## **TREND Statement Checklist**

Paper	Item	Descriptor	Reported on Page	Reported on
Section/	No.		Number/Line	Section/Paragraph
Topic			Number	
Title and Abst	ract			
Title and	1	Information on how unit were allocated to interventions	Page 3/Line 36-45	Abstract/Paragraph 2
Abstract		Structured abstract recommended	Page 3-4/Line 30-57	Abstract/Paragraph 1-4
risseraee		Information on target population or study sample	Page 3/Line 36	Abstract/Paragraph 2
Introduction				
Background	2	Scientific background and explanation of rationale	Page 5-6/Line 62-92	Introduction/Paragraph 1-3
		Theories used in designing behavioral interventions	Page 5-6/Line 79-92	Introduction/Paragraph3
Methods				
Participants	3	Eligibility criteria for participants, including criteria at different	Page 7/Line 119-124	Methods/Paragraph 2
		levels in recruitment/sampling plan (e.g., cities, clinics, subjects)		
		Method of recruitment (e.g., referral, self-selection), including	Page 6-7/Line 102-103	Methods/Paragraph 1
		the sampling method if a systematic sampling plan was		
		implemented		
		Recruitment setting	Page 6-7/Line 102-103	Methods/Paragraph 1
		Settings and locations where the data were collected	Page 6-7/Line 102-103	Methods/Paragraph 1
Interventions	4	Details of the interventions intended for each study condition	Page 9-10/Line 150-170	Methods/Paragraph 6
		and how and when they were actually administered, specifically		
		including:		
		o Content: what was given?	Page 9-10/Line 155-166	Methods/Paragraph 6
		<ul> <li>Delivery method: how was the content given?</li> </ul>	Page 10/Line 166-169	Methods/Paragraph 6

		<ul> <li>Unit of delivery: how were the subjects grouped during delivery?</li> </ul>	Page 9/Line 151-154	Methods/Paragraph 6
		Deliverer: who delivered the intervention?	Page 10/Line 166-169	Methods/Paragraph 6
		Setting: where was the intervention delivered?	Page 10/Line 166-168	Methods/Paragraph 6
		<ul> <li>Exposure quantity and duration: how many sessions or</li> </ul>	Page 9/Line 151-154	Methods/Paragraph 6
		episodes or events were intended to be delivered? How long were		
		they intended to last?		
		<ul> <li>Time span: how long was it intended to take to deliver the</li> </ul>	Page 9/Line 151-154	Methods/Paragraph 6
		intervention to each unit?		
		<ul> <li>Activities to increase compliance or adherence (e.g.,</li> </ul>	Page 10/Line 166-169	Methods/Paragraph 6
		incentives)		
Objectives	5	Specific objectives and hypotheses	Page 6/Line 93-97	Introduction/Paragraph4
Outcomes	6	Clearly defined primary and secondary outcome measures	Page 10/Line 184-185	Methods/Paragraph 9
		Methods used to collect data and any methods used to	Page 8-9/Line 133-148	Methods/Paragraph 4-5
		enhance the quality of measurements		
		Information on validated instruments such as psychometric and	Page 8-9/Line 133-148	Methods/Paragraph 4-5
		biometric properties		
Sample Size	7	How sample size was determined and, when applicable,	Page 10/Line 183-185	Methods/Paragraph 9
		explanation of any interim analyses and stopping rules		
Assignment	8	Unit of assignment (the unit being assigned to study condition,	Page 7/Line 104-105	Methods/Paragraph 1
Method		e.g., individual, group, community)		
		Method used to assign units to study conditions, including	Page 7/Line 104-105	Methods/Paragraph 1
		details of any restriction (e.g., blocking, stratification, minimization)		

		Inclusion of aspects employed to help minimize potential bias	Page 7, 8, 10/Line 105-	Methods/Paragraph 1, 4, 8
		induced due to non-randomization (e.g., matching)	108, 139-140, 178-179	
Blinding (masking)	9	• Whether or not participants, those administering the interventions, and those assessing the outcomes were blinded to study condition assignment; If so, statement regarding how the blinding was accomplished and how it was assessed.	Page 8, 10/Line 139- 140, 178-179	Methods/Paragraph 4, 8
Unit of Analysis	10	• Description of the smallest unit that is being analyzed to assess intervention effects (e.g., individual, group, or community)	Page 10-11/Line 183- 195	Methods/Paragraph 9-10
		• If the unit of analysis differs from the unit of assignment, the analytical method used to account for this (e.g., adjusting the standard error estimates by the design effect or using multilevel analysis)	Page 10-11/Line 186- 195	Methods/Paragraph 10
Statistical Methods	11	Statistical methods used to compare study groups for primary methods outcome(s), including complex methods of correlated data	Page 10-11/Line 186- 195	Methods/Paragraph 10
		Statistical methods used for additional analyses, such as a subgroup analyses and adjusted analysis	Page 11/Line 191-195	Methods/Paragraph 10
		Methods for imputing missing data, if used	N/A (no missing data)	N/A (no missing data)
		Statistical software or programs used	Page 10/Line 186	Methods/Paragraph 10
Results				
Participant flow	12	Flow of participants through each stage of the study:     enrollment, assignment, allocation, and intervention exposure,     follow-up, analysis (a diagram is strongly recommended)	Page 6-10/Line 102-181	Methods/Paragraph 1-8

		<ul> <li>Enrollment: the numbers of participants screened for eligibility, found to be eligible or not eligible, declined to be enrolled, and enrolled in the study</li> </ul>	Page 6-7/Line 102-103	Methods/Paragraph 1
		Assignment: the numbers of participants assigned to a study condition	Page 6-7/Line 102-103	Methods/Paragraph 1
		<ul> <li>Allocation and intervention exposure: the number of participants assigned to each study condition and the number of participants who received each intervention</li> </ul>	Page 7/Line 104-105	Methods/Paragraph 1
		<ul> <li>Follow-up: the number of participants who completed the follow-up or did not complete the follow-up (i.e., lost to follow-up), by study condition</li> </ul>	Page 10/Line 177-178	Methods/Paragraph 8
		Analysis: the number of participants included in or excluded from the main analysis, by study condition	Page 11/Line 188-191	Methods/Paragraph 10
		Description of protocol deviations from study as planned, along with reasons	Page 14/Line 259-264	Discussion/Paragraph 4
Recruitment	13	Dates defining the periods of recruitment and follow-up	Page 6-7/Line 102-103	Methods/Paragraph 1
Baseline Data	14	Baseline demographic and clinical characteristics of participants in each study condition	Page 8/Line 133-140	Methods/Paragraph 4
		Baseline characteristics for each study condition relevant to specific disease prevention research	Page 8/Line 133-140	Methods/Paragraph 4
		Baseline comparisons of those lost to follow-up and those retained, overall and by study condition	Page 7/Line 105-108	Methods/Paragraph 1
		Comparison between study population at baseline and target population of interest	Page 10/Line 177-181	Methods/Paragraph 8

Baseline equivalence	15	Data on study group equivalence at baseline and statistical methods used to control for baseline differences	Page 7/Line 105-108	Methods/Paragraph 1
Numbers analyzed	16	Number of participants (denominator) included in each analysis for each study condition, particularly when the denominators change for different outcomes; statement of the results in absolute numbers when feasible	Page 11/Line 188-195	Methods/Paragraph 10
		<ul> <li>Indication of whether the analysis strategy was "intention to treat" or, if not, description of how non-compliers were treated in the analyses</li> </ul>	Page 6-7, 11/Line 102- 103, 188-195	Methods/Paragraph 1, 10
Outcomes and estimation	17	For each primary and secondary outcome, a summary of results for each estimation study condition, and the estimated effect size and a confidence interval to indicate the precision	Page 11/Line 199-204	Results/Paragraph 1
		Inclusion of null and negative findings	Page 11/Line 204	Results/Paragraph 1
		<ul> <li>Inclusion of results from testing pre-specified causal pathways through which the intervention was intended to operate, if any</li> </ul>	Page 11/Line 199-203	Results/Paragraph 1
Ancillary analyses	18	Summary of other analyses performed, including subgroup or restricted analyses, indicating which are pre-specified or exploratory	Page 11-12/Line 206- 227	Results/Paragraph 2
Adverse events	19	Summary of all important adverse events or unintended effects in each study condition (including summary measures, effect size estimates, and confidence intervals)	Page 14/Line 259-264	Discussion/Paragraph 4
DISCUSSION				
Interpretation	20	Interpretation of the results, taking into account study hypotheses, sources of potential bias, imprecision of measures,	Page 13-14/Line 234- 258	Discussion/Paragraph 2-3

		multiplicative analyses, and other limitations or weaknesses of the study		
		Discussion of results taking into account the mechanism by	Page 13-14/Line 234-	Discussion/Paragraph 2-3
		which theintervention was intended to work (causal pathways) or	258	
		alternative mechanisms or explanations		
		Discussion of the success of and barriers to implementing the	Page 13-14/Line 234-	Discussion/Paragraph 2-3
		intervention, fidelity of implementation	258	
		Discussion of research, programmatic, or policy implications	Page 13-14/Line 234-	Discussion/Paragraph 2-3
			258	
Generalizability	21	Generalizability (external validity) of the trial findings, taking	Page 13/Line 230-233	Discussion/Paragraph 1
		into account the study population, the characteristics of the		
		intervention, length of follow-up, incentives, compliance rates,		
		specific sites/settings involved in the study, and other contextual		
		issues		
Overall	22	General interpretation of the results in the context of current	Page 13-14/Line 234-	Discussion/Paragraph 2-3
Evidence		evidence and current theory	258	

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\*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.