



# When something goes wrong: B cell responses to hepatitis C virus

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Understanding humoral responses to hepatitis C virus (HCV) has proven extremely difficult and B cells have generally been neglected because they do not seem to significantly influence the course and outcome of HCV infection. Despite almost all infected patients are positive for virus-specific antibodies, approximately 80% of these individuals develop chronic and often progressive disease, whose major long-term complications are cirrhosis, end-stage liver disease, and hepatocellular carcinoma (1,2). Mixed cryoglobulinemia (MC) and B cell non-Hodgkin lymphoma (B-NHL) may also occur and often dominate the clinical picture of chronic HCV infection (3). It is then assumed that B cells are basically inefficient in resolving HCV infection while they are responsible for its lymphoproliferative complications.

MC is a chronic immune complex mediated vasculitis with underlying B cell clonal proliferation that occurs in 10–15% of HCV-infected patients (3). MC immune complexes, which contain monoclonal IgM rheumatoid factor (RF), polyclonal IgG, and viral RNA, deposit in small-to-medium vessel walls causing an inflammatory reaction that can lead to skin lesions, peripheral neuropathy, and renal damage (3,4). IgM RF isolated from unrelated individuals typically display cross-reactive idiotypes, suggesting a high grade of conservation of their germline genes (4). Polyclonal IgG are directed to HCV antigens, binding predominantly core protein (3,4). B-NHL may develop in HCV-infected individuals with or without a history of MC (5) and may include three principal histologic types: lymphoplasmacytic, marginal zone, and diffuse large B cell lymphoma (6). The overall prevalence of HCV infection in patients with B-NHL is roughly 15%,

higher than that reported in the general population and in patients with other hematologic malignancies (7). In our own experience, the rate of B-NHL was 1% in HCV-infected patients with and 6.2% in those without MC ( $P=0.003$ ), after a 10-year follow-up (3). Successful antiviral therapy may not only prevent lymphoma development (8) but also result in its complete regression (5), thus strengthening the etiological link between HCV and lymphoproliferative disorders.

HCV-associated B cell proliferation most likely represents a continuum from the relatively benign clonal B cell expansion of MC to overt NHL. Clonal B cells are predominantly IgM RF-bearing cells with a stereotyped B cell receptor (BCR) commonly encoded by rearranged VH1-69 and V $\kappa$ 3-20 variable region genes (9-14) in both MC and B-NHL, supporting the hypothesis that B cell clones are selected by a limited number of antigens. Unfortunately, these antigens have not been identified so far and the mechanisms by which HCV drives abnormal B cell expansion remain puzzling. A direct transforming role of the virus appears unlikely, considering that B cells are not direct targets for productive virus replication and that viral RNA sequences cannot be integrated in the host genome. Indeed, B cells do not express the full set of known factors that are essential for HCV entry into hepatocytes (15-17) and neither cell culture-produced genotype 2a HCV, nor pseudoparticles containing functional E1/E2 HCV envelope glycoprotein complexes of different genotypes, can infect primary B cells or B cell lines (17,18). Moreover, level of HCV RNA associated with lymphocytes from patients' blood samples is very small and far below one copy per cell (19-22), demonstrating that replication is inefficient in human lymphocytes. Activation of B cells via engagement of CD81

by HCV E2 protein has also been proposed (23), but it is in conflict with the observation that activated B cells in MC are not polyclonal (9-14) and that complete circulating lipoviral particles are not able to stimulate the activation described *in vitro* with high concentrations of recombinant E2 (16).

Tucci *et al.* (24) provide insight into the BCR gene repertoire and clonality of B cells in HCV-infected patients without MC. They found increased frequency of class-switched memory B cells and decreased frequency of transitional and naïve B cells in these patients compared to healthy subjects. By performing high throughput sequencing of Ig heavy chain (IGHV) VDJ rearrangements, the authors reveal a preferred usage of some IGHV genes, such as IGHV1-69 and IGHV4-59, in IgM<sup>+</sup>CD27<sup>+</sup> non-class-switched memory B cells. Within this B cell compartment, they also found large expanded clones, many of whom displayed intra-clonal diversity. This characteristic is indeed an indicator of antibody diversification and affinity maturation occurred in germinal centers, where proliferating B cell clones undergo somatic hypermutation.

The findings add a new piece of information to B cell biology during HCV infection. They are reminiscent of those observed by our group in subjects who had spontaneously resolved an HCV infection (25,26). Few months after viral clearance, CD27<sup>+</sup> memory B cells from these subjects showed a preferential occurrence of specific VDJ elements, thus suggesting that B cell clones that were possibly implicated in the virus eradication were also those prone to aberrant proliferation. It is also interesting to note that in a small fraction of patients, clinical and immunological features of MC vasculitis persist in spite of direct-acting antiviral-induced HCV clearance. Lack of removal of RF from serum after HCV eradication has been found to be associated with a delay in the restoration of normal B cell subset representation, but the precise mechanisms underlying these virus-cleared vasculitides remains to be elucidated (27). Work is ongoing to test viral and self-antigens, along with host genetic factors, in experimental systems mimicking HCV-associated B cell activation.

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