIRT1 (1:1,000), anti-pGSK3β (1:1,000), anti-Nrf2 (1:1,000), anti-HO-1 (1:1,000), anti-βactin (SantaCruz Biotechnology)] and incubated overnight. After washing 3 times with TBST buffer, the complexes were detected by secondary antibodies. The bands were quantified by scanning densitometry using a Bio-Image Analysis System (Bio-Rad, Richmond, CA, USA).

Statistical analysis

All data were presented as means + S.E.M. Differences were compared by analysis of variance (ANOVA) followed by Bonferroni correction for post hoc t-test, where appropriate. Probabilities of <0.05 were considered to be statistically significant. All of the statistical analyses were performed with the GraphPad Prism software version 7.0 (GraphPad Software, San Diego, CA, USA).

Results

As shown in *Table 1*, after STZ + high-fat-diet induced diabetes, the type 2 diabetic rats showed characteristic symptoms of diabetes including hyperglycemia, polydipsia, and polyphagia. The body weights of diabetic rats were also lower, and this fact, in combination with the above data, indicated that the type 2 diabetic animals were successfully developed.

As shown in Figure 1, myocardial HE staining showed a

Table 1 Characteristics of control and diabetic rats

Basic parameters	CON	DM
Water intake (mL/kg per day)	121±9.40	904±70.27**
Food consumption (g/kg per day)	61.8±4.54	193±10.12**
Fasting blood glucose (mmol/L)	5.5±0.46	23.84±1.76**
Body weight (g)	471.2±29.14	236.4±11.19**

Results are expressed as means \pm SD for n=10. Compared with control group, **P<0.01. CON, control; DM, diabetes mellitus.

small amount of inflammatory cell infiltration in the DM + sham group compared with the CON + sham group; significant necrosis and inflammatory cell infiltration were observed in the DM + MI/R group compared with the CON + MI/R group. In addition, compared with the sham group, the myocardial infarct volume increased in the MI/R group (P<0.05, *Figure 2A*). However, the myocardial infarction volume in the DM + MI/R group was further increased (compared with the CON + MI/R group, P<0.05); consistently, the myocardial injury indexes of LDH and CK-MB were further increased in the DM MI/R group (compared with the CON + MI/R group, P<0.05, *Figure 2B,C*). These results suggest that diabetes further aggravated myocardial damage in the rats subjected to MI/R injury.

As shown in *Figure 3A,B,C*, MI/R injured rats showed increased myocardial MDA level and decreased SOD activity and GSH levels in nondiabetic rats (compared with the CON + sham group, P<0.05), while the MDA level was further increased and SOD activity and GSH levels were decreased in the DM + MI/R group. These data indicate that diabetes aggravated myocardial oxidative stress in rats

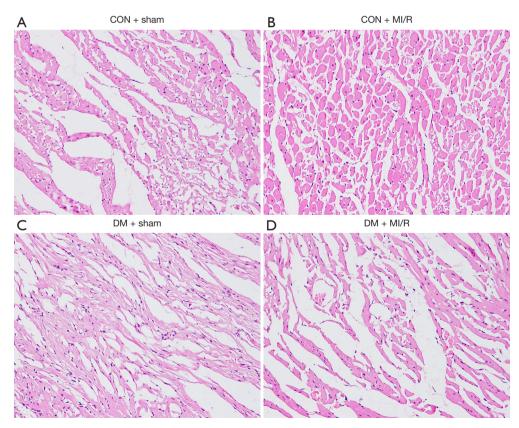


Figure 1 Light microscopic observation of myocardial tissue section HE staining pathology (×200).

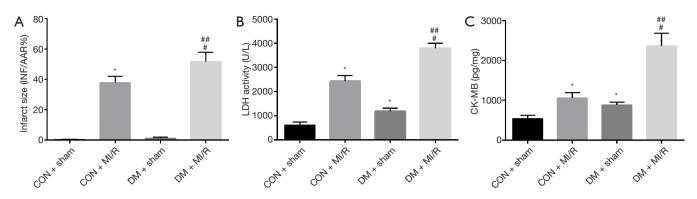


Figure 2 Comparison of myocardial infarct volume and myocardial injury index in normal and diabetic rats. (A) Infarct size; (B) LDH; (C) CK-MB. Compared with CON + sham group, *P<0.05; compared with DM + sham group, #P<0.05; compared with CON + MI/R group, ##P<0.05. LDH, lactate dehydrogenase; CK-MB, creatine kinase-MB.

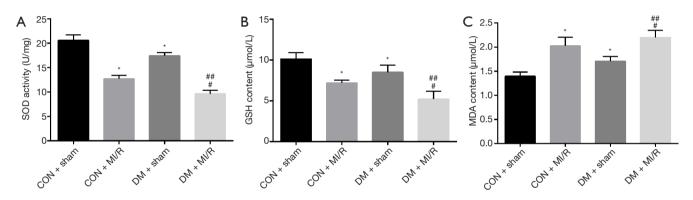


Figure 3 Comparison of oxidative stress indicators in normal and diabetic rats. (A) SOD; (B) GSH; (C) MDA. Compared with CON + sham group, *P<0.05; compared with DM + sham group, #P<0.05; compared with the CON + MI/R group, #P<0.05. SOD, superoxide dismutase; GSH, glutathione; MDA, malondialdehyde.

subjected to MIRI.

We next investigated the changes in the expression of Nrf2 and related downstream factors in both diabetic and non-diabetic rats. As shown in *Figure 4A,B*, the expression of Nrf2 and its downstream factor, HO-1, were decreased in the DM + sham group (compared with the CON + sham group, P<0.05), indicating myocardial Nrf2 signaling and HO-1 were impaired. In addition, the expression of Nrf2 and HO-1 in the DM + MI/R group was further reduced (compared with the CON + MI/R group, P<0.05). These data suggest that myocardial Nrf2 signaling was impaired in the diabetic setting, which led to further aggravation of diabetic MIRI.

We further evaluated the effects of resveratrol on MI/ R injury in type 2 diabetic rats. As shown in *Figure 5*, compared with the DM + MI/R group, degree of myocardial damage lighter than in the DM + MI/R + RSV group. In addition, the myocardial infarction volume was decreased, and the myocardial damage indicators LDH and CK-MB were further reduced (compared with the DM + MI/R group, P<0.05, *Figure 6A,B,C*). At the same time, in the DM + MI/R + RSV group, the MDA level was decreased, both GSH content and SOD activity were increased, and the expression of Nrf2 was increased (compared with the DM + MI/R group, P<0.05, *Figure 6D,E,F,G*). These combined data suggest that resveratrol reduced the oxidative stress in diabetic rats by restoring the expression of Nrf2, and protected the MI/R injury in type 2 diabetic rats.

In present study, we further determined the relationship between SIRT1, GSK3 β , and Nrf2 after MIRI in type 2 diabetic rats. The expression of SIRT1, p-GSK-3 β and HO-1 were significantly increased in the DM + MI/R + RSV group (compared with the DM + MI/R group, P<0.05, *Figure 7A,B,C,D*). After the application of the inhibitor, the expression of SIRT1 and p-GSK-3 β was respectively

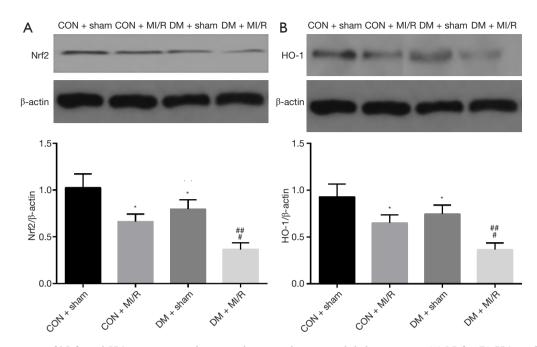


Figure 4 Comparison of Nrf2 and HO-1 expression between the control group and diabetic group. (A) Nrf2; (B) HO-1. Compared with the CON + sham group, *P<0.05; compared with the DM + sham group, *P<0.05; compared with the CON + MI/R group, ##P<0.05. Nrf2, NF-E2-related factor 2; HO-1, heme oxygenase-1.

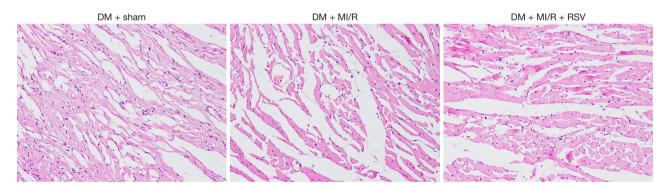


Figure 5 Light microscopic observation of a myocardial tissue section with HE staining pathology (x200).

decreased in the DM + MI/R + RSV + ex527 group, and, in the DM + MI/R + RSV + LY294002 group, the expression of Nrf2 and HO-1 was decreased (compared with the DM+MI/R+RSV group, P<0.05, *Figure 7A,B*). However, the differences in the expression of Nrf2 and HO-1 were slightly lower in the DM + MI/R + RSV + ex527 group, but there was no statistically significant difference between the DM + MI/R + RSV group and the DM + MI/R + RSV + ex527 group, (P>0.05, *Figure 7C,D*). In the DM + MI/R + RSV + LY294002 group, the expression of Nrf2 and HO-1 were reversed after the application of the inhibitor (P<0.05, *Figure 7C,D*). These changes, taken as a whole, suggest that SIRT1 and GSK3 β together regulate the expression of Nrf2 in a diabetic heart and participate in the protective effect of resveratrol.

Discussion

In the present study, it was found that hyperglycemia aggregates oxidative stress and is associated with the impairment of Nrf2 signaling pathway, which may be one of the main factors that aggravates MIRI. Resveratrol

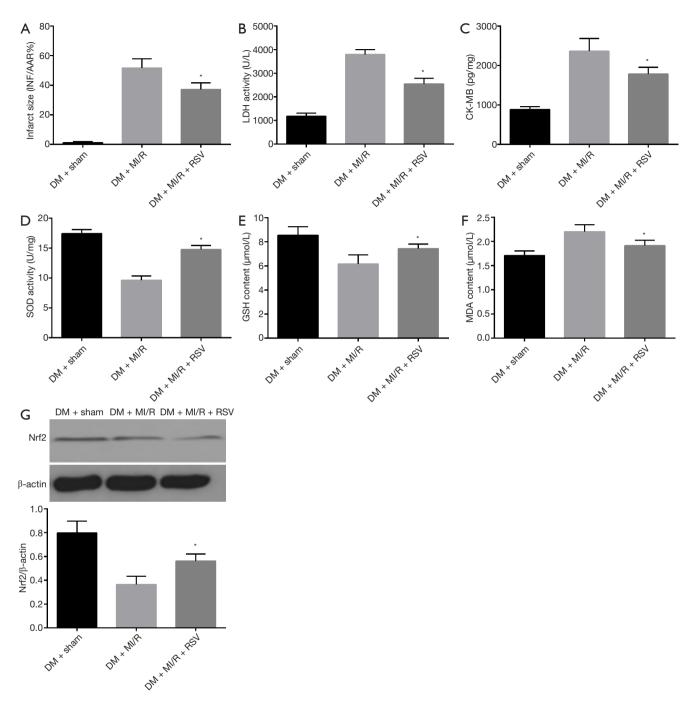


Figure 6 Protective effect of resveratrol on MIRI in diabetic rats. (A) Infarct size; (B) LDH; (C) CK-MB; (D) SOD; (E) GSH; (F) MDA; (G) Nrf2. Compared with the DM + MI/R group, *P<0.05. LDH, lactate dehydrogenase; CK-MB, creatine kinase-MB; SOD, superoxide dismutase; GSH, glutathione; MDA, malondialdehyde; Nrf2, NF-E2-related factor 2.

upregulates SIRT1 and downregulates GSK3β, contributing to improving the expression of Nrf2, inhibiting oxidative stress, and attenuating diabetic MI/R injury.

Resveratrol has attracted substantial attention by

virtue of its antioxidant properties. A large number of studies have demonstrated the antioxidant properties of resveratrol which include reducing the production of malondialdehyde (MDA) and restoring glutathione (GSH)

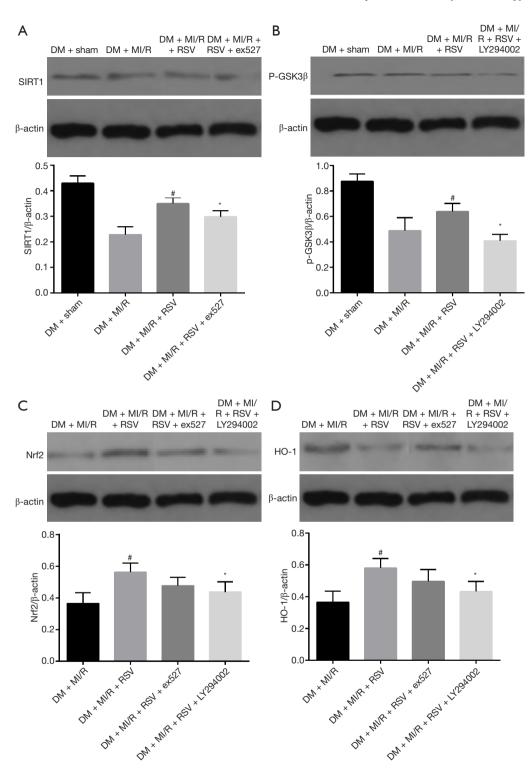


Figure 7 To evaluate the relationship between SIRT1 and GSK3 β in reversing MIRI and Nrf2 in rats with type 2 diabetes mellitus. (A) SIRT1; (B) p-GSK3 β ; (C) Nrf2; (D) HO-1. Compared with the DM + MI/R group, *P<0.05; compared with the DM + MI/R + RSV group, *P<0.05. SIRT1, silent information regulator 1; p-GSK3 β , glycogen synthase kinase-3 β ; Nrf2, NF-E2-related factor 2; HO-1, heme oxygenase-1.

levels to improve neurological function. Resveratrol also inhibits oxidative stress through the SIRT1/FOXO3a pathway to reduce tubular damage caused by hyperglycemia (28,29). Therefore, resveratrol is used in the treatment of diseases related to oxidative stress, such as ischemiareperfusion injury. It is also worth noting that resveratrol has a protective effect on MIRI by enhancing the expression of Nrf2 (30,31). Resveratrol has also been found to possess the effect of reducing insulin resistance and lowering plasma glucose level. Therefore, in recent years, resveratrol has also been studied for the treatment of diabetes and its related complications. Because type 2 diabetes often nullifies the effects of multiple protective factors on MIRI, it is still unclear whether resveratrol has protective effects on diabetic MIRI. Through a consideration of previous experimental data and the findings of the present study, we can conclude that resveratrol not only has protective effects on myocardial ischemia-reperfusion injury in normal rats, but also has a protective effect on myocardial ischemiareperfusion injury in type 2 diabetic rats, with its protective mechanism potentially being related to enhancing the expression of Nrf2 and further reducing the oxidative stress of the diabetic heart. Furthermore, our study found that the expression of Nrf2 in the diabetic heart was impaired, and that a resveratrol supplement restored Nrf2 expression and protected the diabetic heart.

A growing number of experimental studies have illustrated that Nrf2 can attenuate ischemia-reperfusion injury and effectuate cardioprotective effects. This endogenous protective effect ultimately inhibits the production of oxygenfree radicals and reduces oxidative stress by promoting the expression of antioxidant factors such as HO-1. The present experiment demonstrated that the expression of Nrf2 was reduced in the diabetic heart, which was consistent with the conclusion of Tan (17). This result suggests that impaired expression of Nrf2 induces oxidative stress in the hyperglycemic environment. Currently, it is believed that hyperglycemia caused by type 2 diabetes is mainly caused by insulin resistance. We thus inferred that the down-regulation of Nrf2 expression in the diabetic heart aggravates oxidative stress and insulin resistance, resulting in myocardial damage. However, Peak et al. (32) have the opposing view: they assert that the expression of Nrf2 in the diabetic heart is increased. We believe that this discrepancy of experimental results can be accounted for by the differences of the duration of diabetes status, animal species, and experimental protocols between the studies.

In this study, in order to confirm whether the recovery of

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expression of Nrf2 in a diabetic heart can alleviate MIRI in diabetic rats, we used resveratrol to restore the expression of Nrf2 in the diabetic heart, and explore whether improving the expression of Nrf2 in a diabetic heart could reduce the MIRI. We explored the effect of resveratrol on MIRI in diabetic heart in vivo experiments. By intraperitoneal injection of resveratrol, this study found that compared with the DM + MI/R group, the expression of Nrf2 in the DM + RSV + MI/R group increased, the myocardial infarction volume decreased, and the myocardial injury index decreased accordingly. This experiment also demonstrated that the application of resveratrol can enhance the expression of Nrf2 and reduce the oxidative stress of the diabetic heart. It is worth noting that resveratrol does not act as a direct agonist of Nrf2, and the fact that that resveratrol enhances Nrf2 expression in the diabetic heart may also suggest that it may be involved in the regulation of certain upstream factors.

SIRT1 not only participates in alleviating metabolic disorders and other related diseases, but also protects against oxidative stress in the cardiovascular system. Numerous studies have confirmed the protective effect of SIRT1 agonists on MI/R injury in diabetes (33,34). Resveratrol is often used as a direct agonist of SIRT1 to study the relevant protective mechanisms. In this experiment, we not only observed that SIRT1 signaling was impaired in the diabetic heart, but also found that reperfusion injury led to the further down-regulation of the expression of SIRT1. Resveratrol has been administered to increase the expression of SIRT1, and this change was consistent with the change of Nrf2 in the diabetic heart; further application of SIRT1 inhibitor ex527 revealed that SIRT1 and Nrf2 were decreased in the diabetic heart, thus confirming that SIRT1 may promote the expression of Nrf2 in the diabetic heart. Research has shown that SIRT1 regulates Nrf2 to then regulate transcriptional coding of antioxidant genes and thus affect cellular redox status (35); therefore, we can conclude that SIRT1 improves the expression of Nrf2 in the diabetic heart, and that resveratrol further stimulates SIRT1 to promote the expression of Nrf2 and reduce MI/R injury in diabetic rats.

Glycogen synthase kinase- 3β (GSK 3β) is a multifunctional serine/threonine kinase that regulates several important cellular signaling pathways including PI3K/Akt (36). When GSK 3β is rendered inactive, this inhibits the opening of mPTP and ultimately reduces the production of oxygenfree radicals (37). Indeed, studies have shown that inhibition of GSK 3β can reduce MI/R injury (38). GSK 3β is also involved in the regulation of insulin signaling, and inhibition of GSK 3β activity is considered to have potential antidiabetic effects. In a variety of rodent insulin-resistance models, GSK3 β in tissues were found to be highly active (39). Therefore, we aimed to determine whether plays a role in diabetic MI/R injury by changing its expression. In this experiment, Akt inhibitor was used to inhibit the expression of p-GSK3 β ; we found that the expression of Nrf2 was decreased, and the oxidative stress index was increased. However, the expression of p-GSK3 β was more increased after resveratrol administration, compared with the MI/ R group. Therefore, the expression of Nrf2 may also be affected by GSK3 β .

In conclusion, our experimental data demonstrates the protective effect of resveratrol on reperfusion injury in the diabetic ischemic heart. Resveratrol restores the expression of Nrf2 in the type 2 diabetic heart, which is related to a reduction in I/R injury. In addition, we also found that up-regulating SIRT1 and down-regulating GSK3 β in the diabetic heart ultimately activated Nrf2 signal pathway. Improving the expression of Nrf2 may be a viable strategy to reduce MIRI in diabetes. However, we mainly arrived at the above conclusions based on *in vivo* experiments. In order to further explore the specific molecular regulation mechanism, it is necessary to carry out further vitro experiments.

Acknowledgments

None.

Footnote

Conflicts of Interest: The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The experimental protocols were approved by the Experimental Animal Ethics Committee (IACUC20170420-02).

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