

## Relationship between structure and anti-oxidation of tocopherol with molecular orbit theory<sup>1</sup>

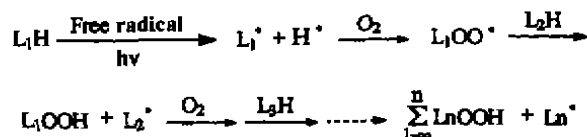
LIU Shan-Lin<sup>2</sup>, PAN Jia-Hu, SHI Dong-Yun (Department of Biochemistry, Shanghai Medical University, Shanghai 200032, China); CHEN Kai-Xian, WANG Qin-Mi (Shanghai Institute of Materia Medica, Chinese Academy of Sciences, Shanghai 200031, China); CHEN Shi-Ming, YAN Xiao-Min (Center of Analysis and Measurement, Fudan University, Shanghai 200433, China)

**KEY WORDS** vitamin E; antioxidants; free radicals; lipid peroxides; molecular models; structure-activity relationship

**AIM:** To explore the relationship between different structures of tocopherol (Toc) and some phenol compounds and their anti-oxidative activities. **METHODS:** Use the *ab initio* calculation of molecular mechanics and quantum chemistry. **RESULTS:** The anti-oxidation of Toc was related to the ability to release active hydrogen, ie, related to the O-H electron populations, frontier orbital energy (au), and the decreased amount of energy at the reaction ending stage. The order of hydroxyl O-H electron populations in different Toc model molecules were  $\alpha < \gamma \leq \beta < \delta$ , which was consistent with their anti-oxidation reported. **CONCLUSION:** The molecular orbit (MO) theory and the quantum chemical parameters can be used to analyze the anti-oxidation of phenol compounds with different structures.

There are two classes of vitamin E, ie, tocopherol and tocotrienol. The tocopherol (Toc) can be classified into  $\alpha$ -,  $\beta$ -,  $\gamma$ -, and  $\delta$ -tocopherol based on their structures. The  $\alpha$ -tocopherol is the strongest in bioactivity and is commonly called vitamin E. Besides its action of promoting reproductive ability<sup>[1]</sup>, Toc has the functions of anti-aging, preventing and inhibiting cancer<sup>[2,3]</sup>. Its important function of anti-oxidation, which can be used to prevent or decrease the injury induced by the lipid peroxidation, was discovered with the development of free radical biology and medicine<sup>[4-6]</sup>. So Toc has been widely used in

the clinic and animal or cellular experiments as an antioxidant. It was the phenol structure to inhibit the lipid peroxidation, ie, it can release the active hydrogen in the hydroxyl group to combine the free radicals so that it can inhibit their attack on the lipid. The lipid peroxidation is a chain reaction induced by free radical, which can be stopped when the free radical was cleaned.



The production of free radical in small amount ( $L^{\cdot}$ ) can lead to the continuous oxidation and consumption of lipid on the membrane, and result in a lot of lipid peroxides (LOOH). The membrane was seriously injured. If there is Toc interfering in, such chain reaction can be stopped.



$T^{\cdot}$  is a more stable tocopherol free radical, which makes the reaction carry on to the product. A part of Toc can be transferred into the quinone structure in the model of membrane lipid peroxidation<sup>[7]</sup>, which may be through the process in which the bond between  $C_{19} - O_{14}$  was broken in the chromanoxo ring and combined with the  $\cdot OH$  to form the quinone structure.

To examine the above reaction process of Toc from the middle stage of tocopherol free radical  $T^{\cdot}$  to the quinone structure and explore if different numbers of the methyl group on the ring near the hydroxyl group would affect the release of the active hydrogen and their anti-oxidation, related molecular models were designed and the accurate quantum chemical calculation was

<sup>1</sup> Project supported by Scientific and Technological Funding of Shanghai High Education Bureau, No 93C13.

<sup>2</sup> Correspondence to Dr LIU Shan-Lin. Phn 86-21-6404-1900, ext 2698.

Fax 86-21-6285-8913. E-mail slliu@shmu.edu.cn

Received 1998-06-09

Accepted 1998-08-26

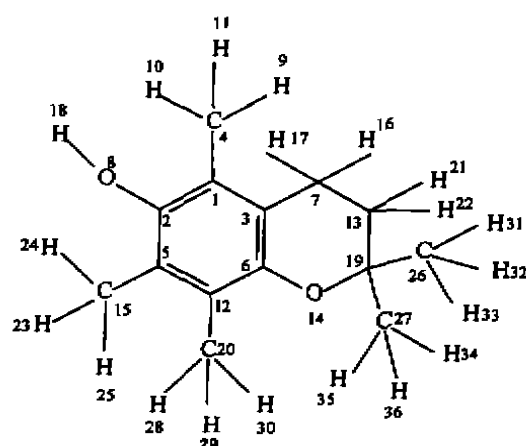
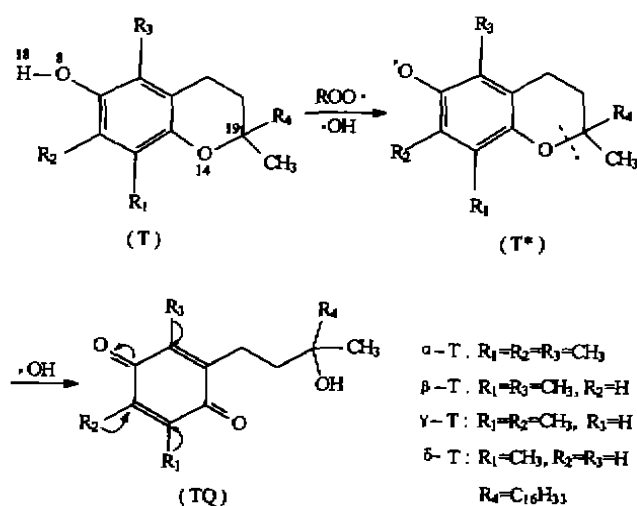


Fig 1. The atom number in Toc model molecules.

performed. The technique of electron spin resonance spectroscopy (ESR) has been used to detect the exist of Toc free radicals in the middle stage.

## METHODS

**Calculation proceeding** The SYBYL/MAIMIN2 molecular mechanical proceeding was used to calculate the optimal structure<sup>[8]</sup>. If there was rotatable bond, the SEARCH proceeding was used to search the related conformation, the search scope being 0 - 360° and the length of step being 10°. When the one with the lowest energy was found, it was calculated with the AM1 semi-experienced quantum chemical optimum calculation<sup>[9]</sup>. The molecular models were then calculated for the electron structure with the Gaussian 94 proceeding, *ab initio* STO-3G<sup>[10]</sup>. All the calculations were performed on the SGI computer working station in the State Key Laboratory of New Drug Research of Shanghai Institute of Materia Medica, Chinese Academy of Sciences.

**Model molecules**  $\alpha\text{-mT}$ ,  $\beta\text{-mT}$ ,  $\gamma\text{-mT}$ ,  $\delta\text{-mT}$ :  $\alpha$ ,  $\beta$ ,  $\gamma$ ,  $\delta$ - four different kinds of Toc model molecules with methyl group instead of the side chain on the original molecules.  $\alpha\text{-mT}^*$ ,  $\beta\text{-mT}^*$ ,  $\gamma\text{-mT}^*$ ,  $\delta\text{-mT}^*$ : Toc free radical model molecules after dehydrogenation.  $\alpha\text{-mTQ}$ ,  $\beta\text{-mTQ}$ ,  $\gamma\text{-mTQ}$ ,  $\delta\text{-mTQ}$ : Toc quinone model molecules. The atom number in Toc model molecules was shown in Fig 1.

**ESR determination** The determination was performed as the reference<sup>[11,12]</sup> with the

improved reaction system and the determining condition for the Toc free radicals. Reaction system;  $\alpha\text{-Toc}$  0.1 mol·L<sup>-1</sup>, CuSO<sub>4</sub> 0.5 mmol·L<sup>-1</sup>, 1 % H<sub>2</sub>O<sub>2</sub>, 95 % alcohol (AR) as the solvent. Determining condition: microwave frequency (SF): 9.81 GHz; modulating frequency (MF): 100 kHz; modulating amplitude (MA): 0.1 mT; microwave power (SP): 20 mW, sweeping width (SW): 10 mT, room temperature: 25 °C. Apparatus: Bruker ER200D-SRC electron spin resonance.

## RESULTS

After the  $\alpha$ ,  $\beta$ ,  $\gamma$ , and  $\delta$ -Toc molecular models were calculated by the molecular mechanics and quantum chemistry to obtain the conformation with the lowest energy, the electron structure of each molecule was accurately calculated by the *ab initio* STO-3G. The results were shown in Tab 1.

The energy of frontier orbital HOMO in mT model molecules was decreased step by step from  $\alpha\text{-mT}$  to  $\delta\text{-mT}$  with *ab initio* STO-3G, while the energy difference with LUMO was increased gradually, consistent with the determining result of the T → T\* reaction rate constant reported<sup>[13]</sup>, in which the chemical activity of  $\alpha\text{-mT}$  was the strongest. On the other side, the H<sub>18</sub> net positive charges in the hydroxyl group were all the biggest in their Toc molecules, the order among them being  $\alpha\text{-mT} > \beta\text{-mT} > \gamma\text{-mT} > \delta\text{-mT}$ . Moreover, the PO data between O<sub>8</sub> - H<sub>18</sub> were smaller, the order being  $\alpha < \gamma \leq \beta < \delta$ . The small PO data means the O-H bond was

Tab 1. Total energies (E), frontier orbital (HOMO, LUMO) energies (au), atomic net charge ( $O_8$ ,  $H_{18}$ ) and  $O_8-H_{18}$  electron populations (PO) of tocopherol.

	E	STO-3G		$O_8$	$H_{18}$	$O_8 - H_{18}$ (PO)
		HOMO	LUMO			
$\alpha$ -mT	-683.0867	-0.2106 (0.4789)*	0.2683	-0.2872	0.1945	0.2611
$\beta$ -mT	-644.5088	-0.2117 (0.4806)*	0.2689	-0.2819	0.1927	0.2636
$\gamma$ -mT	-644.5085	-0.2136 (0.4816)*	0.2680	-0.2812	0.1924	0.2635
$\delta$ -mT	-605.9263	-0.2158 (0.4843)*	0.2685	-0.2774	0.1923	0.2672

$$*\Delta E_{HL} = E_{LUMO} - E_{HOMO}$$

easily broken to release the hydrogen. The O-H bond in  $\alpha$ -mT was the weakest, meaning that it was the easiest one to release the active hydrogen. When the free radical was combined with the active hydrogen, it would be cleaned (Tab 1). When Toc was turned into the mT\* after dehydrogenation, the system energy in mT\* was higher than that in the original molecule, but the increased amount  $\Delta E_{mT^* - mT}$ , including the energy in the active hydrogen ( $E_H = 0.466$  hartree) was not very big, meaning that the system was still stable after dehydrogenation. The increased amount for  $\alpha$ -mT was the smallest one, then the  $\beta$ -,  $\gamma$ -, and  $\delta$ -mT (Tab 2).

Both of the mT\* and mTQ, the main constituents in the frontier orbital were the Pz orbit formed by the carbon atom on the benzene ring and two oxygen atoms (Tab 2). Their dihedral angle data ( $177^\circ - 180^\circ$ ) showed that they were on the same plane basically and the electron in the Pz atomic orbit can produce conjugation by dispersion, beneficial to stable the system, ensuring the reaction to be carried on to the direction of forming the mT\* and mTQ.

Although the  $\Delta E_{mT^* - mT}$  increased a little when the model Toc molecule was turned into the mT\* after dehydrogenation, the energy in the ending stage would decrease greatly when they were turned into the mTQ. The order of their decreased amount was  $\alpha > \gamma \geq \beta > \delta$ . The molecular structure of mTQ has only one oxygen atom more than that of mT, in which the energy of the oxygen atom  $E_O$  was 73.8042 hartree after calculation. The general energy in mTQ,  $E_{mTQ}$  had only a little more than the addition of the energy in mT and the oxygen atom, the increased amount of  $\alpha$ -mTQ being the smallest one among them.

It was shown in Tab 2 that HOMO energy decreased from  $\alpha$ -mT\* to  $\delta$ -mT\* when Toc was turned into the mT\* after dehydrogenation, meaning that chemical activity in  $\alpha$ -mT\* was the strongest one among them. The electron populations PO in  $C_{19} - O_{14}$  of mT\* were smaller than that in  $C_6 - O_{14}$ , showing that the  $C_{19} - O_{14}$  bond being weaker comparatively. It would be possible that the  $C_{19} - O_{14}$  bond was induced to break when the oxygen free radical in the system

Tab 2. Total energies (E), frontier orbital (HOMO, LUMO) energies (au), constituents ( $C_{\text{benzene ring}}$ ,  $O_1$ ), C-O electron populations and  $C_{19}$  net charges of tocopherol-radicals and quinone model with *ab initio* STO-3G.

	E	HOMO	LUMO	$\Delta E_{HL}$	Constituents	$C_{19} - O_{14}$	$C_6 - O_{14}$	$C_{19}$
$\alpha$ -mT*	-682.5411 (0.0796) <sup>†</sup>	-0.2500	0.2748	0.5256	2Pz ( $C_B, O_8, O_{14}$ )	0.2592	0.2791	0.1610
$\beta$ -mT*	-643.9578 (0.0850) <sup>†</sup>	-0.2533	0.2730	0.5263	2Pz ( $C_B, O_8, O_{14}$ )	0.2589	0.2790	0.1606
$\gamma$ -mT*	-643.9575 (0.0850) <sup>†</sup>	-0.2545	0.2733	0.5278	2Pz ( $C_B, O_8, O_{14}$ )	0.2591	0.2795	0.1609
$\delta$ -mT*	-605.3740 (0.0863) <sup>†</sup>	-0.2571	0.2712	0.5283	2Pz ( $C_B, O_8, O_{14}$ )	0.2588	0.2794	0.1605
$\alpha$ -mTQ	-756.8451 (0.0458)*	-0.2777	0.1603	0.4381	2Pz ( $C_B, O_8, O_{14}$ )			
$\beta$ -mTQ	-718.2615 (0.0515)*	-0.2821	0.1583	0.4404	2Pz ( $C_B, O_8, O_{14}$ )			
$\gamma$ -mTQ	-718.2619 (0.0508)*	-0.2833	0.1575	0.4407	2Pz ( $C_B, O_8, O_{14}$ )			
$\delta$ -mTQ	-679.6782 (0.0523)*	-0.2904	0.1555	0.4458	2Pz ( $C_B, O_8, O_{14}$ )			

$$^\dagger \Delta E_{mT^* - mT} = E_{mT^*} - (E_{mT} - E_H); \quad * \Delta E_{mTQ - mT} = E_{mTQ} - (E_{mT} + E_O)$$

was accumulated to a certain concentration, and then it would combine with C<sub>19</sub> to form the mTQ (Tab 3).

The main difference of the four Toc in their structures was the different numbers of the methyl on the ring. It was shown from Tab 3 that the electron charge on the methyl group would be changed with the increase of the methyl number, and it would produce δ - π super-conjugation effect by connecting with carbon atom in benzene ring due to the inducing effect of methyl group. When forming the mT\* and mTQ structure, a part of the electron on the methyl would be transferred into inside of the ring, which made the electron cloud density in the conjugation system increased including that on the O<sub>8</sub>. As the α-mT has three methyl groups which produce stronger inducing effect, it made the electron cloud density on the conjugation system and O<sub>8</sub> increased so much when forming the mTQ that the system became more stable with lower general energy. The δ-mT had only one methyl so that it produced weaker inducing effect and weaker conjugation effect than other three Toc.

It was found that there was particular absorption signal of free radical for α-Toc in the H<sub>2</sub>O<sub>2</sub> and Cu<sup>2+</sup> reaction system by ESR determination, which presented in hepto-splitting peak with binomial ratio (Fig 2).

This signal was declined to half in 10 min, showing that it was a stabler free radical. Based on the calculation for the α-mT\*, the hepto-splitting peak was analyzed for the distribution of the electron spin densities (C<sub>1</sub> 0.8931, C<sub>2</sub> -0.8664, C<sub>3</sub> -0.8365, C<sub>5</sub> 0.8854, C<sub>6</sub> 0.8018,

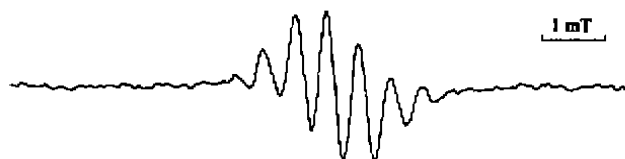


Fig 2. ESR spectra of α-tocopherol radical.

C<sub>12</sub> -0.8473, O<sub>8</sub> 0.9679), that in O<sub>8</sub> being the biggest (0.9679), then the C<sub>1</sub> (0.8931) and C<sub>5</sub> (0.8854). And the six protons in the R<sub>2</sub> and R<sub>3</sub> methyl groups were near the same because the R<sub>2</sub> and R<sub>3</sub> were on the both side of O<sub>8</sub> and the spin density on C<sub>1</sub> and C<sub>5</sub> were near the same. If determined by ESR, it should have seven lines on the spectrum according to the rule of (2nI + 1), which was consistent with the result of practical determination. Although there were electron spin densities on the C<sub>12</sub>, C<sub>3</sub>, and C<sub>6</sub>, there was no hydrogen atom nearby or with opposite spin direction for O<sub>8</sub>, so that the ESR particular spectrum was not affected.

DISCUSSION

Tocs are phenol compounds, of which the anti-oxidation is related to the phenol hydroxyl number contained. Although Toc contains only one phenol hydroxyl group, the electron inducing effects by the methyl group on the hydroxyl group are not the same due to their different numbers and position, presenting on their different electron distribution, the different electron populations and the ability to release active hydrogen. After dehydrogenation, the Toc was turned into mT\* and the electron might move to

Tab 3. The atom or group charge (O<sub>8</sub>, H<sub>18</sub>, R<sub>1</sub>, R<sub>2</sub>, R<sub>3</sub>) and total offer electron of methyl (ΣR = R<sub>1</sub> + R<sub>2</sub> + R<sub>3</sub>) in tocopherol and quinone model.

	O <sub>8</sub>	H <sub>18</sub>	R <sub>1</sub> (C <sub>20</sub> , H <sub>28</sub> , H <sub>29</sub> , H <sub>30</sub> )	R <sub>2</sub> (C <sub>15</sub> , H <sub>23</sub> , H <sub>24</sub> , H <sub>25</sub> )	R <sub>3</sub> (C <sub>4</sub> , H <sub>9</sub> , H <sub>10</sub> , H <sub>11</sub> )	ΣR
α-mT	-0.2872	0.1945	0.0182	0.0186	-0.0004	0.0365
β-mT	-0.2819	0.1927	0.0223	-	0.0175	0.0399
γ-mT	-0.2813	0.1924	0.0199	0.0194	-	0.0393
δ-mT	-0.2774	0.1924	0.0252	-	-	0.0252
α-mTQ	-0.2197	-	0.0273	0.0279	0.0320	0.0872 (0.0507)*
β-mTQ	-0.2157	-	0.0355	-	0.0326	0.0681 (0.0283)*
γ-mTQ	-0.2154	-	0.0274	0.0287	-	0.0561 (0.0168)*
δ-mTQ	-0.2112	-	0.0356	-	-	0.0356 (0.0104)*

\* ΔΣR<sub>mTQ-mT</sub>

$O_8$ , increasing the dispersing area due to the  $\delta - \pi$  super conjugation by the methyl group, which was helpful to stabilize the system.  $\alpha$ -Toc has three methyl groups, offering more electron cloud, so that the system became more stable, presenting that less active energy was needed to form the  $mT^*$  and the dehydrogenation was easily carried on. The  $mT^*$  was only present in the middle stage. It was more important that the  $O_{14} - C_{19}$  bond on the chromanoxyl of the  $mT^*$  was weakened and easily broken due to the induction of methyl's. Moreover, the system energy had no obvious change after the bond broken by calculation, but the system energy was decreased greatly when forming  $mTQ$  on  $C_{19}$  with  $\cdot OH$ , offering the stable energy to the system. The stable energy represents the easiness to complete the anti-oxidation finally. The order of the stable energy for the four Toc molecules was  $\alpha > \gamma \geq \beta > \delta$ , consistent with their anti-oxidation reported in the reference<sup>[14]</sup>. This means that it was reasonable to use the calculating model with the methyl group instead of the side chain and the step by step comprehensive analysis. By the analysis of the quantum chemical parameters combined with the ESR determination, there were two possible mechanisms for the anti-oxidation of Toc: firstly, it can release the active hydrogen to combine the  $ROO\cdot$  free radicals, then inhibit the chain reaction of the lipid peroxidation; secondly, the O-C bond of the chromanoxyl ring in  $mT^*$  may be broken to combine the  $\cdot OH$  and make them cleaned directly. The anti-oxidation of Toc was obviously related to the above two mechanisms or related to their molecular structures.

In order to explore the relationship between the antioxidation and the structure for other phenol compounds, three water soluble active ingredients extracted from *Salvia miltiorrhiza* Bunge were calculated with the quantum chemistry. It was proven by the experiments that the order of their antioxidation was salvianolic acid A > salvianolic acid B > rosmarinic acid, which have 7, 9, 5, phenol hydroxyl groups respectively. Their structures were shown in Fig 3.

It was difficult to explain why the activity of salvianolic acid A was stronger than salvianolic acid B if only according to the numbers of the

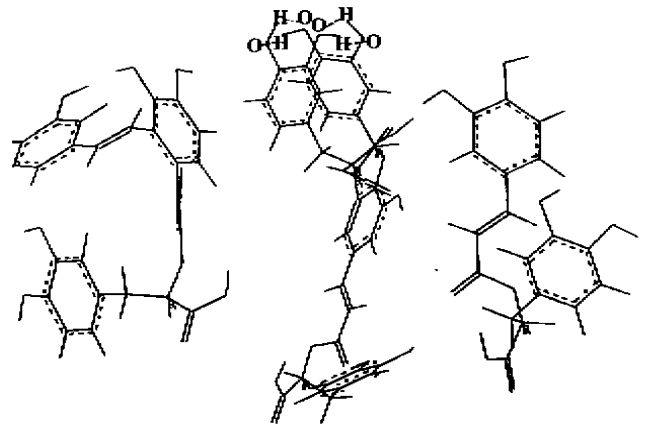


Fig 3. The space structures of salvianolic acid A, salvianolic acid B and rosmarinic acid.

phenol hydroxyl group for the former having seven while the later having nine. The quantum chemical calculation and the Conformation Search proceeding (the searched conformations for each molecule were more than  $1.5 \times 10^5$ ) were used to find the one with the lowest energy, then calculated by the optimum accurate quantum chemistry. It was found that the phenol hydroxyl groups in these three molecules were the active groups with bigger positive charge on the H, but four groups in salvianolic acid B were very close in the space which may react each other to form the hydrogen bond, then the ability to release active hydrogen was decreased. So the antioxidation of salvianolic acid B was weaker than salvianolic acid A (it will be reported in another paper). It has been proven that the antioxidation of phenol compounds are not only related to the quantum chemical parameters such as; the electron distribution, electron populations, general energy, frontier orbital, etc, but related to their space structures as well.

The above results showed that the calculations with molecular orbital theory and electron structure are helpful to analyze the antioxidation of Toc with different structures and other phenol compounds, offering worthy information for designing or screening the effective antioxidants and medicine.

## REFERENCES

- 1 Horwitt MK. The promotion of vitamin E. *J Nutr* 1986; 116: 1371 - 7.
- 2 Bieri JG, Corash L, Hubbard VS. Medical uses of vitamin E. *N Engl J Med* 1983; 308: 1063 - 71.

- 3 Ingold KU, Burton GW, Foster DO, Zuker M, Hughes L, Lacelle S, *et al.* A new vitamin E analogue more active than  $\alpha$ -tocopherol in the art curative myopathy bioassay. *FEBS Lett* 1986; 205: 117-20.
- 4 Sies H, Stahl W, Sundquist AR. Antioxidant functions of vitamins. Vitamins E and C, beta-carotene, and other carotenoids. *Ann NY Acad Sci* 1992; 669: 7-20.
- 5 Chen AC. Partners in defense, vitamin E and vitamin C. *Can J Physiol Pharmacol* 1993; 71: 725-31.
- 6 Thomas SR, Witting PK, Stocker R. 3-Hydroxyanthranilic acid is an efficient, cell-derived co-antioxidant for alpha-tocopherol, inhibiting human low density lipoprotein and plasma lipid peroxidation. *J Biol Chem* 1996; 271: 32714-21.
- 7 Kruk J, Strzalka K, Leblanc RM. Fluorescence properties of plastoquinol, ubiquinol and alpha-tocopherol quinol in solution and liposome membranes. *J Photochem Photobiol* 1993; 19: 33-8.
- 8 SYBYL6.2 [computer program]. St Louis (MO): Tripos Associates; 1995.
- 9 Dewar MJS, Zoebisch EC, Healy EF. A new general purpose quantum mechanical molecular model. *J Am Chem Soc* 1985; 107: 3902-9.
- 10 Frish MJ, Trucks GW, Head-Gordon M. Gaussian 94 [computer program]. Pittsburg (PA): Gaussian Inc; 1994.
- 11 Kalyanaraman B, Antholine WE, Parthasarathy S. Oxidation of low-density lipoprotein by  $\text{Cu}^{2+}$  and lipoxygenase: an electron spin resonance study. *Biochim Biophys Acta* 1990; 1035: 286-92.
- 12 Kalyanaraman B, Darley-Usmar VM, Wood J, Joseph J, Parthasarathy S. Synergistic interaction between the prooxidant phenoxyl radical and ascorbic acid in inhibiting the oxidation of low density lipoprotein.

*J Biol Chem* 1992; 267: 6789-95.

13 Burton GW, Doloa T, Gube EJ. Autoxidation of biological molecules 4, maximizing the antioxidant activity of phenols. *J Am Chem Soc* 1985; 107: 7053-65.

14 Halliwell B, Gutteridge JMC. Free radicals in biology and medicine. Oxford: Clarendon Press; 1989. p 237-44.

### 应用分子轨道理论研究生育酚的结构与抗氧化活性的关系<sup>1</sup>

刘珊林<sup>2</sup>, 潘家祜<sup>4</sup>, 施冬云 (上海医科大学生物化学教研室, 上海 200032, 中国); 陈凯先<sup>5</sup>, 王沁沁 (中国科学院上海药物研究所, 上海 200031, 中国); 陈士明, 严小敏 (复旦大学分析测试中心, 上海 200433, 中国)

**关键词** 维生素 E; 抗氧化剂; 自由基; 脂质过氧化物; 分子模型; 结构-活性关系

**目的:** 探索不同分子结构的生育酚和一些酚类化合物所具抗氧化作用的构效关系. **方法:** 采用分子力学和量子化学从头计算方法, 研究分析不同分子的电子结构与抗氧化活性关系. **结果:** 生育酚的抗氧化活性与易释放活泼氢有关, 活性大小与 O-H 间电子集居数、前线轨道能级及反应终态能量下降值有关, 各种生育酚模型分子的羟基 O-H 间电子集居数排列顺序  $\alpha < \gamma \leq \beta < \delta$ , 与文献报道抗氧化活性的结论相一致. **结论:** 应用分子轨道理论和量子化学指数可以帮助分析具有不同结构的酚类化合物的抗氧化活性.

## 《中国新药与临床杂志》(原名《新药与临床》)欢迎订阅

《中国新药与临床杂志》原名《新药与临床》，由中国药学会和上海市医药管理局科技情报研究所共同主办，为全国性期刊，被确认为全国中文核心期刊(内科学、药理学)。荣获全国优秀科技期刊一等奖，中国科协优秀期刊一等奖，上海市优秀科技期刊一等奖，上海市科协系统优秀科技期刊一等奖。《中国新药与临床杂志》报道国内外新药，着重报道国产新药的临床研究、合并用药、合理用药和不良反应等。适用于医师、药师、医药教学和科研人员等阅读和参考。《中国新药与临床杂志》具有新药密切结合临床的特色，强调实用性，强调新药的临床应用，以提高医务人员的药物治疗水平，博得全国医师、药师等的好评，发行量持续居全国药学期刊的首位。本刊 1982 年创刊，双月刊，每单月 19 日出版，64 页，大 16 开，电脑排版、彩色、胶印。向国内外公开发行，欢迎在 11 月份向当地邮局订阅。1999 年定价 7.80 元，全年 46.80 元。本刊邮发代号：4-347。国外发行：中国国际图书贸易总公司(北京 399 信箱)，国外代号：BM4297。

编辑部地址：200040 上海市愚园路 532 弄 50 号。电话：021-6252-5690。传真：021-6252-5690。