# Impact of major bleeding on the risk of acute kidney injury in patients undergoing off-pump coronary artery bypass grafting

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**Background:** Patients with perioperative bleeding during cardiac surgery are susceptible to acute kidney injury (AKI) which is proposed to be associated with short-term and long-term risk of adverse events. The relationship between perioperative bleeding in off-pump coronary artery bypass grafting (OPCAB) and AKI remains unknown. The purpose of this study is to evaluate the impact of perioperative bleeding on the risk of postoperative AKI in patient undergoing OPCAB.

**Methods:** Perioperative major bleeding was defined by the universal definition of perioperative bleeding (UDPB) class 3 to 4. The primary endpoint was postoperative AKI which was diagnosed using criteria of stage 1 of AKI proposed by Acute Kidney Injury Network (AKIN). The secondary endpoints included inhospital mortality and the incidence of postoperative myocardial infarction (MI). Baseline characteristics were compared between patients with and without major bleeding. Multivariable logistic regression analysis was performed to identify potential predictive factors for AKI after OPCAB.

**Results:** A total of 4,030 ACS (acute coronary syndrome) patients who underwent OPCAB were included in this study. Major bleeding rate was 9.8% (n =394). AKI was found in 995 (24.7%) patients. Multivariable regression analysis showed that perioperative major bleeding conferred a significantly higher risk of AKI after OPCAB with an odds ratio of 1.67 (95% confidence interval 1.32–2.10, P<0.001). When a decrease in hemoglobin, transfusion and chest tube output were included in the same logistic model separately to replace major bleeding, transfusion was the most strongly risk factor associated with AKI after surgery (OR =2.08, 95% CI: 1.38–3.16, P<0.001).

**Conclusions:** Perioperative bleeding is associated with a higher risk of postoperative AKI in ACS patients who underwent OPCAB. Moreover, blood and blood products transfusion most correlated with AKI after surgery. Prevention of severe bleeding and reducing blood transfusion requirement may improve the outcomes of OPCAB.

Keywords: Bleeding; acute kidney injury (AKI); surgery; coronary artery bypass grafting (CABG)

Submitted Feb 25, 2018. Accepted for publication May 11, 2018. doi: 10.21037/jtd.2018.05.98 View this article at: http://dx.doi.org/10.21037/jtd.2018.05.98

# Introduction

Approximately 12% of acute coronary syndrome (ACS) patients require coronary artery bypass graft (CABG) during the index hospitalization (1,2). However, major bleeding is a common complication after CABG which impairs the clinical outcomes (3,4). Some studies demonstrated that patients with perioperative bleeding were susceptible to major adverse events including death, stroke and acute kidney injury (AKI) after CABG (5-7). AKI after CABG, in particular, was proposed to increase the short- and long-term risk of adverse outcomes such as myocardial infarction and death (8,9).

In recent years, the technique of off-pump CABG (OPCAB) has emerged to decrease perioperative complications such as bleeding by avoiding the use of cardiopulmonary bypass and the cross-clamping of the aorta (10). OPCAB has constituted about 15–20% of CABG in Europe and USA. However, it accounts for 60–100% of CABG surgery in Asian countries (11,12). The relationship between perioperative bleeding of OPCAB and AKI still remains unknown. Therefore, the purpose of this study is to evaluate the impact of perioperative bleeding on the risk of postoperative AKI in patient undergoing OPCAB.

# Methods

## Study patients and data collection

The present study is a retrospective, single-center, cohort analysis enrolling ACS patients undergoing OPCAB from February 2008 to December 2014 in university teaching hospital (Beijing Anzhen hospital). Among all ACS patients who underwent OPCAB, only those with sufficient records to specify bleeding events were eligible to be included. Patients were excluded for the following reasons: any contraindication to OPCAB, preoperative exposure to warfarin, preoperative severe renal insufficient and other open-chest surgeries including valvular repair or replacement. Informed consent was obtained from each patient on the day of admission. The ethical review and informed consent of this study were approved by institutional ethics committee of Beijing Anzhen Hospital, Capital Medical University (No. 2018011X).

To ensure the accuracy of data collection, the data was entered by two trained medical staffs and the important data information was monitored and revised by a third medical staff. Complete pre-, intra-, and postoperative data were available for all patients from an electronic database containing the baseline and operative data and immediate postoperative adverse events. Data on baseline characteristics, perioperative adverse events, perioperative hemoglobin (Hb) and creatinine levels, postoperative drainage output in 24 hours, pre- and postoperative CK-MB levels, and the amount of transfused blood product were collected retrospectively.

## Definitions and study endpoints

Patients were divided into two groups according to the presence or absence of major bleeding. In the present study, we identified patients with major bleeding using the universal definition of perioperative bleeding (UDPB) criteria. Major bleeding was diagnosed in the presence of the UDPB class 3 and 4 defined as: (I) sternal closure delayed; (II) postoperative chest tube blood loss within 12 hours  $\geq$ 1001 mL; (III) requiring transfusion of  $\geq$ 5 U packed red cells (PRBCs) or fresh frozen plasma; (IV) surgical reexploration (4). Moreover, we calculated major bleeding rates using another two definitions including the Platelet Inhibition and Patient Outcomes (PLATO) and the Bleeding Academic Research Consortium (BARC) type 4 (13,14).

The primary endpoint was the occurrence of acute kidney injury (AKI). AKI is defined as an acute postoperative renal insufficiency resulting in one or more of the following in the first 48 hours after surgery as proposed by Acute Kidney Injury Network (AKIN) as stage 1 of acute kidney injury: (I) an increase of serum creatinine level of  $\geq 0.3$  mg/dL ( $\geq 26.4$  µmol/L); (II) at least a 50% greater increase in creatinine above baseline preoperative level (1.5-fold from baseline); (III) a reduction in urine output (documented oliguria of less than 0.5 mL/kg per hour for more than six hours) (15). The secondary endpoints were mortality during hospitalization and postoperative MI (16).

Intra- and post-operative blood product transfusion rates and amounts were recorded for principal blood product types, including PRBC, platelets and fresh frozen plasma (FFP). In general, red blood cells (RBCs) were given intraoperatively to maintain a Hb concentration of more than 7 g/dL or a haematocrit (Hct) level of more than 20% or given postoperatively when Hb level was less than 8 g/dL. The need for additional blood product transfusion such as FFP an platelets (PLTs) remained at the discretion of the individual surgeon, anaesthesiologist or intensivist on a patient-by-patient basis.

#### Statistical analysis

Statistical analysis was performed using the SPSS version 24.0 statistical software (IBM Corporation, Armonk, New York, USA). Baseline characteristics were compared between the patients with major bleeding and without major bleeding. Continuous variables were expressed as mean value  $\pm$  standard deviation and compared by the Student *t*-test if normally distributed and otherwise as median (minimum, maximum) and compared by the Wilcoxon rank sum test. Categorical variables are expressed as percentages and were compared by the  $\chi^2$  statistic or continuity-correction  $\chi^2$  when cell counts were <5 or Fisher's exact test when cell counts were <1.

We used multivariable logistic regression analysis to investigate the association between perioperative bleeding and postoperative AKI adjusting for potential confounding factors. Forward stepwise selection was used to identify significant confounding variables. Potential confounders which had been reported in previous studies as important determinants of perioperative outcomes would be offered to the logistic regression models including: age, gender, body mass index (BMI), diabetes, hypertension, prior myocardial infarction (MI), renal insufficiency, decreased left ventricular ejection fraction (LVEF), systolic blood pressure (SBP) values, preoperative Hct values and discontinuation of clopidogrel. Renal insufficiency for baseline characteristics was defined as preoperative creatinine clearance rate (Ccr) values < 60 mL/min. And closely associated factors (P<0.10) from the univariate analysis were also included in the multivariable logistic regression analysis (P<0.05 was retention criterion for each factor). Model fit analysis was evaluated using the Hosmer and Lemeshow goodness-offit statistic. Area below ROC curve was reported to have predictive power. Power of the association between risk factors and outcomes was expressed as odds ratio (OR).

All P values are 2-sided. Results were considered to be statistically significant at a P<0.05.

#### **Results**

## Demographic and perioperative characteristics

Among a total of 4,030 ACS patients included in this study, 394 (9.8%) experienced the UCPB class 3–4 bleeding. In addition, PLATO major life-threatening bleeding was observed in 1,459 (36.2%) patients and BARC type 4 bleeding in 170 (4.2%) patients during perioperative period. AKI was found in 995 (24.7%) patients and 52 (1.29%) required renal replacement therapy (RRT). In the overall population, the mean age was 62.1 years and 76.2% were males. The mean baseline creatinine clearance was 88.78 mL/min. There were 120 (2.98%) deaths and 201 (4.99%) postoperative MIs during hospitalization. Moreover, there were 1,491 (37%) patients who received clopidogrel within 5 days before OPCAB surgery

Demographic and preoperative characteristics of subjects and perioperative outcomes are presented in *Table 1*. The patients were divided into two groups according to the presence or absence of major bleeding. A higher proportion of patients with major bleeding had lower BMI (52.54% vs. 43.23%, P<0.001) and with clopidogrel exposure within 5 days prior to surgery (54.57% vs. 35.09%, P<0.001) and were male gender (85.28% vs.75.30%, P<0.001) compared with patients without major bleeding. It is noteworthy that preoperative creatinine clearance was not statistically different between patients with and without bleeding. There was no major difference in age, LVEF, hypertension, diabetes, prior MI, preoperative haematocrit values, SBP, multivessel disease and number of distal anastomoses.

## Effect of major bleeding on acute kidney injury

The primary endpoint occurred in 130 (32.99%) patients in major bleeding group and 865 (23.79%) in non-major bleeding group (P<0.001). Patients with major bleeding were at an higher risk of death (10.66% *vs.* 2.15%, P<0.001) and MI (7.87% *vs.* 4.65%, P=0.005) during hospitalization (*Table 2*).

Univariable and multivariable analysis were then performed to find possible predictive factors for occurrence of AKI using logistic regression. Table 3 outlines part of the results of univariable analysis. The unadjusted relative risk for AKI increased by 58% in patient with major bleeding (OR =1.58, 95% CI: 1.26 to 1.97, P<0.001) when compared with the patients without bleeding. And patient with advanced age, hypertension, diabetes, prior MI, lower Ccr, increased SBP or decreased haematocrit values were at an increased risk of AKI. Comparison of perioperative characteristic and incidence of major bleeding using different definitions between patients with and without AKI is displayed in Table 4. Rates and amount of postoperative PRBCs and FFP transfusion were significantly higher in patients with AKI. Among decrease in hemoglobin, transfusion and chest tube output which compose the definition of major bleeding, transfusion was identified as the most significant risk factor for AKI according to

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Table 1 Comparison of demographic characteristics perioperative outcomes between patients with and without major bleeding defined by t	he
universal definition of perioperative bleeding (UDPB) class 3 to 4	

Variables	Without major bleeding (n=3,636)	With major bleeding (n=394)	Р
Age	62.09±9.07	62.66±9.21	0.234
Male gender	2,738 (75.30)	336 (85.28)	<0.001
BMI	25.84±3.42	25.19±3.45	<0.001
BMI ≤25	1,572 (43.23)	207 (52.54)	<0.001
SBP (mmHg)	128.99±19.24	129.61±18.27	0.541
SBP ≥140 mmHg	1,017 (27.97)	100 (25.38)	0.275
VEF	56.09±10.03	56.59±10.12	0.34
LVEF <40%	109 (3.00)	11 (2.80)	0.819
Ccr (mL/min)	88.85±27.39	88.15±27.76	0.631
Ccr <80 mL/min	2,163 (59.49)	236 (59.90)	0.875
Preoperative Hct (%)	40.94±4.41	41.41±4.69	0.047
Preoperative Hct <40%	959 (26.38)	107 (27.16)	0.738
lypertension	2,369 (65.15)	251 (63.71)	0.567
Diabetes	1,299 (35.73)	122 (30.96)	0.06
Prior MI	504 (13.86)	65 (16.50)	0.153
Clopidogrel discontinuation <5 d	1,276 (35.09)	215 (54.57)	<0.001
Iultivessel disease	3,436 (94.50)	363 (92.13)	0.211
lumber of distal anastomoses	2.81±0.81	2.75±0.82	0.36

Data are shown as number (%) or mean ± standard deviation. BMI, body mass index; SBP, systolic blood pressure; LVEF, left ventricular ejection fraction; Ccr, creatinine clearance rate; Hct, haematocrit; MI, myocardial infarction.

Table 2 The primary and secondary outcomes between major bleeding group and non-major bleeding group

Variables	Without major bleeding (n=3,636)	With major bleeding (n=394)	Р
AKI	865 (23.79)	130 (32.99)	<0.001
Death in hospital	78 (2.15)	42 (10.66)	<0.001
MI in hospital	169 (4.65)	31 (7.87)	0.005

Data are shown as number (%) or mean ± standard deviation. Major bleeding was defined by the universal definition of perioperative bleeding (UDPB) class 3 to 4. MI, myocardial infarction; AKI, acute kidney injury.

univariable analysis (OR =2.13 95% CI: 1.42 to 3.19, P<0.001). Furthermore, rates of major bleeding defined by all three definitions were significantly increased in patients with postoperative AKI.

In multivariable logistic regression analysis, variables independently associated with AKI after OPCAB are shown in *Table 5*. Logistic regression model confirmed that AKI was strongly associated with perioperative major bleeding with an odds ratio of 1.67 (95% CI: 1.32 to 2.10, P<0.001). The AUC (area under the curve) of this regression model was 0.76 (95% CI: 0.83–0.78) showing that the UDPB classification had predictive value of AKI. Advanced age, higher BMI, diabetes, prior MI, increased SBP, impaired LVEF, decreased Ccr baseline and decreased haematocrit were independent risk factors of postoperative AKI. When decrease in hemoglobin, transfusion and chest tube output

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Variables	Unadjusted OR —	Lower	Upper	- P
Male gender	1.05	0.89	1.25	0.55
Age	1.03	1.02	1.04	<0.001
BMI >25	1.23	1.06	1.42	0.006
Diabetes	1.37	1.18	1.59	<0.001
Prior MI	1.32	1.09	1.61	0.006
SBP ≥140 mmHg	1.38	1.18	1.61	<0.001
LVEF <40%	1.87	1.28	2.72	0.001
Preoperative Hct <40%	1.67	1.43	1.95	<0.001
Ccr <80 mL/min	0.65	0.56	0.75	<0.001
Clopidogrel discontinuation <5 d	1.09	0.94	1.26	0.26
UDPB class 3-4 bleeding	1.58	1.26	1.97	<0.001

Table 3 Results of univariable analysis for risk factors of AKI after OPCAB

BMI, body mass index; MI, myocardial infarction; SBP, systolic blood pressure; LVEF, left ventricular ejection fraction; Hct, haematocrit; Ccr, creatinine clearance rate.

Table 4 Comparison of perioperative b	bleeding characteristic between AKI and non-AKI	patients
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Variables	Without AKI (n=3,035)	With AKI (n=995)	Р
Postoperative transfusion of RBCs (U)	0.89±1.43	1.51±2.65	<0.001
Postoperative transfusion of RBCs ≥5 U	60 (1.98)	41 (4.12)	<0.001
Postoperative transfusion of plasma	268.15±274.59	345.39±359.77	<0.001
Chest tube output (mL)	520.62±330.88	566.60±425.59	<0.001
Chest tube output >1,000 mL	216 (7.12)	92 (9.25)	0.028
Reoperation for bleeding	56 (1.85)	39 (3.92)	<0.001
UDPB class 3-4 bleeding	264 (8.70)	130 (13.07)	<0.001
PLATO major bleeding	1,034 (34.07)	425 (42.71)	<0.001
BARC type 4 bleeding	102 (3.36)	68 (6.83)	<0.001
Decrease in Hb >50 g/L	899 (29.62)	322 (32.36)	0.103

Data are shown as number (%) or mean ± standard deviation. RBCs, red blood cells; Hb, hemoglobin.

were included in the same regression model to replace major bleeding individually, transfusion was most strongly associated with AKI after surgery (OR =2.08, 95% CI: 1.38-3.16, P=0.010) (*Table 6*).

# Discussion

This present study would suggest that perioperative major bleeding is associated with a significant higher risk of AKI after OPCAB. Blood and blood products transfusion significantly correlated with AKI after OPCAB. Thus, preventing excessive bleeding and minimizing transfusion during perioperative period can reduce the risk of AKI and improve clinical outcomes of patients undergoing OPCAB.

Perioperative severe bleeding and the related need of transfusion are known to increase the risk of adverse outcomes (17). Our results are in conformity with some previous published studies reporting on the association

Variables		95% CI		5
	OR	Lower	Upper	— Р
Age	1.02	1.01	1.03	0.001
BMI >25	1.48	1.26	1.73	<0.001
Diabetes	1.36	1.17	1.58	<0.001
Prior MI	1.36	1.11	1.66	0.003
SBP ≥140 mmHg	1.33	1.13	1.56	<0.001
LVEF <40%	1.97	1.34	2.91	0.001
Baseline Ccr <80 mL/min	0.69	0.58	0.83	<0.001
Preoperative Hct <40%	1.56	1.33	1.83	<0.001
UDPB class 3–4 bleeding	1.67	1.32	2.10	<0.001

Table 5 Results of multivariable logistic regression analysis for independent predictors of AKI after OPCAB

The AUC of this regression model was 0.76 (95%: 0.83–0.78). BMI, body mass index; MI, myocardial infarction; SBP, systolic blood pressure; LVEF, left ventricular ejection fraction; Ccr, creatinine clearance rate; Hct, haematocrit.

Table 6 Results of multivariable logistic regression analysis including UDPB class 3–4 bleeding, chest tube output, transfusion and Hb decrease separately for postoperative AKI

Variable*	Odds ratio	Odds ratio (95% CI)	
UDPB class 3-4 bleeding	⊢∎→	1.67 (1.32–2.10)	<0.001
Chest tube output >1 L	⊢ <b>,</b>	1.40 (1.08–1.83)	<0.001
Transfusion ≥5 U	F■	2.08 (1.38–3.16)	<0.001
Hb decrease > 50 g/L	HEH	1.34 (1.14–1.58)	<0.001
	0 1 2 3 4		

\*, UDPB class 3–4 bleeding, chest tube output, transfusion and Hb decrease were separately included in the same multivariable logistic regression model which was composed of age, gender, BMI, diabetes, hypertension, prior MI, renal insufficiency, decreased LVEF, SBP values and preoperative haematocrit values. UDPB, universal definition of perioperative bleeding.

between an increased risk of adverse clinical outcomes and periprocedural bleeding and transfusion (18). The rate of perioperative major bleeding in patients undergoing CABG varied between different studies due to different definitions of bleedings. Kinnunen *et al.* observed that the relation between adverse outcomes including acute kidney injury and bleeding also existed in low-risk patients with EuroSCORE II of less than 2% (19). Another prospective study of Kinnunen *et al.* and a retrospective study of Paone *et al.* described that even minor bleeding and subsequent blood transfusion (1–2 units) was also associated with an increased risk of AKI as well as other adverse outcomes (5,20). Conversely, analysis from ACUITY trial by Stone *et al.* found that RBC transfusion of  $\geq$ 4 U after CABG was strongly associated with subsequent mortality but transfusion of 1 to 3 U of RBCs may not carry the same negative prognostic implications (7). The results from a prospective study conducted by Biancari *et al.* provided evidence on the impact of bleeding and transfusion on the development of neurological impairment after CABG and reduction of blood loss might decrease the risk of severe complications after surgery. However, few studies have examined the relationship between periprocedural bleeding or transfusion and AKI incidence in patients who has undergone OPCAB which is more common in Asians and might bring some early benefit by avoiding the conventional on-pump technique. Furthermore, the bleeding definitions that were used varied across previous studies. Our retrospective study, by contrast, enrolled patients who underwent OPCAB and suggested that perioperative

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bleeding defined by the UDPB class 3 to 4 increases the risk of postoperative AKI significantly.

The association between blood transfusion and AKI may be due to either a direct transfusion-related kidney injury, or an indirect effect in which the transfusion is acting as a surrogate marker for hypotension or decreased oxygen delivery (21). The mechanisms of AKI after transfusion have not been clearly defined, but there were several potential pathophysiological causes (22). The impairment of tissue oxygen delivery and predisposition to inflammatory response and oxidative stress promoted by transfusion might play an important role in organ injury (23). Red blood corpuscles undergo irreversible structural and functional changes during storage under hypothermic conditions, then predispose to tissue hypoxia and cause toxic injury (22).

Perioperative bleeding is common among patients undergoing cardiac surgery. However, the definitions of major bleeding and the stratifications of its severity are variable across different studies. Dyke et al. proposed the universal definition of perioperative bleeding (UDPB) as a classification for the severity of perioperative bleeding in patients undergoing adult cardiac surgery (4). The rate of major bleeding in the study of Dyke et al. was 9.6% and was similar with the results of our study in which the rate of major bleeding was 9.8%. Kinnunen et al. validated the UDPB classification in 2,764 patients undergoing CABG and their analysis showed that the UDPB could effectively stratified the severity of bleeding (24). Therefore, the UDPB classification can be used as a promising research tool for appropriate stratification of the perioperative risk of bleeding and provide prognostic information. Even though we identified patients with major bleeding using the UDPB criteria in consideration of the surgical setting of our study, the PLATO major bleeding which was used in most nonsurgical clinical trials (25) and the BARC type 4 bleeding of which the incidence rate was very low (4.2%)were also more common in patient with AKI and can be used as predictors of AKI. In our study, part of patients underwent surgery with clopidogrel exposure <5 days prior to surgery, which might be the reason why the major bleeding rate was as high as reported in on-pump CABG cases.

Our present study has some important clinical implications. Firstly, reducing blood loss and minimizing transfusion can improve clinical outcomes of patients undergoing OPCAB by potentially decreasing the risk of postoperative AKI. AKI is a common and serious complication of cardiac surgery (26). The incidences of AKI between 7% and 40% have been reported depending on the definition used (27-30). The rate of postoperative AKI defined by AKIN among OPCAB patients in a previous study of Lamy et al. (28%) was in accordance with our study (24.7%) (10). In the previous literature, AKI after cardiac surgery was reported to be associated with a shortand long-term increased risk of poor prognosis. Ryden et al. demonstrated that AKI after CABG resulted in an increased long-term risk of MI and dearth and this was true even for small increases in Ccr after surgery (9). A study from Sweden including 24,018 patients identified AKI to be associated with increased long-term risk of heart failure after CABG indicating that patients with AKI after CABG should be followed closely to detect early changes in cardiac function (31). Another large nationwide study in Sweden by Holzmann et al. found that AKI was associated with a higher long-term risk of stroke in patients younger than 65 years (32). Bahar et al. explored the risk factors and prognosis of acute renal failure following open heart surgery. The results supported that bleeding in the early postoperative period may precipitate renal failure by prerenal mechanisms and acute renal failure after cardiac surgery often resulted in high morbidity and mortality (8). In consideration of that AKI after cardiac surgery increases the risk of adverse outcomes and major bleeding is strongly associated with higher incidence of AKI after OPCAB, prevention of perioperative excessive bleeding may improve the outcome of OPCAB. Similarly, liberal use of blood transfusion may expose patients to risk of AKI therefore minimizing perioperative transfusion may also bring better outcomes of OPCAB. Secondly, several previous trails suggested that the use of off-pump technique in coronary artery bypass surgery can reduce incidence of AKI compared with conventional on-pump surgery (33). Furthermore, the results of this study showed that elderly, higher BMI, hypertension, diabetes, prior MI and decreased Hct were independent risk factors for AKI after surgery. Accordingly, patients with above risk factors tend to be at a higher risk of adverse outcomes and are recommended to choose OPCAB.

# Limitation

Several limitations of this study should be acknowledged. First, the indications for transfusion after OPCAB were not prespecified and differences in transfusion threshold may exist between surgical teams. Second, our study may have potential bias due to the absence of data regarding the influence of possible confounding variables that affect kidney function intra- and post-operative hemodynamics, the priming volume, vasopressor deses, perioperative fluid balance or differences in the dose of colloids, thus we could not confirm if hypotension was responsible for the development of AKI. Third, part of patients who received one or two units transfusion also suffered from severe perioperative bleeding, therefore we could not distinguish the effect of RBC transfusion or bleeding-related anemia on the clinical outcomes.

# Conclusions

In conclusion, the present study demonstrated a strong independent relationship between perioperative bleeding and AKI after OPCAB. These data suggest that transfusion has the most significant implications causing an increased risk of AKI after surgery. Our study indicates that minimizing bleeding and blood transfusion to avoid AKI after OPCAB may improve the outcomes after surgery.

# Acknowledgements

None.

# Footnote

*Conflicts of Interest:* The authors have no conflicts of interest to declare.

*Ethical Statement:* Informed consent was obtained from each patient on the day of admission. The ethical review and informed consent of this study were approved by institutional ethics committee of Beijing Anzhen Hospital, Capital Medical University (No. 2018011X).

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**Cite this article as:** Liu W, Xi Z, Gu C, Dong R, AlHelal J, Yan Z. Impact of major bleeding on the risk of acute kidney injury in patients undergoing off-pump coronary artery bypass grafting. J Thorac Dis 2018;10(6):3381-3389. doi: 10.21037/ jtd.2018.05.98 perioperative bleeding classification in patients undergoing coronary artery bypass surgery. J Thorac Cardiovasc Surg 2014;148:1640-6.e2.

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