

# Ocular parasitosis in the emergency room

## Eglantina Bulica<sup>1</sup>, Admir Sinamati<sup>2</sup>, Gentian Vyshka<sup>3</sup>

<sup>1</sup>Polyclinics of Medical Specialties, Tirana, Albania; <sup>2</sup>Institute of Legal Medicine, Tirana, Albania; <sup>3</sup>Faculty of Medicine, University of Medicine in Tirana, Albania

Correspondence to: Gentian Vyshka. Faculty of Medicine, University of Medicine in Tirana, Tirana, Albania. Email: gvyshka@gmail.com.

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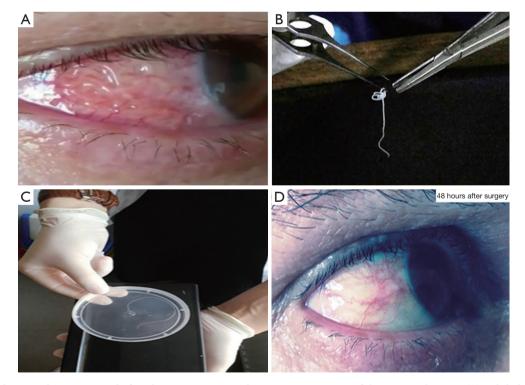
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A 47-year-old Caucasian male came up in the emergency room with severe itch, burning sensation, redness and irritation of the right eye (*Figure 1A*). Three weeks before he had a swelling in the sub-mandibular region, some five days later the swelling migrated toward the right zygomatic area and thereafter in the right eyebrow. The ophthalmic examination was performed under topical anesthesia and a moving nematode was extracted following a small incision

of the perilimbal bulbar conjunctiva. The worm was sent for further microbiological examination and microscopy, and was found to pertain to the genus of *Dirofilaria* (*Figure 1B*).

Albania and the Mediterranean area are considered as endemic for the *Dirofilaria*, with canines and other domestic pets being more frequently infested as previously thought (*Figure 1C*). In our experience, these are more common in patients living in rural areas, where the sanitary conditions



**Figure 1** Eye photographs prior to and after the intervention; and macroscopic images of the extracted worm. (A) ophthalmic examination showing a moving nematode laterally under the bulbar conjunctiva; (B) a worm approximating 10 centimetres in length was extracted; (C) further microbiological examination was performed; (D) two days after surgery the clinical image was completely normalized.

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are generally unsatisfactory. For a clinician, it is important to consider the probability of nematodes infesting the ocular structures when foreign bodies are expected and a differential diagnosis is needed, although the course is generally a benign one with complete healing (*Figure 1D*). The infectious disorders specialist will decide if further antiparasitic drug therapy is needed.

Parasites can attack the anterior ocular chamber and need urgent intervention, since severe itch and irritation will provoke further injuries to the ocular structures. Helminths (round worms or nematodes, such as in our case with *Dirofilaria*, but with *Onchocerca* and *Toxocara canis* being probable as well) are not the only parasites that might affect the ocular structures. Protozoas (mainly *amoebas*, *Giardia*, *plasmodia*, *Leishmania*); flat worms (*Cysticercus*, *Echinococcus*) as well as ectoparasites (*ticks*) can be present and induce

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serious challenges to the treating clinician: hence the great importance of a prompt and reliable microbiological identification.

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#### **Footnote**

Conflicts of Interest: The authors have no conflicts of interest to declare.

*Informed Consent:* Consent was obtained for the use of information and images. The patient's identity has been kept confidential.