

## 17 $\beta$ -Estradiol inhibits carotid sinus baroreceptor activity in anesthetized male rats

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**KEY WORDS** 17 $\beta$ -estradiol; baroreflex; carotid sinus; efferent pathways; tamoxifen; nitric oxide

### ABSTRACT

**AIM:** To study the effect of 17 $\beta$ -estradiol ( $E_2$ ) on carotid baroreceptor activity (CBA). **METHODS:** The functional curve of carotid baroreceptor (FCCB) was constructed and the functional parameters of carotid baroreceptor were measured by recording sinus nerve afferent discharge in anesthetized male rats with perfused isolated carotid sinus. **RESULTS:**  $E_2$  3, 10, and 30  $\mu\text{mol/L}$  shifted FCCB to the right and downward, with a marked decrease in peak slope (PS) and peak integral value of carotid sinus nerve discharge (PIV) in a concentration-dependent manner, indicating the inhibitory effect of  $E_2$  on CBA. Pretreatment with tamoxifen (TAM) 10  $\mu\text{mol/L}$ , an inhibitor of estrogen receptor, did not block the effect of  $E_2$  on CBA. Preperfusion with *L*-NAME 100  $\mu\text{mol/L}$ , an inhibitor of NO synthase, could completely abolish the effect of  $E_2$  on CBA. NO donor SIN-1 10  $\mu\text{mol/L}$  could potentiate the inhibitory effect of  $E_2$ . **CONCLUSION:**  $E_2$  inhibits CBA via endothelial NO release.

### INTRODUCTION

Estrogen exerts a protective effect on the cardiovascular system<sup>[1]</sup>. It exhibits antiatherosclerotic<sup>[2]</sup>, antiarrhythmic<sup>[3]</sup>, and vasodilatory effects<sup>[4]</sup>. It is well known that arterial baroreflex plays a critical role in short-term regulation of arterial blood pressure, while the studies concerning the effect of estrogen on carotid baroreceptor activity (CBA) are somewhat controversial. Saleh and Connell have found that acute intravenous injection of 17 $\beta$ -estradiol ( $E_2$ ) in male rats induced an increase in

baroreflex sensitivity<sup>[5]</sup>. He *et al* showed that chronic treatment with  $E_2$  in ovariectomized rats also increased baroreflex sensitivity<sup>[6]</sup>, while their subsequent experiment demonstrated that chronic administration of  $E_2$  had no effect on the functional curve of baroreflex<sup>[7]</sup>. Recently, our lab has shown that  $E_2$  inhibited carotid baroreflex<sup>[8]</sup>. Whether  $E_2$  affects CBA remains to be clarified as yet. The aim of the present study was, therefore, to observe the effects of  $E_2$  on CBA in anesthetized male rats with perfused isolated carotid sinus, and to elucidate the mechanism(s) involved.

### MATERIALS AND METHODS

Sprague-Dawley rats ( $\delta$ , 310 g  $\pm$  40 g, Grade II, Certificate No 04036), obtained from the Experimental Animal Center of Hebei Province, were anesthetized with ip urethane 1.0 g/kg. The trachea was cannulated for ventilation.

**Perfusion of left carotid sinus** The method of isolating the carotid sinus has been described in our previous study<sup>[9]</sup>. Briefly, the left carotid sinus area was fully exposed after turning rostrally the trachea and esophagus. Sternohyoideus muscles and superior laryngeal nerves were sectioned. The bilateral aortic nerves, right carotid sinus nerves, cervical sympathetic nerves, and recurrent laryngeal nerves were all sectioned. The common, external, and internal carotid arteries and smaller arteries originating from these vessels were exposed and ligated, while carefully leaving the left carotid sinus nerve undisturbed. Ligation of the occipital artery at its origin from the external carotid artery excluded chemoreceptors from the isolated carotid sinus, thereby preventing chemoreceptor activation secondary to decreased carotid sinus pressure. Plastic catheter introduced into the left common carotid artery in the anterograde way (served as inlet tube) was attached to a peristaltic pump (1210, Harvard) which controlled the intrasinus pressure (ISP). The intrasinus pressure was monitored by a pressure trans-

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ducer (MPU-0.5A, Nihon Kohden, Japan) connected with inlet tube. A plastic catheter inserted into the external carotid artery served as an outlet tube. The carotid sinus was then perfused with warm oxygenated modified Krebs-Henseleit (K-H) solution (mmol/L: NaCl 118.0, NaHCO<sub>3</sub> 25.0, KCl 4.7, KH<sub>2</sub>PO<sub>4</sub> 1.2, MgSO<sub>4</sub> 1.2, CaCl<sub>2</sub> 2.5, glucose 5.6, pH 7.35–7.45).

#### Recording of sinus nerve afferent discharge

The carotid sinus nerve was cut near the glossopharyngeal nerve and desheathed. The isolated sinus nerve and surrounding structures were immersed in warm (37 °C) liquid paraffin to avoid drying of the tissues. The sinus nerve was placed on a bipolar platinum electrode connected to a bioelectrical amplifier (AB-621G, Nihon Kohden, Japan). Bioelectrical signal was fed to a bioelectrical integrator (EI-610G, Nihon Kohden, Japan), with an integral time of 5 s. ISP and integral of sinus nerve activity (ISNA) were recorded synchronously by 4-channel physiologic recorder (RM-6200, Nihon Kohden, Japan) and monitored by oscilloscope (VC-22, Nihon Kohden, Japan).

**Protocols** According to the computer controlled program, ISP was altered in a stepwise manner by perfusing left carotid sinus with K-H solution. After ISP was lowered from 13.3 kPa to 0 kPa, it began to increase slowly to 32.0 kPa in a staircase manner, and then decreased to 0 kPa in the same manner, and again stabilized at 13.3 kPa. Each step of the staircase changed the ISP by 4.0 kPa and lasted for 15 s. The functional curve for ISP-ISNA relation was constructed, and the functional parameters of carotid baroreceptor such as peak slope (PS), peak integral value (PIV), threshold pressure (TP), saturation pressure (SP), and operation range (OR) were determined. TP was the ISP at which ISNA began to increase by 15 % in response to increase in ISP. SP was the ISP at which ISNA just showed no further increase with an increase in ISP. OR was calculated as the difference between SP and TP.

On perfusing carotid sinus with K-H solution, the functional curve of carotid baroreceptor (FCCB) was drawn, obtaining the control parameters of TP, SP, OR, PS, and PIV. ISP was then fixed at 13.3 kPa for 20 min, and K-H solution containing E<sub>2</sub> 3, 10, 30 μmol/L was then perfused to examine the changes in ISNA, followed by measurement of the parameters again. Finally the carotid sinus was perfused with K-H solution as a postcontrol.

The effect of tamoxifen (TAM) on the response to

E<sub>2</sub> was examined. After the control parameters of CBA were obtained, the isolated carotid sinus was perfused with K-H solution containing TAM 10 μmol/L for 30 min, and the above parameters were measured. Then E<sub>2</sub> 10 μmol/L was added to perfuse the sinus area. The parameters were measured within 30 min, and then the drugs were washed out with K-H solution. To determine whether the effect of E<sub>2</sub> 10 μmol/L was caused by endothelium-dependent nitric oxide release, one group in the experiment was pretreated with L-NAME 100 μmol/L for 20 min before E<sub>2</sub> was added. To further determine the involvement of NO in the effect of E<sub>2</sub> on CBA, pretreatment with a NO donor SIN-1 (3-morpholino-sydnimine) 10 μmol/L was done.

**Drugs** 17β-Estradiol (purity 99 %, Sigma) and tamoxifen (purity 99 %, Sigma) were dissolved in diluted ethanol (1:2000). L-NAME (Sigma) and SIN-1 (Cassella, Germany) were dissolved in saline. The same amount of diluted ethanol was also added to normal K-H solution as control. No changes in ISNA were observed during perfusion with ethanol (1:2000).

**Statistics** All data are presented as  $\bar{x} \pm s$ . The significance of group differences was determined by one way ANOVA and *q* test.

## RESULTS

#### Effect of E<sub>2</sub> on carotid baroreceptor activity

By perfusing carotid sinus with K-H solution and elevating ISP from 0 to 32.0 kPa in a stepwise manner, ISNA was increased. There was no difference in CBA parameters among controls. As compared with control groups, E<sub>2</sub> concentration-dependently decreased PIV and PS, and increased TP and SP, shifting FCCB to the right and downward (Tab 1, Fig 1). The above effects occurred within 10 min after perfusing carotid sinus with E<sub>2</sub>, and reached the peak during 20–40 min. Fig 2 is an original tracing showing the effects of E<sub>2</sub> on ISNA.

**Effect of TAM on E<sub>2</sub> responses** TAM 10 μmol/L did not induce any change in functional parameters of carotid baroreceptor, and also did not block the effect of E<sub>2</sub> 10 μmol/L (Tab 2).

**Effect of L-NAME on E<sub>2</sub> responses** L-NAME 100 μmol/L *per se* did not produce any change in functional parameters of carotid baroreceptor, but markedly blocked the most effects of E<sub>2</sub> except OR (Tab 2).

**Effect of SIN-1 on E<sub>2</sub> responses** SIN-1 10 μmol/L did not change CBA, while it potentiated the effects of E<sub>2</sub> on CBA (Tab 2).

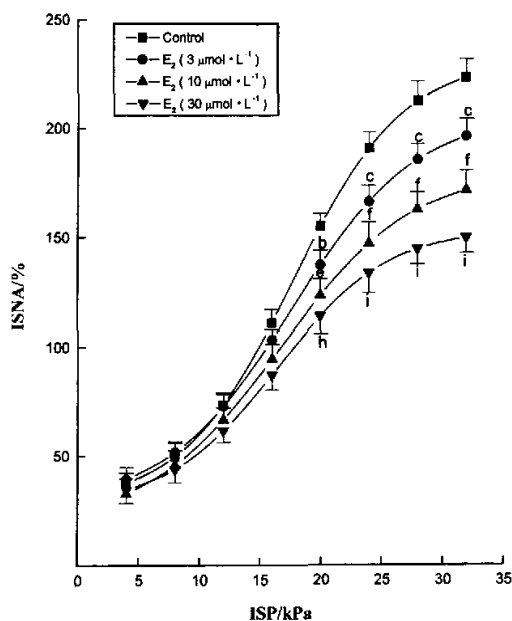


Fig 1. Effect of different concentrations of E<sub>2</sub> on the functional curves of carotid baroreceptor in rats.  $n = 6$ .  $\bar{x} \pm s$ . <sup>b</sup> $P < 0.05$ , <sup>c</sup> $P < 0.01$  vs control. <sup>f</sup> $P < 0.05$ , <sup>g</sup> $P < 0.01$  vs E<sub>2</sub> 3  $\mu\text{mol}\cdot\text{L}^{-1}$ . <sup>h</sup> $P < 0.05$ , <sup>i</sup> $P < 0.01$  vs E<sub>2</sub> 10  $\mu\text{mol}\cdot\text{L}^{-1}$ . ISP: intrasinus pressure; ISNA: integral of sinus nerve activity.

## DISCUSSION

The main finding of the present study is that E<sub>2</sub> inhibited CBA in a concentration-dependent manner. In our experiment, E<sub>2</sub> shifted FCCB to the right and downward, with reduction of PIV and PS, indicating the inhibitory action of E<sub>2</sub> on CBA. This was in accordance with the inhibitory effect of E<sub>2</sub> on carotid baroreflex observed in our previous study<sup>(8)</sup>. Saleh and Connell have found that acute administration of E<sub>2</sub> enhances baroreceptor sensitivity<sup>(5)</sup>. While He *et al* drew a contradictory conclusion in their successive studies<sup>(6,7)</sup>. According to their experiments, intravenous injection of phenylephrine and sodium nitroprusside was used to induce the changes in blood pressure, resulting in overloading and unloading of the baroreceptor respectively. Under such conditions, the two drugs had direct effects on cardiovascular and central nervous systems, thereby interfering with the effects of E<sub>2</sub>. In addition, on systemically injecting E<sub>2</sub> it was not possible to define the precise location where E<sub>2</sub> acted. In the present study, the technique of perfusing the isolated carotid sinus was used and CBA was altered

by increasing or decreasing ISP. Under such conditions, administration of the active agent was restricted to the local sinus area and the direct actions of E<sub>2</sub> on cardiovascular or central nervous system were avoided.

The  $\alpha$  and  $\beta$  forms of estrogen nuclear receptor have been cloned from human and rats<sup>(10,11)</sup>, which have been detected in a wide range of tissues including the cardiovascular system<sup>(12)</sup>. It is generally accepted that estrogen has genomic and non-genomic actions on target tissues; the former are mediated through activation of estrogen nuclear receptor, and the latter suggested to be associated with membrane receptor. In our experiment, the inhibitory effects of E<sub>2</sub> on CBA appeared within 20–40 min after acutely perfusing sinus area with different concentrations of E<sub>2</sub>. In addition, pretreatment with TAM, an inhibitor of estrogen nuclear receptor, could not block the effects of E<sub>2</sub>. Accordingly, the inhibitory effects of E<sub>2</sub> on CBA may be attributed to its non-genomic action mediated through activation of membrane receptor, but not to genomic action.

Evidence has been presented that endothelium-dependent NO release induced by E<sub>2</sub> could in part be responsible for its non-genomic action<sup>(13)</sup>. In our study, administration of L-NAME, an inhibitor of NO synthase, completely abolished the inhibitory effects of E<sub>2</sub>. Furthermore, SIN-1, a donor of NO, could potentiate the action of E<sub>2</sub> on CBA. Based on these results, it is conceivable that the effects of E<sub>2</sub> on CBA could be ascribed to NO release from sinus area. Li *et al* have shown that NO suppressed action potential discharge of baroreceptor via regulation of the sodium currents<sup>(14)</sup>. Bolotina *et al* have also reported that the activation of calcium-dependent K<sup>+</sup> channels localized in vascular smooth muscle by NO may hyperpolarize baroreceptor neurons, thereby decreasing their activity<sup>(15)</sup>. Both these mechanisms may account for our results.

In summary, E<sub>2</sub> inhibits CBA, an effect of which may be mediated by NO release from endothelial cells of the sinus area.

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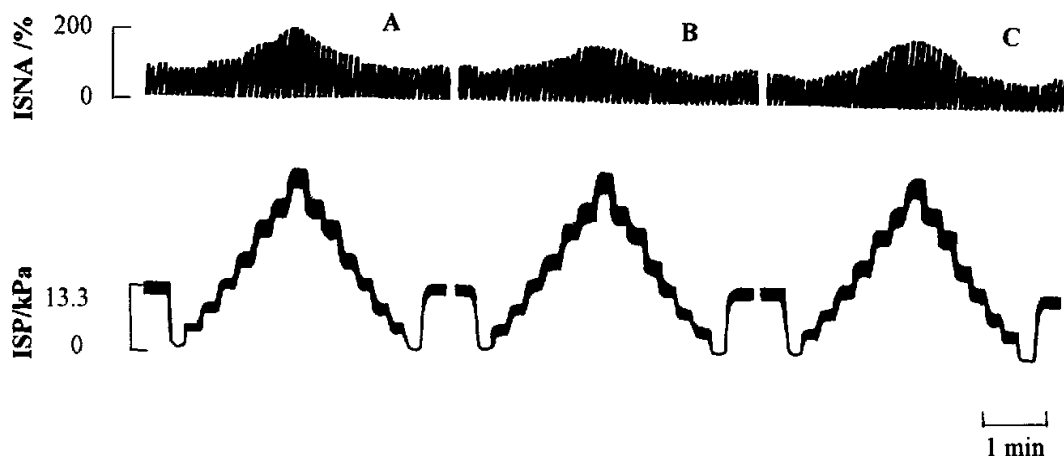


Fig 2. Original recording showing the responses of ISNA to intrasinus perfusion with  $E_2$ . A: Control; B: Perfusion with  $E_2$  10  $\mu\text{mol/L}$ ; C: Washing out.

Tab 1. Effects of  $E_2$  on functional parameters of carotid baroreceptor in male reats.  $n = 6$ .  $\bar{x} \pm s$ .  $^aP > 0.05$ ,  $^bP < 0.05$ ,  $^cP < 0.01$  vs control.  $^dP > 0.05$ ,  $^eP < 0.01$  vs  $E_2$  3  $\mu\text{mol}\cdot\text{L}^{-1}$ .  $^fP > 0.05$ ,  $^gP < 0.05$ ,  $^hP < 0.01$  vs  $E_2$  10  $\mu\text{mol/L}$ .

Drugs	TP/kPa	SP/kPa	OR/kPa	PS/% $\cdot\text{kPa}^{-1}$	PIV/%
Control	8.01 $\pm$ 0.09	26.0 $\pm$ 0.4	18.4 $\pm$ 0.4	19.9 $\pm$ 0.3	217 $\pm$ 9
$E_2$ 3 $\mu\text{mol/L}$	8.5 $\pm$ 0.5 <sup>b</sup>	27.1 $\pm$ 0.9 <sup>b</sup>	18.6 $\pm$ 1.0 <sup>a</sup>	18.0 $\pm$ 0.4 <sup>c</sup>	189 $\pm$ 7 <sup>c</sup>
$E_2$ 10 $\mu\text{mol/L}$	9.36 $\pm$ 0.29 <sup>df</sup>	27.9 $\pm$ 0.9 <sup>cd</sup>	19.3 $\pm$ 0.8 <sup>ad</sup>	16.2 $\pm$ 0.4 <sup>cf</sup>	172 $\pm$ 10 <sup>df</sup>
$E_2$ 30 $\mu\text{mol/L}$	10.60 $\pm$ 0.07 <sup>ci</sup>	29.2 $\pm$ 0.6 <sup>ch</sup>	19.4 $\pm$ 0.9 <sup>ag</sup>	13.6 $\pm$ 0.5 <sup>ci</sup>	148 $\pm$ 8 <sup>ci</sup>

TP: threshold pressure; SP: saturation pressure; OR: operation rage; PS: peak slope; PIV: peak intergral value of sinus nerve activity.

Tab 2. Effects of TAM 10  $\mu\text{mol/L}$ , L-NAME 100  $\mu\text{mol/L}$ , and SIN-1 10  $\mu\text{mol/L}$  on the responses of carotid baroreceptor to  $E_2$  10  $\mu\text{mol/L}$ .  $n = 6$ .  $\bar{x} \pm s$ .  $^aP > 0.05$ ,  $^bP < 0.05$ ,  $^cP < 0.01$  vs control.  $^dP > 0.05$ ,  $^eP < 0.05$ ,  $^fP < 0.01$  vs  $E_2$  10  $\mu\text{mol}\cdot\text{L}^{-1}$ .

Drugs	TP/kPa	SP/kPa	OR/kPa	PS/% $\cdot\text{kPa}^{-1}$	PIV/%
Control	8.0 $\pm$ 0.3	26.3 $\pm$ 0.8	8.6 $\pm$ 0.4	19.82 $\pm$ 0.13	220 $\pm$ 6
$E_2$	8.9 $\pm$ 0.8 <sup>a</sup>	27.4 $\pm$ 1.1 <sup>a</sup>	18.6 $\pm$ 0.5 <sup>a</sup>	16.0 $\pm$ 0.3 <sup>c</sup>	175 $\pm$ 9 <sup>c</sup>
TAM + $E_2$	9.0 $\pm$ 0.7 <sup>ad</sup>	27.5 $\pm$ 1.0 <sup>ad</sup>	18.9 $\pm$ 0.7 <sup>ad</sup>	16.1 $\pm$ 0.3 <sup>cd</sup>	180 $\pm$ 8 <sup>ad</sup>
Control	8.42 $\pm$ 0.24	26.1 $\pm$ 0.5	18.5 $\pm$ 0.7	19.88 $\pm$ 0.24	218 $\pm$ 9
$E_2$	9.18 $\pm$ 0.16 <sup>c</sup>	28.1 $\pm$ 0.3 <sup>c</sup>	18.7 $\pm$ 0.3 <sup>a</sup>	16.2 $\pm$ 0.6 <sup>c</sup>	174 $\pm$ 9 <sup>c</sup>
L-NAME + $E_2$	8.24 $\pm$ 0.22 <sup>ad</sup>	26.3 $\pm$ 0.4 <sup>df</sup>	18.2 $\pm$ 0.8 <sup>ad</sup>	19.7 $\pm$ 0.6 <sup>df</sup>	222 $\pm$ 7 <sup>df</sup>
Control	8.1 $\pm$ 0.4	25.8 $\pm$ 0.5	18.9 $\pm$ 0.4	20.1 $\pm$ 0.4	214 $\pm$ 8
$E_2$	9.1 $\pm$ 0.4 <sup>b</sup>	27.9 $\pm$ 0.4 <sup>c</sup>	19.1 $\pm$ 0.6 <sup>a</sup>	16.2 $\pm$ 0.3 <sup>c</sup>	171 $\pm$ 9 <sup>c</sup>
SIN-1 + $E_2$	9.8 $\pm$ 0.3 <sup>ce</sup>	28.9 $\pm$ 0.7 <sup>ce</sup>	19.2 $\pm$ 0.8 <sup>ad</sup>	15.3 $\pm$ 0.5 <sup>ce</sup>	158 $\pm$ 8 <sup>ce</sup>

TP: threshold pressure; SP: saturation pressure; OR: operation rage; PS: peak slope; PIV: peak intergral value of sinus nerve activity.

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### 17 $\beta$ -雌二醇抑制麻醉雄性大鼠颈动脉窦压力感受器的活动

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**关键词** 17 $\beta$ -雌二醇; 压力反射; 颈动脉窦; 传出通路; 他莫昔芬; 一氧化氮

**目的:** 观察 17 $\beta$ -雌二醇对颈动脉窦压力感受器活动的影响。 **方法:** 在麻醉雄性大鼠隔离灌注颈动脉窦条件下记录窦神经传入放电, 观察 17 $\beta$ -雌二醇(E<sub>2</sub>)对压力感受器机能曲线和机能参数的影响。 **结果:** E<sub>2</sub> 3, 10 和 30  $\mu$ mol/L 使压力感受器机能曲线向右下方移位, 曲线最大斜率和窦神经传入放电积分最大值均明显减小, 表明 E<sub>2</sub> 可抑制颈动脉窦压力感受器活动。 雌激素受体抑制剂他莫昔芬 10  $\mu$ mol/L 不能阻断 E<sub>2</sub> 的效应。 一氧化氮合酶阻断剂 L-NAME 100  $\mu$ mol/L 完全阻断 E<sub>2</sub> 对压力感受器活动的抑制效应。 一氧化氮供体 SIN-1 10  $\mu$ mol/L 能加强 E<sub>2</sub> 的效应。 **结论:** E<sub>2</sub> 抑制雄性大鼠颈动脉窦压力感受器的活动, 此效应系其使内皮细胞释放一氧化氮所致。

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