

## Full-length article

**Sulfasalazine prevents apoptosis in spermatogenic cells after experimental testicular torsion/detorsion**Yu-gang ZHAO<sup>1,3</sup>, Xin-min ZHENG<sup>2</sup>, Ji ZHOU<sup>1</sup>, Xiao-li LIU<sup>1</sup>, Xue-min HU<sup>1</sup>, De-hong CHEN<sup>1</sup>, Xue-jun ZHANG<sup>1</sup>, Xiao-wei MEN<sup>1</sup>, Hong-bo SHI<sup>1</sup>, Zhi-yun YU<sup>1</sup><sup>1</sup>Department of Urology, Xiangfan Central Hospital Affiliated to Tongji Medical College, Huazhong University of Science and Technology, Xiangfan 441021, China; <sup>2</sup>Urology and Andrology Research Center, Zhongnan Hospital Affiliated to Wuhan University, Wuhan, 430072 China**Key words**

NF-kappa B; spermatic cord torsion; sulfasalazine; apoptosis; spermatogenesis

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**Abstract**

**Aim:** To determine whether sulfasalazine can prevent apoptosis in spermatogenic cells by preventing the activation of NF- $\kappa$ B in spermatogenic epithelium in experimental testicular torsion. **Methods:** Thirty-two adult male Sprague-Dawley rats were subjected to unilateral 720° testicular torsion for durations of 0 h and 2 h, then the torsion was relieved. The ischemic/reperfused testes were collected for the detection of NF- $\kappa$ B expression with Western blotting and immunohistochemistry techniques, and detection of apoptosis with TUNEL techniques. **Results:** The NF- $\kappa$ B coefficient of spermatogenic epithelium and the apoptosis index of spermatogenic cells were significantly different in the operation and the sham-operation groups after experimental testicular torsion ( $P < 0.01$ ). **Conclusion:** NF- $\kappa$ B activation of spermatogenic epithelium is related to apoptosis of spermatogenic cells. Sulfasalazine can prevent apoptosis in spermatogenic cells after the experimental testicular torsion through prevention of NF- $\kappa$ B activation.

**Introduction**

Testicular torsion, which is called spermatic cord torsion, is a serious medical condition that occurs in 1 in 4000 men younger than 25 years of age<sup>[1]</sup>. If testicular torsion is not treated within 4 to 6 h, spermatogenic cell loss will occur<sup>[2,3]</sup>. However, even in men who have undergone surgical detorsion within this time period, the ipsilateral testis often becomes permanently dysfunctional<sup>[3–5]</sup>. Ischemia/reperfusion injury following torsion/detorsion of the testes results in the development of significant pathology<sup>[2–4]</sup>. Sulfasalazine was first synthesized in 1942 by combining an antibiotic, sulfapyridine, with an anti-inflammatory agent, 5-aminosalicylic acid (5-ASA). Sulfasalazine acts as a potent inhibitor of nuclear factor-kappa B (NF- $\kappa$ B) by inhibiting I kappa B (I $\kappa$ B) phosphorylation, thereby preventing its translocation into the nucleus and decreasing adhesion molecule expression<sup>[6–8]</sup>. The aim of the present study was to determine if sulfasalazine can prevent the activation of NF- $\kappa$ B in spermatogenic epithelium and prevent the apoptosis of spermatogenic cells after experimental testicular torsion.

**Materials and methods**

**Animals** Thirty-two young adult male Sprague-Dawley rats (bodyweight 240–280g) were purchased from the Experimental Animal Center of the Medical Department of Wuhan University. The animals were housed in hanging wire mesh cages, 5 or 6 per cage, under controlled lighting conditions (14-h of light beginning at 6:00 AM, followed by 10-h of darkness) at a temperature of 20–24 °C. They were handled daily for 1 week before the experiment. Rats were divided into 4 groups (A–D), with 8 rats in each group. All drugs and reagents were purchased from Sigma (St Louis, MO, USA). Sulfasalazine, administered at a dosage of 350 mg/kg per d, was dissolved in 15 mL 0.9% sodium chloride solution (SASP solution) for intraperitoneal injection.

**Experimental testicular torsion** Animals were anesthetized with intraperitoneal injections of sodium pentobarbital (50 mg/kg of bodyweight) for surgery and the duration of ischemia. Testicular torsion was induced as described elsewhere<sup>[9]</sup>. The testes were retracted through a low midline laparotomy. The left testis of rats in groups A and B were

rotated 720° along the longitudinal axis for 2 h. After the torsion was relieved by counter-rotation, the testis was replaced into the scrotum, and blood flow return was observed. The rats of group A(T+SASP) were given intraperitoneal injections of SASP solution just before the incision was closed. After 5 h, when the rats were able to eat food, rats were intraperitoneally injected with the SASP solution every 24 h. The rats of group B(T+SC) were treated as for group A, except that 15 mL 0.9% sodium chloride solution was used instead of SASP. The left testis of rats in groups C and D underwent the same operation as rats in the other two groups, except that testicular torsion was relieved immediately. The rats of group C (SC) received 15 mL 0.9% sodium chloride solution via intraperitoneal injection just before closing cut. After 5 h, when the rats could eat food, we began to intraperitoneally inject the rats with 15 mL 0.9% sodium chloride solution every 24 h. The rats of group D(SASP) were given the SASP solution via intraperitoneal injection just before closing cut. After 5 h, when they all can eat food, we began to intraperitoneally inject the rats with SASP solution every 24 h. At 72 h after repair of torsion, all animals were killed.

**Western blotting** The torsed/detorsed testes were dissected out and cleaned of adhering fatty and connective tissues, washed with cold 0.9% sodium chloride solution, then cleaned with filter paper. We took out a 3 cm-long piece of seminiferous tubule from the affected testis in order to analyze the change in NF- $\kappa$ B with Western blotting. The rest of each testis was used to measure the apoptosis of spermatogenic cells.

Nuclear proteins were prepared according to a procedure described elsewhere<sup>[10]</sup>. Seminiferous tubules were treated with ice-cold phosphate-buffered saline (PBS) and scraped. The cell suspension was centrifuged at 1200×g at 4 °C for 8 min. The cell pellets were combined and lysed by resuspension in 100  $\mu$ L of lysis buffer [10 mmol/L 4-(2-hydroxyethyl)-1-piperazine ethanesulfonic acid (HEPES), pH 7.9, 60 mmol/L KCl, 1 mmol/L ethylenediaminetetraacetic acid (EDTA), 1 mmol/L dithiothreitol (DTT), 1 mmol/L phenylmethylsulfonylfluoride (PMSF), and 0.5% Nonidet P-40]. A 10  $\mu$ L aliquot was removed and mixed with an equal volume of trypan blue and examined under a light microscope (×40) to confirm the presence of round, intact nuclei. The remainder of the suspension was centrifuged again. The nuclear pellet was washed with lysis buffer without Nonidet P-40 and centrifuged at 1200×g at 4 °C for 5 min. The pellet was resuspended in 100  $\mu$ L of nuclear resuspension buffer (25 mmol/L Tris-HCl, pH 8.0, 400 mmol/L KCl, 1 mmol/L DTT, 1 mmol/L PMSF, and 20% w/v glycerol), rapidly frozen and

thawed 3 times, and centrifuged at 4000×g at 4 °C for 12 min. The supernatant containing the nuclear proteins was removed, and an aliquot was used for protein determination adapted for microtiter plates.

Ten micrograms of cytoplasmic protein extracts were dissolved in sodium dodecyl sulfate (SDS) buffer, boiled for 5 min, and then subjected to polyacrylamide gel electrophoresis (PAGE) on 10% acrylamide gels. After SDS-PAGE, the gels were transferred to nitrocellulose membranes for 1 h at 4 °C. The blots were blocked with 5% nonfat dry milk in PBS-0.1% Tween 20 (PBS-T) overnight at 4 °C. Immunological evaluations were then performed for 1 h in PBS-T containing 0.2  $\mu$ g/mL affinity-purified polyclonal antibodies against the p65 subunits of NF- $\kappa$ B. The blots were subsequently washed with PBS-T and incubated for 1 h with goat anti-rabbit IgG antibody conjugated to horseradish peroxidase (HRP) at a dilution of 1:1000 in PBS-T. After extensive washing with PBS-T, HRP activity was visualized by applying a chemiluminescent substrate then exposing the membrane to an automatic image analysis system. The relative amount (RA) of expression was taken as being proportional to the density of the relevant band on the blot.

**Immunohistochemical staining for NF- $\kappa$ B protein** Immunohistochemical staining for the NF- $\kappa$ B protein was performed in cells of the seminiferous tubules by using the indirect immunoperoxidase method. The cells were incubated with rabbit polyclonal antibody against the p65 subunit of NF- $\kappa$ B at a dilution of 1:200 in PBS for 1 h at room temperature and then incubated for 1 h with biotinylated goat anti-rabbit IgG at a dilution of 1:500. The bound antibody was visualized with avidin-biotin complexes. The slides were counterstained with hematoxylin. After being mounted, every slide was viewed with an Olympus microscope. For evaluation of NF- $\kappa$ B activation, microscopic fields (×200) were selected at random. The cells that were activated were stained yellow. The percentage of NF- $\kappa$ B-positive nuclei was determined by counting 100 cells from the spermatogenic epithelium.

**Analysis of apoptosis of spermatogenic cells** The torsed testes were washed in cold 0.9% sodium chloride solution, and then cleaned with filter paper. Tissue sections were stored in formaldehyde solution for 1 d, then embedded in paraffin. Five-micrometer-thick sections were mounted on silan-coated glass slides and fixed for one day at 65 °C.

Endogenous peroxidase was inactivated by 0.3% H<sub>2</sub>O<sub>2</sub> for 30 min at room temperature. To make the sections permeable, they were incubated with a permeabilization buffer for 5 min at 4 °C. *In situ* end-labeling was performed by using an *In Situ* Apoptosis Detection Kit (Boehringer Mannheim Corp, Mannheim, Germany) composed of nonra-

dioactive fluorescein-dideoxyuridine triphosphate. The sections were incubated with terminal deoxynucleotidyl transferase and fluorescein-dideoxyuridine triphosphate at 37 °C for 90 min in a humidified chamber, and the 3'-OH ends of the DNA fragments were tailed with fluorescein. The sections were then washed 3 times in PBS. After being incubated with anti-fluorescein isothiocyanate horseradish peroxidase conjugate for 30 min at 37 °C, the slides were washed 3 times in PBS, developed with 0.05% diaminobenzidine, and stained for 15 min at room temperature. The specimens were then washed 3 times in distilled water, counterstained with Mayer hematoxylin solution for 10 min, dehydrated, mounted, and viewed with an Olympus microscope.

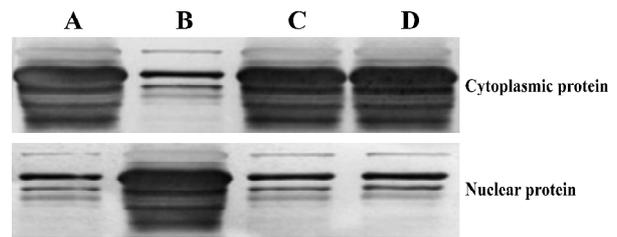
For evaluation of apoptosis, microscopic fields (×200) were selected at random. Apoptotic spermatogenic cells were stained yellow. The percentage of apoptotic spermatogenic cells, the apoptosis index (AI), was determined by counting 100 cells from the spermatogenic epithelium.

**Statistical analysis** Data are presented as mean±SD. Autoradiographic analyses were repeated 3 times. The significance of the differences between means was determined by using Student's *t*-test, ANOVA and the Dunnett *t*-test. Statistical significance was set at *P*<0.05, and the marked statistical significance was set at *P*<0.01.

## Results

**Investigation of NF-κB protein levels** To elucidate the mechanisms responsible for altered susceptibility of spermatogenic cells to apoptosis, we investigated the NF-κB protein levels in nuclear protein and cytoplasmic protein. There was no significant difference (*P*>0.05) in NF-κB protein levels not only in nuclear protein (*t*=1.405), but also in cytoplasmic protein (*t*=1.294) between the spermatogenic epithelium of groups C and D; and likewise, there was no significant difference (*P*>0.05) in NF-κB protein levels not only in nuclear protein (*t*=1.615) but also in cytoplasmic protein (*t*=1.144) between the spermatogenic epithelium of groups A and C. However, a markedly significant increase (*F*=9.56, *P*<0.01) in NF-κB protein levels was noted in nuclear protein in the spermatogenic epithelium of group B compared with groups A and C, but no significant difference (*F*=1.92, *P*>0.05) in NF-κB protein levels was noted in cytoplasmic protein in the spermatogenic epithelium of group C compared with group D (Figure 1, Table 1).

We obtained NF-κB coefficients (C) according to the method previously described by Thiele *et al*<sup>[11]</sup>, using the equation  $C=NU/CY$ , where NU is the NF-κB protein level in nuclear protein and CY is the NF-κB protein level in cyto-



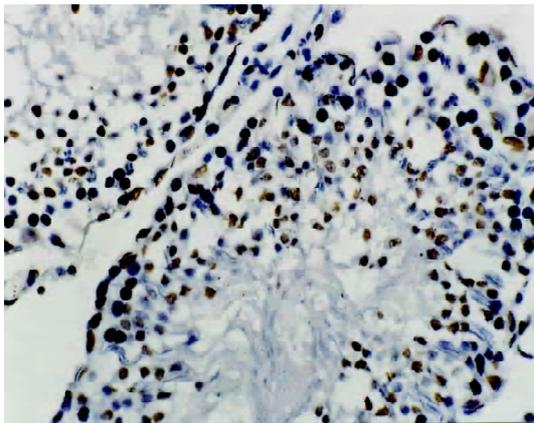
**Figure 1.** NF-κB levels in cytoplasmic protein were much greater than those in nuclear protein in the spermatogenic epithelium of rats in groups A, C and D. NF-κB levels in nuclear protein were much greater than those in cytoplasmic protein in the spermatogenic epithelium of rats in group B.

**Table 1.** NF-κB levels in nuclear protein and cytoplasmic protein. *n*=8. Mean±SD. <sup>a</sup>*P*>0.05, <sup>c</sup>*P*<0.01 vs group C; <sup>f</sup>*P*<0.01 vs group A; <sup>e</sup>*P*>0.05 vs group D.

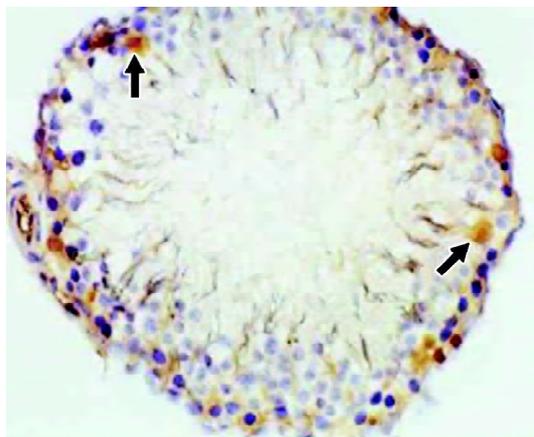
Group	Cytoplasmic protein	Nuclear protein	Coefficient
A (T+SASP)	12.34±2.22 <sup>a</sup>	8.42±3.14 <sup>a</sup>	0.68±0.33 <sup>a</sup>
B (T+SC)	9.47±2.76 <sup>c,f</sup>	21.16±3.62 <sup>c,f</sup>	2.32±0.42 <sup>c,f</sup>
C (SC)	11.18±3.22 <sup>e</sup>	6.05±2.31 <sup>e</sup>	0.52±0.18 <sup>e</sup>
D (SASP)	10.55±2.59	7.13±2.85	0.58±0.21

plasmic protein. There was no significant difference (*t*=0.995, *P*>0.05) in the NF-κB coefficient for the spermatogenic epithelium of groups C and D, and no significant difference (*t*=1.182, *P*>0.05) in the NF-κB coefficient for spermatogenic epithelium of groups A and C. There was, however, a markedly significant increase (*F*=10.27, *P*<0.01) in the NF-κB coefficient for nuclear protein in the spermatogenic epithelium of group B compared with groups A and C (Table 1).

**Immunohistochemical staining for NF-κB protein** To elucidate the role of NF-κB protein in the apoptotic process, we investigated its level of expression and cellular distribution. We found that almost all NF-κB protein was in the cytoplasm in groups A, C and D. The NF-κB protein levels in the nuclear protein were much greater than those in the cytoplasmic protein in group B (Figures 2 and 3). There was no significant difference (*t*=0.834, *P*>0.05) in the proportion of cells with NF-κB-positive nuclei in the spermatogenic epithelium of groups C and D, and there was no significant difference (*t*=1.711, *P*>0.05) in the proportion of cells with NF-κB-positive nuclei in the spermatogenic epithelium of groups A and C. There was, however, a markedly significant increase (*F*=7.19, *P*<0.01) in the proportion of cells with NF-κB-positive nuclei in the spermatogenic epithelium of group B compared with groups A and C (Table 2). We found that



**Figure 2.** Much more cells with NF-κB-positive nuclei than NF-κB-negative nuclei were found in group B (T+SC). The cells with NF-κB-positive nuclei were always spermatogonia or spermatocytes. ×200.



**Figure 3.** NF-κB protein levels of group A(T+SASP) were not increased, so only a small amount of NF-κB protein could be found with immunohistochemical staining. There were much more cells with NF-κB-positive cytoplasm than NF-κB-negative cytoplasm. Two cells with NF-κB-positive cytoplasm are shown by the arrows. ×200

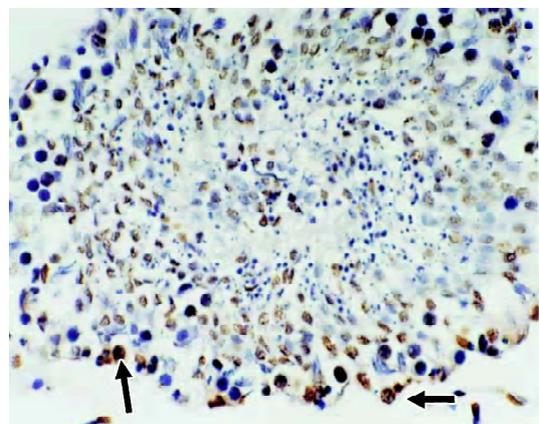
**Table 2.** Percentage of NF-κB-positive nuclei and apoptotic spermatogenic cells. *n*=8. Data are mean±SD. <sup>a</sup>*P*>0.05, <sup>c</sup>*P*<0.01 vs group C. <sup>f</sup>*P*<0.01 vs group A. <sup>g</sup>*P*>0.05 vs group D.

Group	NF-κB-positive nuclei/%	AI/%
A (T+SASP)	15.63±2.64 <sup>a</sup>	7.73±2.02 <sup>a</sup>
B (T+SC)	66.18±3.75 <sup>c,f</sup>	37.28±3.27 <sup>c,f</sup>
C (SC)	10.82±2.67 <sup>g</sup>	5.91±1.66 <sup>g</sup>
D (SASP)	13.59±3.13	7.44±2.59

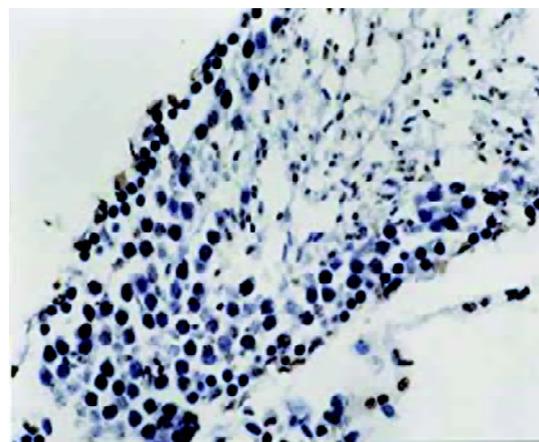
cells with NF-κB-positive nuclei were always spermatogonia or spermatocytes, and few Sertoli cells, Leydig cells, or

endothelial cells changed.

**Apoptosis of spermatogenic cells** In order to evaluate the apoptosis of spermatogenic cells in the spermatogenic epithelium, we analyzed the AI of spermatogenic cells by using the TUNEL technique. There was no significant difference (*t*=0.962, *P*>0.05) in AI in the spermatogenic cells of groups C and D, and there was no significant difference (*t*=1.699, *P*>0.05) in AI in the spermatogenic cells of groups A and C. There was a markedly significant increase (*F*=8.41, *P*<0.01) in AI in the spermatogenic cells of group B compared with group A and C (Figures 4 and 5, Table 2). Apoptotic spermatogenic cells were always spermatogonia or spermatocytes, and not Sertoli cells, Leydig cells or endothelial cells.



**Figure 4.** There were many apoptotic spermatogenic cells in the spermatogenic epithelium of group B. The apoptotic spermatogenic cells were always spermatogonia or spermatocytes. Two apoptotic spermatogenic cells are shown by the arrows. ×200



**Figure 5.** There were few apoptotic spermatogenic cells in the spermatogenic epithelium of groups A (T+SASP). ×200

## Discussion

Testicular torsion results from an inadequate fixation of the testicular mesorchium, leading to hypermobility of the testis<sup>[1,3,4,12]</sup>. The degree of tissue injury is directly proportional to the degree of testicular ischemia<sup>[3,4,13]</sup>. Experimental testicular torsion induces testicular ischemia during torsion. Relief of torsion allows reperfusion of the tissue. Testicular torsion causes ischemia and reperfusion injury that results in spermatogenic cell loss. Loss of spermatogenic cells after reperfusion is caused by spermatogenic-cell-specific apoptosis. The spermatogenic-cell-specific apoptosis ultimately results in male infertility<sup>[3,14-16]</sup>.

According to Weins and Lucchesi<sup>[17]</sup>, reperfusion injury is induced by ROS, which arise either from activation of the xanthine oxidase system in parenchymal cells or from leukocytes that first adhere to the reperfusing venule wall before undergoing diapedesis into the tissue itself. Torsed testes undergo ischemia and reperfusion injury that results in increased adhesion molecule expression, leukocyte migration, and damage to the spermatogenic epithelium<sup>[14-16]</sup>. Following reperfusion, ROS are released from ischemic tissues and produce local damage, resulting in an upregulation of endothelial cell surface proteins. The increase in endothelial proteins and local vasodilation promotes the binding of neutrophils and infiltration of the damaged tissue<sup>[16,17]</sup>. The neutrophils promote necrosis and additional injury with the release of more ROS, thereby propagating an ongoing cycle of reperfusion injury<sup>[2,4,14,17]</sup>.

Previous studies have demonstrated that NF- $\kappa$ B played a vital role in ischemia-reperfusion injury events<sup>[18-21]</sup>. NF- $\kappa$ B is a transcription factor associated with immunomodulation of the immune response. In its quiescent state, NF- $\kappa$ B is a heterodimer consisting of the p50 and p65 (Rel A) subunits that remain in the cytoplasm bound to a family of inhibitory proteins that are collectively termed I $\kappa$ B. NF- $\kappa$ B is activated through phosphorylation and subsequent degradation of I $\kappa$ B. Many agents, including ROS, interleukin-1 (IL-1), and tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) are sufficient to cause I $\kappa$ B phosphorylation<sup>[22-25]</sup>. Once activated, the nuclear localization signal of NF- $\kappa$ B is exposed and NF- $\kappa$ B is translocated into the nucleus. NF- $\kappa$ B transcriptionally activates many genes involved in the inflammatory process, including intercellular adhesion molecule 1 (ICAM-1), vascular cellular adhesion molecule 1 (VCAM-1), and E-selectin (ELAM-1), which are important mediators of the inflammatory process in reperfusion injury<sup>[25-29]</sup>. Apoptosis always occurs in the ischemic-reperfused tissue, and the functions of the tissue never remain unchanged<sup>[14-16]</sup>. Our study was designed to

investigate the importance of NF- $\kappa$ B in testis ischemia-reperfusion injury. We hypothesized that the increase in free radical production (in particular ROS) during testicular torsion activated NF- $\kappa$ B as well as increased the host response, leading to increase in the apoptosis of spermatogenic cells.

Our data suggest the importance of NF- $\kappa$ B in testis ischemia-reperfusion injury, and further suggest the novel use of sulfasalazine as an inhibitor of NF- $\kappa$ B following testes torsion. Sulfasalazine is currently used to treat inflammatory bowel disease and rheumatoid arthritis<sup>[6,7]</sup>. However, despite being in common use for the past 50 years, its mechanism of action remains undefined. Recently, sulfasalazine has been found to have numerous biological effects, including immunosuppressive and modulatory actions on lymphocytes and leukocyte function. Sulfasalazine inhibits IL-2 synthesis and IL-1 production in lymphocytes<sup>[6,8,29]</sup>. Other studies have demonstrated that salicylates inhibited I $\kappa$ B phosphorylation to block inflammatory effects<sup>[6,8]</sup>. Wahl *et al*<sup>[6]</sup> found that sulfasalazine acted as a potent inhibitor of NF- $\kappa$ B by inhibiting I $\kappa$ B phosphorylation, thereby preventing its translocation into the nucleus and decreasing adhesion molecule expression. In addition, sulfasalazine has been shown to act as a free radical scavenger<sup>[7,29]</sup>. We compared the NF- $\kappa$ B coefficient and AI of the 4 groups, and found that there was no significant difference in the NF- $\kappa$ B coefficient or AI in the spermatogenic epithelium between groups C and D, or between groups A and C, but a markedly significant increase in both was noted in the spermatogenic epithelium of group B compared with groups A and C. This finding shows that administration of sulfasalazine when no testicular torsion has occurred does not cause increases in the NF- $\kappa$ B coefficient or AI; however, when testicular torsion has occurred, administration of sulfasalazine can prevent increases in the NF- $\kappa$ B coefficient and AI. We also investigated the NF- $\kappa$ B protein levels in the nuclear protein and cytoplasmic protein of the spermatogenic epithelium of the 4 groups, and found that when no testicular torsion occurred, NF- $\kappa$ B protein was not translocated from the cytoplasm into the nucleus, and administration of sulfasalazine did not cause this translocation. However, when testicular torsion occurred, NF- $\kappa$ B protein was activated; after torsion, NF- $\kappa$ B protein levels increased, particularly in the nuclear protein, then led to increases in the apoptosis of spermatogenic cells. Administration of sulfasalazine can prevent the activation of NF- $\kappa$ B protein, and then also prevent increases in AI. We also found that cells with NF- $\kappa$ B-positive nuclei were always spermatogonia or spermatocytes, which were also always the apoptotic cells. Conversely, the cells that were seldom activated, for example Sertoli cells, Leydig cells, and endothelial cells, were

seldom apoptotic. This finding demonstrates that NF- $\kappa$ B activation is important in the apoptosis process. Treatment with sulfasalazine prior to detorsion decreases the AI close to the levels of the negative controls, suggesting that sulfasalazine can protect against results that stimulate the NF- $\kappa$ B pathway and decrease the concentration of ROS present in testicular torsion, which would also decrease adhesion molecule expression. In conclusion, we found that NF- $\kappa$ B played a vital role in the ischemia-reperfusion immunology of testicular torsion and we discovered a novel use for the anti-inflammatory agent sulfasalazine. Treatment with sulfasalazine was able to decrease reperfusion injury by preventing increases in AI in the testicular torsion model. Sulfasalazine inhibits the activation of NF- $\kappa$ B, and is an inexpensive and safe agent that could have an important role in the ischemia-reperfusion drug regimen to decrease episodes of apoptosis. Sulfasalazine may be beneficial to decrease morbidity and infertility following testis torsion.

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