

Professor Gian Paolo Rossi: special hypertension patient—why blood pressure at night is higher than that in the daytime?

Submitted Mar 16, 2016. Accepted for publication Apr 27, 2016.

doi: 10.21037/jtd.2016.06.20

View this article at: <http://dx.doi.org/10.21037/jtd.2016.06.20>

Expert Introduction

Professor Rossi holds a Chair of Internal Medicine at the University of Padova, where he graduated in 1979. He was educated in the Research Division of the Cleveland Clinic Foundation in USA, and the Department of Pharmacology of the University of Heidelberg in Germany. He is currently in charge of the High Blood Pressure Unit at the University Hospital in Padova.

His roles have included Editor-in-Chief of *Frontiers in Cardiovascular Medicine* Hypertension section, board on the *Journal of Clinical Endocrinology & Metabolism*, the *World Journal of Cardiology*; and *High Blood Pressure & Cardiovascular Prevention*. In 2004 he was nominated International Expert of French INSERM, and in 2006 became an International Expert Grant Reviewer of the National Research Council of Hong Kong, The German, Austrian, and Polish Ministry of Health, and the Wellcome Foundation.

Editor's Note

During the 2016 International Conference: Clinical Update Sleep, we were honored to have an interview with Professor Gian Paolo Rossi (*Figure 1*).

As the research focusing on hypertension, what has drawn Professor Rossi's attention to the association between hypertension and sleep apnea? What has been discovered on the road of revealing the association? Now let's enjoy the interview video (*Figure 2*) to find the answers.

Interview questions

- (I) Would you mind briefly introducing yourself and your university to our audience?
- (II) Would you mind sharing the main points of your lecture about hypertension and sleep disorder? And what has drawn your attention to study the association



Figure 1 Professor Gian Paolo Rossi (left) and AME Senior Editor Chao-Xiu (Melanie) He (right) after the interview.



Figure 2 Hypertension and sleep apnea (1).

Available online: <http://www.asvide.com/articles/1024>

- between hypertension and sleep disorder?
- (III) At present, what have been discovered on the association between sleep disorder and cardiovascular disease based on your research?
- (IV) What questions do you think still need to be further studied on hypertension?

Acknowledgements

None.

Footnote

Conflicts of Interest: The author has no conflicts of interest to declare.

References

1. He CX. Hypertension and sleep apnea. *Asvide* 2016;3:262. Available online: <http://www.asvide.com/articles/1024>

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Cite this article as: He CX, Professor Gian Paolo Rossi: special hypertension patient—why blood pressure at night is higher than that in the daytime? *J Thorac Dis* 2016;8(7):E635-E636. doi: 10.21037/jtd.2016.06.20