

# Role of animal models for percutaneous atrial septal defect closure

Zakaria Jalal<sup>1,2,3,4</sup>, Pierre-Emmanuel Seguela<sup>1</sup>, Alban-Elouen Baruteau<sup>2,5,6,7</sup>, David Benoist<sup>2,3,4</sup>, Olivier Bernus<sup>2,3,4</sup>, Olivier Villemain<sup>8</sup>, Younes Boudjemline<sup>9</sup>, Xavier Iriart<sup>1,2,3,4</sup>, Jean-Benoit Thambo<sup>1,2,3,4</sup>

<sup>1</sup>Department of Paediatric and Adult Congenital Cardiology, Bordeaux University Hospital (CHU), F-33600 Pessac, France; <sup>2</sup>IHU Liryc, Electrophysiology and Heart Modeling Institute, Fondation Bordeaux Université, F-33600 Pessac-Bordeaux, France; <sup>3</sup>Université de Bordeaux, <sup>4</sup>INSERM, Centre de recherche Cardio-Thoracique de Bordeaux, U1045, F-33000 Bordeaux, France; <sup>5</sup>CHU Nantes, Fédération de Cardiologie Pédiatrique et Congénitale, Nantes, France; <sup>6</sup>L'institut du thorax, INSERM, CNRS, UNIV Nantes, CHU Nantes, Nantes, France; <sup>7</sup>Department of Congenital Cardiology, Evelina London Children's Hospital, Guy's and St Thomas' NHS Foundation Trust, London, UK; <sup>8</sup>M3C-Necker Enfants malades, AP-HP, Université Paris Descartes, Sorbonne Paris Cité, Paris, France; <sup>9</sup>Cardiac Catheterization Laboratories, Sidra Cardiac Program, Sidra Medical & Research Center, Doha, Qatar

**Contributions:** (I) Conception and design: Z Jalal, PE Seguela, AE Baruteau, O Villemain, X Iriart, JB Thambo; (II) Administrative support: O Bernus, JB Thambo; (III) Provision of study materials: O Bernus, D Benoist, Y Boudjemline; (IV) Collection and assembly of data: Z Jalal, O Villemain; (V) Data analysis and interpretation: Z Jalal, O Villemain; (VI) Manuscript writing: All authors; (VII) Final approval of manuscript: All authors.

**Correspondence to:** Zakaria Jalal, MD. University Hospital of Bordeaux, Avenue Magellan, 33600 Pessac, France. Email: jalalzakaria1@gmail.com.

**Abstract:** As for any preclinical development of new implantable device, bench testing has been followed by experimental studies on large animal models for the development of atrial septal defect closure devices. Various models have been used according to studied species (porcine, ovine or canine model) and whether the septal defect was percutaneously or surgically created. Animal models of percutaneous atrial septal defect closure aim to assess the healing process and device endothelialisation, as well as the development of magnetic resonance imaging guided procedures, the short-term effects of volume overload on right ventricular contractility through haemodynamic studies and the understanding of other complications such as nickel hypersensitivity. Each technique has its own advantages and drawbacks, and leads to different punch-related, acute septal injuries that could have an effect on the healing process after device implantation. It has been suggested that some long-term, major device-related complications such as thrombosis or infective endocarditis may be associated with an inappropriate healing process or insufficient endothelialisation of the device, leading industrial companies to pay a great deal of attention to the healing process. Tissue reactions in animal models were shown to adequately reproduce the healing response after device implantation in humans, with an endothelial device coverage observed as early as 30 days after implantation and complete after 3 to 6 months. Research perspectives may evaluate both animal models and *in-vitro* studies in parallel with a view to clarify the endothelialisation process using human endothelial cells through *in-vitro* experiments. Self-sensing device for detecting the presence of endothelial cells on the surface of intracardiac occluders and high-resolution imaging techniques that could non-invasively assess the complete endothelialisation of a device would also be promising tools which would need large animal models studies before their clinical application.

**Keywords:** Atrial septal defect (ASD); animal model; percutaneous closure; endothelialisation

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## Introduction

Transcatheter device occlusion of secundum atrial septal defects (ASD) has become the currently preferred treatment strategy while surgical closure is now dedicated to patients with unsuitable anatomic features or associated cardiac malformations (1,2). Since the first description of Drs. King and Mills in 1974, the great majority of percutaneous devices developed to close those defects rely on self-expandable occluders that enclose the defect in a sandwich-like fashion (3). At the time of this writing, the Amplatzer septal occluder (ASO) (Abbott, St. Jude Medical, St. Paul, MN, USA), is the most commonly used device due to its innovative design as well as its straightforward deployment technique, repositionability and retrievability (4). Similar to the ASO design, most devices are based on self-expandable double disk consisting of a nitinol wire mesh and a polymeric membrane to ensure a perfect sealing.

Regarding their design, most of the occluding disks are larger than the ASD's diameter and attach to the cardiac surface in a sutureless fashion. However, device oversizing and stretching of the defect may in some cases not allow for an appropriate apposition of the device to the atrial endocardium. Therefore, it has been suggested that some long-term device related complications such as thrombosis or infective endocarditis may be associated with an inappropriate healing or endothelialisation of the ASD closure device (5). These observations led industrial companies which develop those ASD occluders to pay great attention on the healing process and to direct their development toward novel materials which are supposed to "enhance" or to "accelerate" device endothelialisation. As for any implantable device, large animal models of ASD have been widely used throughout the historical developments of ASD closure devices (3,6-20).

In this review we aimed to: (I) present the different types of animal models used in the setting of percutaneous ASD closure; (II) focus on the device endothelialisation process and the other issues analysed through these models and (III) evaluate the future developments which may improve the contribution of animal models for the understanding of endothelialisation and healing processes.

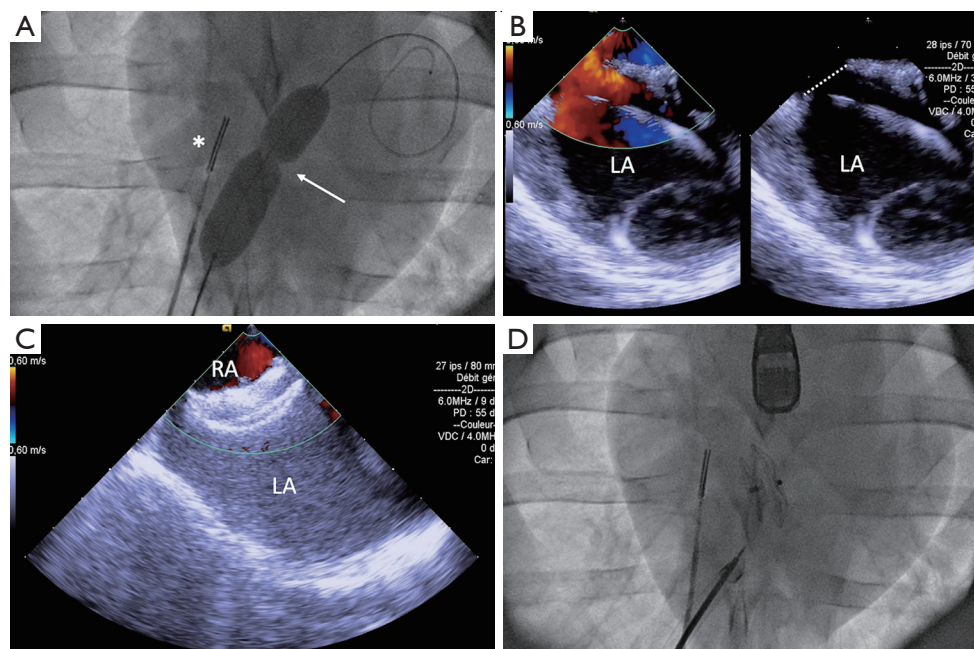
## Which animal for which defect?

After completion of rigorous bench testing, the research and development process of percutaneous occluders generally proceeds with a large animal study. These experiments

are performed for different aims but mostly for feasibility and safety assessment needed for premarket CE mark or FDA approval. Those models differ according to the type of species that are studied (porcine, ovine or canine model) and the way of creating the defect (percutaneously or surgically).

Regarding the choice of the species, the latter must have anatomical characteristics, concerning the inter-atrial septum, close to the human. In the case of sheep and pig models, these specifications appear to be well filled, whereas the canine model does not seem to have enough anatomical similarities with the human heart. Indeed, swine and ovine models may be used because of the well-developed fossa ovalis and comparable atrial septal anatomy to that of humans, allowing the creation of defects that closely mimic human secundum ASDs in respect of both size and location. On the contrary, the canine atrial anatomy widely differs from that of humans, especially due to the presence of a prominent crista terminalis in the right atrium while the septal surfaces are small on both atrial sides compared with the human heart (3,6,8,13,19). Thus, the canine model, mainly used in the early publications, has been virtually abandoned since the study of Sharafuddin *et al.* who used a pig model to assess the feasibility and safety of the ASO (10-12,14-18,20). One can imagine that the design of most of the occluders developed since then and resembling the ASO necessitated the presence of large septal surfaces which excluded the canine model. Of note, a sheep model has been used to evaluate the biocompatibility of the Nitinol alloy, which contributed greatly to developing ASD occlusion devices, especially the ASO, due to its low profile and its ability to reshape itself after catheter deployment (21). Nevertheless, whatever the type of canine, ovine or porcine model used, these species are also interesting because of their capacity for rapid growth, which can reproduce in a few months the growth of a child becoming an adult.

Once the animal species has been chosen, the researchers have to choose the approach from which the ASD would be created, either surgical or percutaneous. Surgical ASD is mostly performed through a transverse left thoracotomy and beating heart. No imaging guidance is required. Usually, clamps are placed across the left and right atrial appendages which are entered through purse-string sutures. A sharp punch instrument is then introduced from the left atrial appendage through the purse-string suture and, guided to the fossa ovalis with the opposing index finger, is passed from the left to the right atrium. The punch choice depends on the desired ASD size. After creation of the defect, the thoracotomy is closed, and the animal allowed



**Figure 1** Percutaneous creation of an ASD in a swine model. (A) Fluoroscopic picture of the interatrial septum balloon dilatation after transseptal puncture. The balloon waist (white arrow) corresponds to the septum, the ICE probe (asterisk) is in the right atrium; (B) ICE image showing the defect (dotted white line) with a left to right shunt in colour Doppler; (C,D) ICE and fluoroscopic images after ASD deployment and release showing good position of the occluder with no residual shunt. RA, right atrium; LA, left atrium; ICE, intra-cardiac echography; ASD, atrial septal defect.

to recover for several weeks before the transcatheter device closure (8,10,13,18).

Percutaneous ASD creation is achieved by inter-atrial trans-septal puncture, usually under fluoroscopic and either transthoracic, transoesophageal or intra-cardiac echography (7,9,11,12,14,15,17,19). After femoral veins cannulation, a transseptal sheath and Brockenbrough needle are placed into the superior vena cava and then onto the inter-atrial septum toward the fossa ovalis. Atrial septum is then punctured and a stiff wire is positioned into the left atrium or a pulmonary vein while heparin is administered. The ASD is then created by subsequent balloon dilation of the interatrial septum using balloons of the defect's desired diameters (*Figure 1*). The ASD is either subsequently closed during the same procedure or after allowing for healing of the created defect edges for several weeks (14). Following percutaneous closure, the anti-thrombotic regimen widely varies between the studies, regardless of the approach used for ASD creation or the animal species, from absence treatment (10,14,15) to a dual anti-platelet regimen including aspirin and clopidogrel for 3 to 6 months (17). Some authors advocate both cost-effectiveness and a low

level of evidence, especially in sheep (22), to support the absence of treatment.

Apart from the obvious minimal invasiveness of the percutaneous approach, each technique used for ASD creation has its own advantages and drawbacks. On the one hand, surgically created ASD cannot duplicate the noncircular shape and variable position of secundum ASDs seen in humans while acute septal injury associated with the punch could have effect on the healing process after device implantation. On the other hand, almost same disadvantages may be attributed to the percutaneous technique, especially the fact that ASDs created by transseptal puncture and subsequent balloon dilation, lead to a fresh wound in the septal wall that could potentially alter the healing response to devices implanted thereafter. Finally, both techniques failed to create defect with deficient rims, especially the aortic one, which would be useful to test the performance of some dedicated devices.

### Assessment of device endothelialisation

The primary aim of animal studies was to assess the

**Table 1** Characteristics of the main animal studies involving discontinued, currently available or under development percutaneous ASD devices

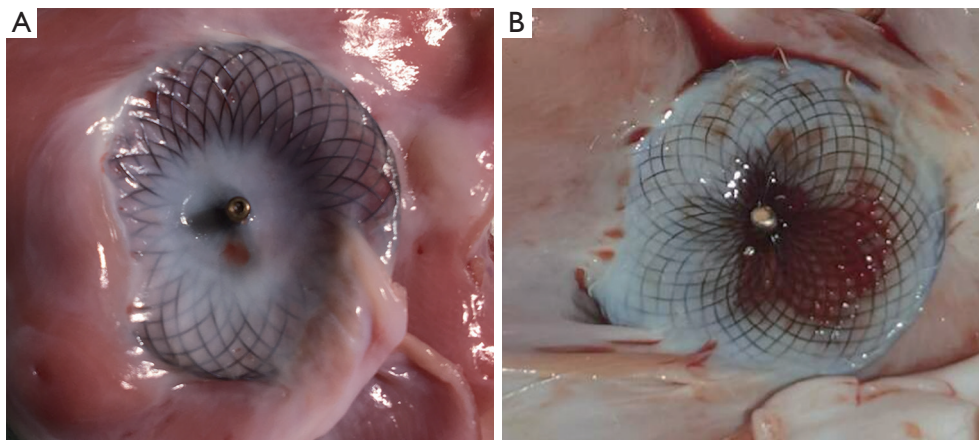
Author, year (ref.)	Device	Purpose	Animal model	ASD creation	Antithrombotic therapy	FU duration
King <i>et al.</i> , 1974 (3)	Cardiac umbrella	Feasibility	Canine	Surgical	NA	NA
Rashkind <i>et al.</i> , 1977 (6)	Single umbrella	Feasibility	Canine; bovine	Surgical	NA	NA
Lock <i>et al.</i> , 1989 (7)	Clamshell	Feasibility; healing	Ovine	Percutaneous	–	1–2 months
Das <i>et al.</i> , 1993 (8)	Angelwing	Feasibility; healing	Canine	Surgical	NA	2 months to 2 years
Pavcnik <i>et al.</i> , 1993 (9)	Monodisk	Feasibility; healing	Canine	Percutaneous	NA	6 months
Sharafuddin <i>et al.</i> , 1997 (10)	Amplatzer septal occluder	Feasibility; healing	Porcine	Surgical	None	1 week to 3 months
Bloch Thomsen <i>et al.</i> , 1998 (11)	Atrial septal defect occluder system	Feasibility; healing	Porcine	Percutaneous	NA	3–6 months
Sideris <i>et al.</i> , 2000 (12)	Immediate release patch	Feasibility; healing	Porcine	Percutaneous	None	2 months
Zahn <i>et al.</i> , 2001 (13)	Helex	Feasibility; healing; nickel release	Canine	Surgical	Aspirin, 6 months	1–12 months
Jux <i>et al.</i> , 2006 (14)	Biostar	Feasibility; healing	Ovine	Percutaneous	None	7 days to 2 years
Sigler <i>et al.</i> , 2007 (15)	Amplatzer Cardioseal/Starflex	Comparison with the biocompatibility of humans explanted occluders	Ovine	Percutaneous	None	4 days to 12 months
Zhang <i>et al.</i> , 2008 (16)	CeraFlex	Feasibility; nickel release	Ovine	NA	NA	1 week to 6 months
Krizanic <i>et al.</i> , 2009 (17)	FigulaFlex	Feasibility; healing	Porcine	Percutaneous	Aspirin, clopidogrel	6–12 weeks
Wu <i>et al.</i> , 2011 (18)	Chinese lantern	Feasibility; healing	Porcine	Surgical	NA	1 month
Zhu <i>et al.</i> , 2012 (19)	Fully biodegradable occluder	Feasibility; biocompatibility; degradation features	Canine	Percutaneous	NA	2–24 weeks
Sigler <i>et al.</i> , 2017 (20)	Carag bioresorbable occluder	Good laboratory practices study; feasibility; healing	Porcine	Percutaneous	Aspirin	3–15 months

NA, not available; ASD, atrial septal defect.

feasibility and safety of newly developed devices for premarket approval. This goal was most of the time reached as those models offer the possibility of evaluating the deployment technique, repositionability and retrievability of occluders. Nonetheless, understanding the biocompatibility, the healing process and the endothelialisation of devices became with time a critical point of animal studies, as it has been suggested that some long-term device related complications may be associated with an inappropriate healing or endothelialisation of the ASD closure device

(5,23–25). Among the most relevant available studies, the evaluation of endothelialisation was assessed after animal sacrifice and explantation which was performed after sequential duration follow-up ranging from 1 week to 2 years (*Table 1*). The work-up included macroscopic evaluation, histopathological study with optical microscopy and in some cases scanning electron microscopy (13,15,19). Neoendothelialisation was evaluated using routine staining (haematoxylin and eosin, toluidine blue or Richardson blue) as well as immunohistochemistry. Endothelial cells





**Figure 2** Macroscopic aspect of an Amplatzer septal occluder with an implantation time of 3 months in a swine model. Photos of the devices were taken immediately after sacrifice and dissection of the hearts. Both discs are completely covered by fibrous tissue (A, right atrial side; B, left atrial side).

were observed as soon as 30 days after implantation and neo-endothelialisation seemed to be completed after 3 to 6 months of follow-up (Figure 2) (10,13,15,16). A chronic inflammatory response directed against textile fibres of devices was also frequently observed but without thrombus deposition and regardless of the antithrombotic regimen which was used (15). However, such results are, at best, only partly predictive as the human body is known to respond in a different fashion to other implantable devices than do canine, ovine or porcine species (26).

Combining this with the above-mentioned limitations of ASD creation models, the transposition of animal models results to humans seems debatable and need some validating comparison with human healing process. Indeed, excluding isolated reports, a systematic evaluation of the healing response to ASD occluders in humans has rarely been performed. This is mostly due to the fact that this assessment can only be performed on explanted devices. Some authors have also tried to compare the occluders healing and endothelialisation in humans to that observed in animal models, in order to validate these experimental findings.

Kreutzer *et al.* examined the healing responses to the clamshell device in occluders explanted at least 1 month following implantation, in order to compare the histopathologic findings with previously observed results from experimental implantation in lambs (7) and in canine models (27,28). Twelve explanted devices were examined, after a median delay from implantation of 1.6 years. Gross examination revealed that a majority of devices were completely or almost completely covered by a white, non-

thrombotic glistening pseudointima of variable thickness. Histologically, it corresponded to fibro-elastic pseudointima including dense fibrous tissue with predominance of collagen. Focal foreign body reaction with giant polynucleated cells was typically observed at the interface with the fabric. The rarely observed thrombi were located in the atrial wall opposite to a device fracture. Authors concluded that the healing response in humans for that device was not significantly different from that observed in animal models.

A decade later, Sigler *et al.* performed similar studies by comparing the healing of the ASD occlusion devices in two series of human and animal experimental explants within the same protocol using a uniform histopathological work up (15,29). In their most recent work, which focuses on ASO and Starflex devices, the devices implant ranged from 5 days to 48 months in humans and 4 days to 12 months in sheep. Within the first days after implantation, fibrin condensation and accumulation of thrombotic material was seen on the devices while cellular organisation was shown to proceed in the initial months after implant. Scanning electron microscopy performed on both human and animal specimens with a follow-up period of >90 days showed a complete neoendothelial coverage of the protruding metal framework without thrombus. Moreover, the authors confirmed the presence of a mild chronic inflammatory response directed against textile fibres of the devices equally in human and animal samples. Another paper published by the same team further investigated this field by studying cellular and extracellular matrix components that are formed

within and at the surface of human explanted occluders in order to identify antigen characteristics of neotissues (30). One of the main findings of their work, conducted on Cardioseal/Starflex and the ASO devices explanted between 5 days and 48 months after initial procedures, was to observe a functional neoendothelium in all specimens with implantation times >10 weeks.

Based on these different works the authors concluded that (I) Tissue reactions in experimental animals adequately reproduce the healing response to ASD occlusion devices in humans especially regarding neo-endothelialisation and (II) the timeline of the healing process further supports the clinical guidelines of antithrombotic therapy for 6 months after implantation.

However, due to several limitations, one should be cautious when drawing conclusions from retrospective histopathological studies in devices implanted in humans, as it is the case for animal models. First, these studies are performed on very small series of human explants in which the healing response may not be representative of that observed in successfully implanted occluders. Second, the timeline of specimen analysis is arbitrarily determined by the date of explant precluding a sequential evaluation at predetermined post-procedural periods. Third, as the great majority of studied devices were surgically removed, possible additional trauma due to device manipulation may occur during the explant. In addition, two well-recognized and possibly delayed device-related complications are associated with an incomplete healing of ASD occluders: device-related thrombosis and infective endocarditis (5). Indeed, cases of incomplete neoendothelialisation from 18 months up to 7 years after device implantation have been reported with the ASO (31,32).

Therefore, there is an undetermined proportion of cases of delayed/incomplete endothelialisation of devices, and to date, there is no specific method for confirming complete endothelialisation on the occluder surface in individual patients. Thus, if more than 6 months is necessary for complete neoendocardial coverage of the device, the risk of thrombus formation and infective endocarditis may persist after the recommended duration of anti-platelet therapy and infective endocarditis prophylaxis (33). These observations confirm that some caution is required when transposing results derived from animal models to routine clinical practice.

## Other issues?

Other than device endothelialisation, animal models of percutaneous ASD closure focused on other complications associated with this technique including nickel hypersensitivity. Indeed, after percutaneous ASD closure, concerns have been raised about the potential release and hypersensitivity reactions to nickel, especially with the ASO (5,34). In patients implanted with the ASO, symptoms associated with nickel hypersensitivity have been correlated to nickel levels in blood samples, as well as in *in-vitro* studies (35,36).

Therefore, when developing new devices, researchers and companies use the decreased or low nickel release—due to a modified design or a specific nitinol mesh coating—as potential marketing tools. These experiments included sequential measurements (before implantation and up to 12 months after the procedure of (I) The nickel concentration of the whole blood assessing systemic release and (II) nickel concentration of atrial samples in close proximity to the device assessing tissular release. The Helex device experiments showed no statistical difference between test and control samples taken at any time interval up to the 12 months post-procedure (13). The CeraFlex occluder showed a nickel blood content increase by a factor of three compared to the level before operation and a decrease afterwards returning to the normal level after six months when endothelialisation was complete (16). Nevertheless, no comparative *in vivo* nickel release assays between a newly designed device and the ASO have been conducted to the best of our knowledge.

Other authors evaluated the short-term effects of right ventricular (RV) volume overload on RV contractility using a swine model of percutaneously created ASD (37). The left-to-right atrial shunt was created percutaneously, either by balloon dilatation of the fossa ovalis, by implantation of a multi-perforated ASO or a patch-less nitinol device. After a follow-up of 4.6 weeks, the authors concluded that this period of chronic RV volume overload does not alter RV contractility significantly. Other interesting studies involving ASD animal models included the assessment and closure of small shunts with magnetic resonance guidance in a swine model (38,39). Despite early promising results, this technique has not been further developed, possibly due to concerns about the MR safety of guidewires and device delivery systems. Finally, no animal model focused on one of the most

concerning complication following percutaneous ASD closure which is cardiac erosion (40).

### What's next?

Owing to the partially predictive results of endothelialisation assessment in animal models, as the human heart is known to respond in a different fashion to canine, ovine or porcine species (26) one solution might be studying the endothelialisation process using human endothelial cells through *in-vitro* experiments. Such studies focusing on ASD closure devices are scarce, due to the difficulties to recreate *in-vitro* the complete process of endothelialisation. Using human endothelial progenitor cells, Kong *et al.* demonstrated that Nitinol showed satisfactory biocompatibility which can be improved by coating with recombinant hirudin (rHirudin) or fibronectin with regard to anti-thrombogenicity and endothelialisation (41). However, the authors did not perform the tests on commercially available devices. Nonetheless, although these *in-vitro* models also have limitations, especially due to the absence of element of blood, plasma proteins, complement system or shear stress, they might be complementary with *in-vivo* animal models.

Another research direction is to develop tool for an individual assessment of device endothelialisation. As previously mentioned, there is an undetermined proportion of cases of delayed/incomplete device endothelialisation and, to date, no specific method to confirm it in individual patients (31,32).

Some authors developed a few years ago a self-actuating, self-sensing device for detecting the presence of endothelial cells on a surface of a coronary stent in order to detect when the struts have been covered with a layer of endothelial cells (42). The aim of this *in-vitro* study was to develop a tool that would allow for an anti-platelet therapy adaptation in real-time with regards to the patient's level of healing. So far, no clinical application of this method has been published but one can imagine that the translation of this technology to intracardiac occluder might be promising. A recent clinical study comparing the biological markers of inflammation and proliferation between 3 commercially available devices (ASO, Lifetech CeraFlex, or Occlutech Figulla Flex II) following percutaneous closure in children also showed promising results although the follow-up period was too short (1 month) (43).

Finally, the development of imaging techniques that could non-invasively assess the complete endothelialisation of a device might be helpful. High-resolution MRI

technologies or ultra-fast echo techniques (44,45), which showed encouraging results in similar cardiologic fields might constitute exciting new research directions in a near future.

### Conclusions

Large animal models of ASD have been widely used throughout the historical developments of ASD closure devices. Other than the feasibility and safety of newly developed devices, those experiments mostly aim to study the healing process and endothelialisation of devices, as some long-term device related complications may be associated with an inappropriate endothelialisation of the occluder. Tissue reactions in experimental models were shown to adequately reproduce the healing response to ASD occlusion devices in humans, with an endothelial device coverage observed as soon as 30 days after implantation and complete after 3 to 6 months. However, there is an undetermined proportion of cases of delayed/incomplete device endothelialisation and future research directions may focus on developing specific methods for confirming complete endothelialisation on the occluder surface in individual patients.

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