

Radiation and immunotherapy: emerging mechanisms of synergy

William G. Breen¹, Konstantinos Leventakos², Haidong Dong³, Kenneth W. Merrell¹

¹Department of Radiation Oncology, Mayo Clinic, Rochester, MN, USA; ²Division of Medical Oncology, Mayo Clinic, Rochester, MN, USA; ³Departments of Urology and Immunology, Mayo Clinic College of Medicine and Science, Rochester, MN, USA

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Correspondence to: Kenneth W. Merrell, MD. Department of Radiation Oncology, Mayo Clinic, 200 First Street SW, Rochester, MN 55905, USA. Email: Merrell.Kenneth@mayo.edu.

Abstract: Immunotherapy (IO) has become a standard treatment in patients with metastatic and locally advanced non-small cell lung cancer (NSCLC), and is now being tested in patients with early stage disease. IO agents currently in use for lung cancer target PD-1, PD-L1, and CTLA-4. While survival and tumor control have improved with IO, many patients have limited or short responses to IO. Therefore, methods to improve the systemic response to IO are needed. Radiation therapy (RT) is an integral component of lung cancer treatment, and may improve systemic response to IO by increasing antigen presentation, increasing co-stimulatory signaling, increasing T-cells recruitment, upregulating PD-L1, increasing tumor stromal lymphocyte infiltration, and altering the microenvironment. IO after definitive chemoradiation is now standard treatment in unresectable stage III NSCLC following publication of the PACIFIC clinical trial. For early stage NSCLC, IO is being investigated in conjunction with stereotactic body radiotherapy (SBRT). The benefit of adding RT to IO in patients with metastatic disease may be especially pronounced in patients with low baseline PD-L1 expression, potentially when delivered as a short course of SBRT, as supported by the PEMBRO-RT clinical trial. Current and ongoing clinical trials are evaluating the optimal radiation dose, timing, and sequencing of RT with IO.

Keywords: Radiation therapy (RT); immunotherapy (IO); SBRT; lung cancer; metastatic disease

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Introduction

Knowledge of the immune system's interactions with cancer cells and the ability of therapeutics to harness these interactions have substantially improved in recent years. For patients with lung cancer, treatment paradigms, tumor control, and survival are quickly evolving in the era of immunotherapy (IO). Still, even among cancers that initially respond to IO, most eventually develop resistance and progress. Radiation therapy (RT) plays an important role in the treatment of lung cancer, and may help to overcome tumor resistance to IO through a variety of mechanisms. In this review, we aim to describe the evidence for the evolving role and synergistic mechanisms of combining IO with RT, including the optimal dose, volume, and timing of radiation for effective immune stimulation.

Cancer immunology

The immune synapse

Immune responses are regulated by the elaborate interactions between T-cells and antigen presenting cells (APC), referred to as the immune synapse. With appropriate regulation within the host, immune responses provide defense against pathogens and aberrant cellular growth. Cytoactivity of T-cells is regulated by both the presence and spatial alignment of co-stimulatory or -inhibitory signals and receptors, and is further regulated by expression of cytokines. While a complete summary of these processes is beyond the scope of this review, co-stimulatory signals lead to activation of an immune response, whereas the absence of co-stimulatory or the presence of co-inhibitory signals result in the lack of an immune response, or anergy.

The following are immune cells involved in the process of tumor recognition and response (1):

- (I) T lymphocytes: CD8⁺ and CD4⁺ lymphocytes, commonly referred to as cytotoxic T-cells and helper T-cells, are involved in the distinction of self and non-self antigens through interactions with T-cell receptors (TCR) and major histocompatibility complex (MHC) proteins.
- (II) T regulatory cells (TReg): TReg's inhibit T-cell activation. Other immune suppressive cells include myeloid derived suppressor cells (MDSCs).
- (III) Natural Killer (NK) cells: NK cells target cells with low MHC class 1 expression for elimination. Unlike T-cells, NK cells do not require antigen presentation. Similar to T-cells, they may secrete numerous inhibitor signals.
- (IV) Macrophages: Phagocytes involved in cell clearance and secretion of interferons and other cytokines. M1 macrophages perform phagocytosis and release interferons. M2 macrophages release cytokines and TGF-beta and are inhibitor regulators involved with immune tolerance.
- (V) Antigen presenting cells (APC): APC's mediate immune response through processing and presenting of antigens to T-Cells, and release of cytokines.

Control and regulation of the immune response is paramount to limiting the impact on normal host tissue. Dysregulation of immune responses may lead to autoimmune effects and other medical disorders. Two critical pathways of co-inhibitor immune checkpoint are clinically relevant to cancer IO:

Cytotoxic T lymphocyte antigen 4 (CTLA-4)

CTLA-4 is a fundamental inhibitory regulator of T-cell immune response. CTLA-4 has inducible expression with naïve T-cell activation, and inhibits immune activation (2). CTLA-4 is homolog of CD28 (T-cell co-stimulatory receptor) present on T-cells and binds to the same ligands as CD28 (CD80 and CD86) on APC but with a higher affinity. Therefore, a major pathway of T-cell inhibition of CTLA-4 is through outcompeting CD28 for binding with CD80 and CD86 (3,4). Expression of CTLA-4 is driven by TCR activation as well as IL-12 and IFN gamma. Heterozygous CTLA-4 mutations result in dysregulation of T-cells, with subsequent hyperproliferation and organ infiltration, and have been implicated in auto-immune disorders. Supporting these findings, CTLA-4 knockout mice show multi-organ auto-immunity with severe disease (5).

Program cell death protein 1 (PD-1)

PD-1 is a major regulator of the immune system and controls many T-cell functions including activation, tolerance, and exhaustion (2). PD-1 is a transmembrane receptor found in multiple cells including T-cells, NK cells and B cells. PD-1 has two known ligands: PD-L1 and PD-L2. PD-L1 is more widely expressed in both hematopoietic and non-hematopoietic cells, including tumor cells, and is induced via pro-inflammatory cytokines (6,7). Engagement of PD-1 by PD-L1 and PD-L2 may lead to cessation of the immune response and serve as a negative feedback to limit subsequent organ damage. Therefore, when PD-1 or PD-L1 is inhibited, T-cells can be activated. Similar to CTLA-4 knockout, PD-1 knockout leads to autoimmunity, but with a milder phenotype (8).

Cancer immune evasion and immunotherapy

Cancer cells are immunologically distinct from host cells, in that they may express unique non-self oncoviral or neopeptide antigens, rendering themselves detectable to T-cells, and prone to subsequent elimination. Immunosurveillance is the process by which the immune system surveys, detects, and destroys aberrant cells, including pathogens and malignant cells. The regulatory process of immune inhibition is involved in cancer progression and growth through a process described as immunoediting, in which the immune system can both constrain and promote cancer progression.

Three phases are present in immunoediting: elimination, equilibrium, and escape (9). Elimination is the process of the innate and adaptive immune system detecting and eliminating malignant processes before they become clinically apparent. When successful, elimination leads to complete eradication of cancer: cure. Equilibrium and escape may function sequentially or independently. Equilibrium occurs when cancer cells survive the elimination phase, but are prevented from progression, remaining in a dormant state with outgrowth specifically controlled by immunity. Eventually, patients may experience

a late local or distant recurrence due to (I) antigen loss (II) insensitivity to effector mechanisms and/or (III) induction of an immunosuppressive tumor microenvironment. This leads to the escape phase, in which tumor progression and growth are no longer inhibited.

A high quantity of genetic mutations within a tumor, referred to as the tumor mutational burden (TMB), is a characteristic feature of many human cancers as quantified through whole-genome and exome sequencing (10,11). Aberrant cellular pathways of DNA replication and damage repair lead to an unstable genome and high rate of somatic mutations from replicative and environmental damage. Tumors with a large number of mutations are more likely to express novel neo-peptides with subsequent immune activation. Over time, and through direct evolutionary pressure from tumor killing by the immune system, cancer cells with the ability to evade the immune system are selected for. This allows for tumor growth and progression unchecked by the immune system. Tumor cells promote an immunosuppressive microenvironment via cytokine secretion or recruitment of regulatory immune cells, such as TReg and myeloid suppressor cells, which in turn inhibit tumor specific T-cells by expressing negative co-stimulatory CTLA-4, PD-1 and PD-L1, among other mechanisms.

PD-L1 expressed on tumor cells may inhibit T-cell activation through direct binding of PD-1 on T-cells, inhibiting tumor cell killing (12). In the pre-IO era, high PD-L1 tumor proportion score (TPS) was a poor prognostic factor, associated with worse overall survival (OS) (13). PD-1 and PD-L1 inhibitors work to counteract this immune escape mechanism of cancer cells, and have revolutionized the treatment of lung cancer. The mechanisms of PD-1, PD-L1, and CCTLA-4 inhibitors are demonstrated in *Figure 1*.

To date, there are 4 IO agents with FDA approval (*Table 1*) for clinical use in lung cancer, and numerous clinical trials evaluating the efficacy of IO. While IO has provided unprecedented survival and cancer control for many lung cancer patients, the majority will still eventually experience progressive disease. Mechanisms to overcome tumor equilibrium and escape are needed, and in some cases may be provided by RT.

Immune effects of RT for non-small cell lung cancer (NSCLC)

RT plays a key role in curative and palliative intent treatment of lung cancer. The primary anti-neoplastic effect of RT is double stranded DNA break, which ultimately leads to cell death. Cell death may occur through apoptosis, necrosis, autophagy, mitotic catastrophe, and proliferative senescence. During this process of cellular damage and death, several radiation-induced immune processes occur which have the potential to mediate an anti-neoplastic immune response, via the following mechanisms (*Figure 2*) (14-24):

- (I) Costimulatory immune signaling with cytokines and chemokines activating and recruiting T-cells to tumor sites;
- (II) Increased cancer antigen spillage, epitope diversity, and antigen presentation;
- (III) Increased vascular adhesion molecule-1 promoting extravasation of T-cells;
- (IV) Increased lymphocyte infiltration into the tumor stroma;
- (V) Alteration of the tumor microenvironment;
- (VI) Upregulation of PD-L1 on cancer cells;
- (VII) Utilization of the Fas/FasL and other pathways, promoting elimination of tumor cells.

Through these processes, radiation may function as an in situ vaccination specific to the patient's genetics and biology, ultimately leading to enhanced immune recognition and cancer killing. In some cases, treatment of a localized tumor may result in distant tumor regression. This process is coined the "abscopal effect" ('ab' - away from, 'scopus' - target) (25). In theory, localized radiation treatment to a single site of disease, such as palliative RT to a painful metastasis, could lead to a systemic immunologic response with improved cancer cell recognition and subsequent regression of non-irradiated metastatic disease or occult metastatic disease in non-metastatic patients (Figure 2). The frequency of the abscopal effect in metastatic patients from RT alone is unclear, but is presumed to be relatively rare, with most of the literature limited to small case series and anecdotes (25,26). A single clinical trial evaluated RT with granulocyte-macrophage colony-stimulating factor as a proof of principal study and detected a 26.8% incidence of distant response in patients with metastatic, solid tumors (27).

The addition of Durvalumab after definitive chemoradiation (CRT) for stage III lung cancer resulted in a reduction in the incidence of metastatic lesions by 33%, ultimately leading to improvement in OS (28). The combination of RT with IO may lead to an increased likelihood of abscopal responses, and also synergistically lead to improved IO response by the mechanisms listed above. The continued elucidation of the biological interactions between RT and IO will be crucial in understanding how to 7014



Figure 1 Mechanisms of Action of Immunotherapy Agents. Anti PD-1 and PD-L1 (A) and Anti CTLA-4 (B) antibodies facilitate T-cell mediated kill of tumor cells.

use RT to optimize IO efficacy.

Optimizing radiation therapy

Radiation dose, fractionation and volume

Modern RT planning and delivery for lung cancer is increasingly sophisticated and individualized for each patient. The dose, fractionation, and volume of irradiation depend upon several factors including tumor histology, stage, anatomy, and treatment intent. Patients undergoing curative intent treatment for locally advanced NSCLC often receive conventionally fractionated RT of 2 Gy per day over 6 weeks, along with concurrent cytotoxic chemotherapy. Patients undergoing palliative intent RT commonly receive regimens ranging from 8 Gy in 1 fraction to 30 Gy in 10 fractions. For patients with early stage inoperable NSCLC, RT may be delivered in as few as 3 high-dose fractions of 18 Gy of stereotactic radiation body therapy (SBRT). In these patients, SBRT provides superior outcomes compared to conventionally fractionated RT (29).

An important challenge in harnessing the immunostimulatory potential of RT is determining the optimal dose and fractionation. Immune effector cells are exquisitely sensitive to RT, with an LD50 (lethal dose required to half the surviving fraction of lymphocytes) of only 2 Gy (30). This estimate would translate to 50% of lymphocytes within the target volume being killed after each of the 30 fractions of a conventional course of definitive RT. Repetitive killing of immune cells with fractionated RT may erase the potential for RT-mediated immune activity over time, as several studies correlate treatment induced lymphopenia with worse overall prognosis (31-33). Therefore, despite the larger dose of RT per fraction, hypofractionated RT or SBRT may have less detriment on immune cell killing over the total course of RT compared to conventionally fractionated RT, with the potential for improved synergy between RT and IO (34).

Another consideration related to RT dose is the impact on the tumor micro-environment and immunostimulation.

Drug	Labeled indication	Mechanism of action
Pembrolizumab	 Single agent in stage III NSCLC (who are not candidates for surgical resection or definitive chemoradiation) or in patients with metastatic NSCLC with PDL-1 TPS ≥1% with no EGFR or ALK genomic aberrations 	Anti-PD-1 humanized monoclonal antibody which inhibits PD-1 by binding the PD-1 receptor on T-cells, blocking PD-L1 and PD-L2 from binding
	 Combination with pemetrexed and platinum chemotherapy for metastatic non-squamous NSCLC with no EGFR or ALK genomic aberrations 	
	 Combination with carboplatin and either paclitaxel or paclitaxel (protein bound) metastatic squamous SCC 	
Nivolumab	Treatment of metastatic non-small cell lung cancer (NSCLC) that has progressed on or after platinum-based chemotherapy	Anti-PD-1 humanized monoclonal antibody which inhibits PD-1 by binding the PD-1 receptor on T-cells, blocking PD-L1 and PD-L2 from binding
	 Patients with EGFR or ALK genomic tumor aberrations should have disease progression (on approved EGFR- or ALK-directed therapy) prior to receiving Nivolumab 	
Durvalumab	 Treatment of unresectable stage III non-small cell lung cancer which has not progressed following concurrent platinum-based chemotherapy and radiation therapy 	Human immunoglobulin G1 kappa monoclonal antibody which blocks programmed PD-L1 from binding to PD-1 and CD80
Atezolizumab	 In combination with bevacizumab, paclitaxel, and carboplatin for metastatic non-squamous non-small cell lung cancer (NSCLC) in patients with no EGFR or ALK genomic tumor aberrations 	Humanized monoclonal antibody immune checkpoint inhibitor that binds to PD- L1 to selectively prevent the interaction between PD-1 CD80
	 In combination with paclitaxel [protein bound] and carboplatin for metastatic NSCLC in patients with no EGFR or ALK genomic tumor aberrations 	

 Table 1 PD-1/PD-L1 inhibitors with labeled indication for non-small cell lung cancer (NSCLC)

Extensive tumor infiltration by T-cells is correlated with improved survival in NSCLC patients (35). SBRT results in a greater degree of stromal and vascular damage and tumor apoptosis compared to conventional fractionation (36). SBRT increases the potential for greater antigen spillage, presentation, and recognition through increased generation and trafficking of anti-tumor effector cells to the tumor site (37). This process may be synergistic to both CTLA4 and PDL-1 pathway inhibition (38). In animal models, 5 fractions of 6 Gy and 3 fractions of 8 Gy have shown immunemediated abscopal effects in mice treated with IO (39). Interestingly, this study also indicated better responses for patients receiving multiple fractions of RT compared to a single fraction, potentially due to increased number and diversity of tumor neo-antigens produced after multiple fractions of radiation. Similar dose and fractionation schemes have been used in human studies, with results indicating safety, and efficacy data under evaluation (40-42).

While most trials of IO and RT are evaluating high doses of RT per fraction for immunostimulation, some are also evaluating whether an ultra-low dose of RT per fraction may improve the immunogenic response to RT. On one analysis, a dose of 0.5 Gy was more effective in recruiting T-cell infiltration in tumors as measured 7 days after RT than 1, 2, or 6 Gy fractions (43). Additional previous studies have shown low-dose RT to be a potentiator of cisplatin in lung cancer cells (44). An ongoing clinical trial is comparing high dose RT (8 Gy × 3) to low-dose fractionated RT (0.5 Gy BID × 2 days, q 4 weeks ×4), with both arms receiving concurrent IO (NCT02888743).

As oncologists work to find the optimal immunostimulatory dose of radiation, they must also consider the ideal volume and/or number of lesions to treat. While most clinical trials investigating IO and RT completed to date dictated



Figure 2 The immunogenic impact of radiation therapy. Local immune effects caused by radiation therapy (A) can provide local tumor control (B) and potentially aid in distant tumor control (C).

treatment to only one site of disease, with hopes of eliciting a response at distant sites, Brooks and Chang provide compelling arguments for treating multiple or all sites of disease (45). When treating a single site of disease, distant response at untreated lesions (or abscopal effect) is dependent upon the same tumor-related antigens released from the radiated site being present on distant sites of disease, as well as immune cell access to distant tumors. However, if multiple or all sites of clinically apparent disease are radiated, more tumor related antigens are released, more inflammation and vascular changes are induced, and cancer is more optimally debulked. Tumor debulking is an attractive target in treating metastatic cancer, as increased volume of disease may have an immunosuppressive effect (46).

While the reasons described above provide motivation to investigate multi-site radiation in the context of IO, concerns exist regarding the potential toxicities of this

approach, particularly in a metastatic population treated with ostensibly non-curative intent. On three prospective studies of consolidative RT for advanced non-small lung cancer, grade 3+ toxicities were acceptably low, ranging from 13-34%. In the Gomez trial of local consolidate therapy (LCT) versus maintenance therapy or observation, 20% of patients who received LCT experienced toxicity compared to 16.6% of patients who received maintenance systemic therapy (47). On the PEMBRO-RT trial, of 35 patients on the SBRT + IO arm, 12 grade 3+ toxicities were reported. The most common adverse events were pneumonia (n=4) and dyspnea (n=4) (48). On another phase II trial, 29 patients with advanced lung cancer treated with SBRT followed by maintenance chemotherapy had only 4 grade 3+ toxicities (49). A review of studies of RT to any extracranial disease with IO showed grade 3+ toxicity rates of 7-31% (50). The authors of the review argue that

combining RT to IO does not increase toxicity over either modality alone, though this has not vet been prospectively validated. Ultimately, this potential for toxicity when combining multisite RT with IO underlies the need for optimal patient selection for aggressive treatment. We await the results of NRG LU002 (NCT03137771) to provide more definitive answers to these questions.

Radiation timing

In the landmark PACIFIC trial discussed below, Durvalumab delivered after CRT led to unprecedented survival for patients with unresectable stage III lung cancer (28). Durvalumab was administered up to 42 days after completion of CRT, but patients who initiated Durvalumab within 14 days of completing CRT experienced improved survival compared to those who started Durvalumab later. Based on this information, RTOG 3515 requires Durvalumab to be delivered within 7 days of completion of SBRT (NCT03833154). Similarly, on PEMBRO-RT, IO was given within 7 days of completing SBRT. In support of this practice, a mouse study by Dovedi et al. reported a decrease in PD-L1 expression and anergy of tumor-reactive T-cells 7 days after the last dose of fractionated RT (51).

Shaverdian et al. analyzed patients who received RT at a median of 9.5 months prior to IO on the KEYNOTE-01 clinical trial, and demonstrated that these patients had longer OS and PFS compared to patients who did not receive RT (52). This could indicate that the synergistic benefit of radiation may be long-lasting, though it is not clear if these results would be further improved if the radiation had been delivered closer to the time of IO. Other trials will examine IO delivered before and during RT. Many patients with metastatic disease initiate IO first, and then receive RT at the time of progression. For any of these situations, the optimal time frame remains unclear, but there is likely an ideal sequencing to maximize synergy when delivering IO and RT. For treatment naive patients, initiating IO within one week of completing RT may lead to improved responses, and represents a potential standard practice until more data is available (28,48,53).

Clinical studies evaluating immunotherapy and radiation therapy

Clinical trials of metastatic disease

The PD-1/PDL-1 pathway is one of the most studied

pathways of immune escape. In some cases, IO alone has become the standard of care over cytotoxic chemotherapy (54). However, durable tumor regression and long-term survival in advanced cancer is only realized in a subset of these patients, with a median progression free survival (PFS) of 10.3 months in patients receiving Pembrolizumab alone for advanced NSCLC (54). In fact, while there is improvement in survival relative to other forms of systemic agents, the vast majority of patients with advanced NSCLC will have short-lived tumor regression with ultimate systemic progression and death. This is likely due to poor recognition of tumor antigens and developed primary resistance to IO.

As RT has the potential to increase tumor antigen release, immune infiltration, and recognition, and is utilized in nearly 50% of all cancer patients, immune modulation with RT is a heavily researched topic (55). In support of this theory, Shaverdian et al. evaluated patients with NSCLC who received RT prior to receipt of Pembrolizumab on the KEYNOTE 1 clinical trial (52). They found compelling improvements in PFS and OS for patients who received RT (median OS 10.7 months with RT vs. 5.3 months without RT). While this retrospective review of a single arm trial has clear limitations, it raised interest in further investigation of RT and IO.

Bauml et al. performed a single arm clinical trial of local ablative therapy for oligometastatic NSCLC, which included SBRT, CRT, surgery, or percutaneous ablation, followed by Pembrolizumab (56). A total of 51 patients with oligometastatic (<4 metastatic lesions) lung cancer were included. They observed an improvement in PFS from a historical control of 6.6 to 19.1 months (P=0.005). Median OS was 41.6 months. Due to small numbers and nearly all patients receiving RT, no variables were associated with clinical outcomes. However, given substantial improvements relative to clinical trials with use of IO alone, these findings also led to the addition of RT in future study designs.

PEMBRO-RT is a Dutch Phase II randomized clinical trial of 92 patients with advanced NSCLC treated with Pembrolizumab with or without SBRT (48). Patients who were randomized to SBRT received 24 Gy in 3 fractions to a single site of metastatic NSCLC, followed by standard administration of Pembrolizumab. A separate tumor (not receiving radiation) was measured for objective response rate (ORR), defined as complete or partial response. The primary objective of the trial was to determine whether SBRT improved the ORR at 12 weeks relative to Pembrolizumab alone. They estimated an improvement from 20% ORR to 50% ORR with the addition of SBRT.



Figure 3 Results from the PEMBRO-RT trial (48). Overall survival (A), Progression-free survival (B), and objective response rate (C) for pembrolizumab (pembro) *vs.* stereotactic body radiation therapy + pembrolizumab (SBRT + pembro). Mo, months; No, number; TPS, tumor proportion score; SBRT, stereotactic body radiation therapy.

At 12 weeks, the ORR was doubled in patients who received SBRT, at 36% in the investigational arm vs. 18% in the control arm (P=0.07). Patients who received SBRT were more likely to have a complete response (n=3 vs. n=1), partial response (n=14 vs. n=8) and less likely to have progressive disease (n=10 vs. n=21). Patients who received SBRT had a non-significant improvement in both median PFS (1.9 vs. 6.6 months, (hazard ratio: 0.71; 95% CI: 0.42–1.18; P=0.19) and OS (7.6 vs. 15.9 months, hazard ratio: 0.66; 95% CI: 0.37–1.18; P=0.16) (*Figure 3A*,B).

Interestingly, the numeric improvements in ORR, PFS, and OS in the SBRT group were largely driven by the subgroup of patients with 0% PD-L1 staining. In fact, 22% of patients with 0% PD-L1 staining had a response in the SBRT group *vs.* only 4% in the Pembrolizumab alone group (*Figure 3C*). When compared to KEYNOTE-010 and -001, these patients who received SBRT had a numerically

greater ORR (52,57). Both PFS and OS were significantly improved with SBRT in the PD-L1 negative group (57,58). As PD-L1 staining is shown to be a predictor of response to IO, this finding may be of substantial importance in selecting appropriate candidates for SBRT with IO: patients with low PD-L1 expression may have improved responses to IO after receiving SBRT. Importantly, no increase in substantial toxic events was observed in the SBRT arm. While there are several limitations to the study, it is the first of its kind showing improvement in distant response rates with localized RT added to IO in a well-designed randomized clinical trial.

Clinical trials of non-metastatic disease

In 2018, the FDA approved Durvalumab, a PD-L1 inhibitor, after the PACIFIC clinical trial demonstrated its efficacy

Study	Drug	Trial Phase	Treatment Arm(s)	Enrollment (actual or planned)	Primary Endpoint
NCT02434081 (NICOLAS)	Nivolumab	2	CRT +/- concurrent Nivolumab	94	Grade 3+ pneumonitis
NCT03519971	Durvalumab	3	CRT +/- concurrent Durvalumab	328	PFS and ORR

Table 2 Selected current clinical trials of immunotherapy for locally advanced lung cancer

CRT, chemoradiation therapy; PFS, progression-free survival; ORR, objective response rate.

following chemoradiation (CRT) compared to placebo in 713 patients with node positive NSCLC (28,59). Patients who received Durvalumab after completion of CRT had significant improvements in PFS and OS. The median PFS for patients who received Durvalumab was 17.2 months, compared to 5.6 months with placebo. The median time to death has not been reached in the Durvalumab group (lower bound 95% CI is 36 months), compared to 28.7 months in the placebo group. Patients on the investigational arm were more likely to have further objective response in the thorax, longer duration of response, and a lower likelihood of distant metastasis.

PD-L1 testing was an optional component of PACIFIC. Of 451 patients with evaluable tissue, 67% had PD-L1 tumor cell staining $\geq 1\%$. On subset analysis, PFS and OS favored Durvalumab over placebo in patients with PD-L1 staining $\geq 1\%$ and those with unknown values. Patients with <1% staining, which represented 20% of all enrolled patients, did not have a statistically significant improvement in clinical endpoints with Durvalumab. While this incomplete post-hoc analysis is only hypothesis generating, it is consistent with previous data indicating worse response in tumors with lower PD-L1 expression (57). As discussed above, this obstacle may be overcome in some situations by adding SBRT prior to or during IO, as PEMBRO-RT demonstrated that SBRT followed by IO may be of greatest benefit in inducing response in patients with initially low PD-L1 expression (48).

While adjuvant Durvalumab is standard of care for stage III lung cancer after CRT, other clinical trials are building upon the results of the PACIFIC trial and evaluating alternative timing of IO administration (concurrent *vs.* sequential), novel IO drugs, varied radiation dose and fractionation, and elimination of chemotherapy (*Table 2*).

Early stage lung cancer

SBRT is a standard of care therapy for patients with node negative, early stage lung cancer who are medically

inoperable or decline surgery (60). While local control rates exceed 90%, patients are still at risk of nodal and distant relapse, as well as new primary lung cancers (61). Unlike in locally advanced lung cancer, no systemic therapy during or after SBRT for early stage lung cancer is currently standard of care. Given improvements in objective response rates at the primary tumor and reduction in metastatic progression in stage III lung cancer, IO after completion of SBRT for node negative lung cancer is an active area of interest. In particular, given the potential for a more immunogenic response to SBRT compared to standard fractionation CRT, there is hope that adding IO to SBRT will improve outcomes and change patterns of failure for early stage lung cancer. Several clinical trials are ongoing utilizing various IO drugs (*Table 3*).

Patient selection for future clinical trials

In stage III lung cancer, Durvalumab is first line therapy for all patients after completion of CRT, and thus all patients receive both RT and IO. As described above, multiple clinical trials are ongoing to evaluate the role of IO with SBRT in early stage lung cancer, though this treatment is confined to clinical trials.

For metastatic lung cancer, in which upfront IO is standard of care, it remains a critical challenge to determine which patients should or should not receive RT in addition to IO. For patients with symptomatic lesions, addition of palliative RT is indicated and often delivered before or concurrently with IO. More challenging is determining which patients with asymptomatic metastatic lesions may benefit systemically from localized RT.

Integration of biomarkers to predict response and appropriately select patients for IO with RT is of the highest importance in the development of clinical trials. PD-L1 is a standard tumor marker predictive of response to IO, as well as a decision point in treatment recommendations for patients with advanced NSCLC (46,57,62-66). Still, PD-L1 assessment is not without limitations, including

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Study	Drug	Trial Phase	Treatment Arm(s)	Enrollment (actual or planned)	Primary Endpoint			
NCT03833154 (PACIFIC-4)	Durvalumab	3	SBRT +/- adjuvant Durvalumab	706	PFS			
NCT03110978 (I-SABR)	Nivolumab	2	SBRT +/- adjuvant Nivolumab	140	EFS			
NCT03924869 (KEYNOTE-867)	Pembrolizumab	3	SBRT +/- concurrent and adjuvant Pembrolizumab	530	OS and EFS			

Table 3 Selected Current Clinical Trials of Immunotherapy for Early Stage Lung Cancer

SBRT, stereotactic body radiation therapy; PFS, progression-free survival; EFS, event-free survival; OS, overall survival.

heterogeneity within tumors and changing expression over time. Accordingly, other biomarkers, such as TMB, have been explored. Tumors with more mutations are more likely to express novel neo-peptides, leading to subsequent immune activation. TMB has been correlated with patient response to both CTLA-4 and PD-1/PD-L1 blockade. In one study, TMB was a greater predictor of IO response than PD-L1 expression (67-69). Cancers with indications for IO, including NSCLC, SCLC, and melanoma, have high TMB relative to other cancer types. Several other tumor signatures based on gene expression are under current investigation (70).

To date, PEMBRO-RT is the most compelling clinical data demonstrating improvements in objective response rates with the addition of RT to IO. Interestingly, the benefit of RT was primarily in patients with no tumor cell PD-L1 expression. While this does not necessarily mean all patients with negative PD-L1 expression should receive RT, it should be an active area of clinical research to determine when the addition of RT may improve clinical outcomes in this patient population. Indeed, clinical trials should focus on using RT as a stimulator of the immune system, particularly in patients who are unlikely to respond to IO, or have developed resistance to IO.

It is likely that RT will be harnessed more frequently as a means to enhance the efficacy of IO for patients with advanced or metastatic lung cancer, by inducing a systemic response from a localized treatment. For now, and until additional level 1 evidence emerges, patients are best served with treatment on a well-designed clinical trial.

Conclusions

In the era of IO, lung cancer patients are experiencing unprecedented cancer control and overall survival. The potential for RT to serve as an immunomodulator improving the efficacy of IO could lead to further improvements in outcomes, potentially curing patients with advanced and metastatic lung cancer.

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