Invited review

# Ion channelopathy and hyperphosphorylation contributing to cardiac arrhythmias<sup>1</sup>

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Abstract

# Key words

ion channels; arrhythmia; ryanodine receptor calcium release channel; FKBP12.6; sarcoplasmic reticulum; phospholamban; phosphorylation

<sup>1</sup>Project supported by the National Natural Science Foundation of China (No 30230170). <sup>2</sup>Correspondence to Prof De-zai DAI. Phn 86-25-8327-1270. Fax 86-25-8330-2827. E-mail dezaidai@vip.sina.com

Received 2005-01-03 Accepted 2005-03-29

doi: 10.1111/j.1745-7254.2005.00134.x

# Introduction

Cardiac arrhythmias mostly occur in diseased hearts as a result of an abnormality in ion channels<sup>[1]</sup>. Diseased hearts with overt cardiac remodeling are at risk of developing severe and life-threatening arrhythmias. Patients suffering from sudden coronary death (SCD) were monitored with ECG to manifest ventricular tachyarrhythmias. Between 50% and 80% of deaths in patients suffering from congestive heart failure are caused by cardiac arrhythmias<sup>[2]</sup>. There have been significant advances in the molecular biological considerations of cardiac arrhythmias<sup>[3]</sup>, however, there has been no success in suppressing ventricular tachyarrhythmias using antiarrhythmic agents<sup>[4,5]</sup>. Electronic devices and electrical defibrillators remain the first choice in controlling ventricular tachyarrhythmias.

Continuous effort has been made to search for new and effective antiarrhythmic agents for controlling life-threatening cardiac arrhythmias. The efficacy of antiarrhythmic agents to prevent cardiac sudden death was evaluated in patients with post-infarcted heart in clinical trials. Cardiac Arrhythmias Suppressing Trial (CAST, 1989) reported an

# lates the process of calcium release and up-take intracellularly. Patterns of ion channelopathy in the sarcolemma can be divided into single channel disorder from gene mutations and multiple channels disorder in a diseased hypertrophied heart. Abnormal RyR2, FKBP12.6, SERCA2a, and PLB are also involved in the initiation of cardiac arrhythmias. Maladjustment by hyperphosphorylation on the ion channels in the sarcolemma and RyR2-FKBP12.6 and SERCA2a-PLB is discussed. Hyperphosphorylation, which is the main abnormality upstream to ion channels, can be targeted for suppressing the deterioration of ion channelopathy in terms of new drug discovery in the treatment and prevention of malignant cardiac arrhythmias.

The occurrence of cardiac arrhythmias is related to the abnormality of ion chan-

nels not only in sarcolemma but also in the sarcoplasmic reticulum, which regu-

increase in the mortality of the treated groups (flecainide and encainide) against the placebo<sup>[6]</sup>. A dramatic shift from Class I agents to Class III agents was made<sup>[[4]</sup>, and pure Class III drugs were considered as ideal agents (*d*-sotalol) in survival test with oral *d*-sotalol (SWORD, 1994). The *d*-sotalol, which is free from  $\beta$ -adrenergic blocking activity but can block the rapid component of delayed rectifier outward K<sup>+</sup> currents (*I*<sub>Kr</sub>), only failed again with a higher mortality (3.9%) than that in the placebo (2.0%)<sup>[4,5]</sup>. The lack of success in the development of antiarrhythmic agents is likely because of the lack of awareness of the mechanisms of ion channelo-pathy in the diseased myocardium.

Effort to gain more insight into molecular aspects of ion channelopathy in cardiac arrhythmias in both the inherited long QT syndrom (LQTS) and cardiac remodeling of diseased hearts has been ongoing<sup>[7]</sup>. Cardiac remodeling resulting from infarction or cardiomyopathy has been targeted to investigate the mechanisms underlying cardiac arrhythmias. Aberrant molecular biology and ion channelopathy are focused on the affected myocardium. The responses to varying drug treatments are compared in amelioration and exacerbation of cardiac arrhythmias.



# Different patterns of sarcolemmal ion channelopathy

Single channelopathy in LQTS Gene mutations which alters the peptide sequence of the K<sup>+</sup> and Na<sup>+</sup> ion channels in cardiomyocytes caused LQTS. There are three kinds of LQTS<sup>[1,7,8]</sup>: (i) downregulation of the slow component of delayed rectifier outward K<sup>+</sup> currents ( $I_{Ks}$ ) by mutations in the KvLQT1 (KCNQ1), and HMINK (KCNE1) gene; (ii) downregulation of the  $I_{Kr}$  channels by mutations in the *HERG* (KCNH1) gene; (iii) upregulation of the sodium currents  $(I_{Na})$ by mutations in the SCN<sub>5</sub>A gene. Ion channelopathy induced by mutations only involves an individual channel<sup>[9,10]</sup>. Two mutations in the HERG gene were found. An early appearance of STOP codon located at the nucleotide binding domain left one dysfunctional channel responsible for LQTS, but another in the minor region of the peptide chain as a result of polymorphism did not cause the change of QT interval<sup>[10]</sup>.

Multi-channelopathy in cardiac remodeling In the hypertrophied ventricle following myocardial infarction or cardiomyopathy, the multiple ion channels involving the Na<sup>+</sup>,  $K^{\scriptscriptstyle +}$  and  $Ca^{2\scriptscriptstyle +}$  currents in the lipid membrane were downregulated in function or mRNA abundance<sup>[11–13]</sup>, rather than being limited to a single one<sup>[14]</sup>. In the pulmonary hypertension the downregulation of the genes encoding the  $I_{to}$  channels (Kv 4.2 and Kv 4.3) was found in the hypertrophied right ventricle, but not the left ventricle<sup>[15]</sup>. The ion channelopathy in cardiac remodeling can be referred to as multiple and non-selective channelopathy, and is likely to be secondary to the pathological lesions upstream to the ion channels, including lesions in the affected lipid membrane and the altered transmembrane signaling system<sup>[9,10]</sup>. Ion channelopathy can be regressed when lesions upstream to the ion channels are relieved.

**Upregulation of ion channels in cardiomyopathy by** *L*-thyroxin A model of cardiomyopathy in rats was induced by repeated administration of *L*-thyroxin for 10 d which manifested exaggerated cardiac arrhythmias after ischemia/ reperfusion<sup>[16]</sup>. The arrhythmogenesis in the model was associated with remarkable cardiac remodeling and an imbalance of transmembrane distribution of cation, shown by an augmented activity of Na<sup>+</sup>/K<sup>+</sup> ATPase and Ca<sup>2+</sup> ATPase in the sarcolemma and mitochondria<sup>[17,18]</sup>.

The channels of slow component of delayed rectifier outward K<sup>+</sup> currents ( $I_{Ks}$ ) and the rapid component of delayed rectifier outward K<sup>+</sup> currents ( $I_{Kr}$ ) were upregulated accompanied with myocardium remodeling induced by *L*-thyroxin<sup>[19]</sup> which would cause a shortened action potential duration (APD). However, the  $I_{Ca,L}$  was exacerbated in isolated myocytes in this model which had the potential to prolong APD<sup>[20]</sup>. The length of APD, in general, is not dependent on ions movement in a single channel, but is modulated by the balance of total currents in the repolarization of the membrane<sup>[9]</sup>. A simple mathematic equation denotes the balance between the influx and efflux of ions across the membrane: APD= $(I_{CaL} \cdot I_{Na})/(I_{Kr} \cdot I_{Ks})$ . The final impact on the APD is dependent on the net influence summarized by the individual ion current. Varied repolarization, which contributes to cardiac arrhythmias in a diseased heart, shows retardation and dispersion of APD. The abnormality of repolarization can be measured by the length of either APD or the QT interval in ECG traces. Dispersion of APD between the right and left ventricle in association with arrhythmogenesis was developed in a hypertrophied canine heart by chronic destruction of the atrioventricular node<sup>[21]</sup>. More dispersed ion currents in repolarization create a higher risk of developing life-threatening arrhythmias. Arrhythmic models of the canine diseased heart and rat cardiomyopathy by L-thyroxin share important properties of dispersed repolarization and disturbed multiple ion channels<sup>[21,22]</sup>.

The normal function of some ion channels is modulated by phosphorylation at the nucleotide binding domains of the channel peptide, mediated by cAMP and PKA<sup>[3,22]</sup>. Hyperphosphorylation under the pathological condition serves as an important etiological factor to develop severe cardiac arrhythmias in diseased status. The upregulation of  $I_{\text{Ks}}$ ,  $I_{\text{Kr}}$ , and  $I_{\text{Ca,L}}$  in cardiac remodeling by chronic administration of *L*-thyroxin was likely to cause overphosphorylation, so arrhythmias in this model were effectively suppressed by propranolol<sup>[16]</sup>.

# Ion channelopathy in sarcoplasmic reticulum

RyR2 and SERCA2a in the sarcoplasmic reticulum (SR) A rise of free calcium in the cytosol is initiated by an influx of  $Ca^{2+}$  through  $I_{Ca,L}$  and is amplified up to 10-fold by calcium release from the RyR2/calcium release channels, which is mediated by the calcium-induced calcium release (CICR) that promotes a boost of free calcium in the systole. A rapid conversion into the diastolic phase is performed by SERCA2a/calcium-uptaking channels. The calcium-release channels (RyR2) and the uptake channels (SERCA2a) of the SR are modulated separately by two proteins, calstabin 2 protein (FKBP12.6, the stabilizing FK 506 binding protein) and phospholamban (PLB), which are under the control of the phosphorylation of PKA<sup>[23]</sup>. The association of FKBP 12.6 to the macromolecule RyR2 is essential in stabilizing the Ca<sup>2+</sup> releasing function by tightly closing the channel against the low level of Ca<sup>2+</sup> in the diastolic period. The movement

of the free calcium from cytosol into the SR by SERCA2a is slow as a result of suppression by PLB at the resting state. The efficacy of SERCA2a increases significantly when the PLB is phosphorylated. This is caused by the removal of the suppression through PLB phosphorylation. An abnormal boost of the free calcium in the diastolic phase is provided by the derangement of either RyR2-FKBP12.6 or PLB-SERCA2a systems that play active roles in exhibiting cardiac arrhythmias during stress-related conditions<sup>[3,24,25]</sup>.

Inherited arrhythmogenetic disorders from mutations of RyR2 gene There are two inherited diseases that manifest cardiac arrhythmias stemming from RyR2 gene mutations. Arrhythmigenic right ventricular dysplasia/cardiomyopathy (ARVD/C) shows distinguished morphological changes in the right ventricle where myocytes are replaced by fibrosis and adipose tissue<sup>[26,27]</sup>. Catecholaminergic polymorphic ventricular tachyarrhythmias (CPVT)[28] is another inherited disease that puts patients at risk of developing arrhythmias during physical exercise, but not in a resting state<sup>[29]</sup>. More catecholamines are released in the process of physical exercise to initiate early after depolarization (EAD) and delayed after depolarization (DAD) in these patients through a mechanism of the triggering activity, as a consequence malignant ventricular arrhythmias are more likely to occur. Mutations in the RyR2 gene attenuated the affinity of RyR2 to FKBP12.6 which resulted in tachyarrhythmias.

**Hyperphosphorylation of ion channels** Both sarcolemmal ion channels and calcium-release and uptake channels in the sarcoplasmic reticulum can be hyperphosphorylated.

Hyperphosphorylation of ion channels in lipid membrane There is a nucleotide binding domain in the sequence of the channel peptide of  $I_{Kr}$ ,  $I_{Kr}$ , and  $I_{Ca,L}$ . Hyperphosphorylation of the channel peptide promotes an upregulation that is likely to provide a molecular basis for the varying function of the ion channels in a diseased heart. The up-regulated  $I_{Kr}$  and  $I_{\rm Ks}$  in L-thyroxin-induced cardiomyopathy<sup>[30]</sup> contributed to the retardation of APD. In contrast, an unregulated  $I_{CaL}^{[31]}$ , another consequence of hyperphosphorylation, offered the potential to shorten the APD by facilitating repolarization. The co-existence of two factors to prolong or shorten APD is responsible for the dispersion of repolarization in cardiac remodeling under the control of PKA phosphorylation. The existence of hyperphosphorylation has been evidenced by a significant increase in the PKA mRNA in the injured myocardium induced by L-thyroxin.

The post-infarcted rat heart with a hypertrophied ventricle presents a mild enhancement in cardiac arrhythmias that occur in the ischemia/reperfusion procedure using Langendorff apparatus. After a treatment with isoproterenol for 5 d, the severity of cardiac arrhythmias and cardiac remodeling are greatly exacerbated, which can be attributed to PKA-hyperphosphorylation. The impact of cardiac hypertrophy on the  $I_{Ca,L}$  is uncertain, however, the intensity of the  $I_{Ca,L}$  in the infarcted and isoproterenol treated rat model is augmented significantly in the left ventricle, but not in the right ventricle. A significant dispersion of the  $I_{Ca,L}$  current by hyperphosphorylation has been found to be responsible for the exaggerated arrhythmias.

Hyperphosphorylation of RyR2-FKBP12.6 macromolecule complex Hyperphosphorylation of the RyR2 macromolecule complex that dissociates the FKBP12.6 from its binding site on the RyR2 can be developed by an overactivation of the  $\beta$ -adrenergic receptors<sup>[23]</sup>. This is presented in a failing heart with relevant cardiac arrhythmias<sup>[24,25]</sup>. Hyperphosphorylation converts the normal function of RyR2 into an oversensitive state towards the low diastolic low calcium levels. A substantial leakage of Ca<sup>2+</sup> at the diastole, which is the main result of dissociation of FKBP12.6, contributes to a partial depolarization process by a boost in Ca<sup>2+</sup> ion in repolarization. The delayed process of repolarization causes a prolonged APD that promotes EAD and DAD, and eventually induces cardiac tachyarrhythmias.

**Hyperphosphorylation of PLB-SERCA2a system** A maladaptive response to PLB by hyperphosphorylation<sup>[3,32]</sup> causes a depressed SERCA2a capacity, after which elevated Ca<sup>2+</sup> levels at the diastole are initiated. Hyperphosphorylation of PLB could negatively modulate the maximal capacity of SERCA2a by means of transgenic procedure, possibly involving other phosphorylated proteins<sup>[3]</sup>. The mechanism of hyperphosphorylation might participate in arrhythmogenesis induced by *L*-thyroxin where the mRNA of SERCA is altered significantly.

The post-infarcted rat heart shows a mild-depressed SERCA2a mRNA and less severe cardiac arrhythmias, possibly reflecting hyperphosphorylation to a lesser extent<sup>[33]</sup>. After a 5-d treatment with isoproterenol, the infarcted heart was converted into a significantly augmented arrhythmia accompanied with more depressed mRNA of SERCA2a which was mediated by PKA-hyperphosphorylation.

**Dispersion of the calcium-handling system by over-phosphorylation** We demonstrated that the significant dispersion of depressed mRNA abundance of RyR2 and SERCA and upregulated mRNA abundance of sodium calcium exchanger (NCX) in infarcted heart was associated with an increase in arrhythmic score after an isoproterenol treatment. The mRNA abundance of RyR2 and SERCA2 were decreased by 83.6% and 77.6% in left ventricle and by 36.7% and 38.1% in right ventricle, respectively. The mRNA abundance of NCX1 was increased by 63.8% in left ventricle and 40.4% in right ventricle. The difference between left and right ventricle was significant. This implies that the free calcium levels in the left ventricle could be relatively higher than in the right ventricle under hyperphosphorylation. An elevated diastolic calcium level is likely to be the result of an alternative route, which could be sourced by an increase in NCX under hyperphosphorylation. An up-regulated NCX mRNA in the left ventricle possibly indicates more calcium than that in the right ventricle<sup>[33]</sup>. A dispersion of the calcium-handling system under the control of PKA-overphosphorylation in an infarcted heart can be the basis for initiating cardiac arrhythmias under stress. The onset of severe cardiac arrhythmias based on not only the dispersion of the ion channels in the lipid membrane, but also the release, uptake, and exchange of the calcium-handling system.

The maladjustment in RyR2-FKBP12.6 and SERCA2a-PLB by hyperphosphorylation happened in various conditions (eg, in failing hearts and over-stimulation of the  $\beta$ adrenergic receptors by activated sympathetic impulses). Sudden cardiac death results from the over-activation of PKA<sup>[34]</sup>. The aberrant RyR2-FKBP12.6 and SERCA2a-PLB are important to develop malignant arrhythmias in an affected heart and serve as new targets for drug intervention to suppress cardiac tachyarrhythmias. The severely exaggerated cardiac arrhythmias provoked by an ischemia/reperfusion episode in the hypertrophied ventricle are produced either by repeated administration of L-thyroxine or isoproterenol in chronic infarcted rat heart. These could be related to the dispersion of deranged activity of the intracellular calciumhandling system as a consequence of hyperphosphorylation of the SR.

# Direct and indirect effects of drugs on ion channels

**Direct effect on the ion channels** The effects of antiarrhythmic agents on ion channels could be recognized as either, a direct action on ion channels or an indirect effect, with which an improvement can be achieved on the altered ion channels by relieving the upstream lesions. Using the regular micro-electrode and patch-clamp techniques we observed that CPU 86017 blocked sodium, potassium, and calcium channels. A biphasic effect on the APD is suggested to be the result of a multi-channel blockade<sup>[35]</sup>. So CPU 86017 could modulate APD in two directions, either prolonging the already shortened APD or shortening the already lengthened APD caused by lesions in a diseased myocardium. Therefore, reducing the dispersion of APD in a diseased heart to prevent cardiac arrhythmias is hopeful<sup>[36]</sup>. Prolonging APD by anti-arrhythmic agents is not beneficial for inhibiting ventricular tachyarrhythmias. In contrast, it always implies a potential of an adverse reaction by producing an increased incidence of *Torsades de pointes* (TdP)<sup>[37]</sup>, a dangerous ventricular tachycardia with a greater tendency to ventricular fibrillation.

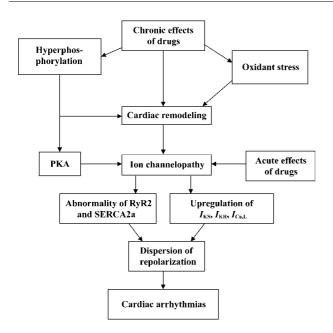
Most electrophysiological data of anti-arrhythmic agents on individual ion channels are collected from freshly isolated myocytes. However, cardiac arrhythmias appear frequently in diseased and remodeled rather than normal hearts, and the molecular biological properties of the myocardium are markedly different in many aspects between the normal and diseased hearts. Dispersed repolarization stems from disturbed channels in the diseased myocardium only. It is worthy of investigating drug effects on altered ion currents in isolated myocytes of diseased hearts.

**Indirect effects on ion channelopathy** Cardiac arrhythmias could be suppressed by chronic drug therapy for restoring the altered channels. The restoration of up-regulation of the  $I_{\rm Kr}$ ,  $I_{\rm Ks}$  and  $I_{\rm Ca,L}$  current of isolated myocytes is confirmed by chronic medication of the propranolol, bepridil, and CPU 86017 in *L*-thyroxin-induced cardiomyopa-thy<sup>[30,31]</sup>.

The ion channels in a chronically infarcted heart is mostly down-regulated. Therefore, it is confusing to face the fact that an anti-arrhythmic agent could stop tachyarrhythmias by overlapping its suppressive effect on a depressed channel in a remodeled myocardium. There should be some upregulated ion channels in diseased hearts. The up-regulated channels, which are denoted clearly in the cardiomyopathy induced by L-thyroxin, are linked with the occurrence of cardiac arrhythmias and serve as the target for anti-arrhythmic therapy. The action of drugs on the ion channels can be described as direct and chronic rather than a direct effect alone (Figure 1). The ability of drugs to restore the diseased channels either mediated by an indirect action on the upstream lesion to the ion channels via chronic medication or an acute suppression on an individual current contributes to the correction of disordered channels and prevention from the sudden episode of cardiac death resultant from deterioration of ventricular fibrillation on stress-related events.

## Phases of ion channelopathy

**Two phases of ion channelopathy** The pathological progression of ion channels in the myocardium either in the sarcolemmal membrane or in the SR could be subdivided into two different stages: the basal phase, in which no presentation of arrhythmias can be found; and the activated phase, in which arrhythmias appear when ion channelopathy



**Figure 1.** A diagram shows direct and indirect effect of drugs on ion channels and cardiac arrhythmias. The mechanisms underlying the arrhythmogenesis and ion channelopathies in relation to hyperphosphorylation are denoted in a diseased heart. Hyperphosphorylation, possibly including oxidative stress, is considered as crucial lesions at the upstream to ion channels and causes upregulation of ion channels and dispersion of repolarization.

### is deteriorated.

Basal channelopathy with disturbed ion channels, which indicate an abnormal repolarization in the myocardium, manifests no arrhythmia. This is because of a reservoir of repolarization. The normal period of repolarization is less than 460 ms and an APD/QTc is referred as prolonged when beyond 460 ms. Malignant arrhythmias are most likely to occur when an APD/QTc is longer than 520 ms. A prolongation of APD/QTc in the range of 460 ms to 520 ms is considered as a repolarization reservoir at risk of developing TDP, however, there is no arrhythmia at the resting state. It is common that patients who either inherit mutation in genes of the LQTS, the ARVD/C, and CPVT, or possess predominant cardiac remodeling, exhibit no arrhythmia at the resting state, suggesting that prolonged APD/QTc is still within the repolarization reservoir. However, if an APD/QTc is prolonged over 520 ms, the incidence of malignant arrhythmias is very high and arrhythmias are more likely to occur sooner.

Ion channelopathy can be deteriorated. The occurrence of ventricular tachyarrhythmias needs an activation of the channelopathy accompanied with an over-activation of the  $\beta$ -adrenergic receptors induced by heavy physical or mental stress. The process involves a burst of oxidative stress and an imbalance of the oxygen supply and demand in the diseased myocardium. Hyperphosphorylation of RyR2 and PLB is involved in the exaggeration of the channelopathy by dissociating the FKBP12.6 and depressing the activity of SERCA2a, respectively. The process is not merely induced by the activation of  $\beta$ -adrenergic receptors, and the oxidative stress and activation of the ET-1 system and renninangiotension system are likely to mediate the activation pathological process.

Many kinds of drugs, such as ACEI, AT1 receptor blockers, endothelin receptor antagonists, the  $\beta$ -blockers, and anti-oxidative agents have antiarrhythmic effects by diminishing upstream lesions to relieve related channelopathy (ie, the cardiac remodeling and the abnormality of the transmembrane signaling system). Endothelins are biosynthesized and released in a substantial amount from the diseased myocardium and exert harmful effects on myocardium by stimulating cell proliferation, inducing apoptosis, and activating the production of free radicals. An excess of ET-1 promotes oxidative stress which is mediated by an increase in iNOS activity to form peroxynitrite ONOO<sup>-</sup>. Peroxynitrite is cytotoxic to myocardium and is likely to take an active part in the progression of ion channelopathy and cardiac arrhythmias. The endothelin  $ET_A/ET_B$  receptor antagonists reduced cardiac remodeling and cardiac failure by blocking the overactivation of the ET system<sup>[37–39]</sup>. It is interesting to find that an endothelin receptor antagonist, Dajisentan (CPU 0213), is effective in suppressing cardiac arrhythmias after ischemia/reperfusion in L-thyroxin-induced cardiomyopathy, but has no effect on ischemia/reperfusion-induced arrhythmias in a normal rat heart.

# Class III anti-arrhythmic agents

In controlling ventricular tachyarrhythmias the Class I agents ( $I_{Na}$  blocking agents) are not recommended to patients with a diseased ventricle because of their strong potency to induce arrhythmias by suppressing the propagation of impulse<sup>[40]</sup>. It is still questionable whether pure Class III antiarrhythmic agents would suppress ventricular tachyarrhythmias effectively and safely in a diseased heart. To date, the common opinion is that it is favorable to use the complex Class III agents, such as a low dose of amiodarone, rather than the pure Class III agents in treating ventricular tachyarrhythmias (Figure 2).

**Pure Class III agents** Dofetilide and ibutilide belong to pure Class III agents that prolong APD remarkably by inhibiting the  $I_{\rm Kr}$  currents only<sup>[41,42]</sup>. The two agents are favorable in the treatment of atrial fibrillation and flutter, but not in the

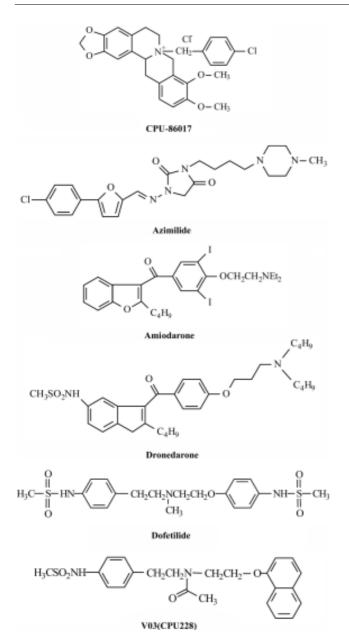


Figure 2. The Class III antiarrhythmic agents: CPU 86017, Azimilide, Amiodarone, Dronedarone, Dofetilide, and CPU 228.

control of ventricular tachyarrhythmias. Physicians should take care of monitoring the QTc in treatment of atrial flutter/ fibrillation because of the high incidence of *Torsades de Pointes* when using the two agents. The outcome of clinical trials of dofetilide on mortality in the treatment of ventricular arrhythmias is neutral<sup>[40,42]</sup>.

**Complex Class III agents** Complex Class III anti-arrhythmic agents block not only  $I_{Kr}$  currents but also other channels and receptors.

Complex Class III anti-arrhythmic agents block  $I_{Ks}$ . These include amiodarone, dronedarone, azimilide, CPU 86017, and so on. Blocking  $I_{Ks}$  is important to shorten the APD and control cardiac arrhythmias by reducing the interference of  $\beta$ -receptor stimulation that causes an exacerbated  $I_{Ks}$ .

Complex Class III anti-arrhythmic agents block  $I_{Ca,L}$ . These include amiodarone<sup>[43]</sup>, dronedarone<sup>[44]</sup>, azimilide<sup>[45]</sup>, and CPU 86017<sup>[46]</sup>. An upregulation of the  $I_{Ca,L}$  channels is associated with an enhancement of arrhythmogenesis in *L*-thyroxin-induced cardiac remodeling<sup>[20]</sup> and in an infarcted heart after isoproterenol treatment<sup>[31]</sup>. Blocking  $I_{Ca,L}$  is beneficial to control arrhythmia by relieving calcium overload and restoring a disordered calcium-handling system in the diseased myocytes. In addition, an inhibition of the calcium current helps to prevent cardiac arrhythmias by restoring the imbalance of the altered ion currents during repolarization in diseased hearts.

Dofetilide has the potential to develop TdP by its tremendous effect in prolonging APD. A combination with an  $I_{\rm Na}$  blocking agent was successful in attenuating the incidence of TdP induced by a pure Class III agent<sup>[47]</sup>. According to the mathematic equation to calculate the length of APD mentioned previously, we hypothesize that shortening in APD by blocking  $I_{\rm Ca,L}$  could reduce the incidence of TdP. Therefore, CPU 228 was created by modification on the moiety of dofetilide. Treatment with CPU 228 significantly decrease the incidence of TdP in the rabbit model<sup>[41]</sup>. CPU 228 can block both  $I_{\rm Ca,L}$  and  $I_{\rm Kr}$ , so it is being converted from a pure Class III antiarrhythmic agent, dofetilide, into a complex Class III agent that has more potency to control arrhythmias in an animal model.

# Conclusion

The concepts and targets for the development of antiarrhythmic drugs are evolving<sup>[48]</sup>. It is hopeful that more safe and effective agents will be obtained from continuous efforts based on regressing and relieving the basal ion channelopathy and preventing the deterioration of channelopathy in the view of biomolecular mechanisms. Propranolol and verapamil inhibit mRNA expression of RyR2 and SERCA in *L*-thyroxin-induced rat ventricular hypertrophyl<sup>[49]</sup>.  $\beta$ -Adrenergic stimulation increases current amplitude and activation of  $I_{Ca-L}^{[31]}$  and  $I_{Ks}^{[50]}$ , causing dispersion of repolarization. More research at the molecular level will be needed on ion channelopathy. The safe and effective agents in controlling life-threatening arrhythmias can be obtained by relieving upstream lesions to ion channels, mainly through anti-hyperphosphorylation.

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