

## Chemo- and radio-protective effects of polysaccharide of *Spirulina platensis* on hemopoietic system of mice and dogs

ZHANG Hong-Quan<sup>1</sup>, LIN An-Ping, SUN Yun, DENG Yang-Mei

(The Medical and Pharmaceutical Academe of Yangzhou University, Yangzhou 225001, China)

**KEY WORDS** *Spirulina platensis*; polysaccharides; bone marrow; gamma rays; radiation-protective agents; hemoglobins; erythrocyte count; leukocyte count

### ABSTRACT

**AIM:** To observe polysaccharide of *Spirulina platensis* (P $Sp$ ) on the hematopoietic system of mouse and dogs which were damaged by injection of cyclophosphamide (CTX) and <sup>60</sup>Co- $\gamma$  irradiation. **METHODS:** CTX and <sup>60</sup>Co- $\gamma$  ray were used to induce bone marrow damage, and the experimental animals were ig with different dose of P $Sp$  *in vivo*, after 12-d and 21-d administration, the whole blood cells and nucleated cells in bone marrow were measured, and the DNA in bone marrow were inspected by UV-spectrophotometer. **RESULTS:** CTX and <sup>60</sup>Co- $\gamma$  irradiation induced hemopoietic system damage in mice and dogs, respectively. P $Sp$  30, 60 mg/kg increased the level of the white cells in blood and nucleated cells and DNA in bone marrow in mice but had no effects on red cells and hemoglobins. P $Sp$  12 mg/kg increased the level of red cells, white cells, and hemoglobins in blood and nucleated cells in bone marrow in dogs ( $P < 0.01$ ), and the effects of P $Sp$  60 mg/kg were better than that of berbamine hydrochloride 60 mg/kg. **CONCLUSION:** P $Sp$  has chemo-protective and radio-protective capability, and may be a potential adjunct to cancer therapy.

### INTRODUCTION

Polysaccharide of *Spirulina platensis* (P $Sp$ ) is an acidic polysaccharide attracted from *Spirulina*, containing rhamnose, fucose, xylose, mannose, glucose, and galactose. Its molecular weight ( $M_r$ ) is between  $3.4 \times 10^5$  and  $2.9 \times 10^6$ . There were many researches reported

that it had anti-oxidant and anti-fatigue effects<sup>(1)</sup>, and increased the immune capability in body and promoted DNA synthesis. In plant it can prevent cells from irradiation damage, and enhance DNA repair and synthesis capability<sup>(2)</sup>.

Chemotherapy and radiotherapy, common methods in tumor therapy, not only kill tumor cells, but also make many adverse effects primarily because of damage of the hematopoietic system<sup>(3)</sup>. As a natural agent, P $Sp$  has little toxicity to human, and its usage in tumor therapy attracts much attention. *In vivo* and *in vitro* research finds indicated that it suppressed the growth of tumor cells, promoted NK cells activity, and induced lymphocyte in spleen to produce TNF- $\alpha$ <sup>(4)</sup>. It is also found that P $Sp$  can increase the rate of survive of mice and promote hematopoietic stem cells and progenitor cells to differentiate after lethal <sup>60</sup>Co- $\gamma$  ray irradiation<sup>(5)</sup>. Based on the characteristics of low toxicity and anti-tumor activities, we want to study whether P $Sp$  has some effect on hematopoietic system after chemical and radical damage.

### MATERIALS AND METHODS

**Materials** P $Sp$  were supplied by China Pharmaceutical University, polysaccharide accounted for 63.5 % (970912). Berbamine hydrochloride (BH) was purchased from the Wuxi No Six Pharmaceutical Factory (No 960112). Cyclophosphamide (CTX) was produced by Shanghai No 12 Pharmaceutical Factory (No 960501); Cesium-137 radiation of <sup>60</sup>Co- $\gamma$  (Subei Renmin Hospital, 100 Gy/min).

**Animals** ICR mouse of either sex (Grade II, Certificate No 93104) were purchased from Central Experimental Animal Facility of Yangzhou University. The animals, 2-month-old, 18-22 g, were housed 10 per cage. The dogs (No 9100013) weighed between 5.8 and 7.2 kg. All the animals were allowed free access to food and water during experiment.

#### Effect of P $Sp$ on hemopoietic system of mice

<sup>1</sup> Correspondence to Prof ZHANG Hong-Quan.

Phn 86-514-797-8877. Fax 86-514-734-1733.

Received 2001-02-16

Accepted 2001-06-14

**induced by CTX** Sixty ICR mice were divided into 6 groups. The control group were ig administered distilled water  $15 \text{ mL} \cdot \text{kg} \cdot \text{d}^{-1}$  and the positive control group were given ig BH  $60 \text{ mg} \cdot \text{kg} \cdot \text{d}^{-1}$  for 12 d. The other three PSp-treated groups were given ig PSp 15, 30, and  $60 \text{ mg} \cdot \text{kg} \cdot \text{d}^{-1}$  for 12 d. After consecutive administration for 5 d, except for the control group, all the mice were injected CTX ip  $100 \text{ mg} \cdot \text{kg} \cdot \text{d}^{-1}$  for 3 d.

On the 12th day, the white and red blood cell (WBC and RBC) number were counted and hemoglobin were measured, respectively.

For DNA determination, on d 12, the mice were sacrificed and the femurs of both sides were obtained. The cavity of right femur were washed with 10 mL  $\text{CaCl}_2$  using a sterile syringe and a 26-gauge needle. The solution was placed into an icebox at  $4^\circ\text{C}$  for 30 min, then centrifuged at  $2500 \times g$  for 15 min. After the supernatant was casted off,  $\text{HClO}_4$  0.2 mol/L 5 mL was added in the precipitant and mixed thoroughly, then heated at  $90^\circ\text{C}$  for 15 min. The liquid were passed through stainless steel meshnets after cooling. The optical density of the liquid were measured under UV-spectrophotometer at 260 nm. (1 unit of  $OD_{260} = \text{dsDNA } 50 \text{ mg/L}$ . DNA in per femur = OD value  $\times 5 \times 5 \mu\text{g}$ ).

The cavity of the left femur was washed with 10 mL 3% acetic acid to get the bone marrow cells. Cell counts were obtained using a hemocytometer.

**Effect of PSp on hemopoietic system in dogs induced by  $^{60}\text{Co-}\gamma$  irradiation in dogs** Normal dogs ( $n = 20$ ) were divided into 5 groups and fed routinely for 1 week before experiment. The normal control group and model group ( $^{60}\text{Co-}\gamma$  irradiation group) were fed with pig intestines which has no drug. The PSp-treated groups were fed with PSp, which were mixed with meat, at the dose of 3 and  $12 \text{ mg} \cdot \text{kg} \cdot \text{d}^{-1}$  for 26 d, respectively. The positive control group were fed with BH  $12 \text{ mg} \cdot \text{kg} \cdot \text{d}^{-1}$  for 26 d. On d 5, the dogs were irradiated by  $^{60}\text{Co-}\gamma$  ray at  $100 \text{ Gy/min}$ . White and red blood cells, bone marrow cells, and hemoglobin were measured on d 7, 14, and 21, respectively.

**Statistical analysis** Data were expressed as  $\bar{x} \pm s$  and analyzed by paired *t*-test.  $P < 0.05$  was considered significant.

## RESULTS

**Effect of PSp on the decrease of peripheral blood cells induced by CTX** CTX decreased

peripheral blood cells including white blood cells, red blood cells, and hemoglobin. PSp 30 and  $60 \text{ mg} \cdot \text{kg} \cdot \text{d}^{-1}$  for 12 d increased the white blood cells to 15% - 60%, and the effect of PSp  $60 \text{ mg} \cdot \text{kg} \cdot \text{d}^{-1}$  was better than BH, but they had no effect on the red blood cells and hemoglobin (Tab 1).

**Tab 1. Effect of PSp on the decrease of peripheral blood cells induced by CTX.**  $n = 10$ .  $\bar{x} \pm s$ .  $^bP < 0.05$ ,  $^cP < 0.01$  vs control.  $^fP < 0.01$  vs CTX  $100 \text{ mg} \cdot \text{kg} \cdot \text{d}^{-1}$ .

Group	$10^{-9} \times \text{WBC}/\text{L}^{-1}$	$10^{-12} \times \text{RBC}/\text{L}^{-1}$	HB/ $\text{g} \cdot \text{L}^{-1}$
Control	$11.5 \pm 2.6$	$5.3 \pm 0.4$	$158 \pm 12$
CTX (100 mg/kg $\times 3$ d)	$3.37 \pm 0.29^c$	$4.13 \pm 0.18$	$130 \pm 3^c$
CTX + BH (60 mg/kg)	$4.5 \pm 0.9^c$	$4.4 \pm 0.4^b$	$137 \pm 10^c$
CTX + PSp (15 mg/kg)	$3.9 \pm 0.4^c$	$4.16 \pm 0.17^c$	$126 \pm 5^c$
CTX + PSp (30 mg/kg)	$4.5 \pm 0.7^c$	$4.3 \pm 0.3^c$	$132 \pm 12^c$
CTX + PSp (60 mg/kg)	$5.5 \pm 1.3^c$	$4.36 \pm 0.22^c$	$132 \pm 9^c$

### Effect of PSp on the decrease of DNA and nucleated cells in bone marrow induced by CTX

CTX decreased the DNA and nucleated cells in bone marrow, which indicated a distinct suppression on bone marrow. PSp increased levels of the DNA and nucleated cells in the suppressive state. The effect of PSp  $60 \text{ mg} \cdot \text{kg} \cdot \text{d}^{-1}$  is better than BH (Tab 2).

**Tab 2. Effect of PSp on the decrease of DNA in bone marrow induced by CTX.**  $n = 5$ .  $\bar{x} \pm s$ .  $^bP < 0.05$ ,  $^cP < 0.01$  vs control group.  $^dP < 0.05$ ,  $^fP < 0.01$  vs CTX group.

Group	Content of DNA/ $\mu\text{g}$ per femur	$10^{-6} \times$ Nucleated cells per femur
Control	$270 \pm 48$	$10.0 \pm 1.4$
CTX (100 mg/kg)	$96 \pm 36^c$	$1.16 \pm 0.16^c$
CTX + BH (60 mg/kg)	$209 \pm 72^c$	$7.0 \pm 1.8^{cf}$
CTX + PSp (15 mg/kg)	$198 \pm 40^{bf}$	$2.7 \pm 0.6^{cf}$
CTX + PSp (30 mg/kg)	$155 \pm 24^{cf}$	$4.9 \pm 0.4^f$
CTX + PSp (60 mg/kg)	$223 \pm 87^c$	$7.4 \pm 1.7^{cf}$

### Effect of PSp on decrease of peripheral blood cells and nucleated cells in bone marrow induced by $^{60}\text{Co-}\gamma$ irradiation in dogs

$^{60}\text{Co-}\gamma$  irradiation reduced white blood cells, red blood cells, and hemoglobin in peripheral blood to 62.5%, 26.4%, and 18.9% respectively. PSp 12 mg/kg increased the levels of white and red blood cells and hemoglobin (Tab 3, 4).

**Tab 3. Effect of PSp on the decrease of white blood cells caused by  $^{60}\text{Co}$ - $\gamma$  irradiation.  $n = 4$ .  $\bar{x} \pm s$ .  $^bP < 0.05$ ,  $^cP < 0.01$  vs control group.  $^eP < 0.05$ ,  $^fP < 0.01$  vs model group.**

Group	$10^{-9} \times \text{WBC}/\text{L}^{-1}$		
	d 7	d 14	d 21
Normal control	12.0 $\pm$ 2.5	10.8 $\pm$ 2.3	11.6 $\pm$ 2.5
Model ( $^{60}\text{Co}$ irradiation)	4.5 $\pm$ 0.4 <sup>e</sup>	4.9 $\pm$ 1.2 <sup>c</sup>	7.1 $\pm$ 1.5 <sup>b</sup>
$^{60}\text{Co}$ + BH (12 mg/kg)	6.0 $\pm$ 0.9 <sup>ae</sup>	7.0 $\pm$ 1.3 <sup>b</sup>	8.0 $\pm$ 0.4 <sup>b</sup>
$^{60}\text{Co}$ + PSp (3 mg/kg)	4.7 $\pm$ 0.5 <sup>e</sup>	5.50 $\pm$ 0.18 <sup>e</sup>	7.2 $\pm$ 2.2 <sup>b</sup>
$^{60}\text{Co}$ + PSp (12 mg/kg)	6.3 $\pm$ 0.9 <sup>ae</sup>	7.1 $\pm$ 0.8 <sup>c</sup>	8.6 $\pm$ 0.9 <sup>b</sup>

After 7 d  $^{60}\text{Co}$ - $\gamma$  irradiation, the granulocyte system and erythroid system were greatly suppressed. PSp decreased the injury caused by  $^{60}\text{Co}$ - $\gamma$  irradiation, and the effect of PSp 12 mg/kg is better than that in BH 12 mg/kg group (Tab 5).

## DISCUSSION

Chemotherapy and radiotherapy are the most commonly used methods in cancer treatment, but they inevitably led to a decrease in bone marrow function which was reflected by a substantial decrease in mature blood elements<sup>[6]</sup>. In this experiment the DNA and nucleated cells in bone marrow and the level of peripheral blood cells and hemoglobin were all decreased markedly after CTX or  $^{60}\text{Co}$ - $\gamma$  ray treatment indicating that chemical or radiant injury model was established, respectively.

Our results showed that PSp 30 and 60 mg/kg in mice as well as 3 and 12 mg/kg in dog could increase the level of white cells and hemoglobin in blood and nucleated cells in granulocyte system and erythroid system. Liou *et al* reported that it could prevent the bone marrow cells in mouse from injury induced by irradiation<sup>[7]</sup>. Pang *et al*<sup>[8]</sup> studied the radioprotective effect of an extract of *Spirulina platensis* using the micronucleus test in polychromatic erythrocytes of bone marrow of mice. In this system the extract caused a marked reduction of the micronucleus frequencies induced by gamma-radiation. The prior research in our laboratory indicated that PSp protected DNA of 2BS cells from damage induced by UV irradiation. All above findings were consistent with the present results. Xu *et al* found it could increase spleen weight and the number of lymphocyte and promote spleen lymphocyte transformation in mice exposed to gamma-ray<sup>[9]</sup>. Also as a natural agent, glycosides of cistanche (GCS) has similar effect as PSp on hematopoietic system of  $^{60}\text{Co}$ - $\gamma$  ray irradiated mice, and the mechanism of this effect has relevance to its anti-oxidant capability<sup>[10]</sup>. The radiation-protective effects of PSp may be related with its anti-oxidant and anti-fatigue capability<sup>[11]</sup> and immunoproliferative effects.

In summary, PSp had chemo-protective and radio-protective capability and was a potential agent for the restoration of hematopoiesis in patients after radiotherapy and chemotherapy.

**Tab 4. Effect of PSp on the decrease of red blood cells and hemoglobin in peripheral blood cells caused by  $^{60}\text{Co}$ - $\gamma$ .  $n = 4$ .  $\bar{x} \pm s$ .  $^bP < 0.05$ ,  $^cP < 0.01$  vs control group.  $^eP < 0.05$ ,  $^fP < 0.01$  vs model group.**

Group	d 7		d 14		d 21	
	$10^{-12} \times \text{RBC}/\text{L}^{-1}$	$\text{HB}/\text{g} \cdot \text{L}^{-1}$	$10^{-12} \times \text{RBC}/\text{L}^{-1}$	$\text{HB}/\text{g} \cdot \text{L}^{-1}$	$10^{-12} \times \text{RBC}/\text{L}^{-1}$	$\text{HB}/\text{g} \cdot \text{L}^{-1}$
Normal control	6.6 $\pm$ 0.6	152 $\pm$ 16	6.5 $\pm$ 1.0	149 $\pm$ 10	6.4 $\pm$ 0.8	143 $\pm$ 17
Model ( $^{60}\text{Co}$ irradiation)	4.9 $\pm$ 0.6 <sup>e</sup>	123 $\pm$ 13 <sup>b</sup>	5.9 $\pm$ 0.6	137 $\pm$ 13	6.2 $\pm$ 0.8	144 $\pm$ 13
$^{60}\text{Co}$ + BH (12 mg/kg)	5.5 $\pm$ 0.7	138 $\pm$ 14	6.2 $\pm$ 0.4	151 $\pm$ 15	6.4 $\pm$ 0.7	146 $\pm$ 18
$^{60}\text{Co}$ + PSp (3 mg/kg)	5.1 $\pm$ 0.8 <sup>e</sup>	127 $\pm$ 6 <sup>b</sup>	5.6 $\pm$ 0.6	141 $\pm$ 5	5.6 $\pm$ 0.7	141 $\pm$ 8
$^{60}\text{Co}$ + PSp (12 mg/kg)	6.1 $\pm$ 0.3 <sup>f</sup>	149 $\pm$ 14 <sup>e</sup>	6.8 $\pm$ 0.3 <sup>e</sup>	154 $\pm$ 14	6.4 $\pm$ 0.5	158 $\pm$ 17

**Tab 5. Effect of PSp on the suppression of hematopoietic system caused by  $^{60}\text{Co}-\gamma$ .  $n = 4$ .  $\bar{x} \pm s$ .  $^bP < 0.05$ ,  $^cP < 0.01$  vs control group.  $^dP < 0.05$ ,  $^eP < 0.01$  vs model group.**

Group	Nucleated cells		
	d 7	d 14	d 21
	In granulocyte system/%		
Normal control	49 ± 5	46 ± 6	48 ± 4
Model( $^{60}\text{Co}$ irradiation)	2.2 ± 1.7	10 ± 4 <sup>c</sup>	46 ± 3 <sup>b</sup>
$^{60}\text{Co}$ + BH(12 mg/kg)	5.5 ± 3.0 <sup>ce</sup>	20.4 ± 2.9 <sup>bt</sup>	47 ± 8
$^{60}\text{Co}$ + PSp(3 mg/kg)	2.9 ± 1.1 <sup>c</sup>	16.3 ± 1.7 <sup>ce</sup>	46 ± 3
$^{60}\text{Co}$ + PSp(12 mg/kg)	7.7 ± 1.1 <sup>ef</sup>	22.3 ± 2.9 <sup>ef</sup>	46 ± 6
	In erythroid system/%		
Normal control	33 ± 4	29.3 ± 2.4	31 ± 3
Model( $^{60}\text{Co}$ irradiation)	14 ± 6 <sup>b</sup>	19 ± 6	27 ± 6
$^{60}\text{Co}$ + BH(12 mg/kg)	18.0 ± 2.9 <sup>c</sup>	21.0 ± 2.1	29 ± 5
$^{60}\text{Co}$ + PSp(3 mg/kg)	14 ± 4 <sup>c</sup>	18.8 ± 2.9 <sup>c</sup>	29 ± 6
$^{60}\text{Co}$ + PSp(12 mg/kg)	22 ± 4 <sup>c</sup>	24 ± 4	31 ± 4

## REFERENCES

- Zho SY. Experimental research on the anti-oxidation and anti-fatigue effect of the polysaccharide from *Spirulina platensis* cultivated in Yunnan. *Chin J Biochem Pharm* 1995; 16: 255-8.
- Pang QS, Guo BJ, Ruan JH. Effect of polysaccharide from *Spirulina platensis* on the activity of endonuclease and on DNA repair-synthesis capability. *Acta Genet Sin* 1988; 15: 374-81.
- Crearen PJ, Mihchi E. The clinical toxicity of anti-cancer drugs and its prediction. *Semin Oncol* 1977; 41: 47-9.
- Qu XJ, Cui SX, Xie SY. Antitumor studies on the polysaccharides *Spirulina platensis* in vivo. *Chin J Mar Drugs* 2000; 19: 10-4.
- Wang YL, Chen WH, Xie YX. Study on the pharmacologic functions of the polysaccharide of *Spirulina maxima*. *Biotech Bull* 1999; 15: 26-9.
- Hoagland HE. Hematological complication of cancer chemotherapy. *Semin Oncol* 1982; 9: 95-7.
- Liou LS, Guo BJ, Ruan JH. The research on the inhibitory activity of polysaccharide from *Spirulina platensis* on transplant

murine cells. *Ocean Sci* 1991; 9: 33-5.

- Pang QS, Guo BJ, Kolman A. Radioprotective effect of extract from *Spirulina platensis* in mouse bone marrow cells studied by using the micronucleus test. *Toxicol Lett* 1989; 48: 165-9.
- Xu H, Yu ZG, Shu HQ. Effect of polysaccharides from *Spirulina platensis* on immunological function of mice exposed to gamma-ray. *Radiat Res Radiat Tech J* 1997; 15: 186-8.
- Jiang XY, Wang XW. Protective effects of glycosides of cistanche on hematopoietic system of  $^{60}\text{Co}$ -ray irradiated mice. *Chin Pharmacol Bull* 2000; 16: 332-5.

## 螺旋藻多糖对小鼠和犬造血系统的化学和放射防护作用

张洪泉<sup>1</sup>, 林安平, 孙云, 邓杨梅

(扬州大学医药研究所, 扬州 225001, 中国)

**关键词** 螺旋藻; 多糖类; 骨髓;  $\gamma$ 射线; 辐射防护剂; 血红蛋白类; 红细胞计数; 白细胞计数

**目的:** 研究螺旋藻多糖(PSp)对环磷酰胺和 $^{60}\text{Co}-\gamma$ 射线所致小白鼠和犬造血系统抑制的影响。 **方法:** 腹腔注射环磷酰胺以及用 $^{60}\text{Co}-\gamma$ 射线照射分别诱发小鼠和犬的骨髓损伤。全血细胞计数和骨髓有核细胞计数。用紫外分光光度计检测骨髓DNA的含量。 **结果:** 环磷酰胺和 $^{60}\text{Co}-\gamma$ 射线分别造成小鼠和犬骨髓造血系统抑制性损伤。PSp 30, 60 mg/kg能升高小鼠全血白细胞数和骨髓有核细胞数以及DNA含量; PSp 12 mg/kg能使犬骨髓有核细胞数, 以及外周血红细胞、白细胞及血红蛋白水平得以回升( $P < 0.01$ ), 其疗效优于盐酸小壁胶。 **结论:** PSp对造血系统有化学保护和放射保护作用。

(责任编辑 朱倩蓉)