

Robotic biotissue curriculum for teaching the robotic pancreatoduodenectomy

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Abstract: Minimally invasive surgery has revolutionized the face of surgical practice. Use of the robot in pancreas surgery is emerging as a feasible and effective technique. Its wide-spread implementation remains hindered by the significant learning curve. We describe how the biotissue curriculum at the University of Pittsburgh can decrease the learning curve and lead to systematic implementation of the technique. The Biotissue Curriculum is the second step of the proficiency-based robotic surgery curriculum at the University of Pittsburgh. It is comprised of suture drills and four biotissue drills: the running hepaticojejunostomy (RHJ), interrupted hepaticojejunostomy (IHJ), gastrojejunostomy (GJ) and pancreatojejunostomy (PJ). The purpose is the deliberate practice of the operative steps with frequent objective feedback for trainees toward a designated standard of proficiency. The role of the biotissue curriculum, in the context of the robotic curriculum, in mitigating the learning curve is also explored. The implementation of a training curricula that includes inanimate or biotissue practice is important for future surgical practice when adopting the robotic pancreatoduodenectomy (RPD) considering a low number of cases per trainee and the need for safe implementation of new techniques. Outcomes on robotic gastrointestinal and specifically pancreas surgery have shown feasibility and non-inferiority compared to the open approach. The biotissue curriculum in the context of the proficiency based robotic curriculum serves to help trainees achieve proficiency while mitigating the learning curve.

Keywords: Biotissue; robotic curriculum; pancreas surgery; proficiency-based training; deliberate practice

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Introduction

Minimally invasive techniques have revolutionized surgical practice ever since the first laparoscopic appendectomy in 1980 (1) and laparoscopic cholecystectomy in 1985 (2). It has been shown to have decreased short and long-term morbidity and mortality across a wide array of surgical procedures (3-7). Despite the advantages of laparoscopic procedures, their adoption in complex gastrointestinal surgeries such as pancreatoduodenectomy (PD) has been limited to a few centers owing to the advanced technical expertise required (8-11). This left an opening for robotic PD (12-14). Robotic pancreatoduodenectomy (RPD) offers improved three-dimensional imaging, 540° movement of surgical instruments, improved dexterity, and precision in complex tasks like vascular dissection and intracorporeal suturing (15-17).

However, wide-spread adoption of RPD is hindered by a significant learning curve (18-20) and the low volume of surgeries relative to the trainees. Tseng *et al.* analyzed the learning curve of high volume pancreatic surgeons for open PD and found that perioperative morbidity and



Figure 1 Summary of the robotic surgery curriculum at the University of Pittsburgh. PD, pancreatoduodenectomy; RHJ, running hepaticojejunostomy; IHJ, interrupted hepaticojejunostomy; GJ, gastrojejunostomy; PJ, pancreatojejunostomy.

mortality improved after 60 cases (21). In a similar study, it was shown than perioperative morbidity and mortality was higher for surgeons who had done less than 50 PDs (22). Compounding the issue further is the lack of standardized programs for safe adoption of this new technique, marking it as a potential safety blind spot for patients (19,23).

Therefore, it is imperative that a comprehensive and mastery based curriculum be implemented both to shorten the learning curve in RPD and to establish common quality metrics and credentialing systems that help hospitals better gauge the surgical experience of trainees and practicing surgeons. At the University of Pittsburgh, we have developed an innovative comprehensive five step curriculum for RPD that includes a simulation curriculum, a biotissue curriculum, a video library, an operative curriculum and a credentialing system for Society of Surgical Oncology (SSO) and hepato-pancreato-biliary (HPB) fellows (*Figure 1*).

Mastery-based simulation curriculum

Surgical simulation has advanced significantly over the past two decades with the development of simulators for both laparoscopic and robotic platforms. These have been shown to be valid tools for training and assessment of surgical skill and, more importantly, they have been shown to improve a surgeon's performance in the operating room (24-27). At the University of Pittsburgh, we have two simulation platforms that are used for trainees. The first is the Intuitive Surgical Backpack Simulator and the second is the Mimic Technologies da Vinci Trainer. On one of these platforms, trainees complete a pre-test which includes four virtual reality exercises and a box-test on the robot with three exercises. Simulated drills were scored by the simulator interface. Inanimate drills on the robot were scored by two trained graders independently according to modified Objective Structured Assessment of Technical Skills (OSATS) (Figure 2) (28,29). Upon completion of these exercises, trainees go through a simulation curriculum on the trainers encompassing 24 virtual reality exercises (Figure 3). This is followed by a post-test at completion which includes the same exercises as a pre-test.

In a previous study published by the group at the University of Pittsburgh, a total of 17 surgical oncology fellows were enrolled in the curriculum and 16 (90%)

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Modified objective structured assessment of technical skills (OSATS)					
Gentleness	1				
Minimizing tissue injury	2	Rough, tears tissue and poor control			
	3	Minor trauma with occasional breaks			
	4	Appropriate tension with negligible injury			
Time and motion	1	Uncertain, inefficient and lack of progress			
Efficiency in movement	2	Slow, reasonable and organized			
	4	Confident, efficient and fluid			
	5				
Instrument handling	1	Overshoots target, slow to correct			
Fluid use of instruments	2	Some overshooting but quick to correct			
	4	Accurate direction correct plane minimal readjustments			
	5				
Flow of operation	1				
	2	Uncertain, constantly changing focus			
Smooth transitions between steps	3	Slow, but planned and reasonably organized			
Smooth transitions between steps	4	Safe, confident, maintains focus until time to move on			
	-				
Tissue exposure	1	Use of one hand and poor coordination			
Tissue retraction and camera visualization	3	Use of both hands, but with sub-optimal dexterity			
	4	Expertly utilized both hands complementarily			
L					
Summary score	1	Deficient			
Overall assessment of trainee's technical skill	3	Average			
	4 5	Masterful			

Figure 2 Modified Objective Structured Assessment of Technical Skills (OSATS) used to train video graders.

Mastery based simulation robotic curriculum				
Pre-test	Mastery based curriculum	Post-test		
Virtual reality	Pick and place	Virtual reality		
Match Board 3	Peg board 1	Match Board 3		
Ring Rail 2	Peg board 2	Ring Rail 2		
Tubes	Match board 1	Tubes		
Continuous Suture	Match board 2	Continuous Suture		
Inanimate reality	Ring and rail 1	Inanimate reality		
Ring Rollercoaster 4	Camera targeting 1	Ring Rollercoaster 4		
Around the World	Camera targeting 2	Around the World		
Interrupted Suture	Scaling	Interrupted Suture		
	Ring walk 1			
	Ring walk 2			
	Ring walk 3			
	Energy switching 1			
	Energy switching 2			
	Energy dissection 1			
	Energy dissection 2			
	Energy dissection 3			
	Needle targeting			
	Threading the rings			
	Suture sponge 1			
	Suture sponge 2			
	Suture sponge 3			
	Dots and needles 1			
	Dots and needles 2			

Figure 3 Master based robotic simulation curriculum at the University of Pittsburgh: pre-test, curriculum and post-test.

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completed it (30). Of 16 fellows who completed the curriculum, 4 fellows (25%) achieved mastery on all 24 modules with fellows mastering 84% of the modules on average. Individual test scores improved significantly after curriculum completion (P<0.0001) and an average of 2.4 attempts was necessary to master each module. The median time spent completing the curriculum was 4.2 hours across the cohort and, overall, 15 (94%) fellows perceived improvement in robotic skills after completing the curriculum. This showed that a mastery-based simulation curriculum had internal validity with regards to improvement in scores while simultaneously constituting minimal time commitment on the part of the surgical trainee. Having touched on the 1st step of the curriculum, this work will focus on the second step; the biotissue curriculum.

Goals of the biotissue curriculum

Studies have shown equivalence of virtual reality and box simulation for laparoscopic skills (31), our biotissue curriculum addresses the gap in virtual reality training by offering visual feedback on 3-dimensional objects which is especially critical owing to the loss of haptic feedback in the robotic platform (32). In a randomized controlled trial of medical students to compare different methods of learning basic laparoscopic skills using a box trainer, virtual reality simulator and mental training, not all the skills learned in virtual reality were transferable to the box trainer (33). In fact, practice on both the box trainer and the virtual reality simulator has been shown to be important for improvement in laparoscopic skills (34).

Other similar curricula have been reported for additional procedures, though most are short-term and not designed to be proficiency-based with defined metrics and assessment to show improvement over time. Maricic et al. has developed a low-cost inanimate model for minimally invasive repair of esophageal atresia and tracheoesophageal fistula (35). They used different materials to simulate ribs, intercostal spaces, the trachea in addition to different tubular latex balloons to simulate the esophagus. Surgeons of different levels of experience were tasked with testing the model and then answered several questionnaires. In relation to the anatomical characteristics of the model, 94.48% (n=37) of respondents considered that the model has a high degree of similarity; in relation to surgical anatomy 88.2% (n=34) respondents considered that the model has a high degree of similarity; 87.17% (n=34) respondents considered that the model can generate a good amount

of skills. Assessment of errors and technical performance showed that there was a significant correlation between surgeon experience and their performance in the model considering operating time (P<0.0001), quality of the anastomosis (P=0.04) and errors (P<0.0001). In another study by Goh et al. evaluated face, content and construct validity of FIRST (Fundamental Inanimate Robotic Skills Tasks), which is a series of four inanimate robotic skills tasks in a large multi-institutional cohort of expert surgeons and trainees (36). Here again, experts appeared to outperform trainees across all skill tasks (P<0.001). Kiely et al. have also developed a low-cost inanimate model of robotic pelvic lymphadenectomy and rated highly for face and content validity (37). Most of these previous studies have validated training models and did not necessarily validate an ongoing curriculum.

It is our group's assertion that the virtual reality simulator teaches the instrument (clutching, energy switching, using the master controllers and handling the camera), while the biotissue curriculum instills gentle tissue handling and recognition of visual cues and, most importantly, makes the operative steps second nature to the trainee (38). The box trainer is deficient when compared to biotissue owing to the lack of realism in anatomical set up and tissue fidelity (39). Therefore, the steps of our curriculum were designed to progress from one step to another. Simulation is first and this teaches the instrument console, the box trainer is second and this allows trainee to work in an inanimate environment to get a sense of loss of haptics and spatial relations; however, the key component is the deliberate practice biotissue models which mimic the exact step of the corresponding surgical procedure with designated metrics to achieve.

Proving face and construct validity is critical when establishing any new curriculum's assessment metrics. The biotissue curriculum has been shown to have construct validity because of its ability to distinguish between high and low performance based on measured OSATS, errors and time (35). It also was shown to have face validity when three SSO trained surgeons, who did the drills, rated them as having high levels of likeliness in terms of mechanical set up, tissue fidelity, anatomical angles and needle or suture choice (38).

Methodology of the biotissue curriculum

The bioartificial tissue is created by Lifelike BioTissue Inc. (Ontario, Canada) and the models were designed and assembled by the research team. Fellows are supplied with



Figure 4 Side-by-side stills of biotissue drills and corresponding operative steps: (A) running hepaticojejunostomy (RHJ), (B) interrupted hepaticojejunostomy (IHJ), (C) gastrojejunostomy (GJ), and (D) pancreatojejunostomy (PJ).

videos of attending surgeons performing the drills and PowerPoint instructions. Drills are set up on a bi-weekly basis on an Si da Vinci training robot (Intuitive Surgical Inc., Sunnyvale, CA, USA). Fellows are encouraged to sign up, but not mandated.

Our biotissue includes two kinds of HJs. The first is a running HJ consisting of one bowel segment cut to 4 cm (acting as jejunum) and a 1 cm wide femoral artery biotissue cut to about 5 cm (acting as a bile duct). The trainee pre-cuts a small hole in the bowel just large enough to anastomose to the "bile duct". For the running HJ, we supply two running 4-0 vloc stitches (*Figure 4A*). The interrupted HJ is

similar in terms of set up, but uses saphenous vein biotissue instead of the femoral artery biotissue (thinner walled and with smaller diameter). For this drill, we supply the trainees with five 5-0 Maxon stitches cut to 5" (*Figure 4B*). In the GJ, we use two segments of bowel representing jejunum and stomach cut to around 8 cm. The trainee precuts both bowel segments and then performs a two-layered anastomosis. The trainee is supplied with five 3-0 silk stitches cut to 8" as lambert stitches and two 3-0 vloc as the running and Connell stitches (*Figure 4C*). And finally, the PJ consists of the same bowel biotissue, but cut to 5-cm long and pancreas biotissue cut to 8-cm wide and 4 cm long. The



Figure 5 Vimeo interface for trainee drill evaluation. OSATS, objective structured assessment of technical skills; IHJ, interrupted hepaticojejunostomy.

pancreas biotissue consists of a polymer designed to mimic the actual pancreas, including a pancreatic duct within. The anastomosis performed is a modified Blumgart with five 5-0 Maxon cut to 5" duct-to-mucosa stitches and three 2-0 silk stitches cut to 8" as the outer mattress (*Figure 4D*).

All anastomotic drills are recorded using AIDA video capture system by KARL STORZ GmbH & Co. KG (Tuttlingen, Germany) and then retrieved by research staff who edit the videos. The research staffs upload the edited video segments to the Vimeo website, developed by Vimeo, Inc. (New York City, New York). The links are sent to crowdsource graders on a weekly basis. These undergraduate hourly employees who are hired at the beginning of each year after passing through training by our research staff. Their training includes having them watch drills completed by experts, novices and moderately proficient surgeons. They are taught to recognize these different skill levels and to grade them according to modified OSATS (Figure 2). The grades are returned a week later and both the video of the drill and these grades are uploaded to a separate Vimeo account and grouped by fellow. The errors and OSATS for the drill are displayed below each video for the fellow to review (Figure 5). Once each fellow has completed a minimum of 5 drills, they begin to receive more detailed report cards on their performance relative to the group.

Tam et al. showed that modified OSATS, time and

errors improve in fellows who have undergone the biotissue curriculum. On the RHJ and the GJ drills, there was statistically significant decrease in time, errors and OSATS after the fifth attempt (*Table 1*). On the other hand, while there was a significant improvement in errors and OSATS in the PJ drill after the fifth attempt, there was no significant improvement in time after the fifth attempt. This is likely owing to the difficulty of the PJ anastomosis. The interrupted HJ is a newer drill which has not undergone analysis, yet, but we expect it to mirror the results above.

The metrics of time, errors, and OSATS for the attending surgeons serve as "mastery" or the expected threshold to achieve for optimal operating room performance. As a group, the trainees were not able to achieve the level of mastery set forth by the attendings for any metric on the running HJ and for time on the other drills. Differentiating individual skill level and performance quartiles to determine factors predictive of better performance is the next step of analysis.

Biotissue curriculum and patient outcomes

The link between technical skill and patient outcomes is well established (28,40). In Birkmeyer *et al.* the bottom quartile of technical skill, as compared to the top quartile, was associated with higher rates of surgical site infections (4.60% *vs.* 1.04%; P=0.001), reoperation (3.4% *vs.* 1.6%; P=0.01), readmission within 30 days (6.3% *vs.* 2.7%; P<0.001) and higher overall

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 Table 1 Outcomes of fellow training in robotic pancreatoduodenectomy biotissue curriculum

Biotissue drill	1 st drill	5 th drill	P value
Running hepaticojejunostomy			
Time	32	21	0.001*
Errors	6	3	0.007*
OSATS	19	23.8	0.004*
Gastrojejunostomy			
Time	69	58.5	0.002*
Errors	15	3.5	<0.001*
OSATS	18	23.5	0.001*
Pancreatojejunostomy			
Time	53.5	48.5	0.08
Errors	8	5	0.002*
OSATS	19.5	23.5	0.001*

*, found to be statistically significant. Comparison of first and fifth attempt by SSO fellows on the running hepaticojejunostomy (RHJ), gastrojejunostomy (GJ) and pancreatojejunostomy drills (PJ) as in Tam *et al.* 2016. OSATS, Objective Structured Assessment of Technical Skills.

complication rates (14.5% *vs.* 5.2%; P<0.001). Similarly, the group at the University of Pittsburgh has shown that surgeon operative performance can predict the incidence of post-operative pancreatic fistula (40).

Training using virtual reality simulators and inanimate materials can help improve operative performance. In a recent study by Palter et al., a randomized single-blinded prospective trial allocated 20 surgical trainees to a structured training and assessment curriculum (STAC) group versus conventional residency training. The STAC consisted of case-based learning, proficiency-based virtual reality training, laparoscopic box training, and OR participation. After completion of the intervention, all participants performed 5 sequential laparoscopic cholecystectomies in the OR (41). Residents in the STAC group significantly outperformed residents in the conventional group in the first (P=0.004), second (P=0.036), third (P=0.021), and fourth (P=0.023) surgery. In another study, trainees underwent a validated 16-session advanced laparoscopy simulation training program (42). They were then compared to general surgeons with no simulation training and expert bariatric surgeons in performing a stapled jejunojejunostomy in the OR. They assessed the participants according to the Global

rating scale and specific rating scale scores, operative time and the distance traveled by both hands measured with a tracking device. Ten junior trainees, 12 general surgeons and 5 bariatric surgeons were assessed performing a stapled jejunojejunostomy in the OR. All trainees completed the entire anastomosis in the OR without any takeovers by the bariatric surgeons whereas six (50%) bariatric surgeon takeovers took place in the general surgeon group. Trainees had significantly better results in all measured outcomes when compared to general surgeons with considerable higher global rating scale median [19.5 (18.8–23.5) vs. 12 (9–13.8) P<0.001] and lower operative time.

OSATS are reliable and have been repeatedly validated as tools for assessing surgeon technical skill (28,29). Our deliberate biotissue curriculum, in the context of the larger robotics training curriculum at the University of Pittsburgh, improves the technical performance of surgical oncology fellows (38). We are currently in the process of collecting data from the past four years of the curriculum. Our goal is to link trainee participation in the curriculum to increased involvement in operative cases and ultimately better operative performance and improved patient outcomes.

Conclusions

In conclusion, robotic assisted pancreatic surgery improves outcomes and is non-inferior to traditional pancreatic surgery. The lengthy learning curve is the primary barrier against wide-spread implementation of this technique. Utilizing a mastery based robotic curriculum including deliberate practice of the operative steps in the biotissue curriculum can mitigate this learning curve, improve trainee operative involvement and their operative performance. Our group has shown that trainee technical performance improves in terms of time, OSATS and errors. Data directly linking trainee operative performance and practice in the curriculum is currently lacking, but will be detailed in later publications.

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Footnote

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Supplementary



Figure S1 First interrupted hepaticojejunostomy (IHJ) of a trainee at the University of Pittsburgh (43). The time for this drill was 38 min. There were no errors and the Objective Structured Assessment of Technical Skills (OSATS) score was 17.2. Available online: http://asvidett.amegroups.com/article/view/22714

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Figure S2 Seventh interrupted hepaticojejunostomy (IHJ) of a trainee at the University of Pittsburgh (44). The time for this drill was 24 min. There were no errors and the Objective Structured Assessment of Technical Skills (OSATS) score was 24.5. Available online: http://asvidett.amegroups.com/article/view/22715

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