

BIBLID: ISSN 0253-9756

Acta Pharmacologica Struca 中国药理学报

1995 Jan; 16 (1); 32-35

# Assay of metoprolol and $\alpha$ -hydroxymetoprolol in human urine by reversed-phase liquid chromatography with direct-injection<sup>1</sup>

XIE Hong-Guang, ZHOU Hong-Hao

(Department of Pharmacology, Hu-nan Medical University, Changsha 410078, China)

AIM: To develop an HPLC method with direct injection for the simultaneous determination of metoprolol (M) and a-hydroxymetoprolol (HM) in human urine. **METHODS**: Urine (200  $\mu$ l) was diluted with eluate and injected into the chromatograph. Samples were seperated on an ODS column by isocratic binary elution and monitored by fluorescence detection. **RESULTS**: No potential interfering peaks were identified. M and HM gave

Received 1993-12-30 Accepted 1994-08-22

rapid elution and baseline resolution. The linear curves of both analytes ranged between 0.2 and 100 mg·L<sup>-1</sup>. The response sensitivity was approximately 0.1 mg·L<sup>-1</sup> and the coefficients of variation in the assay were within 8 % for both compounds. A typical application in oxidation phenotyping was presented for one healthy volunteer who received 100 mg of oral metoprolol. **CONCLUSION**: The method can be used for the investigation of genetic polymorphism of metoprolol oxidation in the large populations.

**KEY WORDS** metoprolol; α-hydroxymetoprolol; high pressure liquid chromatography; urine

<sup>&</sup>lt;sup>1</sup>Supported by the National Natural Science Foundation of China. № 39200154 and 39270794, and by China Medical Board of New York, USA. Medical Research 92-568 and 82-410.

Metoprolol (M) is a cardioselective  $\beta_i$ receptor blocker for treatment of hypertension and angina pectoris"". The oxidation of M to a-hydroxymetoprolol (HM) exhibits a de brisoquine-type genetic polymorphism in many ethnic populations.<sup>2–41</sup>. M can be chosen instead of debrisoquine as a phenotyping probe by measurement of their metabolic ratio (MR = M/HM) in human urine <sup>1-21</sup>. Monitoring of the urine levels of M and HM is applied in oxidation phenotyping in various racial or ethnic populations. Several published HPLC methods have been available for analyzing the concentrations of M and HM in urine and/or plasma<sup>(5-11)</sup>, but their utility is somewhat</sup> hampered by either time-consuming extraction procedures.3 -111 or unduly long retention time  $(15 - 30 \text{ min})^{(5,9,11)}$ . Accordingly, a rapid, simple, sensitive, and reproducible analytic method is required for this purpose. This paper described a direct-injection reversed-phase HPLC method for simultaneous quantitations of M and HM in human urine.

#### MATERIALS AND METHODS

**Chemicals and drugs** M tartrate was purchased from Sigma (St Louis, USA), HM *p*-bydroxybenzoate (H 119/60) was supplied by Astra Hassle AB (Mondal, Sweden). M tartrate (Betaloc 50 mg per table), code Nº 52 - 100B) was obtained from Sino-Swed Pharmaceutical Co. All other reagents were of AR grade unless otherwise indicated. Water was glass redistilled.

**Standard solutions** Stock solutions (250 erg  $\cdot L^{-1}$ , each base equivalent) were prepared in HPLC-grade methanol and were kept at -4 C.

**Sample preparation** To 200  $\mu$ l of unknown urine in an I. 5-ml conical polyethylene tube was added 200  $\mu$ l of eluare. This mixture was vortexed for 10 s and then centrifuged at 1 000 s g for 10 min. The clear supernatant (50  $\mu$ l) was injected into the chromatograph by autosampler.

Chromatography The chromatograph consisted of UC-6A liquid chromatograph. SCL-6A system con-

troller. CTO-6A column oven. SlL-6A auto injector, RF-530 fluorescence HPLC monitor, FDD-1A floppy disc driver. C-R5A 6-slot expansion case and cbromatopac from Shimadzu. Japan. The analytical column (250 mm · 4.6 mm ID) was filled with Spherisorb C<sub>18</sub> material, at a 5-µm particle size (Dalian Institute of Chemical Physics, Chinese Academy of Sciences). The mobile phase was a 50:50 isocratic binary eluate (final pH 3.4). Solution A was methanol. Solution B was a mixture of 1000 ml of water. 1.8 ml of glacial acetic acid. and 150 µl of triethylamine. The flow-rate was 1.2 ml · min<sup>-1</sup> and the column temperature was 40 C. The fluorescence was monitored at 299 nm with excitation at 277 nm.

Validation study Urme standards were prepared by spiking an aliquot of each standard solution into blank urme from a healthy drug-free volunteer as described in sample preparation above. Seven calibration samples containing mixtures of M and HM were made at levels between 0, 2 and 100, 0 mg  $\cdot$ L<sup>-+</sup> for standard curves. Three spiked urine samples at 2, 5, 10, 0, and 25, 0 mg  $\cdot$ L<sup>-+</sup> of both compounds were prepared to test the accuracy and precision of the assay. The minimum detectable amount was defined as a signal-to-noise ratio of 4:1. The potential interference from endogenous sources was investigated with blank human urine.

Amounts of M and HM in the unknown samples were quantitated by response factors (mV per  $mg \cdot L^{-1}$ ) of the calibration samples at 2 different levels within the linear range.

Applications of the method Urine was voided immediately before po M 100 mg and was collected through the next 8 h. Aliquots (10-20 ml) of the collection were stored at -30 C.

#### **RESULTS AND DISCUSSION**

**Chromatography** The retention times of M and HM were 4.1 and 7.1 min. respectively (Fig 1). M and HM gave rapidly eluting, fully resolved and sharp symmetrical peaks. the total elution time per run for both analytes was within 10 min. The use of triethylamine as a modifier of eluent<sup>(B)</sup> gave excellent resolution and rapid elution, and also enhanced the resolution performance of weak bases like M

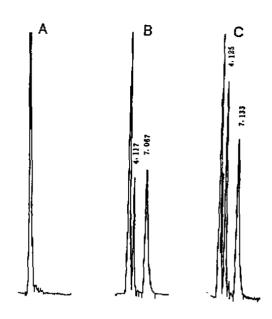


Fig 1. Chromatograms of predosing blank urine (A), spiked urine (B), and postdosing 0-8 h urine from a subject *po* metoprolol 100 mg (C). Retention time: HM 4.1 min: M 7.1 min.

 $(pK_s 9. 70)$  on reversed-phase chromatography.

**Calibration curve** Standard curves were made by plotting the peak height (mV) vs the spiked concentration  $(mg \cdot L^{-1})$ . The M curve was linear over the range of 0. 25 – 100 mg  $\cdot L^{-1}$  with correlation coefficient (r) of 0. 998, and the HM curve was also linear over the range of 0. 20 – 100 mg  $\cdot L^{-1}$  with an r of 0. 997. No internal standard was employed due to a nearly complete extraction recovery of direct-injection samples and relative difficulty of obtaining a required adequate internal standard.

Validation test The reproducibility of the procedures was evaluated by analyzing replicate samples. Coefficients of variation (CV) within 8 % were observed in both intraand inter-days (Tab 1). Extraction recovery of direct-inject samples was theoretically almost complete (Tab 2). This is due to the fact that there is no loss of compounds if the samples is chromatographed by direct injection. The lower limit of detection for both analytes was roughly 0. 1 mg  $\cdot L^{-1}$ . No endogenous interfering peaks were found in the blank urine samples. Since the subjects used for oxidation phenotyping should be drug-free volunteers, the possible interference from external sources can also be excluded.

Tab 1. Coefficient of variation ( $\frac{9}{6}$ ) in determination of metoprolol (M) and  $\alpha$ -hydroxymetoprolol (HM) in spiked urine.

Added/ mg·L <sup>-1</sup>	Intra-da M	y (n=5) HM	Inter-day M	(n=10) HM
2.5	5.38	6.32	6. 06	6.93
10.0	4.14	5.94	5.46	7.72
25.0	4.28	2.23	5.06	4.85

Tab 2. Recovery of metoprolol (M) and  $\alpha$ -hydroxymetoprolol (HM) from spiked urine. n = 10,  $\overline{x} \pm s$ .

Compound	Added/ mg•L <sup>-1</sup>	Found/ $mg \cdot L^{-1}$	Recovery/%
М	2.5	2.6±0.2	$102.2 \pm 6.2$
	10. U	$9.9 \pm 0.5$	$98.9 \pm 5.4$
-	25.0	24.4 $\pm$ 1.2	97.5±4.9
HM	2, 5	$2.6\pm0.2$	$101.9 \pm 7.1$
	10.0	$10.2 \pm 0.8$	$101.8 \pm 7.9$
	25.0	25. $2 \pm 1.2$	$100.9 \pm 4.9$

Applications of the method Formation of HM is impaired in poor metabolizers (PM) of M because of its defective oxidation<sup>(2,3)</sup>, whereas normal subjects of the M oxidative ability are defined as extensive metabolizers (EM). In this study, M and HM concentrations in postdosing 8 h urine from one subject were 6. 87 and 25. 82 mg  $\cdot$  L<sup>-1</sup>, respectively. The subject was classified as EM with a lg MR being — 0. 58 according to criteria (PM; lg MR > 1.09) established for Chinese population<sup>(5,7)</sup>. If the HM level in urine is < 0. 2 mg  $\cdot$  L<sup>-1</sup>, the dilution times of sample preparation should be reduced<sup>(7)</sup>. The present devised procedure was proven much simpler (direct injection) and more rapid ( $t_r < 7 \text{ min}$ ) than those<sup>( $\tau, g, 1$ )</sup> reported previously ( $t_r 15 + 30 \text{ min}$ ). It makes the use of technology readily available in most laboratories, and is well suited for pharmacogenetic studies.

ACKNOWLEDGMENTS Dr Roger SIMONS-SON of Astra Hassle AB. Sweden for supplying HM as HPLC standard chemical, and Dr ZHOU Ping from Analytical and Testing Center of Hu-nan Medical University for fluorescence scanning.

### REFERENCES

22-35

- Koch-Weser J. Metoprolol.
  N Engl J Med 1979; 301 : 698-703.
- Lennard MS, Silas JH, Freestone S, Ramsay LE, Tucker GT, Woods HF. Oxidation phenotype a major determinant of metoprolol metabolism and response.
  N Engl J Med 19821 307 : 1558-60.
- 3 McGourty JC, Silas JH, Lennard MS, Tucker GT, Woods HF. Metoprolol metabolism and debrisoquine oxidation polymorphism - population and family studies. Br J Clin Pharmacol 1985; 20 : 555-66.
- 4 Xie HG, Zhou HH. Aspects of genetically polymorphic oxidation of debrisoquine-type drugs in different populations. Hunan Med J 1993; 10 : 290-2.
- 5 Horai Y. Nakano M. Ishizaki T. Ishikawa K. Zhou HH. Zhou BJ. *et al.* Metoprolol and mephenytoin oxidation polymorphisms in Far Eastern Oriental subjects: Japanese versus mainland Chinese.

Clin Pharmacol Ther 1989; 46 ; 198-207.

- Horai Y, Taga J, Isbizaki T. Ishikawa K. Correlations among the metabolic ratios of three test probes (metoprolol. debrisoquine and sparteine) for genetically determined oxidation polymorphism in a Japanese population. Br J Clin Pharmacol 1990; 29: 111-5.
- Zhang YY, Jiang WD. Study on metoprolol metabolism in a Chinese population of healthy volunteers. Chin J Chin Pharmacol 1990; 6: 158-64.

- Lennard MS, Silas JH. Rapid determination of metoprolul and a-hydroxymetoprolol in human plasma and urine hy high-performance liquid chromatography.
   J Chromatagr Biomed Appl 19834 272 : 205-9.
- 9 Pautler DB. Jusko WJ. Determination of metoprolol and a-hydroxymetoprolol in plasma by high-performance inquid chromatography.
  - J Chromatogr Biomed Appl 1982; 228 : 215-22.
- Gengo FM. Ziemniak MA, Kinkel WR, McHugh WB.
  High-performance liquid chromatagraphic determination of metoprolol and α-hydroxymetoprolol concentrations in human serum. urine and cerebrospinal fluid.
  J Pharm Sci 1984; 73 : 961-3.
- Rutledge DR, Garrick C. Determination of metoprolol and its α-hydroxide metabolite in serum by reversed-phase high-performance liquid chromatography.
   J Chromatogr Sci 1989; 27: 561-5.

## 反相液相色谱直接进样分析人尿中美多洛尔和 α--羟基美多洛尔

谢<u>红光,周宏颜</u>(湖南医科大学药理学教研室, 长沙 410078,中国) カロノイノ

长<sup>ψ</sup> 410078, 中国) **A** 目的:建立一个 HPLC 直接进样法以同时检测人尿中美多洛尔(M)和 α-羟基美多洛尔(HM)浓度. 方法:量取小体积尿样(200 μl),用流动相稀释直接进样:M和HM在(DDS 柱上以等强度洗脱方式分离,并用荧光检测法监测. 结果:未发现潜在干扰峰,M和HM获得快速洗脱与基线分离,其线性范围为0.2-100 mg·L<sup>-1</sup>,检测灵敏度约为0.1 mg·L<sup>-1</sup>,其变异系数小于8%.应用该法对一口服美多洛尔100 mg.的健康志愿者进行了氧化分型. 结论:本法因快速、简便和灵敏,可用于大样本人群 M氧化能力的分型研究.

**关键词** <u>美多洛尔;</u>α-<u>羟基美多洛尔;高压</u> 液相色谱法:尿