

Effects of pulsatile minimal invasive extracorporeal circulation on fibrinolysis and organ protection in adult cardiac surgery—a prospective randomized trial

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Background: Minimal invasive extracorporeal circulation (MiECC) reduces the impact of cardiopulmonary bypass during cardiac surgery on inflammation and hemostasis. Pulsatile perfusion may enhance organ perfusion and help to prevent renal and neuronal damage. The present study investigated the impact of pulsatile MiECC in low-risk coronary artery bypass grafting (CABG) patients.

Methods: CABG patients were prospectively randomized for non-pulsatile (np: n=19) and pulsatile (p: n=21) MiECC. Blood and urine samples were collected at several time points until 72 h post-operative and analyzed for biochemical markers of fibrinolytic capacity, renal damage, and neuronal damage.

Results: Although intraoperative tissue plasminogen activator (tPA) levels tended to be higher in the p group, none of the fibrinolysis markers including plasminogen activator inhibitor (PAI-1) and the PAI-1/ tPA ratio were significantly affected by pulsation. Hemolysis and markers of renal and neuronal damage were comparable between groups. Intraoperative urinary excretion [np: 400 mL (355 to 680) *vs.* p: 530 mL (360 to 900)] and cumulative 24 h volume intake [np: 7,090 mL (5,492 to 7,544) *vs.* p: 7,155 mL (6,682 to 8,710)] were increased by pulsation whereas blood losses up to 12 h post-operative [np: 365 mL (270 to 515) *vs.* p: 310 mL (225 to 470)] and up to 24 h post-operative [np: 760 mL (555 to 870) *vs.* p: 520 mL (460 to 670)] were attenuated.

Conclusions: The present study did not find evidence for a beneficial effect of pulsation on markers of fibrinolysis, renal damage, and neuronal damage. However, pulsatile perfusion increased intraoperative urinary secretion and reduced post-operative blood losses.

Keywords: Cardiopulmonary bypass (CPB); pulsatile flow; fibrinolysis; acute kidney injury; delirium

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Introduction

Cardiac surgeries are commonly performed after placing the patient on cardiopulmonary bypass (CPB). Besides classic heart-lung machines, minimal invasive extracorporeal circulation (MiECC) has proven to be an alternative which tries to minimize detrimental effects of extracorporeal circulation (ECC) on inflammation, hemostasis, and hemolysis (1-3). Some MiECC systems support pulsatile flow in addition to the default laminar flow. Pulsation is supposed to improve perfusion of critical organs, most notably brain and kidneys (4,5).

Acute kidney injury (AKI) is a common adverse effect after cardiac surgery, causing a rapid decrease of renal function within hours or days (6). As AKI is associated with a high mortality, an assessment of risk factors and predictive scoring may help to identify high-risk patients. Early detection of renal damage is still critical to initiate measures to prevent AKI in a timely manner. In contrast to evaluating glomerular filtration rate, measurement of serum or urinary markers may help to detect renal damage even before function is impaired. Serum or urinary Neutrophil gelatinase associated lipocalin (NGAL) indicates tubular damage within 4-6 hours post op (7,8). Along the same lines, urinary alpha glutathione S-transferase (alpha-GST) (9), urinary kidney injury molecule 1 (KIM-1) (10), and urinary liver fatty acid binding protein (L-FABP) have been reported to be rapid and useful markers of renal damage (11).

Detecting post-operative neuronal damage by cognitive tests is time-consuming and difficult to standardize. As in renal damage, biomarkers were tested to predict neuronal damage before functional impairments can be assessed. Neuron-specific enolase (NSE) and S100 have been suggested as markers of cerebral damage after cardiac surgery (12,13). Kynurenine, which is generated from the amino acid tryptophan by indoleamine 2,3-dioxygenase, has several breakdown products whose serum levels have been reported to correlate with post-operative cognitive impairment (14).

ECC is known to affect several aspects of hemostasis. One of them is the fibrinolytic balance. Tissue plasminogen activator (tPA) is a serine protease which generates plasmin from plasminogen. tPA is expressed in vascular endothelium and in neuronal cells. The active enzyme degrades fibrin and thus catalyzes the breakdown of blood clots as a prerequisite of tissue regeneration. Plasminogen activator inhibitor-1 (PAI-1) is a naturally occurring inhibitor of tPA (15). In healthy subjects, both proteins are at an equilibrium. Excess PAI-1 may induce myocardial infarction via coronary artery thrombosis (16), whereas excess tPA may degrade non-specific targets such as neuronal proteins (17). Therefore, maintenance of a PAI-1:tPA equilibrium is critical for reducing post-operative neurological problems.

Aĝirbașli *et al.* have demonstrated that pulsatile operation of MiECC prevents an unwanted excess of tPA activity after pediatric cardiac surgery (18). The present prospective randomized study investigated pulsatile *vs.* non-pulsatile MiECC in adult cardiac surgery patients. The primary end point was a difference in the PAI-1:tPA ratio during CPB between groups. Secondary end points included differences in markers of renal and neuronal damage.

Methods

Study design

The present study was designed as a prospective randomized trial which compared the treatment group (pulsatile MiECC, p group) against a control group (non-pulsatile MiECC, np group). Treatments were assigned in a block-random design to achieve similar group sizes. Random sequences were generated in the Institute of Clinical Epidemiology and Biostatistics, University of Ulm, Germany, using the software R (19). Group assignments were provided in sealed envelopes and were opened by the perfusionist after the patient had provided written informed consent.

Patients

Patients of the Department of Cardiothoracic and Vascular Surgery, University of Ulm Medical Center, Germany, scheduled for isolated elective coronary bypass grafting with at least three required and realizable downstream anastomoses and MiECC were eligible. Exclusion criteria comprised age below 18 years, inability to provide written informed consent, preoperative catecholamines, terminal renal insufficiency, and prior cerebral ischemia.

Surgical techniques and MiECC

Anesthesia was initiated by intravenous administration of fentanyl, etomidat, midazolam, and pancuronium. Anesthesia was maintained by inhaled sevoflurane before and after CPB, and by intravenous sufentanil and disoprivan during CPB. Patients were anticoagulated with heparin using a target activated clotting time of 400 s just before MiECC was initiated. MiECC (MINI.SYSTEM 1.0 including a deltastream DP3 pump, Medos, Stolberg, Germany; Bioline coated tubing set, Maquet, Hirrlingen, Germany) was primed with 600 mL of Ringer solution. In the group np, laminar flow was used according to the flow and pressure requirements of the patient, usually 2.4 L per square meter of body surface and a mean arterial pressure of 65 mmHg. In the group p, pulsation at a frequency of 40 bpm was superimposed on the laminar flow. To this end, the rotational speed of the pump was transiently increased

by 2,500 rpm over the baseline speed once per simulated cardiac cycle, resulting in a systolic duration of 35% of the cycle. After administering blood cardioplegia (20), distal anastomoses were created. Proximal anastomoses were created during partial clamping of the aorta. Anticoagulation was reversed with protamine. Patients were allowed to cool passively to no less than 35 °C and were rewarmed at the end of surgery.

Assessment of blood and urinary markers

Blood and urine samples were collected prior to skin incision (time point A), immediately after cross-clamping (B), 30 min after cross-clamping (C), five min after cross clamp removal (D), 20 min after cross clamp removal (E), five min after weaning off CPB (F), upon ICU arrival (G), 12 h after ICU arrival (H), and 72 h after ICU arrival (I). Blood was drawn from a central venous catheter (CVC) except during CPB (B through E) when blood was collected from the venous line. Blood was drawn from a peripheral vein at time point I if the CVC had already been removed. Urine was collected through a urinary catheter except at time point I where spontaneous urine was used in the absence of a urinary catheter. Serum and urine sample aliquots were stored at -80 °C. Some aliquots of each urine sample were stored in alpha-GST stabilizing buffer (Argutus Medical, Dublin, Ireland) at -80 °C.

Serum levels of C-reactive protein (CRP), S100, NSE, D-dimers, urea, serum and urinary levels of creatinin, and glomerular filtration rate (GFR) were determined by routine methods in the local Department of Clinical Chemistry. One mL of each urine sample was used for routine analysis. Owing to the low remaining volume in many urine samples, equal volumes of urine samples taken at times B through F were pooled (Bp). PAI-1 (eBioscience, Frankfurt/Main, Germany), tPA (eBioscience), NGAL (Bioporto, Hellerup, Denmark), KIM-1 (BioAssay Works, Ijamsville, MD, USA), alpha-GST (EKF Diagnostics, Dublin, Ireland), and L-FABP (CMIC, Tokyo, Japan) were determined by commercial enzyme-linked immuno sorbent assay (ELISA) kits according to the manufacturers' instructions. Kynurenine was measured by a chromogenic method (21). Hemolysis was assessed by measuring serum levels of free hemoglobin with an Allen correction (22).

Statistical analysis

Sample size calculation (NQUERY; Statistical Solutions,

Cork, Ireland) was based on the effect size and dispersion of the PAI-1:tPA ratios reported by (18) and suggested three patients per group. This was increased to twenty patients per group as the effect sizes of renal and neuronal markers were expected to be lower. PAI-1/tPA were calculated per patient, and the data were aggregated afterwards. Normality of data was analyzed with the Shapiro-Wilk test and QQ plots. Normally distributed data are reported as mean (standard deviation); non-normally data are presented as median (interquartile range). Perioperative numeric data were compared with two-sample t-tests and two-sample Wilcoxon-tests for normally and non-normally distributed data, respectively. Binary data were compared with Fisher's exact test. Ordinal data were compared with the Cochran-Armitage test. Time courses of serum and urinary marker levels were assessed with mixed model analysis, using pulsation and collection time as factors, and patients as source of random effects. Time-dependent changes against baseline within groups were assessed by Dunnett's posttest. Pulsation-dependent changes at individual time points were evaluated with t-tests and Wilcoxon-tests as described above. P values below 0.05 were assumed to indicate statistically significant differences. Statistical analyses were calculated with R and its nlme and multcomp packages for mixed model analysis and multiple comparison post-tests, respectively. Power calculations were done with the pwr package, using a significance level of 0.05.

Results

Patient characteristics

Of the 40 patients originally enrolled in the study, three had to be excluded. One patient assigned to the np group was operated on with pulsation. Two patients were erroneously included although they did not meet all inclusion criteria. Additional randomization was performed to raise the number of included patients to 40 (np: n=19; p: n=21). The patient characteristics (*Table 1*) indicate no confounding differences between groups with the exception of preoperative medication; Clopidogrel was taken only by patients of the pulsatile group (n=8), and preoperative diuretics were more common in this group (np: n=1, p: n=8).

Intra- and post-operative data

Pulsation in the p group was characterized by an average

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 Table 1 Patient characteristics, frequency data are presented as n (percentage)

Table 2 Intra- and post-operative d	ata
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(percentage)			
Variables	Non-pulsatile	Pulsatile	Variables
Male sex	16 (84%)	18 (86%)	Bypass t
		64.5(90,10.2)	Cross cla
Age (years) Reduction mass index (last m^{-2})	00.2 (3D. 0.0)	04.5 (5D. 10.5)	Intraoper
Body mass index (kg·m)	20.9 (24.3 to 31.0)	(24.8 to 30.1)	Distal as
Hyperlipidemia	17 (89%)	18 (86%)	Distai an
Hypertension	16 (84%)	20 (95%)	2
Nicotine abuse	6 (32%)	7 (33%)	3
Diabetes mellitus	7 (37%)	7 (33%)	4
Renal diseases	2 (11%)	1 (5%)	0 10 h noor
Angina pectoris: CCS score			12 11 pos
1	0 (0%)	5 (24%)	ITI
2	6 (32%)	7 (33%)	Out
3	9 (47%)	8 (38%)	24 h pos
4	4 (21%)	1 (5%)	In
Dyspnea (NYHA score)			
I	3 (16%)	6 (29%)	Out
II	9 (47%)	4 (19%)	10 h noo
III	6 (32%)	11 (52%)	blood los
IV	1 (5%)	0 (0%)	24 h pos
Preoperative medication			blood los
Acetylsalicylic acid	13 (68%)	18 (86%)	Mean art
Clopidogrel	0 (0%)	8 (38%)	ischemia
Adrenergic beta receptor blocker	14 (74%)	13 (62%)	Maximun
ACE antagonists	11 (58%)	13 (62%)	pressure
Angiotensin II receptor antagonists	2 (11%)	4 (19%)	Minimum pressure
Calcium antagonists	4 (21%)	5 (24%)	Cardiove
Diuretics	1 (5%)	8 (38%)	Intraoper
Statins	13 (68%)	17 (81%)	Period of hospitaliz

Tuble 2 Intia una post	operative auta				
Variables	Non-pulsatile (n=19)	Pulsatile (n=21)	Ρ		
Bypass time (min)	108 (SD: 29)	102 (SD: 20)	0.087		
Cross clamp time (min)	55 (SD: 13)	57 (SD: 12)	0.829		
Intraoperative urinary excretion (mL)	400 (355 to 680)	530 (360 to 900)	0.026		
Distal anastomoses			0.134		
2	2 (11%)	1 (5%)			
3	10 (53%)	9 (43%)			
4	7 (37%)	8 (38%)			
5	0 (0%)	3 (14%)			
12 h post-operative volume balance (mL)					
In	3,980 (SD: 831)	4,104 (SD: 1,184)	0.475		
Out	2,395 (SD: 721) 2	2,756 (SD: 939)	0.070		
24 h post-operative volume balance (mL)					
In	7,090 (5,492 to 7,544) (7,155 (6,682 to 8,710)	<0.0001		
Out	3,717 (SD: 821)	4,584 (SD: 1101)	0.122		
12 h post-operative blood loss (mL)	365 (270 to 515)	310 (225 to 470)	<0.0001		
24 h post-operative blood loss (mL)	760 (555 to 870)	520 (460 to 670)	0.002		
Mean arterial pressure during ischemia (mmHg)	66 (SD: 3)	63 (SD: 4)	0.316		
Maximum systolic pressure (mmHg)	100 (100 to 110)	100 (100 to 120)	0.331		
Minimum systolic pressure (mmHg)	50 (50 to 60)	58 (50 to 60)	0.348		
Cardioversion	3 (16%)	3 (14%)	1		
Intraoperative pacing	9 (47%)	15 (71%)	0.203		
Period of hospitalization (days)	10 (9 to 12)	9 (9 to 11)	0.276		

pulse amplitude of 25 mmHg (SD: 3). Minimum and maximum amplitudes amounted to 12 mmHg (SD: 3) and 38 mmHg (SD: 4), respectively. There were no significant differences between groups in terms of MAP, minimum diastolic, and maximum systolic blood pressures (*Table 2*). Bypass times, cross clamp times, and numbers of distal

anastomoses were also comparable. Pulsatile perfusion led to an increased intraoperative urinary excretion, an increased cumulative volume uptake 24 h post-operative, and decreased blood losses within 12 and 24 h post-operative.

There were no cases of stroke or kidney failure until discharge in either group. None of the patients died





Figure 1 Time courses of serum levels of plasminogen activator inhibitor (PAI-1, A), tissue plasminogen activator (tPA, B), and their ratio (C). Open circles, non-pulsatile group (n=19); filled circles, pulsatile group (n=21). Data are presented as median and interquartile ranges.

within the first 12 months after surgery. Post-operative courses were comparable. The slightly later discharge in the np group [10 (9 to 12) vs. 9 (9 to 11), P=0.276] was not significant.

Fibrinolytic markers

Time courses of markers of fibrinolysis are shown in Figure 1. PAI-1 levels and the PAI-1/tPA ratio were below baseline during ECC but approached baseline levels again after weaning from CPB. tPA increased above baseline during CPB but returned to baseline at 72 h post-operative. Pulsation did not significantly affect overall time courses of PAI-1 (P=0.150), PAI-1 (P=0.290), and PAI-1/tPA (P=0.640). Pairwise comparisons of non-pulse and pulse data at individual time point indicate differences of tPA levels only at time points D (P=0.030) and E (P=0.0485); these are not considered significant after correction for multiple testing, just like all other comparisons of PAI-1 and PAI-1/tPA levels at individual time points.

Apparent effects on fibrinolytic balance were present only at time points C and D. The calculated powers of the PAI-1/tPA ratio were 0.15 and 0.05, respectively.

Renal markers

Urinary levels of markers of renal damage followed established time courses (Figure 2), reaching a maximum either 12 or 72 h post-operative. alpha-GST levels in the np (P=0.013) and in the p group (P=0.001), KIM-1 levels in both groups (P<0.0001), L-FABP levels in the np (P=0.006) and in the p group (P<0.0001), and NGAL levels in the p group (P=0.007) changed over time, whereas sample time did not influence NGAL levels in the np group (P=0.935). Pulsation did not significantly influence the levels of alpha-GST (P=0.436), KIM-1 (P=0.964), L-FABP (P=0.303), and NGAL (P=0.547). Sample time influenced serum creatinine levels in the p group (Figure 3; P=0.006), with an intraoperative maximum at E, but not in the np group (P=0.10). Urinary creatinine levels decreased over time in both groups (P<0.0001). GFR decreased slightly over time in both groups (np: P=0.033; p: P<0.0001) but was not affected by pulsation (P=0.150). Acute kidney insufficiency occurred in 1/19 patients in the np group and in 4/21 patients in the p group (P=0.345).



Figure 2 Time courses of urinary markers of renal damage. (A) Alpha glutathione S-transferase (alpha-GST); (B) kidney injury molecule 1 (KIM-1); (C) liver-type fatty acid binding protein (L-FABP); (D) neutrophil gelatinase-associated lipocalin (NGAL). Open circles, non-pulsatile group (n=19); filled circles, pulsatile group (n=21). B_p , pooled urine from time points B through F. Data are presented as median and interquartile ranges.

Neuronal markers

The markers of neuronal damage NSE and S100 were elevated intraoperatively in both groups (P<0.0001; *Figure 4*) but there was no influence of pulsation (NSE: P=0.281; S100: P=0.626). The post-operative increase in kynurenine levels was significant only in the np group (P<0.0001; p: P=0.354). Pulsation did not have a significant effect (P=0.415).

Hemolysis

Free hemoglobin levels as a marker of hemolysis were elevated intraoperatively in both groups (*Figure 4D*; P<0.0001). Although there was no overall influence of

pulsation (P=0.209), levels were higher in the p group preoperatively (P=0.012) and after weaning off ECC (P=0.036) which is not considered significant after correction for multiple testing.

Discussion

The present study compared pulsatile and non-pulsatile operation of MECC in low-risk CABG patients. Although pulsation improved renal perfusion and reduced postoperative blood losses, there were no substantial effects on markers of renal and neuronal damage and on the fibrinolytic balance.



Figure 3 Time courses of markers of renal function. (A) Serum creatinine levels; (B) urinary creatinine levels; (C) glomerular filtration rate. Open circles, non-pulsatile group (n=19); filled circles, pulsatile group (n=21). Data are presented as median and interquartile ranges.

Patients of both study groups were comparable in their preoperative health status. However, more patients of the p group used clopidogrel and diuretics preoperatively. Potential effects of these drugs on fibrinolysis (23) and on kidney function, respectively, must be taken into consideration. There were no high-risk patients included as per the inclusion and exclusion criteria.

Pulsation had only few effects on the progress and outcomes of operations. CPB times and cross clamp times were comparable. Pulsation increased maximum blood pressure during systole and decreased minimum blood pressure during diastole. There was no effect on mean arterial pressure which makes both groups comparable. Intraoperative urinary excretion was elevated in the p group, indicating an increased renal blood flow by pulsation, and was compensated by an increased volume intake within the first 24 h post-operative. Both effects have previously been reported in other studies (24,25), but preoperative diuretics mainly in the p group may have contributed to these results. Pulsatile MiECC operation was also associated with lower blood losses within 12 and 24 h post-operative whereas there was no such benefit of a pulsatile conventional heartlung machine (26). Therefore, pulsation may further enhance the reduction of blood losses observed in MiECC vs. conventional ECC (27). At present there is no simple model to explain the reduced blood losses in the p group in spite of the higher number of patients taking clopidogrel preoperatively. Several potential consequences of pulsatile perfusion, such as reduced subclinical activation of coagulation during CPB resulting in a better preservation of coagulation factors, better preservation of the shear-stressregulated endothelial function, reduced post-operative vascular resistance, and better post-operative elimination of excess volume, may have contributed to attenuate postoperative blood losses. Post-operative courses of the patients were not affected by pulsation.

Pulsation did not affect fibrinolytic balance. The intraoperative drop of PAI-1 levels to less than one fifth of the baseline values cannot be explained by dilution effects alone. The response is very rapid and can best be explained by a consumption of the inhibitor which is replenished after weaning off CPB. There is a noticeable 2.7-fold increase of tPA in the p group while the aorta is clamped until 20 min after opening the cross clamp. The increase in the np group is less than 1.4-fold. The corrected p values do not indicate a significant effect, but the power is too low to safely S1460



Figure 4 Time courses of markers of neuronal damage and of hemolysis. (A) Neuron-specific enolase; (B) S100; (C) kynurenine; (D) free hemoglobin. Open circles, non-pulsatile group (n=19); filled circles, pulsatile group (n=21). Data are presented as median and interquartile ranges.

exclude a significant effect. The disparity in preoperative clopidogrel consumption (0/19 in the np group, 8/21 in the p group) must be considered as a confounding factor. On the other hand, the PAI-1/tPA ratios of both groups run almost parallel and do not suggest an influence of pulsation. The strongly asymmetric distribution of intraoperative p group PAI-1 data partly explains the apparent congruence of PAI-1/tPA data in spite of the potential influence of pulsation on tPA levels. These results are in contrast to a previously published study in pediatric patients (18). In that study, the PAI-1/tPA ratio of the pulsatile group was higher at 24 h post-operative which was caused by an increased PAI-1 release with no difference in tPA release. In addition to potential effects of preoperative clopidogrel, which is unlikely to be administered to pediatric patients, differences in vascular compliance may explain the different

results in patients of young and advanced age. Both tPA (28) and PAI-1 (29) secretion was shown to be affected by mechanical stimuli ex vivo. In addition, fibrinolytic capacity appears to increase with age in healthy subjects (30). On the other hand, common risk factors of cardiovascular diseases, such as hypertension (31), obesity (32), and diabetes (33), have been shown to impair fibrinolytic capacity. Common medications to treat these risk factors were shown to affect PAI-1 release as well (33).

Urinary alpha-GST and KIM-1 levels showed a noticeable decrease intraoperatively which was reversed only within the next 12 h. Urinary L-FABP and NGAL levels increased only post-operatively. Time courses resembled that of a previous trial of our department (34). There was no influence of pulsation on these markers, irrespective of the increased urinary excretion during CPB in the p

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group. This supports the hypothesis that the increased intraoperative urinary secretion in the p group can be explained by an improved blood perfusion rather than by an improved protection against renal damage. However, these data contradict a previous study that reported decreased post-operative NGAL and IL-18 levels after pulsatile ECC (35). Serum and urinary creatinine levels, GFR, and the post-operative ocurrence of acute kidney injury were not significantly affected by pulsation. These data confirm a recent meta-analysis that found no effect of pulsation on post-operative NGAL levels and on acute kidney injury (36).

The levels of markers of neuronal damage, NSE, S100, and kynurenine, showed time-dependent changes but were not affected by pulsation. NSE time courses were comparable to previously published data (37), peaking near the end of CPB and returning to baseline at the end of the observation period. However, the study of Gao *et al.* found similar time courses of S100 levels whereas the peak in the present study was upon ICU arrival. This difference may be related to the use of hypothermia in the previous study. Hemolysis also peaked near the end of CPB. There was a tendency towards increased hemolysis by pulsation although the difference was not significant. Previous studies did not find effects of pulsatile ECC on post-operative neurological outcomes (38,39) and on NSE and S100 levels (39).

The interpretation of the present data is hampered by the limited number of patients. Although the number of study patients was six-fold higher than suggested by the power calculation based on pediatric data, the assumption of a comparable effect size of the PAI-1/tPA ratios in adult patients turned out to be wrong. Using the number of patients included, the power of PAI-1/tPA did not exceed 0.15 at any given time point. The study was not powered for the remaining markers. Therefore, an influence of pulsation cannot be safely excluded, although the marker levels of the present study do not point towards any differences except in intraoperative tPA levels. Comparisons with other studies need some caution as the parameters of pulsatile flow have not been standardized. In the present study, the pump settings were chosen to maximize pulse amplitude at the given flow and mean arterial pressure. This, however, is not necessarily identical with the settings required to maximize pulsatile energy transfer in terms of energy equivalent pressure (40). The authors have since started to analyze their MiECC system to optimize the latter (41). Finally, effects of pulsation may be more pronounced in surgeries which are longer than the low-risk CABG procedures of the present trial.

In conclusion, the present study did not find evidence for a beneficial effect of pulsation on markers of fibrinolysis, renal damage, and neuronal damage. However, pulsatile perfusion increased intraoperative urinary secretion and reduced post-operative blood losses.

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Footnote

Conflicts of Interest: The authors have no conflicts of interest to declare.

Ethical Statement: The trial was approved by the ethics committee of the University of Ulm, Germany (file no. 84/14). Patients willing to participate in the trial were required to provide written informed consent before enrollment.

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