

CARE Checklist of information to include when writing a case report



| Торіс                       | ltem<br>No | Checklist item description   | Reported on Page<br>Number/Line<br>Number | Reported on<br>Section/Paragraph |
|-----------------------------|------------|--|---|----------------------------------|
| Title                       | 1          | The diagnosis or intervention of primary focus followed by the words "case report"                     |   |                                  |
| Key Words                   | 2          | 2 to 5 key words that identify diagnoses or interventions in this case report, including "case report" |   |                                  |
| Abstract<br>(no references) | 3a         | Introduction: What is unique about this case and what does it add to the scientific literature?        |   |                                  |
|                             | 3b         | Main symptoms and/or important clinical findings   |   |                                  |
|                             | Зс         | The main diagnoses, therapeutic interventions, and outcomes  |   |                                  |
|                             | 3d         | Conclusion—What is the main "take-away" lesson(s) from this case?                                      |   |                                  |
| Introduction                | 4          | One or two paragraphs summarizing why this case is unique (may include references)                     |   |                                  |
| Patient Information         | 5a         | De-identified patient specific information   |   |                                  |
|                             | 5b         | Primary concerns and symptoms of the patient   |   |                                  |
|                             | 5c         | Medical, family, and psycho-social history including relevant genetic information                      |   |                                  |
|                             | 5d         | Relevant past interventions with outcomes  |   |                                  |
| Clinical Findings           | 6          | Describe significant physical examination (PE) and important clinical findings                         |   |                                  |
| Timeline                    | 7          | Historical and current information from this episode of care organized as a timeline                   |   |                                  |
| Diagnostic<br>Assessment    | 8a         | Diagnostic testing (such as PE, laboratory testing, imaging, surveys).                                 |   |                                  |
|                             | 8b         | Diagnostic challenges (such as access to testing, financial, or cultural)                              |   |                                  |
|                             | 8c         | Diagnosis (including other diagnoses considered)   |   |                                  |
|                             | 8d         | Prognosis (such as staging in oncology) where applicable   |   |                                  |
| Therapeutic<br>Intervention | 9a         | Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)             |   |                                  |
|                             | 9b         | Administration of therapeutic intervention (such as dosage, strength, duration)                        |   |                                  |
|                             | 9c         | Changes in therapeutic intervention (with rationale)   |   |                                  |

| Follow-up and<br>Outcomes | 10a | Clinician and patient-assessed outcomes (if available)   |     |    |
|---------------------------|-----|--|-----|----|
|                           | 10b | Important follow-up diagnostic and other test results  |     |    |
|                           | 10c | Intervention adherence and tolerability (How was this assessed?)                                       |     |    |
|                           | 10d | Adverse and unanticipated events   |     |    |
| Discussion                | 11a | A scientific discussion of the strengths AND limitations associated with this case report              |     |    |
|                           | 11b | Discussion of the relevant medical literature with references  |     |    |
|                           | 11c | The scientific rationale for any conclusions (including assessment of possible causes)                 |     |    |
|                           | 11d | The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion |     |    |
| Patient Perspective       | 12  | The patient should share their perspective in one to two paragraphs on the treatment(s) they received  |     |    |
| Informed Consent          | 13  | Did the patient give informed consent? Please provide if requested                                     | Yes | No |