

# Full-length article

# Mitosis orientation in prostate epithelial cells changed by endocrine effect

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## Key words

## Abstract

prostate; mitosis orientation; testosterone propionate; benzogynestry; estrogen; proliferation

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Aim: The aim of the present study was to investigate the effect of androgen and estrogen on mitosis orientation in the prostate epithelial cells of male rats. Methods: Castrated rats were treated with a single injection of testosterone propionate (TP) or benzogynestry ( $E_2$ ). There were 8 rats in the control group and TP-treated or  $E_2$ treated group. Prostate, liver, a specimen of skin, and a segment of the jejunum and colon were removed after the corresponding treatment. The results were observed through immunohistochemistry and iron hematoxylin-eosin staining. Results: All mitoses found in the prostate epithelial cells of castrated rats with TP were oriented parallel to the basement membrane; however, mitoses found in the prostate epithelial cells of castrated rats in E2 and the control group were oriented perpendicular to the basement membrane. TP treatment resulted in marked changes in mitosis orientation in the prostate epithelial cells. Bromodeoxyuridine-labeled positive cells could be seen throughout the stroma and prostate epithelial cells with an injection of TP; however, the positive cells could only be seen in the stroma of prostate with an injection of E2, and the positive cells could hardly be seen in the control group. Conclusion: We found a novel effect of TP in the prostate as a marked change of mitosis orientation in prostate epithelial cells.

#### Introduction

Androgens are known to play an important role in benign prostatic hyperplasia (BPH) and prostatic carcinoma (PCa)<sup>[1,2]</sup>, but their mechanism have not been fully understood<sup>[3]</sup>. Androgens could probably affect the structure of tissues, but it never been reported that they could change the mitosis orientation in prostate epithelial cells. The present study provides a further observation on the role of androgens in androgen-related diseases, such as BPH and PCa.

The development and maturation of the male urogenital system depends on the normal function of androgens<sup>[4]</sup>. However, it has not been reported how the orientation of the mitosis in prostate epithelial cells alters after hormonal level regulation. Androgens may affect not only simple processes, such as proliferation, cell differentiation, and cell–cell or cell–extracellular matrix interrelation, but also the structure and orientation of the tissues or their components. Our study found that testosterone propionate (TP) could adjust mito-

sis orientation in prostate epithelial cells, as discussed later.

#### Materials and methods

**Experimental animals** All experiments were performed in accordance with the Guide for the Care and Use of Laboratory Animals of the Institute of Laboratory Animal Resources Commission on Life Sciences, America. Male Sprague-Dawley rats (190–210 g) were obtained from the Shanghai SIPPR-BK (Institute of Planned Parenthood Research-BK Laboratory Animal Limited Company, Shanghai, China). The animals were housed under the same conditions with free access to water and food. The experiments were started at 1 month, and then, all animals were castrated under anesthesia with ketamine.

**Treatments** The castrated rats were treated with a single subcutaneous injection of TP in olive oil at a dose 0.5 mg per rat or benzogynestry ( $E_2$ ) in olive oil at a dose 5 µg per 100 g body weight. There were 8 rats in the control group and TP-

treated or  $E_2$ -treated group. Prostate, a specimen of the liver, a specimen of skin, a segment of the jejunum, and segment of the colon were removed from untreated and TP- or  $E_2$ injected groups at 24, 36, and 48 h. All of the animals were injected intraperitoneally with bromodeo-xyuridine (BrdU; Sigma, St Louis, MO, USA) dissolved in saline 2 h before the tissues were removed. The dose of BrdU for the rats was 2 mg per 100 g body weight<sup>[5]</sup>. All tissue specimens were removed under anesthesia, then fixed and embedded in paraffin. The paraffin-blocked section was consecutively cut at 5 µm thickness for iron hematoxylin-eosin (HE) and immunohistochemical staining.

Cell proliferation assay Cell proliferation was determined using BrdU. BrdU was detected using immunohistochemical staining as described. After deparaffination and rehydration of the sections, slides were placed in sodium citrate solution (0.01 mol/L, pH 6.0) and heated to 96–100 °C for 25 min. After cooling, the sections were put into 5% bovine serum albumin for 20 min. Then the sections were incubated for 2 h with a primary anti-BrdU mouse monoclonal antibody (Boster Biotechnology, Wuhan, Hubei, China), diluted at 1:100 in Tris-buffered saline<sup>[6]</sup>, and then covered with coverslips. In the sections, positive staining was a red precipitate localized in the nucleus. Stained BrdU cells were counted under a light microscope. The sections of obtained tissues (prostate, liver, skin, jejunum, and colon) were examined in randomly selected areas. No less than 1000 cells were viewed in each tissue per animal.

**Orientation of mitoses** In the tissue sections stained with iron HE, mitotic figures were viewed under a light microscope and the orientation of mitosis was determined. Mitoses with the poles disposed from 0 to 45 degrees to the basement membrane of prostate epithelia were regarded as parallel oriented. Mitoses with poles aligned from 45 to 90 degrees to the plane of the basement membrane were considered as perpendicular oriented. In the prostate, only the prostate epithelial cells were examined.

Statistics Data were expressed as mean±SD. One-way ANOVA and  $\chi^2$ -test were used to evaluate significant differences between the groups.

## Results

**Iron HE staining of rat prostates** The prostate of all of the castrated rats had typically atrophic morphology. At 24, 36, and 48 h after a single injection of TP, a picture of early proliferative phenomenon was observed. Mitoses were rarely found in the prostate epithelial cells of castrated rats. Therefore, the percentage of mitotic cells was very low.

However, a single injection of TP or  $E_2$  increased the proliferative activity of the prostate. All mitoses found in the prostate epithelial cells of the castrated rats with TP treatment were oriented parallel to the basement membrane (Figure 1), but mitoses found in the prostate epithelial cells of the castrated rats untreated or treated with  $E_2$  were oriented perpendicular to the basement membrane (Figure 1). TP treatment resulted in marked changes in mitosis orientation in the prostate epithelial cells of the prostate. TP treatment resulted in marked changes in mitosis orientation in the prostate epithelial cells. At 24, 36, and 48 h after TP injection, 7.1%, 7.9%, and 7.5% cells' mitosis orientation were aligned parallel to the basement membrane of the epithelial cells in all prostate epithelial



**Figure 1.** Orientation of mitoses in prostate epithelial cells of control group (A) and castrated rats at 24 h (C), 36 h (E), and 48 h (G) after a single injection of  $E_2$  was perpendicular to the basement of the epithelial cells. Orientation of mitoses in prostate epithelial cells of castrated rats at 24 h (B), 36 h (D), and 48 h (F) after a single injection of TP was parallel to the basement of the epithelial cells. Prostate sections stained with iron HE. Magnification ×100.

cells, respectively. However, in other tissues (liver, jejunum, colon, and skin), TP or  $E_2$  treatment had no effect on the orientation of cell division.

**Immunohistochemical staining** The BrdU-labeled cells were specific for abnormal hyperplasia<sup>[7]</sup>. A number of positive cells were observed in the areas of prostate epithelial cells and stroma, which correlated with the degree of proliferation. No positive cells were observed in the untreated group (control group; Figure 2). At 24, 36, and 48 h after a single injection of TP, the BrdU-labeled positive cells could be seen throughout the stroma and epithelial cells of the prostate (Figure 2); however, at 24, 36, and 48 h after a single injection of E<sub>2</sub>, the positive cells could only be seen in the stroma of the prostate (Figure 2). At 24, 36, and 48 h after TP injection, BrdU-labeled positive cells were found not only in the stroma of the prostate, but also in the prostate epithelial cells (Figures 3, 4), and there were significant differences between the control and TP groups (P<0.01). In the rats



**Figure 2.** BrdU-labeled cell is specific for the prostate of castrated rats after a single injection TP or  $E_2$ . BrdU-labeled cells were seen in prostate epithelial cells (C) and stroma (D) of castrated rats after a single injection of TP. BrdU-labeled cells were seen only in the stroma (B) of castrated rats after a single injection of  $E_2$ . No staining was observed in the control group (A) and other tissues, such as jejunum (E), colon (F), liver (G), and skin (H). Section magnification ×40.

treated with  $E_2$  after 24, 36, and 48 h, BrdU-labeled positive cells were only found in the stroma of the prostate (Figure 5) and there was significant differences between the control and  $E_2$  groups (*P*<0.01). However, BrdU-labeled cells were hardly seen in other tissues (liver, jejunum, colon, and skin) treated with TP or  $E_2$  (Figure 2).



Figure 3. BrdU-labeled cells in prostate epithelial cells of castrated male rats at 24, 36, and 48 h after a single injection of TP.  $^{\circ}P<0.01$  vs control group.



**Figure 4.** BrdU-labeled cells in prostate stroma of castrated male rats at 24, 36, and 48 h after a single injection of TP.  $^{\circ}P<0.01 \text{ vs}$  control group.

## Discussion

The present study shows a novel effect of TP. TP remarkably altered the mitosis orientation in the prostate epithelial cells. A single injection of TP increased the proliferation and appearance of parallel-oriented mitoses. The effect of TP on mitosis orientation has also been examined in other tissues, such as liver, jejunum, colon, and skin tissues through immunohistochemical examination and iron HE staining. No noticeable effects were found in these tissues. Therefore, TP may only affect the mitosis orientation in certain organs. In this case, the effect of TP on mitosis orientation might be considered specific for target organs, at least for the prostate.



**Figure 5.** BrdU-labeled cells in glandular stroma of castrated male rats at 24, 36, and 48 h after a single injection of  $E_2$ . °*P*<0.01 vs control group.

Both TP and  $E_2$  induced proliferation in the prostate, but the results were different. The BrdU-labeled cells were found in both the epithelia and stroma of the prostate in TP-treated rats. BrdU-labeled cells were only found in the stroma of the prostate in  $E_2$ -treated rats. Androgens could affect not only the stroma, but also the epithelia; however, the roles of other steroids, especially estrogens, are still unknown. Bektic *et*  $al^{[8]}$  first reported the effects of estrogen on global gene expression in human prostatic stroma cells. Scarano *et al*<sup>[9]</sup> described the effects of chronic estradiol treatment on guinea pig prostatic stroma. The present study found that a single injection of  $E_2$  could cause proliferation of prostatic stroma.

To our knowledge, it is has not reported that TP can cause changes in mitosis orientation in prostate epithelial cells. Although the underlying mechanism is not fully understood, the effects are most likely related to the androgen receptors (AR), because mitosis orientation was not observed in the control or E<sub>2</sub>-treated groups. Androgens enhanced the transcription of genes involved in cellular proliferation by binding and activation, such as the mitogenic growth factors epidermal growth factor and insulin-like growth factor-I<sup>[10]</sup>. This process may be related to the Wnt signaling pathway, which controls mitosis orientation<sup>[10,11]</sup>. Moreover, a SHya may be a useful biomaterial to regulate Wnt signaling in tissue engineering<sup>[12]</sup>. In addition, there was significant crosstalk between these signaling pathways in the regulation of proliferation and differentiation in the prostate cells. For example,  $\beta$ -catenin is not only utilized in the prostate epithelium as an important co-activator of AR signaling<sup>[13]</sup>, but also the key component in the Wnt signaling pathway<sup>[14]</sup>. Therefore, Wnt signaling,  $\beta$ -catenin, and the crosstalk with androgen signaling and other pathways may help us understand the process. Therefore, further studies are needed to explain the mechanism and these observations, and finally, for treating androgen-dependent diseases such as BPH and PCa.

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