

Valve durability after transcatheter aortic valve implantation

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Abstract: Transcatheter aortic valve implantation (TAVI) is a minimally invasive procedure to treat severe symptomatic aortic stenosis. While the TAVI procedure can be performed safely and provide excellent 5-year results, little is known about long-term durability. TAVI valves are composed of bioprosthetic leaflets are prone to deterioration, which are categorized as structural valve deterioration (SVD) and non-SVD. SVD refers to an intrinsic pathology of the leaflets or stent structure with mechanisms that include leaflet calcification, leaflet tear, stent fracture, or stent creep. Non-SVD processes include valve thrombosis, infective endocarditis and patient prosthesis mismatch. TAVI valves degenerate by similar mechanisms as bioprosthetic surgical aortic valves. Unique mechanisms that contribute to TAVI degeneration include valve crimpling, balloon expansion, stent under-expansion and valve thrombosis. The absence of a universally accepted definition of SVD poses a challenge in estimating valve durability. Traditional surgical bioprosthetic aortic valves have demonstrated excellent durability with clinically relevant SVD of 6.6% at 10-year follow up. Long-term durability of TAVI valves, however, remain poorly defined. From meta-analysis TAVI trials, SVD was estimated at 7% at 5 years. With iterative improvements in TAVI valve construction and deployment techniques, long-term durability may improve. Until long-term outcomes are better understood, TAVI should be used with caution in younger patients.

Keywords: Transcatheter aortic valve implantation durability (TAVI durability); aortic stenosis; structural valve deterioration; long-term outcomes; valve hemodynamics

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Introduction

Surgical aortic valve replacement (SAVR) was previously the only effective method for relief of left ventricular outflow obstruction in adults with aortic valve stenosis. Transcatheter aortic valve implantation (TAVI) now offers an attractive alternative for treatment of severe symptomatic aortic stenosis in appropriately selected patients. Several randomized trials have established superiority of TAVI for the treatment of patients who have a prohibitive and high surgical mortality risk and as a reasonable alternative for older adults with an intermediate estimated surgical mortality risk (1-5). The weight of this evidence led to endorsement of TAVI in selected patients by multiple guidelines and rapid adoption in clinical practice (6-9). In fact, TAVI has replaced SAVR as the predominant method of treating aortic stenosis for patients over the age of 75 years. More importantly, the use of TAVI has increased markedly in younger patients (10-12), despite the lack of data on long-term valve durability. The concept of valve durability is especially important patients less than age 75 years at the time of valve implantation. Life expectancy is likely to exceed valve durability in many of these patients. The purpose of this article is to review the available literature related to TAVI durability, including the definitions and mechanisms of structural valve deterioration (SVD).

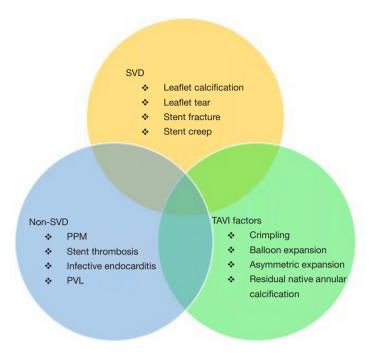


Figure 1 Mechanisms for bioprosthetic valve deterioration. SVD, structural valve deterioration; PPM, patient prosthesis mismatch; PVL, para-valvular regurgitation.

Definition of SVD

The use of bioprosthetic valves has increased steadily over the past decade and surpassed mechanical valves as the most common aortic valve prosthesis (13). In the United States, approximately 80% of SAVR is performed with a bioprosthetic implant (14). The shift towards biologic valves is likely multifactorial due to patient life-style preferences, avoiding the need for lifelong anticoagulation, and excellent durability of current generative surgical bioprosthetic valves. Although long-term outcomes are unproven, many patients and clinicians hope that transcatheter valve-in-valve treatment will be effective for eventual valve deterioration. The "Achilles heel" of all bioprosthetic valves, however, is SVD. The likelihood of SVD is very low for the first 10 years after SAVR in older adults with a gradual increase in incidence after that time (15,16).

Guidelines for reporting outcomes of bioprosthetic valves classify valve dysfunction as SVD and non-SVD (*Figure 1*). SVD is defined as intrinsic degeneration or dysfunction of the prosthetic valve materials. The principal mediators of SVD include leaflet calcification, leaflet tear, stent fracture, or stent creep. Non-SVD refers to secondary processes that involve the valve such as patient-prosthesismismatch (PPM), valve leaflet thrombosis, endocarditis, pannus ingrowth or paravalvular leak. A post-operative echocardiogram after TAVI or SAVR is crucial to establish baseline imaging and hemodynamic measurements for future comparisons, particularly distinguishing PPM from SVD. It is important to keep in mind that SVD and non-SVD are not mutually exclusive processes. In particular, non-SVD mechanisms such as patient-prosthesis mismatch, leaflet thrombosis and paravalvular regurgitation have been associated with accelerated SVD due to altered valve hemodynamics and mechanical stress (17-19).

The largest challenge in defining SVD arises from the absence of a universally accepted criterion, which limits the ability to draw clear comparisons between studies. Society guidelines vary in the specific echocardiographic parameters used to define SVD (20-23). A recent consensus document defined progressive stages of SVD associated with recommended follow up and treatment for each stage (24).

SAVR and TAVI durability

The durability of TAVI will always be placed in context of bioprosthetic SAVR durability owing to the known long-term results with surgical prosthesis. In this regard,

Journal of Thoracic Disease, Vol 10, Suppl 30 November 2018

the incidence of SVD in the surgical literature is actually difficult to determine because freedom from valve reintervention is a common clinical end-point (25). This clinical end-point underestimates the true incidence of SVD because re-operation may not be offered to poor surgical candidates and some may die before echocardiographic detection of SVD.

The long-term durability of SAVR bioprosthesis has proven to be excellent. In a large cohort of 12,569 patients with Carpentier-Edwards valve, re-operation rate was 1.9% and 15% at 10 and 20 years, respectively. Independent predictors of SVD were young age (<60 years), PPM and elevated post-operative trans-prosthetic gradient (26). Long-term echocardiographic and clinical outcomes were analyzed for 669 patients with varying SAVR models. In this cohort, 5.4% patients underwent aortic valve reintervention for SVD, 6.6% developed clinically relevant SVD and 30.1% developed sub-clinical SVD (27). This study underscores the importance of both clinical and echocardiographic surveillance to detect SVD.

The durability of TAVI is less well defined compared to its surgical counterpart. Long-term results of selected publications are summarized in *Table 1*. Two studies identified a 23-mm prosthesis as an independent risk factor for SVD (32,33). This finding suggests that patientprosthesis mismatch may contribute to perturbed valve hemodynamics leading to accelerated SVD. A meta-analysis of 13 studies with 8,914 patients demonstrated a low overall incidence of SVD with a pooled estimate of 28 per 1,000 patient-years. SVD was estimated to 7% at 5 years, and only 12% of patients that developed SVD were treated with reintervention (40).

Robust data on TAVI durability extends only to five years, which falls short of the expected time frame when SAVR valves deteriorate (40). Until long-term durability is defined, TAVI valves should be used with caution in patients younger than the age of 75 at the time of implantation or patients with a long life-expectancy. Furthermore, bicuspid aortic valves (BAV) are more common in younger patients with severe aortic stenosis. TAVI durability is even less defined in the BAV patient population.

Interpretation of the TAVI literature warrants some discussion. First, there have been iterative improvements in stent technology, pre-procedure planning, deployment technique and operator experience which is expected to improve long-term durability for more recently implanted valves. Second, TAVI is frequently utilized in medicallycomplicated elderly patients who may die from non-cardiac causes and, therefore, SVD may go undetected. Finally, an annual surveillance echocardiogram is recommended post-TAVI, which is more frequent than surgical prosthesis (41). As a result, non-clinically significant SVD may be detected more frequently on long-term follow up for TAVI. Surveillance echocardiograms should be standardized for TAVI and SAVR to allow for better comparison for SVD.

Mechanisms of valve dysfunction

Numerous patient specific factors have been implicated with accelerated SVD—including younger age, diabetes, hypertension, hyperparathyroidism, renal insufficiency, hyperparathyroidism, elevated proprotein convertase subtilisin/kexin 9 serum levels, and elevated apolipoprotein B/apolipoprotein A ratio (42). These factors have been implicated with SVD in surgical prothesis and also are expected to influence TAVI valve durability.

Prosthesis related factors affecting durability include mechanisms of SVD and non-SVD. The most common pathologic process is calcific degeneration as a result of repetitive mechanical stress. This process can lead to either stenosis, regurgitation or combined stenosis and regurgitation (43). Bovine aortic valves are prone to calcification and stenosis, whereas porcine valves develop tears leading to insufficiency (44). As a correlate, current balloon-expandable transcatheter valves are composed of bovine pericardial tissue and self-expanding valves are constructed from porcine pericardium. Furthermore, most commercially available TAVI prosthesis are treated with 0.6% glutaraldehyde to reduce the immunogenicity of the xenograft. However, glutaraldehyde treatment causes cellular level changes that promotes passive calcific deposition (42). Several anti-calcification strategies, such as 2-amino oleic acid, have been developed to inhibit leaflet calcification and the detrimental effects of glutaraldehyde (45,46). Unfortunately, first generation TAVI prosthesis were not prepared with anti-mineralization treatment.

Infective endocarditis can cause early or late acute valve failure. The incidence of endocarditis is approximately 0.57% per person-year and is highest during the first year following implantation. Bioprosthetic valves are associated with higher risk of endocarditis than mechanical prosthesis (47). The incidence of endocarditis is higher at approximately 1.1% per person-year. Moderate to severe aortic regurgitation is the largest risk factor for developing endocarditis in TAVI patients (48). Leaflet trauma and sheer stress may increase the risk of endocarditis in this setting.

S3632

Study	Valve type	Number of patients	Longest follow up	Comments
Mack <i>et al.</i> (28)	Edwards SAPIEN	699	5 years	Reintervention: 0%
				Moderate/severe AR 14% in TAVI and 1% in SAVR
Gerckens <i>et al.</i> (29)	CoreValve	1,015	5 years	Reintervention: 1.2%
				SVD: 2.6%
Toggweiler <i>et al.</i> (30)	Cribier-Edwards and SAPIEN	88	5 years	Reintervention: 0%
				SVD: 3.4%
				AVA decreased by 0.06 $\mbox{cm}^2\mbox{/year}$ and mean gradient increased 0.27 mmHg/year
Barbanti <i>et al.</i> (31)	CoreValve (3 rd generation)	353	5 years	Reintervention: 0.6%
				Valve failure: 1.4%
				SVD: 2.8%
				No significant change in valve hemodynamics
Del Trigo <i>et al.</i> (32)	Edwards SAPIEN, Edwards XT, CoreValve	1,521	5 years	SVD: 4.5%
				Absence of anticoagulation, TViV, 23-mm valve and obesity associated with SVD
Vemulapalli <i>et al.</i> (33)	Edwards and CoreValve	10,099	1 year	SVD: 2.5% (increase in mean gradient 10 mmHg)
				TViV, 23-mm valve, PPM, obesity and increasing gradient predicted SVD
Rodes-Cabau <i>et al.</i> (34	l) Cribier-Edwards, Edwards SAPIEN, SAPIEN XT,	339	42 months	Reintervention: 2 patients due to endocarditis
				SVD: none
				Median survival 3.5 years
Ussia <i>et al.</i> (35)	CoreValve	181	3 years	Reintervention: 0%
				SVD: 1.1%
Gurvitch <i>et al.</i> (36)	Cribier-Edwards, Edwards SAPIEN	70	3 years	Reintervention: 0%
				SVD: 0%
				Trans-prosthetic gradient increased mildly from 10 to 12.1 mmHg (P=0.03)
Holy <i>et al.</i> (37)	CoreValve	152	8.9 years	Reintervention: 3.3% (due to PVL)
				SVD: 0%
Muratori <i>et al.</i> (38)	Edwards SAPIEN, SAPIEN XT	96	5 years	Reintervention: 0%
				SVD: 30%
				Female gender, small BSA, 23-mm prosthesis and low AVA post-implantation predicted SVD
Gilard e <i>t al.</i> (39)	CoreValve, Edwards SAPIEN	4,201	3.8 years	Reintervention: 0%
				SVD: 2% per year
				No significant change in valve hemodynamics

Table 1 Summary of selected publications on long-term TAVI follow-up

Journal of Thoracic Disease, Vol 10, Suppl 30 November 2018

The advent of four-dimensional commuted tomography (4DCT) has drawn attention to leaflet immobility and subclinical valve thrombosis for both SAVR and TAVI prostheses. The incidence, diagnosis and clinical significance of this phenomenon is under active investigation. Definitive diagnosis requires findings on 4DCT with elevated trans-prosthetic gradients that resolve with therapeutic anticoagulation, or surgical visualization of thrombus (49). A pooled observational study from two large registries evaluated 890 patients with SAVR and TAVI prostheses. Subclinical valve thrombosis was found more commonly on TAVI prosthesis compared to SAVR (13% vs. 4%, P=0.001). All 36 patients with valve thrombosis had resolution of elevated gradients with anticoagulation with either warfarin or direct oral anticoagulant. Importantly, elevated trans-prosthetic gradients (>20 mmHg) was found more frequently in patients with reduced leaflet motion (6% vs. 1%, P=0.004) (50). Absence of anticoagulation has been associated with accelerated SVD, suggesting that valve thrombosis may be a pathologic process (32). Randomized control trials are underway to determine the optimal antithrombotic regimen post-TAVI. The underlying cause for the higher frequency of valve thrombosis in TAVI is unclear. Abnormal blood flow in the neo-sinus, divider between the TAVI frame and anatomical sinus, has been implicated as a potential mechanism (51).

Finally, PPM has been associated with increased mortality and accelerated SVD. The primary mode of SVD in patients with PPM is severe valve stenosis due to increased mechanical stress (17). TAVI is associated with lower rates of PPM and higher effective orifice areas (EOA) (52). This may in part explain the favorable outcomes associated with TAVI. Independent predictors of PPM in TAVI include lower BSA, smaller aortic annulus diameter, low ejection fraction, small indexed EOA (53). Special attention must be paid in the presence of these findings to minimize PPM.

Unique mechanisms for TAVI

In addition to factors that contribute to dysfunction of both surgical and transcatheter valves, several mechanisms unique to the TAVI delivery system might affect long-term durability.

First, the TAVI valve leaflets and frame are crimped prior to implantation to allow for transcatheter delivery. As a result, TAVI leaflets are designed to be much thinner than surgical bioprosthetic leaflets (0.4 *vs.* 0.25 mm). Electron

microscopy analysis has demonstrated that crimped valves have structural damage due to altered collagen arrangement which might predispose to thrombus formation and accelerated calcification (54). With the decreasing size of TAVI delivery mechanisms and post-dilation, the effects of crimping may become further accentuated. The longterm clinical consequences of crimping remain unknown. Second, TAVI valves are mounted on a rigid frame and native annular calcification is not removed with TAVI which may lead to asymmetric expansion of the valve frame; both of which may lead to adverse leaflet-stent interactions. Bench testing has demonstrated increased leaflet stress, particularly on the commissure and stent-attachment (55). This pattern of leaflet stress differs substantially from SAVR leaflet stress. Third, valve thrombosis and reduced leaflet motion occurs more frequently with TAVI than SAVR. These findings are associated with elevated transprosthetic gradients (50). Fourth, TAVI frames are sometimes oversized to minimize the risk of paravalvular regurgitation. This results in under-expansion of the TAVI frame and altered mechanical stress on the leaflets (56). There is little data on the long-term durability of TAVI when used as a valve-in-valve procedure for patients with a failing aortic bioprosthesis (43). Finally, we might wonder whether the compressed native valve might still be biologically active, contributing to ongoing inflammation adjacent to the TAVI stent and leaflets.

Conclusions

The utilization of TAVI has increased dramatically over the past decade. While mid-term follow up studies demonstrate favorable outcomes, the long-term durability of TAVI remains unclear. Durability is particularly important in younger patients who are expected to outlive their TAVI prosthesis. TAVI valves deteriorate by similar mechanisms as surgical bioprosthesis. Unique aspects of TAVI such as crimpling, post-dilation, and asymmetric stent expansion may affect long-term durability.

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Footnote

Conflicts of Interest: The authors have no conflicts of interest to declare.

S3634

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Kataruka and Otto. TAVI durability

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S3636