

# Current developments in endovascular therapy of peripheral vascular disease

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**Abstract:** More than 200 million people worldwide have peripheral artery disease (PAD) or its most severe manifestation, critical limb ischemia (CLI). While endovascular treatment has become first line therapy in most cases, a number of challenges remain for optimal treatment of femoropopliteal (FP) or infrapopliteal (IP) disease, especially when these lesions are severely calcified, chronic total occlusions (CTOs) or instent restenosis (ISR). Continued evolution of technologies has significantly improved the outcomes for endovascular treatment. A number of new devices are in the pipeline right now, including new paclitaxel eluting stents and balloons, intravascular lithotripsy to treat severely calcified lesions, adventitial delivery of anti-restenotic agents to limit restenosis rates, and percutaneous femoro-popliteal bypass.

**Keywords:** peripheral artery disease; femoropopliteal disease; infrapopliteal disease; below the knee arteries; chronic total occlusions (CTOs); emerging therapies; novel technologies; adventitial delivery; lithotripsy; drug-eluting stents (DES); drug-coated balloons (DCBs); percutaneous bypass

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#### Introduction

The estimated prevalence of peripheral artery disease (PAD) is close to 200 million (1). The most common presentation of PAD includes lifestyle limiting claudication (1,2). A significant portion of patients with PAD develop rest pain or ulcers and subsequent need for amputation (1,2). Critical limb ischemia (CLI) is particularly common in diabetics and in other patient groups with calcified arteries and is mainly encountered in infrapopliteal (IP) vessels and less commonly in the femoropopliteal (FP) artery, contrary to claudication which is most commonly caused by lesions in the FP artery (3,4). Suprainguinal PAD in the absence of lesions lower in the arterial tree is associated primarily with claudication and rarely with CLI (5,6).

In the past, PAD was treated with open surgical approaches but with new technologies, more and more peripheral interventions are performed with an endovascular first approach (2,7-11). However, both FP and IP lesions can be very challenging to treat with an endovascular approach (10-13). The FP artery is challenging in terms of sustainability of the endovascular interventions because of its unique anatomical characteristics including length and involvement in knee motion, making this segment vulnerable to torsion, resulting in low patency and high instent restenosis (ISR) rates (14-19). IP lesions also pose a number of technical challenges given that these vessels have small diameter and high calcification burden which makes endovascular interventions difficult to perform but also decreases long-term patency rates (20-22).

Continued evolution of technologies in recent years has significantly improved the outcomes for endovascular treatment of infrainguinal lesions, even for the most difficult FP and IP lesions (2). With this review article, we present the current development in endovascular interventions for these lesions.

#### Novel drug coated balloons

The concept behind paclitaxel use as a component of drugcoated balloons (DCBs) in peripheral arteries is based on its antirestenotic and hydrophobic, lipophilic properties.

Company	Excipient	Diameter	Length	Nominal dose	Potential dose range
Medtronic	Urea	4–7 mm	20–250 mm	3.5 µg/mm²	1.1–17.0 mg
Bard	Polysorbate, Sorbitol	4–7 mm	40–220 mm	2 µg/mm²	1.0–9.7 mg
Phillips	PEG 8000, lodine	4–6 mm	40–200 mm	2 µg/mm²	1.1–4.7 mg
Cook	None	5–8 mm	40–140 mm	3 µg/mm²	0.2–1.3 mg

 Table 1 Available drug-coated balloons in the United States

Paclitaxel is merged with an excipient that is hydrophilic, allowing for delivery of the drug from the balloon surface to the artery (17,23-27). The lipophilic properties of paclitaxel allows it to be absorbed by the artery wall and decrease the neointimal hyperplasia (26,27). More than ten different DCBs are currently available in Europe. On the other hand, three are FDA approved and available in the USA; Stellarex 0.035" DCB (Phillips), IN.PACT Admiral DCB (Medtronic, Dublin, Ireland) and the Lutonix 0.035" Drug Coated Balloon (Bard). The nominal dose of paclitaxel concentration is between  $2-3.5 \text{ }\mu\text{g/mm}^2$  and the diameter range of available balloons ranges from 4 to 7 mm (4-6 mm for the Stellarex 035 DCB). Table 1 presents the currently available drug eluting devices in the United States. DCBs have been shown to lead to improve outcomes compared to balloon angioplasty (BA) for FP interventions (23-25). There is no clear superiority compared to drugeluting stents (DES) but the avoidance of a metallic layer in the vessel is appealing especially for frequent restenosed vessels such as the FP segment (17,28,29). DCBs can be also combined with orbital atherectomy for FP lesions or laser atherectomy for the treatment of FP-ISR lesions and the results from small studies appear promising (9,30-35). Contrary to FP lesions, DCB have been rarely used in iliac or common femoral arteries (36-38). DCBs have been also used for IP lesions but the results to date have not yet demonstrated superiority to BA (39-45).

DCBs and in general drug-eluting technologies were recently challenged since the publication of a study level meta-analysis by Katsanos *et al.* that found that the use of paclitaxel-coated devices for FP lesions increases the overall risk of death (46). Even though there was no difference after 1 year of follow-up among 4,663 patients treated with paclitaxel-coated *vs.* non-coated devices among 28 randomized controlled trials, the relative risk of all-cause mortality was increased by 68% after 2-year and 93% after 5-year of follow-up (46). The absolute risk difference was 3.5% at 2-year and 7.2% at 5-year, while the numberneeded-to-harm was 29 patients at 2-year and 14 patients at 5 years.

Although this meta-analysis faced criticism for the fact that it was a study level meta-analysis (investigators did not have access to patient-level data), the signal that was detected for increased mortality in the paclitaxel arm had numerous consequences for paclitaxel eluting products (47-49). First, there was a safety review by the US and United Kingdom regulatory authorities (50,51). Second, the FDA issued a letter to physician who participate in the care of patients with PAD regarding the potential dangers associated with their use, instructing physicians to report any potential adverse events (52-54). Third, within days of the publication of the meta-analysis, a number of trials of paclitaxel-eluting products including the BASIL-3 [testing DCBs, DES and BA with bail-out bare-metal stent (BMS) revascularization strategies for FP disease in United Kingdom], the Swedish Drug-elution Trial in Peripheral Arterial Disease (SWEDEPAD) 1 and SWEDEPAD 2 suspended enrollment of patients. SWEDEPAD 1 and 2 plan to enroll in total 3,800 patients with PAD and comparing revascularization strategies with and without DCBs and/or DES (54,55). Fourth, the meta-analysis by Katsanos et al. faced significant criticism regarding its methodology including pooling study level data-patient level data was not available-not using a survival analysis method, and not accounting for patients who were lost to follow-up (24,56-59). Fifth, a number of studies examining similar populations, tried to confirm the findings of this patient level by meta-analysis (60,61). Schneider et al. performed an individual patient level meta-analysis of patients treated with the IN.PACT Admiral paclitaxel DCB for the treatment of symptomatic FP PAD (60). In total, 1,980 patients (2 RCTs and 2 prospective single-arm studies) were included. The investigators did not find any differences in mortality between DCB and BA at 5 years and no correlation between varying levels of paclitaxel exposure and mortality (60). Subsequently an analysis was

published using data from of all the hospitalizations among Centers for Medicare and Medicaid Services (CMS) fee-forservice beneficiaries from the Medicare Provider Analysis and Review (MedPAR) files from January 01, 2016, through December 31, 2016 (61). Patients treated with drug-coated devices had a lower all-cause mortality after 600 days of follow-up compared to patients treated without drug-coated devices (32.5% *vs.* 34.3%, respectively; log-rank P=0.007).

It should be noted that the above meta-analytic findings were based solely on first generation DCB and DES, and did not include newer devices that were either recently approved or under study. Long-term follow-up will be necessary to determine the association, if any, between these newer devices and the overall risk of mortality. For example, a recent patient-level meta-analysis of the Stellarex DCB (Philips Inc.) did not show any association between DCB use and mortality (62). Two additional DCBs, the Ranger DCB and Surmodics DCB, are also under clinical development.

### **Ranger DCB**

The Ranger DCB (Boston Scientific Corporation) uses a proprietary TransPax<sup>TM</sup> coating system. A citrate ester excipient facilitates a novel hydrophobic form of paclitaxel and enables an improved deliverability, stability (potentially decreasing embolization risk), and efficacy, and a sustained release of paclitaxel (63-66).

In the Ranger<sup>TM</sup> SFA which was an RCT for FP lesions, 71 patients in total were enrolled in the DCB arm and 34 patients in the BA arm (2:1 design), without major differences between the two groups. Ranger led to improve 6- and 12-month TLR rate (6 months: 5.6% vs. 12% for BA, 12 months: 91.2% vs. 69.9% for BA), while also achieving an improved 12-month primary patency rate (86.4% vs. 56.5% for the BA group) (64,66).

After this first RCT, the 12-month results of the COMPARE-1 clinical trial were presented at LINC 2018 (Scheinert D, Leipzig Interventional Course, January 2018, Leipzing, Germany). The investigators performed a head-to-head prospective randomized comparison of the Ranger DCB *vs.* the In.PACT DCB in native lesions with >70% stenosis or occlusion of SFA or proximal popliteal segment in patients with Rutherford II, III and IV. Interestingly, the Ranger device has 33% less paclitaxel compared to the In.PACT DCB (*2 vs.* 3 µg/mm<sup>2</sup>). There were 150 patients

(74 patients were treated with the Ranger DCB and 76 patients were treated with the In.Pact DCB) who were enrolled in the phase 1 pilot study and the follow-up was scheduled for 6, 12 and 24 months (63). The two groups did not differ in the 1-year patency rates (84% for the Ranger DCB versus 89% for the In.Pact DCB). The phase 2 extension of the trial (up to 414 patients) is anticipated to confirm a noninferiority hypothesis (NCT02701543) and is anticipated to be completed by 2023.

## **Surmodics**

The SurVeil® DCB (Surmodics Inc) was studied in the PREVEIL early feasibility study (EFS) and the first results were presented in the Vascular Interventional Advances (VIVA) 2018 conference in Las Vegas (63). PREVEIL is a prospective, US, multi-center, single-arm trial at three different clinical sites for the treatment of native FP arteries (NCT02648620). In total, 13 patients were included and the average lesion length was 56 mm. Median paclitaxel plasma concentration peaked immediately post-procedure (Cmax 1.07 ng/mL) and was undetectable at 30 days. There were no TLR events and an improvement in Rutherford class, ABI and walking distance and speed was noticed after 1-year of follow-up. Pre-clinical data for the SurVeil DCB have shown that it can achieve an up to five times higher concentration of the drug in the target tissue, while the substance is evenly distributed and achieves a more durable drug effect while at the same time decreasing the incidence of downstream drug concentrations compared to control DCBs. After successfully finishing PREVEIL, Surmodics Inc has started the TRANSCEND trial which is a prospective, multi-center, single-blind, randomized, controlled, noninferiority clinical trial in 65 sites around the world (63). TRANSCEND temporarily stopped enrollment after the FDA letter on March 15th 2019 but resumed almost 1 month later after updating investigator communications, patient Informed Consent Forms (ICF), and data safety review and patient follow-up procedures. In total, 446 patients with FP disease were enrolled in a 1:1 fashion to treatment with either the SurVeil DCB or the IN.PACT Admiral DCB, and they will be followed for up to 5 years in total (NCT03241459). The primary outcome is 12-month primary lesion patency and also the composite endpoint of death, amputation, and target vessel revascularization (TVR) (NCT03241459).

## **Novel drug eluting stents**

## DES for FP disease

Past trials have shown that the use of a nitinol self-expanding stent instead of BA was associated with improved outcomes (67-69). However FP arteries continued to be a challenging segment for peripheral interventionalists (18,19). The special anatomical characteristics of the FP segment increase the pressure applied to the FP axis and increase the risk for stent fracture or restenosis (18,19,70-73). The development of the Zilver PTX (paclitaxel-eluting stent) by Cook Medical led to superior 2- and 5-year outcomes compared to BA for patients treated with this selfexpanding DES. Zilver PTX was also superior to BMS when compared to bail-out stenting options (46,74-76). Similarly with DCBs, DES were also under review by the FDA after the publication of the recent meta-analysis suggesting increased mortality risk with the drug-eluting devices in the FP region (46). A recent analysis was performed on the data that COOK Medical made publically available after the publication of the meta-analysis by Katsanos et al. and the FDA letter (46,77,78). The investigators evaluated mortality in all patients treated with the DES regardless of the patients' original treatment assignments. Two treatment groups were analyzed and compared: DES vs. no DES (BA with or without BMS) (78). There was no difference in 5-year mortality (19.1% DES vs. 17.1% BA/BMS, P=0.60) (78). Neither treatment with Zilver PTX (P=0.46) nor paclitaxel dose (P=0.86) was associated with mortality (78). Another study examined patients with a diagnosis of PAD among the US Centers for Medicare & Medicaid Services (CMS) Medicare Provider Analysis and Review files compared patients treated with DES vs. BMS for their peripheral artery lesions (79). Patients treated with DES vs. BMS had similar mortality through 4.1 years (51.7% for DES vs. 50.1% for BMS; log-rank P=0.16) (79).

# ELUVIA<sup>™</sup> DES

The Eluvia<sup>TM</sup> (Boston Scientific, Marlborough, MA, USA) stent uses the Innova<sup>TM</sup> self-expanding nitinol stent system platform based on a primer layer of poly n-butyl methacrylate (PBMA) and has a sustained drug release for more than a year (80,81), while the results from the early studies showed that Eluvia can potentially lead to improve outcomes compared to BMS (80-83).

The MAJESTIC trial was a prospective, single-arm trial with 57 patients with FP lesions <110 mm treated

with Eluvia<sup>TM</sup>. After 12 months of follow-up, only two patients underwent TLR while the 1-year primary patency rate was 96.4% (84). The subsequent IMPERIAL trial compared the Eluvia stent with the Zilver PTX stent on the basis that the prolonged paclitaxel elution with Eluvia may actually be helpful in preventing the FP segment restenosis after 1-year of follow-up. In total 409 patients were included (Eluvia: n=276; Zilver PTX: n=133) (85). The clinical follow-up was at 1, 6 and 12 months with plan to continue following these patients for up to 5 years. The primary efficacy endpoint was 12-month primary patency as assessed at the 12-month follow-up visit with duplex ultrasound if the patient did not have a clinically driven TLR in the interim. The primary safety endpoint was a composite of any major adverse events including 1-month mortality, 12-month TLR and 12-month target limb loss. The Eluvia stent was shown to be non-inferior in both the efficacy and safety analysis (85), with higher 12-month primary patency (87% vs. 82%) with significantly lower number of stent thrombosis or TLR events in the Eluvia group compared to Zilver PTX group (85).

## **DES for IP disease**

IP disease has high rates of CLI and thus limb salvage is one of the primary reasons for revascularization (86). However, IP lesions have unique characteristics in terms of higher calcification rates, smaller diameters, and poorer run-off (20-22), while historically IP artery patency rates were very low (87). Additionally endovascular technology for these vessels is less advanced compared to the above the knee arteries and fewer options have been available for many years (2). Even if endovascular treatment with BA can potentially offer significant advantages for these patients compared to open techniques given the multiple comorbidities patients with CLI usually have, the results were suboptimal in the past (88). Coronary DES have been evaluated for short IP lesions in prior RCTs, showing superior patency rates and lower TLR rates compared to BA or BMS (89-91). However, there were not significant differences in clinical improvement or amputation free survival (89-94). Even if the IDEAS trial showed that DES led to lower 6-month restenosis rates compared to DCB and can be theoretically eligible for longer IP lesions also, DES use in IP is current suggested only for focal lesions and mainly as a bail-out strategy (95). Notably, no coronary DES are specifically labeled for IP use in the US.

#### Novel drug-eluting stents—SAVAL DES

The SAVAL trial is testing the Saval<sup>™</sup> DES (Boston Scientific Corporation) for the treatment of IP lesions (NCT03551496). The Saval DES is self-expanding, coated with paclitaxel, and is longer compared to coronary DES (96). The first phase of this multicenter, randomized trial in a 2:1 fashion (DES vs. BA) trial will include in total 301 patients with CLI and IP lesions who will be enrolled in centers in Europe, Asia and the US (NCT03551496). The second phase will be a nonrandomized, single-arm study of 100 patients treated with the Saval<sup>™</sup> DES BTK. For both of the phases, inclusion criteria include patients with CLI and Rutherford IV or V symptoms, ≤2 IP lesions, reference vessel diameter of 2.5 to 3.75 mm, total lesion length  $\leq$ 70 mm, and lesion location at least 4 cm above the ankle joint. All enrolled patients will have clinical and ultrasound follow-up after 1, 3, 6, 12 months and then annually for 3 years. The primary efficacy endpoint is the 6-month primary patency for the RCT, while the primary safety endpoint will be the freedom from 6-month major adverse limb events and postoperative death within 30-day after the index procedure. The primary purpose of the single arm second phase SAVAL trial is to evaluate the Saval stent for the safety endpoint of freedom from 12-month MALE and 1-month mortality (96).

## Adventitial drug delivery

The migration of fibroblasts from the adventitia towards the intima plays an important role in the pathogenesis of restenosis after BA (97-102). The adventitia is the outer layer of the arteria wall and can offer a solid environment in order to achieve maximum drug concentration (97-100,102). Based on this concept, adventitial drug delivery is being investigated as a potential target in order to minimize restenosis rates and improve outcomes in endovascular interventions (2,97-102).

Dexamethasone has been examined as a potential agent that can be delivered in the adventitia. High dosages of dexamethasone delivered into the adventitia can have the potential to control the inflammation in the adventitia and stop the migration of fibroblasts to the intima by downregulating the production of pro-inflammatory molecules such as monocyte chemoattractive protein (MCP), tumor necrosis factor (TNF)-a, interleukin (IL)-10, matrix metalloproteinase (MMP)-9, and nuclear factor-kappalight-chain enhancer of activated B-cells (NF-kB) (103,104).

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Another advantage of delivery to the adventitia is that the drug is delivered directly to the target tissue rather than having to bypass other tissues including atherosclerotic plaque and calcium. With the use of the Bullfrog Micro-Infusion Catheter (Mercator MedSystems, San Leandro, CA, USA), dexamethasone injection directly to the FP artery was examined. When the balloon of the catheter is inflated, a needle directed towards the vessel wall penetrates the vessel wall and delivers infusate and contrast (4:1) into the adventitia (103,104).

After a preliminary first in human trial, the DANCE trial was performed. DANCE was a multi-center study with 262 subjects (283 limbs) (NCT01983449) (103,104). Patients were treated with either atherectomy (n=159) or BA (n=124) combined with dexamethasone adventitial infusion, at a dosage of 1.6 mg/cm (103). Twelve-month primary patency (defined as freedom from TLR or duplex ultrasound peak systolic velocity ratio  $\leq 2.4$ ) was the primary endpoint of the study. The 12-month KM estimates for freedom from TLR and for primary patency were 89.7% and 79.5% respectively (103).

The LIMBO trials are two multi-center, prospective, randomized trials that are enrolling patients in Europe (NCT02479555) and the USA (NCT02479620) to test dexamethasone administration (4 mg/mL) with PTA and atherectomy respectively. Each trial will include up to 120 patients (60 treated with dexamethasone and 60 controls). The estimated completion date is in 2020. The Temsirolimus Adventitial Delivery to Improve Angiographic Outcomes Below the Knee (TANGO) trial is a Phase 2, multi-center, prospective, randomized, blinded dose escalation study with perivascular drug delivery that pairs the Bullfrog® Micro-Infusion Device with TORISEL® (temsirolimus) to treat IP arteries after revascularization. TANGO was conducted in 7 centers in the US (NCT02908035) and enrolled 60 patients in total (20 low-dose, 20 high-dose and 20 controls). Temsirolimus is an analogue of sirolimus that has already been shown to prevent restenosis after percutaneous coronary intervention and contrary to paclitaxel will mainly apply its effect by reducing cellular proliferation in order to limit restenosis.

## **Post-angioplasty dissections**

Post-BA dissections present as longitudinal tears or flow disturbance in the vessel wall that are visible on angiography (105-107). Dissection in peripheral interventions with BA occur in more than 50% of cases and increase exponentially the risk of TLR, while specifically dissection type C-E increase the TLR risk even more compared to A-B and almost four times compared to lesions treated successfully without dissections (106-108). The dissection flap is usually treated with the placement of a stent which can increase the risk for restenosis or even stent fracture (109,110).

The Tack Implant (Intact Vascular, Inc., Wayne, Pennsylvania) has length of 6 mm and an open lattice design, has 81% less total metal surface and avoids some disadvantages of stents but can still be implanted, maintain scaffolding and potentiate the opposition of the dissection flaps (111). The TOBA I trial studied the use of the Tack Implant device and showed that device implantation was successful in the vast majority of the cases (128/130) with bail-out stenting needed in only two patients (111,112). After 1 year of follow-up, the KM estimates for freedom from MAE, TLR and loss of primary patency were 88%, 89.5% and 76.4% (111,112).

The Tack Optimized Balloon Angioplasty (TOBA) II study was conducted in multiple US and European centers to test the Tack device for post-angioplasty FP dissections (NCT02522884). TOBA II enrolled in total 213 patients (almost 70% with severe dissections) and achieved a 92% resolution of the dissections. The 12-month KM estimates for freedom from TLR and for primary patency were 86.5% and 79.3% respectively. There were zero device fractures, almost no device migration and the bail-out stenting rate was 0.5%.

TOBA BTK is a single arm, prospective study that enrolled patients with IP lesions (NCT02235675) in more than 40 sites in Europe and the US in order to examine the effectiveness and safety of the Tack device for the repair of post-BA dissections in the distal part of popliteal artery or IP arteries (113). Contrary to the way that the Tack endovascular system is structured for above the knee arteries (six self-expanding nitinol devices), the IP device has four self-expanding nitinol stents. In total, 32 out of 35 patients (91.4%) had post-BA dissection and successful deployment of the Tack. Procedural success was achieved in all but one case (97.1%). There were no 30-day MALE, while the 12-month patency rate was 78.4% and the 12-month freedom from clinically driven TLR was 93.5% (113). The investigators concluded that the use of the Tack implant for the treatment of post BA dissection was safe and effective with low TLR and reasonable 12-month patency rates in IP lesions (113). The TOBA II BTK study (NCT02942966) is a multicenter study examining the effectiveness of the Tack device for IP disease. Enrollment is complete and results will be reported at the end of 2019.

Finally the TOBA III study, which is a multicenter, single-arm, prospective study examined the combination of the Tack implant with Medtronic's IN.PACT Admiral DCB for SFA and/or proximal popliteal arteries. The results were presented at TCT 2019. The study was conducted in Europe and included a total of 201 patients including 169 patients with lesions between 20 and 150 mm and a subgroup of 322 patients with lesions between 150 and 250 mm (NCT02802306). The results were presented at TCT 2019. The standard lesion cohort (≤150 mm) demonstrated 97.7% complete dissection resolution and the KM estimates for 12-month vessel patency and freedom from TLR were 95% and 97.5 respectively, while the bail-out stenting rate was 0.6. Among the long dataset, there was a 98.8% complete dissection resolution, while the 12-month KM estimates for vessel patency and freedom from TLR were 89.3% and 96.8% respectively. The bail-out stenting rate was 0.

## Intravascular lithotripsy

Medial calcification is associated with age, diabetes and other cardiovascular risk factors in patients with PAD (114-116). Vessel calcification can be an obstacle for wire crossing, balloon dilation, stent deployment and absorption of paclitaxel, while increasing the risk of stent fracture, procedural complications and leads to worse outcomes (117-122). As a result, calcified vessels have been excluded from most of the randomized trials. Atherectomy devices have for years provided a method for treatment of calcified vessels in patients with PAD in order to prepare the vessel for balloon angioplasty and adequate stent expansion (123).

# Novel treatments for peripheral calcification intravascular lithotripsy

The Shockwave Lithoplasty<sup>®</sup> System (Shockwave Medical, Fremont, CA, USA) is a proprietary lithotripsy-enhanced balloon catheter that consists of a balloon catheter platform 6 cm in length and diameter ranging from 3.5 to 7 mm with multiple integrated lithotripsy electrodes, and a generator (124-127). The Shockwave system is designed to be delivered through the peripheral arterial system of the lower extremities to the site of calcified stenosis. When the lithotripsy function is activated, it generates mechanical energy within the target segment that can disrupt the calcium in the lesion. The Shockwave system is designed to use low inflation pressures in order to potentially minimize

vascular injury. The lithotripsy connector delivers energy from the generator to the lithotripsy electrodes located on the center shaft of the balloon. A total of 30 impulses are delivered per treatment cycle, at least 2 lithoplasty cycles are delivered per lesion segment, and the catheter expires after 10 treatment cycles and 300 shocks. Similarly to the treatment of renal calculi, the principle of intravascular lithotripsy is that the use of pulsatile sonic pressure waves that pass through soft tissue and selectively interact with high-density calcium can produce significant shear stresses (124-127).

The first studies to examine the Shockwave system were the DISRUPT I and II studies. DISRUPT was a two phase, prospective, nonrandomized, multicenter that enrolled 95 patients (95 lesions) with moderately or severely calcified infrainguinal lesions  $\leq$ 15 cm in length) (NCT02071108 & NCT02369848) (128,129). The average lesion length was 72 mm, while 55% of the lesions had severe calcification. There was a 100% procedural success (defined by <50% stenosis), no procedural complications, while predilation and postdilation were needed in 11.6% and 7.4% respectively. Bail-out stenting was needed in one lesion only (Dissection type IV). The 6-month TLR and patency were 3.2% and 76.7% respectively (129).

Lithotripsy can be used similarly to atherectomy devices, as an adjunct method for lesion preparation in order to improve BA, stent placement or even paclitaxel's absorption. A recent case series reported by Radaideh *et al.* reported 7 lesions treated with Shockwave. Eighty-five percent of the lesions were severely calcified (128). The Shockwave system was delivered successfully in all of them. Atherectomy was used in 2 of these cases, while there were 3 dissections (NHLBI type C) after the Shockwave treatment (130). All of the lesions were stented, while the residual stenosis was 0%. The authors conclude that Shockwave lithoplasty to the iliac arteries showed excellent procedural success and no complications and full stent expansion was noted despite the high calcification rates.

DISRUPT BTK was a prospective, multicenter study with twenty subjects with the aim to examine the Shockwave device in IP lesions (NCT02911623) (124). All included patient had moderate or severe calcification in IP arteries, and 15 of them had Rutherford V. The primary safety endpoint was a composite of 30-day death, myocardial infarction, emergent target limb intervention or amputation (124), while the reduction in the diameter stenosis was defined as the primary efficacy endpoint. Shockwave was delivered successfully in all but one patients, and bail-out stenting was needed in only one case (type II dissection) (124). One hundred percent of the lesions met the primary efficacy endpoint and the average reduction in percent diameter stenosis was 46.5%. There were zero 30-day major adverse events (primary safety endpoint).

Importantly, the use of Shockwave for iliac arteries has applications in structural heart disease also, since it can enable operators to perform transcatheter aortic valve replacement even when iliac arteries are calcified and not optimal for valve advancement (131).

The ongoing DISPUT PAD III trial is comparing the combination of Shockwave's lithotripsy with DCB vs. DCB alone with pre-dilation with conventional BA for FP lesions with moderate or severe calcification in 300 patients in Europe, the United States and New Zealand (NCT02923193) (124-126). In parallel to the randomized study, a real-world study is being conducted in order to assess lithotripsy's performance for lesions that do not meet the inclusion criteria in the RCT.

#### **Percutaneous bypass**

The PQ Bypass DETOUR System (PQ Bypass, Inc., Silicon Valley, CA, USA) is a novel treatment approach for percutaneous femoral-popliteal bypass under fluoroscopic guidance (132,133). The percutaneous FP bypass is achieved with the use of a specialized crossing device, a radiopaque snare, and the Torus stent graft (132). A number of proprietary TORUS Stent Grafts are deployed in a continues and overlapping fashion from the popliteal artery into the femoral vein and from the femoral vein into the SFA through two independent anastomoses in order to create a endovascular bypass from the SFA to the popliteal artery (134). The rationale behind PQ Bypass is based on the fact that there are limited treatment choices for patients with long FP lesions, since endovascular techniques are associated with high TLR and low patency rates, while surgical bypass is associated with lengthier admissions and high risk for procedural complication (8,135-137).

In total, in the DETOUR I study (which was a prospective single arm study in Europe, New Zealand, and Chile), there were 77 patients and 81 SFA lesions >10 cm (mean length 37.1 cm) included, while 96% of them were chronic total occlusions (CTOs) and almost 70% had severe calcification (133). ISR lesions were not excluded from the study. Patients were followed every 3–6 months up to 36 months. Independent review of the data was performed by core lab adjudication at key evaluation points. The

technical success of the study was 98.8%. The 12-month primary patency, primary assisted patency and secondary patency rates were 72.5%, 78% and 93.8% respectively. The 12-month freedom from amputation was 100%, while there was a 98.8% freedom from acute limb ischemia and 78.8% freedom from TLR (138). The 18-month results were announced last November at VIVA 2018 (Ehrin J Armstrong MD, Las Vegas, November 2018) (134). The 18-month rates for primary, primary assisted and secondary patency were 67.6%, 78.9% and 94.1% respectively. More than 80% of the patients achieved a Rutherford 0 class by 18 months, while the mean ABI improved from 0.64 at baseline to 0.97 at 18 months. Additional data evaluating the safety and effectiveness of the Detour procedure will be collected through 36-month follow-up in the DETOUR I trial The PQ Bypass DETOUR System is currently under investigation in the US IDE DETOUR II Clinical Trial (NCT03119233) after the DETOUR I study was completed. The plan is to enroll 292 patients in US and Europe with >15 cm FP lesions (134). The Detour procedure earned CE Mark approval in February 2017. The PQ Detour procedure can be a possible solution for difficult to treat long FP lesions which are associated with high rates of CTO, calcification and ISR and are often excluded from clinical trials, while the real-world endovascular treatment options have been consistently less durable than open bypass.

# Conclusions

There is a constant evolution in the endovascular technologies and techniques used for PAD treatment. This is mirrored in the constantly improved outcomes in patients who undergo endovascular revascularization and in the expanded pool of patients who can be now treated with an endovascular approach. Despite the progress, available therapeutic choices still have limitations and newer devices have a lot of room for improved results. While further evidence is anticipated regarding the controversial role of DCBs and DES, newer drug-eluting devices are under investigation and are anticipated to enter the market in the future, including the Saval DES for IP lesions. Adventitial delivery of dexamethasone is another promising option that can potentially limit restenosis rates, while vessel preparation with Shockwave lithotripsy can improve procedural success rates for the treatment of calcified lesions. Finally, PQ bypass is a novel therapy that can potentially provide an alternative for the treatment of the long FP lesions that were so far limited by their poor outcomes when treated with an endovascular approach. Advanced phase clinical trial and large prospective realworld registries are expected to provide the peripheral interventionalists with further evidence regarding the indications and outcomes associated with the emerging endovascular technologies.

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