



N⁶-methyladenosine (m⁶A) RNA methylation regulators are associated with clinical prognosis in hepatocellular carcinoma

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Background: N⁶-methyladenosine (m⁶A) methylation is a common class of RNA modification. Similar to DNA methylation, m⁶A methylation regulates most mRNA expressions. At present, most research has found that m⁶A methylation is related to tumorigenesis and development; however, there are few studies about hepatocellular carcinoma (HCC). This study aimed to analyze the expression level of m⁶A methylation regulators and their correlation on the clinical features in HCC.

Methods: A total of 13 m⁶A methylation regulators were evaluated. mRNA data and clinical information were obtained from the Cancer Genome Atlas (TCGA). The Wilcoxon test was utilized to analyze the differences between m⁶A RNA methylation regulators, and Pearson's test was used to test the correlation between them. We constructed a tumor subgroup model based on the 13 molecules used for the analysis of the correlations with the clinical features. Two genes (*ZC3H13* and *YTHDF2*) screened by Cox and LASSO regression were used to construct a tumor risk model for analyzing the correlations with clinical features. Finally, we verified the expression of the two molecules in liver cancer and adjacent tissues by Western blot and real-time polymerase chain reaction (PCR) (n=6). P<0.05 was considered statistically significant.

Results: Eleven of the 13 molecules were higher in the liver cancer tissues than the adjacent tissues (P<0.05), and most were significantly positively related. Two subgroup models were constructed. Subgroup 2 patients had higher levels of alpha-fetoprotein (AFP), while grade and the three-year survival were lower than subgroup 1 (49% vs. 77%) with significant differences (P<0.05). The risk model suggested that patients in the high-risk group showed high AFP levels, and the 3- and 5-year survival rates were lower than the low-risk group (3-year survival rate: 19% vs. 31%, 5-year survival rate: 12% vs. 17%). The Western blot test showed that the expression of *YTHDF2* in the liver cancer tissues was greater than that in the precancerous tissues (P<0.05), while the expression of *ZC3H13* was not significant. Real-time PCR showed that the expression of *YTHDF2* mRNA in liver cancer tissues were higher than that in adjacent tissues (7.64±0.44 vs. 4.99±0.61, P=0.006), while the expression of *ZC3H13* mRNA had no statistical difference (5.56±0.18 vs. 5.42±0.33, P>0.05). The results of the *in vitro* experiment were consistent with bioinformatic analysis.

Conclusions: The abnormal expression of m⁶A methylation regulators in the liver tissues suggest that m⁶A may play an important role in the development of HCC. Tumor models we constructed that could effectively predict the prognosis of patients, and the clinical correlation results were consistent with clinical practices. Our research is expected to provide a reference for the prognostic stratification and treatment strategy development of HCC.

Keywords: m⁶A RNA methylation; epigenetics; hepatocellular carcinoma (HCC); prognostic signature

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Introduction

In the 1970s, it was discovered that m⁶A methylation is a post-transcription level regulation (1). It is widely found in different eukaryotes, including yeast, plants, and mammals (2). Due to the low sensitivity of early detection technologies on the m⁶A site being limited, it was not until 2011 that the first protein associated with demethylase fat mass and obesity (*FTO*) was clearly identified (3).

There are three known kinds of enzymes that regulate m⁶A RNA modification: methyltransferases (“writers”), binding proteins (“readers”), and demethylases (“erasers”) (4). It has been widely reported that m⁶A RNA regulators involve 13 molecules; “writers” including methyltransferase like 3 (*METTL3*), methyltransferase like 4 (*METTL4*), RNA-binding motif protein 15 (*RBM15*), WT1-associated protein (*WTAP*), zinc finger CCCH domain-containing protein 13 (*ZC3H13*), *KIAA1429*, “readers” including heterogeneous nuclear ribonucleoprotein C (*HNRNPC*), YTH domain-containing 1 (*YTHDC1*), YTH domain-containing 2 (*YTHDC2*), YTH N⁶-methyladenosine RNA-binding protein 1 (*YTHDF1*), YTH N⁶-methyl adenosine RNA-binding protein 2 (*YTHDF2*), and “erasers” including α -ketoglutarate-dependent dioxygenase alkB homolog 5 (*ALKBH5*), and *FTO* (4-10).

m⁶A methylation, like DNA methylation, can affect tumor progression by regulating the expression levels of tumor suppressor genes or oncogenes (11). m⁶A methylation is simultaneously associated with cancer stem cells and the response of anti-tumor drugs such as gemcitabine, 5-FU, etc. (12-14). Recent literature has reported that thirteen m⁶A RNA methylation regulators contribute to malignant progression and have a clinical prognostic impact for gliomas (15). At present, there are few studies on m⁶A methylation in liver cancer, and the existing studies mainly focus on the biological functions of individual molecules such as *KIAA1429* and *YTHDF2* (16,17). There are also few integral level analyses of the relationship between m⁶A RNA methylation regulators and clinical prognosis in hepatocellular carcinoma (HCC).

We therefore systematically analyzed the expression of 13 reported m⁶A RNA regulators and the clinical characteristic in the Cancer Genome Atlas (TCGA) datasets in this study. We constructed a tumor subgroup model and a risk model to prove that m⁶A RNA methylation regulators are associated with the clinical prognosis of HCC.

Methods

Datasets and patient samples

RNA-seq transcription data and the corresponding clinical information data were obtained from the TCGA datasets (n=424). RNA-seq transcription data included 50 cases of precancerous tissue and 374 cases of cancer tissue. We extracted the expression data of the thirteen m⁶A RNA methylation regulators from it. A total of 135 clinical cases were obtained after removing invalid data. Clinical information included age, gender, grade, stage, vascular tumor cell type, Ishak fibrosis score, alpha-fetoprotein (AFP), Eastern Cooperative Oncology Group (ECOG) score, Child-Pugh score, family cancer history, overall survival (OS) time, and survival status. Liver cancer and adjacent tissues from the six HCC patients were collected from the General Hospital of Northern Theater Command. The study protocol was approved by the ethics committee of the General Hospital of Northern Theater Command.

Bioinformatic analysis

We extracted expression data of the 13 m⁶A RNA methylation regulators from the RNA-sequencing (RNA-seq) transcription data. According to the classification of cancer tissues and adjacent tissues, the Wilcoxon test was used to analyze the differential expression of the m⁶A RNA methylation regulators. Correlations between m⁶A RNA methylation regulators were analyzed by the Pearson's correlation coefficient test.

To clarify the functions of m⁶A RNA methylation regulators in HCC, we clustered the HCC into different groups using “Consensus Cluster Plus” (50 iterations,

Table 1 The primer sequences for *YTHDF2*, *ZC3H13* and β -actin

Gene	Forward primer (5'-3')	Reverse primer (5'-3')
<i>YTHDF2</i>	CTCTTGGAGCAGTACAAAAT	GGGACTGTAGTAACTGGGTA
<i>ZC3H13</i>	AGCAGCAATTATAGAAGGTC	GATTCTTTCCTAACAGGTGA
β -actin	ATAGCACAGCCTGGATAGCAACGTAC	CACCTTCTACAATGAGCTGCGTGTG

resample rate of 80%, and Pearson's correlation, <http://www.bioconductor.org/>). Principal component analysis (PCA) analysis was used to evaluate the clustering effects. We combined all of the clinical data to determine the clinical value of the clustering results through clinical relevance analysis and survival analysis.

To clarify the prognosis risk of the genes, we performed a univariate Cox regression analysis of the 13 genes. Based on the result, we constructed a risk model using the LASSO Cox regression algorithm and classified the results into either the high-risk group or the low-risk group. The risk score was calculated using the following formula:

$$\text{Risk score} = \sum_{i=1}^n \text{Coef}_i * x_i$$

Where Coef_i is the coefficient and x_i is the expression value of each selected molecule. The receiver operating characteristic (ROC) curve was used to evaluate model accuracy, and multivariate Cox regression was used to analyze the independent prognostic role of the risk model.

In vitro experiment

RIPA buffer containing the protease inhibitor PMSF (Solarbio Science & Technology Company, China) was used to lyse tissues on ice, and BCA kit (Solarbio Science & Technology Company, China) was used for protein quantification. A total of 20 μ g proteins were separated by 10% SDS-PAGE and electro-blotted onto nitrocellulose (NC) membrane. After sealing with skimmed milk, the NC membrane was incubated with the first antibody at 4 °C overnight. The membranes were washed and incubated with the second antibody on the shaking table at room temperature for two hours. ECL chemiluminescence kit (Advansta, USA) was used to visualize the protein bands. β -actin was used as a control. The main antibodies used in this study included *YTHDF2* (1:1,000) and *ZC3H13* (1:1,000) (Abcam, USA).

For mRNA quantifications of *YTHDF2* and *ZC3H13*,

cDNA was synthesized by DNase treatment and reverse transcription (TIANGEN Biotech Company, China). Real-time PCR was on TL988 Real-Time PCR Detection System (TIANLONG, China). The primers were listed in *Table 1*. The mRNA levels of the selected genes were normalized to that of the reference gene β -actin, and the value were calculated by the $2^{-\Delta\Delta Ct}$ method. The results are expressed as the means \pm standard error based on three independent experiments.

Statistical analysis

SPSS 20.0 (SPSS Inc. Chicago, IL, USA) was used for statistical analysis of clinical data. Wilcoxon test was used to compare the differences in each group. A chi-square test was used to analyze the correlation in the different groups. The Kaplan-Meier method was used to compare the OS of the patients in cluster groups or in the high-risk and low-risk groups. Statistical analysis of all RNA-seq transcriptome data was conducted using R v3.4.1 (<https://www.r-project.org/>). $P < 0.05$ was considered statistically significant.

Results

Expression of m⁶A RNA methylation regulators in HCC

Considering the various biological functions of each m⁶A RNA methylation regulator on HCC, we analyzed the expression of each molecule in liver cancer and adjacent tissues. The results showed that the expression of mostly m⁶A RNA methylation regulators was higher in the cancer tissues ($P < 0.01$) (*Figure 1A,B,C,D,E,F,G,H,I,J,K*), and only *METTL14* ($P = 0.062$) and *ZC3H13* ($P = 0.831$) were not significantly different (*Figure 1L,M*). To observe the differential expression of all molecules more intuitively, we plotted the summary maps (*Figure 1N,O*). The results suggested that m⁶A methylation may play a significant role in tumorigenesis and development. In addition, we performed a correlation analysis of m⁶A RNA methylation regulators, and most were positively correlated (*Figure 1P*).

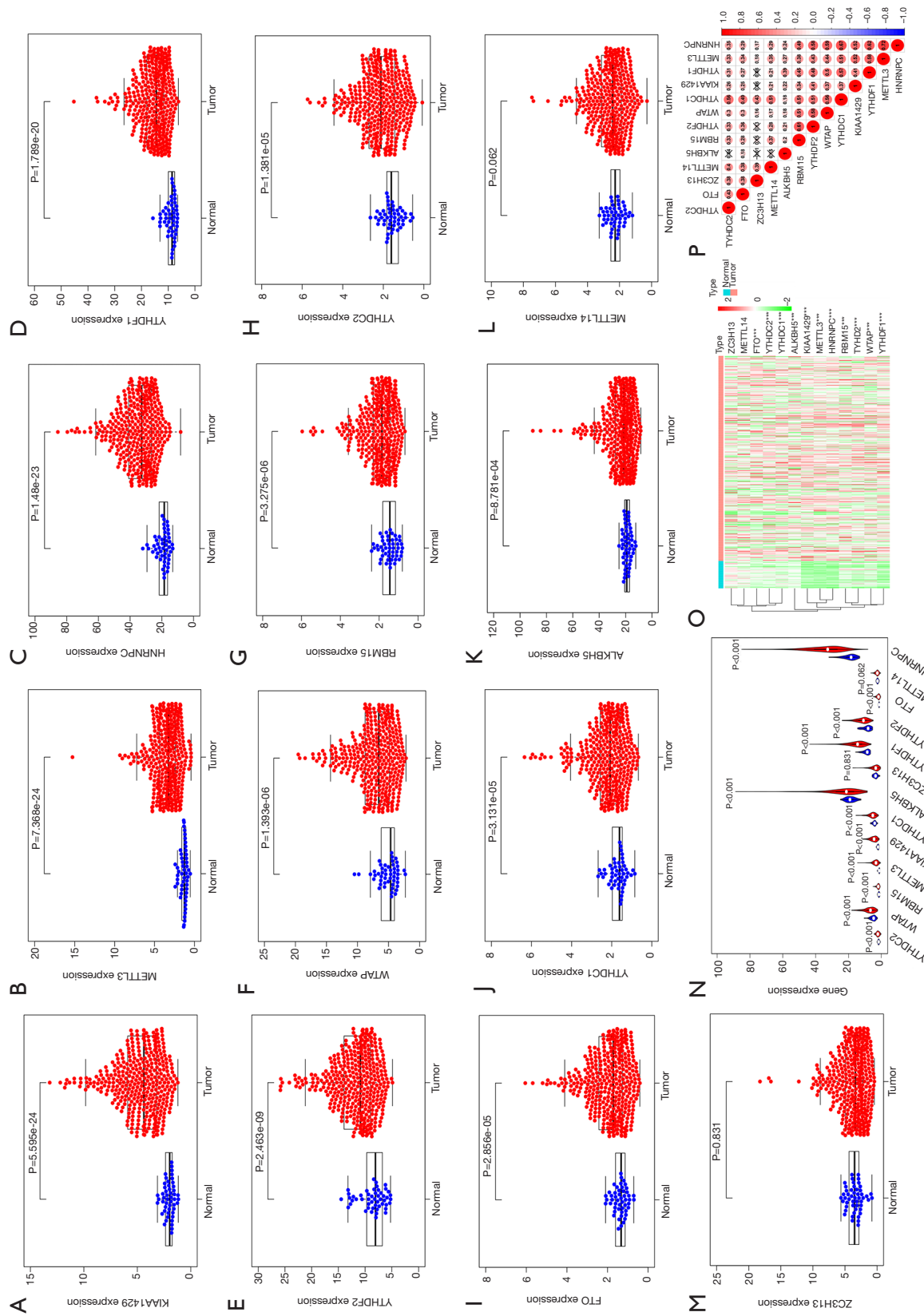


Figure 1 Expression of m⁶A RNA methylation regulators in hepatocellular carcinoma. (A,B,C,D,E,F,G,H,I,J,K,L,M) The expression levels of each m⁶A RNA methylation regulators in hepatocellular carcinoma; (N,O) the expression levels of thirteen m⁶A RNA methylation regulators; (P) the correlation of thirteen m⁶A RNA methylation regulators. ***, P<0.001. m⁶A, N⁶-methyladenosine.

Consensus clustering of m⁶A RNA methylation regulators identified two clusters of HCCs with different clinical features

Considering the clustering stability and the number of each group, we divided the patients into two subgroups clustered by $k=2$, namely, cluster 1 and cluster 2 (Figure 2A,B). The clinical data of the two subgroups clustered are given in Table 2. PCA analysis suggested that the two subgroups clustered had a difference in the expression of m⁶A RNA methylation regulators (Figure 2C). On that basis, we further compared the clinical features of the two groups. Survival curves showed a significant difference in OS between the two subgroups clustered ($P=0.011$) (Figure 2D). The 3-year survival rate of cluster 1 was significantly greater than that of cluster 2 (77% vs. 49%). Child-Pugh B, AFP ≥ 400 $\mu\text{g/L}$, and low grade were mostly concentrated in cluster 2, indicating a poor clinical outcome (Figure 2E).

Constructing a risk model by using two selected m⁶A RNA methylation regulators to assess the clinical prognosis of HCC

We next looked for prognostic risk roles of m⁶A RNA methylation regulators in HCC. Univariate Cox regression analysis suggested that only the expression levels of *ZC3H13* and *YTHDF2* were related to OS ($P<0.05$) (Figure 3A). We constructed a LASSO regression model based on the expression of *ZC3H13* ($\text{Coef}_i = -0.195$) and *YTHDF2* ($\text{Coef}_i = 0.094$) and analyzed the scores among different patients, which were subdivided into high-risk and low-risk groups (Figure 3B). The clinical data of the patients are shown in Table 3. Survival curves showed a significant difference in OS between the two groups (Figure 3C) ($P<0.01$). The 3-year survival rate and the 5-year survival rate of the high-risk group were less than those of the low-risk group (3-year survival rate: 19% vs. 31%, 5-year survival rate: 12% vs. 17%, respectively). The ROC curve verifies the predictive efficiency of the risk model for survival prediction (Figure 3D). Higher grade was concentrated in the high-risk group, indicating a poor clinical outcome, and the results are in agreement with the subgroup's analysis (Figure 3E). Univariate and multivariate Cox regression results suggest that the model we constructed can be used as an independent risk factor for predicting the prognosis of HCC (Figure 3F,G).

Expression of *ZC3H13* and *YTHDF2* genes in liver cancer and adjacent tissues

The results were verified by Western blot with *in vitro* experiment, which can be seen in Figure 4A. Compared with precancerous tissues, the protein level of *YTHDF2* in cancer tissues was higher, while the distribution of *ZC3H12* protein had no significant difference. We also verified the mRNA level *in vitro*. With β -actin as a reference, real-time PCR showed that the relative expression of *YTHDF2* mRNA was 7.64 ± 0.44 , which was higher than precancerous tissues (4.99 ± 0.61) ($P=0.006$). There was no statistical difference in the expression of *ZC3H13* mRNA (5.56 ± 0.18 vs. 5.42 ± 0.33 , $P>0.05$), and those can be seen in Figure 4B,C. The results of the *in vitro* experiment are consistent with the analysis from TCGA database.

Discussion

Liver cancer is one of the world's most common malignant tumors, and among all malignant tumors, its mortality ranks third (18), with HCC accounting for 80–90% of all liver cancer (19). The early onset of HCC is not clear, and with a high metastasis level it is common for it to be drug resistant. HCC also has a high rate of recurrence (20). At present, the treatment of HCC is relatively simple. The main means are tyrosine kinase inhibitor (TKI)-targeted therapy such as sorafenib and immunotherapy (21,22). Under a single treatment condition, the prognosis of patients with HCC often differs significantly. A popular research area in the field of oncology is exploring the risk factors affecting the prognosis of HCC (23,24). Conventional risk factors affecting the development of HCC include the Child-Pugh score, Ishak fibrosis score, AFP, family cancer history, etc. (25–27). However, these factors are greatly affected by individual differences; for example, about 31% of HCC patients have an AFP of less than 400 $\mu\text{g/L}$, and as the age increases, AFP also shows a downward trend (28). The accuracy of using a single factor or multiple factors combined to analyze the prognosis is gloomy, and currently it is impossible to predict the prognosis of liver cancer patients effectively. More sensitive and accurate tumor markers are urgently needed for prognostic stratification and treatment strategy in the development of HCC.

RNA m⁶A modification refers to a modification in which one hydrogen atom (-H) attached to the sixth nitrogen atom (N⁶) on the adenine molecule is substituted with a methyl

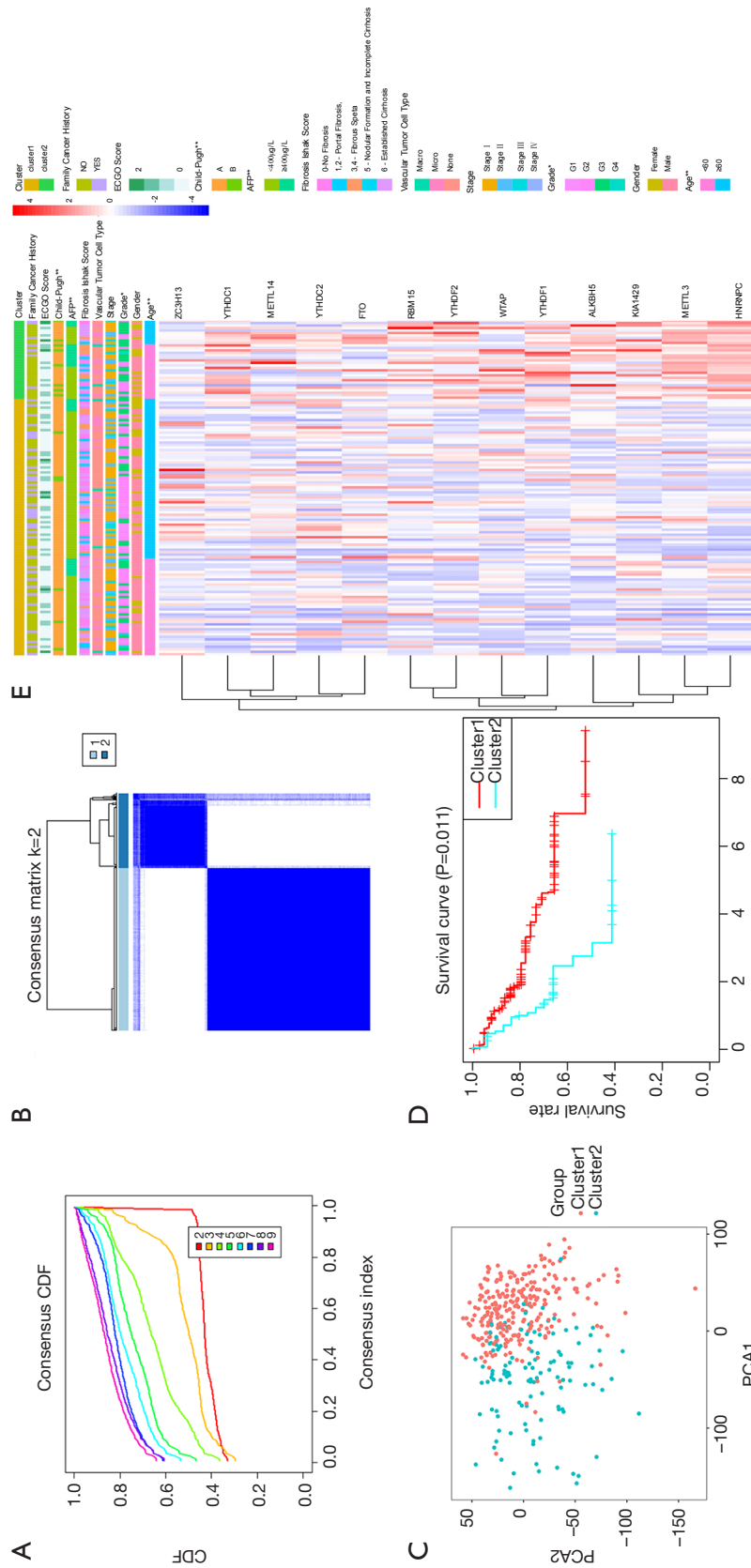


Figure 2 Differential clinical outcome of hepatocellular carcinoma in the cluster 1 and cluster 2 subgroups. (A) Consensus clustering cumulative distribution function (CDF) for k=2 to 9; (B) identification of consensus clusters by m⁶A RNA methylation regulators (k=2); (C) PCA in the cluster 1 and cluster 2; (D) Kaplan-Meier overall survival curves for patients in the cluster 1 and cluster 2; (E) correlation of clinical features with different subgroups. *, P<0.05; **, P<0.01. m⁶A, N⁶-methyladenosine; PCA, principal component analysis.

Table 2 Clinical features are different between cluster 1 and cluster 2

Features	Cluster 1	Cluster 2	P value
Total cases	103	32	–
Age			0.0042
<60 years	39	22	
≥60 years	64	10	
Gender			0.2209
Male	75	19	
Female	28	13	
Grade			0.0162
G1	12	1	
G2	58	11	
G3	30	19	
G4	3	1	
Stage			0.7068
I	62	19	
II	24	7	
III	14	6	
IV	3	0	
Vascular tumor cell type			0.3412
None	78	20	
Micro	21	10	
Macro	4	2	
Ishak fibrosis score			0.3518
0	33	8	
1,2	12	6	
3,4	11	7	
5	3	1	
6	44	10	
AFP			0.0021
<400 µg/L	91	20	
≥400 µg/L	12	12	
Child-Pugh score			0.0055
A	97	24	
B	6	8	
ECOG score			0.3161
0	64	18	
1	34	10	
2	5	4	
Family cancer history			0.1740
No	65	25	
Yes	38	7	

Ishak fibrosis score: 0—no fibrosis; 1,2—portal fibrosis; 3,4—fibrous septa; 5—nodular formation and incomplete cirrhosis; 6—established cirrhosis. AFP, alpha-fetoprotein; ECOG, Eastern Cooperative Oncology Group.

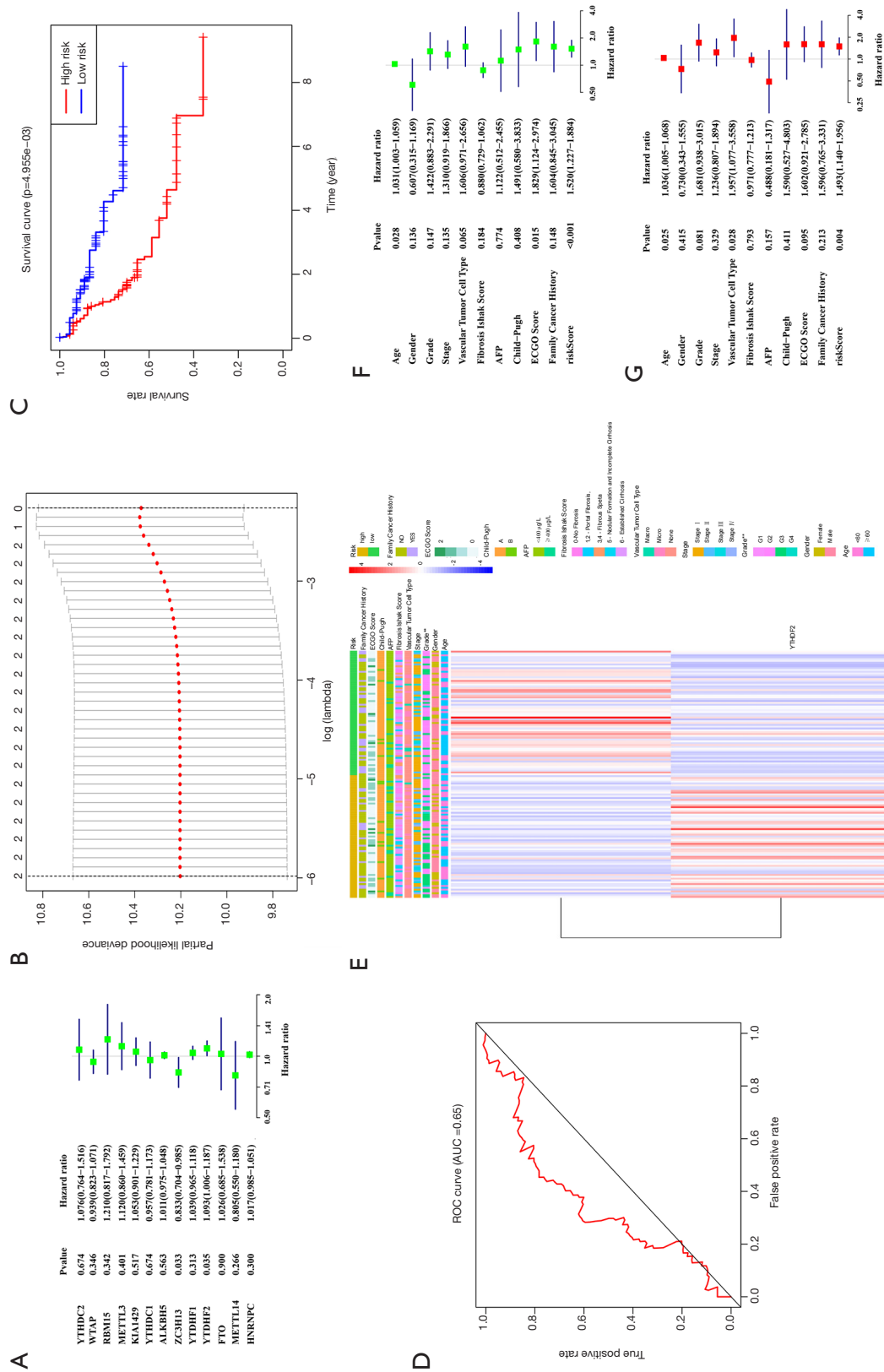


Figure 3 The risk model for predicting the clinical prognosis of hepatocellular carcinoma. (A) Univariate Cox regression analysis the prognostic role of m⁶A RNA methylation regulators; (B) LASSO regression model was constructed for the risk score. (C) Kaplan-Meier overall survival curves for patients in the different risk groups; (D) ROC curve showed the predictive efficiency of the risk model; (E) correlation of clinical features with different risk groups; (F,G) univariate and multivariate Cox regression analyses of the association between clinical factors and OS of patients in hepatocellular carcinoma. **, P<0.01. m⁶A, N⁶-methyladenosine; ROC, receiver operating characteristic; OS, overall survival.

Table 3 Clinical features are different between high-risk group and low-risk group

Features	High-risk group	Low-risk group	P value
Total cases	67	68	–
Age			0.0707
<60 years	36	25	
≥60 years	31	43	
Gender			0.9547
Male	46	48	
Female	21	20	
Grade			0.0067
G1	6	7	
G2	25	44	
G3	33	16	
G4	3	1	
Stage			0.2796
I	40	41	
II	16	15	
III	8	12	
IV	3	0	
Vascular tumor cell type			0.1732
None	48	50	
Micro	18	13	
Macro	1	5	
Ishak fibrosis score			0.5562
0	18	23	
1,2	10	8	
3,4	7	11	
5	3	1	
6	29	25	
AFP			0.4744
<400 µg/L	53	58	
≥400 µg/L	14	10	
Child-Pugh score			0.3809
A	58	63	
B	9	5	
ECOG score			0.8229
0	39	43	
1	23	21	
2	5	4	
Family cancer history			0.0776
No	50	40	
Yes	17	28	

Ishak fibrosis score: 0—no fibrosis; 1,2—portal fibrosis; 3,4—fibrous septa; 5—nodular formation and incomplete cirrhosis; 6—established cirrhosis. AFP, alpha-fetoprotein; ECOG, Eastern Cooperative Oncology Group.

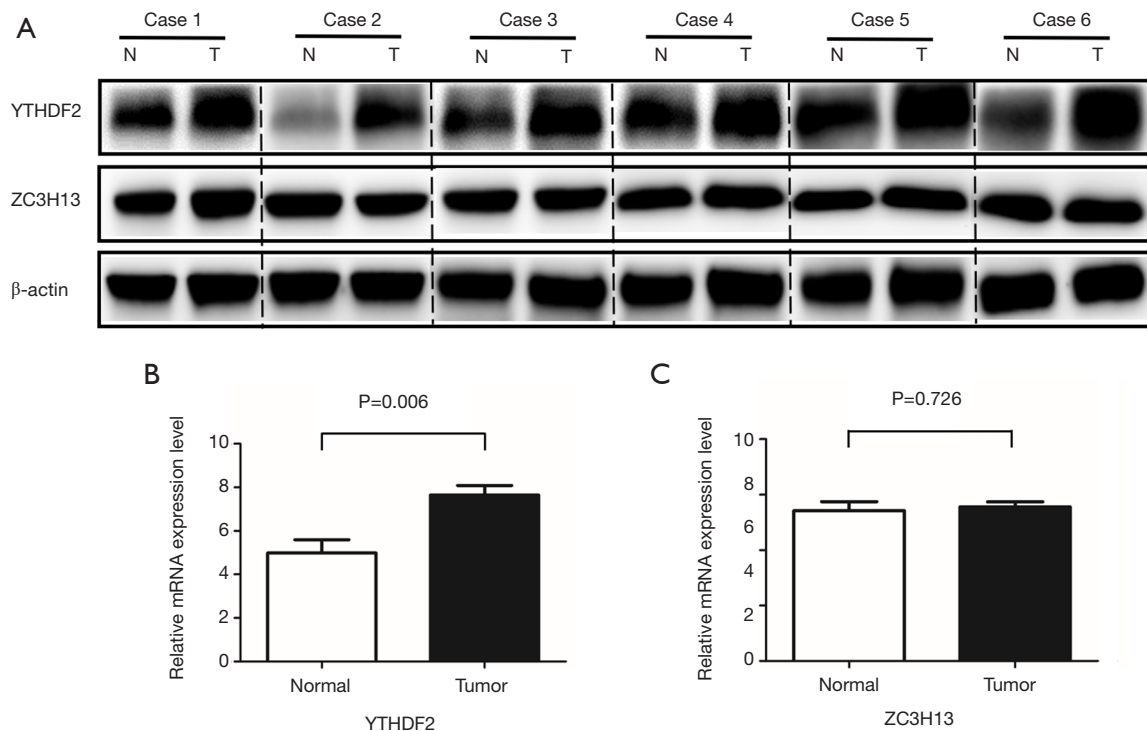


Figure 4 Expression of ZC3H13 and YTHDF2 in liver cancer and adjacent tissues. (A) The protein levels of ZC3H13 and YTHDF2 in liver cancer and adjacent tissues; (B,C) the relative mRNA levels of ZC3H13 and YTHDF2 in liver cancer and adjacent tissues.

group (-CH₄) (29). This modification is widely present in most eukaryotic mRNAs, and the m⁶A modification is the most abundant endogenous RNA modification (30). m⁶A modification occurs mostly in polyA mRNA and lncRNA, and is enriched in tissues such as those of the liver and testis (29). m⁶A modification plays a vital role in oocyte and central nervous system development in early studies (5,31). m⁶A methylation is involved in tumor progression, drug and radiotherapy resistance, and self-renewal of cancer stem cells in the field of oncology such as colorectal cancer, pancreatic cancer, and glioma (13,32-34).

At present, there are few related studies on analyzing m⁶A methylation in HCC. Cheng *et al.* reported that *KIAA1429* facilitated migration and invasion of HCC by inhibiting *ID2* via up-regulating m⁶A modification of *ID2* mRNA, and Chen *et al.* reported that *METTL3* represses *SOCS2* expression in HCC through an m⁶A-YTHDF2-dependent mechanism (16,17). Most studies have focused on only a single m⁶A RNA methylation regulator. It is worth mentioning that Zhou *et al.* confirmed that the combination of *METTL3* and *YTHDF1* could be regarded as a biological marker that reflects OS in HCC by bioinformatic analysis

and clinical verification (35). m⁶A methylation is enriched in liver tissues, and current research also supports m⁶A as playing an important role in the occurrence and development of HCC (29). Given these findings and the results of the current study, it is necessary to construct a highly sensitive prognostic prediction model for HCC by combining m⁶A RNA methylation regulators.

Conclusions

In this study, we analyzed the characteristics of 13 m⁶A RNA methylation regulators in HCC. We constructed a subtype model and a risk model to prove the correlation between m⁶A and OS or other clinical features. The subtype model and the risk model we constructed all showed OS differences between the different groups. In addition, both models were associated with clinical features, and the two models complemented each other. Furthermore, Western blot and real-time PCR were used to carry out *in vitro* experiments, and the results were consistent with those of bioinformatic analysis, which confirmed the validity of our study. m⁶A RNA methylation regulators are associated with

clinical prognosis in HCC. We expect our study can provide a reference for the prognostic stratification and treatment strategy development of HCC.

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Footnote

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at <http://dx.doi.org/10.21037/tcr.2019.12.84>). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study protocol was approved by the ethics committee of General Hospital of Northern Theater Command [No. k(2016)38]. Informed consent was waived.

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