Full-length article

# Pseudolaric acid B induces apoptosis, senescence, and mitotic arrest in human breast cancer MCF-7 

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## Key words

apoptosis; senescence; mitotic arrest; human breast cancer MCF-7; pseudolaric acid B
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#### Abstract

Aim: The aim of the present study was to investigate the inhibitory effect of pseudolaric acid B (PAB) on human breast cancer MCF-7 cells. Methods: 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide analysis, morphological changes, acridine orange staining, and agarose gel electrophoresis were applied to detect apoptosis. The percentage of apoptotic and necrotic cells was calculated by the lactate dehydrogenase activity-based cytotoxicity assay; senescence associated (SA)- $\beta$-galactosidase activity was detected to evaluate senescence; flow cytometric analysis of propidium iodide staining was carried out to investigate the distribution of cell cycle, and the protein expression was examined by Western blot analysis. Results: During apoptosis, the half maximal inhibitory concentration $\mathrm{IC}_{50}$ was 3.4 and $1.35 \mu \mathrm{~mol} / \mathrm{L}$ at 36 and 48 h after PAB treatment, respectively. The MCF-7 cells exposed to PAB showed typical characteristics of apoptosis, including the morphological changes and DNA fragmentation. The MCF-7 cells treated with $4 \mu \mathrm{~mol} / \mathrm{L}$ PAB for 36 h underwent apoptosis, but not necrosis. The apoptosis induced by PAB was independent of the death receptor pathway. The senescent cells became larger and flatter, and the SA- $\beta$-galactosidase staining was positive. PAB induced obvious mitotic arrest and it preceded apoptosis and senescence. The expressions of p 21 and p 53 was upregulated with PAB treatment, and cyclin B1 was upregulated and transported from the cytoplasm to nuclei, and sustained stable levels. Conclusion: PAB induced mitotic arrest in the MCF-7 cells and inhibited proliferation through apoptosis and senescence. The apoptosis was independent of the death receptor pathway.


## Introduction

Pseudolaric acid B (PAB; Figure 1) is a diterpene acid isolated from the root and trunk bark of Pseudolarix kaempferi Gordon (Pinaceae), known as "Tu-Jin-Pi" in Chinese, which has been used to treat dermatological fungi infections. PAB exerts potent antifungal, antimicrobial ${ }^{[1]}$, antifertility ${ }^{[2,3]}$, and cytotoxic activity in vitro ${ }^{[4]}$, and the mechanisms of PAB-induced cell death in human myelocytic leukemia K562, human cervical carcinoma HeLa, and human melanoma A375-S2 in vitro have been reported ${ }^{[5-7]}$. However, the mechanism of PAB-induced cell death in human breast


Figure 1. Chemical structure of PAB .
cancer MCF-7 is not clear. In the present study, PAB is shown to inhibit MCF-7 cell proliferation through apoptosis and senescence.

Complex organisms have evolved at least 2 cellular mechanisms to suppress cell proliferation at risk of oncogenic transformation: apoptosis and cellular senescence in particular. Apoptosis kills and eliminates potential cancer cells, and cellular senescence irreversibly arrests their growth ${ }^{[8]}$. Some chemicals, such as doxorubicin, simultaneously induce apoptosis, senescence, and necrosis in a concentration-dependent manner. Caspase-3 is mainly responsible for apoptosis, while p53 for senescence. It has been reported that the inhibition of caspases can switch doxorubicin-induced apoptosis to senescence ${ }^{[9]}$. MCF-7 cells are characterized by wild-type p53 and defective caspase- 3 functions, therefore, they were selected as the senescence model.

At key transitions during eukaryotic cell cycle progression, signaling pathways monitor the successful completion of upstream events before proceeding to the next phase. These regulatory pathways are commonly referred to as cell cycle checkpoints ${ }^{[10]}$. Cells are arrested at cell cycle checkpoints temporarily to allow for: (i) cellular damage to be repaired; (ii) the dissipation of an exogenous cellular stress signal; or (iii) the availability of essential growth factors, hormones, or nutrients. Checkpoint signaling may also result in the activation of pathways leading to programmed cell death, if cellular damage can not be properly repaired ${ }^{[11]}$. Cell cycle arrest is necessary to senescence, because the experimental inactivation of DNA-damage checkpoint response abrogates oncogene-induced senescence. DNAdamage checkpoint response is triggered by oncogene-induced DNA hyper-replication ${ }^{[12]}$, hence cell cycle arrest should happen after the $S$ phase.

Cyclin/Cdk complexes play a key role in the cell cycle progression. Cdk is negatively regulated by a group of func-tionally-related proteins called Cdk inhibitors. p21 Waf1/Cip1 belongs to $\mathrm{Cip} / \mathrm{Kip}$ inhibitors, and the Cip/Kip family takes charge of all phases of the cell cycle ${ }^{[13]}$. Wild-type p53 is involved in essential functions, such as DNA repair, transcription, genomic stability, senescence, cell cycle control, and apoptosis. A major target gene which participates in p53-mediated growth arrest is p21Wafl/Cip1 ${ }^{[14]}$. It is reported that in cell cycle progression, cyclin B 1 (whose levels rise during the $S$ and $G_{2}$ phases) then was transported to nuclei, and peaks in mitosis ${ }^{[15]}$. Cyclin B 1 in nuclei must be destroyed before the cells escape from mitosis ${ }^{[16]}$. Therefore, the expression of p 21 , p53, and cyclin B1 was investigated in this study.

## Materials and methods

Materials PAB, which was purchased from the National Institute for the Control of Pharmaceutical and Biological Products (Beijing, China), was dissolved in DMSO to make a stock solution. The DMSO concentration was kept below $0.01 \%$ in all the cell cultures, and did not exert any detectable effect on cell growth or cell death. Propidium iodide (PI), RNase A, proteinase K, 3-(4,5-dimethylthiazol-2-yl)-2,5diphenyltetrazolium bromide (MTT), DMF (dimethylformamide), and acridine orange were purchased from Sigma ( St Louis, MO, USA). The senescence detection kit was purchased from Calbiochem (La Jolla, CA, USA). Rabbit polyclonal antibodies against cyclin B1, p21, p53, caspase-3, Fas-associated death domain FADD, Fas L, $\beta$-actin, and horseradish peroxidase-conjugated secondary antibodies (goat-antirabbit) were obtained from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Agonistic anti-Fas immunoglobulin MmAb (clone $\mathrm{CH}-11$ ) and anti-Fas immunoglobulin G (clone UB2) were purchased from Medical and Biological Laboratories (Nagoya, Japan)

Cell culture Human breast cancer MCF-7 cells were obtained from American Type Culture Collection (Manassas, VA, USA) and were cultured in RPMI-1640 medium (Hyclone, Logan, UT, USA) supplemented with $10 \%$ heat-inactivated $\left(56^{\circ} \mathrm{C}, 30 \mathrm{~min}\right)$ fetal calf serum (Beijing Yuanheng Shengma Research Institution of Biotechnology, Beijing, China), 2 $\mathrm{mmol} /$ L glutamine (Gibco, Grand Island, NY, USA), penicillin ( $100 \mathrm{U} / \mathrm{mL}$ ), and streptomycin ( $100 \mu \mathrm{~g} / \mathrm{mL}$ ), and maintained at $37^{\circ} \mathrm{C}$ with $5 \% \mathrm{CO}_{2}$ in a humidified atmosphere.

Cell growth inhibition test The inhibition of cell growth was determined by a MTT test. The MCF-7 cells $\left(1.5 \times 10^{4}\right.$ cells/well) were seeded into 96 -well culture plates (Nunc, Roskilde, Denmark). After overnight incubation, various concentrations of PAB, CH11, or UB2 were added to the plates. Following incubation, cell growth was measured at different time points by the addition of MTT at $37^{\circ} \mathrm{C}$ for 3 h ; DMSO ( $150 \mu \mathrm{~L}$ ) was added to dissolve the formazan crystals. Absorbance was measured at 492 nm with an ELISA plate reader (Bio-Rad, Hercules, CA, USA). The percentage of inhibition was calculated as follows:

Cell death (\%) $=\left(A_{492}[\right.$ control $]-A_{492}[$ sample $\left.]\right) /$ $A_{492}$ [control] $\times 100 \%$.

## Observation of morphological changes by light micros-

copy The MCF-7 cells were treated with PAB ( 0 and $4 \mu \mathrm{~mol} / \mathrm{L}$ ) for 36 h . The morphological changes were observed by phase contrast microscopy (Leica, Nusslich, Germany).

Nuclei alternation observed by acridine orange staining The MCF-7 cells, which were incubated in RPMI-1640
containing $10 \%$ fetal calf serum, were seeded into 6 -well plates (Nunc, Denmark) with coverslips and cultured overnight. The cells were treated with 0 and $4 \mu \mathrm{~mol} / \mathrm{LPAB}$ for 36 h . The morphological changes of the nuclei were observed by acridine orange staining. The cells on the coverslips were rinsed and stained with acridine orange $(10 \mathrm{mg} / \mathrm{L})$ at $37^{\circ} \mathrm{C}$ for 30 min . After the coverslips were sealed, the samples were observed by fluorescence microscopy (Leica, Germany).

Determination of DNA fragmentation by agarose gel electrophoresis ${ }^{[17]}$ The MCF-7 cells were treated with $0,1,2,4$, and $10 \mu \mathrm{~mol} / \mathrm{LPAB}$ for 36 h , and then both the adherent and floating cells were collected by centrifugation at $1000 \times g$ for 5 min . The cell pellet was suspended in cell lysis buffer [10 $\mathrm{mmol} / \mathrm{L}$ Tris- $\mathrm{HCl}(\mathrm{pH} 7.4), 10 \mathrm{mmol} / \mathrm{L}$ EDTA acid ( pH 8.0 ), and $0.5 \%$ Triton-100], and kept at $4^{\circ} \mathrm{C}$ for 30 min . The lysate was centrifuged at $25000 \times g$ for 20 min . The supernatant was incubated with $20 \mathrm{~g} / \mathrm{L}$ RNase $\mathrm{A}(2 \mu \mathrm{~L})$ at $37^{\circ} \mathrm{C}$ for 1 h , then incubated with $20 \mathrm{~g} / \mathrm{L}$ proteinase $\mathrm{K}(2 \mu \mathrm{~L})$ at $37^{\circ} \mathrm{C}$ for 1 h . The supernatant was mixed with $5 \mathrm{~mol} / \mathrm{L} \mathrm{NaCl}(20 \mu \mathrm{~L})$ and isopropanol $(120 \mu \mathrm{~L})$ at $-20^{\circ} \mathrm{C}$ over-night, and then centrifuged at $25000 \times g$ for 15 min . After discarding the supernatant, the DNA sediment was dissolved in $20 \mu \mathrm{~L}$ TE buffer [ 10 $\mathrm{mmol} / \mathrm{LTris-HCl}$ ( pH 7.4 ) and $1 \mathrm{mmol} / \mathrm{LEDTA}$ ( pH 8.0 )], and separated by $2 \%$ agarose gel electrophoresis at 100 V for 50 min.

Lactate dehydrogenase activity-based cytotoxicity assays ${ }^{[18]}$ The cells were cultured with $4 \mu \mathrm{~mol} / \mathrm{L}$ PAB for 12 , 24,36 , and 48 h . Floating dead cells were collected from the culture medium by centrifugation ( $240 \times g$ for 10 min at $4^{\circ} \mathrm{C}$ ), and the lactate dehydrogenase (LDH) content from the pellets lysed in $0.1 \%$ Nonidet P 40 (NP-40) for 15 min was used as an index of apoptotic cell death ( LDHp ). The LDH released into the culture medium [extracellular LDH (LDHe)] was used as an index of necrotic cell death. The adherent and viable cells were lysed in $0.1 \% \mathrm{NP}-40$ for 15 min to release LDH [intracellular LDH (LDHi)]. The substrate reaction buffer of $0.5 \mathrm{mmol} / \mathrm{LLDH}(\mathrm{L}[+]$-lactic acid, $0.66 \mathrm{mmol} / \mathrm{L}$ indonitrotetrazolium, $0.28 \mathrm{mmol} / \mathrm{L}$ phenazine methosulfate, $1.3 \mathrm{mmol} / \mathrm{L}$ nicotinamide adenine dinucleotide in pH 8.2 Tris$\mathrm{HCl})$ was added. The $A$ value at 490 nm of the reaction for 1 and 5 min was assayed and the formula was as follows:

LDH activity $=\left(A_{5 \min }-A_{1 \text { min }}\right) / 4$.
The percentage of apoptotic and necrotic cell death was calculated as follows:

Apoptosis (\%) $=$ LDHp/(LDHp + LDHe + LDHi $) \times 100$;
Necrosis(\%) $=$ LDHe $/(\mathrm{LDHp}+\mathrm{LDHe}+\mathrm{LDHi}) \times 100$.
SA- $\beta$-galactosidase detection ${ }^{[19]}$ The MCF-7 cells ( $1.5 \times 10^{5}$ cells/well) were seeded into 24 -well culture plates (Nunc, Denmark). After overnight incubation, $4 \mu \mathrm{~mol} / \mathrm{LPAB}$
was added to the plates. After 3 d of incubation, the surviving MCF-7 cells were cultured for 5 d in fresh medium. Following the protocol of the senescence detection kit, the culture medium were removed and the cells were washed once with 1 mL phosphate-buffered saline (PBS), then the cells were fixed with 0.5 mL of fixative solution at room temperature for $10-15 \mathrm{~min}$. The staining solution mix was prepared in a polypropylene plastic tube. For each well, $470 \mu \mathrm{~L}$ staining solution, $5 \mu \mathrm{~L}$ staining supplement, and $25 \mu \mathrm{~L} 20 \mathrm{mg} / \mathrm{mL}$ X-gal in DMF were added. The cells were rinsed twice with 1 mL PBS; 0.5 mL of the staining solution mix was added to each well and then incubated at $37^{\circ} \mathrm{C}$ without $\mathrm{CO}_{2}$ overnight. The cells were observed under a microscope for the development of a blue color, and the number of blue-stained cells in 100 cells was calculated.

Flow cytometric analysis ${ }^{[20]}$ The MCF-7 cells were harvested and rinsed with PBS. The cell pellets were fixed in $70 \%$ ethanol at $4{ }^{\circ} \mathrm{C}$ overnight. After washing twice with PBS, the cells were stained with 1.0 mL PI solution containing $50 \mathrm{mg} / \mathrm{LPI}, 1 \mathrm{~g} / \mathrm{L}$ RNase A, and $0.1 \%$ Triton X-100 in 3.8 $\mathrm{mmol} / \mathrm{L}$ sodium citrate, followed by incubation on ice in the dark for 30 min . The samples were analyzed by a FACScan flow cytometer (Becton Dickinson, Franklin Lakes, NJ, USA).

Western blot analysis of protein expression ${ }^{[21]}$ The MCF-7 cells were treated with $4 \mu \mathrm{~mol} / \mathrm{L}$ PAB for the indicated times. Both adherent and floating cells were collected and frozen at $-80^{\circ} \mathrm{C}$. A Western blot analysis was performed for the total proteins as follows. Briefly, the cell pellets were resuspended in lysis buffer, including 50 $\mathrm{mmol} / \mathrm{L} 4$-(2-hydroxyethyl)-1-piperazineethanesulfonic acid (HEPES) (pH 7.4), $1 \%$ Triton-X 100, $2 \mathrm{mmol} / \mathrm{L}$ sodium orthovanadate, $100 \mathrm{mmol} / \mathrm{L}$ sodium fluoride, $1 \mathrm{mmol} / \mathrm{L}$ EDTA, $1 \mathrm{mmol} / \mathrm{L}$ egtazic acid (EGTA), $1 \mathrm{mmol} / \mathrm{L}$ phenylmethylsulfonyl fluoride (PMSF), $0.1 \mathrm{~g} / \mathrm{L}$ aprotinin, and 0.01 $\mathrm{g} / \mathrm{L}$ leupeptin, then lysed at $4^{\circ} \mathrm{C}$ for 1 h . After $13000 \times g$ centrifugation for 10 min , the protein content of the supernatant was determined using Bio-Rad protein assay reagent (Bio-Rad, USA). The protein was loaded in each lane, then separated by $12 \%$ SDS-PAGE, and blotted onto a nitrocellulose membrane. The protein expression was detected using primary polyclonal antibody ( $1: 200-1000$ ) and secondary polyclonal antibody (1:500) conjugated with peroxidase. For the cytoplasmic and nuclear proteins, the protein content was determined as follows: the cell pellets were resuspended in $60 \mu \mathrm{~L}$ lysis buffer, including $20 \mathrm{mmol} / \mathrm{LHEPES}, 10 \mathrm{mmol} / \mathrm{L}$ $\mathrm{KCl}, 1.5 \mathrm{mmol} / \mathrm{LMgCl}_{2}, 1 \mathrm{mmol} / \mathrm{LEDTA}, 1 \mathrm{mmol} /$ LEGTA, 1 $\mathrm{mmol} / \mathrm{L}$ dithiothreitol (DTT), and $1 \mathrm{mmol} / \mathrm{L} \operatorname{PMSF}(\mathrm{pH} 7.5)$, then lysed on ice at $4^{\circ} \mathrm{C}$ for 1 h . After $16000 \times g$ centrifugation for 20 min , the supernatant for the cytoplasm proteins was
collected. The pellet was resuspended in $15 \mu \mathrm{~L}$ lysis buffer, including $20 \mathrm{mmol} / \mathrm{LHEPES}, 25 \%$ glycerol, $420 \mathrm{mmol} / \mathrm{L} \mathrm{NaCl}$, $1.5 \mathrm{mmol} / \mathrm{L} \mathrm{MgCl}_{2}, 0.2 \mathrm{mmol} /$ LEDTA, $0.5 \mathrm{mmol} /$ LDTT, 0.5 $\mathrm{mmol} / \mathrm{L}$ PMSF, and $5 \mathrm{mg} /$ Lleupeptin, and lysed at $4{ }^{\circ} \mathrm{C}$ for 15 $\min$ on ice. After $12000 \times g$ centrifugation for 10 min , the nuclear proteins were contained in the supernatant.

Statistical analysis All data represent at least 3 independent experiments and are expressed as mean $\pm$ SD. Statistical comparisons were made using Student's $t$-test. $P$-values of less than 0.05 represented a statistically significant difference.

## Results

Cytotoxic effect of PAB on cell growth To detect the growth inhibition of PAB-exposed MCF-7cells, the cells were treated with various doses of PAB , ranging from 0.6 to 80 $\mu \mathrm{mol} / \mathrm{L}$ for $12,24,36$, and 48 h , and the half maximal inhibitory concentration $\mathrm{IC}_{50}$ values were $682.2,165.8,3.4$, and $1.35 \mu \mathrm{~mol} / \mathrm{L}$ at $12,24,36$, and 48 h , respectively. PAB showed a slow but potent suppressive effect on the MCF-7 cells. The cytotoxicity was increased in a time- and dosedependent manner (Figure 2). In the following experiments, we adopted $4 \mu \mathrm{~mol} / \mathrm{L}$ at 36 h as the best concentration. At 12 and 24 h , the death ratio was low after $4 \mu \mathrm{~mol} / \mathrm{L}$ PAB treatment.

Effects of PAB on morphological changes and DNA fragmentation Morphological changes were observed by phase contrast microscopy and fluorescence microscopy. After 36


Figure 2. Inhibitory effect of PAB on MCF-7 cell growth. Cells ( $2 \times 10^{4}$ cells/well) were incubated with various concentrations of PAB for $12 \mathrm{~h}(\stackrel{)}{ }), 24 \mathrm{~h}(\square), 36 \mathrm{~h}(\mathbf{\Delta})$, and $48 \mathrm{~h}(\square)$. Growth inhibition was evaluated by the MTT method. Mean $\pm$ SD. $n=3$.
h with $4 \mu \mathrm{~mol} / \mathrm{L}$ PAB treatment, we observed a decrease in the total cell number, an increase in floating cells, and the appearance of apoptotic bodies (Figure 3B). Nuclear changes were also detected by acridine orange staining. In the control group, the MCF-7 cells were intact in shape and stained green homogeneously (Figure 3C). After 36 h with PAB 4 $\mu \mathrm{mol} / \mathrm{L}$ treatment, bright green nuclei blebbing and DNA fragmentation were observed (Figure 3D). DNA fragmentation


Figure 3. Morphological changes of MCF-7 cells under phase contrast microscopy and fluorescence microscopy. (A, C) control; (B, D) cells were treated with PAB 4 $\mu \mathrm{mol} / \mathrm{L}$ for 36 h . Arrows in (B) indicate the apoptotic body. Arrows in (D) indicate the fragmentation of condensed nuclei. (A, B, C) bar $=15 \mu \mathrm{~m}$; (D) bar $=30 \mu \mathrm{~m}$.


Figure 4. DNA fragmentation induced by PAB in MCF-7 cells. MCF-7 cells were treated with different doses of PAB for 36 h . DNA was isolated by agarose gel electrophoresis and visualized by ethidium bromide staining. M: marker.
became obvious after 4 and $10 \mu \mathrm{~mol} / \mathrm{L}$ PAB treatments for 36 $h$ on agarose gel electrophoresis (Figure 4). Taken together, the major cause of cell death induced by PAB was through the apoptotic pathway.

Characteristics of cell death identified by the LDH release assay It was reported that the rate of LDH released from viable cells, floating dead cells, and the culture medium was used to distinguish the proportion of apoptotic and necrotic cells ${ }^{[17]}$. The number of apoptotic MCF-7 cells increased from $3 \%$ at 0 h to $39 \%$ at 36 h in the presence of $4 \mu \mathrm{~mol} / \mathrm{L}$ PAB. However, the percentage of necrotic cells was still negligible (Figure 5). These results were consistent with morphological changes and DNA fragmentation (Figure 4), suggesting that the major cause of PAB-treated MCF-7 cell death was apoptosis at 36 h . At 12 h , the apoptotic ratio was very low after $4 \mu \mathrm{~mol} / \mathrm{L}$ PAB treatment.

Detection of senescence Mammalian cells express lysosomal $\beta$-galactosidase activity, which is measured at pH 6.0 . SA- $\beta$-galactosidase has become widely accepted as an important biomarker for senescence ${ }^{[19]}$. MCF-7 cells were cul-


Figure 5. Characterization of cell death in MCF-7 cells treated with $4 \mu \mathrm{~mol} / \mathrm{L}$ PAB for $12,24,36$, and 48 h . Cell death rates on account of apoptosis or necrosis were assessed by LDH activity-based assays. Mean $\pm$ SD. $n=3$.
tured for 5 d in fresh medium after 3 d of incubation with 4 $\mu \mathrm{mol} / \mathrm{LPAB}$, then the surviving cells were detected. In total, $96 \%$ of the cells were positive for SA- $\beta$-galactosidase blue staining. Cell morphology showed gross enlargement, flattening, and accumulation of granular cytoplasmic inclusion (Figure 6).

Effect of PAB on the cell cycle To further investigate the mechanism of cell growth inhibition by PAB, a flow cytometric analysis was performed. After $4 \mu \mathrm{~mol} / \mathrm{L}$ PAB treatment for $0,12,24$, and 36 h , the DNA amount was doubled compared with the control group (Figure 7), indicating the PAB-treated cells might be arrested at the $\mathrm{G}_{2}$ or M phases. The samples were analyzed by Cell Quest software (Becton Dickinson, USA), which determined the percentage of cells at different phases of the cell cycle.

Noprocaspase-3 degradation in PAB-induced MCF-7 cell death MCF-7 cells express wild-type p53, but are absent of the functional caspase-3 protein ${ }^{[22]}$. As shown in Figure 8, there was constant expression of non-functional procaspase3 after $4 \mu \mathrm{~mol} / \mathrm{LPAB}$ treatment at $0,24,36$, and 48 h , but no expression of active caspase-3 ( 17 kDa ). At different time points, the expression of procaspase-3 was not altered, indi-


Figure 6. Senescence was observed by SA- $\beta$-galactosidase staining under phase contrast microscopy. (A) control; (B) cells were treated with PAB 4 $\mu \mathrm{mol} / \mathrm{L}$ for 3 d , and abandoned the old medium to culture for 5 d in fresh medium, then were stained with SA-$\beta$-galacto-sidase. Arrows in (B) indicate blue staining. $\mathrm{Bar}=15 \mu \mathrm{~m}$.


Figure 7. Flow cytometric analysis of the cell cycle distribution in MCF-7 cells treated with $4 \mu \mathrm{~mol} / \mathrm{L}$ PAB for various times. (A) 0 , (B) 12 , (C) 24, and (D) 36 h .


Figure 8. Expression of procaspase-3 in $4 \mu \mathrm{~mol} / \mathrm{L}$ PAB-treated MCF-7 cells. Cells were treated with $4 \mu \mathrm{~mol} / \mathrm{L}$ PAB for different time periods. Cell lysates were separated by $12 \%$ SDS-PAGE, and the protein expression was detected by Western blot analysis.
cating that PAB exerted no effect on caspase-3 activity (Figure 8).

Apoptosis induced by PAB was independent of death receptor pathways Anti-Fas agonistic antibody CH11
activated the Fas receptor resulting in apoptosis, but antiFas antagonistic antibody UB2 can block this pathway and prevent cell death. At 36 h , the inhibitory ratio of the PAB group was $50.4 \%$, the $\mathrm{CH} 11+\mathrm{PAB}$ group was $80.9 \%$, and the UB2+PAB group was $48.7 \%$ (Figure 9A). The result from the Western blot analysis showed that the expression of FADD and Fas L was stable at different time points (Figure 9B).

Involvement of $\mathbf{p} 21$ and $\mathbf{p 5 3}$ in the cycle arrest of MCF-7 cells When exposed to $4 \mu \mathrm{~mol} / \mathrm{LPAB}$, the expression of p 21 and p 53 was upregulated from 12 h and the expression levels were stable for a further 12 h (Figure 10).

Translocation of cyclin B1 participation in mitotic arrest of MCF-7 cells after PAB treatment After PAB treatment, the amount of DNA was doubled, but the arrested phase, $\mathrm{G}_{2}$ or M, was not confirmed. Then, the cyclin B1 expression was compared in the cytoplasm and nuclei. After


Figure 9. Apoptosis induced by PAB was independent of the death receptor pathway. (A) effect of $\mathrm{PAB}, \mathrm{CH} 11+\mathrm{PAB}$, and $\mathrm{UB} 2+\mathrm{PAB}$ on MCF-7 cell growth. Cell death rate was measured by MTT assay. Mean $\pm$ SD. $n=3$. ${ }^{\mathrm{c}} P<0.01$. (B) at different time points the levels of the FADD and Fas L proteins were determined by Western blot analysis in $4 \mu \mathrm{~mol} / \mathrm{L}$ PAB-treated MCF-7 cells.


Figure 10. Expression of p 21 and p 53 in $4 \mu \mathrm{~mol} / \mathrm{L}$ PAB-treated MCF-7 cells at different time periods by Western blot analysis.


Figure 11. Western blot analysis of the expression of total cyclin B1, cyclin B1 in nuclei, and cyclin B1 in cytoplasm in $4 \mu \mathrm{~mol} / \mathrm{L}$ PABtreated MCF-7 cells at $0,6,12,24,36$, and 48 h .

PAB treatment, total cyclin B1 was increased from 12 to 36 h , but after 48 h it began to decrease. The expression of cyclin B 1 in nuclei was increased at 12 and 24 h , and then remained
stable. However, its expression in the cytoplasm was significantly upregulated at 12 h , and then decreased at 24 h (Figure 11).

## Discussion

Apoptosis and senescence, which have different characteristics, exert anticancer effects. As a mechanism of cell death, apoptosis is an important process for normal development and suppression of oncogenesis. Apoptosis is characterized by a series of typical morphological events, such as cell shrinkage, DNA fragmentation, and fragmentation into membrane-bound apoptotic bodies and rapid phagocytosis by neighboring cells ${ }^{[24]}$. PAB obviously inhibited MCF-7 cell growth in a time- and dose-dependent manner, and had a potent suppressive effect on the MCF-7 cells until 36 h treatment. The appearance of apoptotic bodies and DNA fragmentation were observed after $4 \mu \mathrm{~mol} / \mathrm{L}$ PAB treatment. Apoptotic bodies and DNA fragmentation are regarded as the apoptotic hallmarks. The LDH activitybased cytotoxicity assay also demonstrated that in MCF-7 cells, the apoptotic ratio was dominant at 36 h after $4 \mu \mathrm{~mol} / \mathrm{L}$ PAB treatment. Therefore, PAB induced the death of MCF-7 cells mainly through apoptosis. Senescent cells displayed morphological features, such as enlargement, flattening, and positive SA- $\beta$-galactosidase staining. The surviving MCF-7 cells, which were cultured for 5 d in fresh medium after 3 d of incubation with $4 \mu \mathrm{~mol} / \mathrm{L} \mathrm{PAB}$, possessed these typical senescent phenotype. Therefore, senescence was also induced by the same concentration of PAB in a different manner compared with apoptosis in the MCF-7 cells.

Apoptotic processes led to the activation of caspase-3 in a variety of cells which induced proteolytic cleavage of its substrates, including the DNA fragmentation. MCF-7 cells with wild-type p53, are absent of caspase-3 activity; however, inactive procaspase-3 was expressed in the MCF-7 cells. The appearance of the active form of caspase- 3 was not observed, and the expression of procaspase-3 was unchanged with the time-course in MCF-7 cells at our laboratory. The result is consistent with that of Cui et $a l^{[25]}$. The appearance of procaspase-3 may be the result of the mutation in MCF-7 cells, but MCF-7 cells in this study did not have functional caspase-3. It is reported that DNA fragmentation independent of caspase- 3 is induced by some factors, such as apoptosis-inducing factor $\mathrm{AIF}^{[26]}$, therefore in this study, the appearance of the DNA ladder is independent of caspase3, but the detailed mechanism remains to be elucidated. In apoptosis, after the binding of death ligands, such as Fas L or agonistic antibodies to their cognate receptors, a cytosolic adaptor protein FADD is recruited to the cytoplasmic
domain of the Fas to trigger the death receptor pathway ${ }^{[27]}$. In this study, the CH 11 agonistic Fas antibody induced the increasing death of PAB-treated cells, but the UB2 antagonistic antibody-treated group had no such effect on the death ratio, indicating that there was another pathway, but not death receptor pathway, to take effect in the apoptosis of MCF-7 cells. The Western blotting analysis further indicated that the stable expression of FADD and Fas L was not involved in apoptosis. The detailed apoptotic pathway induced by PAB remains to be elucidated.

Cell cycle arrest may be attributed to the activation of pathways leading to programmed cell death and senescence. Cycle arrest contributes to apoptosis ${ }^{[11]}$, but only cell cycle arrest which happens after the S phase is in charge of senescence ${ }^{[11,19]}$. In this study, PAB induced obvious mitotic arrest, which was preceded by apoptosis and senescence in time, suggesting that PAB -induced apoptosis and senescence might be caused by mitotic arrest in MCF-7 cells. It has been reported that p21 is responsible for all cell cycle arrest ${ }^{[13]}$. PAB $4 \mu \mathrm{~mol} / \mathrm{L}$ treatment for 12 h could activate p 21 . Since p53 resides at the upstream of p21 ${ }^{[28-30]}$, and $4 \mu \mathrm{~mol} / \mathrm{L} \mathrm{PAB}$ treatment for 12 h could induce the expression of $\mathrm{p} 53, \mathrm{PAB}$ might increase the expression of p 21 by upregulating the expression of p 53 . It has been reported that cyclin B1 increases in mitosis ${ }^{[16,23]}$. In the present study, $4 \mu \mathrm{~mol} / \mathrm{L}$ PAB increased the expression of total cyclin B1. It is found that cyclin B1 transports into nuclei in mitosis, and in nuclei it must be destroyed before cells escape from mitosis ${ }^{[16]}$. After $4 \mu \mathrm{~mol} / \mathrm{L}$ PAB treatment for 12 h , nuclear cyclin B1 was increased and not degraded. The cytoskeleton mainly consists of microfilaments and microtubules that form a dynamic framework that maintains the cell shape ${ }^{[31]}$. Microtubules are highly dynamic polymers that switch between phases of extension and shortening at individual microtubule ends ${ }^{[32]}$. This process, known as microtubule dynamics, is particularly important for mitosis when the rapid reorganization of microtubules is required for the alignment of chromosomes, as well as for subsequent chromosome separation ${ }^{[33,34]}$. One of the key characteristics of antimicrotubule agents is the induction of mitotic arrest of the cell cycle ${ }^{[35]}$. As a microtubule-disrupting agent, it is reported that PAB exerts its effect by directly interacting with tubulin, disrupting the formation of mitotic spindles and microtubules ${ }^{[36,37]}$. Taken together, these data showed that PAB treatment did not activate the $G_{2}$ checkpoint, and suggested that PABtreated cells were probably arrested at this mitotic phase of the cell cycle.

Taken together, we conclude that PAB could induce mitotic arrest, apoptosis, and senescence in MCF-7 cells.

PAB induced apoptosis through a pathway other than death receptor pathway. Mitotic arrest was associated with the upregulation of p21, p53, and cyclin B1. PAB promoted the transportation of cyclin B 1 from the cytoplasm to nuclei, and inhibited cyclin B1 degradation in nuclei.

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