Pretreatment platelet-to-lymphocyte ratio (PLR) as a predictor of response to first-line platinum-based chemotherapy and prognosis for patients with non-small cell lung cancer

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ABSTRACT	Background: Previous studies showed the platelet-to-lymphocyte ratio (PLR) was associated with the prognosis of
	many tumors. However, to our knowledge, no study has explained the role of PLR in predicting response to first-line
	chemotherapy and prognosis for patients with non-small cell lung cancer (NSCLC). The aim of this study was to
	characterize the role of pretreatment PLR in NSCLC.
	Methods: We consecutively enrolled 210 patients who were diagnosed with NSCLC in Jinling hospital (Nanjing, China)
	between January 2001 and August 2012. The platelet and lymphocyte counts of peripheral blood were measured before
	treatment was initiated. Each patient received at least two cycles of standardized combination chemotherapy. The response
	to chemotherapy was assessed after two cycles.
	Results: Based on a receiver operator characteristic (ROC) curve, 152.6 was defined as the cut-off value of PLR for
	predicting response. An evaluated PLR (≥152.6) was an independent risk factor for response to first-line chemotherapy [odds
	ratio (OR), 4.503; 95% confidence interval (CI): 2.213-9.166, P=0.000]. Univariate and multivariate survival analyses
	showed that an elevated PLR was associated with a poor prognosis for patients with NSCLC [hazard ratio (HR), 1.867;
	95% CI: 1.328-2.625; HR, 2.025; 95% CI: 1.405-2.919, respectively].
	Conclusions: Our study shows that PLR maybe a potentially useful biomarker for predicting response to first-line
	chemotherapy and prognosis in NSCLC.
KEYWORDS	Non-small cell lung cancer (NSCLC); platelet to lymphocyte ratio; response; prognosis

J Thorac Dis 2013;5(6):783-789. doi: 10.3978/j.issn.2072-1439.2013.12.34

Introduction

The mortality associated with lung cancer is one of the highest among malignant tumors (1). One reason for the poor outcome is the fact that the majority of non-small cell lung cancer (NSCLC) patients are diagnosed in advanced stages. Systemic combination chemotherapy has become the standard approach in the treatment of these patients (2-6). Unfortunately, an objective response is seen in only about 30% of NSCLC patients

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Submitted Dec 07, 2013. Accepted for publication Dec 18, 2013. Available at www.jthoracdis.com

ISSN: 2072-1439 © Pioneer Bioscience Publishing Company. All rights reserved. treated with chemotherapy. Furthermore, despite the progress in diagnosis and treatment of these patients, the overall 5-year survival rate remains unchanged at 15% over ten years (7).Thus, it is important to explore the potential role of tumor markers in predicting objective response and overall survival (OS) in patients with NSCLC.

Inflammation is increasingly recognized as being closely associated with cancer development (8). Inflammation can enhance tumor growth, invasion, angiogenesis, and, eventually, metastasis (9). Therefore, markers of inflammation may provide useful information for prognosis. Many markers of inflammation and immunology are repeatable, inexpensive and widely available in clinical practice, including platelet, lymphocyte, neutrophil, and C-reactive protein counts. Previous studies showed an association between these inflammatory markers and prognosis in many types of cancer. Our earlier study demonstrated that elevated platelet counts were associated with lymph node metastasis and poor survival in patients with NSCLC (10). Also, in recent years, many studies have focused on the role of

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		PL C	PL C	
Characteristic	Value (%)	PLR < 1 52.6	PLR ≥152.6	Ρ
Number of patients	210			
Gender				0.643
Male	139 [66.19]	81	58	
Female	71 [33.81]	39	32	
Median age, years (range)	61 [8-85]			0.623
<65	130 [61.90]	76	54	
≥65	80 [38.10]	44	36	
Smoking habits (case				0.688
<20	118 [56.19]	66	52	0.000
≥20	92 [43.81]	54	38	
≥ 20 Histology	72 [13.01]	51	30	0.160
Adenocarcinoma	139 [66.19]	85	54	0.100
			31	
Squamous Others	58 [27.62]	27 8	5	
	13 [6.19]	ō	J	0.275
TNM stage	(2 [20 [2]	20	22	0.275
	62 [29.52]	39	23 67	
	148 [70.48]	81	6/	0 422
ECOG PS				0.433
0-1	205 [97.62]	118	87	
>	5 [2.38]	2	3	
Tumor stage			_	0.536
ТΙ	26 [12.38]	17	9	
T2	53 [25.24]		20	
Т3	26 [12.38]	13	13	
T4	105 [50.00]	57	48	
Lymph node metasta				0.504
N0	33 [15.71]	15	18	
NI	14 [6.67]	9	5	
N2	104 [49.52]	61	43	
N3	59 [28.10]	35	24	
Pleural effusion				0.381
Yes	17 [8.10]	8	9	
No	193 [91.90]	112	81	
First line chemother	ару			0.777
AC/AP	13 [6.19]	8	5	
DC/DP	123 [58.57]	67	56	
GC/GP	50 [23.81]	30	20	
TC/TP	11 [5.24]	8	3	
NC/NP	13 [6.19]	7	6	
Table 1. (Continued)				

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Table 1. (Continued)				
	/				
Characteristic	Value (%)	PLR	PLR	Р	
		<152.6	≥152.6		
First line response				0.000	
CR + PR + SD	I 56 (74.29)	104	52		
PD	54 (25.71)	16	38		
PLR, platelet-to-lymphocyte ratio; TNM, tumor lymph node					
metastasis; ECOG, the eastern cooperative oncology group; PS,					

performance status; AC/AP, pemetrexed + carboplatin/cisplatin; DC/DP, docetaxel + carboplatin/cisplatin; GC/GP, gemcitabine + carboplatin/cisplatin; TC/TP, paclitaxel + carboplatin/cisplatin; NC/NP, vinorelbine + carboplatin/cisplatin; CR, complete response; PR, partial response; SD, stable disease; PD, progressive disease.

an elevated neutrophil-to-lymphocyte ratio (NLR) (11,12) and platelet-to-lymphocyte ratio (PLR) (12-14) in the prognosis of different cancer populations. However, to our knowledge, no research has evaluated the role of PLR in predicting response to first-line chemotherapy and prognosis for patients with NSCLC.

The aim of the present study was to characterize the association between the pretreatment PLR and response to first-line chemotherapy and prognosis for patients with NSCLC.

Materials and methods

Patients and treatment evaluation

We consecutively enrolled 210 patients who were diagnosed with NSCLC in Jinling hospital (Nanjing, China) between January 2001 and August 2012 (Table 1). All diagnoses were confirmed by pathologic examination. Patients with systemic inflammation were excluded. All enrolled NSCLC patients were classified as stage III to stage IV, according to the guidelines of the tumor-node-metastasis (TNM) staging system of the Union for International Cancer Control (7th edition) (15). The stage assessment was based on computed tomography (CT) scans of the thorax and upper abdomen, magnetic resonance imaging (MRI) scans of the brain, and emission CT scans of bone. All patients received at least two cycles of standardized platinum-based chemotherapy. Tumor responses to treatment were assessed after two cycles of chemotherapy, based on the rules established by the Response Evaluation Criteria in Solid Tumors (RECIST) (16). Patients were considered to have achieved disease control (DC) if they had a complete response (CR), a partial response (PR), or stable disease (SD) according to RECIST. CR and PR were claimed only if the criteria for each are met at a subsequent time point as specified (generally four weeks later). Progressive

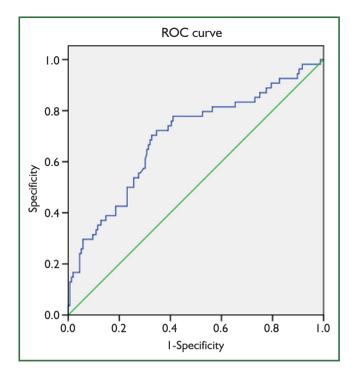


Figure 1. Receiver operator characteristic curve for pretreatment platelet-to-lymphocyte ratio (PLR) and response to first-line chemotherapy for patients with non-small cell lung cancer (NSCLC). The area under the receiver operator characteristic (ROC) curve was 0.696 (95% CI: 0.610-0.781).

disease (PD) was considered to represent disease progress. OS was determined for all patients who were censored at the time of last follow-up (31 August 2012).

Measurement of PLR

The platelet and lymphocyte counts of peripheral blood were measured with a hematology analyzer (Sysmex XE2100, Sys-mex, Japan) before chemotherapy. PLR was defined as the absolute platelet count divided by the absolute lymphocyte count.

Statistical analyses

All statistical analyses were performed with SPSS 17.0 software. A receiver operator characteristic (ROC) curve was constructed to reveal an association between PLR and tumor response after two cycles of first-line chemotherapy. The chi-squared (χ^2) test was used to evaluate the relatedness between PLR and baseline clinical characteristics. A logistic regression model was used to analyze independent risk factors for response after two cycles of first-line chemotherapy. The Kaplan-Meier method was used to calculate the survival probability. A log-rank test was performed to assess heterogeneity in survival within each prognostic factor.

for response to chemotherapy in patients with NSCLC.					
	OR —	95% CI	95% CI for OR		
		Lower	Upper	Р	
Gender	0.509	0.209	1.244	0.139	
Age	2.059	1.003	4.224	0.049	
Tumor stage	1.117	0.800	1.558	0.517	
Lymph node	0.952	0.673	1.346	0.779	
metastasis					
Pleural effusion	2.498	0.770	8.109	0.128	
TNM stage	0.969	0.435	2.160	0.939	
Smoking habits	0.734	0.308	1.752	0.487	
ECOG PS	2.072	0.262	16.380	0.490	
Histology	0.865	0.453	1.654	0.661	
PLR	4.503	2.213	9.166	0.000	
Constant	0.022			0.112	
NSCLC, non-small cell lung cancer; CI, confidence interval;					
OR, odds ratio; TNM, tumor lymph node metastasis; ECOG,					
the eastern cooperative oncology group; PS, performance status;					
PLR, platelet-to-lymphocyte ratio.					

Table 2. Logistic regression analysis of independent risk factors

A Cox regression model was used to analyze independent prognostic risk factors. A P value <0.05 was considered statistically significant.

Results

PLR and response to first-line chemotherapy

The NSCLC patients were divided into two groups according to the response to chemotherapy: 156 patients with DC (CR + PR + SD) and 54 patients with PD. As shown in Figure 1, the area under the ROC curve was 0.696 (95% CI: 0.610-0.781) and a PLR of 152.6 was identified as the cut-off value for predicting response, with a sensitivity of 70.4% and a specificity of 67.3%.

Patients were then divided into two groups according to PLR: 120 patients with PLR <152.6 and 90 patients with PLR \geq 152.6. As shown in Table 1, PLR was significantly associated with response to first-line chemotherapy (P=0.000). No associations were observed between PLR and other clinical characteristics.

A logistic regression model was used to analyze independent risk factors for response after two cycles of chemotherapy. Table 2 shows that pretreatment PLR was the independent risk factor for response to chemotherapy in patients with NSCLC (OR, 4.503, 95% CI: 2.213-9.166).

	HR	95.0% CI for HR		- Р
	HK	Lower	Upper	- P
Gender				
Male	1.000			
Female	0.656	0.455	0.946	0.024
Age				
<65	1.000			
≥65	1.279	0.908	1.802	0.160
Tumor stage				
ТΙ	1.000			
Т2	0.693	0.369	1.299	0.252
Т3	1.084	0.544	2.161	0.819
Т4	1.180	0.676	2.062	0.560
Lymph node metast	asis			
N0	1.000			
NI	0.762	0.339	1.716	0.512
N2	0.907	0.557	1.476	0.693
N3	1.122	0.669	1.881	0.663
Pleural effusion				
No	1.000			
Yes	1.967	1.167	3.317	0.011
TNM stage				
Ш	1.000			
IV	1.504	1.027	2.203	0.036
Smoking				
<20	1.000			
≥20	1.217	0.865	1.712	0.259
ECOG PS				
0-1	1.000			
>	9.420	3.721	23.846	0.000
Histology				
Adenocarcinoma	1.000			
Squamous	1.298	0.900	1.871	0.163
Others	0.466	0.203	1.070	0.072
PLR				
<152.6	1.000			
≥152.6	1.867	1.328	2.625	0.000

OS, overall survival; NSCLC, non-small cell lung cancer; CI, confidence interval; HR, Hazard ratio; TNM, tumor lymph node metastasis; ECOG, the eastern cooperative oncology group; PS, performance status; PLR, platelet-to-lymphocyte ratio.

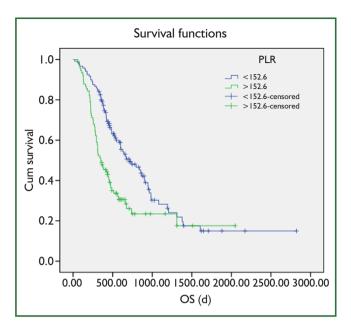


Figure 2. Kaplan-Meier survival curves for overall survival of patients with non-small cell lung cancer (NSCLC) with platelet-to-lymphocyte ratio (PLR) <152.6 and PLR \geq 152.6. PLR was <152.6 was significantly longer than that of the NSCLC patients whose platelet count was \geq 152.6 (log-rank test, P=0.000).

PLR and OS

Univariate survival analysis demonstrated that high PLR (\geq 152.6) was associated with poor prognosis in NSCLC (HR, 1.867; 95% CI: 1.328-2.625). Pleural effusion, TNM stage (IV) and The Eastern Cooperative Oncology Group (ECOG) performance status (PS) (>1) were also associated with poor prognosis in NSCLC (HR, 1.967; 95% CI: 1.167-3.317; HR, 1.504; 95% CI: 1.027-2.203; HR, 9.420; 95% CI: 3.721-23.846, respectively). While, females showed a better prognosis in NSCLC than men (HR, 0.656; 95% CI: 0.455-0.946) (Table 3).

The average OS of the 210 NSCLC patients censored at the last follow-up was 558 days. The average OS of the 120 patients with a low PLR (PLR <152.6) was 648 days. The average OS for the remaining 90 patients whose PLR was \geq 152.6 was 434 days. A Kaplan-Meier survival analysis showed that the OS of the NSCLC patients whose PLR was <152.6 was significantly longer than that of the NSCLC patients whose platelet count was \geq 152.6 (log-rank test, P=0.000) (Figure 2).

A Cox regression analysis showed that pretreatment PLR was an independent prognostic factor in NSCLC patients (HR, 2.025; 95% CI: 1.405-2.919). The risk of death for patients with a PLR \geq 152.6 was more than twice higher than patients with a PLR <152.6. Clinical characteristics including gender, ECOG PS and TNM stage were also independent prognostic factors in

	,	s of OS in patients with NSCLC. 95.0% CI for HR			
	HR	Lower	Upper	P	
Gender					
Male	1.000				
Female	0.504	0.316	0.804	0.004	
Age					
<65	1.000				
≥65	1.178	0.801	1.734	0.405	
Tumor stage					
ТΙ	1.000				
T2	0.749	0.390	1.437	0.384	
Т3	1.339	0.639	2.804	0.439	
T4	1.192	0.655	2.169	0.565	
Lymph node metasta	asis				
N0	1.000				
NI	0.770	0.327	1.810	0.548	
N2	1.096	0.646	1.859	0.734	
N3	1.602	0.916	2.802	0.099	
Pleural effusion					
No	1.000				
Yes	1.701	0.949	3.048	0.074	
TNM Stage					
Ш	1.000				
IV	1.849	1.201	2.847	0.005	
Smoking					
<20	1.000				
≥20	1.107	0.696	1.760	0.668	
ECOG PS					
0-I	1.000				
>	6.904	2.562	18.604	0.000	
Histology					
Adenocarcinoma	1.000				
Squamous	1.078	0.676	1.720	0.753	
Others	0.455	0.185	1.117	0.086	
PLR					
<152.6	1.000				
≥152.6	2.025	I.405	2.919	0.000	
OS, overall survival; NSCLC, non-small cell lung cancer; CI,					

metastasis; ECOG, the eastern cooperative oncology group; PS, performance status; PLR, platelet-to-lymphocyte ratio.

patients with NSCLC (HR, 0.504; 95% CI: 0.316-0.804; HR, 6.904; 95% CI: 2.562-18.604; HR, 1.849; 95% CI: 1.201-2.847, respectively) (Table 4).

Discussion

Our study demonstrated that pretreatment PLR is an independent risk factor for response to first-line chemotherapy in patients with NSCLC. It is also associated with prognosis for NSCLC patients. An elevated PLR (\geq 152.6) predicted a poor response to first-line chemotherapy and a poor prognosis. We also showed that gender, stage, ECOG PS and response were independent prognostic factors for NSCLC patients.

Previous studies have identified a role of PLR in many malignant tumors, including colorectal cancer, breast cancer, ovarian cancer, and pancreatic ductal adenocarcinoma, but not NSCLC (12-14,17-21). To the best of our knowledge, this is the first study to explain the role of PLR in response to first-line chemotherapy and prognosis in NSCLC. Our results were similar to previous studies of other tumor types (12-14,19,22), but several studies have shown different results. For example, Bhatti et al. found that PLR was not a significant independent prognostic indicator in patients with resected pancreatic ductal adenocarcinoma. Azab et al. showed that higher PLR was associated with a trend of higher mortality in breast cancer patients with normal lymphocyte count (17). Perhaps, the role of PLR is different in different types of tumors. However, Smith et al. reported that preoperative PLR is a significant independent prognostic index in patients with resected pancreatic adenocarcinoma (14). These results are contradictory to the results of Bhatti, even though the same tumor type was evaluated. Clearly, the role of PLR in tumors still requires further clinical research.

The cut-off value of PLR was important in our evaluation. Cut-off values were 300 and 150 in previous studies. And even patients were categorized into quartiles according to their baseline 25th, 50th, and 75th PLR percentiles (17). In our study, the cut-off value for PLR was calculated with an ROC curve according to response after two cycles of first-line chemotherapy. One meta-analysis showed that median survival time was significantly associated with both the objective response rate and DC rate after first-line chemotherapy in patients with advanced NSCLC treated with systemic chemotherapy (23). Therefore, we believed that OS in NSCLC patients could be predicted more accurately with a preoperative PLR cut-off value of 152.6. However, more studies are needed to confirm the clinical relevance of this value.

NLR, which is defined as the absolute neutrophil count divided by the absolute lymphocyte count, is another predictor

of prognosis in many tumors. Several studies reported that NLR was superior to PLR as a predictor of prognosis (13,22). However, other studies concluded the opposite (12). As with PLR, the significance of NLR may be associated with tumor type. Our previous study showed that NLR was associated with response to therapy and prognosis of advanced NSCLC patients treated with first-line platinum-based chemotherapy (24). Our present study also found that PLR was a predictor of response to first-line chemotherapy and prognosis for patients with NSCLC. However, further research is still needed to confirm whether NLR is more useful than PLR in NSCLC.

Platelet count and lymphocyte count are repeatable, inexpensive and widely available in clinical practice, making PLR a potentially useful biomarker for predicting response to first-line chemotherapy and prognosis in NSCLC. However, there are several limitations to our study. First, it was an observational, single-center study, and the sample of patients was not very large. Second, platelet count and lymphocyte count may be influenced by other factors. Third, patients treated with epidermal growth factor receptor tyrosine kinase inhibitor (EGFR-TKI) in the first line was not included in this study. Despite the above limitations, our study was the first to describe the relationship between PLR and response to first-line chemotherapy and prognosis in NSCLC.

In Conclusion, our study shows a significant association between the pretreatment PLR and response to first-line chemotherapy and prognosis in NSCLC. Pretreatment PLR was an independent risk factor for response to first-line chemotherapy in patients with NSCLC. An elevated PLR (>152.6) predicted a poor response to first-line chemotherapy and a poor prognosis.

Acknowledgements

This work was supported by the National Natural Science Foundation of China (NO. 81170064) and the Natural Science Foundation of Jiangsu Province (NO. BK2011658). *Disclosure:* The authors declare no conflict of interest.

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Cite this article as: Liu H, Wu Y, Wang Z, Yao Y, Chen F, Zhang H, Wang Y, Song Y. Pretreatment platelet-to-lymphocyte ratio (PLR) as a predictor of response to first-line platinum-based chemotherapy and prognosis for patients with non-small cell lung cancer. J Thorac Dis 2013;5(6):783-789. doi: 10.3978/ j.issn.2072-1439.2013.12.34 Oncol 2007;2:402-7.

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