

Prophylaxis and treatment of venous thromboembolism in cancer patients: a systemic review and critical appraisal of clinical practice guidelines

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Abstract: Venous thromboembolism (VTE) is the second leading cause of death in patients with cancer and many organizations have published guidelines to help clinicians in prophylaxis and treatment with VTE in cancer patients. However, the quality of different guidelines remains unclear. In this study, we aimed to explore score and provide a whole picture of the current guidelines. Clinical guidelines and consensus statements in English to July 2017 were searched using MEDLINE via PubMed, EMBASE and some websites of guideline organizations. The guidelines containing recommendations on the prophylaxis and treatment with VTE in cancer patients were included. Three reviewers appraised the quality of the included guidelines by using Appraisal of Guidelines for Research and Evaluation (AGREE II) instrument. Six domains with 23 items were appraised and standardized averages were calculated as the final scores in every domain. Of 2,335 citations identified, 13 guidelines were included in this study. Associazione Italiana di Oncologia Medica (AIOM), British Committee for Standards in Haematology (BCSH) and French national guideline were regard as "recommended for use with some modification" while the others were "strongly recommended for use in practice". Most included guidelines scored high in domain 1 (scope and purpose) and domain 2 (stakeholder involvement), but scored poorly in domain 5 (applicability). The recommendations were consistent in general among the included guidelines. Low molecular weight heparin (LMWH) was the major choice for the prophylaxis and treatment but the duration for the long-term treatment for VTE was controversy and the guidelines with high quality tended to recommend 3 months. Apart from the BCSH guidelines, direct acting oral anticoagulants (DOACs) were not recommended on prophylaxis or treatment. The guidelines on VTE in cancer patients were of relative high quality. More effort is needed to decrease the gap between the practice and guideline. DOACs seem to be potential candidate when clinicians are reluctant to use LMWH, but more researches must be performed.

Keywords: Venous thromboembolism (VTE); cancer; guidelines; quality appraisal

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Introduction

Venous thromboembolism (VTE), including deep vein thrombosis (DVT) and pulmonary embolism (PE), is the second leading cause of death in patients with cancer (1). As a major risk factor, patients with cancer have a higher incidence of recurrent VTE and bleeding events from anticoagulation than those without cancer (3-fold and 2.5- to 6-fold, respectively) (2,3). Surgical and medical treatment, catheters, chemo-radiotherapy and infection, all contribute to the thrombosis risk in cancer patients, not merely the malignancy itself (4). Moreover, the development of VTE might lead to a worse survival (5). Though the high incidence rate and negative impact are notorious, VTE is still underestimate by most oncological clinicians.

The increasing number of cancer patients and its negative effect of VTE have challenged the individuals, families and society for the burden of disease and the cost related to the treatment (6). Over the past decade, several national and international organizations have published clinical practice guidelines (CPGs) providing recommendations on the diagnosis and management of VTE in cancer patients to assist clinicians to make appropriate decisions (7). Considering the use of guidelines is crucial to clinical practice, such guidelines as well as the recommendations must be evidence-based to be reliable. However, quality varies among different guidelines and clinicians might confuse the difference in these recommendations. Therefore, it is necessary to assess the methodological quality of these clinical guidelines. Appraisal of Guidelines for Research and Evaluation (AGREE II) instrument was developed by Brouwers et al. and has been widely used in critical appraisal of guidelines (8).

To the best of our knowledge, there was no research published on this issue using AGREE II instrument. In this study, we aimed to access the quality of the existing guidelines related to VTE in cancer patients and to provide a whole picture of the current guideline status.

Methods

Cochrane methodology was applied for systematic reviews in this study (8). Our study included searching for guidelines, applying selection criteria, assessing guideline quality, and collecting relevant content. We defined clinical guidelines as statements that include recommendations intended to optimize patient care according to the definition of guidelines in the Institute of Medicine (IOM) (9).

Search strategies

We conducted a systematic search to search the relevant guidelines on the management of VTE in cancer patients. Information sources included MEDLINE via PubMed and EMBASE. We also obtained additional guidelines by searching the guideline databases and other relevant websites. Major research terms included: guideline, guide, guidance, consensus, recommendation, criteria, statement, VTE and neoplasms (*Table S1*).

Study selection

The inclusion criteria were developed to select guidelines in our study: (I) the target population included VTE in cancer patients; (II) the guidelines focused on the diagnosis and treatment; (III) the full text available online; (IV) the guidelines in English only. The exclusion criteria were as follow: (I) obsolete guidelines while the new ones updated from the same organization; (II) comprehensive guideline and the study topic only mentioned.

Appraisal of guidelines

We utilized AGREE II instrument and evaluated the selected guidelines. AGREE II consists of 23 items to evaluate six domains of guideline quality, including scope and purpose, stakeholder involvement, rigor of development, clarity of presentation, applicability and editorial independence (10) (details in Table S2). Two appraisers (Qinchang Chen, Qingui Chen) rated each item from one (strongly disagree) to seven (strongly agree) to evaluate an individual domain. When the guidelines reached more criteria or provided greater consideration, the scores increased. In rating process, the reviewers were blinded to each other. After that, if the score for each item in a guideline differed by more than one point, both reviewers explained the reason for the scope and a third reviewer (Huang Kai) would be asked to review the guideline and decide the scope. One reviewer added up all the scores in one domain and calculated each domain score as followed: (obtained score - minimum possible/maximum possible score - minimum possible score)×100%. A guideline was defined as "strongly recommended for use in practice" if four or more than four domains scored over 60%. When most domains scored between 30-60%, a guideline was "recommended for use with some modification". A guideline was "not recommended

for use in practice" if most of the domains were below 30%.

Data collection and recommendations synthesis

A draft data extraction form was developed to collect the document characteristics, including year of publication, country/region, development team, funding organization, recommendations related to the prophylaxis and the treatment for the VTE in cancer patients (Figure S1). Three appraisers abstracted recommendations from selected guidelines on the prevention and treatment of the cancer patients receiving surgical treatment, chemotherapy or central catheter insertion. The use of direct acting oral anticoagulants (DOACs) and the relationship between anticoagulant and cancer survival were also recorded. Among the selected guidelines, we compared the recommendations to identify similarities and difference. The information on prevention and treatment of VTE in cancer patients was only tabulated in Tables 1,2.

Results

Search results

A total of 2,335 citations were identified and 2,224 citations were excluded after the review of the titles and abstracts using the general criteria (Figure 1). The full-text review was performed in the remaining 111 citations, among which 98 citations were excluded; 71 citations were not CPGs or consensus statements and 24 were replaced by the updated version while the remaining 4 were due to duplicated publication of the guidelines included. Ultimately, 13 guidelines from 12 national organizations or international working groups were included in this study (11-23). Eight national organizations from Italy (11,23), United States (12,19), United Kingdom (13), Canada (14,15), France (17), Poland (20), Saudi (21), Spain (22) and two regional or international groups (16,18) published these guidelines from 2006 to 2015. All the guidelines included targeted the population of VTE in cancer patients and undertook the process of systematic review. Apart from two guidelines that only included the prophylaxis of VTE (20,23) and two that only included the treatment (17,19), the remaining eight guidelines covered the area of prophylaxis and treatment (11-16,18,22). Two groups reported funding by pharmaceutical company, one by a government institution; the others did not report the funding resource.

Guideline appraisal

The final scores of six domains for every guideline were shown as a percentage in *Figure 2*. The higher domain score meant the better quality and located the outer perimeter (close to 100%) while the lower domain scores were close to the center (close to 0%). From *Figure 2*, the American Society of Clinical Oncology (ASCO) guideline, Canada consensus statement and International Society on Thrombosis and Haemostasis (ISTH) guideline had the highest scores in most domains (13,15,16,19). From the threshold of 60% in four or more than four domains to determine the high quality of guideline, AIOM, BCSH and French national guideline were regard as "recommended for use with some modification" while the others were "strongly recommended for use in practice" (12,14,18). There was no guideline defined as "not recommended for use in practice".

Most guidelines included scored high in domain 1 (scope and purpose) and domain 2 (stakeholder involvement), but scored poorly in domain 5 (applicability). The facilitators and barriers to the application were rarely described in the guidelines included. Most of the guidelines just come up with the recommendations after evidence-based systemic review and did not provide advice or tools to promote the recommendations to be put into practice. Domain 3 (rigor of development) is another area with relatively poor score. Only three guidelines (12,13,20) provided information about guideline update while little statement was found in the remaining documents. Even some of the guidelines included were out of date, which were published for more than 10 years.

Approaches to prophylaxis recommendations

Ten guidance documents covered prophylaxis of VTE in cancer patients. The key recommendations were shown in *Table 2*. The key areas addressed included the prophylaxis recommendations in outpatients and inpatients, the prophylaxis after receiving surgical treatment, chemotherapy and central catheter insertion. The use of DOACs and the anticoagulation to improve overall survival were also discussed in the guidelines.

For most recommendations in the addressed area, the guidelines included differed somewhat. Routine prophylaxis was recommended for surgical treatment and not recommended for the common chemotherapy, which were the same among the guidelines. Low molecular weight heparin (LMWH) and fondaparinux was recommended

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Table 1 (continued)

Table 1 Characteristics of included guidelines

Developer Year Country	Funding source	Target population	Target users	Target users Guideline writer	Guideline review	Guideline update	Method support	Evidence base
Regional or international								
ESMO 2011 Italy, UK	SZ SZ	VTE patients with cancer	VTE patients Oncologists with cancer	Methodologist, multidisciplinary internists, hematologist	S Z	SO Z	SN	Systematic literature review
2013 France, Netherland, Italy, Saudi, UK, USA, Greece, Germen, Australia, Spain	Government laly, SA, nen, ain	VTE patients with cancer	SZ	Methodologist, biologist; multidisciplinary internists, hematologist	Expert peer review	Ø Z	GRADE working group	Systematic literature review

AIOM, Associazione Italiana di Oncologia Medica; ASCO, American Society of Clinical Oncology; BCSH, British Committee for Standards in Haematology; ESMO, European Society for Medical Oncology; ISTH, International Society on Thrombosis and Haemostasis; NCCN, National Comprehensive Cancer Center Network; SEOM, Spanish Society of Medical Oncology; SISET, Italian Society of Haemostasis and Thrombosis; NS, not stated; VTE, venous thromboembolism in three guidelines for the routine prophylaxis (16,18,23). When receiving abdominal or pelvic surgery, most of the guidelines tended to extend the prophylaxis to 4 weeks. When receiving thalidomide and lenalidomide in the chemotherapy, aspirin was recommended in five guidelines as well as LMWH (12,16,20,22,23). Routine prophylaxis was not recommended for the central catheter in most guidelines but Saudi CPG recommended the parenteral anticoagulation. Outpatient routine prophylaxis was only advocated for the patients with high risk in three guidelines while two did not recommend that in any case (21,22). No guidelines recommended DOACs for prophylaxis and the use of anticoagulation to improve the overall survival in the absence of anticoagulated indicators.

Approaches to treatment recommendations

Ten guidelines provided the recommendations on the treatment for VTE in cancer patients (*Table 3*). LMWH was still the major choice for the treatment. For long-term treatment of established VTE, there was still controversy about the duration. Four guidelines included (12,13,16,23) were 6 months while five guidelines (11,14,17-19) were 3 months. The higher quality guidelines tended to recommend 3 months. Most of guidelines recommended increasing the international normalized ratio (INR) to the target or switching to the full-dose LMWH. Most of the documents did not recommend the use of DOACs but BCSH guideline recommended that when LMWH impractical. The use of inferior vena cava (IVC) filter was considered in the existence of contraindications or recurrent VTE.

Discussion

CPGs are widely used in the clinical practice and social health (9,24). The quality of different guidelines varies, and it is commonly believed that making great use of the high quality of the guidelines can improve patient outcome (24). AGREE II instrument has become an accepted standard in the guidelines development and appraisal (10). In this study, we provided an over-view of various guidelines about VTE in cancer patients by the process of systemic review and reported the results of the quality appraisal among the guidelines included. The higher quality helped the clinician to apply more effective recommendations to the patients easily and more patients would benefit from the guidelines with high-quality. Moreover, we also hoped to provide the

Table 1 (continued)

Table 2 Summary of recommendations for prophylaxis in VTE patients with cancer

Criteria/categories	AIOM	ASCO	BCSH	Canada	ESMO	ISTH	Polish	Saudi	SEOM	SISET
Outpatient routine prophylaxis	I	For high risk	For high risk For high risk Not	Not	ı	ı	I	Not	Not	l
Inpatient routine prophylaxis	LMWH	ГММН	I	LMWH	LMWH, fondaparinux	LMWH, fondaparinux	ГММН	I	LMWH LMWH, fondapa	LMWH, fondaparinux
Surgery										
Routine prophylaxis	LMWH, UFH	LMWH, UFH LMWH, UFH	ı	LМWН, UFH	LMWH, UFH LMWH, UFH LMWH, UFH LMWH, UFH	LМWН, UFH	LMWH, UFH	ı	LMWH	LMWH LMWH, UFH
Duration for abdominal 28-35 days 4 weeks or pelvic surgery	28–35 days	4 weeks	I	4 weeks	30 days	4 weeks	4 weeks	I	4 weeks 4 weeks	4 weeks
Chemotherapy										
Routine prophylaxis	Not	Not	Not	ı	Not	Not	Not	ı	Not	Not
Thalidomide, Ienalidomide	1	LMWH, aspirin	I	I	LMWH, aspirin LMWH	ГММН	LMWH, aspirin	I	LMWH, aspirin	LMWH, aspirin, warfarin
Central catheter										
Routine prophylaxis	Not	I	Not	Not	Not	I	Not	Parenteral anticoagulation	Not	Not
DOACs for prophylaxis Not	Not	Not	Not	Not	ı	Not	ı	Not	Not	I
Prophylaxis for cancer survival	I	Not	Not	Not	Not	I	I	I	Not	ı

the Italian Society for Haemostasis and Thrombosis; Not, not recommended; LMWH, low molecular weight heparin; UFH, unfractionated heparin; DOACs, direct oral the European Society for Medical Oncology; ISTH, International Society on Thrombosis and Haemostasis; SEOM, the Spanish Society of Medical Oncology; SISET, AIOM, the Italian Association of Medical Oncology; ASCO, the American Society of Clinical Oncology; BCSH, the British Committee for standards in Haematology; ESMO, anticoagulants; VTE, venous thromboembolism.

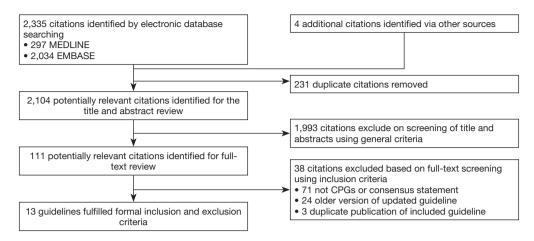


Figure 1 Flow diagram of the identification process for CPGs and consensus statements on VTE in cancer patients. CPGs, clinical practice guidelines; VTE, venous thromboembolism.

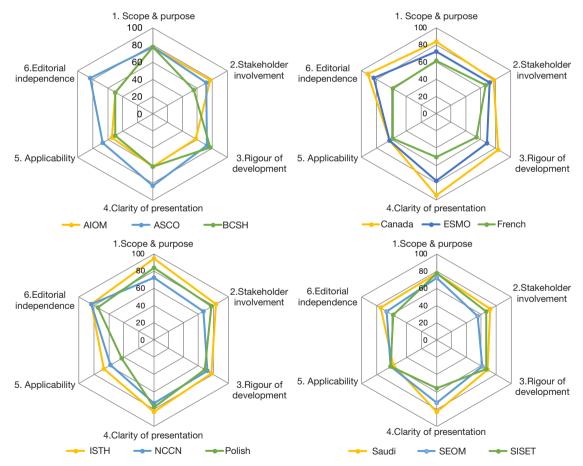


Figure 2 Final domain scores. AGREE II domain scores are plotted for each guideline for comparison. Higher scores are plotted closer to 100%. AIOM, Associazione Italiana di Oncologia Medica; ASCO, American Society of Clinical Oncology; BCSH, British Committee for Standards in Haematology; ESMO, European Society for Medical Oncology; ISTH, International Society on Thrombosis and Haemostasis; NCCN, National Comprehensive Cancer Center Network; SEOM, Spanish Society of Medical Oncology; SISET, Italian Society of Haemostasis and Thrombosis.

Table 3 Summary of recommendations for treatment in VTE patients with cancer

Criteria/	Guideline organization/society	ation/society								
categories	AIOM	ASCO	BSCH	Canada	ESMO	France	ISTH	NCCN	Saudi SEOM	
VTE treatment	nt									
Initial treatment	ГММН	LMWH; 5-10 days	I	ГММН	LMWH, UFH	LMWH, UFH; 10 days	LMWH, UFH	LMWH, UFH	LMWH LMWH; 5-10 days	0
Long-term LMWH; treatment 3-6 mor	LMWH; 3–6 months	LMWH; 6 months	LMWH; 6 months	3 months	LMWH; 6 months	LMWH; 3 months	LMWH; 3 months	3 months	LMWH LMWH; 6 months	
Recurrence	Recurrence Increase to target VTE INR or switch to full-dose LMWH	1	1	Extend therapy to 3 months	Increase to target – INR or switch to full-dose LMWH	ı	Switch to LMWH or increase LMWH dose	Increase to target INR or switch to full-dose LMWH	1	
Use of DOACs	I	Not	LWWH; impractical	Not	Not	I	Not	I	Not	
Use of IVC filters	Contraindications or recurrent PE	Contraindications Contraindications Strong or recurrent PE or recurrent VTE contrain	Strong contraindication	Not	Contraindications or recurrent PE	Contraindications Contraindications recurrent or recurrent PE or recurrent VTE PE	recurrent PE	I	 Contraindications or recurrent PE 	lications nt PE
Incidental VTE	ı	Same as symptomatic	Same as symptomatic	Same as symptomatic	ı	I	I	I	1	

the European Society for Medical Oncology; ISTH, International Society on Thrombosis and Haemostasis; NCCN, the National Comprehensive Cancer Network; SEOM, the AIOM, the Italian Association of Medical Oncology; ASCO, the American Society of Clinical Oncology; BCSH, the British Committee for standards in Haematology; ESMO, Spanish Society of Medical Oncology; LMWH, low molecular weight heparin; UFH, unfractionated heparin; VKA, vitamin K antagonists; DOAC, direct oral anticoagulant. IVC, inferior vena cava, INR, international normalized ratio; VTE, venous thromboembolism. possible direction to bridge the gap between the guidelines and clinical application.

To the best of our knowledge, this is the first attempt to synthesize and appraise guidelines on the prophylaxis and treatment for the VTE in cancer patients. There were totally 13 guidelines from 12 institutions, which included America, Canada, Italy, Poland, Saudi and so on. According to the GRADE II instrument, of the guidelines included, all were considered "recommendation"; only three guidelines were considered "recommended for use with some modifications" and the remaining guidelines were "strongly recommended for use in practice", which meant the general quality of the guidelines included was relatively high. However, we also found that the final scores were low at two domains ("rigor of development" and "applicability"), especially in the items including "a procedure for updating the guideline is provided", "the guideline describes facilitators and barriers to its application" and "the guideline provides advice and/or tools on how the recommendation can be put into practice". For the 13 guidelines included, update information was only mentioned in three guidelines. The date of publication of five guidelines was more than 5 years old and one was more than 10 years old, which mean that the recent clinical trials with breakthrough in recent years were not included in the document and some guidelines were out of date. Moreover, most guidelines just come up with the recommendations, without the analysis toward the application, such as the cost, life quality and so on. Therefore, the application gap should be bridged in the next generation of guideline.

LMWH was recommended by all the guidelines included as the standard for the prophylaxis and treatment of cancer-associated thrombosis, especially in the longterm treatment of VTE. As shown in Table 3, five guidelines defined the duration as a minimum of 3 months and four defined as 6 months. We observed that the guidelines scored higher tended to recommended 3 months, such as National Comprehensive Cancer Center Network (NCCN), ISTH and Canada consensus statement (14,15,18,19). As a result, 3 months might be the better choice under the result of guideline appraisal. Even though the safety and effectiveness of LMWH have been proved by clinical trials, both clinicians and patients remain reluctant to the established clinical guidelines and only 50% of the patients adhere to use LMWH (25). There are many factors for non-adherence to guidelines. For the long-term treatment, the daily injection will last for at least 3 months, even up to 6 months, which brings a heavy physical and mental burden

due to the long-term daily subcutaneous injections (26). Safety concern related to specific condition of cancer patients can also influence the attitude toward the use of LMWH. After receiving the chemotherapy or suffering the hematologic malignancy, the concern about the emergence of thrombocytopenia leads to the positive influence for non-adherence to guidelines (27). The high cost and the life quality are also the important reasons. However, the gap between the guidelines and practice was overlooked by the developers of the guidelines, which results in the low score in the domain 5 (applicability). Indeed, it was not just for scoring high when we appraised the guidelines, but to raise the quality of guidelines effectively to decrease the gap between guidelines and practice because the negative effect of VTE has been overlooked. Thrombosis has been demonstrated to promote the growing, recurrence and metastasis of cancer. The prophylaxis and treatment of VTE have potential benefit for the cancer patients (28). As a result, it is of great importance to seek for an alternative for those clinicians and patients who are reluctant to LMWH.

DOACs including rivaroxaban, apixaban, dabigatran and edoxaban, might be the potential candidate when LMWH is impractical. DOACs not only reduce the cutaneous injection but also have fewer effects on platelet count compared to LMWH. According to the ACCP guidelines, DOAC was priority recommended for the VTE patients without cancer. However, for cancer patients only BCSH guidelines recommend DOACs when LMWH is impractical, due to lack of data for cancer-specific populations (14). However, recent researches have shown that DOACs seem to be as effective and safe as conventional treatment for the prevention of VTE in patients with cancer. Prins et al. observed rivaroxaban group had no statistically difference at the VTE recurrence rate and lower major bleeding rate when compared with LMWH/VKA group (29). The same result was also observed in a meta-analysis including 10 RCTs with 1,132 patients (30). For central catheterrelated thrombosis, DOACs were proved to decrease the risk of VTE and to be effective for prophylaxis (31). As a result, DOACs can be considered as an alternative in the patients with active cancer and VTE though more clinical trials are needed.

There were several limitations in our study. First, our assessment was based on the publicly available information from report of guideline organizations. The process of guidelines development might not be reported by the guideline developer, which might include some items in AGREE II criteria and biased the findings. Second, our

study only included the CPGs written by English, and those written by other languages might be missed. Finally, the AGREE II instrument only evaluated different items but not the valid content of the recommendations. The quality of the evidence is not assessed. The guidelines might score high due to the use of graded evidence and systematic review, but still make recommendations based on the low-quality evidence. As a result, the actual recommendations only had the strong relationship with evidence used to make them.

Conclusions

The guidelines on VTE in cancer patients were of relatively high quality. More effort is needed to decrease the gap between the practice and guideline. DOACs seem to be potential candidate when clinicians are reluctant to use LMWH, but more researches must be performed.

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Footnote

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Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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Supplementary

Table S1 Search strategies

	earch strategies
Database	Search strategies
Medline	1. "guideline"[Publication Type]
	2. "guidelines as topic" [MeSH Terms]
	3. "guideline"[All Fields]
	4. 1 OR 2 OR 3
	5. "Venous Thromboembolism"[Mesh]
	6. Thromboembolism, Venous
	7. 5 OR 6
	8. "Neoplasms"[Mesh]
	9. Neoplasia
	10. Neoplasias
	11. Neoplasm
	12. Tumors
	13. Tumor
	14. Benign Neoplasms
	15. Neoplasms, Benign
	16. Benign Neoplasm
	17. Neoplasm, Benign
	18. Malignancy
	19. Malignancies
	20. Cancer
	21. Cancers
	22. 8 OR 9 OR 10 OR 11 OR 12 OR 13 OR 14 OR 15 OR 16 OR 17 OR 18 OR 19 OR 20 OR 21
	23. 4 AND 7 AND 22
EMBASE	1. Thromboembolism/or Vein Thrombosis/
	2. (((venous or vein) adj (thrombosis or thrombus or thromboembolism)) or (dvt or vte) or ((pulmonary 424 or lung) adj (embolism or emboli))). ti,ab.
	3. or/1-2
	4. carcinoma/
	5. malig\$.tw.
	6. neoplas\$.tw.
	7. oncol\$.tw.
	8. tumo?r\$.tw.
	9. neoplasm/
	10. or/4-9
	11. exp practice guideline/
	12. guideline\$.tw.
	13. consensus.tw.
	14. position statement\$.tw.
	15. exp health care policy/ or exp policy/
	16. recommendation\$.tw.
	17. or/11-16
	18. 3 and 10 and 17

Table S2 Structure and content of the AGREE II instrument (8)

Domains	Content	No. of items
Scope and purpose	Addresses the overall aim of the guideline, the specific clinical questions and targets patient population	3
Stakeholder involvement	Addresses the extent to which the guideline represents the views of its intended users (relevant professional groups, patients, target users defined, piloting among target users)	3
Rigor of development	Addresses the process used to collect and synthesize the evidence, the methods to formulate the recommendations, process for updating the guidelines, external review	8
Clarity and presentation	Addresses the language and format of the guideline (recommendations are specific and unambiguous, different options for management are presented, key recommendations are identifiable, tools for application are available)	3
Applicability	Addresses the likely organizational, behavioral, and cost implications of applying the guideline, key criteria for monitoring and/or audit purposes	4
Editorial independence	Addresses the independence of the recommendations and acknowledgement of possible conflict of interest from the guideline development group	2

AGREE, Appraisal of Guidelines for Research and Evaluation.

Item	Entry
Guideline ID	
Organization/society	
Name of guideline or consensus statement	
Year of publication	
Funding source	
Country	
Target population	
Definition of VTE patients with cancer	
Target users	
Guideline writers	
Guideline review	
Guideline update	
Methods support	
Evidence base	
Level of evidence	
Grade recommendations	
Recommendations 1	
Recommendations 2	
Recommendations 3	
Recommendations 4	
Recommendations 5	
Recommendations 6	
Recommendations 7	
Recommendations 8	
Recommendations 9	
Recommendations 10	

Figure S1 Data extraction template. VTE, venous thromboembolism.