Long-term performance of the second-generation cobaltchromium sirolimus-eluting stents in real-world clinical practice: 3-year clinical outcomes from the prospective multicenter FOCUS registry

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Background: The short- and mid-term outcomes of the second-generation cobalt-chromium sirolimuseluting stent (CoCr-SES) in real-world patients had been reported previously, but the long-term performance remained unclear. The objective of this analysis was to evaluate the long-term safety and efficacy of the second-generation CoCr-SES from the FOCUS registry.

Methods: The FOCUS registry (ClinicalTrials.gov Identifier: NCT00868829) enrolled all-comers eligible to receive Firebird-2 CoCr-SES. Follow-up was continued to 3 years to evaluate long-term safety and effectiveness of the second-generation CoCr-SES in real-world practice. Results of the extended-use group and standard-use group are compared to explore performance of CoCr-SES in more severe patients with more complex lesions.

Results: The rate of 3-year MACE was 7.37%, consisting of 84 cases (1.78%) of cardiac death, 166 cases (3.52%) of MI and 98 cases (2.08%) of TVR. ARC definite/probable stent thrombosis happened in 34 (0.72%) patients, only 3 new cases (<0.1%) of very late stent thrombosis was reported in the third year. Meanwhile, the difference of MACE (7.77% *vs.* 6.06%; P=0.058), TLF (4.71% *vs.* 3.49%; P=0.085) and ARC definite/ probable stent thrombosis (0.83% *vs.* 0.37%; P=0.116) between extended-use group and standard-use group showed no significance.

Conclusions: The second-generation CoCr-SES was associated with continued low rates of 3-year MACE, TLF and stent thrombosis in a broad spectrum of patients.

Keywords: Sirolimus-eluting stent (SES); cobalt-chromium; coronary artery disease

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Introduction

Drug-eluting stents (DES), initially designed to inhibit neointimal proliferation, have proved highly effective in reducing the incidence of stent failure and thus been broadly accepted as standard care of coronary artery disease in interventional cardiovascular community (1-3). The first-generation DESs, Cypher sirolimus-eluting stent (SES) and Taxus paclitaxel-eluting stent (PES), have been demonstrated to dramatically reduce the incidence of restenosis and thus significantly abate the

need for target lesion revascularization (TLR) compared with bare metal stents (4-7). However, stent thrombosis have been raised as another challenging issue about the first-generation stents and are widely considered as a significant hazards necessitating longer duration of dual antiplatelet therapy (DAPT) (8-10). These limitations of the first-generation DESs spurred the innovation of stent technology. As a result, the second-generation DESs such as Endeavor zotarolimus-eluting stent (ZES) and Xience V/Promus everolimus-eluting stent (EES) and newer second-generation DESs such as Xience Prime EES and Resolute ZES have been produced. With the stent platform revolution from stainless steel to cobalt chromium or platinum chromium, the second-generation DESs are characterized by thinner stent struts that are supposed to attenuate acute vessel injury and thus alleviate local inflammatory response and therefore decrease the incidence of adverse events related to implanted stents. As the second-generation DESs were widely applied to clinical settings in the past decades, a number of clinical trials and real-world registries have been conducted to evaluate the safety and effectiveness of the second-generation DESs and its superiority to the first-generation DESs, whereas, the results seem controversial (11-18).

The Firebird SES, made by MicroPort medical, Shanghai, China, was a first-generation DES widely used in Asian countries, especially in China. Multiple randomized clinical trials and real-world registries have shown that Firebird SES was able to significantly improve the clinical and angiographic outcomes after stent implantation (19-21). With the evolution of stent techniques, the Firebird-2 cobalt-chromium SES (Firebird-2 CoCr-SES) with the characteristics of reduced strut thickness, enhanced radiopacity, improved deliverability, and higher biocompatibility was produced and permitted for use in clinical settings based on the safe and effective clinical outcomes observed in randomized clinical trials comparing Firebird-2 SES with its bare metal counterpart in patients with relatively simple coronary lesions (22). Therefore, the Firebird-2 cObalt-Chromium alloy sirolimus-elUting Stent registry (FOCUS registry) was initiated to evaluate the safety and efficacy of the Firebird-2 CoCr-SES in real-world patients.

From March 2009 to February 2010, a total of 5,084 consecutive patients were enrolled into the FOCUS registry from 83 participating centers in China, Thailand and Indonesia. The short- and mid-term clinical outcomes had been published previously (23-25). This article is aim at reporting the safety and effectiveness of the Firebird-2

CoCr-SES in relatively unselected population of patients at 3 years and discussing the long-term performance of the second-generation CoCr-SES in real-world clinical practice in Asian countries.

Methods

Study design and objectives

A detailed description of the FOCUS registry has been published previously (23-25). In brief, the FOCUS registry was a large-scale, prospective, single-arm post-market surveillance study involving 83 clinical centers in three Asian countries (China, Thailand, and Indonesia). A total of 5,084 patients eligible to receive the second-generation CoCr-SES were enrolled consecutively from March 2009 to February 2010. The objective of this study was to assess the safety and effectiveness of the Firebird-2 CoCr-SES in real-world patients requiring stent implantation.

The study was conducted in conformity with the ethic guidelines of the Declaration of Helsinki. Prior to study initiation, the registry was approved by the Research Ethics Committee at each participating clinical centers depending on regional requirements. Written informed consents were obtained from all participating subjects or their legal relatives.

Study population and protocol

All patients with single or multi-vessel lesions appropriate to receive Firebird-2 CoCr-SES except those presenting with myocardial infarction (MI) within 72 hours were eligible for enrollment in the FOCUS registry. Thereby, the study population included real-world patients with severe complications and complex lesions who were usually excluded in randomized clinical trials. Enrolled subjects were subdivided into standard-use group and extended-use group. Definition of extended use and standard use was described in previously published literature (24). In brief, the extended-use group was defined as patients with left main lesions, chronic total occlusions, bypass graft lesions, in-stent restenosis, bifurcated or ostial lesions, severe tortuosity, multi-vessel stenting, severe calcification, reference diameter <2.5 mm, lesion length >28 mm, or moderate or severe renal impairment. All other patients were classified as standard-use.

All recruited patients were prescribed with antiplatelet therapy before the procedure of percutaneous coronary intervention (PCI) according to the standard care of

Journal of Thoracic Disease, Vol 8, No 7 July 2016

each center. Procedures and visual estimation of lesion characteristics were performed by experienced senior interventional cardiologists. One or more Firebird-2 CoCr-SES was allowed to be implanted into the target vessels according to the interventional clinicians' discretions and if two or more stents are required during the procedure, Firebird-2 CoCr-SES should be the exclusive option. DAPT with clopidogrel 75 mg and aspirin 100 mg per day was required to last for at least 12 months for all subjects and aspirin was required indefinitely after the end of DAPT. The Follow-up of the study was conducted by telephone interview or hospital visit. Angiographic follow-up was not mandatory in the FOCUS registry protocol.

Study endpoints

The primary endpoints of 3-year follow-up included MACE and TLF. MACE was a composite endpoint of cardiac death, non-fatal MI and TVR. TLF was a composite endpoint of cardiac death, MI related to the target vessels and a clinically indicated TLR. The secondary endpoints included each individual component of the primary endpoints, all-cause death and ARC definite/probable stent thrombosis. The detailed definitions of each endpoint were described elsewhere (23).

Data collection and management

Data of each patient and characteristics of the lesions including the location of the target vessel, the ACC/ AHA defined lesion type, the visually-estimated reference vessel diameter (RVD), lesion length and lesion diameter stenosis were reported to an independent clinical endpoint committee consisting of experienced cardiologists not participating in the study in a web-based manner. All events related to endpoints were adjudicated by an independent clinical endpoints committee to ensure the accuracy of data. Each selected center was randomly monitored to detect and correct any inaccuracy of the recorded data and to check for under-reporting of events. All these measures ensured high quality of the FOCUS registry and enhanced the validity of the data reported in this paper.

Statistical analysis

Baseline data of the patients' demographics, lesion characteristics and safety and efficacy endpoints of all enrolled subjects were summarized and described as descriptive statistics. Continuous variables are presented as mean \pm standard deviation (SD) and Categorical variables as percentage. Independent sample *t*-test was used for comparison of mean values between extended-use group and standard-use group and chi-square test or Fisher's exact test for proportions. The time to MACE event, TLF event and stent thrombosis were analyzed and demonstrated with cumulative incidence curve via Kaplan-Meier method.

Results

Patient's demographics and characteristics

A total of 4,720 (92.8%) of the initially enrolled 5,084 patients were available for 3-year follow-up including 3,630 patients in extended-use group and 1,090 patients in standard-use group. The overall mean age was 63 ± 11 . Among them, 71% were males. The proportions of patients with diabetes mellitus, prior MI, unstable angina, severe renal failure or prior stroke were significantly higher in extended-use group than that in standard-use group. In addition, there were more patients in the extended-use group who had history of prior PCI or CABG. Other detailed information of the patient characteristics was shown in *Table 1*.

Lesion characteristics

A total of 6,940 lesions were treated in the available 4,720 patients. The mean target lesion length was 27.85±16.63 mm and the mean target lesion diameter stenosis was 86%±11%. More lesions in extended-use group belonged to type B2/C and the proportion of complex lesions such as ostial lesion, bifurcation lesion, and total occlusive lesion was significantly higher in extended-use group. In a word, lesions treated in extended-use group were more complex than those treated in standard-use group. Accordingly, the stents required in extended-use group were longer in length and smaller in diameter. Other lesion characteristics are illustrated in *Table 2*.

Overall clinical outcomes

Three-year follow-up data was acquired from 4,720 (92.8%) of 5,084 initially enrolled patients. The incidence of MACE at 3 years was 7.37%, including 1.78% (84 cases) cardiac death, 3.52% (166 cases) non-fatal MI and 2.08% (98 cases) TVR as demonstrated in *Table 3*. According to the dynamic change of each endpoint of the available 4,720 patients at 1, 2, 3 year(s) summarized in *Table 3*, the incidence of adverse

1604

Table 1 Patients' characteristics and demographics for 3-year col	ort
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Variables	Overall (n=4,720)	Extended-use (n=3,630)	Standard-use (n=1,090)	P value
Age	63±11	63±11	61±11	<0.001
Male	3,365 (71%)	2,596 (72%)	769 (71%)	0.537
BMI (kg/mm ²)	24.55±3.06	24.62±3.09	24.30±2.94	0.004
DM	1,078 (22.84%)	895 (24.66%)	183 (16.79%)	<0.001
Hypertension	2,983 (63.20%)	2,317 (63.83%)	666 (61.10%)	0.101
Hypercholesterolemia	1,269 (26.89%)	989 (27.25%)	280 (25.69%)	0.309
Current smoker	1,774 (37.58%)	1,359 (37.44%)	415 (38.07%)	0.704
Family history of CAD	233 (4.94%)	178 (4.90%)	55 (5.05%)	0.849
Prior MI	1,225 (25.95%)	988 (27.22%)	237 (21.74%)	<0.001
Prior PCI	565 (11.97%)	456 (12.56%)	109 (10.00%)	0.022
Prior CABG	44 (0.93%)	40 (1.10%)	4 (0.37%)	0.027
Prior stroke	273 (5.78%)	234 (6.45%)	39 (3.58%)	<0.001
Unstable angina	2,905 (61.55%)	2,277 (62.73%)	628 (57.61)	0.002
Severe renal impairment*	51 (1.08%)	51 (1.40%)	0 (0%)	<0.001
LVEF <30%	42 (0.89%)	34 (0.94%)	8 (0.73%)	0.532
Cardiogenic shock	17 (0.36%)	14 (0.39%)	3 (0.27%)	0.930

*, severe renal impairment was defined as serum creatinine concentration ≥220 mmol/L. Values are presented as mean ± SD or % (n/total). BMI, body mass index; DM, diabetes mellitus; CAD, coronary artery disease; MI, myocardial infarction; PCI, percutaneous coronary intervention; CABG, coronary artery bypass graft; LVEF, left ventricular ejection fraction.

clinical events increased incrementally. The rate of MACE increased from 4.13% at 1 year to 5.93% at 2 years and remained low (7.37%) at 3 years. Meanwhile, the rate of TLF at 1 year (2.56%), 2 years (3.69%) and 3 years (4.43%) increased modestly and remained in a very low rate.

In addition, adverse clinical events are mainly reported at the first year after initial procedure as demonstrated in *Figure 1A*. The rate of MACE and TLF reported in the second year (1.99% and 1.12%) and the third year (1.38% and 0.74%) reduced gradually. Notably, MI and MI related to target vessels are predominantly happened in the first year (2.60% and 1.44%) after stent implantation. Only 24 (0.50%) cases of MI and 5 (0.11%) cases of MI related to target vessel were reported in the second year and the cases reduced even lower to 19 (0.40%) and 3 (<0.10%) in the third year. Other adverse events distributed evenly in the 1st, 2nd, 3rd year but also showed a modestly reduced trend (*Figure 1B*).

A total of 34 (0.72%) cases of ARC definite/probable stent thrombosis were reported up to 3 years, including 8 (0.17%) cases of acute stent thrombosis, 11 (0.23%) cases of subacute stent thrombosis, 7 (0.15%) cases of late stent thrombosis and 8 (0.17%) cases of very late stent thrombosis. The number of very late stent thrombosis reported in the second year and the third year were 5 (0.11%) and 3 (<0.1%) respectively. It means stent thrombosis mainly happened in the first year after stent implantation, thereafter, the incidence of stent thrombosis reduced remarkably to a very low level (*Figure 2*).

Clinical outcomes for standard-use group versus extended-use group

Although the extended-use group included more patients with severe complications and lesions treated in extendeduse group were more complicated compared with standarduse group (shown in *Tables 1,2*), the rates of MACE (7.77% vs. 6.06%, P=0.058) ,TLF (4.71% vs. 3.49%; P=0.085) and ARC definite/probable stent thrombosis (0.83% vs. 0.37%; P=0.116) were not significantly increased in extended-use group, so did the incidence of each individual component of MACE and TLF (shown in *Table 4*). Cumulative incidence of MACE, TLF and ARC definite/probable stent thrombosis up to 3 years were also not significantly different between two groups (shown in *Figures 3-5*).

Journal of Thoracic Disease, Vol 8, No 7 July 2016

Table 2 Lesion characteristics and demographics

Variables	Overall (n=6,940)	Extended-use (n=5,786)	Standard-use (n=1,154)	P value
Target vessel				
LM	203 (2.93%)	203 (3.51%)	0 (0%)	<0.001
LAD	3,203	2,562	641	< 0.001
LCX	1,523	1,359	164	<0.001
RCA	2,001	1,657	344	0.423
SVG	5 (0.07%)	5 (0.09%)	0 (0%)	0.318
Lesion class				
Туре А	1,118 (16.11%)	812 (14.03%)	306 (26.52%)	< 0.001
Туре В1	1,486 (21.42%)	1,127 (19.49%)	359 (31.11%)	<0.001
Туре В2	1,280 (18.44%)	1,063 (18.39%)	217 (18.80%)	0.730
Туре С	3,056 (44.03%)	2,784 (48.12%)	272 (23.57%)	<0.001
Ostial lesion	660 (9.51%)	660 (11.41%)	0 (0%)	<0.001
Bifurcation lesion	1,153 (16.61%)	1,153 (19.93%)	0 (0%)	<0.001
Total occlusive lesion	710 (10.23%)	638 (11.03%)	72 (6.24%)	<0.001
Chronic total occlusion	278 (4.00%)	278 (4.80%)	0 (0%)	<0.001
Lesion treated per patient	1.46±0.70	1.58±0.75	1.06±0.25	<0.001
Lesion length (mm)	27.85±16.63	29.45±17.42	18.25±10.63	<0.001
Lesion diameter stenosis (%)	85.94±10.51	86.08±10.58	85.22±10.14	0.011
Reference diameter (mm)	2.91±0.45	2.85±0.44	3.20±0.37	<0.001
Stents implanted per lesion	1.31±0.57	1.37±0.61	1.02±0.17	<0.001
Stent length (mm)	24.48±7.02	25.01±7.11	21.72±5.84	<0.001
Stent diameter (mm)	2.99±3.34	2.94±3.66	3.24±0.38	0.006

Values are presented as mean ± SD or % (n/total). LM, left main artery; LAD, left anterior descending artery; LCX, left circumflex artery; RCA, right coronary artery; SAG, saphenous vein graft artery.

Discussion

As we know, the second-generation DESs are mainly characterized by the innovation of stent platform and the eluting drugs. Similar to most second-generation DESs, the stent platform of the Firebird-2 stents was made of cobaltchromium, but the eluting drug remains sirolimus instead of its derivatives. Although, lots of international registries aimed at evaluating the safety and effectiveness of the second generation DES like EES or ZES have been conducted to date. However, none of these registries has focused on the Firebird 2 stents that are broadly applied to domestic clinical settings. The existing domestic studies on this topic are either limited to size or confined to less complicated populations. The present study is a comprehensive registry enrolling almost all-comers and thus will more convincing to reflect the real-life clinical practice. Therefore, the superiority of the Firebird-2 CoCr-SES to the first-generation SES and the non-inferiority to other

types of second-generation DESs were two main issues of the FOCUS registry.

According to the 3-year outcomes from REWARDS registry comparing sirolimus- and PESs in an unselected population with coronary artery disease, the rates of MACE (28.1%) and stent thrombosis (2.2%) of first-generation SES were much higher than those of the Firebird-2 CoCr-SES observed in the FOCUS registry (26). This indicated an obvious superiority of the Firebird-2 CoCr-SES to the firstgeneration SES. Meanwhile, the rate of 3-year TLF (4.43%) observed in our FOCUS registry was comparable to those reported in the 3-year outcomes from the multicenter prospective EXCELLENT and RESOLUTE-Korean registries comparing the second-generation everolimuseluting Xience V stents and zotarolimus-eluting resolute stents. The rate of TLF at 3-year follow-up for Resolute ZES and Xience V EES was 6.4% and 6.2% respectively suggesting that Firebird-2 CoCr-SES was not inferior to

1606

Zhang et al. Three-year data from the FOCUS registry

Table 3 Overall clinical outcomes at 1, 2, 3 year(s) for 3-year cohort (n=4,720)

Outcomes	1 year (%)	2 years (%)	3 years (%)
Death	69 (1.46)	122 (2.58)	187 (3.96)
Cardiac death	33 (0.70)	64 (1.36)	84 (1.78)
MI	123 (2.61)	147 (3.11)	166 (3.52)
MI related to target vessel	68 (1.17)	73 (1.55)	76 (1.61)
TVR	39 (0.83)	69 (1.46)	98 (2.08)
TLR	20 (0.42)	37 (0.78)	49 (1.04)
MACE	195 (4.13)	280 (5.93)	348 (7.37)
TLF	121 (2.56)	174 (3.69)	209 (4.43)
ARC defined stent thrombosis	34 (0.72)	72 (1.53)	97 (2.06)
Definite stent thrombosis	13 (0.28)	13 (0.28)	15 (0.31)
Probable stent thrombosis	13 (0.28)	18 (0.38)	19 (0.40)
Possible stent thrombosis	18 (0.38)	33 (0.70)	63 (1.33)
ARC definite/probable stent thrombosis	26 (0.55)	31 (0.66)	34 (0.72)
Acute stent thrombosis	8 (0.17)	8 (0.17)	8 (0.17)
Subacute stent thrombosis	11 (0.23)	11 (0.23)	11 (0.23)
Late stent thrombosis	7 (0.15)	7 (0.15)	7 (0.15)
Very late stent thrombosis		5 (0.11)	8 (0.17)

Values are presented as % (n/total). MI, myocardial infarction; TVR, target vascular revascularization; TLR, target lesion revascularization; MACE, major adverse cardiovascular event; TLF, target lesion failure.

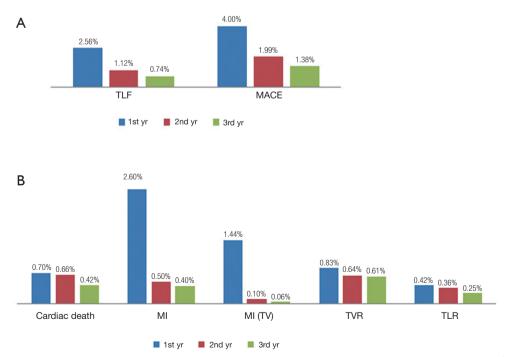
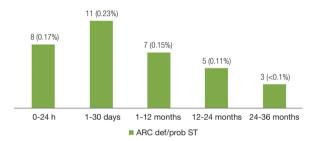


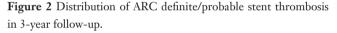
Figure 1 Distribution of adverse clinical events in 3-year follow-up. (A) The primary endpoint happened in 1st, 2nd, 3rd year; (B) the individual components of the primary endpoint happened in 1st, 2nd, 3rd year. MI (TV), MI related to target vessels.

Journal of Thoracic Disease, Vol 8, No 7 July 2016

other types of second-generation DES (27).

Additionally, the FOCUS registry showed a very low rate of ARC definite/probable stent thrombosis at 2 and 3 years, comparable to 2-year follow-up results in E-FIVE registry evaluating the performance of the Endeavor ZES and 3-year follow-up in EXCELLENT and RESOLUTE registry (28). Overall, The incidence of very late stent thrombosis in the present report at 2 and 3 years (0.11% and 0.17% respectively) was similar with that reported in previously published literatures (27,28). More specifically, 3-year clinical outcomes from the multicenter prospective





EXCELLENT and RESOLUTE registries demonstrated 4 cases of very late stent thrombosis in total 5,054 patients including 3 cases in EES subgroup (n=3,056) and 1 case in ZES subgroup (n=1,998) (27). Similarly, only 3 (<0.1%) new cases of very late stent thrombosis were reported in the third year of the FOCUS study.

In conclusion, this report presents the detailed 3-year follow-up data from the large prospective registry of Firebird-2 CoCr-SES in real-world clinical practice. The clinical outcomes in 3 consecutive years and the distribution of each endpoint in very separate year were summarized to provide a vivid insight into the dynamic changes of each endpoint of safety and efficacy in 3 years. In accordance with the results at 12-month and 2-year follow-up, the 3-year data were promising for the Firebird-2 CoCr-SES despite the high proportion of enrolled patients with highrisk factors and complicated lesions who were usually not included in the randomized clinical trials. Notably, the results from the FOCUS registry are similar to those previously published from other multicenter prospective registries, therefore, can be taken as a potent evidence to support the safety and effectiveness of the Firebird-2 CoCr-SES in real-world patients.

Table 4 Three-year clinical outcomes for extended- versus standard-use group

Outcomes	Extended-use (n=3,630) (%)	Standard-use (n=1,090) (%)	P value	
Death	139 (3.83)	48 (4.4)	0.394	
Cardiac death	66 (1.82)	18 (1.65)	0.715	
MI	138 (3.80)	28 (2.56)	0.053	
MI related to target vessel	63 (1.74)	13 (1.19)	0.212	
TVR	78 (2.15)	20 (1.83)	0.524	
TLR	42 (1.16)	7 (0.64)	0.141	
MACE	282 (7.77)	66 (6.06)	0.058	
TLF	171 (4.71)	38 (3.49)	0.085	
ARC defined stent thrombosis	78 (2.15)	19 (1.74)	0.408	
Definite stent thrombosis	13 (0.32)	2 (0.18)	0.554	
Probable stent thrombosis	17 (0.47)	2 (0.18)	0.303	
Possible stent thrombosis	48 (1.32)	15 (1.38)	0.892	
ARC definite/probable stent thrombosis	30 (0.83)	4 (0.37)	0.116	
Acute stent thrombosis	8 (0.22)	0 (0)	0.258	
Subacute stent thrombosis	11 (0.30)	0 (0)	0.144	
Late stent thrombosis	5 (0.14)	2 (0.18)	1.000	
Very late stent thrombosis	6 (0.17)	2 (0.18)	1.000	

Values are presented as % (n/total). MI, myocardial infarction; TVR, target vascular revascularization; TLR, target lesion revascularization; MACE, major adverse cardiovascular event; TLF, target lesion failure.

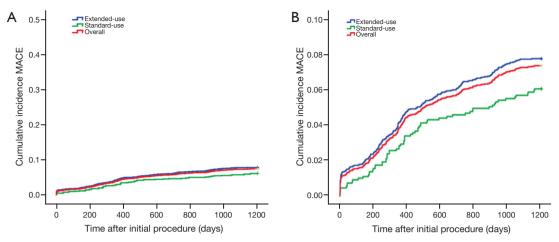


Figure 3 Cumulative incidence of MACE in 3-year follow-up (extended-use vs. standard-use: log-rank P=0.056).

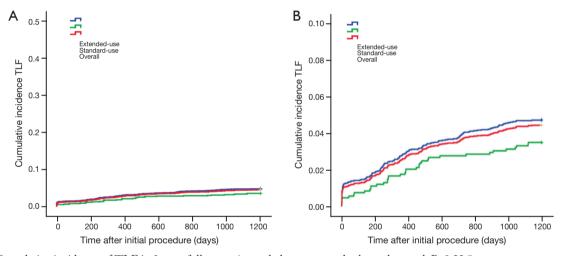


Figure 4 Cumulative incidence of TLF in 3-year follow-up (extended-use vs. standard-use: log-rank P=0.226).

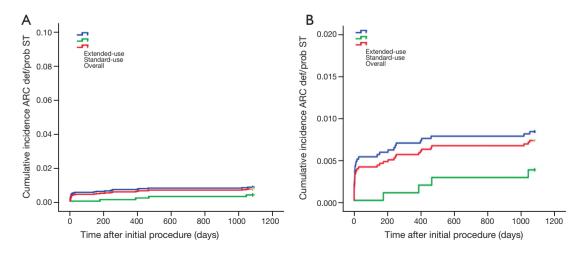


Figure 5 Cumulative incidence of ARC definite/probable ST in 3-year follow-up (extended-use vs. standard-use: log-rank P=0.115).

1608

Limitation

The present study has several limitations. First, the fact that 7.2% [364] of the initially enrolled patients had been lost at 3-year follow-up should be acknowledged as a main factor affecting the results of the 3-year analysis of the safety endpoints. Second, acute MI within 72 hours was excluded in our FOCUS study, which may be the reason for a better clinical outcome observed in our study. Third, intrinsic limitation of nonrandomized study should be considered when interpreting the results of the study. Last, intravascular imaging technologies like intravascular ultrasound and optical coherence tomography are of great importance for optimizing the stenting strategy, however, patients' information about the intravascular imaging was not completely documented in the present study. This may partially influence the overall evaluation of the performance of the CoCr-SES.

Conclusions

Extended 3-year follow-up of this large cohort of patients from the FOCUS registry further confirmed the long-term safety and effectiveness of the second-generation CoCr-SES in daily clinical practice.

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Footnote

Conflicts of Interest: The authors have no conflicts of interest to declare.

Ethical Statement: The registry was approved by the Research Ethics Committee at each participating clinical centers depending on regional requirements. Written informed consents were obtained from all participating subjects or their legal relatives.

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Zhang et al. Three-year data from the FOCUS registry

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